

NO MATTER WHAT COFFEE YOU
 now drink, it can't cost over a cent a day extra to drink the finest coffee in the land. This is **Seal Brand** grown from selected seed under the best agricultural conditions.

CHASE & SANBORN MONTREAL

PACKED IN ONE AND TWO POUND CANS ONLY

Everybody Looks Well
 also "swell" in one of our suits, because we use only the choicest fabrics, in the latest designs, and employ only expert fitters and cutters. We give a distinguished air to the wearer of a suit or overcoat made by us. Let us have a trial order from you so that we may prove to you the truth of our claim. You will find our prices very reasonable.

Thos. Lambert
 Merchant Tailor
 157 PRINCESS STREET.

JOHNSTON'S SHOE STORE
 Is THE PLACE for RUBBERS and OVERSHOES
 OVERSHOES \$1.50, \$2.00, and \$3.00 RUBBERS from 85c. to \$1.10. See our FELT CURLING BOOTS from \$1.75 to \$3.50.

70 BROCK STREET

Quality is the best economy

LIPTON'S TEA
 GOES FARTHEST FOR THE MONEY

Dale's Cakes, Sultana Fruit Cakes--20c. Per Pound.
Sultana with Nuts--25c. per lb.
Genoa Cakes--30c. per lb.

A. J. REES,
 166 PRINCESS ST. Phone 58

AMES HOLDEN SHOES

They are always abreast of the latest and newest ideas in shape and style. They are scientifically made along lines that ensure perfect fit and comfort. They retain their shape and handsome lines because they are fitted over lasts by expert workmen. They are all leather without any kind of substitute. They are lock-stitched with silk and cannot rip.

When you set out to buy a pair of shoes in which to look your best, you should come home with

AMES HOLDEN SHOES

They merit your choice from three standpoints—appearance, wear and comfort. Your dealer will be glad to show you these shoes.

SPRING SUITINGS
 Just Arrived

Inspection Invited

CRAWFORD & WALSH
 Princess and Bagot

THE SPORT REVIEW

FRONTENACS FOR SYRACUSE.
 The Frontenacs left the city on Thursday morning for Syracuse by way of the Cape. They drove to Cape Vincent in cars and from there they took the train and will arrive in Syracuse at four o'clock, play there this evening, and return to the city on Friday.

FOR QUEEN'S RUGBY MEN.
 Queen's expect to put a very strong rugby team on the field next year. In the past there has been a great deal of trouble with the students who come back to the college very late in the fall and have to jump right into the game without the proper means of getting them in shape. This great need at the college is at last going to be overcome. Arrangements are now being made for a training system to be put into force and will be in line with the college by the time the players are back again. One of the rooms at the covered rink is going to be fitted up with beds, and the players will sleep and eat there for some little time until they get into shape. They will also do a great deal of training in other ways.

EDWARDS' TROPHY MATCHES.
 The winners of the Edwards hockey trophy will be declared this week. Sydenham, the winners of the northern group, play Wolfe Island, the leaders of the southern townships, in Sydenham, Thursday afternoon. "Senator" Powell will referee. The second game will be pulled off, Saturday afternoon, at Wolfe Island or on the Palace rink. The result of these games is being looked forward to with a great deal of interest in the city and county, and a large number of fans will be present to enthuse and cheer on their teams.

Being to discuss in the Edwards county trophy constitution, the challenge of the Rockwoods to the winners of the cup will not have to be accepted by that team. Clause 9 says: "No player shall be eligible to compete for the Edwards trophy if he has competed in a match of any other county or association in the same year, or if he is a resident of Kingston or Portsmouth."

Again, the Edwards cup, in the first year, is not a challenge trophy, but in the second year (next season) may become so. Clause 25 reads: "In the second year an appeal in the county may, if they wish, ask permission to challenge, and the trustees may or may not grant the same, and shall not do so unless their record justifies them in asking that favor."

NOTES ON SPORTS.
 Winnipeg will not be represented in organized baseball this year unless the organization of a team in Wisconsin and Minnesota leagues in the northern states.

Ottawa Citizen: A victory for the Eatons in next week's matches for the Allan cup would be agreeable to eastern clubs. In this event, the sportsworld probably will not deter their challenge until next fall and play the O.H.A. champions at Toronto.

Toronto News: Down at the Royal Military College in Kingston, evidently the length is the prime requisite for admission to a member of the hockey club. It doesn't matter about the width. Bulk and weight are not considered at all. The manager picks 'em out when they are young, and the longer and leaner the better. At least that is the impression that a few of the cadets, who are the cadets in action at the Excelsior rink in the first game of the finals for the intermediate intercollegiate championship with McMaster would give one. The soldier boys were all told endavourous-looking chaps with attenuated spindle-shaped figures. The cadets were stretched from here to there and back again. But how they could skate and shoot and check.

