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"Fruit-a-lives" Alone Cures This Disease

A famous scientist states that Constipation, or non-action of the bowels, causes more deaths than all other diseases combined. Constipation inflames the kidneys, ruins digestion, is the foundation of rheumatism, poisons the blood, causes Headaches, Neuralgia, Nervousness and Insomnia.

Constipation is caused by a weak or sluggish liver. Bile, the only purgative of the body, is secreted by the liver, which in turn should pour out into the intestines sufficient bile to move the bowels. Unless the liver is active, there cannot be enough bile to move the bowels regularly, and Constipation is the result.

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UNWRITTEN LAWS

Man Dare Not Place Them Upon the Statute Books.

THE SHIP CAPTAIN'S CODE.

It Demands That the Skipper Shall Go Down With His Vessel If She Be Lost, and It is Held Sacred—The Iron Law of the Army and Navy.

There is a class of unwritten law which does not and cannot become written law, says Case and Comment, because it approaches so near the danger line that man dare not recognize it to the extent of publishing it and declaring it as a part of the positive law.

It is the unwritten law of the sea that a captain must go down with his ship. Men dare not write it into the contract, and nations dare not incorporate it in their navy or marine regulations, yet the tyrants of the sea know the law and believe that to obey it betters their service, and there are few instances of its being disregarded.

It is the unwritten law of the army and navy that an officer shall not seek cover, or at least shall not show apprehension of danger to his person in time of battle and in the presence of enlisted men or common sailors. In the Franco-Prussian war nearly 4,000 officers of the German army were killed, and the great majority of them gave up their lives because they believed in this law of conduct.

In obedience to this law Farragut bound himself to the mast, Lee rode at the head of his charging column at the bloody day, and Lawton walked coolly in front of the line and was shot in the presence of his men.

The law of the right of revolution has been much talked about and much written about. Every intelligent citizen believes that he has the right under certain conditions to oppose the established government of his own land and join in an effort to establish another in its place. Just prior to and during the war between the states there was much discussion in this country by learned men on either side of the right of revolution and the "higher power" and the "greater law."

The law justifying one person in the killing of another has required the serious consideration of every country. Every criminal code provides certain punishments for homicide, and many of them graduate the punishment with minute particularity, according to the circumstances of the killing, so that any one of six crimes may be involved in a single tragedy. Such codes also attempt to define what killing is justifiable and what is excusable and with their interpretation by the courts attempts to describe the only conditions under which one human being can kill another and not be guilty of crime.

The Hebrew code almost stands alone in its recognition of man's desire to kill and his right to have that desire and that climax of all satisfactions which come to him under great provocation always another. It is not at all strange that in this branch there should be an extended code of unwritten law as written law, unwritten now and always to be unwritten for the reason that the recognition given by its embodiment in the statutes would be taken as a license by dishonest men and would result in harm rather than good.

It is an unwritten law among the officers of the army that if a subordinate officer kills a superior officer because that officer has publicly degraded him by striking him or by other action equally humiliating then the court martial will not convict. During the war between the states on a memorable occasion at Louisville, Ky., General Nelson said to General Davis:

"How many men have you?"

General Davis replied, "About"—giving an approximate number.

Nelson said: "You an army officer and say 'about'! Why don't you 'know' how many men you have?"

And with that he struck Davis in the face with his glove. Davis shot and killed him, and the court martial acquitted Davis.

Butchers and London Streets.

The butcher's shop is not a pleasant spectacle today. But what must have been its condition in the middle ages? The names given to some of the by-ways of Newgate street afford some indication: Stinking lane, St. Nicholas' Shambles and Blowbladder street.

"There was a Butcher's bridge on the Thames side near Baynard's castle," writes H. B. Wheatley, "to which the offal was brought from Newgate street through the streets and lanes of the city, by which grievous corruption and stink have been generated. The evil, in fact, was so great that a royal order was issued in 1360 for the removal of Butcher's bridge."—London Chronicle.

Invisible Amazons.

"And just to think, John," said Mrs. Stubb proudly, "if the suffragettes ever get into power the leaders will have their pictures on the postage stamps."

"By crickey!" sighed Mr. Stubb, with a faraway look. "That's the only way we'll ever be able to lick 'em."—Chicago News.

Favorite Seat.

Friend—Why do you do your sewing at this window in the air shaft? You can't hear Mrs. De Platt—No, but I can hear beautifully.—New York Weekly.

If we cannot strew life's path with flowers, we can at least strew it with smiles.—Dickens.

