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Of Standard Granulated Sugar Has been tried and found superior for preserving and table use. Price is always right.  
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Is good Coal and we guarantee prompt delivery.  
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Small Pill, Small Dose, Small Price.  
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(Is the Quina di Pérou)  
A Big Bracing Tonic  
It restores the diminished power of resistance and thus guards you against further infection by disease agents.  
It is adapted to the enfeebled digestive and assimilative power of the patient, overworked, exhausted, impoverished, impaired nutrition and depressed nerve force.  
Big Bottle. Ask YOUR Doctor.  
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The big flannel night shirt at 25c, men's and boys, as shown by Dreyer is the best in our experience.

### DR. ROUSH'S RACY LETTERS

He Writes to the Whig About His Tour in Norway and Elsewhere.

The Natural Scenery of Norway--it is a Fine Wooden Country--The Fine Views on the Far-Famed Western Coast--Life of the Fisher Folk.

Special to the Whig.  
With the possible exception of New Zealand no country in the world presents such a variety of natural scenery as Norway. Nature has wrought in the land of the Norsk wondrous valleys, mountains, glaciers, lakes and waterfalls and bequeathed them with a reckless prodigality to her legion of admiring devotees. When inland one is scarcely ever beyond the sound of rushing waters. Innumerable streams fed by glaciers, springs or perpetual snow fields high up in the mountain fastnesses rush down through boulder-strewn ravines and plunge with impetuous haste over many a perpendicular precipice where transformed into a cloud of spray they fall with the gentleness of a time-softened sorrow on the placid bosom of the valley below. To the man obsessed with a commercial mind alone Norway's matchless waterfalls mean just so many sources of mechanical power and it is doubtless a matter of regret to the traveler with the soul of an artist to note that in some cases plunging waters have already been harnessed and compelled to turn the wheels of unsightly factories that squat like ugly toads on the banks of the broken-hearted stream. From the utilitarian's point of view the hum of machinery is doubtless sweeter than the music of these unhampered crystal streams and the unsightly wooden factory rather adds to his practical eye an element of beauty hitherto unknown to these wild gorges and unpopulated dales. I grant that the interpretation of nature's message is largely a matter of temperature but even to the matter of fact traveler it seems a pity to profanate these master-pieces of creation with the prosaic spirit of practical modernity. With an illuminating example of the rapaciousness of commerce is the case of our Niagara Falls. It was a deep sense of personal loss that less than ten years ago I looked over the American falls and compared the volume of water then with what it was when I first beheld this peerless cataract over twenty-five years ago. It was as the comparison of young manhood—sturdy, vigorous and powerful with decrepit age—halting, senile, impotent. But on account of the innumerable Norwegian water-falls scattered over more than a hundred and twenty thousand square miles of surface Norway's superb cascades with the exception of a few of the more accessible examples may reasonably be expected to escape the ruthless hand of commercial iconoclasm for many years yet to come. Norway, notwithstanding its tremendous masses of rock, is nevertheless a wooden country. This was a matter of some surprise to me for recent researches have given to Scandinavia at least a hunting and fishing population as ancient as six thousand years before Christ. One would therefore naturally expect to find in a land of granite mountains some tendency in all these years to use the most abundant of all local materials in building the dwelling places of its inhabitants. But such is far from the truth. Norwegian houses are with commercial iconoclasm for many years of wood.

I was much interested in the manner of building these dwellings. First the logs are dressed on two sides to a uniform size, usually from four to six inches in thickness. Then they are "dove tailed" at the corners so that the edges of these flattened logs rest one upon the other. In the less pretentious houses "chinking" of the cracks with a sort of mortar completes the construction of the walls. In the dwellings of the better classes, however, the outside wall is next weatherboarded and painted the universal dark red. The inside is sometimes plastered, but may effectively be improved by a more effective interior are produced by merely staining the polished logs thus effecting a sort of rustic finish entirely in harmony with the spirit of the land. Some very pleasing hotel interiors, especially in the country districts, have thus been treated which with the great open corner fireplace, the hand-made furniture and numerous examples of exquisite wood carving found on every side combine to make a harmonious whole at once consistent and pleasing.

The forests have for centuries provided one of Norway's principal sources of wealth and though one is impressed with the smallness of the trees—pines seldom exceeding a foot and a half in diameter—still even to-day these pine-producing mountains send forth new forests as soon as the preceding growth has been cut down and marketed. And so it transpires that the traveler in Norway constantly comes upon the saw mill and lumbering camp—institutions usually found only in new countries where the virgin forest still await the woodman's axe. One does not expect this anachronism in a country over six thousand years old. But I repeat that Norway is above all else a wooden country. In Pagan days the gods of the wood were the most popular gods and it is claimed by those who have gone to the trouble of tracing the subject that with the advent of Christianity the old devotees were loath to abandon the forest feature of their discarded worship and as a result of the deep rooted love for the forest the Christmas tree crept into our Christmas celebration through the old heathen rites of Norway.

