
means more than a fat baby. It means laying the foundation of a strong, sturdy constitution.

"Fat alone is not enough; there must be bone. muscle, brain and nerves.

Scott's Emulsion

is the Acme of perfection for Mother and Child. ALL DRUGGISTS

TRAVELLING.

MARDI GRAS CARNIVAL her, Ottawa; Mr. and Mrs. B. B. Bellamy, Smith's Falls; Miss Effa Jordan Quebec City, P.Q.

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BAY OF QUINTE RAILWAY. Train leaves Union Station, Ontario

DAY OR NIGHT 201 h one

Enjoyment

tonight may mean suffering tomorrow, but not if your stomach, liver, and bowels are belped to do their natural work by

What About

That you spoiled your Christmas teacher. F. Jackson and family in-"Souvenir" and have no more spoil- have both been operated on for ap-

district. 20 p.c. off all ranges during January.

The Army of Constipation

Is Growing Smaller Every Day. CARTER'S LITTLE LIVER PILLS are Pill Small Doge, Small Price, nvene mue beer Signature

WHAT WHIG CORRESPONDENTS TELL US.

Eastern Outario-What People Are Doing and What They Are Saying.

News From Westport.

up residence in l'erth.

Lombardy Locals. Lombardy, Jan. 22.2 Miss Nellie Dooher, Detroit, Mich., is spending a few weeks with her parents, Mr. and Mrs. R. Dooher. The annual meeting of Lombardy Agricultural Society was held in the village hall on Saturday. Mr. and Mrs. H. Frayne are in Maitland, having been called there by the illness of the latter's father, W. Sherman. Recent visitors : Declan Doo her, Ottawa; Mr. and Mrs. B. B. Belspending afew weeks with her sister, Mrs. Leeder, Rockwort.

Glenvale Cheese Meeting. Glenvale, Jan. 22.- A meeting of the P. W. Convery, after an absence patrons of Glenvale cheese factory was twenty years in the North-West, held Wednesday evening, January 17th, visiting his parents. James Lynn was and was well attended. Joseph Haw- taken to the general hospital last key was elected chairman. B. Gordon veek, suffering from gangrene in his Round Trip Tickets Will Be was re-elected salesman and secretary, leet. and J. Hawkey, auditor. It was de cided that the money be deposited in the Standard bank, of Kingston. Patrons agreed to pay the proprietor.

Joseph Cramer, one and one-sixteenth cents a pound for cheese, he guaranteeing . to make a first-class cheese The meeting closed with a vote of thanks to the chairman.

Echoes From Wilbur.

Corner Johnson and Ontario Sts. son, of this place, recently employed Shier house last week. G. C. Peterson has returned home. Jacob Jones and Jar's. Miss Lizzie Abbott spent Tues John Allan are hauling wood for T day at Miss Adda Preslar's Miss Richardson. Robert Richardson is re Clara Wood and brother, James, left covering slowly, after a long illness Wednesday, for Watertown, N.Y. Mr. Mrs. J. Moreau, of this place, has re and Mrs. M. H. Preslar and children turned home, after visiting her broth-er, Charles Warner, at Braeside. W. W. Kimmerely. Mr. and Joshua Webb, of this place, has returned home Lloyd have secured positions in Banfrom Smith's Falls. Mrs. S. Jackson, nockburn. On account of the many from here, visiting Mrs. R. Alcorn, at storms the attendance at school is

Winnipeg, is visiting his old home and roof, returned to Napance last Satur-friends here. Miss Lillian McDougal day. and her brother were the guesta of J. Armstrong, Sunday. Rev. O. bloyd preached an eloquent sermon, Sunday, Enterprise, Jan. 23.-Mr. and Mrs

weeks at her sister's, Mrs. T. Conboy, Olden; Misses Tena and Leta Gray, at R. Munroe's; H. Donnelly, at J. Arm-

At Jones' Falls.

