WHY I LOST MY JOB

Reasons Why Thousands Like Me Cannot Satisfy Their Employees.

I believe my fate is not unlike that of thousands of other workers who daily lose their places for reasons they do not know, and probably would not believe. When their last pay envelope comes along, it is usually, "Your services no longer required." If the truth were known, the reason for their unceremonious removal would probably be that their usefulness was destroyed because of some mental worry, bodily ailment or general indisposition. These things, as we all know, are the most fruitful causes of failure in all walks of life. The battle of Waterloo was lost because of a headache. In this quick age our minds must be clear, rapid, active and free from outside influence or worry, or else we go down to failure with the throng of "floaters" who go from one place of employment to another, giving no satisfaction to others or to themselves, constantly growing older and less useful, with no ambition, no will power, and no hope.

Every man requires from every other man the best that is in him. But no man can use or get the best that is in himself until he is first free from all fretful indispositions and worries.

That was my trouble. I was full of troubles. That's why I lost my job. My stomach in the first place was always out of order, and I was worrying about it and my mind grew cloudy, and slow. I made mistakes, and grew grouchy. That was the end.

There are thousands like me, going about with "quick lunch" faces, dyspeptic manners, and repulsive atmospheres. No employer wants such men's services.

Take my advice. A healthy stomach is half the battle, for it keeps your mind clear, and your face rosy. I have a healthy stomach now and hold a good position, and my employer is satisfied and so am I.

I started to take Stuart's Dyspepsia Tablets which I was told were good for the worst cases of indigestion and dyspepsia. The first two tablets made a wonderful difference in my condition.

One ingredient of Stuart's Dyspepsia Tables digests 3,000 grains of food. The stomach doesn't have to work at all. The tablets do all the work, no matter how heavy your meal.

Stuart's Dyspepsia Tablets cure brash, eructations, burning sensations, bloat, irritations, loss of appetite, nausea, heartburn, lack of energy, loss of memory and dyspepsia and indigestion in their very worst forms.

No other little tablets in the world can do so much. You should carry them around with you wherever you go and take them regularly after meals. Then you will realize what it is to be freed from stomach torment, and have a clear mind, a quick memory, a happy disposition, comfort and rest. Get Stuart's Dyspepsia Tablets at any drug store for 50c. a box.

Send us your name and address today and we will at once send you by mail a sample package, free. Address, F. A. Stuart Co., 159 Stuart Bldg., Marshall, Mich.

TO BUILD LIGHTHOUSE

ON OAK POINT, SIX MILES EAST OF KINGSTON.

Owner of Point Intends Removing Clump of Oaks Which Have Served as Mariners' Guide for Years.

A lighthouse may be erected this coming winter at Oak Point, Wolfe Island, about six miles down the river from Kingston. A. Fortey, of the marine department, is here from Ottawa looking over the locality. For many years a clump of oak trees at the above named point have served as a guide to mariners, both by day and night. Now the owner of the point intends to have the oaks cut down and this would remove the mariners' guide. Hence the necessity of erecting a lighthouse at the spot.

Mr. Fortey on Monday paid a visit to Snake Island to look over the crubwork of the lighthouse as it requires repairs which will be made during the winter.

Movements of Vessels.

The schooner Abbie L. Andrews, cleared today for Oswego.

The schooner Maize, from Charlotte, is unloading coal at Sowards.

The schooner Acacia, from Oswego, is unloading coal at Wolfe Island.

The steamer Sowards, arrived from Charlotte, with coal for R. Crawford.

The schooner St. Louis, from Fairhaven, is unloading coal at the Kingston and Pembroke railway wharf.

The government survey boat, Bayfield, is at the Kingston dry dock wharf. She will be laid up at Prescott.

On Saturday, it was stated in the marine notes, that Captain Charles Martin was in charge of the steamer, Toiler, in mistake for Captain James Martin.

The tug Captain Hemans, arrived from Seeley's Bay with the barge Lackawana, loaded with brick, and is discharging at the cotton mill wharf.

The local passenger boat service is finished in this district. The steamer, Rideau King, made her last trip to Rideau points on Saturday and will now go into winter quarters.

