

TO submit to a headache is to waste energy, time and comfort. To stop it at once simply take a

NA-DRU-CO Headache Wafers

Your Druggist will confirm our statement that they do not contain anything that can harm heart or nervous system. 25c. a box.

NATIONAL DRUG AND CHEMICAL CO. OF CANADA, LIMITED, 124

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TORONTO OTTAWA WINNIPEG SASKATOON

PLAY BALL!

WE GIVE IT TO YOU FREE

FREE—COMPLETE BASEBALL OUTFIT.

BOYS—We are going to give away, absolutely free, 1000 of the most complete baseball outfits ever produced. The complete outfit is complete in the whole team and contains a full size official league glove, cap, bat, cleats, and a complete set of uniform. The outfit is made of the finest material and is guaranteed to last for years. The outfit is made in the United States and is guaranteed to be the best. The outfit is made in the United States and is guaranteed to be the best. The outfit is made in the United States and is guaranteed to be the best.

NATIONAL SALES CO., LTD., Dept. B, 231 Toronto, Ont.

RRR

Was recommended to us by one of TORONTO'S JUDGES as a valuable household remedy. Thus writes a prominent citizen of this place:

Radway's Ready Relief

For External and Internal Use

CURES

Sore Throat, Toothache, Neuralgia, Cold, Croup, Sore Throat, Sprains, Strains, Headache, Rheumatism, Bruises, Swellings, Pain in the Chest, Lumbago, Pain in the Kidneys, Stomachic, Colic, and other ailments.

For over FIFTY YEARS this wonderful Remedy has proved itself the best, and surest, and most reliable in the world.

Radway & Co., Ltd., Montreal, Canada.

1912 CONTEST

COUNT THE Xs AND Ts

\$100.00

GIVEN AWAY

And many other prizes according to the Simple Conditions of the Contest (which will be sent).

This is a chance for clever persons to win Cash and other Prizes with a little effort. Count the Xs and Ts in the Square, and write the number of each that you count neatly on a piece of paper or post card and mail to us, and we will let you at once, telling you all about it. You may win a valuable prize. Try at once.

SPEARMINT GUM & PREMIUM CO., Montreal, P.Q. Dept. 15

SOWING HIS WILD OATS

REAPING A HARVEST OF SORROW

How many young men can look back on their early life and regret their misdeeds. "Sowing his wild oats" in various ways. Excesses, violation of nature's laws, wine, women and song—all have their victims. You have reformed but what about the seeds you have sown—what about the harvest? Don't trust to luck. If you are at present within the clutches of any secret habit which is sapping your life by degrees; if you are suffering from the results of past indiscretions; if your blood has been tainted from any private disease and you dare not marry; if you are married and live in dread of symptoms breaking out and exposing your past; if you are suffering as the result of a mispent life—**DRS. W. & K. ARE YOUR REFUGE.** Lay your case before them confidentially and they will tell you honestly if you are curable.

YOU CAN PAY WHEN CURED

We Treat and Cure VARICOSE VEINS, NERVOUS DEBILITY, BLOOD and URINARY COMPLAINTS, KIDNEY and BLADDER Diseases and all Diseases Peculiar to Men.

CONSULTATION FREE. Book Free on Diseases of Men. If unable to call, write for a Question Blank for HOME TREATMENT.

DRS. KENNEDY & KENNEDY

Cor. Michigan Ave. and Griswold St., Detroit, Mich.

NOTICE All letters from Canada must be addressed to our Canadian Correspondence Department in Windsor, Ont. If you desire to see us personally call at our Medical Institute in Detroit as we see and treat our patients in our Windsor offices which are used for correspondence and Laboratory for Canadian business only. Address all letters as follows:

DRS. KENNEDY & KENNEDY, Windsor, Ont.

Write for our private address.

WITH THE KINGSTON BOY SCOUTS.

On Saturday another party of four left Kingston about 3.15 p.m. for Green's Bush, via Cataract Creek. On the brow of a hill we discovered figures in the distance, and after half a mile of easy staking we surprised and completely routed a party of St. George's Junior Scouts, who were 100 busy chasing the woodpecker to think of having a man on the watch. They were without any pretence of a camp, were amusing themselves. We left Instructor Cornet with them, and trusting that they would get on well, proceeded north-west to the Bath Road and on out till we came to Green's Bush. Here one of the party was unfortunately enough to slip through the trees. He was gallantly rescued, and then the Scouts pushed down to the Front Road and walked in, following the track of the third party.

Meeting of 3rd Troop.

As usual the 3rd troop met Tuesday evening. This week there was a large attendance, and the evening was spent in physical exercises and pyramid building. All scouts are reminded that next Tuesday is the night to pay your fees. The Wolves patrol is again banner patrol.

