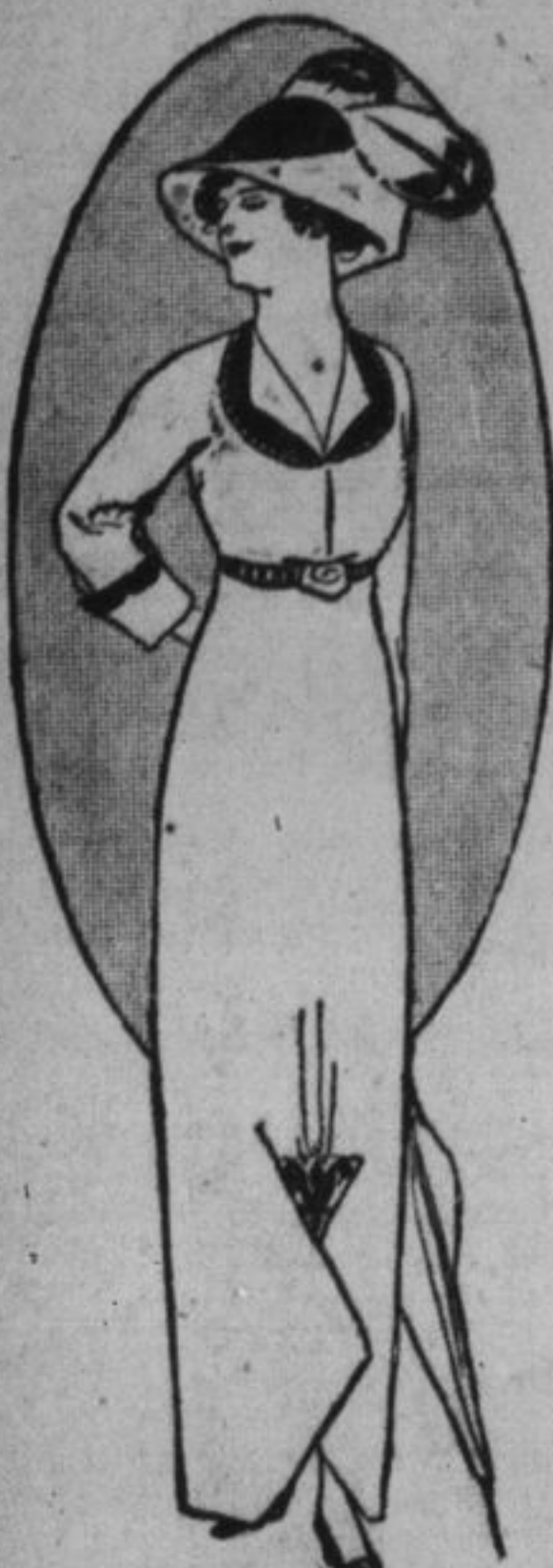




THE STANDARD AND FAVORITE BRAND. MADE IN CANADA



à la Grâce CORSETS

are designed in many models, each closely following the lines of some particular type of figure.

Each model is made in a complete range of sizes.

Rarely indeed do we find a woman who cannot be fitted "just as if the corset were made for her alone."

The important thing is to get the model that suits your figure.

If your dealer hasn't the right one he will get it for you. If you are interested in the new models, write for our free style book.

Crompton Corset Co., Limited Toronto

WOMAN DIZZY PARTLY NUMB

Doctors Did Her No Good—Testifies How She Was Helped by Lydia E. Pinkham's Compound.

Zanesville, Ohio.—"Last fall I had female weakness very bad, and was nervous and run down. I was dizzy and had numb feelings and my eyes ached. I took doctor's medicines but they did me no good, so I decided to try Lydia E. Pinkham's Vegetable Compound. I did so, and now I feel stronger and better. I have told other women what Mrs. Pinkham's medicines have done for me and give you permission to publish this letter for the good of others."—Mrs. HULDA ERICKSON, 508 Mayville Avenue, Zanesville, Ohio.

More Proof. Burlington, Iowa.—"For years I suffered a great deal from female troubles. I had awful pains and felt sick nearly all the time. I saw Lydia E. Pinkham's Vegetable Compound advertised and heard that it had helped other suffering women so I felt sure it would do me good. Sure enough it did. The first bottle helped me and now I am a strong and well woman. I would not be without it in the house."—Mrs. ANNA HIGGINS, 1125 Agency St., Burlington, Iowa.

THE CAUSE FOR IT

THE RESTLESSNESS OF WOMEN IS DISCUSSED.

Writer Says That the Modern Labor Saving Devices Have Made New Conditions for Gentler Sex.

