## PHYSICIANS COULD NOT HELP HER

"FRUIT-A-TIVES" CURED HER

MOUNTAIN, ONT., March 9th. "I have taken "Fruit-a-tives" with great benefit. I was troubled with Biliousness for years and after taking "Fruit-a-tives", am entirely well again. MRS. R. M. BEGGS. cure Bilionmess as quickly and the liver, relieves the congestion, enables | bourne a wide bertin.

dealers, or from Fruit-a-tives Limited, | the law is no detence.

TRAVELLING.

Rates to

# Pacific Coast eight inches spread flat. The subject

Tickets on sale daily until Oct. 15th.

Vancouver, B.C. Victoria, B.C. Seattle, Wash. Portland, Oreg

Ban Francisco, Cal. . Los Angeles Cal. San Diego, Cal. Mexico City, Mex.

Tickets are good in tourist cars. Berths reserved and further information furnished by

J. P. HANLEY. Agent, Corner Johnson and Ontario Sts.

# KINGSTON& PEMBROKE

IN CONNECTION WITH Canadian Pacific Railway

# Low Rates

## Pacific Coast Sept. 15th to Oct. 15th at Scarborough some years ago, when suns and gravitation. In lantry. It produces the passionate, \$45.10

P. R. Ticket Office, Ontario Street. F. CONWAY, Gen. Pass. Agent.

BAY OF QUINTE RAILWAY. Btreet, 4 p.m. daily (Sunday excepted).
for Tweed, Sydenham, Napanee, Deseronto, Bannockburn and all points north. To secure quick despatch to Bannockburn, Maynooth, and points on Central Ontario Route your shipments via Bay of Quinte Rallway. For further particulars, apply, R. H. Ward Frt. Agent; J. H. Welch, Pass Agent

Phone No. 3.

selves liable to prosecution.

But English byiaws, although rather quaint, have been totally eclipsed by one introduced in America some years ago. At Ashly Park, New Jersey, a popular American watering-place, spooning is strictly prohibited! Sweethearts may not patrol the pro-Train leaves Union Station, Ontarto selves liable to presecution.

LAKE ONTARIO AND BAY OF QUINTE STEAMBOAT CO., LTD.

### Steamer Aletha

KINGSTON, PICTON, BELLEVILLE.

Steamer leaves Kingston daily ex-cept Sunday, at 3 p.m., for Picton and intermediate ports, calling at Deseronto and Belleville on Tuesdays, Thursdays and Saturdays only. Freight handled with despatch and care at reasonable rates.

E. E. HORSEY, General Manager, Kingston.

J. P. HANLEY, JAS. SWIFT & CO., Agents

THOMAS COPLEY PHONE 987.

Drop a card to is Pine Street when wanting anything done in the Carpenter line. Estimates given on all kinds of repairs and new work also liardwood Floors of all kinds. All orders will receive prompt attention thop, 48 Queen Street

# COWAN'S PERFECTION COCOA

Cowan's seems to hit the right spot. It is a great food for husky young athletes : satisfies the appetite : easy to digest: and delicious



The Rathbun company, Descronto, received an order for a large number

of flat cats.

NO PLACE FOR SWEETHEARTS AT ASHLY PARK.

Curious By-laws Met With at Eng lish Seaside Places-Dogs Mus Not Bark on Beach.

The new bylaw recently introduce. I have been treated by physicians and at hostbourne (Eng.), under which took many kinds of medicine, but owners of dogs must not allow them nothing cured until I used "Fruit-a- to bark on the beach, is not likely to make that town popular with dog-No other medicine in the world will lovers. The penalty-a fine of forty shillings-will make many holidaypleasantly as "Fruit-a-tives". This makers, who are in the habit of takfamous fruit medicine acts directly on | ing their dogs with them, give East-

the liver to pour out more bile, and | There are so many curious bylaws corrects constipation and indigestion. | to be met with at the various English No matter what you have tried or how | seaside places that the holiday-maker long you have suffered, "Fruit-a-tives" | should make careful inquiries when will completely cure you. 50c. a boz, | visiting a new resort, if he does not 6 for \$2.50, or trial size, 25c. At all | wish to break the law. Ignorance of

