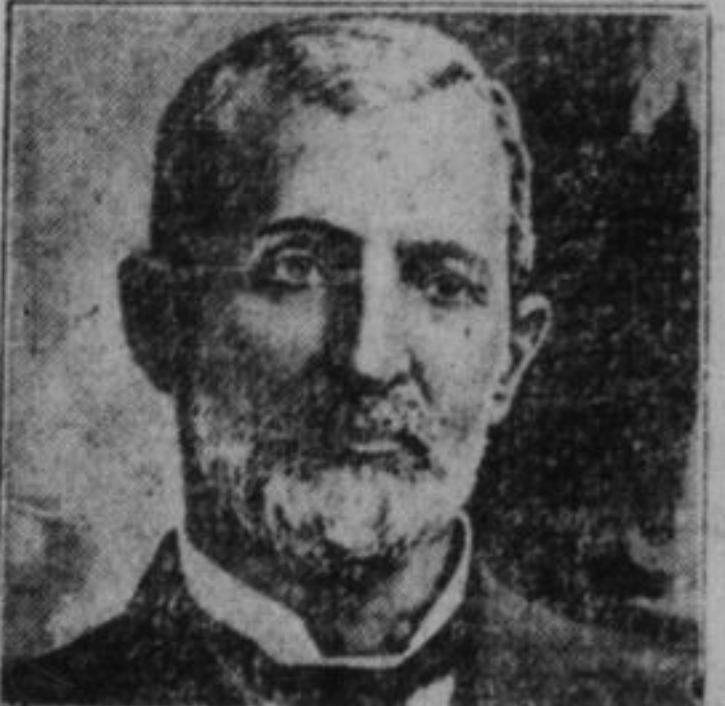


# FOR 25 YEARS HE SUFFERED

### Well Known Merchant Of Sarina Cured by "Fruit-a-tives"

SARINA, ONT., Feb. 5th, 1910.  
 "I have been a sufferer for the past 25 years with Constipation, Indigestion and Catarrh of the Stomach. I tried many remedies and many doctors but derived no benefit whatever.  
 Finally I read an advertisement of "Fruit-a-tives". I decided to give "Fruit-a-tives" a trial and found they did exactly what was claimed for them. I have now taken "Fruit-a-tives" for some months and find that they are the only remedy that does the good.  
 I have recommended "Fruit-a-tives" to a great many of my friends and I cannot praise these fruit tablets too highly."  
**PAUL J. JONES**



Thousands now use "Fruit-a-tives". Thousands more will try "Fruit-a-tives" after reading the above letter. It proves, beyond the shadow of a doubt, that at last there is a cure for Constipation and Stomach Troubles.  
 "Fruit-a-tives" is Nature's cure for these diseases, being made of fruit juices and valuable tonics.  
 50c. a box, 6 for \$2.50, trial size, 25c. At dealers, or sent on receipt of price by Fruit-a-tives Limited, Ottawa.



The Pantry Pest makes his exit when Keatings is sprinkled.

**Keatings in the Pantry**  
 Big hungry cockroach helping of himself—Sprinkle round some Keatings! On the pantry shelf.

Keating's Powder is odorless and harmless except to insect life. It may safely be sprinkled around the pantry.  
 For sale by all Druggists  
 In tins only 10, 15, 20, 35 cts.

## \$3.50 Reciep Free For Weak Men

Send Name and Address Today— You Can Have It Free and Be Strong and Vigorous.

