

Burning The Candle At A Hazardous Attempt Both Ends

The Penalty of Overwork is Kidney Trouble—Here's Your Remedy...

It has been man's lot since the creation to toil. The modern tendency is to overwork to turn night into day and thus tear down faster than nature can rebuild. An unnatural strain is thrown upon the vital organs, and more especially upon the kidneys, which have the work of filtering the blood free of waste and poison.

The present-day rush is too great. If it is to continue nature must be assisted with a good kidney tonic. When the kidneys begin to fail in their work Booth's Kidney Pills are needed. They quickly disperse the poisonous matter collected in the system.

Pain in the back is only a timely warning of trouble in the kidneys. An inflammation has set in, and a disordered condition of the urine soon becomes apparent.

Too much or too little urine, with a constant desire to void the secretions, any noticeable deviation from the normal color, the appearance of a sandy sediment, proves a disordered condition of the kidneys that needs quick attention.

If your work seems hard for you; if you have a lame, weak or aching back; if you are tired and listless and seem to be running down without apparent cause, begin at once with Booth's Kidney Pills, the great kidney remedy that has cured so many of your neighbors. It has given thousands of working men and women strong, sound backs for their daily work.

Chas. Reid, of Main Street, Markdale, Ont., says: "My back had been sore and tender; a heavy dull pain had settled in the small of my back and in the region of the kidneys. My limbs would puff up with dropsical swellings and leave me in a miserable and painful condition. The urine was highly colored and odorous and contained a quantity of brick dust sediment. Nothing had relieved my condition in any way, and I had begun to think nothing would. I read of Booth's Kidney Pills and procured a box and commenced their use. I had not finished the first box when the urine cleared and the dropsical swellings had gone down. I found more relief in Booth's Kidney Pills than in all the other medicines I had used and I am better in every way and can thank only Booth's Kidney Pills for it."

A FREE BOX

will be sent to all sufferers wishing to try this wonderful remedy. They are guaranteed to do all that is claimed for them or refund your money. All druggists sell Booth's Kidney Pills, 50¢ a box, or postpaid from the R. T. Booth Co., Ltd., Fort Erie, Ont., to whom all applications for a free trial should be addressed. Sold and guaranteed in Kingston by J. B. McLeod.

TO LOCATE THE ALASKA BOUNDARY LINE.

Canadian Survey to Be Made—A Party of White Men and Indians Will Leave Ottawa This Week.

Ottawa, May 31.—Some idea of the work of the various departments of government can be gained from the work about to be undertaken by Noel Ogilvie of the department of the interior, and a party of fifteen white men and a number of Indians who leave Vancouver this week to locate the Alaska boundary line from a point inland from Kaktat Bay to the intersection of the 141st meridian.

It is to be one of the most hazardous unacts ever attempted by the Dominion survey. The party will sail from Vancouver, and the United States government has agreed to remit the duties on all the supplies being shipped in for the explorers by the Canadians.

The route inland and to the base of the towering Mount St. Elias, is forty miles, and extends along the great Malaspina glacier. The party will not be able to reach Mount St. Elias this season. It will be a most difficult journey, up-hill all the way, and over ice-fields that will try the men's endurance. They will be divided into groups and roped together, as there are many dangerous crevasses in the glacier.

The first part of their journey will be practically the same as that followed by the Duke D'Abuzzi when he successfully attempted the ascent of Mount St. Elias. They will carry all their supplies with them, as there is no timber to be found in the territory they will travel through.

REPORT ON TUBERCULOSIS.

Damp, Dirt, Dust, Drink, Dissipation and Destitution.

Ottawa, June 1.—One of the interesting reports made to that of Dr. F. Montzambert, director-general of public health, and in his latest account of the conditions prevailing in the Dominion he dealt at some length with the question of tuberculosis. Dr. Montzambert is a strong upholder of four cardinal principles in connection with the white plague. He states that tuberculosis is not hereditary, that it is infectious, that it is curable, and that it is preventable. On this question he says in the report he made recently to Hon. Sydney Fisher:

"I am more and more convinced yearly by far, consumption is mainly spread from the homes of those wage earners who live under the least favorable sanitary conditions, helped doubtless by the six 'D's,' damp, dirt, dust, drink, dissipation and destitution. It is there that the fight against it has to be made if it is ever to succeed and the disease eradicated or even markedly diminished. The hospital for advanced cases and the sanatorium are good in their way for the help of the few, but even the sanatorium only reaches at the best incipient cases after they are already so far advanced as to be hardly recognized. We must get at the homes of the incipient cases and the youngest members of their families while still uninjured. This can be done only by the domiciliary visit, to follow notification, to the health officer, or the diagnosis at the hospital that the cold or cough for which a cough mixture is sought is really due to tubercular trouble. The visitor to the home should be a woman. She can talk to and persuade the mother as no mere man could do. She can improve upon her the four cardinal factors which form a silver lining to the cloud which has so long shadowed us, that tuberculosis is not hereditary, that it is infectious, curable and preventable. Persuade her to adopt the open-air life for herself and her household; get her to improve the sanitary conditions in and around her home, and to allow the younger members of the family to be medically examined, and the most stringent precautions carried out in the case of anyone of them who shows any tendency towards the development of tuberculosis. Thus and thus only can we hope to get at this disease at its source and origin, and thus and only may we hope to ever stamp it out."

