

## Baker's Breakfast Cocoa

IS OF UNEQUALLED QUALITY



For delicious natural flavor, delicate aroma, absolute purity and food value, the most important requisites of a good cocoa, it is the standard.

Sold in 1/2 lb., 1 lb., 1 1/2 lb., and 1 lb. cans, net weight.

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"Highest Education at Lowest Cost."  
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Our graduates get the best positions. Within a short time over sixty successful business men of the largest railway corporations in Canada, enter any time. Call or write for information. H. P. Metcalfe, Principal, Kingston, Canada.



### COOK'S FRIEND

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Safeguards your food against all poisons. For over fifty years Cook's Friend has benefited thousands of competent cooks.

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WELLINGTON STREET, (Near Princess).  
There are other hotels, but none approach the Club for homelike surroundings. City and close to principal stores and theatres.  
Charges are moderate. Special rates by the week.  
P. M. THOMPSON, Proprietor.

## Baby's Rash Became a Mass of Humor

Parents Decided He Could Not Be Cured. "Cuticura" Soon Made His Skin Perfectly Clear.



A Toronto man, Mr. Robert Mann, of 7284 Queen St. East, says: "Our boy was born in Toronto on Oct. 15, 1908, and when three months old a slight rash appeared on his cheek. What appeared to be a water blister would form. When it broke, matter would run out, starting new blisters until his entire face, head and shoulders were a mass of sores and you could not see a particle of clear skin. We did not know what to do for him and tried almost every advertised remedy without avail. Indeed some of them only added to his suffering and one in particular, the one called in another doctor and inside of a week the infant was convulsions. The family doctor prescribed for him. This did not do any good, so we took him to a hospital. He was treated as an out-patient twice a week and he got worse, if anything. We then called in another doctor and inside of a week the boy was, to all appearances, cured and his doctor said his work was done. But the very next day it broke out as bad as ever. We decided that it could not be cured and must run its course and so we just went his arms bandaged to his side to prevent his tearing his flesh. The Cuticura Remedies were recommended. We started using them in May, 1910, and soon the cure was complete. Cuticura made his skin perfectly clear and he is entirely free from the skin disease. (Signed) Robert Mann, May 3, 1910.

In another letter, dated June 22, 1911, he adds: "My boy has never had any more trouble since using Cuticura."  
For more than a generation Cuticura Soap and Ointment have afforded the most successful treatment for skin and scalp troubles of infants, children and adults. A single set is often sufficient. Although sold by druggists and dealers throughout the world, a liberal number of each with 25c. book on the skin, will be sent free on application to Foster Drug & Chem. Corp., 65 Columbus Ave., Boston, U. S. A.

## DR. ROUSH'S RACY LETTERS

### He Writes to the Whig About His Tour in Finland and Elsewhere.

### On the Southern Coast of Finland--A Boldly Beautiful Island Studded Sea--Finnish Sailors Are Proverbial Wizards of the Sea.

Special to the Whig.  
The sail from Stockholm to the Baltic is most charming. Going aboard the Finnish boat, "Tornea," lying at anchor almost under the very windows of the royal palace, we were surrounded by the royal army, delightful islands and tree-clad slopes towards the open sea. Now we were passing through a narrow channel where the steep, rocky embankments, tide-swept and barren, arise on each side to a height of several hundred feet. Again we enter an island-dotted lagoon, land-locked and placid, disclosing many a pretty villa with surrounding gardens and lawns--the summer houses of Stockholm's well-to-do population. Numerous landing stages occur along these shores from which a winding path leads up the sloping hill or along the water's edge to the several residences served by this station. At every dock a mail box is provided where little steamers during the day leave the mail and where later each resident sorts over and selects his letters from the others. It was curious to observe each passenger as he stepped ashore at the close of the business day, mechanically turn to the mail box, lift the lid and go through the letters and ascertain what the day's delivery had brought for him. At times his face would brighten as he recognized a familiar hand and again in the absence of letters altogether a shade of disappointment would fit across his countenance as he turned into the winding path that led to his home. Often the father or son would be greeted by other members of the family at the little landing stage and this too furnished speculation and entertainment for the foreigner seeking new diversions from his comfortable seat on deck. A well-groomed man in middle life with his roll of papers and documents is met by a stylish dressed woman of half his age. The meeting is unmistakably a cordial one and the happiness expressed even in their backs as they turn and proceed arm in arm up the shady path and disappear over the hill as plainly evidenced. "Wife or daughter?" is the question to be answered, but before we have fully decided another turn discloses a vista of open sea and we realize that we have left the bay and have reached the Baltic. At times this course across the Baltic, for we are on our way to Finland, becomes exceedingly rough and for a few hours those subject to mal-de-mer have a most unhappy experience, but to-night--for the twilight has begun to deepen, into darkness--the waters lay like molten lead with scarcely a ripple to disturb them.

