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DISHERONTO.
 GO TO THE STEWART HOUSE, LEADING Commercial Hotel. Rates, \$1.50 per day. THOS. STEWART, Prop.

TRAVELLING.
GRAND TRUNK RAILWAY SYSTEM.

Pacific Coast and Return
VANCOUVER. --- \$95.80
VICTORIA.
PORTLAND.
SAN FRANCISCO. --- \$101.10
LOS ANGELES.
SAN DIEGO.
 Good to return until October 31st.

Round Trip Homeseekers' Excursions
 TO WESTERN CANADA.
 TUESDAY, JULY 11TH.
 And every second Tuesday thereafter until Sept. 19th. Good to return within 60 days.
 Through tourist sleepers, Toronto to Edmonton, via Chicago, St. Paul and Winnipeg. For berth reservations and further information, apply to J. P. HANLEY, Ticket Agent, Cor. Ontario and Johnson Sts.

KINGSTON & PEMBROKE RAILWAY
 IN CONNECTION WITH CANADIAN PACIFIC RAILWAY.

Homeseekers' Excursions
 Manitoba, Saskatchewan and Alberta.
 June 27th.
 July 11th, 25th.
 August 8th, 22nd.
 Sept. 5th, 19th.
 Tickets good for 60 days.
 Full particulars at K. & P. and C.P.R. Ticket Office, Ontario Street.
 F. CONWAY, Gen. Pass. Agent.

BAY OF QUINTE RAILWAY.
 Trains leave Union Station, Ontario Street, 4 p.m. daily (Sunday excepted), for Tweed, Sydenham, Napanee, Deseronto, Bancroft, and points north. To secure quick despatch to Bancroft, Maynooth, and points north, Central Ontario Route your shipments via Bay of Quinte Railway. For further particulars, apply to R. H. Ward, Ticket Agent, J. H. Welch, Pass Agent, Phone No. 2.

ALLAN LINE
 Royal Mail Steamers

PICTURESQUE ST. LAWRENCE ROUTE.
MONTREAL TO LIVERPOOL.
 Victorian, Fri. June 23; Fri. July 21.
 Arctican, Fri. June 29; Fri. July 28.
 Virginian, Fri. July 7; Fri. Aug. 5.
 Tunisian, Fri. July 14; Fri. Aug. 11.

MONTREAL TO GLASGOW.
 Hepperton, Sat. June 24; Sat. July 22.
 Ionian, Sat. July 1; Sat. July 29.
 Granplan, Sat. July 8; Sat. Aug. 5.
 Scottish, Sat. July 15; Sat. Aug. 12.

MONTREAL TO HAVRE AND LONDON.
 This service is composed of one class, second cabin steamers, sailing from Montreal every Saturday.
 Rates moderate.
 Full information on application to J. P. HANLEY, C. S. KIRKPATRICK, Ticket Agents, 111 St. Lawrence St., Kingston.
THE ALLAN LINE,
 77 Yonge Street, Toronto.

Quebec Steamship Company LIMITED.
River and Gulf of St. Lawrence
 Summer Cruises in Cool Latitudes.
 R.S. "Caspasia," 1,900 tons, recently fitted out on the Clyde, specially for this service, with all modern comforts.
 SALES FROM MONTREAL ON THURSDAYS, at 4 p.m. 6th and 20th July, 27th, 17th and 21st August, 14th and 28th September, and from Picou, the following day at noon for Picou, N.S., calling at Gaspe, Mal Bay, Percé, Grand River, Summerside, P.E.I. and Charlottetown, P.E.I.

New York From Quebec
 Via the far-famed River Saguenay, calling at Gaspe, Charlottetown and Halifax, S.S. "Trinidad," 2,900 tons, sails from Quebec, at 7 p.m., 14th and 21st July, 11th and 28th August, and 8th September.

BERMUDA
 Summer Excursions, 110 and up, by the Twin Screw S.S. "Bermuda," 5,000 tons, sailing from New York at 11 a.m., 15th July, and 2 p.m., 19th and 21st July and every 10 days thereafter. Temperature cooled by sea breezes seldom rises above 70 degrees.
 The finest trip of the season for health and comfort.
 For tickets and staterooms, apply to J. P. HANLEY, or C. S. KIRKPATRICK, Ticket Agents, Kingston, Ont.
QUEBEC STEAMSHIP COMPANY, QUEBEC.

