But "Fruit-a-tives" Cured Me.

MOORFIRED, ONT., March 25th, 1910 "I suffered from severe indigestion and dyspepsia for nearly two years. I could not take food without fearful distress. I could not do any work and becam so run down and weak that I could hardly walk. I was attended by two experienced doctors and they both pronounced my case incurable, that they could do nothing more for me as they thought my disease was HEART FAILURE AND INCURABLE. The doctors gave me up and I looked forward for death in a short time.



outset of taking these wonderful tablets
I was better, and gradually this medicine completely cured me. I took a
large number of boxes, perhaps a dozen,
and now I am entirely cured and I have
gained over thirty pounds in weight,"

PENRY SPEERS, J.P.

"Fruit-a-tives" is sold by all de at soc. box 6 for \$2,50, or trial size 25c.—or sent on receipt of price by Fruit-a-tives Limited, Ottawa.



YOU CAN DEFY

box of ZUTOO will make you headache proof. You would be suprised to know how many people, who never before used a headache remedy, are now using ZUTOO Tablets. Why not your



doing my duty, as my son was a dreadful. began to get covered with red spots on his legs and

RADIATING CHRISTMAS.

The Youth's Companion.

ide of the old-fashioned front door; and on the door itself hung a wreath from the breath.

standing in a great wreath on a front door. Dressed in red coat, with high besides, one 50c. case is sufficient boots and peaked cap, he seemed to s mile good-will upon all who caught his

Christmas tree on each gate-post.

new way of keeping Christmas: an opening out impulse rather than the could have in the house. shutting-in habit. Some one made the happy suggestion that there might be a general or community expressi on of this feeling. Three or four men the reading desk disappearing soon before Christmas, on each of the four roads which enter the town from the responses to the clergyman throughout the outskirts of the village a kind of the services. The ideas of Congre-Christmas gate, made by setting up a tall evergreen-tree on each side of gational worship were vague in those the road, and two smaller ones, in fro nt of and behind the large ones, on a days:

One year old Mrs. Crandall, too feeble to attend to the placing of the proposal involved the addition of regreens, set lights in her window a instead. The effect was so pretty vestry and organ chamber. dark on Christmas eve. Since nearly every family has taken up this prac-

MAKES STOMACH FEEL FINE

years except this woman, and she is n ow on in years. But she still lives in raendous anti-ferment and digestive to Kingston at the present time:

the big house; and you can judge so mewhat of the feeling toward her in virtue contained in Dispepsin. This
the town from the fact that no one ever thinks or speaks of her as "an harmless preparation will digest a We have been without a pastor old maid." They call her Miss T homas, and, if necessary, say that heavy meal without the slightest fuss or discomfort, and relieve the sourcest One Christmas morning, a few years ago, people who passed the acid stomach in five minutes, besides. Thomas house noticed two little Ch ristmas trees standing one on each overcoming all foul, nauseous odors

Every one who saw it seemed to feel the dendly thought that had in- 50e, case of Pape's Diapepsin, the pired it, and to take the good wish to himself, as something personal. you will readily understand why this Here was the spirit of Christmas no lamp that lights only a little home circle, but shining out on the whole moves such symptoms as Heartburn, world, like the sun, lighting and war the less striking because it shone i rom a house where a lonely old lady stomach, Belching of Gas and Eructa-

