That Tightness

of the Stomach

Caused by Formation of Nauseous Gases, From Undigested Food Stopped With a Stuart's' Dispepsia Tablet.

Trial Package Free.

a cold and clammy perspiration and cussed, but there are no new develop rates will have to be fixed. there is a lump in your throat and ments. need is a Stuart's Dyspepsin Tablet out that the request of the Grand be a great advancement. ments.



That Knotty Feeling of the Stomach is Relieved by a Stuart's Dys-Dyspepsia Tablet.

Thousands of people have learned so well how sure and dependabl Stuart's Dyspepsia Tablets are for all out a package at home and at the office, and upon any indication that the stomach is a little weary, they take a Stuart's Tablet after each meat for a few days until the digestive organs get rested up again.

This is a splendid plan to follow and always results in much good. The appetite is improved, the food is relished more, your sleep is more refreshing, and your disposition wil make you friends instead of enemies.

For indigestion, sour stomach al indigestion and all stomach disor ders and pains-or for loss of appe-

Use them freely-they are as harmtion of your food.

sia Tablets. The price is 50 cents per sideration, and at the same time to box. Physicians use and recommend act as speedily as possible. them. If you wish to try them before Altls. Harrison and Bailey were purchasing, address F. A. Stuart Co., anxious that something should be deand a trial package will be sent you garding cheap power for Kingston.

PRESSURI

POWER SUPPLY.

Utilities Committee Will Readjust On the request of the Portsmouth way Power for Heating Cars.

be accomplished within a few mo- communicated with, as to just what tions, amount of power would be needed, etc., and that the committee was now awaiting the reply of the company, readjustment made of the schedule of R was after six o'clock when the Until the company was heard from in power rates, by the general manager coursel was convened, as the arrival move further in the matter. Just as soon as the desired information was secured the chairman assured the members that a meeting of the committee would be called, - so that no would be lost in dealing with

all-important question. This being the first meeting of the stood, at the present time, with all year, and as the work of two departments, that of the light, heat and | power committee, and the water of the intake pipe, pointing out that works department, will now have to steps should be taken to get an absobe handled by this one committee, lutely pure water supply, and it was there was considerable routine busi-Chairman Rigney, there were present: the intake pipe at certain intervals Alds. Ross, Harrison, Shaw, Harty from now on until the month of May

quest of the street railway company, rate for water for baths, but it was for a price at which power would be decided to leave this matter alone for provided the company, for the heat- the present. to recommend that the company be the department. stomach ills that they are never with provided with the power at the same figure charged the company, for operating the cars, namely, 1.20 cents per

All the members were in accord with this arrangement, and believed that

asked for rates, for the supply of for their work, tite-Smart's Dyspepsia Tablets are not be given a price for a short the de Itation was arranged for.

Mayor Hong's reference in his inau-

150 Stuart. Bldg., Marshall, Mich., cided upon as speedily as possible, re-Ald. Harrison suggested, even in the

The Canada Metal

FRASER AVE. - TORONTO

AND MILLER

Who We Chosen by the County Council at its Inaugural Meeting on Tuesday-There are Six Ex-Wardens in the Council.

Reeve J. D. Godkin, of the townpain is intense and you break out in topic in civic circles, was again dis- canvassed to take the service, and ing on Tuesday evening. Mr. Godkin received the wardenship on the first It was the opinion of the members ballot, defeating Reeve John Taylor, you are weak and nauseated all you The chairman, Ald. Rigney, pointed that the lighting of the village would of Storrington. He was nominated by to clear away the wreckage of undi-gested food left in the stomach and intenstines and sestore you to your Kingston Mills, had been acted upon of Ald. Shaw, it was decided to grant normal self again. And this can all promptly, that the company had been the request, under the usual condi- upon him by electing him to the highest office in its gift, and promised to

of the plant, the report to be present of Keeves Cronk and Donaldson on



to be readjusted, the company will pressing the government, A. Calvin; Pittsburgh, W. J. Frank enrolled and altogether contributed Rutian; Bedford, John Kennedy; Old- considerable comment because of his

in the council this year. The following committee was appointed to strike the standing com-

The Standing Committees.

mending that the following standing anoque), Ira Knapp (Grindstone Is- tyre. committees be appointed, which was land), W. E. Gurnsey, W. H. Reid, done on motion of Councillors Mil- Frederick Dixon, W. Bullock, C. Keller and Kennedy: Property-Councillors

ely, Hawkey. Roads and Bridges-Councillors Sal- bell, F. Black and C. Saunders. this sentence in the Peterboro Exam-mond (chairman), Thomson, Cronk, The officials of the association are R. Givens, Lieut.-Col. Massie, J. B.