LAKE ONTARIO AND BAY OF QUINTE STEAMBOAT CO. LTD.
Strs. Caspian
 —AND—
North King
 1000 ISLANDS AND ROCHESTER, N.Y.

Steamers leave Kingston daily at 10.15 a.m. for 1,000 Islands, calling at Alcatraz Bay, Rochester and Gananoque. Returning leaves at 2 p.m. for Charlotte, N.Y. (Port of Rochester), calling at Bay of Quinte ports.
 For full information, apply to J. P. HANLEY, Ticket Agent, Kingston, or write, H. Foster Clarke, A.G.P.A., Toronto.

FREE Distribution

OF HIS FAMOUS PAW-PAW KINGSTON ARE NOW TESTING THIS WONDERFUL FRUIT-PEPSIN.



A Notable Tribute To DR. MUNYON

Who Stated to Our Reporter at an Interesting Interview That Action means life, means progress, means success.

"The sentiment of successful men of to-day is expressed in the word 'now'."

The great God Now, not yesterday, Do I salute and homage pay.

We must no longer be governed by the customs, the usages and doctrines of the past.

Adhering to old methods, governed by worn-out dogmas, is responsible for most of our ills and misfortunes.

For thousands of years people have been led to expect sickness, decrepitude and death.

The teaching of the pulpit has been "Prepare to Die" instead of "Prepare to Live."

The public, as well as physicians, have taken it for granted that a man after he gets to be seventy, eighty or ninety years of age, is a useless member of society. These fallacious doctrines must be eliminated from our thoughts. People generally get what they expect.

I would have the public schools inculcate into the minds of all scholars that men should live almost indefinitely. That they are Gods of their own destiny.

My theory, that the lower bowel is responsible for most ills, sorrows and failures, as well as premature death; has awakened a general interest. Liberal physicians and scientists are commending me for this bold stand, for they recognize that if the bowels are clogged, indigestion, liver troubles, brain affections and kindred ailments are sure to follow.

Munyon's Paw-Paw Laxative Pills flush the bowels without irritating. They build up the system instead of weakening it. They digest everything that is put into the stomach. They habituate the bowels to act regularly without any foreign assistance, and I don't believe there was ever a better blood purifier than these pills. I want every person who is constipated, every person who has any liver ailments, every person who has pimples or any skin eruptions, every person who is nervous and debilitated, to get a package of Munyon's Paw-Paw Laxative Pills. Forty-five pills for twenty-five cents. Purchase them with a distinct understanding that if they don't do all that I claim for them, if they don't keep you well and make you happy, I will refund your money. MUNYON.

WILLIAM MURRAY, Auctioneer, City and Country Sales Carefully Conducted. Market Square, Kingston.

HAIR HEALTH

If You Have Scalp or Hair Trouble, Take Advantage of This Offer. We could not afford to so strongly endorse Rexall "93" Hair Tonic and continue to sell it as we do, if it did not do all we claim it will. Should our enthusiasm carry us away, and Rexall "93" Hair Tonic not give entire satisfaction to the users, they would lose faith in us and our statements, and in consequence our business prestige would suffer. We assure you that if your hair is beginning to unnaturally fall out or if you have any scalp trouble, Rexall "93" Hair Tonic will promptly eradicate dandruff, stimulate hair growth and prevent premature baldness. Our faith in Rexall "93" Hair Tonic is so strong that we ask you to try it on our positive guarantee that your money will be cheerfully refunded if it does not do as we claim. Two sizes, 50c and \$1. Sold only at our stores. The Rexall store, G. W. Mahood.

Summer Service
STEAMERS TORONTO AND KINGSTON
 Leave Kingston daily at 6.00 a.m. Eastbound for 1,000 Islands, Rapids, St. Lawrence, Montreal, Quebec and Saguenay.
 Westbound daily at 5.00 p.m. for Charlotte (Port Rochester) and Toronto.
 Steamer "Belleville" between Hamilton, Toronto, Kingston, Montreal, and intermediate ports. Leaves Kingston eastbound, Wednesdays; westbound, Saturdays.
 For tickets, folders, etc., apply to J. P. Hanley, Ticket Agent, Kingston, or write, H. Foster Clarke, A.G.P.A., Toronto.

NEWS OF NEIGHBORS

WHAT WHIG CORRESPONDENTS TELL US.

The Tidings From Various Points in Eastern Ontario—What People Are Doing and What They Are Saying.

