

TRAVELLING.

GRAND TRUNK RAILWAY SYSTEM  
EASTER HOLIDAYS

Round Trip Tickets will be issued at Single First-Class Fare Good going April 4th, 5th, 6th, 7th and 8th. Good to return on or before April 10th.

TICKETS ISSUED TO INTERMEDIATE POINTS BETWEEN MONTREAL AND TORONTO WILL NOT BE VALID ON TRAINS 1 and 4

HOMESEEKERS' EXCURSIONS  
To Western Canada and Return

Tuesday, April 2nd and every second Tuesday thereafter until Sept. 17th. Tickets good for 60 days.

For full particulars apply to J. P. HANLEY, Agent, Corner Johnson and Ontario Sts.

KINGSTON & PEMBROKE RAILWAY  
IN CONNECTION WITH  
Canadian Pacific Railway

Easter Holidays

Round trip tickets will be issued at SINGLE FIRST CLASS FARE Good going Thursday, April 4th to 10th, April 8th, inclusive, good returning until April 10th, 1912.

HOMESEEKERS' EXCURSIONS  
To Western Canada and Return

And every second Tuesday until September 17th, inclusive. Winnipeg and Return... \$36.50 Edmonton and Return... \$44.50

Bay of Quinte Railway SHIPPERS ATTENTION

THE CANADIAN NORTHERN ONTARIO Railway Line from Trenton to Deseronto is now open for freight traffic and shipments can now be accepted from Kingston to such points as Belleville, Trenton, Brighton, Solborne, Grafton, Cobourg, Port Hope and Toronto, as well as for all points on the Central Ontario and Bay of Quinte Railways.

Route your shipments to and from Toronto via the Canadian Northern Ontario Railway. Through all-rail rates to points in the North-West via Bay of Quinte Railway to Canadian Northern Ontario Railway to Sudbury, thence Canadian Pacific direct or via Port Arthur and Canadian Northern and Grand Trunk Pacific Railways.

Through Lake and Rail Rates to points in the North-West via the Bay of Quinte and Canadian Northern Ontario Railways to Toronto, thence lake lines to Port Arthur.

For other information regarding rates, apply to M. C. Dunn, Travelling Freight Agent, B. Q. Railway office, Kingston and Pembroke Railway, or to W. Phillips, General Freight Agent, Toronto, Ont.

ALLAN LINE  
Royal Mail Steamers  
St. Lawrence Season  
TO LIVERPOOL.

Tunisian sails Fri., May 3, May 31. Virginian sails Fri., May 11, June 7. Corsican sails Fri., May 17, June 14. Victorian sails Fri., May 24, June 21

TO GLASGOW.  
Pretorian sails Sat., May 4, June 1. Hesperian sails Sat., May 11, June 8. Scandinavian sails May 18, June 15. Grampian sails Sat., May 25, June 22

TO HAVRE AND LONDON.  
Sicilian sails Sun., May 5, June 9. Ionian sails Sun., May 12, June 16. Corinthian sails Sun., May 19, June 23

Scotian sails Sun., May 26, June 30. Lake Erie sails Sun., June 2, July 7. For full information as to additional sailings, rates, etc., apply to C. S. KIRKPATRICK, J. P. HANLEY, G. T. Ry. Clarence Street. Allan-Line Agents, Kingston.

F. J. JOHNSON THE LEADING FLORIST 324 KING STREET. Has resumed business with a full line of Cut Flowers and Plants always in stock.

Wedding and Presentation Bouquets and Baskets and Floral Designs made on the shortest notice. \*Phones: DAY. NIGHT. Store, 239, Conservatories, 235.