I have in my possession a prescription for nervous debility, lack of vigor, weakened manhood, falling memory and lame back, brought on by excessive muscular strain, or the loss of youth, that has cured so many worn and nervous men right in their own homes—without any additional help or medicine—that I think every man who wishes to regain his manly power and virility, quickly and quietly, should have a copy. So I have determined to send a copy of the prescription free of charge, in a plain, ordinary sealed envelope to any man who will write me for it.  
 This prescription comes from a physician who has made a special study of men and I am convinced it is the surest-acting combination for the cure of deficient manhood and vigor failure ever put together.  
 I think I owe it to my fellow man to send him a copy of it, and I am sure that any man who is weak and discouraged with repeated failures may stop dragging himself with harmful patent medicines, secure what I believe is the quickest-acting restorative, upbuilding, STRENGTHENING remedy ever devised, and so cure himself at home quietly and quickly. Just drop me a line like this: Dr. A. E. Robinson, 3177 Oak Building, Detroit, Mich., and I will send you a copy of this splendid recipe in a plain ordinary envelope free of charge. A great many doctors would charge \$2.00 to \$5.00 for merely writing out a prescription like this—but I send it entire & free.



GATES, PENCING, ETC.  
 Manufactured by  
**PARTRIDGE & SONS**  
 Phone 230.  
 Crocker-Wright and Iron Works,  
 Also Electro Plating.

**Every Woman**  
 should know about the wonderful  
**MARVEL Whirling Spray**  
 The one "Grip" for  
 "Mistaken" health. It cleans  
 the system. Ask your  
 druggist for it.

If you cannot locate the  
 nearest druggist, write to  
 WINDSOR SUPPLY CO.,  
 Windsor, Ont.  
 General Agents for Canada.

# WILL WED THE LORD

### WAS HER LOVE, NOT HER MONEY

That Won This Lord for American Helms—Engagement Announced of Lord Camoys to Miss Sherman.

Newport, R.I., Aug. 25.—Mr. and Mrs. William Watts Sherman have announced the engagement of their daughter, Miss Mildred Sherman, to Ralph Francis Julian Stonor, Lord Camoys, of England.  
 The engagement of Miss Sherman



PHOTO UNDERWOOD & UNDERWOOD, N. Y.

and Lord Camoys was reported about the middle of July, but it was denied then by Mrs. Sherman's family here, and Lord Camoys also took occasion to write a denial to the Pall Mall Gazette in London.

Lord Camoys was an usher at the wedding in the spring of Lord Decies and Miss Gould, and he and Miss Sherman met at one of the entertainments which preceded the marriage. It is said that it was really a case of love at first sight.

Lord Camoys, or Ralph Francis Julian Stonor, which is his family name, is the head of the Stonor family. The peerage was created by Richard II., and is, therefore, one of the oldest. The first Lord Camoys was created for valor.

Miss Sherman is already the possessor of \$10,000,000 in her own right. When she arrives at the age of thirty, which will be in seven years, she will inherit a second fortune almost as large, from the estate of her maternal grandmother, the late Mrs. John Carter Brown.



PHOTO UNDERWOOD & UNDERWOOD, N. Y.

Lord Camoys is twenty-seven years of age. He is without great wealth, although of pleasant personality. The wedding is expected to be the Newport event of next year.

**How He Got a Drop.**  
 Pat had been to the races, and had lost all his cash on "dead certs," which had not "come off." Feeling excessively thirsty, he called upon his neighbor to help him, and walked into a hotel, where he entered into conversation with a gentleman, and inquired his age.  
 "My age is thirty-seven," answered the stranger. "What's yours?"  
 "Bedad, ye're a gentleman," replied Pat. "O'll just be after havin' a drop of the cratur."

**Coming Back to Short Coats.**  
 Clothes in the city say that short coats will be worn altogether this fall and winter. Not the richly-embroidered ones which were in vogue a few years ago, but that they will be much shorter than those worn during the past season. The change will be a welcome relief from the very long skirts which were so popular last season. The trousers will have less of the peg-top style.

**Feminine Indorsement.**  
 She advanced to the paying teller's window, and, handing in a check for \$50, stated that it was a birthday present from her husband and asked for payment. The teller informed her that she must first indorse it.  
 "I don't know what you mean," she said hesitatingly.  
 "Why, you see," he explained, "you must write your name on the back, so that when we return the check to your husband, he will know we have paid you the money."  
 "O, is that all?" she said, relieved. One minute elapsed.

Thus, the indorsement: "Many thanks, dear, I've got the money. Your loving wife, Eeolyn."

