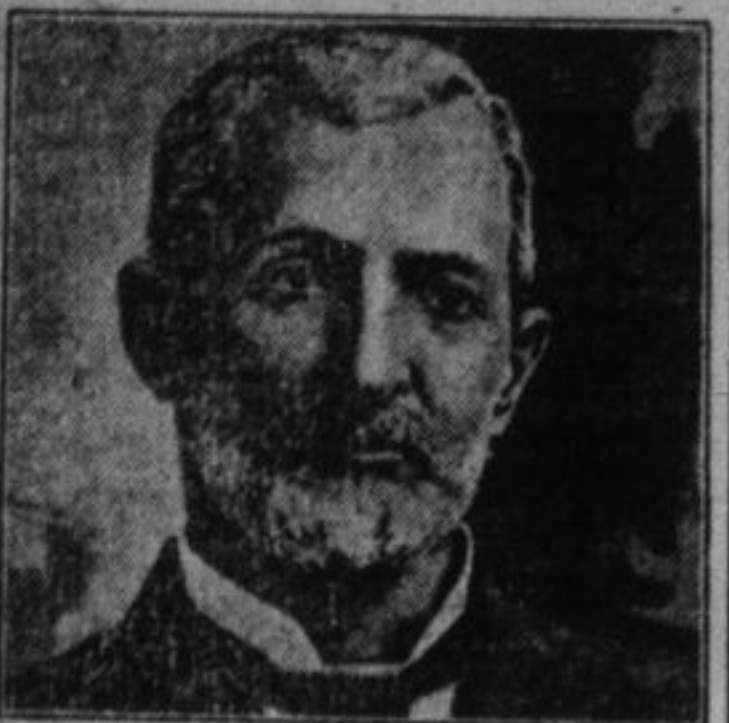


# TRIED EVERYTHING WITHOUT RELIEF

Until I took "Fruit-a-lives"

SARZIA, ONT., Feb. 5th, 1910.  
 "I have been a sufferer for the past 25 years with Constipation, Indigestion and Catarrh of the Stomach. I tried many remedies and many doctors but derived no benefit whatever. Finally, I read an advertisement of 'Fruit-a-lives'. I decided to give 'Fruit-a-lives' a trial and found they did exactly what was claimed for them. I have now taken 'Fruit-a-lives' for some months and find that they are the only remedy that does me good. I have recommended 'Fruit-a-lives' to a great many of my friends and I cannot praise these fruit tablets too highly."  
**PAUL J. JONES**



"Fruit-a-lives" is the only natural cure for Constipation and Stomach Trouble, because it is the only medicine in the world that is made of fruit juices and valuable tonics. Hundreds of people have been cured, as if by a miracle, by taking "Fruit-a-lives", the famous fruit medicine.  
 50c. a box, 6 for \$2.50, trial size, 25c. At dealers, or sent on receipt of price by Fruit-a-lives Limited, Ottawa.

## British American Ladies' Tailoring

DEAR MADAM—We would like to have you call and get our prices before the spring rush is on. Workmanship and styles guaranteed.

**I. COHEN**

267 PRINCESS STREET, Phone 811.

## With The Kingston Boy Scouts.

At the second Kingston troops' usual meeting Wednesday evening there was a very good turnout. There were about fifty-five members present. Cannon gave the boys some drill and marching. They are coming on very well; recruits are coming in fast. To the boy over twelve: "Why not become a scout?" It is healthful. It is instructive. It is interesting.

### By The Scout's Watchman.

Would it not be a good plan for Kingston's scoutmasters to take the tip from the Globe and cross off the roll the names of any scouts who have been absent a month? Boy scouting is not simply going down to a meeting occasionally, knocking around and going home. Neither is it going out on a Saturday, building a fire, cooking a meal, and coming home.

Carry out each and every day that which you resolved to do when initiating a tender-foot. Scouts in other places are distinguishing themselves.

### Why Not Kingston?

Why do not the scouts always carry their staves. Some scouts put on their uniforms as though they were a suit of overalls. Clean boots include the heels and backs of your boots.

The Foxes and Beavers should get their shoulder knots.

Remember scouts! We are associated with one of the greatest movements of modern times, and every scout throughout the world should put his shoulder to the wheel and endeavor to uphold the dignity and standard of the organization to which he is attached.