How many people know that it is illegal for a person to have in his possession an edible crab measuring less than four and a quarter menes in length? To have the crab in one's possession is an offence punishable by fine, even if one has no intention of trying to sell the shell-fish. So Low One-Way Second-Class take a pocket-rule with you on your promenades, and carefully measure all crabs and lobsters before you take them home. Lobsters must measure eight inches from head to tail when

worried many seaside authorities, and | report by the Astronomer Royal of at nearly every resort. At Margate, gaseous particles, all trying to get Yarmouth, and Scarborough, for in- away from one another, and that, unstance, mixed bathing is allowed with- der certain conditions, they can be out any restrictions. At Morecambe | compelled to come closer together by

this color, for some weird reason.

is private property, and the bather is further asunder, and many of them In the far north they are subjected to

a limited number of these gentry to grains. so nobody knows, as fruit-sellers and sea under the influence of varying de. but cool-headed, calculating, and ice-cream vendors are very much in grees of the sun's heat. Where the business-like. Countries with little demand during the hot weather, and heat is greatest, the air is made light sunshine produce the thinkers and walking into the town to quench their | least, the air is unexpanded and | they breed the highest type of man

side resorts no hawkers at all are al- | way, just as a lump of lead dropped | gest, but is the sun really a helpful, lowed. At Yarmouth the beach is into a pail of water forces some of progressive influence upon humanity?

days was raised. After a good deal of | where its weight or pressure is most, | man and woman." discussion, the authorities decided to toward the place where its weight or run Sunday trams, but at the same | pressure is least. time introduced a bylaw to ferbid the drivers ringing their bells when passing places of worship. Cyclists should therefore refrain from sounding their bells when passing churches in Scarborough, or they may render them-

menades, and lovers may not embrace on the beach. It is also illegal for a girl to sit with her sweetheart's head consternation the introduction of such a bylaw at Southend or Clacton would bring about! Evidently English holiday-makers have still a great deal to

Aunt Julia.

fused, but the child whimpered and grinding grass.

persevered and succeeded. The father was presently in his study at the back

A Sour of the house looking out on the garden, when he saw the child in his little nightshirt come secretly down the steps and steal to a corner of the garden behind some shrubs. He had a garden fork in his hand. After a lapse of some minutes he came out again and stole quietly upstairs. The father's investigations revealed some freshly turned earth. Some few inches down was a closed envelope which the child had buried. On opens slip of paper, on which was written in pencil, in a sprawling hand:
"Dear Devil: Please take away Aunt Julia.

Ben Titlett's Trousers.

Ben Tillett, the general secretary of til the noise is strongest. the English Dockers' Union relates an amusing story of his early electioneering experiences, when he contested West Bradford as a Socialist. One of his ardent canvassers was arguing with a voter who was reluctant to admit that Mr. Tillett had any claims to his consideration. He could not get over the fact that the candidate was "a working man," and dress-ed the part. "Why," he objected, "wot would 'ee look like in Parlymint? Look as his trahsis." The loyal canvasser was deeply offended, and answered in agitated reproach: "What's that got to do with it? Ben Tillett's trousers may be shabby, but they cover an honest heart."

Old Speed Records. Speed counts for everything now, than the feat of Captain Barciay of Ury about a century ago. He drove the mail the whole way from London to Edinburgh without giving up the ribbons for a single stage, and experts pronounce that performance second only to his walk of a mile an hour in a thousand consecutive hours. Two centuries before him another wonder-ful feat was accomplished between the same points by Sir Robert Cary, who carried north on horseback the news of Queen Elizabeth's death in about sixty hours.-London Standard.

DON'T WURRY ... AND BREATHE.

Content and Health.

being in the least conspicuous; if you human beings. poised and good-tempered.

Why the Wind Blows.

In reference to air currents and the there are different regulations in force | England explains that air consists of apart by expansion. A quart bottle, with ice, the air inside contracts, |ence of the sun. Many people imagine that anyone | When this occurs, more air rushes in

A Bit of History.

