

LA GRIPPE

How to Cure It.

There is only one way to cure La Grippe and that is by attacking the germs which have entered the membrane and dislodge them. This is exactly what Byomei (pronounced High-o-mei), does. Byomei is simply the concentrated healing and antiseptic forces of nature combined. You breath these essences and nature does the rest. After inhaling Byomei your head becomes clearer, the headache disappears and in a night the cold is broken up.

Byomei is guaranteed by your druggist to cure La Grippe, Catarra, Coughs, Colds, Asthma, Bronchitis and Croup, or your money back. The outfit consists of a neat hard rubber pocket inhaler and a bottle of Byomei. This costs you \$1. (Extra bottles of Byomei, if necessary, 50c.) All druggists, or postpaid from The R. T. Booth Co., Ltd., Fort Erie, Ont. Sold and guaranteed by J. B. McLeod.

MEN of ideas, who have some inventive ability
and are looking for opportunities.
G. G. GRIELEY, M. V. P.
Patent Attorneys. Washington, D. C.

**THE ASSOCIATION
OF QUALITY**IN DIAMONDS, JEWELRY
AND SILVER.IF THE WEDDING GIFT
IS SELECTED FROM OUR
STOCK IT MEANS

QUALITY FOR THE BRIDE."

WHETHER THE EXPENDITURE IS \$1.00 OR \$600, IT IS ALWAYS ASSOCIATED WITH QUALITY.

THIS STORE'S REPUTATION FOR QUALITY IS OF 60 YEARS' STANDING.


Rodger & Wright
Jewellers.
Formerly Spangenberg's.
\$47 KING ST. KINGSTON.
Marriage Licences.

TOWN SAVED BY WINE.

Water Exhausted, so Firemen Had
Rescue to Wine Vats.

San Francisco, Sept. 22.—The old town of Sonoma was saved from destruction by fire last night by the use of wine from the great tanks in the wine depots.

The town is built almost entirely of wood and when the fire started it spread with great rapidity.

The water supply was practically exhausted, when the firemen turned to the wine tanks and quenched the flames after a loss of \$80,000.

Roster Desperado Defiant.

Foster, Que., Sept. 22.—William Eastman, who on Saturday barricaded himself and opened fire upon a physician and his companion, slightly injuring both, has not yet been captured. He is stated to have seven rifles, several revolvers and at least 300 rounds of ammunition, as well as a considerable amount of provisions.

THANKS OF MR. MOWAT UNDER CHIEF'S HOUSE

EXTENDED TO ALL THE LIBERAL WORKERS

MISSIONARY IS KILLED BY NATIVES.

For their Work in the Election—
He Says He Considered the Conditions Under Which He Ran as Inopportune.

The following letter is addressed by John McDonald Mowat to the liberal workers of the city of Kingston:

Kingston, Sept. 22.—Gentlemen: After the result of the election was known last night I had a chance to express my thanks to those of you who were assembled at the Whig office. I wish now to take the opportunity, through the columns of the Whig, of expressing my sincere gratitude to the large body of liberals who spared neither time nor labor in the fight to secure my return.

The election was fought on an issue not of my choosing, and at a time and under conditions which I considered and represented as being

thoroughly inopportune, but when the call came, I had no choice but to heed it and do the best I could under adverse circumstances. So far as I personally am concerned, I felt all the difficulties and disadvantages were more than compensated for by the spirit and undiminished support I received from the workers of the liberal party. In my experience in Kingston, I have never known more zeal and enthusiasm or more genuinely self-sacrificing efforts.

The battle is over and we must cheerfully accept the result, and I hope no bitterness will remain. The interests of the party are paramount to those of any individual, and if mistakes were made or services neglected, let there be no recriminations among yourselves. Let me take upon my shoulders all the blame and carry it down with me and let the party draw together and unite for the next fight with the same old spirit that has carried us to victory time and again during the last twenty years.

Again, I express my sincere gratitude to those who have stood by me so splendidly in this contest. Yours faithfully,
J. McDONALD MOWAT.

The Whig is Thanked.

Mr. Mowat has addressed the following letter to the Whig:

Gentlemen: I wish to take this early opportunity of expressing my very keen appreciation of the efforts of the Whig during the election that has just closed. Excellent as the Whig's record is, I have no hesitation in saying that, so far as my memory takes me back, I have never known it to conduct so able and powerful an election campaign. Keen and forceful without bitterness, emphasizing all the salient points in favor of the party, I can certainly say that no candidate in Kingston ever had and no candidate anywhere could wish better or more loyal newspaper advocacy than I have received from you. Please accept my most sincere thanks.

Yours faithfully,
J. McDONALD MOWAT.

1,000 Islands—Rochester.

Food Scarcer, and No Settlement is in Sight.

Dublin, Sept. 22.—The strike on the Irish railroads is spreading, and the situation has become worse. The food supplies are becoming short and at present there is only enough in the city to last for two days. There seems to be no prospect of a settlement, as the companies repudiate any suggestions of a compromise.

Miss Bessie Macdonald, Stella, who has been spending the past week in Portsmouth, returned home Thursday. Gem-jar rings, corks, all sizes; paraffine wax. McLeod's Drug Stores.