Printing and Education-Councillors

Bonaldson (chairman), Franklin, Gordon, Ruttan and Miller. Finance-Councillors Miller (chair-

man), Calvin, Fisher, Donaldson and Quarterly Board of Audit-Council

The warden was made a member, ex-officio, of all committees. Manager C. C. Folger, of the Kingston Light, Heat and Power depart-

ment, wrote the council to say that cause. Call for full name. Look for the G.T.P. company refused to pay usry 1st, and John Laird. anything further towards the cost of operating the arc lamp at the junc-Messrs. U. L. Upson, general man- tion subway, and as this light. 'is ger of the Ottawa, Smith's Falls and wholly in the county it would be dis-Kingston railway, and E. P. Mc-continued in operation if nothing irath, who were here attending a was heard from the county council

and city council, returned to Ottawa. The Loughboro council requested that the Desert Lake bridge connect-H. Cunningham, piano tuner, 21 ing Bedford road with the Portland King street. Leave orders at Mc boundary, be taken over by the counby council, as it comes under the

of England attended the installation These and several communications of officers of Cambra lodge, Gamano- regarding good roads matters were

Elijah Sigsworth and William Grif and Thomson to appoint a colonize

William Swaine, piano tuner. Orders tion roads deputation to interview the Ontario government was defeated.

The council adjourned until two Tclock in the aftertroon. Warden James D. Godkin. Frontenac's new warden is James

Delbert Godkin, reeve of the townships of Clarendon and Miller. He resides ston. He was born in Leeds, but has resided in North Frontenae for the past thirty-five years. For six years he served as a councillor of Clarendon and Miller, and for the past five years

25c

DAY AT ABERNETHY'S

Look in our Window To-morrow and see what 25c will Buy

These Bargains Are For 2 Days Only. Don't Delay.

50c Slippers for Children 50c Moccasins for Children 50c Spats (Black) for Women 75c and \$1 Colored Spats for Women 25c 50c Shoe Shining Outfits consisting of Brush, Polish, Polishing Cloth and Sponge, in tin box .

Baby's Soft Sole Boots, were 40c 50c Shoe Brushes Many other Articles at

ABERNETHY'S

AT THE KINGSTON POULTRY SHOW ON TUESDAY.

Joseph Bennett, of Toronto, Expects to Finish at Noon Wednesday-Exhibits of a Very High Order and Well Cared For.

Of the large number of people who visited the show rooms of the Kingston Poultry association Tuesday af ternoon and evening all commented upon the superiority of the present location to that formerly in Ontario hall. The people were well pleased with what they saw, and comment the heating of the cars by this sys- Conachie went to Toronto, to-day, Elected warden of the County of Fron- class of exhibits. Joseph Bennett, of Toronto, an experienced poultry man Robert E. Cushman, president of the and ask that the Children's Aid So the belated K. & P. railway train was s the judge and he had his hands North American Smelting company, cieties be given an additional grant awaited. The council was in session full in picking out the winners. Durabout half an hour, electing a warden ling the afternoon he went over a-

Wolfe Island, Grant Grimshaw; Howe list will likely be published Thurslin; Storrington, John Taylor; Lough- more varieties than last year. A large horo, J. M. Stoness; Portland, Charles turkey gobbler at the door attracted en, D. W. Cronk; Oso, J. Thomson; large proportions. It is said that the Portsmouth, John Fisher; Kennebec, bird weighs over sixty pounds. The