At Swift's wharf—Steamer Dundurn passed up Sunday, and discharged freight; steamer Belleville also went up; steamer H. M. Pellatt stopped Monday morning and took on a cargo of apples for the west.

Captain Malette, of the barge Winnipeg, has left for his home in Cornwall. The Winnipeg is still in the dry dock The schooner Ford River, arrived from Charlotte, and is unloading coal at the M. T. Co's. wharf.

M. T. Co's. elevator—The steamer Glenmount, from Fort William, is due to arrive from Montreal with four light barges, and cleared for Montreal, with four grain-laden barges; the steamer Fairmount, from Fort William, discharged 65,000 bushels of wheat, and cleared for Fort William, with the barge, Quebec, in tow for Lake Erie, to load coal; the steamer Advance from Fort William, lightered 11,000 bushels of wheat, and cleared for Montreal.

Cheese sales: Cornwall, 13⅞c. to 13 15-16c.; Perth, 13⅞c. to 13⅞c.; Ottawa, 13 13-16c.; Napanee, 13⅞c. to 13⅞c.; Picton, 14 1-16c.; Iroquois, 13⅝c.

TORONTO TO TRENTON.

Canadian Northern Entertains a Large Party.

On November 1st, a party of 115 municipal representatives were entertained by the Canadian Northern railway, travelling from Toronto and intervening points to Trenton and return. The trip was given by the Canadian Northern in return for the kindness, which the Municipalities had shown in connection with the building of the line through their territory.

At Trenton the party assembled at the town hall, where the following resolution was unanimously adopted:

"R. R. Mowbray, reeve of Pickering, seconded by William Purvis, clerk of Whitby, moves that this company of representatives of the municipalities lying between Toronto and Trenton and ladies, heartily thank the Canadian Northern Railway company for the delightful trip which we are now enjoying from Toronto and intermediate points to Trenton and return; that the company be congratulated upon the splendid section of their railway line from Toronto to Ottawa now completed to this point Toronto to Trenton; upon the smoothness of the road, the splendid and comfortable coaches and other equipment, and upon the very efficient, obliging and kind officials in charge of the service; that we fully recognize and are aware of the fact that the Canadian Northern Railway company do not do things by halves, but always in first-class style and well, and that we congratulate the company upon the splendid commencement which it has made in the construction and equipment of this important line; and that a vote of thanks be tendered Ivor G. Reece, travelling passenger agent of the company, who has charge of this excursion, for his kindness and attention to all, adding very materially to the pleasure and enjoyment of this trip."

New Advertising Agency.

The Horn-Baker-Smith Advertising Co., Ltd., has opened new offices at 23 Bank of Toronto Chambers, Main street, Winnipeg. The business will be under the management of Charles O. Smith, who, for four years, has had charge of some of the most important advertising campaigns in Western Canada. Mr. Smith's entire business experience has been along advertising lines, both in Western and Eastern Canada, and he is qualified to give expert assistance in planning and placing advertising that will bring business. E. S. Horn has been in advertising agency work for twelve years, and is a former vice-president of the National Association of Advertising Clubs. The new company will devote its entire attention to advertising in all its phases.

The Real Facts.

We have been asked if it is true that the $50,000 the citizens are to take in the hotel represents the value of the lot on which the hotel is to be built. The by-law answers the question. The land is sold at $30,000 and, with $20,000 additional subscribed, $50,000 of preference stock is given, a happy way to get Kingston capital invested. The Carruthers lot has been held for eight years by the citizens interested. If any other citizens want to share in the stock they can be accommodated. The citizens for their investment have only a second mortgage, the city coming first.

Teachers' Institute Officers.

The teachers' institute elected these officers: President, Inspector J. R. Stewart; vice-president, Miss Hentig; assistant secretary, Miss Hipson; auditors, Miss Cunningham and Miss Ryder; executive committee, Miss Crawford, Miss O'Shea, Miss Evans, Miss Hoppins and J. E. McDonald; delegates to the Ontario education convention, Miss L. Wilder, Miss Crowley and Miss A. Kelly.

Miss Minnie Davis was made an honorary member of the association.

