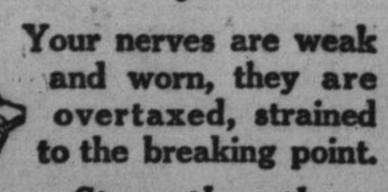
Stop! Think!

The rush and roar of deadly modern life is everywhere.

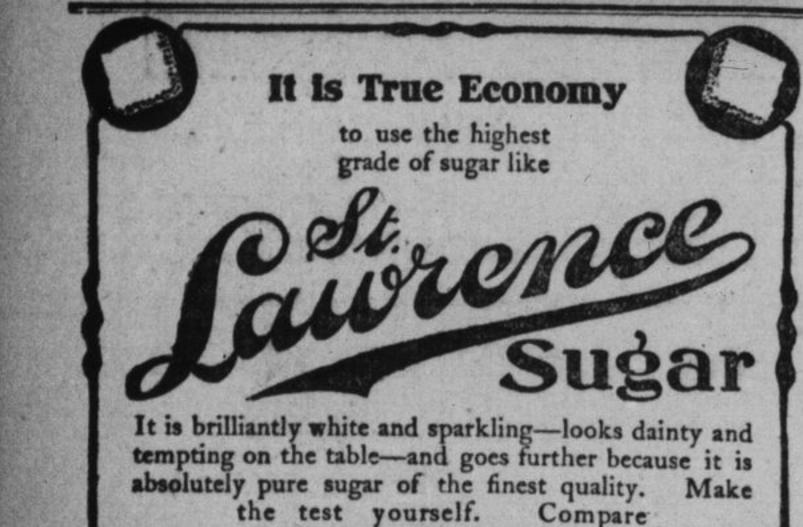


Strengthen them, build them, vitalize them with a Food-Tonic.

Scott's Emulsion

is one of the oldest, purest and best-known of FOOD - TONICS.

ALL DRUGGISTS



the test yourself. Compare "ST. LAWRENCE GRANULATED" with any other.

The St. Lawrence Sugar Refining Co. Limited



It's ready for the saucepan



The children need never go without a bowl of good hot soup this chilly weather because "mother's

busy." No matter how busy she is, she can always find time to make Edwards' Soup.

All that's nice and nourishing in "mother's home-made soup" is in Edwards' Soup; all that's a trouble for her to do is ready done.

FDWARDS DESICCATED C



Edwards' Soup is prepared from specially selected beef and fresh garden-grown vegetables. Its manufacturers are soup-makers and nothing else. By specialising for over 25 years they have been able to produce an assortment of soups of the highest merit at a price within the reach of all.

Edwards' desiccated Soup is made in three varieties-Brown, Tomato, White. The Brown variety is a thick, nourishing soup, prepared from best beef and fresh vegetables. The other two are purely vegetable soups.

W. J. PATRICK & COMPANY, REPRESENTATIVES POR THE PRO-VINCE OF ONTARIO.

VAGARIES OF WIRELESS

CANADIAN GOVERNMENT STA-TIONS SHOW CAPRICE.

Empress of Ireland's New Record For Distance Shows That Many Things Are Yet to Be Learned-Range of Western Stations Increases 300 to 500 Per Cent. After the Sun Goes Down In Winter-Some Rescues.

The announdment of a new wireless record by the C.P.R. Atlantic liner Empress of Ireland recently," when she sent a message to Montreal from a point 614 miles east of Cape Race, the southeastern corner of Newfound-land—a most unusual distance for a sea message to be transmitted-illustrates anew that there is yet much to learn about wireless te'egraphy. It cannot be trusted to do the expected thing at all times.