### Wizards of the Sea.

But Finnish sailors are proverbial wizards of the sea. This reputation has militated, strange as it may seem, to his material disadvantage for the Finnish sailor is regarded by sailors of other nationalities as too spooky and uncanny to become a desirable member of their crews. Instances are on record where the whole crew mutinied rather than go to sea with a Finn among them. Superstition plays a prominent part in the life of every sailor and Jack Tar is fully convinced of the supernatural powers possessed by every sailor. "Kiam," "No Sah," says the old colored cook in "Two Years Before the Mast," "I've seen too much o' dem men to want to see 'em board a ship. If dey can't have der own way dey'll play de devil wid you."

Practically all of Finland lies in the angle formed by the Gulf of Bothnia, striking off from the Baltic sea to the north and the Gulf of Finland arising from the same source and bearing almost directly to the east. It will, therefore, be seen that nearly all of Finland lies beyond the sixtieth degree, north latitude--region corresponding to the latitude of Hudson Bay in North America and the province of Kamchatka in Northern Asia. And yet notwithstanding this almost Arctic location--indeed much of Finland actually lies within the Arctic circle--the port of Hango, at which we called about noon, is open to navigation throughout the entire year. The Gulf stream is given as the cause of this condition though it seems to be the cold-sea formed by the Baltic sea and its divided head the Gulfs of Bothnia and Finland would not afford a deviation in temperature as compared to that of other places in the same latitude.

### A Culinary Surprise.

Of all a Scandinavian culinary surprises the greatest of all of them was vouchsafed to me aboard the Finnish boat, the Tornea. Having gone aboard after supper, the next morning's breakfast was naturally our first meal on the ship. Now each nation preserves certain customs and peculiarities in reference to dining aboard their ships, characteristic of their traditions alone, and while I have dined on ships of many nations the culinary ar-

### STOMACH MISERY ENDED.

### Indigestion, Gas, Heartburn and Sourness go in Five Minutes.

Why not get some now--this moment, and forever rid yourself of stomach trouble and indigestion? A dieted stomach gets the blues and grumbles. Give it a good eat, then take Pape's Diapepsin to start the digestive juices working. There will be no dyspepsia or belching of gas or eruptions of undigested food; no feeling like a lump of lead in the stomach or heartburn, sick headache and dizziness, and your food will not ferment and poison your breath with nauseous odors.

Pape's Diapepsin costs only 50 cents for a large and drug store here, and will relieve the most obstinate case of indigestion and upset stomach in five minutes.

There is nothing else better to take gas from stomach and cleanse the stomach and intestines, and, besides, one single dose will digest and prepare for assimilation into the blood all your food the same as a sound, healthy stomach would do it.

When Diapepsin works, your stomach rests--gets itself in order, cleans up--and then you feel like eating when you come to table, and what you eat will do you good.

Absolute relief from all stomach misery is waiting for you as soon as you decide to take a little Diapepsin. Tell your druggist that you want Pape's Diapepsin, because you want to become thoroughly cured. Feel out of order and uncomfortable now, you can surely get relief in five minutes.

### An Island Studded Sea.

With the coming of the dawn, however, the fog lifted and we entered the Finnish archipelago, a stretch of island-studded sea as boldly beautiful as the most fastidious marine artist could desire. I was perfectly amazed at the number and variety of these Finnish islands, varying in size from a wave polished rock scarcely protruding above the surface of the water to areas of several acres on which fir and pines grew in considerable numbers. But these islands for the most part are unfit for habitation.

Generally consisting only of irregular rock surfaces they offer no means of support to mankind and aside from their esthetic interest are of no value to the Finnish people. The granite of these islands, however, as well as that of a superior quality and it was an island further out of the Gulf of Finland that furnished the material for the sarcophagus of Napoleon in Paris.