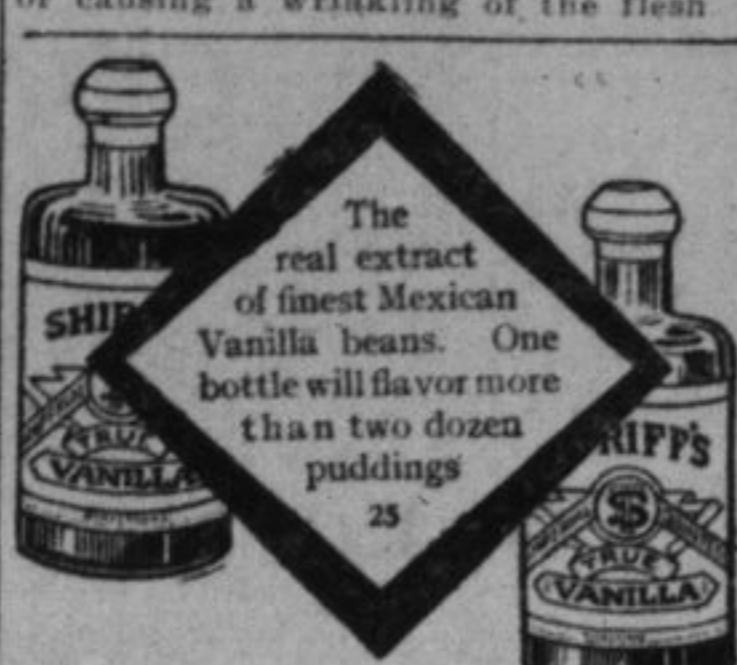
COAL Your orders will be filled satisfactorily if you deal through F. WALSH'S, 60-67 Barrack Street.

Overfatness Condemned

Fat, or even fatish, women readers who want to be in the mode this year must understand that the demand is for lines, curves, and govern themselves accordingly.

That means OFF with the fat. It has become a duty. Many are trying exercise or dieting, but it is certain they will find these methods too slow and unobtainable. The cheapest and safest way to get in form for the Directoire mode is by means of Marmola Prescription Tablets. Any druggist (or the Marmola Co., 1193 Farmer Bldg., Detroit, Mich.) will give you a large sized case of these elegant little fat reducers, containing a good generous supply for seventy-five cents, and even this quantity should be enough to make a decided impression on your excess fat. Many have lost as much as a pound a day.

These Marmola Prescription Tablets may be used with impunity and likewise perfect confidence, for being made strictly in accordance with the famous Marmola Prescription, they are, of course, quite harmless. They are, rather beneficial than otherwise, in fact, never disturbing the stomach or causing a wrinkling of the flesh.



The real extract of finest Mexican Vanilla beans. One bottle will flavor more than two dozen puddings.

Shirriff's True Vanilla

PRIVATE OFFICE  
Come to Lunch Back in ten minutes

Cramming down ill-chosen food, and rushing back to work, leads straight to dyspepsia, with all it means in misery.

Proper habits of eating, with a Na-Dru-Co Dyspepsia Tablet after each meal, restore good digestion, health and happiness.

A box of Na-Dru-Co Dyspepsia Tablets costs but 50c. at your Druggist's. National Drug and Chemical Co. of Canada, Limited.

THE IDEAL BEVERAGES: ALE STOUT LAGER

Agent, James McFarlane, 339-341 King Street East.

DININGROOM FURNITURE

Just arrived, a fine line of Diningroom Furniture in Golden Oak. Early English and Fumed.

China Cabinets \$12.00, 15.00 and upwards. Buffets, \$16.00, 19.00 and upwards. Sideboards, \$12.50, 16.50 and up.

Extension Tables, \$6.50, \$8.50 to \$40.00. Chairs to match in any finish.

R. J. REID Ambulance Service. Phone 577.

NEWS OF NEIGHBORS

WHAT WHIG CORRESPONDENTS TELL US.

The Tidings From Various Points in Eastern Ontario—What They Are Doing and What They Are Saying.

Doings at Wilbur. Wilbur, March 27.—Service was held at Samuel Jackson's on Sunday. Mr. Irvin, of Queen's. A little boy has come to stay at the home of Robert Richardson's. Miss Bunn Thurstion is at E. J. McFarlane's, Lavant. The small engine from the mines here is being sent to McIntyre's mines, Forequipe. Mrs. J. Morreau visited Mrs. Ross Alcorn at Lavant on Saturday. Mrs. W. C. Boyd, Mrs. R. Alcorn and little son, Murton, visited friends in Littleton last week.