Meeting of Patrol Leaders.

At the meeting of the regular meeting of the patrol leaders of the 3rd troop, and among other things it was decided to form a recruiting section in which all scouts and recruits who have not passed the tenderfoot examination or who have been tenderfoot three months and not passed their second class tests, will be "put."

2nd Troop Meeting.

At the meeting of the 2nd troop on Monday night there was a very good attendance. Sergt. Major Hagan, who was the instructor at the camp last year was present. After an interesting evening the meeting broke up at nine o'clock. Scoutmaster Hird, who was present, will reorganize the troop after Easter.

An Instruction Class.

Last Saturday morning a patrol made up of Scouts from the 2nd and 3rd (St. George's and Sydenham str.) troops spent a very useful and instructive hour at the dairy school. The Scouts were shown over the building and had the mechanism of the various machines explained. They were also shown the apparatus and methods of testing milk to find its percentage of butter fat. The Scouts wish to thank the management of the dairy school for their kindness and also wish to say that they have really had a more restful and pleasurable hour.

Some Appearances.

Owing to next week being Holy Week the 2nd Kingston troop will not meet on Monday, as usual. The next troop meeting will be next Monday. St. George's troop are now practising hard for their annual concert, which will be held some time in the Easter holidays, if possible. Under their energetic scoutmaster, Sergt. Hird, and their no less able A.S.M. (assistant scoutmaster) Sergt. Eccles, the boys will be able to put on a fine programme. This year's concert is going to be bigger and better than ever before, so it will be worth while coming. Those who can't last year were not disappointed. They will not be this year either, as some novel stunts will be put on. The proceeds will go towards camp expenses.

By the Scouts' Watchman.

Scouts! How about that daily good turn? We want to hear of more being done. Don't say you have no opportunity. Make one.

St. George's troop is using an excellent A.S.M., a splendid instructor and a devoted friend in Sergt. Eccles, who is leaving for the west next month. General regret is felt among Scouts at his going.

Don't forget the eighth Scout law. A Scout smiles and whistles under all circumstances. We have seen some Scouts without the smile and the whistle not in evidence at all. Keep it! "A Scout goes about with a smile and whistles." It cheers him and the rest of the people.

Leaders, don't forget your patrol flag. Scouts, bring your staves and signalling flags.

We are glad to see that the Fortes have at last obtained their shoulder knots.

A Saturday Tramp.

One party of 3rd troop Scouts left the city at 10.45 o'clock. We struck out Union street and there picked up another Scout who had gone to the wrong place. Then we caught a ride which took us out to the mill house, and after about one-half hour's walk we succeeded in catching another ride which took us very near to our destination. On our way one Scout fell off, but did not let go of the sleigh, and he was dragged along. We saw some horned larks. Then we pushed on off the road and into the woods, where we made our camp. While making it we saw chickadees, which were very tame, and white breasted nuthatches. Very soon we had a roaring fire started, and bougys spread around for meals. We ate a good dinner of meats, eggs, sausages, bread, butter, biscuits and scones. We then got out of the fire and played games for a while. At 5.30 o'clock we reached home.

A Scout Story.

One fine Scout went up on the roof of a cottage and waited till the defending side were chasing some one on the side. But one of the defenders caught sight of him and came on the other side of the roof. As soon as the defender came over the peak of the r. of the other jumped and slid, half-sawed down the roof. The defending Scout went after him and caught him just as he was half over the roof's edge and saved him from a fall. Another Scout was seen and he was determined that he would not get caught. So he ran about on

PHOTOGRAPH RECORDS.

Business is Now Large and Very Profitable.

With phonographs, as the more expensive machines now are, mounted on cabinets of fine wood beautifully finished, it is common for the purchaser to buy a machine whose case will harmonize with the surrounding wood-work of the room in which it is to be placed. The cabinet of the machine contains racks that will hold a considerable number of records. Some phonograph owners, having a great number of records, now have specially built for them wall cases, like book-cases, except that the shelves are deeper.

Any owner with many records is likely to catalogue them; some owners keep card indexes of their records, and there are many phonograph owners who accumulate records in great number.

Here, for instance, is one owner who has records to the value of \$4,000, and another who has \$2,000 worth. There are many thousands of phonograph possessors who record a most number of records, now have specially built for them wall cases, like book-cases, except that the shelves are deeper.

One started buying records they rarely stop; with new records coming out all the time, the only question as to selection. People have their own ways in buying records. Some buy at irregular intervals whenever something comes out that strikes their fancy, others buy regularly, say once a month, \$30 or \$40 worth or more of them; they want or of selections played for them when they come in to buy.