It is a matter of common knowledge that practically every Norwegian is an expert wood worker. Even the poorest peasant, though he shares his domicile with his cow and his sheep, is seldom so poverty-stricken that he cannot afford a rude hand turning lathe and a few wood carving tools. As far back as the Viking age this art had reached a high state of perfection and the samples of carving found on the old Viking ships, though executed more than

and wonder, I always took my camera with me on these occasions and often succeeded in obtaining some characteristic photos of these isolated village people.

The fishing season varies according to the kind of fish sought. Generally speaking the desirable shoals of fish visit these shores in the winter time, cod and herring furnishing the bulk of the fish then taken. All of these fishing villages are connected with telephone and as the shoals of fish make their appearance at given points the news is telephoned along the coast and every fisherman at once heads his boat for the tempting quarry. As many as ten thousand fishing boats are a part of two and a kettle gave evidence of the advent of the iron age.

And so since wood is perishable one finds little in Norway in the way of monuments and memorials to properly convey the country's age. For aught the traveler encounters the civilization of Norway might be co-eval with that of Austral or America. There is a freshness and newness about Norwegian buildings that carries little of the old castle romance and legend with it and which I am frank to confess—soon grows distinctly monotonous. The universal custom however, especially in the country districts of adding the roof over a covering of six inches or more of turf forms the one picturesque building feature of the land and a peasant's home with the roof ablaze with daisies, violets and poppies often saves these country houses of the lower classes from a hopeless and tiresome monotony. If an athletic goat has succeeded in gaining these household heights and found the pasture to his liking the picture becomes accordingly more in keeping with the traveler's idea of bucolic quaintness.

But if Norway possessed no other type of natural scenery than that exemplified on the far famed western coast it could still claim a prominent place among the scenic countries of the world. Norway with the exception of its Eastern limitations is bounded by the sea. All but a short section of this coast line in the South is peculiarly rugged and picturesque. The waters are deep, the land declivities steep and the mere sea-washed rock no larger than a fisherman's hut to areas that extend unbroken for more than two score miles. These islands, "holmes" and "skerries" form a series of land-locked sounds or leaders, between the open sea and the mainland that extend practically the whole length of the Western coast. The shores of Norway proper, therefore with but a few exceptions where this so-called "skjaergaard" or island defense is interrupted for a few miles lie immersed in protected waters as smooth and untroubled as the placid surface of the proverbial mill pond. It is a matter therefore of no surprise that this ideal yachting course early became a favorite cruising resort and in consequence has long been familiar with every lover of the milder-mooded sea. For months one can sail among these Norwegian islands and never go over the same course twice. It is a never ending succession of picturesque lake-like lagoons, rugged coasts and rock-bound islands. The waters are always smooth, the summer climate charming, the nights continually light. For the most part the islands are not susceptible of cultivation and when inhabited at all the population is of maximum composed of fisher folk whose plain wooden houses only accentuate the natural barrenness of the naked rocks.

And so our good ship sailed for days over the untroubled bosom of these charming lagoons through serried ranks of never ending islands. Sometimes we would land at a fishing village and spend a few hours ashore. Here the blue-eyed, rosy cheeked, half wild children of the fishermen would regard us with open-eyed amazement

Rising for the Occasion.  
It was late before the candidate for alderman got home. "Well, John," she greeted him, "how was the dinner, and how was your speech received?"  
The candidate took off his coat, smiling genially. "Oh, splendidly, my dear, splendidly. I think I did quite late, when the others were already at the table, but I just slipped in quietly, and didn't make any stir."  
"Well, how about the speech?" she reminded him. "Did it make as much of a hit as you expected?"  
"Oh, yes, more. None of the preceding speeches I remember particularly clever, and they had hardly raised a smile. But I had no more than stood up and began when they began to laugh. I went on, my dear, and, I assure you, they simply shook. I never have seen any company so thoroughly entertained. I even expanded a little—gave them a couple of new stories that came into my mind. And when I sat down they cheered and clapped and laughed for minutes. I shall never forget how they laughed."  
"Yes, I can well imagine so," his wife said, sympathetically. "But the next time you are to make an after-dinner speech, wouldn't it be well to put your vest on before leaving home?"

The Charge of the Light Brigade.  
"Soldiers to the right of them,  
Horsewalkers to the left of them,  
Wild ones in front of them  
Volley and thunder;  
Their not a chance to buy,  
Their but to howl and cry,  
Their just to push and sigh.  
Poor old six hundred thousand, two hundred and fifty-two men, woman the children who couldn't make up their minds what to buy until the last moment, and therefore did not do their Christmas shopping early—  
Kansas City Star.

