

### "I Suffered Intense Pains in My Left Side."

Do you realize it is better to be safe than sorry, that it is the best policy to lock the stable door before the horse is stolen?

**Dr. Miles' Heart Remedy** cured Mrs. C. C. Gokey, of a stubborn case of heart disease, such as thousands are now suffering with. Read what she says:

"Before I began taking Dr. Miles' Heart Remedy I had been suffering from heart trouble for over five years. I had grown so weak that it was impossible for me to do thirty minutes work in a whole day. I suffered intense pains in my left side and under the left shoulder blade, I could not sleep on the left side, and was so short of breath that I thought I should never be able to take a full breath again. The most distressing symptom was that I had a marked change in my condition. I began to sleep well, had a good appetite, and improved so rapidly that when I had taken six bottles I was completely cured."

MRS. C. C. GOKEY, Northfield, Va. If you have any of the symptoms Mrs. Gokey mentions, it is your duty to protect yourself.

**Dr. Miles' Heart Remedy** is what you need. If the first bottle fails to benefit, your money is returned. Ask your druggist. MILES MEDICAL CO., Toronto, Can.

**THE CANADA LIFE ASSURANCE COMPANY** Are issuing a special policy that fits into the needs of professors, students, professional and business men. This company has for fifty years returned to its policyholders 32 1/2 per cent. by way of dividends on all premiums paid by them. Figures of how a policy will shape for you cheerfully given. Apply to J. O. HUTTON, Agent, 11 Market Street, Kingston.

**Dr. de Van's Female Pills** A reliable French regulator; never fails. These pills are exceedingly powerful in regulating the sensitive portion of the female system. Relieve all cheap imitations. Dr. de Van's are sold at a low price, or three for \$1.00. Write for address. Dr. de Van's, 100 St. Catherine Street, Montreal.

**ROYAL ICE CREAM PARLOR** Best place for all kinds of quick lunches and hot drinks. Chocolates and candy of all kinds kept in stock. M. J. PEARCE & Co., 104 Princess Street.

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**NEW SHOE REPAIRING BUSINESS** ROBERT PAYNTER has taken over the business of the late Jas. Davis at the old stand, 209 PRINCESS STREET. All work promptly done. All work guaranteed.

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**Low One Way Second Class Rates PACIFIC COAST** Good Going March 1st to April 15th. SAN FRANCISCO, CAL., LOS ANGELES, CAL., SAN DIEGO, CAL., MEXICO CITY, MEX., \$47.05 VANCOUVER, B.C., VICTORIA, B.C., SEATTLE, WASH., PORTLAND, ORE., \$45.10

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**LOW COAST RATES** Daily March 1st to April 15th \$45.10

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**RAY OF QUINTE RAILWAY.** Train leaves Union Station, Ontario Street 4 p.m. daily (Sunday excepted) for Tweed, Sydney, Nanaimo, Esquimalt, Victoria, and all points north. To secure quick dispatch to Vancouver, Montreal, and points on the Pacific Coast, apply to the Ray of Quinte Railway, Post Office Building, Montreal, P. Q. Gen. Agent, J. H. Welch, Pass. Agent, Phone No. 4.

### WHEN TEMPTER KNOCKS AT DOOR OF YOUR MIND, BOLT THE DOOR.

Sermon by Archbishop Spratt on the Value of Watching and Praying—His Grace Pointed to the Example of Christ.

As Lent winds its penitential way towards glorious Easter, the churches seem to fill more visibly with devout assistants. In St. Mary's cathedral may be seen evening after evening large congregations following the various services prescribed for this holy season. Sunday morning, the rector, Rev. A. T. Hanley, preached on Saint Joseph, the blessed spouse of the Virgin, in honor of whom a novena begins to-night.

In the evening, Archbishop Spratt occupied the pulpit and was fitting at this time of solemn thought and mortification, spoke on the words of Christ in the Garden of Gethsemane, "Watch and pray that you enter not into temptation." The apostles had been accustomed to depend on our divine Lord for protection and not having yet acquired the virtue of vigilance soon fell asleep. His grace urged all to form the habit of guarding against temptation, especially the young who are exposed to temptation.

"When the tempter knocks at the door of your mind," explained his grace, "bolt the door." Whether it be thoughts of pride, or lust, or envy, the struggle may be great, yet if the door be closed by the hand of God, you shall not be overcome.

The power to conquer evil would be found in prayer. Christ often spent whole nights in prayer, thus showing us the example. On the eve of his passion, foreseeing all he would suffer and with the weight of the sins of the world upon his shoulders, our dear Lord was heard to exclaim, "O, My Father, if possible, let this chalice pass away, yet not my will, but yours be done." He was, at times of trial, a lesson in submission to the will of God. Christ's soul was "sorrowful even unto death." Many there are who on the broad way of life, pay little or no attention to Gospel truth; men to whom self-denial is a vain word.