The cause of the modern woman's restlessness is that she is awakening, writes Winifred Harper Cooley, in Nauticos. She is stretching her arms and trying to rise and take up her work. Changing ideas and ideas have brought about entirely new conditions. Men have stepped into her home and taken most of her tasks away from her. In the factory are manufactured her garments. Her spinning and weaving and knitting are done by machinery. The toiler and dressmaker and milliner and lace supply her needs and those of her family.

Electricity and gas illuminate her dwelling and supply invisible fuel, vacuum cleaners sweep away the dust, and elevators toss her back and forth to her social dwelling place. Agriculture and primitive industries first were taken from her, and then most of the burdens of household drudgery.

What shall she do with herself? She moves about in her new idleness and is restless. She shops aimlessly and joins clubs. The cure for restlessness is for modern woman to conserve her strength, marry rationally, select some suitable labor to keep her interest in the world's affairs busy and ever developing. All that the most rational human beings demand is freedom, love and labor, which is quite just demands of fate. Given these, peace and tranquillity will forever abolish the restless woman.

COLONISTS FROM ENGLAND.

To be Carried to Vancouver for Sixty Dollars.

New York, April 16.—T. W. Sheffield arrived at the Hotel Imperial, yesterday, from Regina, Sask. He is on his way to Bristol, Eng., where he will open a Canadian industrial bureau. Mr. Sheffield said that when the Panama canal is opened it is the intention of certain British steamship lines to take passengers from England to Vancouver, B. C., for \$60.

He said that many of the best American farmers were going to the Canadian North-West and that they found the lands of Alberta rich.

"If the tide of immigration from the United States and England continues with the same class of colonists we have been getting we can say we are building up a western empire. American manufacturers are establishing factories in Hamilton, Winnipeg, Regina, Calgary, Edmonton, Vancouver and Victoria. The Canadian Pacific, Grand Trunk Pacific and Canadian Northern railways are employing more than forty thousand men in laying steel into new and fertile districts.

"Since leaving New York city, seven years ago, I have travelled more than 16,000 miles, east and west, to the far confines of Prince Rupert and Vancouver Island, and returned with the impression that the Panama canal will give the west a new era of progress and prosperity.

"I have made the question of selected immigration a special study and am convinced from what I know of New York that the United States will have to adopt a scheme and put restriction on indiscriminate immigration, by way of a poll tax. America now is losing some of her best farmers and Canada is absorbing all she can get. Canada now will cater to the very best types of men."

Mr. Sheffield asserted he would return in August with fifteen to twenty manufacturers, who will visit New York, San Francisco, Seattle, and then go to Canada. He declared that millions of dollars were being spent on the west coast of Canada and America in anticipation of the opening of the Panama canal, and that a breakwater was being constructed at Vancouver and new docks in Vancouver. Mr. Sheffield said he was enthusiastic about the lands of Saskatchewan.



FRENCH COMBINATION OF LINGERIE FABRIC AND NET.

Dearly does the Paris couturier love to introduce net into tub frocks—perhaps because net is so distinctly non-tubular. This frock for wear at the races is by Seillon, and is of white embroidered voile mounted over rather coarse white flannel net. At the front of the voile tunic is a panel of Venise lace and a yoke of the same lace is set into the embroidered voile bodice. The lace is edged with black velvet and within it is a net tucker. Black velvet, run into the skirt hem and a tuck above, adds a novel trimming touch.

PATRIOTISM IN FRANCE.

Country Swept by Unprecedented Wave of Loyalty.

The extraordinary outburst of patriotism that is sweeping over France has reached such proportions that it is now the chief subject of discussion among Parisians and foreign residents. Since the crisis with Germany on the subject of Morocco last summer a revival of the military spirit and a wave of patriotism have set in throughout the country. An opportunity for the expression of this sentiment was presented when prominent Paris newspapers started a fund for the gift of aeroplanes for military purposes to the government.

France has reached the definite conclusion that the aeroplane will be her great weapon in time of war, and the patriotic movement therefore, has centered on the practical scheme of furnishing the nation with sufficient aeroplanes to make France a formidable leader in aerial navigation.

The movement has passed like an electric spark all over France, and in almost every city, town and hamlet public subscriptions have been opened for the presentation of aeroplanes to the army. Men, women and children, north and south, east and west, are contributing their mite to the furtherance of the cause, and it is believed that when the national fund is completed the citizens' aeroplane flotilla will surround the world with its numerical strength.

A Woman of Few Words

Mrs. Harry K. Eyr, Main Street North, Mount Forest, Ont., writes: Your remedy for kidney, bladder and stomach trouble has given me great relief. Have taken three boxes and now feel like living and better than I have felt for years and I give you

FIG PILLS

all the praise, for they are the best I have ever tried." At all dealers, 25 and 50 cents, or The Fig Pill Co., St. Thomas, Ont.