Indians Plan to Boom Weddings.  
Very few marriage licenses were issued this month, and Edward Hanko, county clerk, with a view of increasing business, is running an advertisement in the local newspapers, assuring all applicants for marriage licenses that they will receive courteous treatment, and if they desire they may be married right in his office. He also agrees to call the minister or justice, and says he will see that they get a nice "sermon" in the newspapers—  
Logansport Letter to Indianapolis News.

Forty-two states have set maximum hours for a working week for children. A branch of the National Consumers' League has been formed in Washington, D.C.

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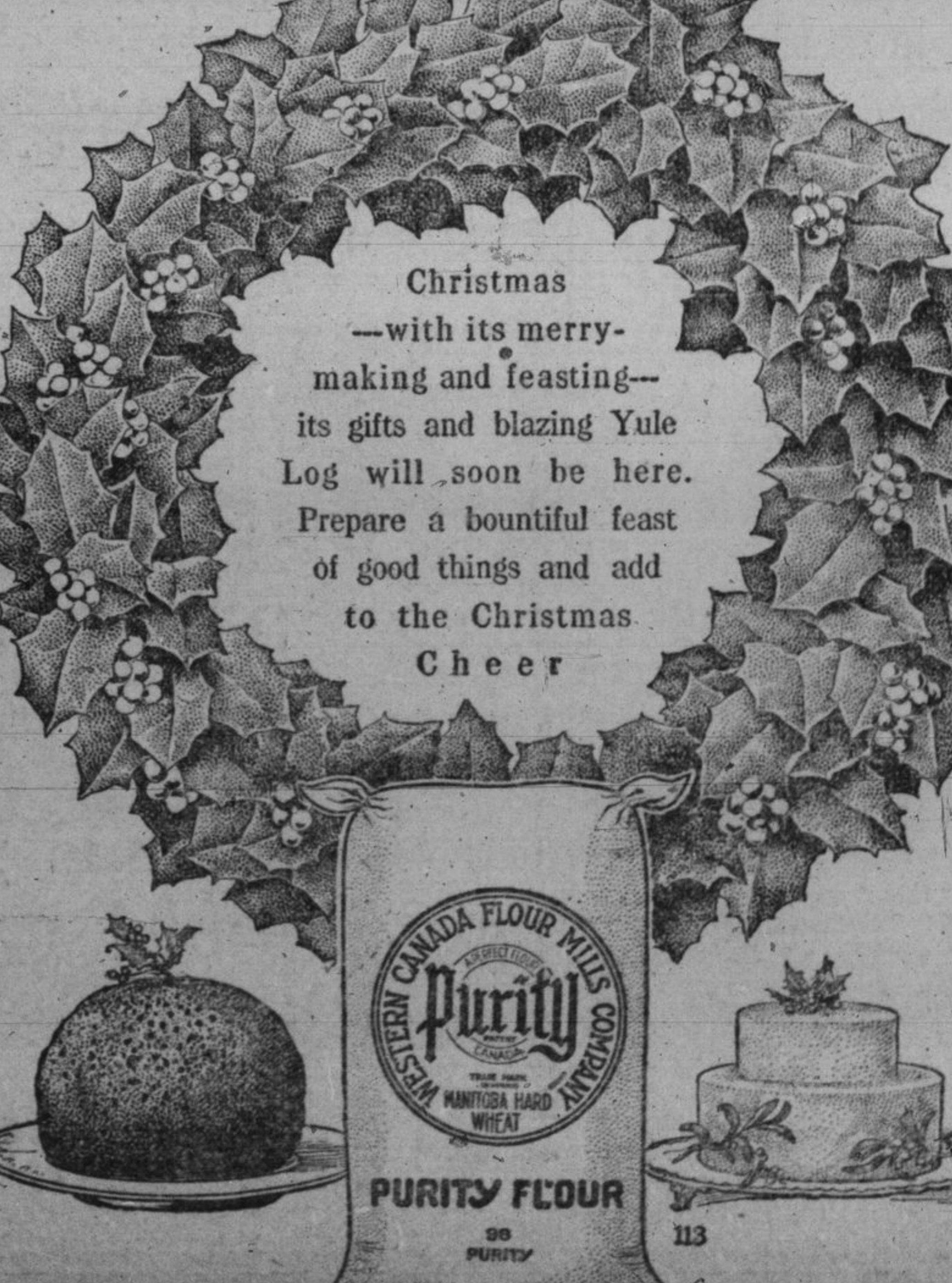
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—with its merry-making and feasting—  
its gifts and blazing Yule Log will soon be here.  
Prepare a bountiful feast of good things and add to the Christmas Cheer



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Our graduates get the best positions. Within a short time over sixty secured positions with one of the largest railway corporations in Canada. Enter any time. Call or write for information. H. F. METCALFE, Principal, Kingston, Canada.

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