Palmerston, W. J. Bonaldson; King- Fralick (Morven), W. E. Tophue. ston township, B. Gordon and Joseph (Glenvale), Charles A. Lowe, Holland The Election of Officers Occurred Bros., James Adams, James Robins, Hamilton. There are six ex-wardens P. J. Brown (Wolfe Island), E. S. Steen, G. H. Ettinger, A. B. Gibbons (Bath Road), W. T. Minnes, mittees for the year Councillors Fo- wens & McCoy, Leader Bros,. Willey, Franklin, Hamilton, Miller, Sto- liam Purtell, William Clugston, James ness, Thomson and Gordon. The Daly, Louis Berry, Peter Lammon, Thursby Honorary President-Principal Gor & McMahon, Sinclair & Laturney, D. Ido G. Scott, P. D. Lyman, W. H. Eves,

G. N. Ferguson, George Pratchett, ham. At the Wednesday morning session H. J. Guy, A. J. Hickey, W. Gilbert, the select committee reported, recom- C. Maxam, Stanley Robinson (Ganlar, William Matthews, K. W. Car-Hamilton, son, E. W. Metcalfe, J. W. Martin, (chairman), Grimshaw, Foley, Ken- George Leatherland, J. Saunders, F. Laird. Crozier, J. Roberts (Tweed), L. Camp- Executive Committee-Messrs. O. D.

working hard to make it a success Carruthers, R. Uglow, T. F. Harrison, Good roads Councillors Franklin, and a great deal of the work falls W. L. Grant, I. Martin, M. Macgil-(chairman), Gordon, Stoness, Taylor, upon Frederick Crozer, who this year livray, A. Macphail, F. G. Lockett,

> FRONTENAC WARD ELECTION. The Contest Next Monday a Three-

There will be a three-cornered alder-Monday. Nine candidates were nom- L. Grant, of Queen's, will deliver inated, but six failed to file their qual- address. ifications. Those who announce themeph Tait, W. J. Turkington, who contested with Ald. W. P. Peters on Jan-

Look at the Men

who taboo tea and coffee which contain caffeine, a poisonous drug, and drink

POSTUM

--- a rich, palatable fooddrink made of wheat.

Such men care enough about their health to give proper thought to the selection of food and drink best suited to their needs.

They will give you a hard run in any racebrains, steady nerves and long endurance-men who usually win the laurels.

"There's a Reason"

It is explained in the little book, "THE ROAD TO WELLVILLE," found in packages of Postum.



Delicious Confectionery

Chocolates, Bon-Bons, Caramels, Taffies Etc., Always Fresh.

Sakell's NEXT TO OPERA HOUSE

JOHNSTON'S SHOE STORE

Is THE PLACE for RUBBERS and OVERSHOES OVERSHOES \$1.50, \$2.00, and \$3.00 RUBBERS from 85c. to \$1.10. See our FELT CURLING BOOTS from \$1.75 to \$3.50.

70 BROCK STREET

THE CANADIAN CLUB.

At the annual meeting of the Canadian Club, held in the Board of Trade rooms, good reports were made as to the past year's work, the treasurer ness, Thomson and Gordon. The Daly, Thomas Clugston, H. Jennings, The officers for the year were chosen : showing a balance, of \$170 on hand,

> President-Lieut.-Col. A. B. Cunning-First Vice-President-W. S. Ellis. Second Vice-President-D. M. McIn-

Third Vice-President-L. W. Gill. Secretary-R. Meek. Treasurer-A. Macdonell.

Literary Correspondent-Prof. Skelton, (ex-officio), W. H. Macnee, W. succeeded P. D. Lyman as secretary. Dr. Ryan, N. Polson, Jr., J. Whiting,

and J. G. Elliott. Matters of club interests were discussed. So far this season it has been

very hard to secure speakers, but men are now being available. On February 3rd a noon-day luncheon will occur, with Hon. W. L. Mackenzie King nanic contest in Frontenae ward next as speaker. Soon after that Prof. W

> Painted the Wrong Boat-A well-known bachelor member of the 'Phone 147.

yacht club, who owns both a motor and an ice boat, is very unhappy. The ther day he engaged an Englishman to paint his ice boat a nice green color, and bought him a plentiful News Clipped From Our Many Es supply of paint. He told him just where he would find the boat, and eft him to do a neat job. The next ture for authority to consolidate her lay when the owner visited the scene debt and issue new debentures not to he found that the Englishman, in- exceed \$150,000. stead of painting the ice boat had The purchase price of the Brockvillefrom Merrie England had evidently amounts to \$875.30. sevec seen an ice boat and did not Rev. Ms. Joblin, Methodist minister recognize the framework he was to at Melrose, was presented, by his parave painted. Now watch for trou- ishoners, with a new cutter robe, whip