Elginburg Echoes. Elginburg, March 27.—A number of the young people attended a social at Mr. Carl's, Glenvale. Harold Kiehl has been confined to his home with the mumps. E. Tolles purchased a fine horse the other day. A number of the farmers are hauling logs to McCrow's mill. Miss Alma Clogg and Frederick Porter are visiting at Hartington. Mr. and Mrs. Frank Tolles and family at N. C. Graham's, Milton Silver, of Kingston, at his father's; Mr. and Mrs. E. Tolles and daughter at J. Porter's; Mr. and Mrs. N. C. Graham at J. Irwin's; Mr. and Mrs. W. Kiehl and J. Irwin spent Monday evening at N. C. Graham's.

Cushendall Matters. Cushendall, March 26.—Messrs. Connell had a large bear drawing pressed hay to Kingston, last week, as also had A. Germain. Mrs. R. Ryder, who has been ill in hospital for a few weeks, has recovered sufficiently to be able to return home. Mrs. W. Curtis and baby are visiting her parents, Mr. and Mrs. J. Duffie. Quite a number from this district attended the sale at Mrs. Payne's, on the 19th. Miss L. Greenlee and N. Greenlee have returned from visiting friends in Sunbury. J. McBride recently purchased a fine driving horse from W. Patterson. Mr. Elley has moved onto his farm purchased from M. Cunningham. One of the stage drivers, Mr. Ripley, had one of his horses badly injured last week by cutting its foot.

Items From Bellflock. Bellflock, March 27.—J. Abrams is sawing wood in this vicinity. Vanluven Bros. held their annual cheese meeting on Monday, the 18th. Everett Vanest has gone to Brockville, where he is engaged in a mica mine. Mr. and Mrs. Harold Grant entertained a number of their Verona young friends one night last week. Russell Grant has gone to Wolfe Island, where he has a good situation on a fruit farm. Zara Reynolds made a business trip to Kingston one day last week. Frederick Clark sold a valuable horse for \$200. Mrs. Hiram Vanest has returned home after visiting friends at Murvale. Mrs. William Dreure has returned to her home at Long Lake, after visiting her parents there.

Caintown Reports. Caintown, March 26.—Farmers of this vicinity are hauling lumber to Brockville. The cheese factory has reopened for the coming season, under the management of J. A. Ferguson, proprietor. B. F. Leeder had a box on Monday last, drawing stone. Miss L. Warren recently visited at R. Dixie's. Mrs. Frederick Ferguson and little son visited her parents, Mr. and Mrs. J. N. Fruedale, Rockfield, who are both very ill. Miss Helen Flood, who has been visiting her sister, Mrs. A. Leeder, has returned home, accompanied by Miss F. Leeder. Mrs. H. Hogboom, Quabbin, is visiting her sister, Mrs. R. A. Edgley. Miss Leon Dowsley visited at T. Graham's, MeIntosh Mills, on Sunday last. Miss Aggie Leeder, Perry, N.Y., is visiting relatives here. Mrs. John Steacy, of Yonge Mills, spent the past week at P. Connor's. Messrs. D. Patience and C. Foley, Warburton, spent Sunday at J. J. Leeder's.

Presentation and Address. Ivy Lea, March 25.—The people of Selton Methodist appointment on Lansdowne circuit, numbering about forty, of all ages, gathered at the home of P. M. Wood on the eve of his departure from the farm to the village of Lansdowne, he having recently sold his property in this vicinity. The address was read by R. McCullough, a teacher in the Sunday school, to Mr. Wood, and a presentation was made by C. Wesley McCullough, one of the church stewards.