Too much money has been the undoing of more men than too little. Don't go out looking for trouble. Most of it is home-made anyhow. The only advice worth taking is the kind we give ourselves.

FALLING COCONUTS.

Dew Makes Most of Them Drop From the Trees at Night.

"In the tropics when the coconut is wanted for planting," said an importer of the fruit, "the nuts are picked up when they fall from the tree where they have hung for about fourteen months in ripening. It is a fact not generally known that a majority of the nuts drop at night, which probably accounts for the small loss of life by coconuts falling upon the heads of the natives."

"The action of the heavy dew at night loosens the seal with which nature has provided the nut and allows it to fall. The nuts wanted for planting are either gathered into heaps or placed under sheds, where they are allowed to sprout before planting in order that good, healthy nuts may be selected, thus avoiding the possibility of planting 'blind' nuts that will not sprout, in which case much time would be lost in starting the cocooner walks, as the orchards are called. When holes are dug, about three feet deep and twenty feet apart, the nut is carefully placed therein and covered with about a foot of soil. The hole is filled as the sprout grows until the latter reaches the surface, then it is left to itself, requiring no further attention. Should the place where the cocooner is planted be any great distance from the seashore a quantity of salt is placed in the hole. The plant will grow in luxuriance, however, but a short distance from the shore, nearness to salt water being absolutely essential to its welfare."—Washington Herald.

MAKING STEAM WORK.

Unfortunate Inventors Who Antedated James Watt.

James Watt took out a patent on his steam engine in 1769, but as far back as 1543 there was a captain in Spain who constructed a vessel of 200 tons and propelled it at Barcelona in the presence of the Emperor Charles V. and his court by an engine, the construction of which he kept a secret. But an old document says that in it was a monster caldron of water and that there were two movable wheels on the outside of the vessel. The emperor was satisfied with its operation, but the treasurer of the kingdom objected to it, and so no encouragement was given to the enterprise. The poor inventor, whose name was Blasco de Gueraer, wearied and disgusted at the want of patronage, took the engine out of the vessel, and the secret of the machine was buried in his grave.

The incident was almost duplicated in France a century later. The famous Marquis de l'Orme, a celebrated Frenchman, who lived to be 134 years old, told in a letter to an admirer, dated 1641, of a man confined in a madhouse of Paris for urging that anything could be done by the force of steam. The man's name was Solomon de Coste, a native of Normandy, and it was because he had persistently followed Cardinal Richelieu, imploring him to take an interest in his invention, that he was put behind bars.—Kansas City Star.

Browning a Great Talker.

If Lord Houghton talked more than most people he certainly was eclipsed by Mr. Browning, who spoke louder and with greater persistence than any one I have ever come across in my life. Although I had known him as a girl, we did not renew our acquaintance until after my marriage, when I saw a great deal of him, as he constantly came to our house. He dined with us often and used to come and see me generally every Sunday afternoon. He was very agreeable and kind, and, although I was never one of his devoted followers and often told him I had never been able to read a line of his poetry, he still continued his friendship with me. I think most people feared rather than loved him—certainly men did, but women adore poets, and they worshipped Mr. Browning.—From Lady St. Helier's "Memories."

Forgot His Own Tongue.

A traveler in arctic Siberia, Mr. Vandrup, a gold hunter, told the following of his return to civilization: "I found that half a dozen of the officers and men of the steamer which my employers had sent for me had come to hunt me up. The captain dismounted, and I tried to address him in Russian, but he said, 'You forget that I speak English.' Now, it may seem scarcely credible, and yet it is true, that for a few moments I was totally unable to converse with him in my native tongue. I had not used a word of it in conversation for months, and my low physical condition acting on my nerves confused my mind, and I spoke a jumble of English, Russian and Korak. It was a week before I could talk good, straight English again."

Potato Scones.

To bake potato scones sift a cupful and a half of flour with a half-teaspoonful of salt and two teaspoonfuls of baking powder and rub in three tablespoonfuls of shortening. Add one cupful of light, freshly mashed potatoes, add one well beaten egg and enough milk to make a soft dough. Roll out half an inch thick, cut and bake on a hot griddle or in a hot oven. Serve very hot, with plenty of butter.—Suburbanite.

A Wise Guy.

"Quicker's letters to me are exceedingly dull and commonplace," said one fair girl.

"Don't you know why?" responded the other.

"No."

"Get stay once served on the jury in a breach of promise case."—Washington Star.

If takes nerve to allow a dentist to kill one.