THE WHIG'S JUMBLE.

A Lot of News of Interest to Everybody.

R.M.C. cigarettes, Gibson's, Bibby's for Peter Pan collars, Fortress Laloma, Managua, Nicaragua, blew up with a great loss of life. Walker's grape juice, Gibson's.

At Port Arthur, City Engineer Antonissen resigned, refusing to purchase a time clock.

See Bibby's \$1 soft hats. Members of the British house propose that the conference fix the official meaning of "Imperial."

Grape juice splits, Gibson's. Bishop Williams has appointed Rev. Arthur L. Charles, of Miverton, to be rector of St. James' church, Wallaceburg.

See Bibby's \$1.50 straws. King George sent a special communication to J. P. Morgan, inviting him to a seat in Westminster Abbey for the coronation.

The steamer Filgate, which plies between Montreal and Cornwall, was burned to the water's edge off Valleyfield, Que.

Bibby's for Peter Pan collars. The New Zealand government is much alarmed by the discovery of the existence of a case of bubonic plague in Auckland.

No attempt will be made to conduct a through passenger service between Winnipeg and Fort William, on the Grand Trunk Pacific line during the present summer.

Ice cream bricks, Gibson's. F. C. Hilloek, Gore Bay, Loney-mooring, was arrested at Pembroke. He is wanted in Manitowlin concerning mining claims.

Bibby's for Peter Pan collars. A St. Catharines strawberry grower said he would have home-grown strawberries on the local market by the first of next week.

Neilson's bricks, Gibson's. Canada's entire coronation contingent is massed at Quebec making a fine showing. It will parade the streets and sail Friday.

See Bibby's \$6.50 outing suits. Six people were killed by lightning at Epsom Downs. The road from the Derby track is lined with autos broken down by the fierce rains.

Sponges, at Gibson's. The Royal Colonial Institute urges that Canada give assisted passages to women immigrants by introducing the Australian and New Zealand nomination system.

See Bibby's \$5 Panama hats. Capt. W. E. Forbes, of Richibucto, N.B., has declined his place on the Canadian Biesley team, and Color Sergeant C. M. Hodson, of Calgary, will replace him.

"Lemo," 10c. bottle, Gibson's. Sir Frederick Borden, Canadian minister of militia and defence, is not feeling well and has cancelled all his engagements. He left London, Wednesday, for the country to enjoy a short rest.

Try Bibby's \$10 outing suits. Before the senate tariff committee, at Washington, Whidden Graham, of New York, admitted he had been engaged by the national orange growers' articles and pamphlets to arouse opposition, among the farmers to reciprocity.

See Bibby's \$8.50 outing suits. "Lemo," 10c. bottle, Gibson's. The manufacturers of the Australian commonwealth are seriously exercised in respect to the fiscal policy obtaining at present in the cabinet, and efforts are being made to induce the government to increase the present tariffs.

See Bibby's \$10 outing suits. Notwithstanding the vigilance of the officers extensive netting operations are being carried on in the River St. Lawrence, in the Thousand Islands region. Overseer George Tower captured ten sets of nets in London Bay, and three in the north channel. The lines were all well laden with game fish.

Single Fare Plus \$1 Round Trip to

NEW YORK

Ten-Day Excursion Going Tuesday, June 6

Final Return Limit, June 15th

From Marcy, Blossvale, Brewerton, New Haven, and stations on Ontario and St. Lawrence Divisions north and east thereof.

(Minimum Round Trip Fare \$7)



Consult ticket agents for time of trains and complete information.

ATTENTION

WHEN YOU REQUIRE ANY

Tinsmithing, Gas-Fitting, Plumbing or Hot Water Heating Done

CALL UP

Elliott Bros.,

Telephone 35. 77 Princess Street.

All orders promptly attended to.

Children's Slippers and Strap Sandals

Now's the time and here's the place to get the most comfortable and cool Foot-wear for Children.

Barefoot Sandals Patent Ankle Strap, Roman Sandals, White Canvas Oxfords, White Canvas Ankle Strap

FROM 50c TO \$2.00.

REID & CHARLES

FRESH STRAWBERRIES—Arriving Daily

PINEAPPLES—For Preserving

Special Price Per Dozen.

R. H. TOYE, 302 King St., Phone 141.



UNCLE TOM AND EVA. In "Uncle Tom's Cabin," at the Grand, on Saturday, June 3rd, matinee and night.

QUEEN MARY'S CROWN

Has Been Completed According to Designs of Her Majesty.

London, May 31.—Queen Mary's crown has just been completed. It is according to her own design, with an elegant lace-like tracery wholly in diamonds, the Kohinoor being set in the center. The crown weighs nineteen ounces, the queen having insisted that it should not exceed the weight of an ordinary hat. It will be used only at the coronation. After that ceremony the gems will be dismantled and used in separate articles of jewelry. The king will wear his father's crown.

Likely to be Reopened.

