

HOTEL DIRECTORY. DISSEMINATION. GO TO THE STEWART HOUSE, LEADING Commercial Hotel. Rates, \$1.50 per day. THOS. STEWART, Prop.

TRAVELLING. GRAND TRUNK RAILWAY SYSTEM. Pacific Coast and Return VANCOUVER. VICTORIA. PORTLAND. --- \$95.80 SAN FRANCISCO. LOS ANGELES. SAN DIEGO. --- \$101.10

Round Trip Homeseekers' Excursions TO WESTERN CANADA, TUESDAY, JULY 11TH. And every second Tuesday thereafter until Sept. 19th. Good to return within 40 days.

KINGSTON & PEMBROKE RAILWAY. IN CONNECTION WITH CANADIAN PACIFIC RAILWAY.

Homeseekers' Excursions Manitoba, Saskatchewan and Alberta. June 27th. July 11th, 25th. August 8th, 22nd. Sept. 5th, 19th.

BAY OF QUINTE RAILWAY. Train leaves Union Station, Ontario Street, 4 p.m. daily (Sunday excepted).

ALLAN LINE Royal Mail Steamers PICTURESQUE ST. LAWRENCE ROUTE. MONTREAL TO LIVERPOOL.

Quebec Steamship Company LIMITED. River and Gulf of St. Lawrence. Summer Cruises in Cool Latitudes.

NEW YORK FROM QUEBEC. Via the far-famed River Saguenay, calling at Gaspe, Charlottetown and Halifax.

BERMUDA. Summer Excursions, 11a and up, by the Twin Screw S.S. "Bermudian."

LAKES ONTARIO AND BAY OF QUINTE STEAMBOAT CO. LTD. Strs. Caspian AND North King

1000 ISLANDS AND ROCHESTER, N.Y. Steamers leave Kingston daily at 10.15 a.m. for 1,000 Islands, calling at Alexandria Bay, Rockport and Gananoque.

For full information, apply. J. P. HANLEY, Ticket Agent, 248 SWIFT & CO., Freight Agent.

MAGIC BAKING POWDER. CONTAINS NO ALUM. PURE THAT'S SURE. MADE IN CANADA. THOMAS COPLEY PHONE 987.

THOMAS COPLEY PHONE 987. Drop a card to 19 Pine Street when wanting anything done in the Carpenter line.

Wood's Phosphorine. The Great English Remedy. Tones and invigorates the nervous system.

KINGSTON BUSINESS COLLEGE (Limited). "Highest Education at Lowest Cost" Twenty-sixth year. Fall Term begins August 29th.

SUITS FOR ALL Men's and boys Suits and Overcoats. Ladies' Suits. Rugs, Curtains, Oilcloths, Blankets, etc.

Watermelons California Plums Apricots and Peaches A. J. REES 166 Princess Street. Phone 58.

POOR PLUMBING IS DANGEROUS. Fifth, decay, obnoxious odors, disease germs—ever a menace to health—are the outcome of unsanitary plumbing.

DAVID HALL 66 BROCK ST. Phone 435.

AROUND THE WORLD ON AN OCEAN LINER. HAMBURG-AMERICAN LINE. 41-43 Broadway, N. Y. or local agents.

Summer Service. STEAMERS TORONTO AND KINGSTON. Leave Kingston daily at 6.00 a.m.

CLEANING LACE CURTAINS. We excel in the cleaning of lace curtains. Send your curtains to us to be "done up" and have them looking right.

R. PARKER & CO. Dyers and Cleaners. 63 PRINCESS STREET, Kingston, Ont.

COOKE'S PICNIC HELD AT STALEY'S GROVE ON FRIDAY DAY AFTERNOON.

Baseball Game With Queen Street Was Won by Cooke's, 5 to 1—Results of the Races.

The picnic under the auspices of the Sunday school of Cooke's church, at Staley's Grove, on Friday, was a thoroughly enjoyable affair.

The following are the prize winners: Boys of primary class—William Cameron, George Anderson.

Girls of primary class—Gladys Montgomery, Gladys MacFavish. Boys of junior class—Kenneth Douglas, Russell Bird.

Girls of junior class—Dorothy Newman, Lillian Turner. The little "lots"—Jack Reid, Jessie MacFavish.

Boys under eight—Robert McKellar, Alex. Jamieson. Girls under ten—Irene McCullough, Letitia Turner.

Boys under ten—Stuart Toland, Earl Simmonds. Girls under twelve—Florence Montgomery, Georgina Amy.

