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NERVOUS DEBILITY

OUR NEW METHOD TREATMENT will cure you and make a man of you. Under its influence the brain becomes sensitive, the blood purified so that all pimples, blotches and warts heal up; the nervous system strong as steel, so that nervousness, excitability and sleeplessness disappear; the eyes become bright, the face full and clear, energy returns to the body, and the intellect, physical and mental systems are improved; all diseases caused by nerve vital forces from the system. You feel yourself a new man; more vigorous, capable of a future. Don't let quacks and fakirs rob you of your hard earned dollars.

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THREATENED WITH PARALYSIS

Peter E. Summers relates his experience: "I was troubled with Nervous Debility for many years. I felt to be utterly helpless and useless in youth. I became very dependent and didn't care whether I worked or not. I imagined everybody who looked at me passed my secret. I had a nervous headache at night, weak eyes, my back ached, had pain in the back of my head, hands and feet were cold, tired in the morning, poor appetite, nervous, shaky, eyes blurred, legs loose, memory poor, etc. I had seen the doctors and in vain. I had had my back forced straight. I took all kinds of medicine and tried many foolish physical exercises, some to doctor's talk for three months, but received little benefit. I was induced to consult Mrs. Kennedy & Kennedy, through I had had all faith in doctors. Like a drowning man I grasped the New Nervous Treatment and it saved my life. The improvement was like magic. I could feel the nerve power through the nerves. I was cured mentally and physically. I have seen them many patients and could not say so."

CURES GUARANTEED OR NO PAY

We treat and cure VARICOSE VEINS, NERVOUS DEBILITY, BLOOD AND URINARY COMPLAINTS, KIDNEY AND BLADDER DISEASES and all Diseases peculiar to Men.

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Cor. Michigan Ave. and Griswold St., Detroit, Mich.

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CHARITY ASSOCIATION

THERE IS GREAT NEED FOR IT IN KINGSTON.

J. C. McQuarrie, Agent for Children's Aid Society, Deals With Matter in Interesting Letter.

J. C. McQuarrie, agent for the Children's Aid Society, writes the Whig as follows:

At the Canadian conference of charity and correction, recently held in the city of Hamilton, one of the institutions most highly commended by experienced workers everywhere was the charity organization society. Wherever it has been established it has proved to be of great assistance to all the societies that have availed themselves of its information and direction. Representatives from all the cities, where the various charities are organized, into a bureau of charities for the purpose of co-operation, unhesitatingly advise all other cities and large towns to get their charities organized at the earliest possible date if they would have efficient charity, free from the injurious defects of the present lax system. So strongly have I heard this urged at the conference that I am more thoroughly convinced than ever that a charity organization is very essential for this work in the city of Kingston.

This is the day of organization and co-operation in the commercial world and it is quite as important that workers in charities and correctional undertakings should come together for mutual advantage. The charity organization society becomes a sort of "clearing house" for all the various societies for indoor and out-door relief in the city. We want to hinder fraud, save time, prevent unnecessary labor, eliminate overlapping and consequent waste of money, and above all to do our charitable work so wisely that we shall not produce the evil we are trying to cure. There are over forty societies and institutions doing relief work in this city. Each society works in its own way and, except in rare cases, knows nothing of what the others are doing. Does any one imagine that there is no overlapping and waste as a consequence. I know of cases where help has been given by several societies in a single winter and I have no doubt there are cases where this has happened in a single month. This develops the professional "relief-seeker" on the one hand and the fear of overlapping often prevents any one organization from giving sufficient relief on the other. These defects ought not to exist but I unhesitatingly affirm that they are impossible to avoid where there is such a loose, haphazard, hit-and-miss system of charity as we have in the city of Kingston.

Outdoor relief, carelessly administered, is a great evil. It results in the complete prostitution and degradation of those who prey upon unwise managed charity. It is the very soil in which the pauper grows and multiplies. If outdoor relief were entirely stopped professional pauperism would cease. Charity is carelessly administered if the giver does not know what help the recipient is enjoying from other sources. It is impossible to have this knowledge without the closest co-operation and this co-operation cannot be secured without a charity organization society. It is possible that the charities of Kingston are producing the great evil of misguided, misapplied philanthropy, which has cursed cities in the past century by fostering professional pauperism and unwholesome poverty? I answer: It is more than possible; it is inevitable charity cannot be administered too rigidly. Nothing should be given prior to the strictest inquiry into the conditions. Give to escape the labor of investigation is vicious. In this bad habit of kind-hearted people is to be found the root of the invented stories, which bring tears to the eyes and money from the purse. The man who gives money to the poor without asking anything in return is working a positive injury to the individual and to society. These evils can be avoided only by such co-operation as is made possible by a Charity Organization Society.