These islands are so numerous that they give to the traveler the impression of a series of land-locked bays. One approaches what is apparently the shore of Finland only to find that beyond are a number of additional channels each forming another series of islands. Navigating these waters is a particular task and while the channel is marked by numerous daylight signs and directions on the sombre rock, upright posts and primitive towers, it requires careful attention to the tiller to come through unscathed, and at night in the absence of lighthouses the island passage is seldom attempted. A curious condition that must also be taken into condition by the sailor in these waters is the fact that the north coast of the Gulf of Finland is steadily rising. This "land wave" is constantly lessening the depth of old channels, bringing new rocks to the surface and even converting islands into peninsulas by forming necks reaching to the mainland.

### DRINK CURE A MIRACLE.

No, Just Sound Science.  
Many drunkards are sent to jail when what they need is medicine. Drink has undermined their constitutions, inflamed their stomach and nerves, until the craving must be satisfied, if it is not removed by a scientific preparation like Samaria. Samaria Prescription stops the craving, restores the shaking nerves, builds up the health and appetite and renders drink distasteful, even nauseous. It is odorless and tasteless, and dissolves instantly in tea, coffee or food. It can be given with or without the patient's knowledge.

Read what it did for Mrs. G., of Vancouver.  
"I was so anxious to get my husband cured that I went up to Harrison Drug Store, and got your remedy there. I had no trouble giving it without his knowledge. I greatly thank you for all the peace and happiness that it brought already into my home. The coat was nothing according to what he would spend in drinking. The cure of drink was putting me into my grave, but now I feel so happy, and everything seems so different and bright. May the Lord be with you and help you in curing the evil. I don't want my name published."

Now, if you know of any unfortunate needing Samaria Treatment tell him or his family or friends about it. If you have any friend or relative who is forming the drink habit help him to release himself from its clutches.

Write to-day.  
A Free Trial Package of Samaria Prescription, with booklet, giving full particulars, testimonials, price, etc., will be sent absolutely free and post paid, in plain sealed package, to anyone asking for it, and mentioning this paper. Correspondence strictly confidential. Write to-day.

THE SAMARIA REMEDY CO., Dept. 7, 49 Colborne Street, Toronto, Can., also for sale at Jas. B. McCleod's drug store, Kingston.

## DOINGS IN STAGELAND

### NOTES ABOUT PLAYS, PLAYERS, AND PLAYHOUSES.

### Anecdotes About Great Players--Many Stories of Dickens Have Been Dramatized.

A woman's scream rang out from the balcony of a Cincinnati theatre during one of the performances of "Alias Jimmy Valentine," and when several ushers went to her assistance it was discovered she had gone into hysterics because the child had been locked in the safe. The woman was removed to the hospital.

A scenes shifter fell twenty feet during the production of a grand opera in St. Paul, carrying with him a set of calcium lights that for the moment threatened to set fire to the stage setting. Minnie Stevens was upon the stage at the time singing a solo. The audience became panic-stricken, but the prima donna continued her song and restored confidence.

Alexander Pope, the famous artist, has just finished and placed on exhibition a wonderful portrait of Mrs. B. P. Cheney, who was professionally known as Julia Arthur, the former Canadian star. Hundreds have gone to Mr. Pope's studio at 120 Tremont street, Boston, to view the picture.

The Boston grand opera season has resulted in quite a heavy loss to its promoters, especially Eben Jordan, of the firm of Jordan, Marsh & Co., who has announced his willingness to donate the opera house rent free, if a fund of \$50,000 is subscribed for to maintain the season next year.

Margaret Anglin is to make a tour through the south-west and north-west, which will keep her busy up to next May. In the fall she will come back to New York in a new play by Mr. Sheldon called "Egypt," which will entail a big production.

Several attempts were made to interview R. B. Mantell in Los Angeles regarding his recent marriage, but outside of the remark that a man marries as often as he feels he has a right to, Mr. Mantell maintained a discreet silence.

Blanche Walsh is offering "The Thunder Gods," with the assistance of John E. Ince and William M. Travers, at the Orpheum theatre in Omaha.

An extra matinee of "Pinafore" had to be given at the Hyperion theatre, New Haven, last week, owing to the extraordinary business.

Julian Eltinge is to play a return engagement in Philadelphia, commencing Easter Monday. He will be located at the Forrest theatre.