That Range? Jones' Falls, Jan. 20.—School opentend moving to the west in the spring. Mrs. Bradford and Miss Mary Baxter' 2,500 giving satisfaction in this successful. Mrs. E. Churchill is ill. Hugh Glover died very suddenly on December 28th. He was a highly respected resident and his sudden death CASCARETS CURE Hardware cast a gloom over the place. Visitors:
Miss Mabel Richards, at R. Sympson's: William Hutchings, at Kepler;
Miss Mabel Darling and her brother,
Kora, of lake Opinicon, and Miss Ella
Baxter and her brother, Orman, at H. K. Stuart's, on Sunday; Miss Nellie Bray spent the past week at C. Hutch-

At Walnut Grove.

Walnut Grove, Jan. 22.-Wood hauling is the order of the day. Wesley Sharp's little son, Ford, has been very ill, but is a little better. Mrs. Sharpe is improving. Azel Buck is spending a few days in Odessu. A jolly load of your people from this vicinity drove young people from this vicinity drove to the home of Mr. and Mrs. Rory yourself and those who love you, and Rose, Friday evening. The occasion was to present Mrs. Rose with a beautiful wicker chair. An address was read by one of the young ladies on the committee. Mrs. Rose thanked her friends by a few well chosen words.

Total receipts. \$14,537.87; paid for making, \$1,337; freight to Kingston, \$41.69; pounds of milk, 1,274, 602; pounds of cheese, 118,845; a mount of milk to pound of cheese, with a severe cough and cold which in the severe cough and injure. Remember that irritate and injure. Remember that the pound of cheese, 118,845; a mount of milk to pound of cheese, 10.72; price paid patrons for seator and boy's builder we have every son, \$1.04 a hundredweight.

When I stand Cheese Factory.

Total receipts. \$14,537.87; paid for making, \$1,337; freight to Kingston, \$41.69; pounds of cheese, 118,845; a mount of milk to pound of cheese, 10.72; price paid patrons for seator and boy's builder we have every son, \$1.04 a hundredweight. which showed how much she appreci- 10-cent box from your druggist will At the home of Mr. and Mrs. James strength and vitality to all weak, ated their gift of remembrance. Joel keep you and the entire family feel- Kellar and mother, at Winslow Thomping good for months. Children love to daughter, Miss Laura, Ordon, was son's, on Monday: Harold Gumner take Cascarets, because they taste married to Dr. Millen A. Niekle, Wey momes if you are not satisfied. Ma

and Mrs. David Thompson, at Miles Fer Cultibane, of Trevelyan, after uck's, Saturday evening. thich the remains were placed ce Union vault.

Reports From Cloyne.

Cloyne, Jan. 20.-The relatives of the late Mrs. Benjamin Foot, Violet, have returned after seeing one they The Tidings From Various Points in have loved so much laid to rest in Napance vault. The remains of the late Mrs. James Hawley, Bath, were brought here for burial and laid to rest in the family plot in the presence of many relatives and friends. George Lavier, working in the lumber camps Westport, Jan. 22 .- A number from at Nairn, Centre, is home. Miss Eva Westport are attending the ice races Snider, absent for several months, in Ottawa. The wedding took place has returned home. Visitors: Mrs. in Sydenham of E. G. Ewing, one of Charles Rosenploth at Mrs. L. Sni Westport's most popular young men, der's; Mrs. William Young and Mrs. and Miss Eva Taylor, formerly of the L. Snider were visiting Rev. and public school staff. William Begley, Mrs. Irvine, of Flinton, last week who has been confined to the house the township of Barrie auditors for Mr. and Mrs. R. L. Blair have taken report everything very satisfactory and the books well kept,

. Locals From Leland. Leland, Jan. 22.-Roads are now bad condition as the high winds keeps them drifted full. There has been no service in the Holiness Movement church for two weeks, owing to the pastor, Rev. Mr. Hammond, hold ing revival services at Inverary. The ce is not safe yet to drive on. Mabel Buck has returned from Brant ord, where she visited friends. Visi ors: Mrs. James Smith and family of Lacona, N.Y., at S. Dickinson's; Mr. and Mrs. E. Johnson at J. Stewart's; Mr. and Mrs. II. Shales, of

Northbrook News. Northbrook, Jan. 22.-A number from here attended the Harlowe sugar social. Miss B. Kimmerly spent the week with her sister, Mrs. John Smith. Mr. Cade and family moved to Northbrook. He has set up his saw mill and expects a big cut of logs. William Both has been loading cars of lumber at Kaladar. Messrs Herbert Wilbur, Jan. 22.-Thomas Richard and Percy Wood were guests at the the locomotive works, Kingston, spent Friday evening at Marshall Pres Lavant. Miss Mary Thomas is visiting very irregular. Mrs. Jullia Keller is boarding at Mrs. William Atkins'. Miss covering from a slight illness.