The Canadian Government maintains a number of wireless stations on the Pacific Coast, in the Province of British Columbia, and during the past year peculiar phenomena affecting the system were noted. It was observed that between sunset and sunrise during the fall, winter and spring months, the range of the stations, both for transmitting and receiving, was increased from 300 to 500 per cent. The phenomena were somewhat erratic. On some nights it was continuous, and constant communication could be maintained with another station within the zone, but on other an hour. when the signals would sud-

transmission of one message. The greatest distance over which communication has been established under these conditions is between Triangle Island, northwest of Vancouver Island, and Honolulu, a distance approximately 2,500 miles. The day light range of the Triangle is 40

might occur several times during the

Another peculiar feature in this connection is that while the Victoria station is in communication practically every night with Ikeda Head, 400 miles north, 250 of which are over high land, and with the stations along the west coast as far down as San Diego, Cal., 1,000 miles south of Victoria, all of which is over high land, between Pachena Point, B.C., and Victoria, B.C., 75 miles apart. No reasonable explanation for the pecul- dians.

iar action has yet been discovered. The Canadian Government wireless service, which now comprises thirtyvaluable to shipping interests. On ports containing information as to on this world: fix not your lov. temperature. constantly informed of weather conditions, and of the location of other | phrases:vessels, and their owners are enabled to keep closely in touch with them. On numerous occasions, too, the wireless service has been able to ren-

On the same day the steamer Tees, good qualities of the wife the husowned by the C.P.R., grounded in band wanders off to tell of his own established with Pachena and twenty minutes after the stranding the owners were notified and assistance was despatched from Victoria and the United States life-saving station at Tatoosh. The vessel was floated next

Cape Lazo station.

On the same day the steamer Titan-ia ran ashore on Stuart Island. She was not equipped with wireless, but sent a boat to the nearest wireless Station, which conveyed the news to Rogers was invited. Before he was ates with the Royal Geographical Victoria, and the desired assistance called upon to speak, so the story Club, the Royal Colonial Institute,

West Point which foundered at sea. which proved to be a lifeboat from the steamer West Point, of Liverpool; He continued something like this: pulled up in the davits, stimulants I notice my former chum Tom --supplied to the men and they were taken care of. Chief Officer Meckle, one of the rescued, reported that the West Point had foundered on August can have anything he wants down in Containing the remainder of the crew, in all sixteen men, on Thursday morning in about 47.8 N., 32-23 W. The captain let them know he intended keeping to the east bound ocean track. Thinking the other boat might be in the vicinity and the weather coming thick the Devonian was stopped two hours, firing distress bombs at inter-vals to attract attention. Replies by wireless were received from no fewer than eleven ocean liners, all promis-ing to keep a good look out. In the morning word was received from the Mauretania via Cape Race that she had picked up the missing boat, and that all was well.

The Canadian Government now has

under consideration a scheme for the establishment of a wireless telegraph system on the Great Lakes, which will include a shalf include a chain of stations, approxi-mately 180 miles apart, from Port Arthur to Kingston, with a station at Kingston of sufficient range to comnunicate with Montreal, thus linking

A man after her own heart can in-

want women to think they are,

EPITAPH FASHIONS.

Change With the Years.

It may surprise some to know, but it is nevertheless true, that there is a but still changing in the century or more of our Ontario history, following certain, it seems, fixed laws. Thus at one time Scripture texts abounded and Scripture names, then a period when a verse from a hymn was used. or one of doggerel rhyme composed by a friend, then the stately inscription almost in Johnsonese, then in Mennonite or Quaker graveyards simply name and age-"merely that and nothing more"-on low stones not more than a foot in height, apparentrepresenting as much pride in their own way as the stately column. Sometimes a pathetic quotation from a real poet, or, again, something original, according to individual idosyncrasies. The present fashion avoids the fulsome praise, the elaborate, carefully proportiened periods. even the Scriptural text, and generally gives name, age and birthplace. In the Niagara Peninsula may be