The term windmill, used in its widest sense, means a machine by which the energy of the wind is applied to useful purposes. Windmills were certainly in use as early as the twelfth century, but their exact origin is lost in the oblivion of the past. Their introduction into Europe is generally ascribed to the Saracens, through the Crusaders. Flashing their crimson crossed banners nomeward, through Europe, the knights of Richard Coeur de Lion brought many strange customs and innovations with them. The on her lap—a very favorite occupation | England, dated the twelfth century, | trouble on its possessor. Thus a first | of English maidens. Imagine the | deals with certain disputes in refer. | child is never known except by its ence to tithes connected with "windmilles." Since those faraway times windmills have been in constant use ents. But modern science has provided us with more efficient and reliable means of grinding corn or driv-Burne-Jones, the artist, used to tell ing engines than the somewhat intera story of a little boy who on one mittent power of the wind. So, in this occasion asked to be allowed to go to country, windmills have become obbed at the children's tea time, a cir; jects of ornament rather than use. | ple at home to know how the Budcumstance so unique as to puzzle the In Holland they are still largely em- dhist priest of Burmah get their daily domestic authorities. The mother re- ployed in draining the polders and bread

A Sound Telescope.

The "telacoust," as lately patented in England, is a curious new instrument-a kind of sound telescope that catches a faint noise and magnifies, extending the range of the ear to four times the usual distance. The cupshaped receiver can be pointed to any direction. The sound waves from the distant source are brought to a focus by a parabolic reflector, and are passed through a flexible tube to ear pieces. The volume of sound as thusconcentrated is claimed to be 12 times. as great as would reach the unaided. ear. The instrument is expected to be, especially valuable at sea, as it will not only pick up fog horn and other sounds, but can be made to show their direction by turning the receiver un-

His Daughter's Novel. Sir Russell Reynolds, the late eminent physician, once related, how he the publication of "The Story of Eliza-I admired this charming novel. 'I' form no opinions of its merits, as I' have not read it.' 'Not read it!' I exthe answer, 'I dared not. I love her | too much' -- Pall Mall Gazette.

A Twice-Won Medal.

twice won.

R. H. Cook, Newburgh, sold a J. P. Griffith, Peseronto, received a Centreville fair.

CITY OF WEIRD BEAUTY.

Are Refined and Modest.

An English scientist, Eustace Wells | There are worse places than Singaby name, says that worry is one of pore but I don't recall their names at has been given by the Ontario Govthe few talugs that we can lay down this writing; yet Singapore is really a ernment in the report of the Bureau a law against, as it is absolutely pois- beautiful city, writes George A. Doronous. Unlike other poisons, it does | sey, Ph.D., LL.D. It grows in beauty not stimulate, but is a depressing, and its beauty grows on you. It is an paralyzing and breaking-up poison. It exotic beauty, the strange, penetratis a sheet waste of energy to be dis ling beauty of a great conservatory. appointed or to rebel against one's the beauty of hundreds of gold mohur circumstances, and life would become trees in resplendent blossom, of much more bearable if only people strange orchids, of gayly decorated would take things philosophically, as richshaws, of hundreds of Chinese a matter of course. On the subject of coolies in hats which look like invertdeep breathing, Mr. Miles says that |ed washpans. And of-well it would those who have mastered the art of seem there are thousands of themdeep and full breathing are thereby imported beauties from Japan and enabled to master their emotions - China, who monopolize the only they can overcome pain and secure streets which are alive after sunset. control of the mind and of the circu- In these streets you will find all lation of the blood. The control of your friends of the ship. Singapore

the breathing prevents one from be- does not invite the sightseers during coming hurried and flurried and one the day, but at night they sing their the works extant have been drawn acts leisurely, although not lazily. songs on the steps of the long ar-Breathing can be adapted to various cades, the short, pudgy Japanese lations" that had been published needs; for instance, in producing leading the chorus. The white wo- been guoted, but much of them is warmth or the opposite effect; or one men-you never realized before how given that has never been published can breathe in order to become more repulsively ugly a white woman could, until now. Correspondence of the Jesensitive-in fact, the all-round value be-are close seconds. The shy, de- buit and Recollet missionaries now in of deep and full breathing cannot be mure, slender Chinese maids alone the possession of their descendants overestimated. Of all physical prac- are quiet, reserved, modest. They in France and Switzerland has also tices this is the first and foremost, | alone wear an air of refinement, of and one that can be regulated without | nobility. They are still women and | Father Jones is not only the archiv-