News From Glenvale.
 Glenvale, July 4.—The hot, dry weather has ripened the hay very quickly, and farmers are busy cutting and gathering their crops. Michael Hawkey is seriously ill at his home here. Miss Mildred Orser is suffering with pneumonia, at Sydenham, where she is attending the high school. Miss Kathleen Orser, nurse-in-training at the Mary Fletcher hospital, Burlington, Vt., is at home. A number of young people from here attended picnics held at Sydenham and Kepler last week. Miss Ella Wood, who taught school here for the past year, returned to her home in Toronto, on Monday. Miss Lida Topfise is laid up with a sprained ankle. Sidney Alport intends moving his family to the west in the fall. Miss Harriet Rounda is visiting relatives at Mount Chesney. Miss A. Gordon and Miss M. Hamilton are at home for the vacation. Miss Bella VanOrder, Kingston, is visiting, her parents here.

At Crow Lake.
 Crow Lake, July 4.—Farmers throughout this vicinity are wearing



THE KING AND QUEEN PASSING ST. JAMES' PALACE ON THEIR RETURN FROM THE ABBEY. Their Majesties Wearing the Crowns After the Coronation Ceremony, are Here Shown in the Famous State Coach With its Eight Cream Horses.

broad smiles over the prospect of very heavy hay and grain crop. School has closed for the holidays. Service was conducted by Rev. D. D. Tapping on Sunday. William Sly has engaged with J. Hawley for the summer. A few girls have come to stay at James Mahon's. S. Mahon and Miss Mahon spent Sunday at Mabry. John Knapp, Jr., is ill. Visitors: Mr. and Mrs. William Reynolds, at Mrs. Richard Reynolds; Mrs. W. B. Tharrett and daughter, Amy, at J. W. Knapp's; Miss Annie Cassell, of Bolingbrook, is visiting Miss A. Tharrett; Mrs. A. Harris spent a few days with her parents; Mrs. John Knapp made a trip to Westport recently, on business; Miss Della Drader and her brother, from Devil Lake, were the guests of Miss Ida Bain, Crow Lake; C. Knapp spent a few days with his daughter, Mrs. William Tharrett.

NEW BOARDER KNEW HOW.

Taught by Experience Best Manner of Handling Landladies.
 When the new boarder went into the dining-room and sat down, there was only one other person at the table. The new boarder had a kind heart and thought he would be affable.
 "I suppose you've boarded here for some time?" he said to the other man.
 "Yes, quite a while."
 "How is it?" Any good?
 "Yes, pretty fair. I have no complaint to make."
 "Landlady treat you decent?"
 "Well, perhaps I ought to"—and then he hesitated.
 "Oh, never mind, old man," the new boarder said. "That's all right. I'm not. But, say, maybe you never tried chucking her under the chin once in a while. That's the way to get on with 'em. I never had a landlady that didn't treat me all yet. It's all in the way you handle 'em. See? I'll bet I can live here for a month on end without being asked for a shilling. Watch me banter her wiser she comes in. Before this time to-morrow she'll be telling me her family history. Poor old girl! She looks as if she'd had her troubles. Probably got tied to some John Henry, who was about man enough to shoot chickens out of the yard, and that's all. My name's Smith. Let's see, I haven't heard yours, have I?"
 "No, no, I believe not. But it doesn't matter. I'm just the landlady's husband."—The Mirror.

The First Menu Card.

London Globe.
 At a dinner given by Duke Henry of Brunswick in 1541 he was seen to every now and then consult a long slip of paper, which reposed at the side of his plate. One of the duke's guests asked what the paper was for. He explained that it was a sort of programme or catalogue of the dishes he had commanded from the cook. "To the intent that if some delicacy which especially appealed to his appetite were marked for a later stage in the repast, he might carefully reserve his appetite for it." The simplicity and utility of the idea at once took the fancy of the duke and the menu card from that moment became an institution. The new fashion was so much admired it travelled far and near, and was adopted in England and France at once.

DEATH AT BURNT HILLS

Of Samuel Williams, Aged Seventy Years.

Battersea, July 4.—Samuel Williams, an aged resident living about four miles north of the village, on the Burnt Hills Road, passed away, on Sunday last, after a severe illness of several months, from cancer of the stomach. The deceased was past seventy years of age, and had lived on the farm where he died for forty years, and was well liked by those who came in contact with him. He is survived by his wife and eleven children, ten of whom were able to attend the funeral. The funeral was conducted by Undertaker Sly, of Seeley's Bay. The service was held in the Methodist church, here, Rev. Barry Pierce officiating. Thompson Ennis and Hezekiah Vanvolkenburg are ill. Some have been temporarily laid aside by the extreme heat.