### Foxes vs. Owls.

The Owls easily defeated the Foxes in a game of hockey by the score, of

**Catarrh Cannot be Cured** with LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a bloating or constitutional disease, and in order to cure it you must take internal remedies. Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces. Hall's Catarrh Cure is not a quack medicine. It was prescribed by one of the best physicians in this country for years and is a regular prescription. It is composed of the best tonic known, combined with the best blood purifiers, acting directly on the mucous surfaces. The perfect combination of ingredients of what produces such wonderful results in curing Catarrh. Send for testimonials free.

F. J. CHENEY & CO., Props., Toledo, O.  
 Sold by Druggists, price 75c.  
 Take Hall's Family Pills for constipation.



A SCENE FROM "ALIAS JIMMY VALENTINE," AT THE GRAND THEATRE.

12-5. The Foxes were minus their regular goal-keeper. This was likely the cause of the large score. The Owls are at the head of the Third Troop's Patrol Hockey League, at present.

On Tuesday evening, at the regular meeting of the Third Troop (Sydenham street church), there was a good attendance. The scouts were given a written examination on questions from "The Scout." Then Scout Armstrong gave a talk on the Kingston fire department. Leader Jordan on the Turko-Italian war; Scout Frost on a "Trip To The Country." These talks were much enjoyed. Owing to the absence of the scoutmaster the meeting broke up earlier than usual.

## Kingston Scout at Windsor.

By R. S. R.  
 On July 4th, 1911, the king's rally, in which over forty thousand scouts took part, was held at Windsor, England. Among the many thousands encamped in the great park were the Canadian contingent, a Maltese patrol, a patrol and scoutmaster from Gibraltar, an Australian patrol, and even a patrol of German scouts. Canada was well represented, by her fifty young stalwarts—the pick of the dominion.

When I received my orders to join the Canadians at Barnes, I was at Oxford, and had to rush. On the way down, I saw scouts at nearly every station, all hastening to see the newly-crowned king. Changing at Reading (one always changes in England), I met a brother scout dragging his kit bag towards the "cloak" room. He was one of the English scouts, who visited Canada the year before last. At another station, an old man with two medals entered the train. Soon I found out that he was a sailor—a Crimean veteran.

Arriving at Barnes, a little before noon, I walked the mile to the camp, getting there just in time for dinner. After dinner, when everyone was basking in the sun, the bugle sounded the "Fall In." (To be continued next week.)

## The Nervous Invalid

Far Greater Sufferer Than Man With Broken Leg. Both Mind and Body Are Restored by the Use of

## Dr. Chase's Nerve Food

There is no suffering so keen as that which arises from diseases of the brain and nerves. Physical pain is intermittent and can be relieved, but when the nerve cells become feeble and wasted mind as well as body is affected, and all is blackness and discouragement to the sufferer.

The brain is starved for lack of rich blood, and there are headaches, and neuralgic pains, sleeplessness, and irritability, indigestion and loss of energy and vigor are among the symptoms.

The man with a broken leg has the sympathy of all who know him, but the man who is broken in mind, as well as body by nervous exhaustion is told that he only thinks he is sick.

Since the cause is in the condition of the nervous system, it can be removed by the use of Dr. Chase's Nerve Food, which goes directly to the formation of rich blood and the restoration of the feeble, wasted nerve cells.

Rest, seek cheerful companions, live in the sunshine and by using Dr. Chase's Nerve Food fill the nervous system with new vigor and energy. A few weeks of this treatment will do wonders for any sufferer from an exhausted condition of the nerves.

Dr. Chase's Nerve Food, 50c. a box, 6 for \$2.50, at all dealers, or Edmansoh, Bates & Co., Limited, Toronto.

Lots in Bow Island, Transcona and Nokomis for sale. Full information will be furnished and orders taken by J. O. HUTTON, 19 Market Street, Kingston, Ontario.

**ASTHMA CATARRH**  
 WHOOPING COUGH  
 BRONCHITIS COUGHS  
 CROUP COLDS

**Vapo-Cresolene**

ESTABLISHED 1879  
 A simple, safe and effective treatment for bronchial troubles, without dosing the stomach with drugs. Used with success for thirty years. The air rendered strongly antiseptic, inhaled with every breath, makes breathing easy, soothes the sore throat, and stops the cough, assuring peaceful nights. Cresolene is invaluable to mothers with young children and a boon to sufferers from Asthma.

Read our postal descriptive booklet. 310

ALL DRUGGISTS  
 Try Cresolene Antiseptic Throat Tablets for the irritated throat. They are simple, effective and antiseptic. Of your druggist or from us, 10c. in stamps.