In buying records people display the varied tastes that prompt them in choosing other forms of entertainment. Some take mainly opera-records, some light opera, some like songs, some hymns, some waltz music and there are many who take all sorts of things.

And the variety in the records supplied is almost bewildering. There is no musical instrument that does not have its records, most of them in great numbers, and, of course, there are endless records of all sorts and combinations of instruments, as there are of the human voice, of solo singers and of voices in every known combination. There is at least one bird record, that of the song of the nightingale.

Of course, there are recitations, speeches, dialogues, minstrel records; there are all sorts of records, with more and more coming all the time. There is nothing worth hearing or that it is thought people would like to have that is not promptly reproduced on phonograph records.

Only a dozen years or so old, the phonograph industry is now a great business. There are now produced in this country many millions of records annually, and one American phonograph concern has factories also in London, Paris, Berlin and Bombay. The phonograph in one form or another, cheap or costly, is sold everywhere on earth.

Many millions of phonographs are sold at very low prices, while many other millions bring prices comparatively. The most costly records of single voices are those of Patti and Tamagno, which are sold at \$5 each. There is a vocal sextette that sells at \$7 a record, and there are quartettes at \$6 a record, and quintette, quartette, trios and duets at \$3, and from that at various prices down.

Many singers of note have added very substantially to their incomes by singing for the reproduction of their voices in phonograph records. At first it was the custom to pay for each song thus sung, an agreed upon fixed price; but now there are singers who take instead of a fixed price a royalty on the records sold, and in some cases these royalties amount to very large sums. It is said that Caruso's royalties from phonograph records amount to from \$75,000 to \$100,000 a year.

A GOOD MEDICINE FOR THE SPRING

Do Not Use Harsh Purgatives—A Tonic is All You Need.

Not exactly sick, but not feeling quite well. That is the way most people feel in the spring. Laidly tired, appetite fickle, sometimes headaches, and a feeling of depression. Pimples or eruptions may appear on the skin, or there may be twinges of rheumatism or neuralgia. Any of these indicate that the blood is out of order—that the indoor life of winter has left its mark upon you and may easily develop into more serious trouble.

Do not dose yourself with purgatives, as so many people do, in the hope that you can put your blood right. Purgative gallop through the system and weaken instead of giving strength. Any doctor will tell you this is true. What you need in spring is a tonic that will make new blood and build up the nerves. Dr. Williams' Pink Pills is the only medicine that can do this speedily, safely and surely. Every dose of this medicine makes new blood which clears the skin, strengthens the appetite and makes tired, depressed men, women and children bright, active and strong. Mrs. Maude Bagge, Lombard, Pa., says: "I can unhesitatingly recommend Dr. Williams' Pink Pills as a blood builder and tonic. I was very much run down when I began using the pills, and a few boxes fully restored my health."

Sold by all medicine dealers or by mail at 50c. a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

MEDAL FOR BLUFFING.

French Actor Effectually Quieted a French Revolutionary Mob.

A striking instance of the effectiveness in times of disorder of what the French call *claque* and we "cliff" is afforded by the presentation to a public museum in Paris of a medal which was given by Lamarque, while at the head of the second French republic, to Chateaux-Renaud, a French actor of no great consequence at the time. The medal bears a wreath of laurel and the inscription: "To Chateaux-Renaud, from Lamarque, for his courageous service in the cause of order, 1848."

In February, 1848, when the French capital was in the throes of revolution, a mob surrounded the Hotel de Ville and menaced the deliberations of the assembly, sitting within. At the Theatre Historique, where Chateaux-Renaud happened to be, he heard of the turmoil, and a bright thought came to him. He put on a costume of a revolutionary of the people in the year 1793. Then he hunted up an old white horse, mounted it, and with a small crowd at his heels rode straight to the Hotel de Ville and through the mob, which was shouting about the doors.

Blamming, he went into the hall, where Lamarque was presiding. "Citizens," he declared, "deliberate in peace! No one shall enter while I am here!" Having delivered himself thus Chateaux-Renaud went out and remounted his white horse, and no one did come in. One fantastical Frenchman with a terrible countenance had completely overawed the crowd, which probably would have defied successfully a regiment of soldiers.

Half the truth is the sharp edge of a deceiver's weapon.

Colds Most Fatal At This Season

This is the time of year when colds seem to turn into pneumonia or quick consumption and to prove more generally fatal than at any other season.

With many people one cold follows another during the winter months until finally the human body becomes so run down that it can no longer resist the attack of the germs which cause lung trouble.

