that splitting headache quick and sure. Will not harm heart or ner NATIONAL DRUG & CHEMICAL CO, OF CANADA, LIMITED 56

EXTRA GRANULATED SUGAR IS ABSOLUTELY PURE

The first and great essential of a food product, is Purity; the Purity and Quality of our Extra Granulated have never been questioned.

Once make a comparison with other Sugars and you will not be satisfied with any but Redpath.

Dainty Tea Tables are always served with PARIS LUMPS to be had in RED SEAL dust proof cartons, and by the pound.

The Canada Sugar Refining Co., MONTREAL, CANADA.

Established in 1854 by John Redpath

is YOUR Baby STURDY, or just FAT? Some foods merely puffout a child with fat, without leaving any solid good behind. A baby at five or six months may be a triumph of the fattening powers of food-and yet, at two years, may be thin and suffering from rickets. T/TO FOOD FOR L D INFANTS is perfectly balanced. It not only produces a fine baby-it also insures that baby growing into a healthy adult, because Neave's Food contains all the essentials for flesh and bone. "Our eldest boy, Maurice, is five years old. We put him on Neave's Food when he was one week old and he never tasted anything else until his first birthday. He is very bright and intelligent, strong and sturdy, has never had an illness and is one of the bonniest boys I have ever seen. We owe it all to the good foundation laid by Néave's Food." Mrs. J. W. Pateman. 34 Harriet St., Toronto. lold in 1 lb. sirtight time by all Druggists in Canada. FREE TO MOTHERS write to-day for free tin of Neave's Food and book "Hints Canadian Agent: EDWIN UTLEY Mirs. J. R. NEAVE & CO.,



A. R. WILLIAMS MACHINERY CO., Canadian Distributors for the Ferro Engine Toronto. Engines in Stock for prompt delivery.

Is the Perfection in Shoe Polish.

Some preparations give a gloss but destroy the leather. "2 in 1" not only is not injurious but increases the life of the leather keeping it always soft. It gives a brilliant, smooth and lasting gloss that gives perfect satisfaction.

It is good for your shoes.

THE F. F. DALLEY CO., Limited, 14 HAMILTON, Ont., BUFFALO, N. Y. and LONDON, Eng.

NUNATALMUTES ARE ARISTO-CRATS.

look Down on the Kogmollocksin Morals-An the Ice Fields Recounted.

Ottawa, June 8 .- One of the most

division, with headquarters at Fort owes her present health to Dr. Williams' Pink Pills. She says: "I had interesting He states: "The liams' Pink Pills. She says: "I had of being upsto-date literature cough." ing, although in late years they have with several doctors, but only seembeen doing a little trapping along the ed to be growing worse. The , last coast and on the ice. They are the doctor I had told me the trouble poorer of the two tribes and general- was anaemia, that my blood was turnly hard up. It seems impossible teach them to be provident and store up for the winter."

hese people, Inspector Jennings up stairs, I was completely out generally married at fifteen. The per- suffer with terrible pains from centage of female children born is so I had a yellow complexion, my great that it was a custom in years had lost their color, and I had past for a mother to let a newly-born appetite and could not eat. I grew girl buby die, as it would only be a so weak I could hardly drag myself confiscated in England but could be drag instead of a help to the family. Jalong, and my feet seemed to This is not done now, however, and weights on them. I was so it is well known that native parents pletely run down that I thought housekeeping. Most of the igloos are Pink Pills." strong. Every family has a bath at a box of six boxes for \$2.50 from are forwarding to Canada lists least once a week, and every Sunday The Dr. Williams' Medicine Co., Brock, books that should not be allowed they appear in clean clothes. They ville, Ont. take plenty of exercise and are very fond of football. They have no marriage ceremony, the consent of the bride's father being alone sufficient. egally married at Herschell, Later when they found a ship would winter here and that their wives should have nothing to do with the sailors, they remarked, 'Minister like me get married, what for he no give me grub? had planned the skin pets on one arm The point in question was beyond worn them awhile and then had transtheir comprehension. It is pleasant to note, however, that those married

to their old custom." In regard to the ancient custom of he had grafted skin on the under side

workers, hospitable in the extreme and are in almost every way the direct Labor is the foundation of many a CATERPILLAR AND "RECIPROCIopposite of an Indian. I consider a fortune but not necessarily of the government school similar to that in laborer's Alaska an urgent necessity. Men, women and children would attend. These people do not mix with Indians and come into contact only with the white men. It is essential that they should learn English and the values when what they need is medicine. of trade, if only for their own pro- Drink has undermined their constitu- But tection. They themselves are most tions, inflamed their stomachs and anxious for this. I have heard an nerves, until the craving must be Eskimo father, who could speak but tisfied if it is not removed by little English himself, teaching -his scientific prescription like Samaria.