Edna Curtis was the guest of her sis-Edna Curtis was the guest of her sis-Items From Ompale.

Ompah, Jan. 23.—George Noyce, of spending two weeks under the parental

Budget From Enterprise. at Ompah, All Saints' church. The German Wagar made a trip to Verona brifting snow has been keeping R. on Saturday Jast, Mr. and Mrs. of Full particulars at K. and P. and Eady very busy with his snowplow. M. Loucks and son, Gardner, and His efforts to keep the roads clear are Miss Florence Wagar visited at Cyrus much appreciated. John Thomas, of Wagar's on Sunday. The people Lavant, was the guest of Miss E. M. are sorry to hear of the death of S. Picard, Sunday. Mrs. Gilbert, who Gilmore, of Tamworth. W. S. Fen-has been suffering from a severe cold, wick is hauling logs from the woods is improving. Mr. Dunham, of Canan- to his mill yard here, also Less De to, visited his sister, Mrs. F. Clegett. line is nauling logs and is open for Notes From Flinton.

Street, 4 p.m daily (Sunday excepted)
for Tweed, Sydenham, Napanee, Deseronto, Bannockburn and all points nepth. To secure duick despatch to Bannockburn, Mayneoth, and points on Central Ontario Route your shipment via Bay of Quinte Railway. For further particulars, apply, R. H. Ward, Frt. Agent; J. H. Welch, Pass Agent. They have taken her to the hospital at Kingston. Mrs. Saloma Lockwood has moved to her, new home. J. L. Loucks has been painting and papering for her, her particulars, apply, R. H. Ward, Frt. Agent; J. H. Welch, Pass Agent. They have taken her to the hospital at Kingston. Mrs. Saloma Lockwood has moved to her, new home. J. L. Loucks has been painting and papering for her. Mr. and Mrs. Ernest May, of Saskat spending the past two weeks with friends here. Miss Emma Pexkwith and little niece have returned to Muskoka after an extended visit with her gess and sister, from the north-west, mother here. Rev. S. Ferguson, atcustom sawing. Mrs. George Clark is tended the annual ten-meeting held at are visiting relatives here. Earl Bell bridgewater on Thursday night of is able to be out ageta. Mr. Grant Mast week. Mrs. Howard, of Plain is relieving Mr. Morgan-Dean at the field, sister of Mrs. Irvin, is a visitor bank, as the latter has gone on his at their home here. A little girl has holidays. Miss Cary Jackson has the incident to Governor Sloan and able romance deals in the most detailcome to stay at the home of Fred- returned home from visiting her -sis-

to St. Patrick's church, where a sol- lamb, spring, 812.50 to \$13.50. emn requiem mass was sung by Rev. Father Kehoe, assisted by Rev. Fath-

Gently But Thoroughly Cleanse Your Liver, Stomach and Bowels and You Feel Great by Morning.

You're bilious, you have a throbbing sensation in your head, a bad taste in your mouth, your eyes burn, your william, Ottawa; James, Shawinigan skin is yellow, with dark rings under Falls; George, Clear Lake, and Egra, Crystal City, Man. Three sisters also spent Sunday evening at C. Bell's; Mr. good and never gripe or sicken.

FOR BURNS-ZAM-BUK.

from the stove, from a flat iron, or a the many parts of it which have to not pan, is instantly soothed by Zam- be carried out in the dead of night. Buk. When the little ones fall and In the course of the article the writer out or scratch themselves, Zam-Buk stops the pain and, incidentally, their rying. The best proof of this is the fact that children who have once had from exclusive watchers of royal pal-/am-Buk applied come for it again. For more serious burns, too, it is saccharine, but none of these unoffimericalled. John Johnston, of 734
South Marks street, Fort Wilkam, a the men employed by the Metropolimoulder in Copp's foundry, says:
"Some time ago I burned the top of the astounding netword of pipes, my foot severely by dropping some cooks, and taps through which the molten iron from a ladle I was carry-ng. A large hole was burned through the board for the life-giving fluid draw I was taken home, and Zam-Buk was has no idea of the value of water; he applied to the burn directly. It was surprising what relief this balm afforded. The burn was so deep and so serious that it required careful known to him. If we had been, as it was daily applied, soothed the pains and allayed the inflammation. In the course of two weeks the hole some mortals are, dependent at times upon very restricted quantities, we should better appreciate the all-important problem of our water supply. People on land don't know what watburned in my foot had been quite er is, a sailorman told me recently W. B. Gibson of Belleville, writes:

cure for cold sores, chapped hands frost bite, ulcers, blood poison, vari cose sores, piles, scalp sores, ring vorm, inflamed patches, babies' erupions and chapped places, and skin injuries generally. All druggists and tores se'l at 50c. box, or post fre rom Zam-Buk Co., Toronto, for price.

WOULDN'T SHAKE.

ented to the novelist was James



T. P. O'Connor at home, but Doran, "John Inglesant." superintendent of the home, reported The second volume of that remark-

of the school. A number from here with her sister, Mrs. Joseph Slack, 90c.; oats, bush., 48c. to 50c.; rye, ry Shorthouse had never been in attended the Sunday school conven of Lansdowne. Mrs. Robert Hanilton, bush., 92c. to 95c.; barley, bush., 85c. tion at Maberly. W. Armstrong, of Elgin, is visiting relatives here. Mr. to 90c.; hay, timothy, ton, 822 to 825; for assimilation evolved it all in a Wolfe Island, who has been calling on and Mrs. John Foster and son, Am- hay, No. 2, \$16 to \$17; straw, ton, quiet house at Edgbaston.—London friends here, has returned home. The brose, of Wattress, Sask., are guests \$17 to \$18; seeds, alsike, No. 1, bush., Chronicle. people are able to be around again of Mr. and Mrs. James P, Lappan. 89.50 to 810; No. 2, 88.50 to 89; red after being ill with the measles. J. Neil Morricey, of Jasper, visited relactioner, No. 1, bush., 811 to 812; No. Conroy is hauling wood to Maberly tives here last week. Miss Minnie Mur- 2, 89.75 to \$10.50; timothy, No. 1, Station. Visitors : Mr. and Mrs. T. phy and Miss Sarah Heeney, King- cwt., \$15 to \$15.50; dressed thogs, \$9 Palmer and family, at W. Palmer's; ston, spent Saturday and Sunday to 89.50; butter, good to choice, 30c. Miss Tillie Couroy is spending a few with friends here. The death occurred an the 15th of 45c.; chickens, lb., 17c. to 20c.; ducks, William P. Bolger, after a lingering lb., 18c. to 20c.; fowl, lb., 10c., to illness, which he bore with Christian 12c.; turkeys, Ib., 22c. to 25c.; geese, patience. Deceased was the eldest lb., 16c. to 17c.; apples, bbl., \$2.50 to son of Mr. and Mrs. John Bolger and \$4.50; potatoes, bag, \$1.50 to \$1.60; must not drink it when he said: You was twenty-five years of age. Bestdes cabbage, doz., 50c.; beef, hindquarters, red it the wrong way, and it would be his father and mother, one brother \$11.50 to \$13.50; forequarters, \$8 to unlucky. Get another cup. What and two sisters are left. The funeral, \$9; choice, carcase, \$10.25 to \$11; me struck me as strange in this was not which was held on Wednesday morn-dium, carcase, \$8.50 to \$9; veal, prime, his being superstitious—every one who ing, proceeded from his home here \$11 to \$13; mutton, prime, \$8 to \$10; knew him at all knew that—but his

Death of Luke Kerr. Luke Kerr, aged about fifty years, a butcher at Singleton's Corners, near Crosby, died, Monday morning. The late Mr. Kerr had not enjoyed good health since October last. He was wice married. His first wife was Miss Sarah Cameron, Newboro, who predeceased him a number of years ago. His second wife was Miss Daisy Dwyer, Redwood, N.Y., who survives. Four sons are living. Hammond, Edward, George and Clifford. The following rothers also survive : John, Newboro; William, Ottawa; James, Shawinigan Crystal City, Man. Three sisters also

Welfe Island Cheese Factory.

