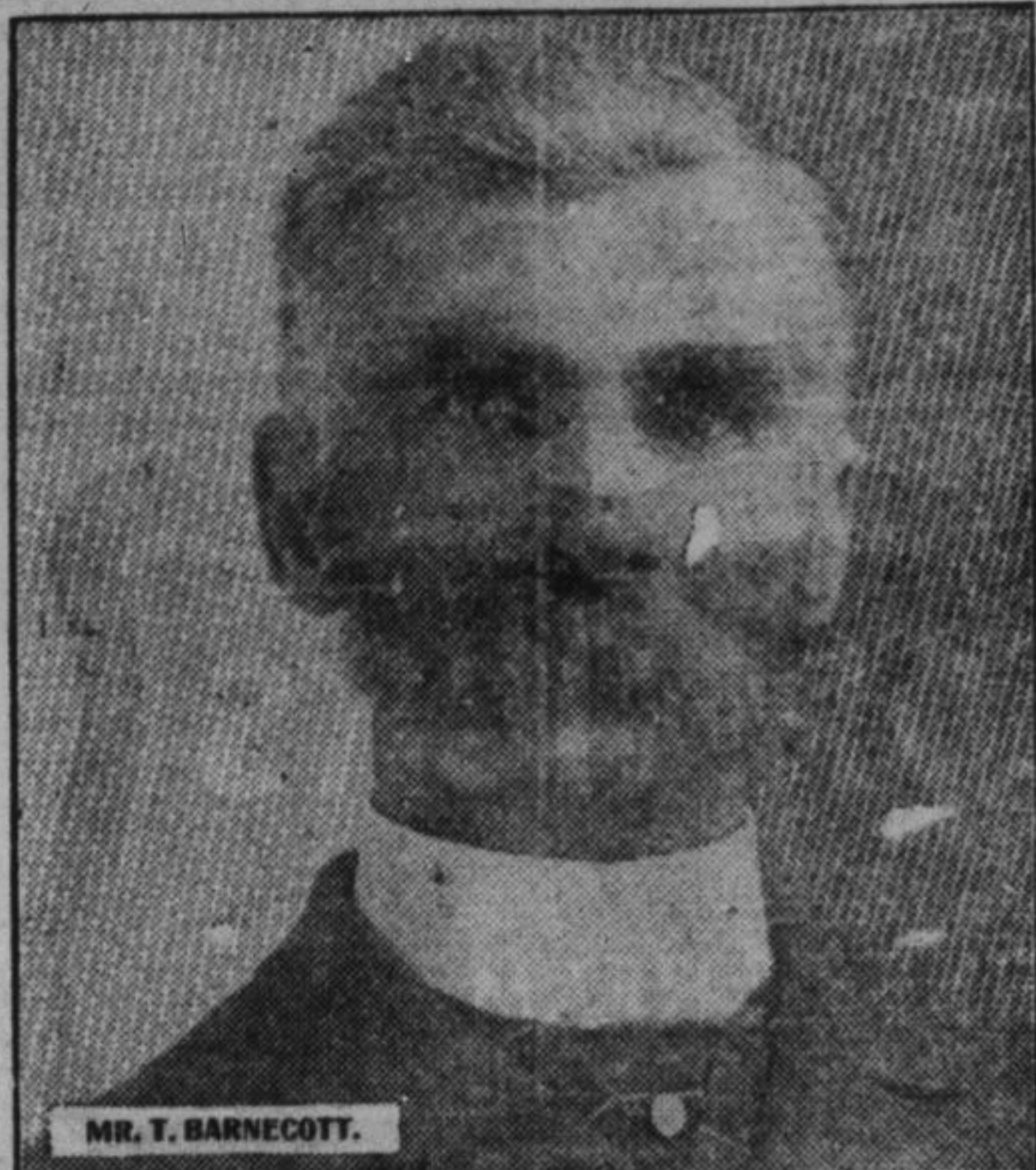


## Pe-ru-na Promptly Relieves Severe Cold and La Grippe.

Mr. T. Barnecott, West Aylmer, Ontario, Can., writes: "Last winter I was ill with pneumonia after having la grippe. I took Peruna for two months, when I became quite well, and I can say that any one can be cured by it in a reasonable time and at little expense. Every time I take a cold, I take some Peruna, which makes me well again. I also induced a young lady, who was all run down and confined to the house, to take Peruna, and after taking Peruna for three months she is able to follow her trade of tailoring. "I can recommend Peruna for all such who are ill and require a tonic."



MR. T. BARNECOTT.

EVERY year, during the inclement weather of winter, there is an epidemic of la grippe. The disease is really catarrhal in nature, but from the form it assumes, has been commonly termed the "grip."

**Splendid Remedy for La Grippe.** Mr. Frank H. Fielder, 213 Pleasant Ave., Montgomery, Ala., formerly principal of Haynesville High School, writes:

"I can truthfully say that Peruna is a splendid remedy for la grippe and a good tonic for building up the system. La grippe is very tenacious when it once gets a firm hold upon the system, and in addition to a thorough, systematic

catarrh remedy, a great deal of patience and persistence in the treatment are required to eradicate the disease. Peruna, an internal catarrh remedy, is one of the best medicines ever devised to meet the exigencies of these cases. The large number of commendatory letters received by Dr. Hartman, the inventor of Peruna, in behalf of his remedy is proof sufficient of its value as a reliable medicine for the "grip."

**Prompt Relief.** Mr. Frank Bauer, Minneka, Minn., writes: "I suffered with la grippe. My lungs felt as if knives were sticking in them. I took Peruna and in four days I was able to go out."

## CANADIAN WOMEN AND THEIR WORK.

CANADIAN WOMEN WRITERS.