Let them heed the lesson taught by the suffering Saviour; let them resist the seductions of the world, and by watching and praying endeavor to gain their heavenly portion.

The music by both choirs (altar boys and men) at the vesper service, was particularly good. There is an inspiring sweetness and melody in some of the old Gregorian chants which no modern composition can surpass. Sweet strains speak to the souls of men, and, with the pulpit, should help make men better.

On Sunday the congregation of St. Mary's cathedral received the weekly offering envelopes to be used in clearing off the debt of \$57,000 on the cathedral edifice.

### MADE FIVE HUNDRED DOLLARS As a Result of the Extravaganza Production.

At the Grand Opera House on Saturday evening a good-sized and very appreciative audience greeted the final production of "The Land of Illusion Dreams." The manner in which the various acts were carried out certainly deserved the enthusiastic applause. In the "Wheel of Fortune" the different dancers and soloists acquitted themselves creditably. Miss Josephine, as "Britannia," was loudly applauded. Miss Marjory Campbell deserves special mention for the life and animation she displayed in the character of "Milla" and she was presented with a magnificent bouquet as an appreciation of her work.

Miss D. Leonard was much gratified with the success of the performance, and the ability and adaptability displayed by the young ladies and children in their several parts. Although their instruction was brief they certainly made good. Miss Leonard was disappointed at the smallness of the attendance at some of the performances and was a marked contrast with the eagerness with which the performances were witnessed in other places, but she supposed it was owing to it being the Lenten season. She was deeply grateful for the kindness she received from every one with whom she came in contact and also for the appreciation and applause for the appreciation of her several plays en route and no doubt would produce "Alice in Wonderland" in Kingston in the not distant future if desired.

The Daughters of the Empire, after paying all expenses, netted \$500 by their venture. The merits and objects of the extravaganza deserved better patronage.

### THE RALLS OF QUEEN'S.

The Disturbing "Q" Question Has Been Shelved.

The regular meeting of the Alma Mater Society was held on Saturday night. The committee appointed to investigate the suitability of "Q" and "A" designs for a university pin badge, their report in favor of a "Q" design was received but no definite steps were taken and the subject was shelved for a future meeting. It will not likely be discussed again this term.

The annual meeting of the Queen's University Missionary Association was held on Saturday morning at which these officers were elected for the ensuing year: Honorary president, Dr. A. S. Grant; president, M. N. (mond); vice-president, J. W. North; financial secretary, J. McNab; corresponding secretary, J. McNab; recording secretary, Miss Brownlee; treasurer, W. T. Metree; alumni secretary, A. S. Cornett; critic, R. M. McFavish; reporter, F. L. Macdonald; librarian, E. Forbes; convener of home missionary committee, Miss S. Caverhill; convener of foreign missionary committee, Miss M. Carr; convener of membership committee, J. S. Prentice.

### DIED IN GENERAL HOSPITAL.

Orwell Kemp, of Trenton, Passed Away on Sunday.

Orwell Kemp, of Trenton, who underwent an operation three weeks ago, died in the general hospital early Sunday morning, as a result of a blood clot in one of the veins near the heart. Mr. Kemp had been daily improving since his operation and his friends looked for his speedy recovery. On Friday he was dressed and able to get up and seemed much better. In the evening, however, he took a turn for the worse and although the best medical attendance was given him, he kept gradually sinking until Sunday morning, when he died.

Mr. Kemp had been looked after while in the hospital by his sister, Mrs. Lane, of Brighton. The Oddfellows, also, gave him the best attention. Mrs. Kemp, wife of the deceased, arrived in time to see him before he died. The remains will be sent to Brighton, where an Oddfellows' funeral will take place on Wednesday afternoon at two o'clock.

### Want Khaki Abolished.

It is understood that the officers of the Portsmouth penitentiary will petition the minister of justice, Hon. C. J. Doherty, to abolish the khaki uniform they have been compelled to wear for some years. The uniform is anything but pleasing, and is even more uncomfortable. The officers want a blue uniform.

### Bringing in Prisoners.

Three prisoners are to be brought here in the course of a few days from Stony Mountain, Man., to enter penitentiary. St. Keech, a former Kingstonian, is one of the guards who are bringing them here.

Gossip in parliamentary circles connects the name of Hector Melnes, K. C., of Halifax, with one of the vacant Nova Scotia senatorships. No appointments to the existing vacancies have yet been made, however.