found all varieties, often alas in some in every early-settled county these latter how fondly is it mentioned, "a | form. native of Inverness, Scotland," "Devonshire, England"; in the case of salutation, meaning "there is only the elergyman, his long years of ser- one God and Mohammed is His Provice in what to him must have appear- phet," so the Sikhs have a greeting ed a wilderness; the military man, his which is literally interpreted, "Vic regiment, the battles which he fought. tory to God, to Whom the Khalsa Some altar tombs have long inscrip- belongs." Govind Singh gave to all to the cost, notably that to Mrs. | means Lion, and the name was well Schoolcraft, Ancaster; Thomas Dick- merited, for, in the years that interson, in the Hamilton Graveyard, vened between the passing of this Queenston; Thomas Clark, Chippawa. | teacher and the establishment of Brit-Nor are there lacking inscriptions in | ish rule in India, thousands of Sikhs other languages-French, German and | were martyred for their convictions. even the more stately Latin-and we | The organization of the Khalsa by find curious traces of death: in An- Govind Singh so strengthened the dersonville Prison; of a young Cana- Sikhs that, after his death, the Pundian's death in the Boer war, and of jab came into their hands. The king including the Cascade Range and the our Northwest rebellion in the death was then Ranjit Singh, 'the Lion of Sierra Nevada, rising to a height of of Mr. Gowanlock, a prisoner with Big the Punjab." Ranjit Singh was one 15,000 feet, no improvement has ever | Bear; of a "victim to Canadian mis- of the most remarkable of the Hindu been noticed in the communication | rule" before the rebellion of 1837; of | rulers with whose lives history makes the war of 1812, and even of the revo- us familiar. His friendship was court-

erable commercial business, is made My dere children: Think on God: And that he kept faith with the British. the British Columbia coast, for in- on yo: Observ your youth: don't lose from the Sikhs, they were intrigued stance, each station prepares for no time. Least God should take yo into war with the British troops and transmission three times a day, re. in your prime: Serve God abov: and eventually the Punjab passed under

In the same family burying-place strength and direction of wind, gen- (Butler's Graveyard) is an example of has found his way to many places eral weather conditions, shipping the high-sounding, carefully-balanced outside of his native land. He is to sighted and at what time, and ship- periods of those days. In a country be found in the Federated Malay ping spoken by wireless, together with | churchyard in Scotland I copied one | States; he is the policeman of Hong location and times. Ships equipped of a divine with whose name I was Kong. Australia, Canada and the Britwith wireless are thus enable to keep familiar, in much the same style of ish territories of East, West and South carefully proportioned descriptive Africa have become familiar with his

Here reposes Maria Caroline, the generous-hearted, high-souled, talented and deeply-lamented wife of Major der valuable assistance to ships in | Saint Ferdinand of the First Class and distress. On Jan. 27, last year, the Superintendent of Police on the Welsteamer Cottage City ran ashore on | land Canal during the Administration Cape Madge, B.C., in a blinding snow- of Lord Metcalfe. This matchless wostorm. She sent out distress signals | man died of apoplexy and to the exand her owners were communicated | ceeding grief of her faithfully attachwith by the Canadian Government | ed husband, after a few days' illness wireless station at Cape Lazo. The in St. Catharines and on the 10th day vessel was abandoned half an hour of August, 1845, at the age of 37 years. It is remarkable how in telling the

The Smooth Robert.

They are telling a story at Ottawa which may throw some light on Hon. Robert Rogers' success as a politician. Mr. Rogers was born in Argenteuill work as a decorator may be seen in On Feb. 3, the steamer Victoria ran ashore on Cape Madge. Communication was immediately established with County, Quebec, now the particular the old County Court building, Tostion was immediately established with Perley. However, Mr. Rogers left the beautified by landscape friezes by this district when he was very young, and artist. In December last Mr. Clemens' his recollections of his boyhood days Imperialistic essay on Jamaica,

A banquet was given recently to Mr. | the list of awards. Perley by his constituents, and Mr. Victoria, and the desired assistance was obtained.

Another interesting case was in the rescue of the men of the steamer boys in the neighborhood when he was all the was called upon to speak, so the story goes, he got a local politician to point out to him the old-timers who were boys in the neighborhood when he was all the was called upon to speak, so the story and other leading British educational bodies. was one himself. Then Mr. Rogers On Aug. 21, 1910, a bost was sight arose and made sentimental references ed off the port bow of the Devonian. | to the delight of revisiting old scenes and meeting the friends of his youth the ship was stopped and sixteen men | see at the head of the table my old taken out of the beat. The boat was | friend, John ----; down at the right

Off to Athabasca.