**VAPOR-CRESOLENE CO.**  
 Leaming-Miles Bldg. MONTREAL

**COAL**

Your orders will be filled satisfactorily if you deal there at

**P. WALSH'S,**  
 55-57 Barrack Street.

**Thomas Copley**  
 PHONE 987.

Drop a card to 19 Pine Street w.e., wanting anything done in the Carpenter line. Estimates given on all kinds of repairs and new work also Hardwood Floors of all kinds. All orders will receive prompt attention shop 49 Queen Street.

**COAL!**

The kind you are looking for is the kind we sell.

**SCRANTON COAL**

is good Coal and we guarantee prompt delivery.

**BOOTH & CO.**  
 FOOT WEST STREET.

**GIFTS**

Large stock of Fancy Boxes of Chocolates. Big variety of best makers' goods kept in our store.

**Geo. Masoud's**  
 Ice Cream Parlor,  
 264 PRINCESS STREET.

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## MARDI GRAS CARNIVAL

Quebec City, P.Q.  
 FEBRUARY 16th to 20th  
 Round Trip Tickets Will Be Issued At **\$10.00**

Good going Feb. 15th to 18th. Return limit Feb. 22nd.

For full particulars apply to J. P. HANLEY, Agent, Corner Johnson and Ontario Sts.

## KINGSTON & PEMBROKE RAILWAY

IN CONNECTION WITH Canadian Pacific Railway

**Mardi-Gras, Quebec**  
 FEBRUARY 16th to 20th

**\$10.00**

Good going Feb. 15th to 20th. Return limit, Feb. 22.

Full particulars at K. and P. and C.P.R. Ticket Office, Ontario Street.

**F. CONWAY,**  
 Gen. Pass. Agent  
 Phone 50.

## BAY OF QUINTE RAILWAY.

Train leaves Union Station, Ontario Street, 4 p.m. daily (Sunday excepted) for Tweed, Sydenham, Napoleon, Deseronto, Bancroft and all points north. To secure quick despatch to Bancroft, Maynoth, and points on Central Ontario Route your shipment via Bay of Quinte Railway. For further particulars, apply to H. Ward, Frt. Agent; J. H. Welch, Pass. Agent. Phone No. 3.

## GoToBERMUDA

Fast Twin Screw S.S. "Bermudian," 1928 tons displacement, sails from New York, 11 a.m. every Wednesday. Suites de luxe, with private bath, orchestra. Big keenly electric fans; wireless telegraphy. No storage.

Fastest, newest and only steamer landing passengers at the dock in Hamilton.

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ALL KINDS OF LUMBER AT LOW PRICES. ASBESTIC PLASTER FOR SALE. ALSO COAL AND ALL KINDS OF WOOD.

**S. Bennett & Co.**  
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**CHEW KING GEORGE'S NAVY PLUG**

For Sale Everywhere

**THE ROCK CITY TOBACCO CO. LTD. QUEBEC**

**Got a Sore Throat?**

"Well, sonny, you can thank your stars you're not in for the dosings I used to get as a boy. You have an easier time of it these days."

"Just rub that Capsicum Vaseline well into your chest—it's the best thing in the world for a cold or sore throat—and swallow a teaspoonful of plain White Vaseline. In the morning you'll feel fine—soreness all gone."

**Vaseline**

Capsicum Vaseline is splendid for all pains in the chest, rheumatism, neuralgia, gouty complaints, etc. More efficient than the old mustard plaster; easier to apply, and cleaner; will not blister the skin.

Apply externally only.

These are other "Vaseline" preparations that should be in every home—each specially made for its particular uses. Ask your druggist to show you them.

All the family will be interested in the practical home hints given in our free "Vaseline" booklet. Your copy will be mailed you on receipt of your address.

Note—Refuse to accept substitutes. Insist on "Vaseline"—made only by the

1288 Chestnut Ave. Montreal **Chesebrough Mfg. Co.** New York—London (Incorporated)

**One Cube! One Cup! One Minute!**

Think how handy OXO Cubes are! Ready in a minute for hot Beef Tea. Ready in a minute for gravies, soups, stews, and aspic jellies. Ready in a minute for Invalid dishes. No messy, old-fashioned corks—no need to measure—just the right size—and always uniform in strength and goodness.

**OXO CUBES**

Cubes-10c. 10 Cubes-25c.

Ladies' High Grade

**SHOES**

AT Low Prices

We are going to offer for sale 30 Pairs Women's Dongola Kid Patent Leather Gun Mets Laced Bluchers, some in Button. All regular \$3.00 Boots.

For \$2.25

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