Macdonald Presentation. Macdonald, March 26.—Mrs. Blake Huyck is improving. Miss Agnes Johnston, of Ingle, has returned home, having spent a couple of weeks the guest of Miss Lottie Miller, Bardolph. Mrs. S. Craven, of Hawley, recently visited her daughter, Mrs. W. Cranston. Mr. and Mrs. W. H. Miller and Miss Ohta spent a day recently at James Bowen's, Arthur Clark and sister, May, of Prince Edward county, have returned, having visited at Macdonald and Bardolph. Mr. and Mrs. Augustus Keich have moved to Deseronto. On Saturday evening previous to their departure a large number of friends gathered at their home and after partaking of a sumptuous lunch presented them with a handsome chair. All are sorry to lose Mr. and Mrs. Keich from the neighborhood. Mr. and Mrs. G. Hawley and little son, Harold, spent Sunday and Monday at J. M. Joyce's, Camden East. The W.M.S. held

a social at Bethany last evening, which was well attended. Mr. and Mrs. John M. Jaynes, of Camden East, are visiting relatives at Gosport and Macdonald.

Mount Chesney News. Mount Chesney, March 25.—The recent snowstorm did much to improve the condition of the roads. The farmers are drawing supplies before the breaking up of the roads. The funeral of the late Mrs. Fowler took place on Tuesday last, and was largely attended. The many friends of Mrs. James George are sorry to hear of her very severe illness. E. Nicholson has moved to the late Joseph Jordan's farm and intends residing there. E. Prevost has returned from Westport and will re-open the factory for the coming season. G. P. Patterson has returned from visiting friends in Lanark. Hugh Fowler has arrived home after spending several months in the north-west. Visitors: Mrs. M. Sullivan, Oatley, at Joseph McGrath's; Mr. and Mrs. Grady at W. McGarvey's; Mrs. Michael Hawkey at James George's; Mrs. Lahey, Sydenham, at James Hickey's; Miss Cashman, Glenburnie, at M. Fowler's; M. McGarvey and sisters at George Hyland's, Kilburnie; Miss Dignan, Wolfe Island, at E. McGarvey; Russell Stames at G. Stoney's; Mr. and Mrs. A. Martin visited friends here recently; Miss Emily Fowler has returned home after visiting in Glenburnie.

Wedding at Richmond, Va. Sydenham, March 25.—A wedding of interest to some of the villagers will take place on March 27th, at Richmond, Virginia, when Neal D. Sills, state manager of the Sun Life Insurance company of Canada, and Miss Waller Jeffress, of Richmond, will be married at the bride's parents'. The groom is the youngest son of Mr. and Mrs. Wesley Sills, of this place, and has many friends who all wish him and his bride much happiness.

There was no school in the junior room of the public school on Thursday and Friday as Miss McDonald was ill. Robert Bolton, engineer of the local train, is ill.

On March 10th, at Sydenham, a young son came to brighten the home of Mr. and Mrs. C. K. Smith, of Camden East. Mr. and Mrs. Hugh Barclay are rejoicing over the arrival of a daughter, born March 24th.

H. L. Anselme has secured the property of the Misses Haley, on Long Main street, and will erect a building to be used for his tin and repair shop, and gas light supplies. Mr. Asselstine expects to move his family into a new house about April 1st.

Rev. W. H. and Mrs. Smith and little lady Lyndhurst, spent a few days of last week at their mother's, Mrs. Joseph Woodruff's, Sr. Bertram Sills, Henry and Russell Stames and William Cook attended the box social at Elginburg last Monday evening.

Long Point Locals. Long Point, March 25.—Miss Madeline O'Connor has returned from visiting friends in Charleston and Athens. Mr. and Mrs. J. Sykes spent Sunday at Mrs. McMackin's, Briar Hill. Arthur Slack and Miss Marie Slack visited at Philip Yates' on Sunday; Dr. O'Connor, Gananoque, made a professional trip to this neighborhood.