Lieut.-Col. A. P. Cunningham, 14th Regiment, P.W.O. Rifles, has been awarded the colonial auxiliary forces officers' decoration.

AN EASY SOCCER WIN

FOR QUEEN'S OVER THE 'VARSITY TEAM ON SATURDAY

The Score Was 4 to 1 in a Poor Game—R.C.H.A. and C.L.C. Played a Tie Exhibition Game.

Queen's soccer team had no difficulty in scoring a victory over the representatives of Toronto University at Queen's lower campus, Saturday afternoon, the score being 4 to 1, in a farce exhibition of the old country game. It was not the equal of the 1-0 game here two weeks ago, when McGill faced Queen's, for the kicking was decidedly poor most of the time. The condition of the field may have had something to do with it, for the players slipped a great deal.

Queen's succeeded in getting two goals in the first half, while their opponents failed to get the ball through the posts, thanks to the great work of Fisher, who guarded the posts for the tri-color men. He stopped one almost impossible kick and saved one score. Shortly after play started in the second half, the Torontoians got one past Queen's goalkeeper, but the proteges of "Pete" Pilkey held them for the remainder of the contest, meanwhile getting two additional ones. The last goal was scored just as the whistle was blown. It was a chance that Queen's got the last goal, for the shot kicked by Whitehead was going by Varsity's goal posts, when a neat flying kick from Masters sent the sphere through the opening, just as the whistle blew.

Queen's—Goal, Fisher; backs, McCardel and McKenzie; halves, Ball, Longmore and McDonald; centre, Foster; left forwards, Bissonnette and Masters; right halves, Whitehead and McKenzie.

Varsity—Goal, Stock; backs, White, and Pue; halves, Sills, Wylie and Cook; centre, McLennahan; left forwards, Hart and Kynoch; right, Godwin and Daly.

Referee—Prof. McDonald, Queen's.

R.C.H.A. and C.L.C. Tied.

Teams from the C.L.C. and R.C.H.A. played an exhibition soccer game at the cricket field, Saturday afternoon, and the final scoring made it a tie, the score being 3 to 3, the soldiers making a magnificent rally in the last half of the game. The half time score was 2 to 0 in favor of the husky engine builders, but the soldiers managed to pull up three goals in the final stage. The game was watched by a large number of the followers of both teams, and in the last half, which was very exciting, the cheering was loud and prolonged. The teams:

R.C.H.A.—Goal, Francis; backs, Hoskins, Smith; halves, Carey, Sawyer, Shaw; right wing, Donaghue, Sparks; centre, Obrey; left wing, Laffety, Chapman.

C.L.C.—Goal, Carey; backs, Stinson, Smith; halves, Brown, Fair, Anderson; right wing, Peters, Appleby; centre, Heap; left wing, Anderson, Karshaw.

REPLIED TO "THE LAMPMAN."

Rev. F. G. Robinson Reiterated Statement Made Two Weeks Ago.

At the beginning of his sermon in Princess street Methodist church Sunday evening, the pastor, Rev. F. G. Robinson referred to the remarks which had been passed by "The Lampman," a week ago, with reference to a statement he had made from the pulpit, to the effect that "good works would not get a person into the kingdom of Heaven." The speaker said he would repeat the words said at that time, which "The Lampman" had taken objection to, and challenged that worthy writer to find a passage anywhere in the Bible, from Genesis to Revelation, where it is said that good works would get a person into heaven. He referred to the passage which said that a person must be born again before he could inherit life eternal. Mr. Robinson thanked the person, whoever it was, who had taken up cudgels in his behalf. He said that persons often gave large sums of money to charitable institutions in order to get the good-will of people to put him into some office.

FAVORS ROYAL COMMISSION.

To Settle the Bi-lingual Question in Ontario.

Prof. J. M. Lanos, of the Royal Military College, holds that the only satisfactory way of settling the bi-lingual school question is by the appointment of a royal commission to enquire fully into the conditions in the province. Prof. Lanos regards the matter purely from the educational standpoint. He fears dire consequences if French is boldly thrust out. The elimination must be done slowly. There would be little trouble in the cities, where foreigners come in daily contact with English boys and girls, but in the rural districts, where there are French communities, it is different. The same contact of English and French does not prevail, and if French teaching is not to be permitted, much difficulty will be experienced in educating these French-Canadian children, unless very experienced bi-lingual teachers are employed.