Girls under fourteen—Eva McKellar, Edith Chapman. Throwing ball (girls)—Kathleen Smith, Mildred Keil.

Throwing ball (boys)—Andrew Dunlop, Harold Dunlop. Young ladies' race—Stella Arniel, Ella Keil.

Married ladies' race—Mrs. T. Reid, Mrs. W. Laird. Lady teachers' race—Irene Dunlop, Agnes Johnston.

Young men's race—Kenneth Pipe, Andrew Dunlop. Boys under fourteen—Donald Douglas, Harold Leslie.

Pitching quoits—H. W. Newman and Major A. Sharpe. Fat man's race—Thomas Moore, E. E. Wathem.

DEADLY ANAEMIA. Casts a Shadow Over Lives of Thousands of Women and Girls.

"Not enough blood" is the simple meaning of the term anaemia, though it should scarcely need explaining.

The greatest evils in this country, afflicting women of all ages, including young girls. The signs of bloodlessness are plain enough—pallid lips and cheeks, and aching back, frequent headaches, with breathlessness, heart palpitation and great weakness.

The only effective treatment is so strong, then and built up the blood, and it is just by this power of making new, rich blood, that Dr. Williams' Pink Pills have cured anaemia in more cases than it is possible to place on record.

After I had taken several boxes there was a noticeable improvement in my condition and I continued using the Pills until I had taken nine boxes.

My appetite returned, my nerves were strengthened, my weight increased, headaches disappeared, and I am enjoying the best health of my life.

Dr. Williams' Pink Pills cure all those troubles due to poor blood, such as anaemia, indigestion, rheumatism, neuralgia, St. Vitus dance, partial paralysis, and the troubles which attack girls budding into womanhood and women of mature years.

For Claydon, Ontario, every Tuesday, Wednesday, Friday and Saturday, at 6.15 p.m.

What Quarter? The conferring of knighthood upon Get-Rich-Quick Aitken, "the boy wonder," still continues to excite vigorous protests in Canada.

Row on Queen Street. A wordy altercation between two residents of the lower end of King street east, which grew exceedingly warm at times, furnished a great deal of excitement at times, on Friday evening, for nearby residents.

Mark Twain's Works. If you are interested in obtaining a complete set of all his books at one-half the former price of the easy payment plan it will cost nothing to get full particulars and a new thirty-two page book, "Little Stories About Mark Twain." Address Box 409, "British Whig office."

Bibby's great 69c shirt sale is on. Now is your opportunity to acquire through McCann, a lot, a house and lot, or a farm, at a price that will afford you a good profit in a year or two.



DRAGGED BY HAIR. Woman Travels Quarter Mile at Feet of Horse.

Mount Holly, N.J., July 7.—Mrs. George H. Kirby, an expert horsewoman, was dragged a quarter mile by her hair, not far from her home, by a young horse she was driving.

The horse became frightened when a team passed it at a rapid gait. It slid and the carriage was upset and wrecked. Mrs. Kirby's thick hair caught on a curtain button, and as the horse dashed away with the wreckage of the carriage she was dragged with it.

Mrs. (Rev.) J. S. McMullen, of Frankford, who on June 24th underwent an operation for floating kidney, at Trenton, is progressing satisfactorily, and hopes in a few days to be sufficiently recovered to leave the hospital and rest for a few weeks with her parents, Mr. and Mrs. J. F. May, East Trenton.

BOOT AND SHOE BARGAINS. Boys' Boots, sizes 1 to 5. Bargain Price \$1.35. Odd sizes Men's Goodyear Welts, in Tan and Black, \$5.50, \$5.00.

MAN who declared: "Money talks," (The scheming and saving old fox.) Said, "A shine for a dime! Nay, nay—POLO for mine—Fifty shines has a single dime box."

POLO SHOE POLISH. POLO BIG boxes not only give you more for your money, but keep the paste fresh longer than a smaller box can.

Stop Drink-Watch the Business Grow

The Gatlin Treatment Has Destroyed the Liquor Appetite in Hundreds of the Most Successful Business Men of This Community—That is Why They Are Successful.

ONLY THREE DAYS

Without hypodermic injections, substitutive stimulants or sedatives, in THREE DAYS the Gatlin treatment eradicates every trace of accumulated alcoholic poison from the drinker's system.

GATLIN INSTITUTE. 428 JARVIS STREET, TORONTO, ONT. PHONE NORTH 4538. A. HARGRAVE, Mgr.