BATELSEA NEWS BUDGET. What is Transpiring in That Busy Village. Batelsea, March 25.—On the 4th, the friends of Miss Maggie Clarke met at the home of her brother, C. Clarke, on Main street, and gave her a kitchen shower, prior to her marriage, which took place the following Wednesday at her home, with Mr. and J. Simpson, of Seely's Bay, were married by Rev. Mr. Pearce. Only the near relatives were present. The groom recently purchased the house and land adjoining A. Knapp's, Main street, where they intend to make their future home.

The last regular meeting of the Ladies' Aid was held at the home of Miss Curson. The Ladies' Aid also held a social on the 20th in the parsonage. A good sum was realized.

C. Lake is hauling stone, lumber and other things necessary for the erection of his new ice cream parlor. H. Miller is making preparations for the building of stone stables and a bank barn. W. Merriman has about finished moving his furniture and farming implements, to Cataragui. Mrs. Merriman and Harold last Wednesday attended an introductory party held at Mrs. Brewster's home, Cataragui, where the farmer expect to finish moving in a few days.

W. Ormsbee and L. Vanluven have each tapped their maple trees, and are expecting a good harvest of maple syrup. Miss Marion Cunningham, Ida Hill, and Miss Irene Lake, Kingston Collegiate Institute, spent last Sunday at Dr. Lake's. Mrs. W. Kowler spent a few days in the city last week.

Mrs. R. Abernethy and T. Ennis are very ill and little hope of recovery is held out. Amos Knapp expects to move to the Carrying Place in a few days. Mrs. McGlouton is quite low, suffering with abscesses on her neck.

Charles Holder and family and George Holder left for the west a few days ago, taking with them a number of horses to help supply the demand of the western farmers. If one is to judge from the extensive use of the incubators in this vicinity this spring, poultry and eggs will be within the reach of the poor as well as the rich very soon. The farmers are hauling logs and wood to the village. Mrs. J. Hanley McIlburn, spent a few days at C. Hanley's; J. Campbell, Hinchinbrooke, at the Vanluven house; Mrs. Gilbert, Seely's Bay, at Mrs. Abernethy's; Mrs. (Rev.) Pearce and Muriel, are home at the parsonage; K. McGlouton at J. Rattan's.

A Turkish Leader. Turkey is on the eve of a general election, and has a new political party. It is called the party of Union and Liberty. Its purpose, as stated in the official filing of its program, is the establishment of real harmony among the different races of the Empire. Every important race in the empire is ably represented among its adherents—Arab, Armenian, Albanian, Bulgarian, Greek.

The leader of the new party is Damaid Ferid Pasha. Twenty years ago he became a brother-in-law of Abdul Hamid, as well as of the present Sultan, Mehmet the Fifth. This Hamidid relationship, however, was by imperial order, and should in no way be construed against him. Like so many of the ex-Sultan's relatives, Damaid Ferid Pasha's freedom from bitter tyranny came only with the granting of the constitution. He is a man of high virtue, of deep patriotism, and is bent on finding the strength and honor of his country in individual liberty for the pursuit of prosperity and happiness. He has a profound tolerance and respect for racial patriotism.

Stuart's Dyspepsia Tablets are at once a safe and powerful remedy, one grain of the active principle these tablets being strong enough (by test) to digest foods. Stuart's Dyspepsia Tablets will digest your food for you when your stomach can't.

Ask your druggist for a 50c. box or send to us direct for a free trial sample package and you will be surprised at the result. F. A. Stuart Co., 150 Stuart Bldg., Marshall, Mich.

last week. Recent visitors: Mr. and Mrs. J. McKeeney, Athens, at Arthur Slack's; Dr. and Mrs. A. Chapman, Bleton, Man., at Mrs. S. Seabrook's; Mr. and Mrs. Scott and Miss Doolan, Addison, at Jacob Bryan's; A. Flood, Delta, Mr. and Mrs. John McDonald, Sand Bay, H. McArdie, Sweet's Corner; A. McDonald, Melcombe, at Charles O'Connor's, Richard Haskins and family, Evans Mills, N.Y., have moved here to the Perry farm. Miss Helena Singleton is recovering from an attack of mumps. Miss Hazel Young, Lyndhurst, was the guest of Miss Madeline O'Connor during the past week-end. Miss Mulvena, Charleston, is the guest of Mrs. John Moorhead.