A romance of the north is thus dealt builds up the health and appetite and with in simple language by Inspector renders drink distasteful, even nau- of the fruit deputation, Jennines: "Constable S. Carter was seous. It is odorless and tasteless, Wanting to obstruct married by the Linksy of Yukon to an and dissolves instantly in ten, coffee Estimo woman. Constable Carter is retiring on pension and remains the country. I believe this is the first case of a white man in the Ca-

first case of a white man in the Canadian Arctic being legally married to an Eskimo."

It is also interesting to note that I may be a served that I went up to Harrison Drug Store, and got your remedy there. I had no trouble giving it without his knowledge. I greatly thank you for all the peace and happiness that it brought already into my home. The cost was nothing according to what he cost was nothing accord con, canned beef and brawn is very much superior to anything of a like

A tragedy of the ice fields is thus bit help him to release himself from ly as in life. He does not merely deoriefly reported. "Fred. Moran, deits clutches. Write to-day.

serted from his ship two days after

A FREE TRIAL PACKAGE of Sasurface, but claims to change the or-

annual report in question abounds in ronto, Canada. Also for sale at Jas. | tractive brooch when mounted upon a narratives of the pluck and daring of B. McLeod's Drug Store, Kingston pin and a useful novelty is a peppe these men of the mounted police, all Oat.

told with moderation and a touch of WAR government reports.

FADING AT THIRTY. When Woman Should be in Prime of Charm an. Beauty.

At thirty to thirty-five a woman should be in the prime of charm and Arctic Romance and a Tragedy of beauty, and yet many women begin to fade before then. Wrinkles appear interesting departments of the annual rings surround the eyes, and head- fort has been used through commitreport of the Royal North West aches follow, with backaches and low tees, etc., to try and eliminate the Mounted Police, presented, to parlia spirits. The cause of this is simply circulation of indecent publications of ment before adjournment by Sir Wil- meed of blood nourishment. Good, various kinds with which the country frid Laurier; is that devoted to the pure blood is the life of a woman's has become inundated, but with all Canadian Eskimo living at Herschell's beauty and health. It is good blood that has been done in the way of con-Island. It appears from the report that brings the glow of health to the liscating numbers of indecent books, that these people are divided into two cheek, brightness to the eye, and elas- and the heavy fines and punishments vines, the Kogmolfocks and the ticity to the step, and the general imposed upon the purveyors of the Nunatalmutes, but the latter are the happiness of good health. When wo indecent post cards and other such better of the two in every way. They man feels jaded and worn out her publications, the sale still continues. are the hunters and trappers and in blood supply needs attention, and the The reason is that the demand has the winter live in the Mackenzie delta one unrivalled and sure remedy is become so great the purveyors take This gives rise to a discharge, or at the Kogmollocks for their loose cus- brightness and charm of womanly hear people warning others against ness and aching of the bones.

to ed to water and that my condition to was serious. But his treatment, like the rest, did me no good. I got so Regarding the moral customs of bad that if I excited myself, or went breath and felt as if I was going "The girls of the Kogmollock tribe to suffocate. My heart would palpi-

Freckle Farm on Arm.

Cute little 'splashes of brown arbast summer four native couples were ranged in wreaths and hearts upon the arm of Dr. Harold Gifford, a prominent oculist here, form his hobby. difford is a freckle farmer. In a lectare before the Nebraska Medical Association, Thursday he told of how he planted or-technically speaking-engrafted them on other parts of his natives stuck to their marriage vows, body. He failed to say whether the and, as far as I know, did not revert vagaries of his fancy had reached the extent of naming his pets.

men loaning their wives to the sailors of his lip, where it still remained skin This example and also the course on the whaling ships, Inspector Jen- and did not become membrane like which has been taken in England, nings, after telling of the restrictions the rest of the surface. He also graft- should be followed in Canada. The he put into force, adds: "I have talk-ed a piece of live negro skin on his ed over this moral question with the arm to see if it would live, he said. be investigated in England and num-Bishop of Yukon, and he agrees with It did not. Dr. Gifford's talk showed hers of bad books were found. There what it is one which must be han what a lovely time a surgeon can from the indecent multiparties. dled delicately and with tact. The so- have with only his body and a sharp from the indecent publication and post lution of it is a matter of time, to- knife. The lecturer announced that cards, and most indecent ones can gether with the teachings and exam- from the fact that certain freckles in- even now be seen displayed in winples of missionaries and other white troduced from the crop of a healthy dows in nearly all our towns and citson to his own did not flourish, he ies. It is up to some one to take steps Inspector Jennings had a good word believed skin grafted from one person to say in conclusion of the Eskimo to another does not maintain its life. of that northern territory. 'He says: He believes the chances better for ing books because of their gilded titles The Eskimo, as a race, are the most skin to actually live, however, when the inside. They should be stamped interesting of any I have ever seen, taken from a blood relation than from They are quick to learn, good manual a stranger .- Omaha cor. Butte Miner. out of Canada .- GEORGE WRIGHT.

