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5.00 p.m.—Local for Sharbot Lake, connecting with C. P. R. East and West. 7.45 a.m. Mixed—For Renfrew and intermediate points, Mon., Wed., and Friday.

Passengers leaving Kingston at 11.45 a.m. arrive in Ottawa at 2 p.m.; Pembroke, 4.33 p.m.; Toronto, 6.55 p.m.; Montreal, 7.05 p.m.; Boston, 7.30 a.m.; St. John, 12.00 noon.

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Teutonic, \$25; Canada, \$20 up. Third Class at low rates. Closed Rooms only.

XMAS SAILINGS From Montreal, St. Lawrence, Quebec, etc. CANADA, MEGANTIC, TEUTONIC, Dec. 2, 9, 14, 21, 28.

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MADE WELL AND STRONG

By Lydia E. Pinkham's Vegetable Compound

Toronto.—I gladly give you my testimonial in favor of your wonderful medicine. Last October I wrote to you for advice as I was completely run down, had bearing down sensation in down, had bearing down sensation in down, had bearing down sensation in down.

I also took Lydia E. Pinkham's Vegetable Compound before my baby was born, and I recommend it highly to all pregnant women.—Mrs. E. WANDY, 92 Logan Ave., Toronto, Ont.

Another Woman Cured

Maple Creek, Sask.—I have used Lydia E. Pinkham's Vegetable Compound and Blood Purifier, and I am now in perfect health. I was troubled with pains every month. I know other women who suffer as I did and I will gladly recommend your medicine to them. You may publish this if you think it will help others.—Mrs. F. E. COOK, Maple Creek, Sask.

If you belong to that countless army of women who suffer from some form of female ill, don't hesitate to try Lydia E. Pinkham's Vegetable Compound, made from roots and herbs.

BLOW THE MAN DOWN. DOESN'T LIKE HOME LIFE.

Chanties of the Sailorman Aboard the Wind-Jammer. Whoever has forgotten much with sailors will have heard something of their chanties, those curious songs which form so important an accompaniment to the work done aboard a sailing vessel.

Hear the singing of a chanty going on and it may be safely assumed all is well with the crew. When the men hauling on the yards or braces, or heaving the anchor, don't work rhythmically to the singing of one or two particular songs peculiar to whatever piece of work is going forward, something is wrong.

Who wrote the words of the chanties nobody knows. Most of them are old, and the tunes to which they are sung are probably older still. They have been handed down from tradition.

One of the most beautiful melodies is that belonging to the chanty invariably sung when the anchor is preparatory to leaving a foreign port on the homeward voyage. The words, are distinguished by genuine feeling:

"Our anchor we'll weigh, and our sails we'll set; Good-bye, fare ye well; Good-bye, fare ye well; The friends we are leaving we leave with regret; Hurrah, my boys, we're homeward bound!"

The first and fourth lines are sung as a solo by the chanty man, or leader, the other lines—the chorus—fall to the rest as they put their backs into heaving on the pawls—the short lengths of wood fitting into the revolving capstan on which the anchor cable is wound.

In a similar way all chanties are sung. The majority are four-lined, the chanty man and the chorus taking a line alternately. Scores of these songs are in existence, but they are now sung infrequently. There is an appropriation of certain ones to certain tasks connected with the working of a ship which entail heaving or hauling. For instance, one of the oldest and most popular—

"As I was a-walking down Paradise Street, With my 'aye, aye, blow the man down!' I chanced on a frigate, so nice and so neat.

Give us some time to blow the man down."

"Boney was a warrior, Oh, ay, in the songs you know, Boney was a fighting man A long time ago."

would be entirely out of place when the singers were engaged in heaving up the anchor, the refrain being totally unadapted to the long slow movement with which the turning of a capstan is necessarily accomplished.

That the words of many of the chanties are meaningless detracts nothing from their value. There is a swing and a rhythm about them that makes listening delightful, and gives them a highly practical value by causing the men engaged to work in unison, thus utilizing their combined strength to the full advantage.

As might be expected, the sailor's traditional love of the feminine sex gets full latitude in the songs with which he encourages himself when at work, and few chanties are sung with better feeling than those into which enter such references.

A Link With the Past.

A link with great events and personalities of the last century was severed by the death recently of Lady Herbert of Lea, mother of the late Sir Michael Herbert, who was Ambassador in Washington, and married Miss Wilson.

Lady Herbert was the widow of Sidney Herbert, who was War Minister at the time of the Crimean war. She was the author of several books and a leading member of the Catholic Society.

Lady Elizabeth Herbert of Lea was the daughter of Gen. A. Court and the niece of Lord Heytesbury. She married the Right Hon. Sidney Herbert in 1846, and was thus the mother of the thirteenth and fourteenth Earls of Pembroke. She was the author of many books of travel and short stories, among which were "Cradle Lands," "Impressions of Spain," "Children of Nazareth" and "Lives of Monsiour Dupanloup," and others. She lived for many years in Herbert House, in Belgrave square, London.

Suffragettes' New Move.

Miss Christabel Pankhurst has left her desk in London for a trip to Dublin in the interests of votes for women. Speaking to a representative of the Daily Sketch she confided to him her intentions.

"I mean," she declared, "to get a suffrage clause inserted in the Home Rule Bill. I succeeded in getting such a clause into the Parliament Bill, but Mr. Lloyd-George is such a tricky little man. He has said that the Council Bill will not be carried in 1912, and if this will be the case, we will lose the protection granted in that clause of the Parliament Bill.