Death of an Infant.

Much sympathy is being extended by their friends to Mr. and Mrs. James Doran, 55 Arch street, in the death of their infant daughter, Mary Agnes, aged eighteen months, who passed away on Monday morning, from meningitis. The funeral will take place, Tuesday morning, to the Church of the Sacred Heart, Wolfe Island, interment to be made on Wolfe Island.

The flour mill, evaporator and barrel factory of J. R. French, at Melville, Prince Edward county, were totally destroyed by fire on Thursday last. Loss $15,000; no insurance. The Melville flour mill was one of the oldest in Ontario, having been founded by the Morton family over one hundred years ago.

Ludwig E. Jager took his two little girls from his divorced wife's home to a secluded spot at Winthrop, Mass., and shot them both. He then turned his revolver on himself. Both girls died, and Jager is dying.

Chimney sweeps of Vienna have formed a trust to keep up prices.

WARM SLIPPERS

Warm Arctic Slippers

Warm Lined Slippers.

FANCY RED, BLUE, PURPLE, GREEN, BROWN AND BLACK—ALSO PLAIDS.

See Our $1.00 and $1.25 Specials

Better Grades $1.50

For Men and Women.

ABERNETHY'S

FIVE MILE ROAD RACE

WAS WON BY J. P. HARVEY, OF QUEEN'S

In 31.33—Adams, of the Y.M.C.A. Was a Close Second—Watts' Record of 31.29 Was Almost Reached.

The five-mile road race for the Nash trophy was run Saturday afternoon. At 2.30 o'clock a start was made from the Y.M.C.A. building, the course being up Princess street to Albert, return to Y.M.C.A., down Barrie to King, out King to Prison Road, along Prison Road to Bath Road, down Bath Road to Princess street, and down Princess to Y.M.C.A. building.

Nine runners started, seven from Queen's and two from Y.M.C.A. Queen's had the only team entered, the team consisting of five men. Entries for teams were expected from R.C.H.A., R.M.C., and the Y.M.C.A.

The winner was J. P. Harvey (Queen's), in time of 31.33, with "Joe" Adams (Y.M.C.A.) second, in 31.43, and J. W. Farrell (Queen's) third, in 31.55. The local five-mile record is held by C. M. Watts, formerly of R.M.C., with time of 31.29.

J. P. Harvey is to be congratulated, as this is his first five-mile race. "Joe" Adams and J. W. Farrell also ran well. They will likely get out after the record. The day, while the road was a little muddy, was ideal. E. R. Thurloe was starter, and Frank Kinnear was timekeeper.

Here is a Pointer.

Have you cold hands and feet, chills, pain in the back? If so your blood is impoverished and your constitution run down. Wade's Iron Tonic Pills will positively restore perfect health. As a blood maker and nerve strengthener they are unequalled. Price, 25c. at J. B. McLeod's drug stores.

The Feed at Halifax.

Ottawa Free Press.

According to newspaper despatches, fifty chickens and 1,000 dozen oysters were provided for the 800 persons who sat down to the Borden banquet at Halifax last night. Fifteen oysters and a chicken apiece is going some. If the rest of the menu was the same broad scale none of the diners should be hungry. No wonder it was found necessary to call upon the Halifax garrison and H.M.C.S. Niobe to provide soldiers and sailors to pass round the victuals. But we haven't yet noticed anything in the conservative press denouncing this as a horrible prostitution of the public service to party ends. Still there's time yet.

What has become of Kingston's Canadian Club?

THE TEA PENALTY.

A Strong Man's Experience.

Writing from a busy railroad town the wife of an employee of one of the great roads, says:

"My husband is a railroad man who has been so much benefited by the use of Postum that he wishes me to express his thanks to you for the good it has done him. His waking hours are taken up with his work, and he has no time to write himself.

"He has been a great tea drinker all his life and has always liked it strong.