### MOTHER WAS WORRIED Because Young Daughter Coughed So Much—What She Did.

Just think how anxious Mrs. William Archer, of Long Branch, N.J., must have been about her fourteen-year-old daughter. She says: "She was very thin, had a bad cough, was nervous and did not sleep well. Vinol has helped her wonderfully. She can sleep all night now without coughing once, in fact her cough is gone. Her appetite is greatly improved and she has gained weight. I wish every mother knew what Vinol will do for delicate children."

Nothing can possibly be more important than the health of children and that is why we earnestly advise the use of Vinol in all cases where a child is weak, pale, run down, has a cough, or poor appetite. We have seen it make so many children strong and rosy that we believe in it.

Children take Vinol eagerly because it tastes good and puts new strength into their little bodies. We guarantee Vinol to give perfect satisfaction and give back your money if it does not. Mahood's drug store, Kingston, Ont.

### LIBERAL METHODISTS OF GANANOQUE GIVE MORE THAN IS ASKED.

They contributed \$1,002 for Grace Church Purposes When Requested Give But \$1,000, and More is Coming.

Gananoque, March 11.—Grace Methodist church celebrated its seventy-sixth anniversary yesterday. Rev. James Smythe, B.A., LL.D., principal and holder of the chair of New Testament Exegesis of the Wesleyan Theological college, Montreal, conducted the services, both morning and evening; and was assisted by the pastor, Rev. F. J. Mclement. Grace church for a number of years has made the practice of asking from the congregation a special collection on anniversary Sunday, and this year, to meet necessary demands for the fine new steeple, collected \$1,000 and received \$1,002. This will be increased, in all probability, during this week. The result is considered as a most excellent showing.

Donald Lloyd, the youngest son of Mr. and Mrs. J. Lloyd, Pine street, while crossing the Kingston street on Saturday afternoon, was knocked down and run over by a horse and cutter. The little fellow was picked up and taken home, where medical aid was called in, but it was found that outside of a few scratches and bruises, he was little the worse for the incident. The cutter was sent to Lansdowne, on Saturday evening, and was defeated by the Lansdowne Rabbits, at the Arena rink, by a score of 9 goals to 6.

At Battersea, on Saturday evening, the Brewer's Mills hockey team, with two players from the Gananoque Heavers and two from No. 7 team, defeated the Battersea team by a score of 2 goals to 1.

At the Park rink, on Wednesday evening next, ice and weather permitting, the local rivals, the Shamrocks and No. 7's, will meet for their last game of the season.

Mrs. Arthur I. Knight and her sister, Miss J. Eulalie Salter, after assisting at the choral part of Grace anniversary services, yesterday morning, left at noon for Brockville, to sing at the service for her and her sister's church, which also celebrated its anniversary yesterday. They will also assist on the programme of George street entertainment this evening.

W. B. Mudie, Kingston, was in town on business, Saturday. He is in town on business, Saturday. He is in town on business, Saturday.

Mrs. A. R. Thomson, trained nurse, has gone to the western provinces, where she will enter on professional duties. Norman Rathay, of the staff of the local branch of the Merchants' bank is spending ten days at his home in Cobden. Miss Mae Barre, Kingston, spent some time during the past week in town as guest of Miss Queenie Cook. Mrs. William Carpenter is visiting Lansdowne friends.

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### OLDEST LETTER CARRIER Has Been Superannuated—William Neill is the Man.

William Neill, the oldest letter carrier on the route, has been superannuated. He received his superannuation papers last week. Mr. Neill has been a letter carrier for twenty-seven years. He was appointed in the time of the late Sir John Macdonald, and has held the position ever since. Mr. Neill is a Presbyterian in religion and a member of Cooke's church. He has been a most faithful letter carrier. He intends to live a retired life.

### Rev. Mr. Fitzgerald Home.

Rev. W. F. Fitzgerald, rector of St. Paul's church, preached at both morning and evening prayer in his church, Sunday, upon his return from Ottawa, after preaching a ten days' mission. There were large congregations, especially at the evening service, when the rector preached a special sermon to men, embodying, among other things, the temperance question.

### A Deserved Compliment.

Joseph Gibson, president of the Dominion Alliance, who spoke in Agnes street Methodist church, Sunday morning, took occasion to compliment the choir on the excellence of its music. He said it had been many a long day since he had heard such a well-balanced choir. The compliment was highly appreciated.

### A Small Fire.

The firemen received a telephone call on Saturday evening to the home of Herbert Crooks, Princess street, just above Division. Some person who was passing thought he saw smoke and telephoned for the firemen, but when they arrived no fire could be found.

### Waggons Are in Use.

The roads in the city are getting in very bad shape. In some places they are almost bare of snow, and it is very difficult for sleighs to get along. Some of the Grand Trunk freight sleighs had difficulty to get along, as the waggons were put in use.

### Can't Succeed, Why?

Now that serious sentences are being held over the "Suffragette" martyrs, there is less talk of sacrifice for the cause. Their appeal to force has failed for the historic reason that "the police won't let them."