The best rule is to never allow a cold to get farther than the throat, and this you can do by the prompt use of Dr. Chase's Syrup of Linseed and Turpentine. Do not wait for chest colds and bronchitis to develop. Chase's well-known medicine is at hand for use in case of emergency. Dr. Chase's Syrup of Linseed and Turpentine loosens a rough, sticky expectoration, and soothes and heals the irritated and inflamed membranes.

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Lower Lavant News.

Lower Lavant, March 28.—The concert in aid of the building of the new church at Poland proved a success. J. Emperson has broken up camp and is preparing his saw mill for an early start. R. Robertson had a narrow escape from having a serious runaway with his colt, but he got off with a smashed sleigh tongue. John Allen has left to visit friends in Larnak vicinity. Rev. M. Lewis and Mr. Paul were in the vicinity collecting funds in aid of the building of the new church to replace the one recently destroyed by fire at Poland. R. McInnes is hauling logs to J. Emperson's mill. J. Emperson has purchased a fine horse from C. Hollinger. Visitors: S. Jackson, of Wilbur, at J. Browning's; Clifford Ballentine at J. Jones'; T. Easton, of Lammooon, at J. Browning's.

Bunker Hill Notes.

Bunker Hill, March 28.—Some of the people have their sugar bushes tapped. Miss Terress Morcy has returned home from Fenleigh, and is in very poor health. Emperson Morcy is also on the sick list. Siewark Lesman is moving on to J. Murphy's farm at Dueset Lake. Sidney Deyo, Jr., has purchased a fine horse from his brother, Alfred. Visitors: Sidney Deyo, Jr. visited at home. Mrs. Alexander Hopkins at George Babcock's; Miss Jennie Storrs, at High Falls; at S. Deyo's; Mrs. Aaron Hopkins and daughter, Mabel, and Mr. and Mrs. S. Morcy, at Frank Clark's; L. Babcock at Alexander Hopkins; Miss Julia Timmerman, Mr. and Mrs. George Timmerman, Jr., and son, Percy; Miss Frances Babcock, R. Wilson, at Abiram Hopkins'; Mrs. J. W. Babcock, Mrs. George Timmerman, Mrs. Abiram Hopkins and Mrs. M. J. Hopkins, at Seward Lesman's.

At Allen Wolfe Island.

Allen, March 28.—The roads are in very good condition. John Spoor, assessor, has been busy in this section this week. A number from here attended the funeral of the late Charles Cunningham, which took place on Sunday last. John McDonald had a bee on Wednesday, hauling pressed hay to Marysville. Miss S. Bowman, Gasconade, who has been visiting Mrs. John O'Brien returned to her home on Sunday. John McDonald and H. M. Ready intend going west in a few days. Miss Eliza O'Brien is visiting friends in this section.

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"By Jove, Tom, Look at This!"

"You know I skun my ankle like sixty last night. I just rubbed on a little Carbulated Vaseline when I went to bed, and now it's all healed up as slick as ever. I'd hardly know I'd got a scratch."

CARBULATED Vaseline

Of course, you have "Vaseline" in your household, not only for the boys but for yourself and the whole family.

Carbulated Vaseline contains just a bit of Carbolic Acid, which makes it antiseptic and healing. It is the best possible dressing for scratches, sores, etc.

There are several other special forms of "Vaseline," each for a particular use. The different specifics with which the "Vaseline" is blended, such as Camphor, Menthol, Capicum, etc., simply add a special efficacy to the general soothing and toning properties of the "Vaseline" itself.

Put up in glass bottles and in handy tin tubes. Druggists everywhere.

Our "Vaseline" booklet contains all kinds of practical information for the home—suggests just as convenient to the teacher, girl or man? as to the mother. Send post-paid on request. Write for your copy today.

Insist on "Vaseline," made only by the

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CHEW KING GEORGE'S NAVY PLUG

For Sale Everywhere

THE ROCK CITY TOBACCO CO. LTD. QUEBEC

The Bakery Behind the Biscuit

Many bakeries in Montreal, Toronto and other cities are being condemned by health officers as unclean and unsanitary. How often do you inspect your bakery? Our sunlit bakery is your bakery when you eat

SHREDDED WHEAT

the cleanest, purest, best of all cereal foods. Government inspection is good, but public inspection is better. Every detail in the process of making Shredded Wheat is open to the public. Nothing so wholesome and delicious for breakfast as Shredded Wheat Biscuit served with hot milk or stewed fruits.

Heat the Biscuit in oven to restore crispness, then pour hot milk over it, adding a little cream. Salt or sweeten to suit the taste.

Made of Choicest Selected Canadian Wheat A Canadian Food for Canadians

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The Canadian Shredded Wheat Company Limited Niagara Falls, Ontario