**Had Overlooked Something.**  
 He presented himself at the desk of a Florida hotel to settle his bill. The statement showed him indebted for four days' service, aggregating a sum total of \$124.  
 "Young man," said he to the cashier, "I've more money than you've called for."

When he was a "daisy" of coin the man who was a "daisy" is out of bloom.

# NURSING IN GERMANY.

Profession Marked by Long Hours and Short Pay.

The number of hospitals in Germany has increased in the last quarter of a century from 3,000 to 6,500 and the number of beds from 141,000 to 370,000. While the population has increased only 30 per cent, the number of hospital beds has increased 160 per cent.

Naturally this growth has extended to the nursing profession. Fifteen years ago there were about 50,000 women nurses in Germany. Three years ago there were 75,000. Nursing seems to enlist a good many men in Germany, for there are about 70,000 certified male nurses.

England heads the list, according to the Nursing Times, in the number of nurses in proportion to the population. It has twenty-three to every 10,000 inhabitants, Germany only 14.50 and Austria 8.25.

Unfortunately the title "Schwester" in Germany has been abused as much as the English "nurse," and there is a demand for state protection for both title and uniform. The Red Cross sisters have obtained this protection and state regulation will probably do the rest.

The placing of nurses is not yet organized and centralized and, therefore, is largely in the hands of middlemen or registry officers. The age at which the nursing career may begin varies from eighteen (Baden) to thirty-five (Berlin).

For male nurses the lowest age is nineteen, but it is usual to begin after the period of military service, which in Germany has always to be reckoned with. Great stress is laid on the necessity for professional secrecy. In a court of law nurses are not obliged to give evidence unless they are especially permitted to break this rule.

The law allows unlimited working hours. In Berlin the day means twelve to fourteen hours of work, as well as some night nursing. In a Leipzig hospital, schwesteren are expected to work thirty-six hours without interruption once a week, followed (when under the diakonissen or religious) by an hour of religious service.

A sister in a private nursing home reports: "For three months worked from 5 a.m. until 9.30 p.m."  
 Sister Agnes Karll reports overwork in the case of some probationers. "Small wonder that morning and evening religious services are usually a period of rest for nurses. "Even the best nurse after two years of such work is unable to work any more" is the conclusion of a private nurse.

In Dusseldorf, where nineteen of the largest hospitals are run on the best lines, fourteen hours is the usual time, with two hours' intervals for meals and rest. Everywhere day work and night work are mingled, instead of being separate. There is a general desire for better organization on this point and a three shift system with a total of nine or ten hours work.

Payment is another point in need of improvement, especially among the male nurses. In Dusseldorf the beginner starts with \$2.50 a month, the second year probationer received \$90 a year, the sister \$105, raising in nine years to \$150, the matron from \$150 to \$190. Another constant ground of complaint is the food provided in hospitals.

**That Clever German.**  
 A German gentleman wanted to take a day's drive through the country. He applied to a stable for the horse and carriage. The owner, not knowing the German, was about to give him the team. Finally the German pulled out a roll of banknotes and said: "I will buy your horse and rig, providing you will buy them back at the same price when I return this evening." The dealer, not wishing to offend a probable future customer, consented. When in the evening the German presented himself and expressed his pleasure at the ride, the dealer, according to agreement, paid him back his money, and the customer started to take his leave.

"I beg your pardon, sir," exclaimed the dealer, "but you have forgotten to pay for the hire, you know."  
 "Pay for the hire? Why, my dear sir," coolly replied the German, "I fall to see that you will exercise your memory a trifle, you will agree that I have been driving my own horse and carriage all day, and now you have bought them back they are yours. Goodday, sir!"  
 And he left the astonished dealer to reflect.