"Little Alabama," Marks Bros. Marks Bros'. Al company, under the direction of Joseph Marks, will appear at the Grand for three nights, Thurs- The Lyndhurst Rural Telephone comday, Friday and Saturday, January pany elected the following officers at 25th, 26th and 27th, with a special the annual meeting held on Saturday matinee, and presenting new plays and vaudeville acts. Manager Joseph Jackson; treasurer, D. W. Green.

Marks has secured a particularly capa- Robert Latham, a farmer residing at ble company of players this season to Yonge Mills, climbed a tree to nick it support his talented star, Miss Gracie in preparation for cutting. The tree Marks, in fact it has been conceded by broke, causing to Mr. Latham a dispress and public everywhere to be the location of the right shoulder, a badly best company ever put on tour by sprained right ankle and a few minor this well-known amusement caterer. bruises. On Thursday night "Little Alabama" will be presented with vaudeville between acts. There will be a change of bill nightly.

ice Toll Houses.

Many people, have been wondering were made. Clarence street, where the large crack is in the ice. Some thought they are has left on a trip to Calgary. fish houses, but they are not; they are stoll houses. When the ice cracked two enterprising men each built
a bridge and put up a small house. Hood's In order to get across teamsters have to pay a small toll. As there are the two bridges the toll keepers vie with one another to see who shall collect the fare.

Furniture Sale



This is a yearly opportunity which gives you a chance to furnish your home at Sale Prices with latest and

DISTRICT DASHES.

Arnprior will apply to the legisla-

painted the motor boat of another Prescott toll road has been fixed at man, which was close by. The man \$17,321. The cost of the arbitration

and mitts, on Thursday Messrs. T. M. Cornet, Gananoque; John Haffie, Mallorytown, and J. E.

There was no session of the police court, on Wednesday morning. Kingston was on her good behavior all day Tuesday, and, as a result, no arrests

what the two small houses were doing For insurance, any kind, any a-

SALE JANUARY

Is true to its reputation

Best Babbitt Metal

for all general machin-

ery bearings.

RELIABLE HOME TREATMENT

lute confidence. It destroys all desire for whiskey, beer or other alco-

holic stimulants. Thousands have successfully used it and have been re-

powder, absolutely tasteless and odorless, given secretly in food or drink; ORRINE No. 2, in pill form, is for those who desire to take voluntary

G. W. Mahood, Corner Princess and Bagot Streets.

tored to lives of sobriety and usefulness. Can be given secretly.

The ORRINE treatment for the Drink Habit can be used with abso-

ORRINE is prepared in two forms: No. 1, secret treatment, a

If you fail to get results from ORRINE after a trial your money will be refunded. Costs only \$1.00 per box. Ask for free booklet telling

20 per cent. Discount

All Overcoatings, Suitings and Trouserings, except Blacks and Blues. 10 per cent Discount.

TAILORS

face of the report, that the hydro-elec- FROMITEMANIC tric would take over the Seymour

company a plant, that the city, make a contract with the Seymout com-FROM THE G.T.R. REGARDING pany, providing a suitable one could IS J. D. GODKIN, OF CLARENDON be secured. Then, if the company sold out to the hydro-electric commission the city would not stand to lose.

Rates-Will Give the Street Rail- council, asking for an extension of the city's electric service to the village, or street and house service, it was de-At the first meeting of the newly- cided to have the general manager formed civic utilities' committee, held present a report on the cost, etc. li When you feel as if your stomach on Tuesday afternoon, the question of the scheme is followed, it will mean elected warden of Frontenac by the was being tightly choked when the cheap power, which is now the leading that the people of the village will be county council at its inaugural meet-

In order to deal with cases on a fill the chair to the best of his abilbetter basis, it was decided to have a ity.

ed at the next meeting. As the committee is taking over the work of the waterworks department, it was decided to have the general manager secure a statement showing just how the equipment of the department

the necessary information. . Ald, Harrison took up the question ness to be transacted. In addition to secure samples of the water outside Ald. Harrison also wanted to know The committee considered the re- if there could not be a cut made in the

ing of the cars, by electricity, and on The usual steps will be taken for the motion of Ald. Bailey, it was decided securing of the supplies required by