Samuel Jamieson and daughter, Alice, left last week for Saskatoon, Sask., to be gone about six weeks. Alice Jamieson, Irene Lake, Elwood Keeler and Victor Clark, from this locality, were successful in the Sydenham high school examinations.

Miss Eva Pyke, of Wolfe Island, presided at the entrance examination here, last week. There were only eleven candidates writing. Miss Grace Cunningham, teacher at Cedar Lake school, has gone to spend her vacation at her home in Boston, Mass.

S. M. Anglin has returned from a two months' sojourn at Boston, where he was studying music under a noted professor. He will spend some time at

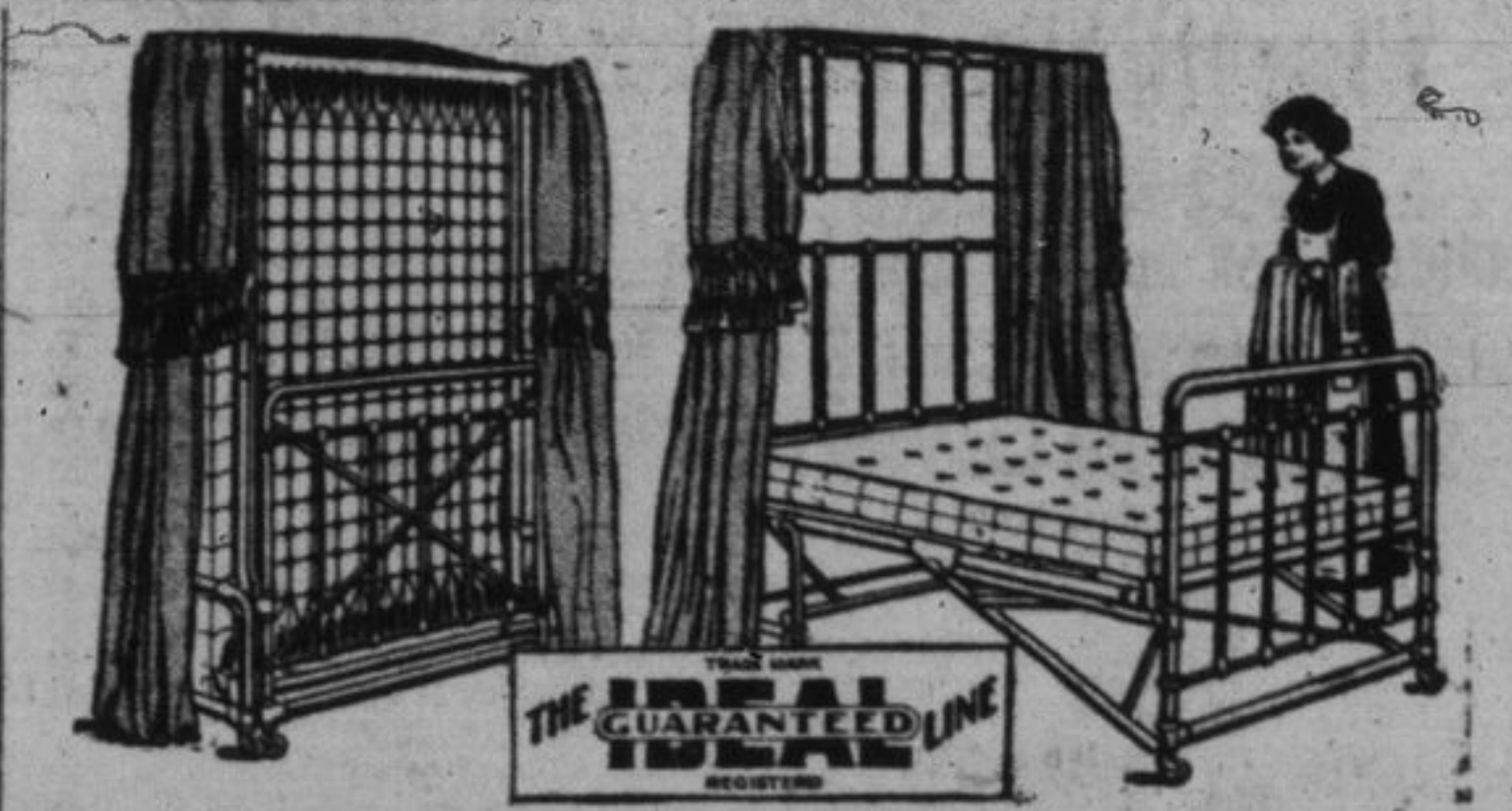
YARKER IS IN DESPAIR

Over C.N.R. Passing Through Church and School.