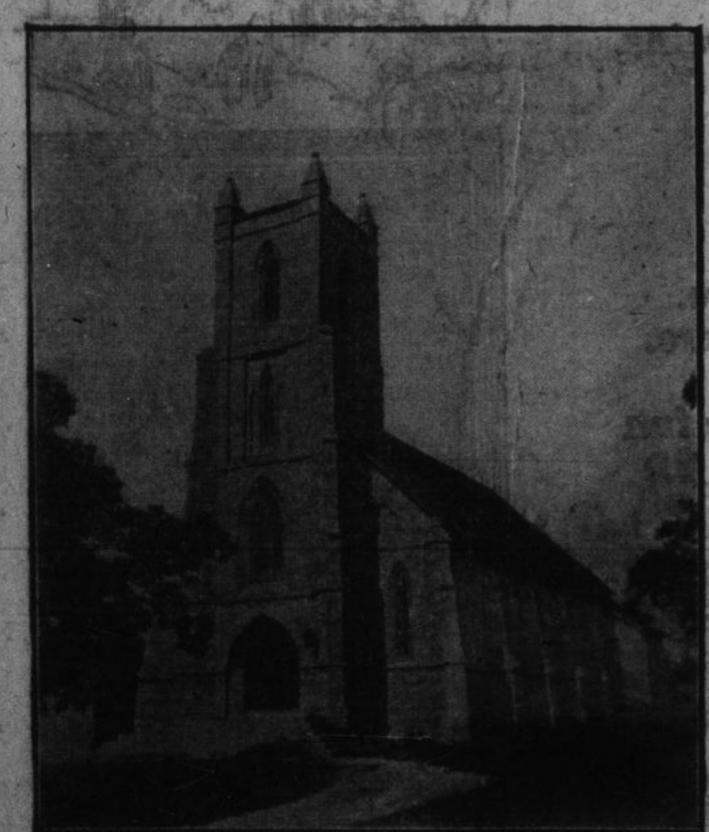
with their bows of red ribbon, had be en hanging inside his windows, were keep your stomach, liver and intes-During the day two or three of her houses blossomed out with a bit

got together and formed a committe e. The result was that a few days after the death of the clerk who said

evergreens, set lights in her window a instead. The effect was so pretty that it led to the establishment of another fixture of the Christmas celebration of the town: the placing of lighted candles in every window at

Last year saw one other touch. W | ithout saying anything about it, some of the young people who are good s ingers came together a week or two in advance, and practiced. On Christm as morning, just at dawn, there rang out on the frosty air the words of the eld carols that the waits have sung o many centuries in England-"God Rest you, Merry Gentlemen," and all the others. It was a fit and beau tiful awakening to the most beautiful

"Radiating Christmas," as some one in the town has happily called it,



For the sheriff and his col- Canon A. W. Cooke. ng. The meeting was held in ters. Lists were exten of (SIO). The church was at once co

for that sum, in the fall, John Bennett Marks, then a paymaster in the Royal Navy, gave part of the land for Rev. K. L. Jones, for whom also a the site and another section was pur- beautiful window was placed by his chased. Sir Charles Metcalfe, then family governor of Canada and resident here, gave a £50 subscription. The church was consecrated by Bishop Strachan, of Toronto, a former Kingstonian, and Rev. John Pope was the first incumber. It was called after Saint Mark, as a compliment to Mr. Marks, who, have given place to the more modern was a spirited public man resident in beach pears. The resident and was a spirited public man, resident in bench pews. The reading desk and Parrifield, pulpit were also two-storey "high deckers," but these also passed away,

Mark's Anglican Church, Barri-Is one of the quaintest in this Creig, 1846-1848; Rev. Henry Brent, 18-rince. It was built in 1843, the direct being A. Brunell. The dockard was then occupied; urban resi- Robert Garrett, 1875-1882; Rev. T. control of the dock-yard. The late eriff William Ferguson took a leadng seconded by Dr. Edward John who will take up his duties next rker, George Baxter and George March, is Rev. Alfred Cooke, son of

ct. Circulars were printed at the lets bearing these inscriptions: "Rev. flice of the British Whig calling a John Pope, first minister of St. Mark's. lets bearing these inscriptions: "Rev. John Pope, first minister of St. Mark's, died April 22nd, 1846, universally and

four years." The tablet also records

The brass fectern was given by offer-

The idea originated with a Miss Eleanor Thomas. The Thomases were gestion here if readers who are sub- Whig by a Presbyterian lady, who reme of the old families of the town, b at they have all been dead for many ject to Stomach trouble knew the tre- marks that they are very appropriate

with a placard inside it on which was a lettered large and plain: "A Merry | Ask your pharmacist to show you Among those who saw the wre ath and the sign was one of Miss Nauseau, Headache, Biliousness and Sack to his own home, and in half a n hour all the laurel wreaths which, with their bows of red ribbon, had be en hanging inside his windows were

nes clean and fresh. If your, stomach is sour and full of greenery. One in particular was made attractive by festoons of laurel your meals don't seem to fit, why not draped from the top of the front doo r to the tops of the gateposts.