SEEKING MORE AID

For Work Carried on by the Children's Aid Society. Mayor F. J. Hoag and J. C. Wetem, would be a great benefit to citi- where they will join a deputation witch will wait upon the government

forty or seventy-five horse power to At the present time, the total grant and putting through some routine bout half the exhibits and expected operate an electric plant for the com- to all the societies is \$15,000, but it justiness. It is composed as follows: o finish Wednesday noon. The prize belching, gas, coated tongue, intestin- pany. The company will be quoted is fels that the government should do rates, but as the schedule of rates is still better, and with the idea of im- Island, John Foley; Garden Island, H. day. There are seventy-five exhibitors

What About Those Stoves? less as sugar would be and are by gural address, asking that the power The property committee has been question be given the earliest possible called to meet this afternoon, and the no means to be classed as "medi-question be given the earnest possible called to meet this alternoon, and the committee, was question is this; "Will the committee of the commit bring you through the proper diges from the board of trade, and the to the heating of the city buildings members expressed their eagerness to and for the removal of the now fam-All drug stores sell Stuart's Dyspep- give the power question every con fous box stores ?" It is the general opinion of citizens that it is about time that some recommendation was

made in regard to the heating. The Ladies' Home Journal. The February number of the Ladies' Home Journal is the "Personal" is sue, and one that every lady greatly appreciate. The contents des with women's clothes, the house, the party, home economics, and other mat ters especially interesting to readers. It should be in every home. Price, 15c. per copy, at Uglow's and

With Highland Honors. One can realize that the Scotch curl ers had a braw time in Peterboro from

"While drinking the toast the visi tors assumed the typical old country position for the occasion, that of placing one foot on the table and the oth-

er on the chair."

Elected Wardens. G. A. Wartman was elected warden

of the county of Lennox and Adding-Dennis Hanley, reeve of Tyendinaga

Colds Cause Headache. Laxative Bromo Quinine, the world wide cold and grip remedy, removes

township, was elected warden of Has-

signature E. W. Grove, 25c. joint meeting of the board of trade within a couple of weeks.

on Tuesday afternoon. Auley's book store. Forty of the local Sons and Maids law respecting county bridges ..

que; Tuesday evening. They report referred to committees. having had a good time. The Busy Bee Club of Bethel church fith were appointed trustees af Sacet at the home of Miss Reta Hun denham high school. ter, Redan street, on Monday even- A motion of Councillors Donaldson

eceived at McAuley's. Phone 778. Two "knights of the road" were the only occupants of the police cells on Tuesday night. At home cards, neatly printed, at Whig office, Kingston. Mrs. T. Grimason, University aveue, is visiting friends in Cobden.

ng in the city.

rom a visit at Kingston,

Sick Headachespowders or tablets may deaden, but cannot cure them. Dr. Morse's Indian Root Pills do cure sick head ache in the sensible way by semoving the constipation or sick stomach which caused them. Dr. Morse's Indian Root Pills are purely vegetable, free from any harmful drug, safe and sure. When you fet the headache coming take

is a member of the Independent Order of Foresters, a conservative and a Methodist.

The youth agensed of croelty to a dog, was removed to the jail, Tuesday afternoon. He will be examined by the jail physician, Dr. I. G. Bogart.

For insurance, any kind, any actions of Foresters, a conservative and a Methodist.

W. Ryrne, of Prescott, has returned at Fernleigh, in the far north of the county, eighty-four miles from King-For insurance, any kind, any a count, see Mills, 79 Clarence street. Leonard Gardner, of Yarker, is visithas been reeve of that municipality, also being a member of the Frontenac council during those five years. He married a Prince Edward county lady are not caused by anything wrong in the head, but by constipation, biliousness and indigestion. Headache powders or tablets may deaden, but is a member of the Independent Order is a member of the Independent Order

For insurance, any kind, any a-mount, see Mills, 79 Clarence street. . J. G. Connelly, of Yarker, is in the

Canadian Postum Cereal Co., Ltd., Windsor, Ontario. Canada