IRISH STRIKE SERIOUS.

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The object of the trip was biological survey, which should include a study of the animals, the botany and the geology of the region. Scientifically, Dr. Crampont said that his trip was very satisfactory. He brought home many specimens of various kinds and 200 photographs and a detailed report. Professor Crampont did not attempt to reach the summit of Mount Roraima, which is about 8,600 feet high. He went up to about 4,700 feet altitude.

Three times on the trip did Professor Crampont himself narrowly escape being murdered by the natives.

The census of the western provinces show great gains, the largest percentage of gain being credited to Alberta. The cities of Winnipeg and Calgary show the largest gains of any of the western cities.

Archibald Blue, chief of the census and statistics bureau, said that a glance at the figures relating to manufacturers showed many surprising gains, and instances the city of Hamilton, Ontario, whose manufactures have increased more than 100 per cent, since the last census. Mr. Blue said the cities of Montreal and Toronto would show similar gains.

The census of the district along the west shores of Hudson Bay and west to the height of land was taken under the direction of the Royal North-West Mounted Police, and is complete, showing a population of 1,500 Eskimos and Indians, and a few white and half-breed trappers. The enumerators there and in the Yukon and North-West districts had to travel thousands of miles by canoe and horseback and on foot. In some remote sections of the far north the duties were performed by missionaries and men of the Hudson's Bay company.

The census of the Arctic waters was taken by Capt. Bernier, the explorer, who has just returned.

The larger increase in the province of Quebec will raise the basis of representation in the House of Commons from 25,000 to 30,000. This will result in Nova Scotia and New Brunswick each losing two seats and in Prince Edward Island losing one seat. Ontario will certainly gain no members and may lose one or two.

The provinces west of Lake Superior will gain about twenty-seven additional members, which will increase the membership of the House of Commons, after redistribution, from 221 to 241 members.

A business man, of Baltimore, made the trial, says:

"Two years ago my health had become so seriously impaired it was impossible for me to attend to business. At the least exertion my nerves would give way and the condition of my system allowed me little or no rest or sleep at night. Stomach trouble soon followed and I could take no solid food. I tried the best tonics and medicines but they all failed.

Finally Grape-Nuts food was recommended and after using it for ten days I began to feel its good results and at the end of three months I was again a well man—nerves restored to their normal condition, strength renewed and I was able to do any amount of both mental and physical work without feeling unduly fatigued.

I know Grape-Nuts built up my brain and nerves and still keep them strong and vigorous just exactly as food builds up muscles or fat, for instance, and I am glad to have learned this valuable lesson." Name given by Postum Co., Battle Creek, Mich.

Trial ten days proves things when Grape-Nuts food is used. "There's a Reason."

Look in packages for the famous little book, "The Road to Wellville."

A good working brain is built up from food which contains the things the brain is made of

Doing Things**By Clear Thinking**

The thought comes first,

The better the brain,

The better the thought,

The better the achievement.

A good working brain is built up from food which contains the things the brain is made of

GRAPE-NUTS

FOOD

is skilfully and scientifically prepared from wheat and barley and contains the "vital" phosphate of potash essential in building up a well-balanced body and brain.

"There's a Reason"

FOR

Grape-Nuts.

Canadian Cereal Co., Ltd., Windsor, Ontario, Canada.

Amusements.**GRAND OPERA HOUSE**

Saturday, Sept. 23

Burgess Matinee, 2:30. Evening, 8:15.

THE MERRY MUSICAL COMEDY,

THE FRENCH MAID

22—MUSICAL NUMBERS—22.

50 PEOPLE, BIG BEAUTY CHORUS,

Gorgeous Costumes and Scene Effects,

Burgess Matinee, 25, 35, 50, 75c, \$1.

Evening, Special, 25, 35, 50, 75c, \$1.

Seats now on Sale.

MISSISSAUGA

CANADA'S POPULATION

WILL SHORTLY BE ANNOUNCED

AS EIGHT MILLIONS.

Large Gains in Quebec—The Western Province's Will Get Twenty-seven New Parliamentary Members.

Ottawa, Sept. 22.—Canada's fifth census, begun in June, has been completed, and the official figures will be made public within a few days, as soon as the returns are in from the far-off Yukon and North-West districts.

While the figures in hand will not be given out in detail, many of the facts disclosed by the census are available. First among these is the fact that Canada's total population is well up to the eight million mark, which enthusiastic prophets had foretold.

The returns show that Toronto and Montreal have been the largest gains in population. The former has the greatest percentage of gain, and the latter the largest gain in numbers.

The maritime provinces, New Brunswick and Nova Scotia have not grown as have Quebec and other provinces, but that they have more than held their own is about as strong as the census officials will put it.

The gains in New Brunswick and Nova Scotia were confined practically to Halifax and the mining sections. Prince Edward Island had still more.

The province of Quebec will show large gains all around, both in town and country. All the cities and towns increased, and the decrease included the rural districts.

In Ontario the population of the rural districts has fallen off, notably in Western Ontario, from which there has been a large migration to the west since the last census. This has been partly offset by a great increase of population in Northern Ontario, in the four districts of Nipissing, East and West Algoma, and Rainy River and Thunder Bay, where the population has more than doubled.

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