"Tea has, of late years, acted on him like morphine does upon most people. At first it soothed him, but only for an hour or so, then it began to affect his nerves to such an extent that he could not sleep at night, and he would go to his work in the morning wretched and miserable from the loss of rest. This condition grew constantly worse, until his friends persuaded him to quit tea and use Postum.

"At first he used Postum only for breakfast, but as he liked the taste of it, and it somehow seemed to do him good, he added it to his evening meal. Then, as he grew better, he began to drink it for his noon meal, and now he will drink nothng else at table.

"His condition is so wonderfully improved that he could not be hired to give up Postum and go back to tea. His nerves have become steady and reliable once more, and his sleep is easy, natural and refreshing.

"He owes all this to Potsum for he has taken no medicine and made no other change in his diet.

"His brother who was very nervous from coffee drinking, was persuaded by us to give up the coffee and use Postum and he also has recovered his health and strength." Name given by Canadian Postum Co., Windsor, Ont.

Read the little book, "The Road to Wellville," in pkgs. "There's a Reason."

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

Goes farthest for the money

LIPTON'S TEA

OVER 2 MILLION PACKAGES SOLD WEEKLY

INDUBITABLY the best Babbit Metal for all general machinery is Bearings Harris Heavy Pressure Write for prices.

The Canada Metal Co., Ltd. Fraser Avenue Toronto

STAGE HORSES RAN AWAY.

Occupants Were Thrown Out, But Not Hurt Much.

The Wilton stage, as it was coming into the city, on Saturday, met with a mishap by the horses running away and throwing the occupants out on the road. The traces broke and threw the eight people in the stage out on the road. One lady had her foot somewhat hurt but beyond getting shaken up the rest of the passengers were unhurt. The driver had to drive the horses into the fence before they could be stopped. A couple of ladies who teach school in that vicinity happened to be in the stage at the time and were coming in to the city to spend Sunday.

Cost of Militarism.

Toronto Weekly Sun.

In the fiscal year ending with March last the Dominion government spent:

On militia, $6,868,000.

On naval service, $2,256,000.

On North-West police (a military body), $713,000.

Here was a total of close on $10,000,000, or at the rate of nearly $6 per family. When the cost of the militia department itself, and the expenditure on armouries is added on, items which are not included in the above figures, it will be found that the total is over $6 per family.

Theodore Martin Dead.

Theodore Martin, aged twenty-two years, son of C. H. Martin, of this city, and brother of Kent Martin, died, on Saturday, at St. John, New Brunswick. Mrs. Martin, mother of deceased, passed away at the general hospital in this city in July last and the father and brother who survive have the sympathy of a large circle of friends. Theodore Martin resided in Kingston with his parents until about nine years ago when the family moved to Dorchester, N.B., where Mr. Martin was appointed bursar in the penitentiary.

Wesleyan Club Took Charge.

The Sunday afternoon service at the Sydenham street Bible school was taken in charge of by the Wesleyan club. Members of the club supplied the music, and interesting talks were given by a number of them. Sunday was the monthly missionary day in the school, and the talks were appropriate for the day. The superintendent was R. V. Allen. Those who spoke were C. Hollis and Mr. Henry of the Collegiate Institute. The music was furnished by Mr. George Johnson. The club still grows. On Sunday there were about fifty present.

Osteopath Not Leaving Kingston.

Dr. Ashcroft, osteopath, at 136 Wellington street, wishes to correct the impression that he is giving up his Kingston practice. Anybody desiring treatment by osteopathic methods can make appointments by telephoning 447.

Watch 'Em Flop.

Toronto Star.

It is all very well for the Ottawa Journal, Ottawa Citizen, Hamilton Spectator, Toronto news and other conservative newspapers, to talk on the navy question, but when the time comes these journals will fall into line without a murmur, just as most of them, after welcoming reciprocity as a fine thing for Canada, flopped completely over on learning that their party had made arrangements to oppose it.

Many a fellow is afraid to propose to a girl for fear she might say yes.

COMBINATION BOOKCASE AND WRITING DESKS.

Most complete and useful and takes up little floor space.

SECTIONAL BOOKCASES,

In Globe Waricke or Macey make. Any section can be had.