DRINK CURE A MIRACLE? No. Just Sound Science.

Many drunkards are sent to haby girl to repeat the English alpha. Samaria Prescription stops the And have to count these worms craving, restores the shaking nerves,

Read what it did for Mrs. G., of That would refuse a free market

Now, if you know of any unfor be electrical in character, Prof. Dekind of American manufacture. I think tell him or his family or friends number of odd animals, such as the tunate needing Samaria Treatment, lamothe has succeeded in converting a the same might be said of all the about it. If you have any friend or dragon fly into metal substances, responds."

IN PUBLICATIONS SHOULD BE PROSECUTED.

meone Should Take Steps to Weed Out Impure Books in Libraries and Indecent Cards From Stores.

Halifax, June 3 .- (To the Editor):and the complexion grows sallow. Dark For some years in England every efindecent publications, but what you If no attention is paid to it, the mucous

suffered for a long time, not knowing and of being up-to-date literature. what the trouble was. I had doctored Even the writers of higher reputation have veered to the spicy subjects Some years ago we read of books by R. G. Wells being baned in England his latest book has been dealt with in the same way. Now, if books by such writers are unfit for direulation what class of books may we expect from writers who are not seeking for literary reputation, but who are writing

I saw a statement showing that mature at a very early age and are tate violently, and at times I would classed as unfit for circulation. Then it. | see the class of post cards and other such literature being circulated. I called attention some time ago to the have purchased in Canada.

At the time that King and Skill were are kind and indulgent to their chil- was going into consumption. At this books, there was much said through relied upon to give prompt and persent to prison for selling ol scene dren. These people cannot now do time a friend urged me to take Dr. the press and since then there has without tea and breadstuffs. Children Williams' Pink Pills. After taking a been some other's prosecuted for deals must have it or probably die; Since few boxes I found my health im- ing in them. There has been no thortheir association with whalers the proving, and after taking the Pills for ough investigation made as to the coast natives have never lived or a couple of months I was entirely class of books that are circulated in dressed so well. Also they have learn- well, and have since enjoyed the best Canada. There are so many channels ed much of the white man's ways, his of health, and I feel that I can never through which they are distributed, and language, cleanliness, cooking and say enough in praise of Dr. Williams' this is not only through the book stands and stores, but there are clean, although sometimes the odor These pills are sold by all dealers agents canvassing the country, and from seal and rotten fish is rather in medicine or sent by mail at 50c. there are firm's on the continent who this country. Are these books examined before entering ?

Writing letters to the newspapers may wake this matter up, and check them to a certain extent, but more stringent steps should be taken to stop their sale. A newspaper egitor stated to me, when in Toronto, that to publish the name of an indecent book, with a view of supressing it. was like advertising an indecent play it increased the business. He stated that the general run of the people taste was not inclined that way but that they read them more from

morbid curiosity. I see they have started in Toronto The physician further explained how to clean them out, and that several of these books have been confiscated.

> TER." The weather is good But the worms are thick. And all try to burn them .

But cautious "Dick." Nearly every night Are seen hot torches, iail And some worms get burnt

While others get scorches. The live ones crawling

or food. It can be given with or And they thought it must be without the nationt's knowledge. A lot of "poor coots"

By means of a secret process, said to the police patrol left Herschel for Macpherson. He attempted to follow the
patrol but never reached the mainland,
being found by the police search party
from the island, frozen to death on
the ice."

In this simple manner is the work
of the men who Brave hardships on
the empire's outposts set forth. The
the empire's outposts set forth. The
the police patrol left Herschel for Macpherson. He attempted to follow the
maria Prescription, with booklet, giving full particulars, testimonnals,
price, etc., will be sent absolutely free
and post paid in plain sealed package to anyone asking for it and mentioning this paper. Correspondence
sucredly confidential. Write to-day.

The Samaria Remedy Company,
the empire's outposts set forth. The
the empire's outposts set forth. The
the men who Brave hardships on
the empire's outposts set forth. The

PE-RU-NA CHEERFULLY RECOMMENDED FOR COLDS AND CATARRH.