Way up at Athabasca Landing, there has been an important appointment The town in the Arctic has a new chief of police His name is Wroughton, and he

succeeds Col. Sanders, D.S.O., who is now police magistrate at Calgary. Inspector Wroughton has had a long and strenuous career in the R.N.W. M.P. He has been a rider of the plains for twenty-five years. In the tion that startled him. gold fever days of the Yukon he pa-

New Western Towns.

established 41 new towns in the three new municipalities.

quire a wife. All he had to do is pose to borrow \$5. will do the rest. Few bachelors are as gay as they Patience is a virtue-and virtue is And one touch of weather makes its own reward.

THE SIKH AT HOME.

Lines on Headstones In Canada Much Discussed People Come of Race of Warriors.

At the present time, when the question of Hindu immigration is ocfashion in epitaphs, changing not so cupying so prominent a place in the quickly indeed as in woman's dress, | consideration of Canadians, it is not amiss to remark that, outside of India, very little is known by the average reader of the character, history and religion of the Sikhs who, of all the races of India, are the most desirable, people to whom the rights and privileges of citizenship in the various British dominions may be ex-

The Sikhs are member of a religious community domiciled in the Punjab, the "Land of the Five Rivers," so famed in Indian history, and all who ly expressing humility, but perhaps have so far emigrated come from a district immediately surrounding the city of Lahore. Their position as the most enlightened race in India is largely due to the character of their religion, which in its spiritual influity, and, in its lack of ritual and obfuscating ceremony, gains by comparison with the formality of Occidental churchdom. The founder of this religion was Guru Nanak, who was born in the year 1469, near Lahore. neglected spot on the farm, which He preached a nometheistic doctrine, perhaps, has changed owners, and maintaining that there was one God now briars and weeds abound or cat- and that the true worship of thetle roam at large. Is it not time that Deity was to serve one's fellow-man. The name Sikh originated with this inscriptions, fast becoming undeci- first teacher, whose followers were pherable and the stones chipped and thus called, the term Sikh being Sanmarred by the hand of time, should scrit for disciple. Guru Nanak travbe copied? asks Janet Camochan in eled far and wide in his own country, a recent article in The Toronto Globe. as well as in lands outside of India, nights it would be intermittent and There is so much of history in them preaching his gospel of fraternity and communication might be excellent for |-the date when the Loyalists came | humanitarianism, at a time when from Pennsylvania, New York, New the East was surcharged with ritualdenly fade away and then after a Jersey, or the pioneer from distant istic faiths in which spiritual develop-short period come on again. This mother country. In the case of the ment was always subservient to mere

tions, which must have added greatly | the Sikhs the name of Singh, which

As the Moslem faithful have their

lution and of prisoners with the In- ed by the British, whose diplomacy was exerted, at all times, to avoid Here is an inscription evidently be- conflict with the Khalsa. Historians fore the schoolmaster was abroad, pe- differ in their summing up of the perculiar in punctuation and ortho- sonal qualities, but this much can be two stations, covering the Pacific and graphy:

Atlantic coasts, besides doing consid
Deborah Freel died 1816 aged 70. spected and loved by his people, and his commandments: An he will think After his death had removed restraint

During the last decade the Sikh bearded face and his picturesque

Lewis W. Clemens.

Mr. Lewis Clemens, president of the Canadian Travel Club, who has recently been honored by election as a Fellow of the Royal Colonial Institute, London, Eng., left Jan. 20; with a number of members of the Travel club, to make a study of the Island of Jamaica. This club was organized two years ago, and now has six chapters-at Toronto, Montreal, London, Ottawa, Mount Forest, and Moose Jaw. It is making rapid progress in accumulating travel lore, and the president has been very active in this

Mr. Clemens is a native Canadian, an artist, and writer, whose work has been appreciated in Canada and B.W.I., won for him first place in

The Canadian Travel Club co-oper-

Gold vs. Turkey.

A discovery of gold in the Swan River district was made through turkeys. Just before Christmas a farmer named Murphy sold some turkeys. Several flakes of gold were noticed in their crops, and when the contents were properly examined a number of nuggets ranging in weight up to three ounces were found. Murphy heard of it and staked claims along a ridge of black sand where the turkeys had run during the summer and fall. This destroys the value of the fable about the goose that laid the golden egg.
To get turkey gold you must kill
the turkey. In a few years it will not
matter, for the difference between the
value of turkey and the value of gold will not be appreciable.