Our reputation of 60 years is our guarantee.

Reid's High Quality and Reid's Low Prices.

JAMES REID'S

'Phone 147.

THE LEADING UNDERTAKER.

DEATH IN MONTREAL

Joseph Culette, Formerly of R. C. H. A., Kingston.

Word was received in the city on Saturday afternoon of the death in Montreal, of Joseph Culette, formerly of this city. The deceased had been in the city up until a few months ago. He, for some time, kept a tailoring shop on Princess street, after the death of the late George Creegan, he received the appointment of master tailor of the R.C.H.A., which he held for some time. About three months ago he bought his discharge and left for Montreal. He dropped dead on the street there on Saturday morning.

The deceased was well-known in the city, having been a member of St. Mary's choir during the time he was here. He formerly came from Anne de Beaupre, where his father now resides. He was about thirty years of age.

Military Dance.

The dance of military Court Earl Roberts will take place to-morrow night in the Orpheum hall, commencing at 8:30 p.m. The splendid orchestra of the R.C.H.A. will render the dance music.

The campaign of the Pembroke Y.M.C.A. to raise $4,000 for institutional and welfare work among the boys and young men of Pembroke has commenced.

John Gordon, Cobden, was committed for trial on a charge of having committed a criminal offence on a Cobden girl under sixteen years of age.

The Canadian Pacific will begin shortly the building of a new million dollar addition to the Chateau Frontenac, Quebec.

EASY RESTS THE HEAD THAT WEARS A

KING HAT

"King" Stiffs are flexible and self-conforming just where the hat touches the head.

Ask the man who wears one.

All the popular shapes, $2-50.

HUNT'S, 53 Brock St

GIVEN AWAY

Ten costly prizes to those customers who buy this week at our

SALE

Goods over one dollar in value.

The "Tokyo"

JAPANESE ART DEALERS.

174 Wellington Street.

LIST YOUR PROPERTIES NOW

For Sale or to Rent.

Sales Negotiated Rents Collected

Fire Insurance Conveyancing and Real Estate

E. Blake Thompson,

OVER NORTHERN CROWN BANK 'Phone 286. MARKET SQUARE KINGSTON, ONT.

Health Restored Gained 29 Pounds

Many Years an Invalid—Untold Agony From Headaches.

Dizziness, Sinking Spells and Excessive Weakness Disappear With Use of

Dr. Chase's Nerve Food

Nearly every woman will read with interest the letter of Mrs. George Bradshaw, quoted below. It tells of years of great suffering from nervous headache and other symptoms arising from weak, watery blood and a starved and exhausted condition of the nervous system.

Mrs. George Bradshaw, Cosy Nook, Harlowe, Ont., writes: "I am glad to state that I received benefits from Dr. Chase's Nerve Food which I failed to get any place else. I was troubled for many years, in fact from my early womanhood, with weak, watery blood, and given to dropsy. I suffered untold agonies from nervous sick headaches, dizziness, and sinking spells, in fact was a semi-invalid for many years. I tried many kinds of patent medicines, and got no help, and tried every new doctor that came along, but all failed to help me. Doctors told me I had no blood, that my heart and kidneys were diseased, and that I had so many complaints there was not much use in doctoring up one or two. Four years ago I took six boxes of Dr. Chase's Nerve Food, and was glad to see I felt better, and then got six more, and they have cured me of many of my complaints. When I began taking Nerve Food I weighed 110 pounds, and to-day I weigh 139, and am forty-five years old.

Dr. Chase's Nerve Food, 50c. a box 6 for $2.50, at all dealers or Edmanson, Bates & Co., Limited, Toronto.

—— Fresh Arrival of ——

MOIR'S CHOCOLATES

Large Assortment at 40c. and 50c. per lb.

—— TRY ——

Moir's Cupid Cocoanut Caramels

Something Delicious. - - 30c. Per lb.

Phone 141 R. H. TOYE, 302 KING ST.

Your Liver

Will be roused to its natural duties and your biliousness, headache and constipation be cured if you take

Hood's Pills

25c. Sold by all druggists. 25 cents.