### Leave the Commissioners Alone.

Once more comes a demand to take the I.C.R. out of politics, when all that is needed is to keep politics out of the I.C.R. and give the commissioners the public backing they need, if they are to run it as a business road.

### Sentence of Death was, on Saturday, imposed on General Jules Coimon for the killing of a dozen persons during the uprising of March, 1908, in Haiti.

## Behold— an Advertisement!

I CAME into being as the spoken language came: slowly, gradually, and to meet an urgent need. I have been worked for evil, but mostly I have worked for good. I can still be worked for evil, but each day it grows more difficult so to do.

I am at once a tool and a living force. If you use me wisely, I am a tool in your employ. If you misuse me, my double edge will injure or destroy you. If you do not use me, I am a force that works ever against your accomplishment of the aims and purposes that animate your business.

I speak a thousand tongues and have a million voices.

I am the ambassador of civilization, the handmaiden of science, and the father of invention.

I have peopled the prairie, and with my aid commerce has laid twin trails of gleaming steel in a gridiron across the continent and stretched a network of copper into the far corners of the globe.

I am the friend of humanity—for I have filled the commoner's life with a hundred comforts denied the king of yesterday.

I have brought clean food, healthful warmth, music, convenience, and comfort into a hundred million homes.

I laugh at tariffs and remake laws.

I have scaled the walls of the farmer's isolation and linked him to the world of outer interests.

I build great factories and people them with happy men and women who love the labor I create.

I have made merchant princes out of corner shopkeepers and pined the

wealth of a Monte Cristo into the laps of those who know my power.

I am a bridge that cancels distance and brings the whole world to your doors, ready and eager to buy your wares.

I find new markets and gather the goods of the world into a handful of printed pages.

I fathered the ten-cent magazines and the penny paper.

I am either the friend or the foe to Competition—so he who finds me first is both lucky and wise.

Where it costs cents to hire me yesterday, it costs quarters to-day, and will cost dollars to-morrow. But whoever uses me has best had sense; for I repay ignorance with loss and wisdom with the wealth of Croesus.

I spell service, economy, abundance, and opportunity; for I am the one and only universal alphabet.

I live in every spoken word and printed line—in every thought that moves man to action and every deed that displays character.

I am Advertising.

Advice regarding your advertising problems is available through any good advertising agency or the Secretary of the Canadian Press Association, Room 503, Lumsden Building, Toronto. Enquiry involves no obligation on your part—so write if interested.

### INFECTION FROM BOOK.

Had Been Returned From Family Where There Had Been Fever.

Huntsville, March 11.—Physicians attending the McKay family at Dorset, where four children died from scarlet fever, and one still seriously ill, say that it is by no means certain that the infection came from the remains of a daughter, who died in Toronto. Rather, the epidemic is probably due to infection from a book belonging to the deceased girl and which was returned from a family, where there was scarlet fever.

The Saskatchewan government will devote \$5,000,000 to making good roads in the province.

**Rowntree's Chocolates**  
One Pound Fancy Boxes 65c.  
One-half Pound Fancy Boxes 35c.  
**A. J. REES,**  
166 Princess St. Phone 58

**COAL**  
Your orders will be filled satisfactorily if you deal there at P. WALSH'S, 65-67 Barrack Street.

*Worth  
Ten Cents a pound more*  
**LIPTON'S TEA**  
GOES FARTHEST FOR THE MONEY

**BABY'S OWN SOAP**  
For Nursery Use  
you cannot take chances on Soap. Four generations of Canadians have enjoyed the creamy, fragrant skin healing lather of Baby's Own Soap—the Standard in Canada for nursery use, on account of its known purity.  
Baby's Own is Best for Baby—Best for You.  
**ALBERT SOAPS, LIMITED, MRS., MONTREAL.**

**NEW SPRING SHOES**  
JUST RECEIVED  
Men's Tan and Blucher Boots \$4  
Men's Gun Metal Blucher Boots \$4  
Men's Gun Metal Button Boots \$4  
Men's Patent Colt Blucher \$4  
Newest, Nobbiest Style at \$4.00  
**THE Sawyer Shoe Store**

### REAL ESTATE SNAPS

FRAME HOUSE, Elm Street, large lot, ten rooms, could be made into double house . . . \$1,250  
BRICK VENEER HOUSE, Toronto and Victoria Streets, with two extra full lots, good barn and poultry house . . . \$1,700  
SOLID CEMENT BLOCK HOUSE, four large rooms, double parlors, dining room, kitchen, etc., all improvements . . . \$2,100  
FRAME HOUSE, Patrick Street, all improvements, with extra corner lot, good barn . . . \$1,500  
HOUSES for Sale and to Rent in all parts of the city.

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