have learned now to oreathe deeply There is something aristocratic charge of the Jesuit records of they only notice that you are calm, who works with her hands. She may continents. He has gone over the most be old, she is ugly. She may be poor, of North Simcoe, and by actual caland her work hard; but she plays the culation, having reference to the re-The subject of mixed bathing has reasons why the wind blows, a recent looks coarse, sloppy or slovenly. As in the report, as well as nine of the compared with woman in similar water color sketches of Father Martin, walks of life in London, she is a per-

Sunshine and Character.

"Sunshine," says an English physi-Bay the sexes must be at least sixty | contraction, or forced to fly further | cian, "has an enormous influence upon character. As is generally known, Don't take a white bathing costume | for example, holds 22 grains of air at | the great difference in temperament with you to Morecambe Bay, as the the temperature of 70 degrees. If the between the Spaniard and the Swede authorities have taken exception to bottle be cooled by surrounding it is almost entirely due to the influ-

"Northern races-and the people of can bathe from the beach, but this | through the bottle's neck. The quart | Great Britain are, of course, included is not the case at some resorts, where of air now weighs more than 22 grains. among them-enjoy very little sun on parts of the shore are private. At If the bottle be heated, the air it con. | the whole. They are more used to Broadstairs a portion of the foreshore | tains expands, its tiny particles fly | leaden skies and dull, rainy weather. accepted term on the continent. escape from the bettle altogether. rigorous cold for months on end. Such The Ramsgate authorities object to There is still a quart of air, but it | weather conditions produce in the hawkers and vendors, and only allow | weighs much less than the original 22 | long run men and women of a hardy, stubborn, self-contained type. They lumbering operations in the country patrol the beach. Why this should be Now, consider the earth and the are somewhat melancholy, it may be, are now in progress. holiday-makers seldom care about er and expands. Where the heat is the fighters. I might even say that

hirst.

Hawkers may hawk, and vendors have weight, but the cold, being the "Now we come to the countries barges." may vend, at Morecambe Bay, but for- heavier, is drawn more effectively which are flooded with warm, golden tune-tellers must not tell fortunes- down to the ground. In doing so it sunshine almost all the year round. say those in authority. At some sea- drives the lighter air up out of its It may seem a curious thing to sugmostly occupied by sellers of sea- the water upward. If the earth were I do not think so-from the coldshells, and only a few hawkers are | equally warm at every part, and con- | blooded northerner's point of view. tinued at a constant temperature, But continuous hot sunshine makes! the question of running trains on Sun- other words, air moves from the place | warm-hearted, quick-tempered type of

African Folk Lore.

Major A. J. N. Treadearne of the British army, has spent some years in Northern Nigeria, and has collected a wonderful stock of the folk-lore of the Hausas. These people attach tales, or proverbs, or special peculiarities to every well-known animal, as well as to the members of every trade or profession. Many of these he described to-day. Thus the spider is considered to be king of cunning, but the dog is rather a fool. If a Hausa is caught telling lies he can always excuse himself by saying that the story was told in the name of the "insect king." Then there is a strange magic in earliest written record of windmills in | names; to mention a name may bring nickname, and wives are careful never to mention the names of their husbands. Moreover, there is a likeliin Europe, America and other contin- hood of trouble coming to a child. especially a first child, if the father should ever see it being nursed by the mother.

> Where Priests Are Beggars. Perhaps it would interest the peo-

Every morning after sunrise they go out in batches in Indian file, preceded by a native boy with a bell, which he rings at intervals. This warns the people of their approach, and it is wonderful to see with what reverence

the people regard these priests.

Immediately the bell rings a Burmese woman runs out with her offering of rice, bananas, eggs, or the best that her house can provide. No words of greeting are exchanged. The offerings are made and received in

The Buddhist priests may not receive money. This is why they have to beg for their daily bread.