Michael Slack has rented a farm at Wilestad and expects to move soon. Mrs. Edmund Kenny is still in very poor health. Miss Allen O'Connor is better and is visiting in Delta. Mrs. Frank Slack has been ill the past few days. Mrs. Frank McNamee, Lansdowne, spent the past week-end with relatives here. Lester Russell, Lafargeville, N.Y., is visiting friends in this neighborhood. A number from here made business trips to Gananoque last week.

Reports From Denbigh. Denbigh, March 25.—Norman Cranshaw, of Windgate, Man., who enjoyed a few weeks visiting relatives and former neighbors here, has returned to his western home. Robert Thompson, lately a resident of Tweed, has been paying a farewell visit to his parents and other relatives and friends here, before taking his departure for the North-West, where he intends to make his home. Hugh Pettifer has leased his farm to M. Wagar and left, last week, with his family, for New Ontario, where he has been working for some time, and intends to reside in the future. Joseph Youmans and family also moved, last week, on the lately acquired farm near Tweed. M. R. Reid, of Sharbot Lake, I.P.S., paid one of his official visits to the public schools in this district last week. Miss Hulda Marquardt, of Raglan, who has been staying at her uncle's, P. Stein, for a couple of months, returned home last Saturday. Several of the young men who have, during the winter, been working in lumber camps in New Ontario, and other places, arrived home again last week. Charles Petzold and sister, Martha, just returned home from a visit to friends and relatives in Raglan township. Miss Frieda Koller left, yesterday, for Renfrew, where she has secured a situation. Mr. and Mrs. E. Byers and baby spent a few days visiting at Mrs. Byers' parents, Mr. and Mrs. William John. Mr. and Mrs. William Thompson left, last week, also, for Saskatchewan, where they intend to make their future home.

There was no school in the junior room of the public school on Thursday and Friday as Miss McDonald was ill. Robert Bolton, engineer of the local train, is ill.

On March 10th, at Sydenham, a young son came to brighten the home of Mr. and Mrs. C. K. Smith, of Camden East. Mr. and Mrs. Hugh Barclay are rejoicing over the arrival of a daughter, born March 24th.

H. L. Anselme has secured the property of the Misses Haley, on Long Main street, and will erect a building to be used for his tin and repair shop, and gas light supplies. Mr. Asselstine expects to move his family into a new house about April 1st.

Rev. W. H. and Mrs. Smith and little lady Lyndhurst, spent a few days of last week at their mother's, Mrs. Joseph Woodruff's, Sr. Bertram Sills, Henry and Russell Stames and William Cook attended the box social at Elginburg last Monday evening.

Long Point Locals. Long Point, March 25.—Miss Madeline O'Connor has returned from visiting friends in Charleston and Athens. Mr. and Mrs. J. Sykes spent Sunday at Mrs. McMackin's, Briar Hill. Arthur Slack and Miss Marie Slack visited at Philip Yates' on Sunday; Dr. O'Connor, Gananoque, made a professional trip to this neighborhood.

BATELSEA NEWS BUDGET. What is Transpiring in That Busy Village. Batelsea, March 25.—On the 4th, the friends of Miss Maggie Clarke met at the home of her brother, C. Clarke, on Main street, and gave her a kitchen shower, prior to her marriage, which took place the following Wednesday at her home, with Mr. and J. Simpson, of Seely's Bay, were married by Rev. Mr. Pearce. Only the near relatives were present. The groom recently purchased the house and land adjoining A. Knapp's, Main street, where they intend to make their future home.

The last regular meeting of the Ladies' Aid was held at the home of Miss Curson. The Ladies' Aid also held a social on the 20th in the parsonage. A good sum was realized.