A Prominent Canadian Gives His Experience With the World-Famous Remedy For Catarrh.

Chronic Catarrh Always Begins With An Ordinary Cold.

So Says Dr. Hartman, the Greatest widely known. Living Authority On Catarrhal Diseases.

THE first effect of a cold is a thickening of the mucous membranes of the nose and throat.

and the region back of the mountains. Dr. Williams' Pink Pills, which supply great chances in supplying it, as they least a stuffiness of the nasal passages. The report adds that "this tribe has the rich, red blood that pepairs the find the business profitable. We do not | Sometimes fever accompanies the first a high moral code and looks down on waste, dispels disease and restores the se?m to be living in an age where you stack, also a feeling of languor, dull-

The report of Inspector Jennings, Mrs. H. G. Hart, Winnipeg, Man., is do hear is: "Have you read a book, congestion is liable to spread down into

Even when this occurs, many people pay no attention to it.

Under such circumstances, the congestion is liable to become chronic, producing a condition of the mucous membranes known as catarrh. Catarrh lasts CURE COLDStime. Catarrh

PREVENT CATARRH. is essentially a

tion and does not leave except something is done to relieve it. What should be done when a person

estches cold is to take a few doses of Peruna. Taken at the onset, Peruna would break up the cold and prevent all the

train of symptoms which usually follow. But, even in cases where the cold has been neglected and hoarseness or manent relief.

The frequency of coughs and colds in the winter makes Peruna a popular remof v for these ailments. A number of the best people of various

countries have given testimonials as the value of Peruna in such cases. Followed Dr. Hartman's Advice-

Restored to Health, Mrs. Samuelle Vigneau, Avre au Berd, Isie de La Magdaline, Canada, writes: "I write to tell you that I am perfectly well. I took only three bottles of your value than the promptness with which Peruna according to your advice and it relieves common colds, it would be the directions in your book and it re- well worth while for any family to keep stored my health."

C. H. Parker, Ex-Warden of Compton Co., Quebec, has been mayor of Scotstown for a number of years. He is an influential resident in Scotstown and

He writes concerning Peruna. Read his letter below:



C. H. PARKER.

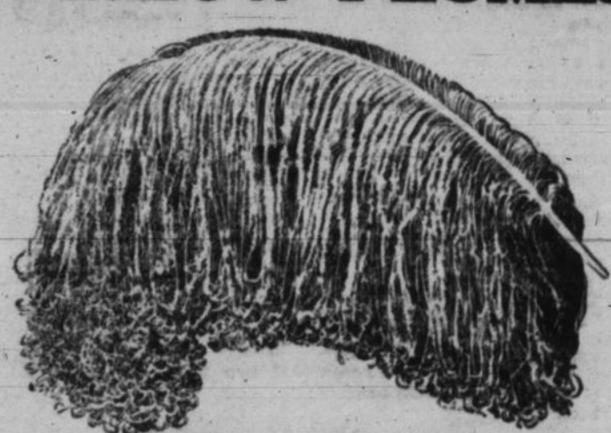
"I had several attacks of colds from time to time and finally a severe attack developed into ca-

"I was advised to use your celebrated catarrh remedy, and after taking three bottles I find myself completely cured, and I no longer suffer from catarrh or colds.

"I can cheerfully recommend Peruna for colds and catarrh."

If Peruna had no other medicinal 116 in the bouse constantly.

WILLOW PLUMES



MADE FROM YOUR OLD FEATHERS

If you have two, three or more Ostrich Feathers we can maks them into a Willow Plume like the above illustration, (hand knotted not glued). Mail them to us enclosing your shares in this partel. Then write a separate letter telling us what you wish done. We will reply by return mail telling you the cost of the work, including any new material, if mecessary. If you then decide not to have the work done we will return your feathers AT OUR EXPENSE

Write To-day-Special Prices During Summer Months Our beautifully illustrated catalogue of Ostrich Plumes, Osprey and Paradise sent free on request. Ask for No. 7.

LONDON FEATHER CO., LIMITED 144 Yonge Street, Toronto

YOUTH who much money amassed Was asked how he saved it so fast. "With Polo I choose To shine my own shoes." He said: "that makes my dimes last."

SHOE POLISH T'S no trouble to shine your own shoes if you use

Polo. You merely daub on the polish and give it a few rubs-presto, a shine! Ask your grocer or shoeman for Polo-the polish in the BIG boxblack or tan. The tan both cleans and polishes.

"Good for Leather-Stands the Weather"