An Old Drought Cure.

An old time specific for drought vas simple enough. It was only necessary to burn fern. An interesting reference to this belief occurs in a manuscript letter preserved in the Pococke collection in the British museum. It is dated Aug. 1, 1636. It runs: "To My Very Loving Friend. the High Sheriff of the County of Stafmet Thackeray at dinner shortly after ford-Sr.: His majesty, having taken beth," by his daughter, now Lady Staffordshire that the burning of feru once of the Irish Secretary of that Ritchie. "I told Thackeray how much doth draw down rain and being de- day, "Mr. Stanley and I do very well am very glad, he replied, but I can may enjoy fair weather as long as he so totally about Ireland that I never claimed in great surprise. 'No,' was all burning of fern to be forborne."

Road Made of Leather Waste. Birmingham, Eng., has a road made A Kingston-on-Thames (Eng.) man of leather waste, which is judged to has just received from the War Of. be a complete success. There had tion in 1860, in which he served with until somebody conceived the idea of lar, however." the King's Royal Rifles under Lord | road making with it. It was first Elgin. During the past fifty-one years | shredded into fine bits and then treathe wrote fifty letters to the War Of. ed with bitumen and tar. The road fice on the subject, so that the medal has been in existence for a year. ing for horses.

sided, for interment.

FOUND HURON VILLAGES.

If You Would Know the Meaning of But In Singapore Chinese Maids Alene New Chapter of Canadian History In Archives' Report.

A new chapter in Canadian history of Archives, just issued by Alexander Fraser, the Provincial Archivist. The volume is the record of an enquiry into the location and history of the villages of the Huron Indians. These were nearly all in what is now the County of Simcoe. For the first time their location, which has been a subject of controversy, has been definite-

The province is indebted to Rev. E. Jones, S.J., archivist of St. Mary's College, Montreal, for the in formation given in the bulky volume. The report is a veritable mine of Information and is the result of five years 'work of Rev. Father Jones in collaboration with Mr. Fraser. All apon. Not only have the "Jesuit Rebeen secured.

ist of St. Mary's College, but has, and fully, people may not suspect it about the Chinese woman, even she both the North and South American game. She keeps her self-respect; cords, has definitely located the varshe rarely grows gross. She never tous villages. His maps are given,

A chronological and biographical record of the missionaries and mission centres year by year from 1615 to 1650

Letters and records of the period, both in the possession of Father Jones and Mr. Fraser, now see daylight for the first time. For over forty years. Father Jones has been collecting and studying these old records and is regarded as one of the leading aboriginalists on the continent. He has applied the term Huronia to this department of research, and it is now the

Sunken Logs.

On the shore of Lake Ontario, in the Bay of Quinte, the most peculiar,

Hundreds of logs of oak and black walnut, many of them 50 or more feet long, are being brought up from: the bottom of the bay with grappling hooks operated by powerful engines and hoisting apparatus stationed on

Some of the logs have been submerged over twenty-five years, but when brought to the surface are found to be in as perfect a state of preservation as the day they went to the bot-

Forty years ago the shores of the Bay of Quinte were lined with great primeval forests of pine, oak and black walnut. The pine first attracted the lumbermen and was the timber really sought for, but every tree went down before the woodman's axe during the winter months.

In the ten or fifteen years required to denude the country of its forests the bottom of the bay and the adjacent coves became carpeted with logs that to-day are worth a high price. It was not until this summer that plans were devised for raising the sunken logs. Divers were sent down to see if there were a sufficient number to make holsting operations profitable. The reports brought up were so favorable that scows were equipped with the necessary machinery and the hoisting work is now in full swing, Some days a scow or barge and its crew will bring up hundreds of dollars' worth of logs and on two different days the returns reached the

\$1.000 mark. An investigation is now being made in several other rivers along the banks of which lumbering operations were conducted on a large scale years ago.

Canada's Lumber Argot.