"So it is of imperative importance to fight him in order to get a similar clause into the Home Rule Bill. He is not keen on votes for women."

Real Gold Bricks. Genuine gold bricks were on sale at a very low rate for a short time in the vicinity of Goleondo, Haidarabad, in India, where permission was granted to a company to make bricks from the refuse of some ancient gold mines which had been abandoned many years ago.

After these bricks had been on sale for some time their bright yellow color attracted the attention of some investigator, who found they were rich with gold. Immediately the Government seized the precious piles, and revoked the privilege which had been given. Gold is now being taken in paying quantities from the ancient refuse piles.

It's easier for a dentist to fill an aching tooth than a long-felt want. Whining women and children are had without but deliver us from whining men.

DIPLOMATS AT WORK

BRITISH FOREIGN OFFICE IS WORKING OVERTIME. The Smooth, Easy-Going Gentlemen Who Are Criticized in Times of Peace Have Had Their Hands Full During the Last Few Months and the Lights Burn All Night—Monopolizing the 'Phones.

During the past three or four months, since the Morocco crisis became acute, the clerks in the Foreign Office, who usually are known as armchair Civil Servants, from the easy character of their duties, have been working a good deal harder than most clerks, even in the busiest offices.

Since about the middle of July last the Foreign Office in London has been working day and night, says Answers. The staff has been divided into two divisions for night and day work, but the ordinary Foreign Office staff, large as it is—for it is one of the most heavily-staffed branches of the Civil Service—was not sufficiently large to cope with the tremendous extra pressure of work brought about by the critical diplomatic situation that arose over Morocco, and still exists, in consequence of the outbreak of war between Italy and Turkey.

Clerks had, indeed, to be drafted from the Treasury and Home Office to assist the Foreign Office staff in their work.

Throughout the day and night lengthy cable messages keep pouring into the Foreign Office. These messages came from all quarters of Europe—from Secret Service agents, from our various diplomatic representatives abroad, and from the great financial magnates, who exercise such a powerful influence on the course of European politics.

In addition to these correspondents, the Foreign Office officials have been for months past in continual communication with the Admiralty, the War Office, and our Naval and Military Intelligence Departments in different parts of the world.

It must be borne in mind that directly diplomatic negotiation becomes at all critical preparations have to be made for war.

The telegraphic messages to the Foreign Office are transcribed on long slips of blue paper, known among Foreign Office clerks as "spools." All these messages are, of course, in cipher. They are deciphered and written out in longhand by a special staff of clerks, who, in performing this duty, see all that is going on behind the scenes.

The deciphering staff work in a large room, which is rigidly guarded, and in contact even a Foreign Office official—can enter it without a permit from the Foreign Secretary or Permanent Secretary.

The telephone has greatly expedited, if it has not simplified, the work of diplomatic negotiations. During the last few months, on several days when the diplomatic situation was especially acute—notably on the memorable day when the King put off his departure from London for Goodwood, and when Europe was on the very verge of war—the four telephone lines between London and Paris were monopolized by the Foreign Office for the greater part of the day.

As a matter of fact, only one line was required by the Foreign Office, another being requisitioned by the French Ambassador in London, but the other two lines were deliberately held up by the authorities in order to guard against any attempt in London or Paris at "tapping" the lines whilst these critical conversations were in progress.

One of the busiest officials at the Foreign Office, when diplomatic negotiations are in progress, is the Superintendent of the Treaties Department. He is assisted by five staff officers and a registrar.

Whilst diplomatic conversations are in progress, the treaties made between this country and the various Powers concerned in the conversation, or likely to be concerned, have to be looked up, and the Foreign Secretary has to be kept fully informed of how far the points in dispute are affected by the treaties.

In the Treaty Department in the Foreign Office a copy of every European treaty, and the department may have to make extracts from perhaps a hundred different treaties, for the information of the Foreign Secretary when he is carrying on a conversation on merely one point in the matter in dispute.

The precis writers at the Foreign Office during the progress of important diplomatic negotiations are working tremendously hard. Each precis writer might have from twenty to fifty thousand words of cabled and written despatches every morning to deal with, which would have to be cut down to about three or four thousand words. The precis copy of the despatches must embody with absolute accuracy what is officially called the "main intent" of the despatches, and precis copies must be delivered to the Permanent Secretary two hours after the original documents have been handed to the precis writer.

At the end of the day, and sometimes twice a day during the hours of critical diplomatic conversations, the King is communicated with by the Foreign Secretary.

If you were to stand outside the Foreign Office for an hour or so any time between midnight and four or five in the morning during a diplomatic crisis, you would see many remarkable people enter and pass out; you would see some of the Secret Service agents, for example, who know more about the inner working of European politics than even the Foreign Secretary or an Ambassador.

It is upon their information—secured so often at the imminent risk of their lives—that the course of our policy in an international dispute may be finally determined.

The night visitors to the Foreign Office sometimes include men and women, who come by stealth to sell, if they can, some secret bit of information.

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"HAPPY HOME" RANGE The "Happy Home" Range is handsome in design, large ventilated oven, made of the best material, fully guaranteed to give entire satisfaction, and will cook more with less fuel than any other Range on the market. — AT — Elliott Bros., Telephone 35, 77 Princess Street.

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