Prepared and recommended in Kingston by J. B. McLEOD, Druggist.

FOR FLAVORING CAKES

Pies, Puddings, Sanges and Ice Creams try Shirriff's True Vanilla. The real extract of Medicinal Vanilla Beans. Surpasses all others in flavor, 25

Shirriff's True Vanilla

THE WORLD'S WORK DEPENDS ON THE WORLD'S DIGESTION

From the captain of industry to the hod carrier—from the lady in the auto to the woman with the scrubbing brush—the accomplishments of every one of us depend absolutely on the accomplishments of our stomachs. Backed by a good digestion, a man can give the best that is in him. When his stomach fails, he becomes a weakling.

To this loss of power no one need submit. Right habits of eating, drinking, sleeping and exercise, aided by Na-Drus-Dyspepsia Tablets, will restore and maintain the full efficiency of the human mind and body.

Na-Drus-Dyspepsia Tablets contain the active principles needed for the digestion of every kind of food. They go to the assistance of the weakened stomach, and enable the sufferer, right from the start, to assimilate and get the benefit of the food eaten. With this assistance, the digestive organs regain their tone, and soon the use of the tablets is no longer necessary.

If your stomach is not working properly, try Na-Drus-Dyspepsia Tablets, 50c. at your druggist's. National Drug and Chemical Co. of Canada, Limited, Montreal.

ZAM-BUK SAVED MY ARM, AND WOULD HAVE SAVED MY FINGER IF I HAD USED IT!



Mr. John Evans of 87 Lawrence St., Halifax, N.S. makes this statement. He says:—"Three years ago I had a sore on my finger, which turned to blood-poisoning. We tried various remedies, but the finger got worse, and we called in a doctor. After two or three days he lanced it, and came every day for three months. My finger and hand were then in a terrible condition. The poison had spread to the palm of the hand, and I was almost frantic with the pain. I called in a second doctor, and after a conference the two doctors decided on an operation. The finger was amputated, but the wound would not heal. The blood poison spread throughout the hand, and along the whole length of my arm. A second operation was performed, and some of the tendons taken out of my hand. Even this did not end the trouble and the wounds left by the operation would not heal. In a short time it was clear that the poison was extending right up my arm, at intervals along which great lumps were raised. This was my condition when I tried Zam-Buk. In three days the pain was reduced so that I could obtain some sleep. Within a fortnight the lumps on my arm had

disappeared. As I continued with the Zam-Buk the open wound on my hand and the stump of my finger began to heal. The doctors all along noted what Zam-Buk was doing, and it was clear to them that Zam-Buk was effecting a cure where their methods had failed. By the time I had used less than a dozen boxes of Zam-Buk my hand was completely healed. I am quite sure Zam-Buk saved my arm."

STATEMENT ON OATH Mr. Evans has made a sworn statement on oath embodying the above facts before a Commissioner of the Supreme Court.

For all injuries, cuts, lacerations, and for skin diseases, such as Eczema, Ulcers, Eruptions, use Zam-Buk. Also for Piles, Druggists and Stores, 50c. box or Zam-Buk Co., Toronto.

FREE BOX Send this Coupon and in stamp to Zam-Buk Co., Toronto and free trial box will be mailed you.

FARM FOR SALE (110 ACRES). Situated near the Village of NVERARY, convenient to School and Church. Frame Dwelling and numerous outbuildings, including Cement Silo, all in good repair; also good Orchard. For particulars, apply to E. BLAKE THOMPSON, OVER NORTHERN CROWN BANK, MARKET SQUARE, KINGSTON, ONT. Phone 286.

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Phone for Regal. Richest barley, finest hops, purest water make it best to build sturdy bodies and rugged health. Canada's favorite brew deservedly is— Regal LAGER BEER. Hamilton Brewing Ass'n Limited Hamilton. At all Good Dealers and Hotels.

The Elevator Ranks With The Indispensable Aids to Modern Business. BUSINESS was transacted without the typewriter, telephone or electric light for thousands of years. Until invention provided these conveniences no one could realize how absolutely indispensable they would become. Yet the business to-day that tried to get along without their aid would be a poor last in the race of competition. Many business men have yet to realize that good elevator equipment is as indispensable in the efficient management of the warehouse or factory, as are typewriters and telephones in the general offices. Otis Fensom FREIGHT ELEVATORS. It will be to your profit to realize now that in doing without good elevator service you have been doing without a really indispensable convenience. The booklet, "Freight Elevators and Their Uses," will aid you in deciding whether or not you really need an elevator. This book is free. Write for it. THE OTIS-FENSOM ELEVATOR COMPANY, Limited. TRADERS BANK BUILDING, TORONTO.