C. Lake is hauling stone, lumber and other things necessary for the erection of his new ice cream parlor. H. Miller is making preparations for the building of stone stables and a bank barn. W. Merriman has about finished moving his furniture and farming implements, to Cataragui. Mrs. Merriman and Harold last Wednesday attended an introductory party held at Mrs. Brewster's home, Cataragui, where the farmer expect to finish moving in a few days.

W. Ormsbee and L. Vanluven have each tapped their maple trees, and are expecting a good harvest of maple syrup. Miss Marion Cunningham, Ida Hill, and Miss Irene Lake, Kingston Collegiate Institute, spent last Sunday at Dr. Lake's. Mrs. W. Kowler spent a few days in the city last week.

Mrs. R. Abernethy and T. Ennis are very ill and little hope of recovery is held out. Amos Knapp expects to move to the Carrying Place in a few days. Mrs. McGlouton is quite low, suffering with abscesses on her neck.

Charles Holder and family and George Holder left for the west a few days ago, taking with them a number of horses to help supply the demand of the western farmers. If one is to judge from the extensive use of the incubators in this vicinity this spring, poultry and eggs will be within the reach of the poor as well as the rich very soon. The farmers are hauling logs and wood to the village. Mrs. J. Hanley McIlburn, spent a few days at C. Hanley's; J. Campbell, Hinchinbrooke, at the Vanluven house; Mrs. Gilbert, Seely's Bay, at Mrs. Abernethy's; Mrs. (Rev.) Pearce and Muriel, are home at the parsonage; K. McGlouton at J. Rattan's.

A Turkish Leader. Turkey is on the eve of a general election, and has a new political party. It is called the party of Union and Liberty. Its purpose, as stated in the official filing of its program, is the establishment of real harmony among the different races of the Empire. Every important race in the empire is ably represented among its adherents—Arab, Armenian, Albanian, Bulgarian, Greek.

The leader of the new party is Damaid Ferid Pasha. Twenty years ago he became a brother-in-law of Abdul Hamid, as well as of the present Sultan, Mehmet the Fifth. This Hamidid relationship, however, was by imperial order, and should in no way be construed against him. Like so many of the ex-Sultan's relatives, Damaid Ferid Pasha's freedom from bitter tyranny came only with the granting of the constitution. He is a man of high virtue, of deep patriotism, and is bent on finding the strength and honor of his country in individual liberty for the pursuit of prosperity and happiness. He has a profound tolerance and respect for racial patriotism.

Stuart's Dyspepsia Tablets are at once a safe and powerful remedy, one grain of the active principle these tablets being strong enough (by test) to digest foods. Stuart's Dyspepsia Tablets will digest your food for you when your stomach can't.

Ask your druggist for a 50c. box or send to us direct for a free trial sample package and you will be surprised at the result. F. A. Stuart Co., 150 Stuart Bldg., Marshall, Mich.

Stop! Think!

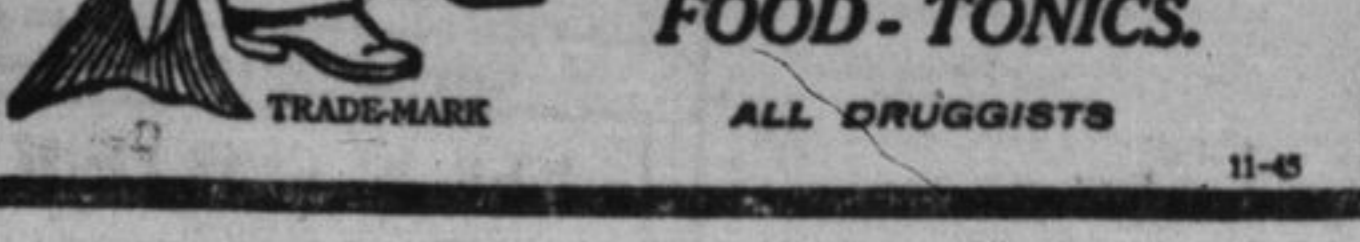
The rush and roar of deadly modern life is everywhere.