### Dickens' Dramatizations.

The centenary of Charles Dickens, celebrated last month is of particular interest to playgoers by reason of the many plays that have been seen on the stage that owe their existence to the wonderful brain of the greatest literary prose artist England produced in the last century. A list of Charles Dickens' novels dramatized, the date of their first production, and the theatre where produced, is here given:

"Barnaby Rudge," English Opera House, London, January 28th, 1841.  
"Nicholas Nickleby," Adelphi theatre, London, 1838.  
"Pickwick Papers," Lyceum theatre, London, October 23rd, 1871.  
"Martin Chuzzlewit," Lyceum theatre, London, 1844.

"A Tale of Two Cities," Lyceum theatre, London, January 30th, 1860.  
"David Copperfield," Strand theatre, London, October, 1850.  
"Dombey and Son," produced first in America, by John Brougham, 1850.  
"Hard Times," under the title of "Under the Earth," Astley's theatre, London, April 22nd, 1867.  
"Christmas Carol," Adelphi theatre, London, February 5th, 1844.  
"The Mystery of Edwin Drood," Surry theatre, London, November 4th, 1871.

"Oliver Twist," Adelphi theatre, London, March, 1839.  
"The Old Curiosity Shop," Adelphi theatre, London, November 9th, 1840.  
"Bleak House," Prince of Wales' theatre, Liverpool, November 8th, 1875.

Two of Dickens' novels, which have never been dramatized are "Our Mutual Friend," and "Little Dorrett." One hundred and fifty-four plays, all of which were adapted from, or suggested by Charles Dickens' novels, have also been given to the stage.

### Anecdotes of Great Actors.

When John McCullough was acting in London he hurried out of his theatre one night to see Irving's "death scene," as Othello, McCullough said nothing until the curtain fell at the end of the play, then he rose slowly in his seat: "Good God!" he exclaimed, "if they can stand that they can stand me. I'm going to play Othello." And he did the next week, to houses that applauded him to the echo.

An amusing story is told of Edmund Kean, who, one night, played Othello with more than usual intensity. An admirer, who met him on the street next day, was loud in his congratulations. "I really thought you would choke Iago," Mr. Kean, you seemed so tremendous in earnest. "In earnest," said the tragedian, "I should think so. Hang the fellow! He was trying to keep me out of the focus."

William Warren, the famous comedian, was renowned for his keenness of wit. He characterized Joseph Jefferson's version of "The Bivouac," as "Sheridan Twenty Miles Away."

George W. Wilson was rehearsing with Edwin Booth at the Boston museum. Wilson, in one scene, asked the star where he should stand. "Where do you usually stand?" asked Booth. "Mr. Barrett had me over there," answered Wilson. "Yes," mused Barrett, "I usually have him there"--indicating the other side of the stage. "Suit yourself--I'll find you wherever you are," said Booth.

## QUEEN OF ACTRESSES PRAISES PE-RU-NA.



MISS JULIA MARLOWE.

"I Am Glad To Write My Endorsement Of The Great Remedy Pe-ru-na. I Do So Most Heartily."  
Julia Marlowe.

ANY remedy that benefits digestion strengthens the nerves. The nerve centers require nutrition. If the digestion is impaired, the nerve centers become anemic, and indigestion is the result.

Peruna is not a nerve nor a stimulant. It benefits the nerves by benefiting digestion.

Peruna frees the stomach of catarrhal congestions and normal digestion is the result.

In other words, Peruna goes to the bottom of the whole difficulty, when the disagreeable symptoms disappear. Mrs. J. C. Jamison, 61 Marchant street, Watonville, Cal., writes:

"I was troubled with my stomach for six years. I tried many kinds of medicine, also was treated by three doctors. They said that I had nervous dyspepsia. I was put on a liquid diet for three months.

"I improved under the treatment, but as soon as I stopped taking the medicine, I got bad again.

"I took the medicine for two years, then I got sick again and gave up all hopes of getting cured.

"I saw a testimonial of a man whose case was similar to mine being cured by Peruna, so I thought I would give it a trial.

"I procured a bottle at once and commenced taking it. I have taken several bottles and am entirely cured.

"I have gained in strength and feel like a different person. I believe Peruna is all that is claimed for it."

Nervines, such as coal tar preparations, are doing a great deal of harm. Sleep medicines and headache powders are all alike--heart depressants, and should not be used. The nerves would be all right, if the digestion were good. Peruna corrects the digestion.

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