The Charity Organization Society is not another charitable institution. It does not take the place of any other society nor handle any of its funds, any more than a clearing house takes

ONE HORSE POWER

WILL IT IS SAID, RUN 270,000,000 WATCHES.

Few Specimens of Machinery Have More Marvelous Feature Than Pocket Timepiece.

New York Scientific American.

Few pieces of machinery show more marvelous features than that of the watch. As a general proposition it may be stated that a watch is the smallest, most delicate instrument of the same number of parts that has ever been devised. About 175 different pieces of machinery enter into its construction, and upwards of 2,400 separate operations are comprised in its manufacture.

Certain of the facts connected with its performance are almost incredible when considered as a whole. A blacksmith strikes several hundred blows on his anvil in a day, and as a matter of course, is glad when Sunday comes, but the roller jewel of a watch makes every day—and day after day—432,000 impacts against the fork, or 157,600,000 blows during the course of a year, without stop or rest—some 3,153,600,000 blows during the space of twenty years, the period for which a watch is usually guaranteed to keep good time.

But the wonder of it does not cease here. It has been calculated that the power that moves the watch is equivalent to only four times the force used in a flea's jump. The watch power is, therefore, what might be termed the equivalent of a four-flap power. One horse-power would suffice to operate 270,000,000 watches. Furthermore, the balance wheel of a watch is moved by this four-flap power. One horse-power would suffice inches with every vibration, or 3,153,600 miles continuously in one year.

Not much oil is required to lubricate the little machine on its 3,200-mile run. It takes only one-tenth of a drop of oil to oil the entire machinery of a year's service.

CHURCH SPIRE A "HOODOO."

Sheboygan Congregation Decides to Cut It Off.

Sheboygan, Wis., Sept. 20.—The tall spire of Immanuel Lutheran church, 100 feet high, has proved such a "hoodoo" that the congregation will cut fifteen feet off the belly and lower the tower.

It has been struck by lightning several times. The last time it was big the tower was splintered, timbers in the attic were broken and twisted, and the lighting system was put out of order.

While the pastor, deacons and other officers deny being superstitious, there are many church members who recall the bitter strife occasioned about twenty years ago when the congregation was formed by seceding from Trinity church, the mother church. The pastor of Trinity at that time said that in his belief nothing good could come of the secession.

At a congregational meeting held at Balderson, in the Presbyterian church, last Tuesday evening, Rev. J. G. Gray, Cumberland, received a unanimous call. The stipend promised is \$1,000 per annum.



HAMILTON DEANE, Who plays Jack Meredith in "With Edged Tools" at the Grand, on Thursday, October 5th.

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The Coat Illustrated

No. 3170—Lady's 40-inch Automobile Coat in fine quality Electric Seal notched collar, loose-fitting back and front, lining of plain Satin. Special \$50

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Once you have used PURITY FLOUR you will readily pay the little more it may cost.



Until you have actually tried PURITY FLOUR you may demur at the trifle more it costs you than lower grade flours cost—but your first sack will show you why that seemingly higher price is a real economy for you

PURITY FLOUR

That trial sack (which you ought to order this very day) will teach you what Purity Flour is worth to you, as contrasted with an ordinary flour.

PURITY FLOUR is milled from only the kernels of the choicest Manitoba hard wheat—the world's wheat standard.

From the 84 grain elevators which we own and operate, we select the finest wheat of the year's crop. This, at our mills, is so treated that only the most richly-nourishing part of the wheat berry gets into a PURITY sack or a PURITY barrel.

The result is a flour so strong that it produces more bread for the quantity used than ordinary flour.

But bulk of product is not all you are to expect of PURITY FLOUR. You are to expect lighter, snowier bread; bread that has the nutlike, sweet, wholesome taste every housewife tries to put into the bread she bakes.

PURITY FLOUR, moreover, is not merely a bread flour. It is an every-purpose flour. It makes the kind of pastry you can be proud of—cake that invites praise—biscuits that suggest an encore.

Not only is PURITY the flour for economy's sake, you see, but the flour for quality baking. Thus, the few extra cents which it may cost you actually insures you against baking disappointments. PURITY FLOUR is the flour you will never be without, once you fully test its unusual merits.

Begin with a small trial sack, if you are dubious. Your grocer can supply you.

"More bread and better bread"

J. A. McFarlane, Kingston Distributor