Marriage is a partnership, generally with one silent partner.

The more faults a man has, the more he believes in heredity.

ASTRONOMICAL CLOCKS.

Many Precautions Are Taken to Insure Their Accuracy.

To the average person an astronomical clock is a complicated affair, giving the date, day of the week, phases of the moon and other miscellaneous information. The facts are far otherwise. There is no clock so simple as that of the astronomer. Even the convenient plan of having the hour and minute hands mounted at the same center is abandoned, because it makes a more intricate form of wheel work necessary, says the Louisville Courier-Journal. The observatory clock has a separate dial for each hand, the centers of the second hand, minute hand and hour hand being in a straight line and equally distant from each other.

To secure accuracy further precautions are taken. Only men who have attained worldwide fame in mechanical construction are employed. The chronometer must be mounted, not on a wall that vibrates, but upon a strong pier of masonry having a solid foundation; also it is best placed underground in a cellar to secure for it a temperature as nearly uniform as possible, for clocks do not run quite the same in hot weather as they do in cold.

By adjusting a metal that has the singular property of contracting under heat it is possible to overcome the variation in a measure, but the astronomer prefers to provide for his clock a temperature practically the same the year round. The going of a fine clock is further affected, strange as it may seem, by barometric pressure. The running is different when the barometer is high from what it is when low; hence the best clocks are now enclosed in air tight cases to protect them from outside barometric changes.

MACARONI DANDIES.

Grotesque Fashions in England in the Eighteenth Century.

Dandyism developed a new phase of quiet richness during early Georgian times, and the court exquisites were stately figures in finely laced shirts, long skirted coats and gold clocked stockings. The hats worn by the beau were modified reproductions of those in fashion at Versailles, and the art of wearing them was shown in the tilt. In fact, different angles in the tilt identified the wearer's status and locality.

In 1772 dandyism became again paragoned. A band of young bloods returned from an extended tour abroad, and while in Italy they had contrived to get several new ideas about dress into their somewhat empty heads.

Fired with an ever growing sense of their own importance as arbiters of fashion, they formed themselves into a group known as the Macaroni club, in contradistinction to the good old fashioned Beefsteak club of London.

The Macaronies dressed their hair in enormous side curls, with a hideous knocker-like twist at the back. With this exaggerated coiffure a tiny hat was worn, which it was correct for the wearer to raise with his tasseled cane.

A soft white handkerchief was tied in a huge bow under the Macaroni's chin. His coat was short, and his tight knee breeches were made of striped or flowered silk. Thus garbed, with innumerable dangling seals, two watches at least, silk stockings and diamond buckled shoes, the dandy walked abroad, eminently satisfied with himself and quite convinced that his appearance was greatly envied.—"Beau Brummel and His Times."

Pretty Heavy Umbrellas.

The great objection to umbrellas 100 years ago was their weight, and when it is stated as a matter of fact that the very smallest umbrellas then weighed no less than three and a half pounds it will probably be admitted that the objection was a justifiable one. Instead of the thin rainproof fabrics which now form the covering of umbrellas nothing better was known than leather or oilcloth. The ribs were of wood or whalebone, and such a thing as a steel rod was, of course, unknown. The stick was usually of heavy oak. In those days, too, many umbrellas had the additional incumbrance of feathers over the top on the theory of "shedding water off a duck's back." But the oilcloth and leather umbrellas, notwithstanding the feathers, were apt to leak.

Way of the Waves.

A strange thing about waves that are rolling in from the sea is that they bring no water with them. While these mad waves are rolling in a piece of driftwood may ride them steadily and make progress away from the land. This is for the reason that waves are made in the very way a wrinkle may be pushed across the tablecloth with a pencil laid flat. The tablecloth does not advance, but the ridge, because of a force bearing on it, goes forward.—New York Tribune.

Neither Rot Nor Sympathy.

Teacher—Willie, did your father case you for what you did in school yesterday? Puppl—No, ma'am. He said the licking would hurt him more than it would me. Teacher—What rot! Your father is too sympathetic. Puppl—No, ma'am, but he's got the rheumatism in both arms.—Lippincott's.

One Better.

Prima Donna—I have here a certificate from a doctor to the effect that I can't sing tonight. Manager—Why go to all that trouble? I'll give you a certificate that you never could sing!—London Tit-Bits.

Hatred is like fire. It makes even light rubbish deadly.—Ellot.

The weaker a man is, the stronger his habits grow on him.

The great trouble with the men who get to the front is that they feel so big we can't see over their heads.



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