Yarker, July 5.—The Holiness Movement camp meeting at Yarker closed on Sunday night. There was an immense crowd present. The intense heat of Sunday overcame a few on the camp ground.
 The entry of the V.N.R. into Yarker places the Methodist church and the schoolhouse in a very bad position. The cost of a subway would be too great and would practically close up the Methodist church and as it is, it will shut out a large part of the congregation. The only way seems to be to dispose of both to the C.N.R. An overhead bridge is asked for at Carroll's crossing near the village.

The hay crop promises a good yield and farmers have commenced haying. The churches were slimly attended, Sunday evening, as the camp meeting drew the crowd. Bishop Mills preached here, Sunday, in St. Anthony's church. A. W. Benjamin and family have gone to their summer home at Sydenham Lake. Mr. and Mrs. Doller, of Napanee, are spending their vacation with them. William Silver and wife have gone to Watertown, N.Y.

Yarker school, from second to third class: Percy Gordon, 348; Ernest Smith, 343; Ross Scry, 337; C. Batstone, 233; Aubrey Crother, 330; Helen Walsh, 300; Helena Holland, 295; Clifford Redden, 276; Keith Walker, 266; Florence Convey, 239; May Young, 204; Bruce Redden, 325. Marks to pass, 235.
 Mrs. J. D. Shibley and daughter,



It is simply impossible for this space-saving IDEAL Folding Bed to close accidentally. It is self-balancing in any position.

Works with springs, not weights, and is so light and perfectly balanced that a child can operate it. All metal—therefore vermin-proof. No parts to work loose, wear out or break. Bedding kept in perfect order, always open to air. Canopy permits artistic draping—open or closed it is a handsome piece of furniture.
 Be sure and ask for the IDEAL Folding Bed, and see that it bears our trade mark. Ask for name of dealer nearest you.

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 SALES NEGOTIATED. RENTS COLLECTED.
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Our Cakes Lead In Quality

Try our Ice Cream Cake at 20c.
 Florence Cake at 25c.
 Swiss Mountain at 30c.
 Angel Cakes at 35c.

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When you want to clear your house of flies, see that you get

WILSON'S FLY PADS



Imitations are always unsatisfactory.

THE INTENSE HEAT OF THE PAST FEW DAYS

Makes the 5 o'clock early closing movement of great benefit to our employees. Will Customers kindly shop early during July and August so that our help can get full benefit of the early closing movement.
 A visit to our Store, will show some good values in seasonable shoes.

DAVIS DRY DOCK Co.
 is the right place to get all kinds of Boats and Launches, or Steam and Gasoline Engines, Rollers and Machinery. Repairs done promptly and at reasonable prices. A trial solicited.
Davis Dry Dock
 Phone 429.

J. H. Sutherland & Bro.
 THE HOME OF GOOD SHOES

CASTORIA

For Infants and Children. The Kind You Have Always Bought. Bears the Signature of *Wm. D. Galt*

MINISTER'S TESTIMONY

Rev. Charles Hartley, Sardinia, says: "For years I was a sufferer from bronchial catarrh, and had despaired of anything like a cure. Judge of my pleasant surprise when I first used Hyomei, which brought complete relief. Hyomei has been a veritable godsend."
 Hyomei (pronounced, High-o-mee) is medicated hair, full of the healthy virtues of the mountain pines. You breathe in the delightful antiseptic air, and as it passes over the inflamed and germy-fidden membrane, Hyomei cures catarrh, coughs, colds, bronchitis, asthma, and croup. Hyomei is guaranteed to do this or your money back.
 A complete Hyomei outfit, including a hard rubber inhaler, costs but \$1, and an extra bottle of Hyomei, if afterwards needed, costs but 50 cents. All druggists, or postpaid from The R. T. Booth Co., Ltd., Fort Erie, Ont. Sold and guaranteed by Jas. B. McLeod.

Heap of 1,250,000 Dead Flies.

San Antonio, Texas, July 7.—One and a quarter million dead flies in one heap, being a pile three feet high and five feet wide, represents the slaughter wrought by small boys as the result of a fly killing contest, which closed here, to-day. Robert Hesse carried off the first prize of \$10 with a record of 484,320 dead flies.

The devil is always extremely anxious for an introduction.