Doing It Thoroughly.

Arthur Heming, a Toronto artist, National Club, Toronto, a conversa-

trolled in Dawson. During the past men who belong to that promite two years he has been located at club, he heard the word "art" mentioned. He slackened his pace entioned. He slackened his pace entioned. discovered that the two were talking about art in Europe

provinces of Manitoba, Saskatchewan said one, in answer to the other's and Alberta. This year, with the large statement about how to appreciate number of new branch lines and ex. that art. "If you want to get the best that art. "If you want to get the best up the proposed system with the the railway will establish more at it seriously. Give a whole week

It's easy for an old bachelor to ac- Strike a man for \$10 if you want And many a man lives the simple as a woman hater and some woman A liberal minded man isn't always

the whole world talk.

The Wost Delicious OF ALL TEAS IS

CEYLON TEA-BECAUSE OF ITS UNVARYING GOOD QUALITY . . .

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Bitter Oranges, 25 cents per dozen.

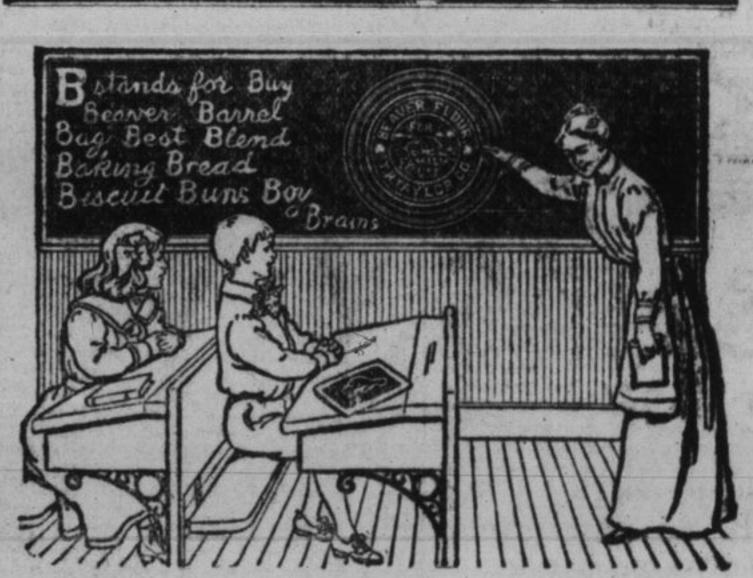
Mexican Sweet Oranges, 25 for 25 cents.

Lemons and Grape Fruit A. J. REES,

DEGAL LAGER is a pure Brew, made from Best Materials. Mild and tonic for appetite

166 PRINCESS ST.





This First Lesson in Economy

is not alone for children. Older heads take it to heart, and profit by it.
Thousands of housewives have

proved the economy of using "Beaver" Flour for all baking.

DEALERS-Write us for prices on Feed, Coarse Grain and Cereals. The T. H. TAYLOR CO., Limited, Chatham, Ont.

Wilson's Invalids' Port

/ (A la Quina du Pérou) Is the One Preparation



on this market that has received so many written endorsements from

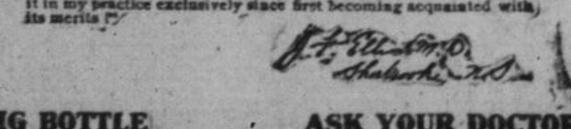
representative Canadian Physicians. In cases of nervousness, general debility and all troubles of the digestive tract, it is important that the remedy taken should be prompt, efficacious, agrecable to take and should produce no bad

after-effects. These requirements are all met with in

WILSONS INVALIDS PORT

containing extract of Cinchona Bark and pure Oporto grape wine, combined in the proportion which experience has demonstrated to produce an ideal tonic, pleasant to take and promptly efficacious."

Dr. J. F. ELLIS, Member of Nova Scotia Legislative Assembly for Guysboro County. "I beg to say that I have tound "Wilson's Invalids' Ports to be of very high quality and especially suited for invalids. I have used it in my practice exclusively since first becoming acquainted with its merits ?"



BIG BOTTLE

ASK YOUR DOCTOR