LOCAL VICTORIAN NURSING.
 Report of the Nurse for the Month of February.

The regular monthly meeting of the Victorian Order of Nurses committee was held on Wednesday, in St. George's hall, a large number being present. The nurse's report for February showed a total of 119 visits made by the nurse. The cases included, Anglican, 2; Roman Catholic, 2; Methodist, 2; Presbyterian, 2; Free Methodist, 1; Congregationalist, 1; Salvationist, 1. Donations of clothing were received from Mrs. Fowler, Mrs. Rees, Mrs. Waldron and Miss Greer, and 85 from a friend.

A deputation from the Poor Relief Association conferred with the Victorian Order committee for the purpose of separating the time of the annual collections, in order that the public might not be called on to assist these two most deserving charities at the same time. The Victorian Order has given their annual collection for the relief of appeal to the people early in September.

QUEBEC GET STANLEY CUP.
 In the N.H.A. league game, Wednesday evening, in Montreal, Wanderers defeated Ottawa, which gives Quebec the Stanley cup.

McGill to Challenge.
 McGill, intercollegiate hockey champions, will challenge for the Allan cup if Eatons beat Winnipeg Victorias and bring it back to Toronto.

S.S.A.A.A. Executive.
 A meeting of the executive of the S.S.A.A.A. has been called for Saturday evening to wind up the business with regard to the basketball and hockey leagues. A banquet will follow.

HOW'S THIS?
 We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

F. J. CHENEY & CO., Toledo, O.

We the undersigned have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by him.

WALDING, KINNAN & MARVIN,
 Wholesale Druggists, Toledo, O.

Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price 25 cents per bottle. Sold by all Druggists.

Take Hall's Family Pills for constipation.

White Swan Yeast Cakes.
 If you want your family to eat more bread, bake it with White Swan Yeast Cakes. Try a 5c. package containing six cakes—at all grocers—or write to-day for sample. White Swan Spices & Cereals, Limited, Toronto, Ont.

Keep Your Eyes on Our Windows
 Every Day, and the Wonderful **SHOE BARGAINS**
 You Can Procure

NEW BARGAINS DAILY

ABERNETHY'S

Confectionery
 of the choicest sort. Every delicious variety, all the old-time favorites, everything delightfully pure and good.

A BOX OF CANDY
 will make a pleasing gift to man, woman or child.

Sakell's
 NEXT TO OPERA HOUSE.
 Phone 640.

ANNOUNCEMENT:

The Plumbing, Tinsmithing, and Heating Business, conducted by W. C. Bennett at 191 Princess St. during the past year, has developed so rapidly that it has been found necessary to extend operations and take in a partner. Hereafter the business will be conducted under the name of

BENNETT & HALLIGAN
 Prompt attention will be given to jobbing, and estimates cheerfully made.
 Agents for Souvenir Stoves and Minerva Paints.
 191 PRINCESS ST. Phone 1033.

ST. GEORGE'S MEN MEET
 AND DISCUSS QUESTION OF SYSTEMATIC GIVING.

Towards the Mission Cause—Various Meetings Held in the Anglican Churches on Wednesday.

The mission study institute, which has been conducted in St. George's parish this week, closed Wednesday evening. The twenty-minute noon-hour service was held in the cathedral, Wednesday, at which Canon Gould, general secretary of the M.S.C.C., gave a brief address. The canon also conducted the mission study class, in the hall, in the afternoon, which was followed at 4.15 o'clock, by the children's lantern talk, which was again very largely attended. R. W. Allin, assistant secretary of the M.S.C.C., gave another of his interesting and instructive talks to the children, his topic being "China."

In the evening, before the men's conference, Mr. Allin finished his class of mission study on "Canada," all of which has been very enlightening, setting forth the conditions of our country. There was a very encouraging attendance at the men's conference, laymen from all the Anglican churches of the city and Portsmouth being present. D. M. Rose, secretary of the Anglican branch of the Laymen's Missionary Movement in Canada, led and dealt more especially with parochial givings to missions, saying that while the different parishes were doing a great deal better in this line than formerly, there was great room for an advance. The laymen went away more determined than ever to advocate and practise systematic giving to missions in their parish. Canon Gould spoke briefly at the close.

Canon Gould will give an address on the mission problem in St. James' hall, Thursday evening, and R. W. Allin will also give an illustrated talk on the work that the M.S.C.C. is trying to accomplish in the Canadian field.