**A Giraffe Laugh.**  
 Secretary Frank Morley, of the board of trade, is not an expert for the professional joker, but on the occasion of the circus parade yesterday he became the victim of an innocent appearing young woman.  
 Mr. Morley was passing the cashier's counter on his way to lunch when the young woman asked if he had seen the circus parade, and with a serious expression on her face said:  
 "They took all the animals into the parade except the giraffe, and I understand he was not allowed to go on the street."  
 "I wonder why?" replied the secretary.  
 "They were afraid the giraffe would eat the currents off the Hydro-Electric wires," explained the young woman.

**Pneumonia Serum Found by Savant.**  
 The germ of pneumonia is, vanquished according to Dr. Preston Kyes, of the University of Chicago, who has published the results of a series of experiments in the Journal of the American Medical Association. Chickens were inoculated with germs from a human victim of pneumonia, and humans prepared. The results obtained were surprising. Dr. Kyes tabulated his experiments, showing that mice, poisoned with pneumonia germs and then treated with the serum, showed immediate improvement, and in proportion as the serum was injected with greater frequency, recovered.

When he was a "daisy" of coin the man who was a "daisy" is out of bloom.



THE LITTLE TAFFETA FROCKS ARE SIMPLICITY ITSELF.

There is a smartness about the perfectly plain frock which no amount of trimming can rival. Exaggerated simplicity is now the fad in tailored street frocks of silk, and sometimes these frocks are made of self-striped mohair fabrics. The costume pictured is of black taffeta silk with stitched bands of the silk and very wide black silk braid. The Corlay collar gives the one strong color note, being of cyclamen pink silk. The helmet hat has a crown of this same pink color.

**Chinese Ingenuity.**  
 A writer in a French magazine tells a curious story about how they manage cheap lodging houses in China.

Along Chinese roads, it seems, there are many of these lodging houses, where the charge for a night's lodging is considerably less than one cent. All the bedding provided is one huge mass of feathers, into which all the guests burrow.

Formerly they used to get blankets, but some time ago those who run these primitive inns learned that their losses on account of the theft of blankets by their guests were far too large. Something, they decided, had to be done. Finally an ingenious man among them hit on this:

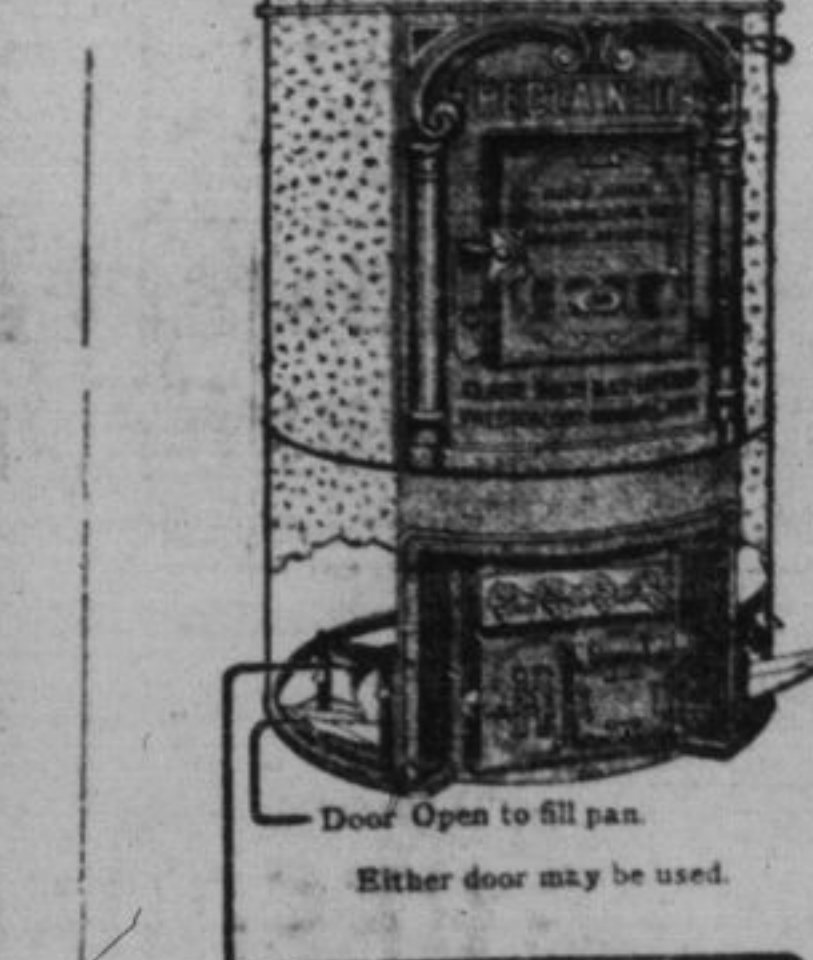
Over the big feather-filled room of his lodging house he hung an enormous canvas covering. In the day time it hung near the ceiling. At night it was lowered by means of pulleys until it covered the entire mass of feathers and all those sleeping thereon, thus taking the place of individual blankets. This huge canvas was provided with a large number of small slits through which the guests might stick their heads and escape suffocation beneath the immense covering.