The next year, marked a decided gain. This time the decorations began to appear earlier,—several days before Christmas,—a great many of the houses displayed them, and there was much diversity and some originality in the devices.

One of the most attractive was a small Santa Claus, about a foot high, tanding in a great wreath on a front than time the decorations beautiful and make life worth living? Absolute and make life worth living?

eye, and to radiate Christmas in every direction.

Another pleasing decoration was to be draping with laurel a fine classic porch of an old colonial house. A work that the top of each pillar, will always, either at daytime or during with a streamer of laurel depending from it, and two long bands of the line night, relieve your stomach mislaurel looped to a meeting-point in the center. One woman had a small ing night, relieve your stomach mis By the third year the town awoke to the fact that it had got hold of a as handy and valuable a thing as you way of keeping Christmas: an

line parallel to the road, and then con necting the trees by laurel festoons.

The decorative scheme was very simple, and it cost almost nothing to apology common in those days, and christmas spirit was a thing in which hall should share.

The chancel was the abbreviate apology common in those days, and apology common in those days, and affording just enough for service about the communion table. The church was the abbreviate apology common in those days, and apology common in those days, and the communion table. The church was the abbreviate apology common in those days, and the communion table. The decorations of the village common was an idea of some of the not endowed and the congregation while doing its duty well, had not been mon stands a tall common was a tall common was a standard to the work. Near the centre of the common was a tall common was a tall common was an idea of some of the while doing its duty well, had not been the work. mon stands a tall, symmetrical blue sp ruce, an ideal Christmas tree growing able to provide the one thing needin an ideal place. A few smaller ev ergreens were set up round it, and ful to make it a fine edifice architecturally—erect a new chancel, which restoons carried to them from the la regreens. turally-erect a new chancel, which

Rev. M. Brent in 1848 presented the organ, then in use, to the church. On Dec. 19th, 1897, Edward J. B. Pense, contributed the additions which were much needed, ie., the chancel, vestry and organ chamber.

It is interesting to note the bell now Mr. Marks by a friend in that country, whose castle was burned to the ground and nothing was saved but the old bel that used to ring for vespers, bringin after all, a very simple matter. I nstead of keeping their decorations in the people for miles around to the little side their houses, the people have p ut something outside for everybody to enjoy. It has not taken much of any to bring the people into more friendly relations with one another, and to make them less self-centered. Perha the Christmas feeling a little along the hough the year. St. Marks was built, Mr. Marks pr sixty-eight years it has done good serrice, and is just as mellow in tone as when it pealed gaily forth from the

little chapel on the Spanish shore. God's Refusal.

Do you think a loying father, To his darling's earnest ple Whispered low that none may he Do you think because he loves her, Draws her close with circling arm, That he ne'er her wish refuses, If to grant it brings her harm?

'Tis because he loves her so! He so often answers 'No.'

Heedless when you asked that d

Or you would have had your way. Have you never thought the reason-That the harmful side He sees, And He knows, too well, your dan If He grants you all your pleas?
Tis because He loves you so
He so often answers 'No.'

Dear, He couldn't be our Father, If He cared no more, you see, Than to grant our carthly wishes-What seems best to you and me.
Do you think He loves so little
That He takes no care to choose What is best for all His dear ones, And all other things refuse? Tis because He loves us so! He doth ever answer 'No.' -Sel by Rebecca W. Varner.