The Canadian lumber industry will furnish the dictionary maker with a generous share of his swelling word totals, if it has not already done so, says The New York Post. Timber tracts across the border are divided into "limits" or "berths." The growing timber on a tract is a "stand," and the contents of a "stand" are measured in "feet," which means a board one foot square and one inch thick, and not a cubic foot. To survey a stand of timber is to "cruise" it, the man who does it is a "cruiser." and his report is a "cruise." Trees are "falled," and the man who has "falled" them is a "sawyer." For transportation by water logs are made up into raits, but "rafting" means hauling a raft by tugs. The cross logs that bind the raft together are 'swifters," and the intervals between the "swifters" are "sections." The Canadian equivalent for lumber-jack. is "shanty-man." Going up to camp is going "up to the shanties." Land that has been burned is "brooly." that is to say, brule. Timber is frequently cut with four flat sides, but with part of the original circumference of the log left between the flat sides. This curve is the "wane, 'and the log so cut is a "waney log."

An Official Mystery.

Years ago, when Lord Anglesey was notice of an opinion entertained in | Lord Lieutenant of Ireland, he said sirous that the country and himself together as companions, but we differ remains in those parts, hath com- mention the subject to him." Just manded me to write unto you to cause | how they transacted official business remains a mystery.

They Might Disappear.

"You want the pockets to run up and down, I suppose?" said the tailor. "No, sir," the trutable customerereplied. "I prefer stationary pockets. fice the medal for the China expedi- been no use for the waste leather | You may make the slits perpendicu-

An Acre Each.

If the land in England and Wales were equally divided there would only may now be considered to have been Moreover, it makes a comfortable foot- be a little over one acre for each per

On Wednesday, Mrs. Elizabeth Shane, matched pair of carriage horses to a telegram announcing the death of his widow of the late James Shane, suf-Montreal buyer and delivered them on mother, Saturday afternoon, and left fering from cancer since February last, September 23rd, for 8500. This team for Chiladelphia on Sanday noon. died at Toronto, at the age of sixty took first prize at the county show Mrs. Alice Nolas, of Brantford, diet years. Deceased was born at Bethel, and also special prize for best team on Thursday. The remains were taken Unt., and subsequently went to Camcarriage horses, and also first prize at | Smith's Falls, where she formerly re den East. She went to Toronto from Deserouto about six years ago.



# Where To Buy Your Fall Shoes

There is no time of the year that you need such good Shoes as now. The Fall is the hardest test that a Shoe can get. Damp feet means a chance for all kinds of sickness. We will not handle the shoddy kind. You should buy from the same standpoint. Every Shoe we sell is guaranteed to give value for the price paid.

REID & CHARLES P.S. See our Classic Line of Children's Shoes,

A New Laxalive -the best known to modern medicine -is the active principle which makes NA-DRU-CO LAXATIVES

best of the NA-DRU-CO line. 25c. a box. If your druggist has not yet stocked them, send 25c. and we will mail them. Metional Daz and Chemical Company of Canada, Limited, . . . Montreal.

so much better than ordinary physics. While thoroughly effective, they never

gripe, purge or cause nausea, and never lose their effectiveness. One of the

Try our Apple, Berry, Cocoanut, and Lemon Pies at 15c each.

Cream Rolls, 25c. per doz.

Berry Turnovers, 25c. per doz. R. H. TOYE, 302 King St., Phone 141.

# NERVOUS HEADACHES

**\*** 

THIS IS NOT A PATENT MEDICINE ADVERTISEMENT-IT IS A COMMON SENSE TALK.

DO YOU REALIZE THAT IF YOUR FEET ARE NOT PROPERLY FITTED THEY ARE UNDER A CONSTANT STRAIN. THE BLOOD DOES NOT FLOW FREELY, THE NERVES BECOME TIRED AND EXHAUSTED, AFFECTING THE ENTIRE SYSTEM, AND THE RESULT IS A NERVOUS HEADACHE THAT IS LAID TO ALMOST EVERYTBING BUT THE FEET?

IF YOU WILL LET US FIT YOUR FEET WE CAN PROVE THAT YOU WILL ALWAYS RECOMMEND FRIENDS AS

The Store Where Your Feet Are Fitted Perfectly

T HE HOME OF GOODSHOES

-----