LOOKING FOR LEAKS.

The Work of Waste Water Detectives In the City of London.

An interesting article tells the Stops Pain at Once and Heals the story of the constant work of detect-Wounds.

This is the verdict of all who have tried Zam-Buk. The woman in the home knows best its value. A burn ly ingenious in their illustration of the stove from a flat iron of the sto aces to the searchers after smuggled when traveling together in a train.
"Twelve days I did," said the man of W. Amo, Brockville, at her father's, Young: D. Ferguson at H. Kellar's; nothing that can equal it."

We have tried Zam-Buk often on South American coast, with only a mothing that can equal it."

Young: D. Ferguson at H. Kellar's; nothing that can equal it."

Zam-Buk will also be found a sure evening.

"Everywhere the water—salt water, which clammed round your lips and soaked the few biscuits we had. Faith, it was awful!" he exclaimed, as he recalled his experience. That the peo-ple of London shall never know the meaning of real thirst is the anxious care of the officials of the board. Like New York, which is now faced with the construction of an entirely new Declined to Give Hand to Sir Gilbert

Parker.

Sir Gilbert Parker, the Canadian novelist and member of the British parliament, met with a rebuff the other day at the Arizona Pioneer home at Prescott.

Among the inmates of the home presented to the provelist was clamer. pays them an occasional visit, to examine taps and fittings, as a kind of personal enemy; but if they only appreciated the true situation, they would recognize that he is a real friend, protecting them for a time from finding their share of the necessary capital to inaugurate new sources of supply. As a matter of fact, we are economical with water compared with American cities, and our cousins across the 'herring pond' use an average of 100 gallons per head per day, while London keeps its drawings at under \$2 gallons. This is, to a considerable extent, the work of the waste water detectives."

One Ple for Seventy Queets. SIR GILBERT PARKER

O'Donnell, one of the earliest settlers of Arizona.

"Are you English?" O'Donnell asked.

"Yes," replied the visitor.

One Pie for Seventy Guests.

Seventy guests banqueted on a single pie at Gorleston, and there was plenty to spare when they had finished. The pie had a three-inch crust and weighed a hundredweight and a half. It was made in three sections or water-tight compartments and each hold had a substantial bulkhead of crust. Its interior was packed with six rabbits, six kidneys, 28 pounds of beefsteak and potatoes, turnips, carrots and sprouts. The sea pie, as it is called, is boiled, not baked, and its builder, Skipper Harman, made the cooking process an eight-hour watch.

This three-decker provided a savory meal which more than satisfied the "But I am half Irish," protested Sir guests, and its wrecked and disman-dilbert. "Shake hands." tled hull, provided ten gallons of ex-"I will never shake hands with you cellent soup.—London Sketch.

Wrote of Scenery He Never Saw. The most notable instance of a novel Sir Gilbert laughed good naturedly, dealing with a country which the ausaying he would have a good story for thor had never seen was Shorthouse's

the chief of staff at the army in Wash- ed way with Italian manners and Italrick Yorks.

Sunnyside Happenings.

Sunnyside, Jan. 22.—A number of people are employed in drawing hay.

Miss C. H. Nicholson has taken charge of the school. A number from here of the school of the school. A number from here of the school of the description ington.

Toronto Street Market.

Toronto Street Market.

Toronto, Jan. 23.—Wheat, bush., 94c. to 95c.; wheat, 25c. to 95c.; to 95c.; oats, bush., 48c. to 50c.; rye, 15c. to 95c.; oats, bush., 15c. to 95c.; oat

Superstitious Parnell Mrs. Charlotte McCarthy, daughter of Justin McCarthy, told a curious story of Charles Stewart Parnell. "Gas evening," said she, "Parnell was talking to me at the coffee stage of dinner, and I, gazing at him with rap-ture, was vaguely stirring mine and going to drink it when he said: You extraordinary power of observation."

Anyway, a base drum drowns a lot

THINK OF IT

Stop and think a moment about that cough that bothers you so

on got it, for if you had been per-

fectly strong, your system would have thrown it off in two or three days. Take our advice about this-what you really need is to build up your strength and enrich your blood; then the cough will disappear. We know it. Carl Schultz, of Coney Island, N.Y., says: "It only took two bottles of your delicious god liver and fron prehood's drug store, kingston, Ont.