Many a young man who starts out o become a self-made man makes a histake in the selection of a pattern.

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number of appropriate gift things shown in our new rom 15e up.

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WANTED-A MINISTER. adigestion, Gas, Heartburn, and Verses That Will Interest Kingston Churches

The following verses written half a ase of indi-century ago, have been sent to the

> Some eighteen months or more, And as candidates are plenty We've had at least a score; All of them "tip-top preachers," Or so their letters ran;

We're just as far as ever

From settling on the man.

The first who came among us By no means was the worst; But then we did not hink of him Because he was the first. It being quite the custom

To sacrifice a few, Before the church in earnest Determines what to do:

To see if he would do

There was a smart young fellow, With serious, earnest way, Who, but for one great blunder, Had surely won the day. Who left so good impression On Monday one or two, / Went 'round among the people

The pious Godly portion Had not a fault to find His clear and searching preaching They thought the very kind. And all went smooth and pleasant Until they heard the views Of some influencial sinners .Who rent the highest pews.

On these his pungent dealing Made but a sorry hit; The coat of gospel preaching Was quite too tight a fit. Of course his fate was settled-Attend ye parsons all, And preach to please the sinners If you would get a call.

Next came a spruce young dandy, Who wore his hair too long; Another's coat was shabby And his voice not over strong. And one New Haven student Was worse than all of those-We couldn't heed the sermon For thinking of his nose,

Then wearying of candidates. We looked the country through, Mid doctors and professors, To find one that would do. And after much discussion On who should bear the ark, With tolerable agreement We fixed on Dr. Stark.

Here then, we thought it settled, But were amazed to find Our flattering invitation Respectfully declined. We turned to Dr. Hopkins, To help us in the lurch, Who strangely thought that college Had claims above the church.

Then we dispatched committees, In twos and threes to use The labors for a Sabbath, Of the Rev. Shallow Splurge le came a marked sensation, So wonderful his style, Followed the creaking of his boots, As he passed up the aisle.

His tones were so affecting, His gestures so divine, A lady fainted in the hymn Before the second line; And on that day he gave us. .In accents clear and loud, The greatest prayer ever addressed To an enlightened crowd.

He preached a double sermon And gave us angels' food, On such a lovely topic— The joys of solitude. All full of sweet discriptions, Of flowers and pearly streams, Of warbling birds and moonlit groves

And golden sunset beams. Of faith and true repentance, He nothing had to say, He rounded all the corners And smoothed the rugged way; Managed with great adroitness To entertain and please, And leave the sinner's conscience Completely at its ease.

Two thousand was the salary We gave in former days-We thought it very liberal And found it hard to raise. But when we took the paper We had no need to urge, To raise a cool three thousand For the Rev. Shallow Splurge.

In vain were all our efforts, We had no chance at all; We found ten city churches Had given him a call. And he in prayerful waiting Was keeping all in tow,.
But where they paid the highest
It was whispered he would go.

And now, good Christian brothers, We ask your earnest prayers, That God would send a shepherd To guide our church affairs. A man to meet our views, Must preach to piease the sinners, And fill the vacant pews. -C.C.

Outlook for Sir James Hamilton Herald

Sir James Whitney coyly admits that the result is "a phenomenal endorsation of the government." Mr. Rowell cheerfully views it as "an infication of the turning of the tide," and is confident that in four years the tide will have risen so high as to lift the stranded liberal ship and float safely into the harbor of office. Wel f both of the leaders are satisfie o well to accept it cheerfully. Pro-bly Mr. Rowell's view is nearer th cuth than that of Sir James. It is to be expected, with the conservative pendulum swung almost as far as it is possible to go in the direction of dominance, that it must tend to move in the opposite direction. It is ther natural nor wholesome for one party to dominate the political situa-tion both in the nation and the pro-vinces, for a long period. Change is needed to keep politics sweet.

Instead of hiding his light under a bushels nowadays, the average man mistakes his little one candle flame

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VANILLA

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