By MAJORY MACMURCHY.

Copyright by Publishers Press Ltd. It used to be said, and is said still, that Nova Scotia and New Brunswick head the other Canadian provinces in the making of poets. One province



MISS MONTGOMERY.

does not seem to be favored more than another in the work of Canadian women writers. Miss L. M. Montgomery of Prince Edward Island, who as Mrs. Ewan Macdonald, the wife of a Presbyterian minister, is changing her home this autumn to Leaskdale in Ontario, is the best representative we have of a Canadian woman writer whose native province by itself furnishes her with ample material for her charming stories. Miss Marshall Saunders has travelled much both in the old world and the new, but she is an individual citizen of Halifax and as characteristically Nova Scotian as any Canadian loyalist. "Marian Keith," Mrs. MacGregor of Orillia, is a most strikingly Ontario woman. Miss Montgomery is native to Prince Edward Island and Miss Saunders to Nova Scotia. Mrs. Elizabeth Roberts Macdonald, sister to Charles G. D. Roberts, is a true New Brunswicker and her verses reflect Frederickton and the province round about as faithfully as a looking-glass. Mrs. McClung was born in Ontario, but she was taken as a child to the West, and her stories are completely, triumphantly Western. Mrs. Murphy, author of "Jamez Canuck in the West," also a native of Ontario, would never have written in exactly the same vein as she does if she had not lived in Edmonton, Alberta. Mrs. Isabella Ecclestone MacKay, who was born in Woodstock, Ontario, is now a resident of Vancouver. Miss Agnes Deans Cameron is a native of Victoria, British Columbia, where she taught school for many years and where the style of "The New North" must have been formed; its author is now writing and lecturing in England with headquarters in London. Such a list as this should convince anyone



VALANCE PATRIARCHE.

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ISABEL ECCLESTONE MACKAY.

that Canadian women writers are not to be reckoned last among the forces which are building Canadian nationality. The two best known Canadian

women novelists are Mrs. Everard Cotes and Miss Lily Dougall. Mrs. Cotes was born in Bradford, Ontario. She won her first recognition as a writer for The Toronto Globe, using the pen name, "Garth Crafton"; she went round the world when the journey was something of a novelty for a woman, and wrote a series of articles on her experiences for "The Queen." These articles appeared later in book form as "A Social Departure." The delicate clear style in which "A Social Departure" was written and its delightful humor have made it one of the most widely known and the best liked of all Mrs. Cotes' writings. Shortly after its publication, its author, Miss Sara Jeannette Duncan, married Mr. Everard Cotes of the Indian Civil Service. Since then she has spent most of her time in India, with long visits to London and journeys to Canada every few years. Mrs. Cotes visited Canada this year after finishing an English political novel which is to appear serially in "The Queen." The best known of Mrs. Cotes' novels are: "An American Girl in London," "Those Delightful Americans," "A Daughter of To-Day," "The



MISS MCLUNG.

Crow's Nest," "The Pool in the Desert," "The Path of a Star," "The Imperialist," "Set in Authority," which appeared serially in The London Times, and "The Burnt Offering," an able novel dealing with East Indian affairs. Mrs. Cotes is a thorough workwoman. Her style is excellent. Her influence on the women writers of Canada who have begun to write since Mrs. Cotes made her name as a novelist is all in the direction of perfecting what the writer at first may be prone to consider her best. Miss Lily Dougall has been in Montreal and belongs to the well-known Dougall family who have made The Witness a household journal throughout the dominion. Miss Dougall's first success as a novelist was "Beggars All." From 1891, the year in which "Beggars All" was published, Miss Dougall lived in England until 1896, when she returned to Canada. In 1903



ELIZABETH ROBERTS MACDONALD.

she was compelled to return to England on account of her health. Miss Dougall spent the present summer with her relatives in Canada and will this autumn change her residence in England from Exmouth to Oxford. Her best known novels are: "What Necessity Knows," "The Madonna of a Day," "The Mormon Prophet," "The Earthly Purgatory," "The Spanish Down," and "The Paths of the Righteous," which deals with the position of the Nonconformists in England, contains a striking and beautiful portrait of an elderly Canadian who as the possessor of great wealth goes to England to discover the character of the relative whom he means to make his heir. This novel is Miss Dougall's finest work so far and indicates that we have still much to expect from it.

Miss Agnes Maude Machar, a native of Kingston, Ont., has influenced the study of Canadian history. Miss Machar once said that Miss Machar had given her an early impulse towards the study of history. Miss Machar has written both in prose and verse. Her "Lays of the True North," and "The Story of Old Kingston" are amongst her best known work. Miss Machar's

father, the Rev. John Machar, B.D., was second principal of Queen's University, Kingston. Miss Machar has had several notable friendships with people who have influenced Canadian character. Principal Grant, of Queen's University, the Rev. B. J. Macdonnell, of St. Andrew's church, Toronto, and Prof. Romanes, of Oxford, have been among those who have received sym-



AGNES DEANS CAMERON.

pathy and counsel from Miss Machar. Canadianists apparently have a gift for the writing of verse, and in this gift Canadian women share equally with men. Miss Isabella Valancy Crawford was born in Ireland. She came to Canada with her people while she was still a child. For powerful imagination and genius of utterance, Miss Crawford's poetry has scarcely been equalled in Canadian literature since her death. Her work was almost unrecognized during her lifetime and she died as she had lived in poverty and obscurity. There is a grocery store on the south-east corner of King and John streets, Toronto, where in a single room upstairs, Miss Crawford lived with her mother. Here she died. She had published a small volume of poetry in 1884. Her Collected Poems were published in 1907. (Continued on page 10.)



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