"The Liver Pills act : _ SHOE _ So Naturally and Easily."

Such a statement, coming from the cashier of a bank, shows what confidence responsible people have in these pills. Mr. A. L. Wilson after trying them wrote:

"I have used Dr. Miles' Nerve and Liver Pills and also your Anti-Pain Pills, on myself, with good results. The Liver Pills act so naturally and so easily that I scarcely know that I have taken a pill. Frequently being troubled with headache I take an Anti-Pain Pill and get immediate relief in every case."

A. L. Wilson, Sparts, Ill. Mr. Wilson was for a number of years cashler of the First National Bank of Sparts.

Dr. Miles' Nerve and Liver Pills

are different from others. Many kinds of liver pills are "impossible" after one trial on account of their harshness. Dr. Miles' Nerve and ren's, Misses', and Child-Liver Pills do not act by sheer force | ren's but in an easy, natural way, with out griping or undue irritation They are not habit forming.

If the first bottle falls to benefit, your druggist will return the price. Ask him MILES MEDICAL CO., Toronto, Can

There are other hotels, but none approach the Club for homelike surroundings.

Located in centre of city and close to principal stores and

Charges are moderate. Special rates by the weak

P. M. THOMPSON, Proprietor.

BARGAINS

Men's Tan Calf Bluch. Double sele boot \$5.00 Reduced to

Men's Felt Boots felt sole \$2 reduced to \$1.45

Women's Patent Colt Button Boot, cloth or dull Kid top \$4.00 reduced to

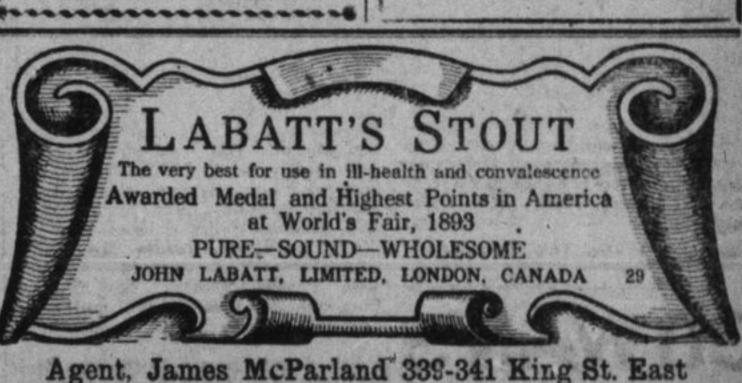
All Felt Boots and Slippers: Men's, Wom-All Reduced

Women's and Children's Leggings All Reduced

Sawyer Shoe Store

...... THE CLUB HOTEL WELLINGTON STREET. (Near Princess).

> ROYAL ICE CREAM PARLOR Best place for all kinds of quick lunches and hot drinks. Chocolates and candy of all kinds kept in stock. M. PAPPAS & CO., 184 Princess Street.



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A FEW OF THE LETTER RED SHOE SNAPS

All Women's Queen Quality and E. P. Reed (Rochester), was A Lot of Women's Velvet Buttoned; in Black and Brown, and

erican Shoes, The Rigi. A \$4.00 lines. All at once price .. \$2.50 Sizes 11, 12, 12 and 1 in Misses Playmate Shoe, in Tan, Lace You must have been run-down when we and Buttoned, and a few Velvet Top, Pat. Buttoned and all the

a Lot of Patent Buttoned, with Black Velvet Tops. These are Am-

\$2.50 grades. RED LETTER SALE PRICE \$1.69 All Men's Fine \$5.00 Shoes, in Black, Vici Kid, Cun Metal,

One Lot of Men's Gan Metal Bluchers and Buttoned and I'man Colt Blucher and Buttoned. American made, \$4.00 shoes: Goodyear welted, new high toe and smart style. RED LETTER SALK PRICE......... 82.79

HUNDREDS OF REAL SHOE GARGAINS THROUGHOUT THE

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J. H. Sutherland & Bro. "THE HOME OF GOOD SHOES"