Early each morning the loud pounding of a drum served to waken sleepers and warn them to get their heads out of the slits in the canvas. Thereupon they were to get up and fasten their heads to the ceiling and fastened there to await the next batch of sleepers.

Don't be a fool when your boss is around. He likes a monopoly of that sort of thing himself.  
 Some of our relatives may be dead in an annoying sense of the word.  
 Nowadays the office employs a civil service commission to seek the man.

# Moist Heat is the Natural Heat

### YOUR HOUSE WILL "FEEL" WARMER AT 65° WITH MOIST AIR THAN AT 70° WITH DRY



Adding moisture to the air in your home will give you the same heat for less fuel. A consideration, no doubt. But that is not all. Warm dry air, however pure, is not healthful. The human body demands more moisture than is carried in the winter air. The "Hecla" supplies this moisture in plenty. A large circular pan of water is placed where it will be easy to fill and where it will not be overlooked.

**"Hecla" Furnace**  
 SAVES ONE TON OF COAL IN SEVEN.

By actual test the "Hecla" saves one ton of coal in seven. That is, it is so constructed as to give the same heat for six tons of coal as you ever got from seven. Do you want to know more about this furnace?

**No Gas or Dirt.**  
 And it is just as important to keep the air free from coal gas and dirt. In the "Hecla" every place where experience has shown that gas might otherwise find an outlet, has been fused absolutely tight by our patented process. The same fused joints keep out the dust and smoke.

CLARE BROS. & CO., LIMITED, - PRESTON, Ont.  
**ELLIOTT BROS., Kingston.**

# EDDY'S Kitchen - Ware

Made from indurated Fibreware, is ideal in every way, for the various needs of the busy housewife.

These utensils are light and durable, have no hoops to fall off or rust, will not taint water, milk or other liquids, and are impervious. They will stand any climate, any fair usage. Made in Pails, Tubs, Keelers, Milk Pans, Wash Basins, Etc.

"Try Them, You'll Like Them"

The E. B. EDDY Co., Limited,  
 Hull, Canada.

**PIG TIN. PIG LEAD.**  
 Large Stocks Prompt Deliveries  
 The Canada Metal Co. Ltd., Fraser Avenue, Toronto

# Coolness and Comfort for a Summer Day

Don't make a fire in the kitchen. A hot kitchen means a hot house and a hot temper. It doesn't promote domestic happiness nor does it encourage sweetness of disposition. Here's freedom from kitchen worry and work: Have a deep dish for each member of the family; place in each dish two

# SHREDDED WHEAT BISCUIT.

(whole or crushed) and cover with berries of any kind—raspberries, blackberries, huckleberries or other fresh fruit, then pour over them milk, adding a little cream and sugar to suit the taste.

You will find it deliciously appetizing and nourishing, supplying all the strength needed for work or play. Shredded Wheat is ready-cooked and ready-to-serve. It is the whole wheat steam-cooked, shredded and baked—nothing added, nothing taken away. A food for the Summer days when the stomach is tired of heavy meats and soggy pastries.

### MAKE YOUR "MEAT" SHREDDED WHEAT