In the Portsmouth Anglican church hall the same evening, Rev. R. A. Vale, missionary from Hay River, will speak illustratively on his work in the far north.

Household Economy
 How to Have the Best Cough Syrup and Save \$2, by Making it at Home.

Cough medicines, as a rule, contain a large quantity of plain syrup. If you take two cups of granulated sugar, add one cup of warm water and stir about 2 minutes, you have as good syrup as money could buy.

If you will then put 2 1/2 ounces of Pinex (25 cents worth) in a 16-ounce bottle, and fill it up with the Sugar Syrup, you will have as much good cough syrup as you could buy ready made for \$2.50. It keeps perfectly. Any household can easily prepare it in five minutes.

And you will find it the best cough syrup you ever used—even in whooping cough. You can feel it take hold—usually stops the most severe cough in 24 hours. It is just laxative enough, has a good tonic effect, and taste is pleasant. Take a teaspoonful every one, two or three hours.

It is a splendid remedy, too, for whooping cough, croup, hoarseness, asthma, chest pains, etc.

Pinex is the most valuable concentrated compound of Norway white pine extract, rich in gualac and all the healing pine elements. No other preparation will work in this formula.

This recipe for making cough remedy with Pinex and Sugar Syrup is now used and prized in thousands of homes in the United States and Canada. The plan has often been imitated, but never successfully.

A guarantee of absolute satisfaction or money promptly refunded goes with this recipe. If the genuine Pinex is used. Your druggist has Pinex, or will get it for you, if you ask him. If not, send to The Pinex Co., Toronto, Ont.

Bread Sleigh Overturned.
 The driver of William Burn's bread delivery sleigh, had an experience on Wednesday morning that he will not forget. He was coming down Princess street, and when he got in front of Lieut.-Col. H. R. Duff's house, the sleigh went into a pitch hole and toppled over, throwing out the driver.

The sleigh was soon righted by a few men who were passing, without any serious damage being done.

To Begin Campaign.
 Branch No. 9, of the C.M.R.A., held their regular meeting on Wednesday night. Plans were discussed for a big campaign for new members. Grand Organist McAuliffe was present, and the work will begin at once. Campaign committees were struck.

Dr. Marcelus Finch, was in the city, Wednesday, with an operative patient for the general hospital.

Our Big Furniture Sale
 Now On

Kitchen Cabinets saves steps in the kitchen.

A person preparing an ordinary meal will cover four miles.

Why not save all that energy and buy a Casuch Cabinet, the improved dust and mouse proof, at

JAMES REID'S Phone 147

WHY HESITATE?
 An Offer That Involves no Money Risk if You Accept It.

We are so positive our remedy will completely relieve constipation, no matter how chronic it may be, that we offer to furnish it free of all cost if it fails.

Constipation is commonly caused by weakness of the nerves and muscles of the large intestine. To expect a cure you must therefore tone up and strengthen those organs and restore them to healthier activity.

We want you to try Revall Ordies like candy, and are particularly good for children. They come to act directly on the nerves and muscles of the bowels. They apparently have a neutral action on the other organs. They don't purge or cause other inconvenience. We will refund your money if they do not overcome chronic or habitual constipation and thus aid to relieve the myriads of ailments for dependent on it.

Try Revall Ordies at our risk. Three sizes, 10c., 25c., and 50c. Sold only at our store—The Revall Store—4, W. Harbord.

LAND OF GOLDEN DREAMS.
 Preparations are Completed for the Performance This Evening.

This home production will be given at the Grand, this evening, under the auspices of the Daughters of the Empire. Some of the prettiest and best known local girls are to take important parts and a large and fashionable audience is assured. The advance sale being heavy, the performance will be repeated, Friday evening and Saturday afternoon and evening.

Among the many captivating stories for children, none is so popular as the beautiful fairy tale of "The Land of Golden Dreams," by Miss Leonard. The production is magnificently staged and requires three hours.

A driving party went to the home of Mr. and Mrs. Charles Trotter, of Pittsburg, on Wednesday evening. The party sent a very enjoyable time and returned to the city about midnight.

Spring Humors

Come to most people and cause many troubles—pimples, boils and other eruptions, besides loss of appetite, tired feeling, biliousness, indigestion and headache.

The sooner you get rid of them the better, and the way to get rid of them and to build up the system is to take Hood's Sarsaparilla—the Spring Medicine par excellence.

It effects its wonderful cures, not simply because it contains sarsaparilla, but because it combines the most remedial values of more than twenty different ingredients.

There is no real substitute for **Hood's Sarsaparilla**
 Get it today. Sold by all druggists everywhere. 100 Doses 41.