Your nerves are weak and worn, they are overtaxed, strained to the breaking point.

Strengthen them, build them, vitalize them with a Food-Tonic.

Scott's Emulsion

is one of the oldest, purest and best-known of FOOD-TONICS.



LIST YOUR PROPERTIES NOW

For Sale or to Rent. Sales Negotiated Rents Collected Fire Insurance Conveyancing and Real Estate E. BLAKE THOMPSON, OVER NORTHERN CROWN BANK, MARKET SQUARE, 'Phone 286. KINGSTON, ONT.



YOU CAN SMILE AT THE ALARM CLOCK

You will feel like giving a cheery "Good morning" even to the strident-voiced alarm clock after a night of restful comfort on a Banner Spiral Spring Bed

Every nerve and muscle is refreshed, invigorated, eager to tackle the day's experience. The hundred tempered springs support the mattress evenly, yielding to every movement, yet keeping the body in the level position that promotes good circulation and sound, refreshing sleep.

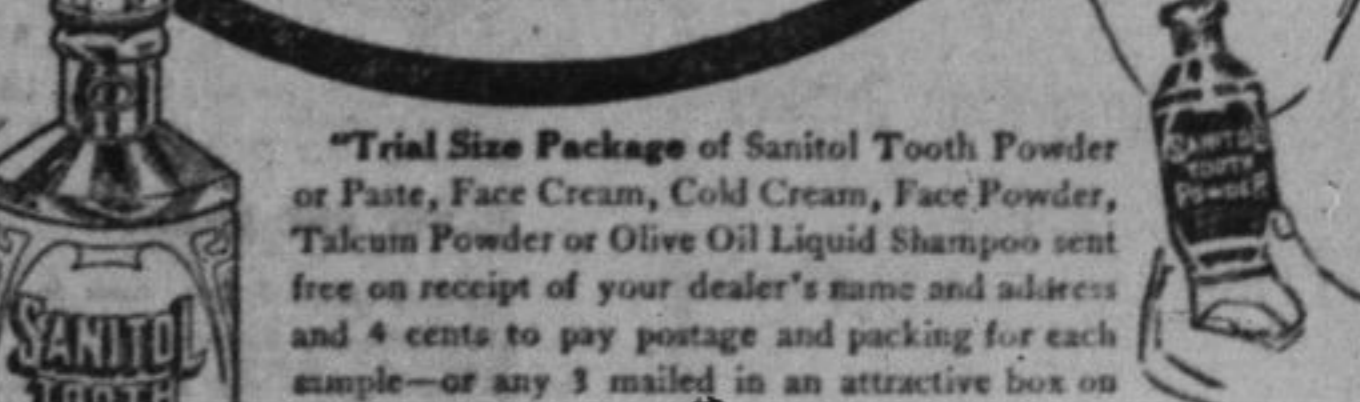
THE ALASKA FEATHER & DOWN COMPANY LIMITED. MONTREAL AND WINNIPEG. Also makers of Brass and Iron Beds, Outdoor Mattresses, Health Brand Mattresses and all kinds of bedding.

Tooth Health and Beauty

The health of your teeth can no more be maintained without immaculate cleanliness than can the health of your body. And tooth cleanliness amounts to more than a few "wipes" with the brush—it is the reason for an effective dentifrice.

SANITOL TOOTH POWDER OR PASTE

preserves tooth health by cleansing to perfect cleanness, overcoming acidity in the mouth, by its antiseptic qualities and by thoroughly purifying mouth and teeth.



Trial Size Package of Sanitol Tooth Powder or Paste, Face Cream, Cold Cream, Face Powder, Toilet Powder or Olive Oil Liquid Shampoo sent free on receipt of your dealer's name and address and 4 cents to pay postage and packing for each sample—or any 3 mailed in an attractive box on receipt of 10 cents in stamps.

Sanitol Chemical Laboratory Co., Toronto, Ontario. \*Manufacturers in Canada of high class tooth and nail preparation exclusively.