Spokane, Wash., May 31.—Jay P. Graves, Spokane, vice-president and general manager of the Granby Consolidated Mining, Smelting & Power company, announced, officially, that the smelter, at Grand Forks, B.C., closed an account of the lack of coke, will resume operation the middle of June.

See Bibby's \$10 summer suits.

Three years in penitentiary was the sentence imposed upon Nathaniel Williams at Sarnia for stealing horses.

The Air is Germ-Laden

In the Springtime—Disease is Ready to Make You a Victim When the Blood is Thin.

Rich, Red Blood is the Greatest of Germicides—You Can Get the Blood Right by Using

Dr. Chase's Nerve Food.

When the blood is rich and red, when it is largely composed of red corpuscles, there is little chance for disease germs. They cannot thrive in the system which is filled with good blood.

But in the spring the blood is generally thin, weak and watery. It lacks the vitalizing red corpuscles and you become an easy prey to the germs of disease, which seem to lurk everywhere at this time of the year. You can fortify yourself against the germs of disease by using Dr. Chase's Nerve Food. This great restorative treatment forms new red corpuscles in the blood, makes the blood rich, red and healthy.

Weakness, tired feelings, stomach derangements and disorders of the nervous system, soon disappear when Dr. Chase's Nerve Food is used. This medicine cures by the building-up process, and for this reason its benefits are lasting. Nearly everybody needs something in the spring to enrich the blood and tone up the system, and it would be impossible to get a more satisfactory spring tonic than Dr. Chase's Nerve Food. 50¢ a box, six for \$2.50, at all dealers, or Edman's, Bates & Co., Limited, Toronto.

GILLETT'S PERFUMED LYE

Is the Standard Article
READY FOR USE IN ANY QUANTITY

For making soap, softening water, removing old paint, disinfecting sinks, closets, drains and for many other purposes. A can costs 20 pounds NAL. SODA.

MADE IN CANADA

E.W. GILLETT CO. LTD. TORONTO, ONT.

Honest Tea is the best policy

LIPTON'S TEA

OVER 2 MILLION PACKAGES SOLD WEEKLY

HEALTH IN PURE SUGAR

Sugar is one of the best, and most widely used foods. Would you risk your health for the sake of a few cents on a hundred pounds of sugar? Buy only

Redpath

EXTRA GRANULATED SUGAR

Its Purity and Quality cannot be questioned. Compare it with any other and note the difference in color.

PARIS LUMPS

When buying Leaf Sugar ask for Redpath Paris Lumps sold in RED SEAL dust proof cartons, and by the pound.

The Canada Sugar Refining Co., Limited
MONTREAL, CANADA.
Established in 1854 by John Redpath

Edelweiss
NON-INTOXICATING

A better or purer drink was never made than

"EDELWEISS" BEER

A pure, delicious, appetising drink for maids and wives—the drink par excellence for family use. "Edelweiss" drank at meals promotes digestion and perfect health. Seasoned, bottled and sealed at the brewery.

REINHARDT'S OF TORONTO
The Best Beer Sold

Local Agent, E. BEAUPRE, Telephone 313.

Children Cry for Fletcher's CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of Dr. J. C. Fletcher, and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its use is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

The Kind You Have Always Bought

In Use For Over 30 Years
THE CENTAUR COMPANY, 77 MURRAY STREET, NEW YORK CITY.

HOTEL DIRECTORY

DESERONTO.
GO TO THE STEWART HOUSE, LEADING Commercial Ho'el. Rates, \$1.40 per day.
THOS. STEWART, Prop.

TRAVELLING.

GRAND TRUNK RAILWAY SYSTEM

King's Birthday

Saturday, June 3rd.
Round Trip Tickets will be issued at SINGLE FIRST CLASS FARE, Good going June 2nd and 3rd. Return limit June 6th.
Tickets sold to intermediate points between Montreal and Toronto will not be good on trains 1 and 4.

Round Trip Home-seekers' Excursions

TO WESTERN CANADA,
TUESDAY MAY 30th,
And every second Tuesday thereafter until Sept. 15th, at very low rates. Good to return within sixty days.
THE FINEST FARMING COUNTRY IN THE WORLD.
Is to be found along the line of the GRAND TRUNK PACIFIC in the Provinces of Manitoba, Saskatchewan and Alberta.
Descriptive literature with beautifully engraved maps, giving full information about FREE HOME-STEADS and how to obtain them free can be had on application.
J. P. HANLEY,
Corner Johnson and Ontario Sts.

KINGSTON & PEMBROKE RAILWAY

IN CONNECTION WITH CANADIAN PACIFIC RAILWAY.

KING'S BIRTHDAY

JUNE 3, 1911.
SINGLE FARE FOR ROUND TRIP. Tickets good going June 2 and 3. Return limit, June 6, 1911.

NOTICE

Commencing June 5th, No. 1 train will leave Kingston at 11:45 a.m. No. 2 train will arrive at Kingston at 4 p.m.
No change in arrival or departure of other trains at Kingston.
Full particulars at K. & P. and C.P.R. Ticket Office, Ontario Street.
F. CONWAY,
Gen. Pass. Agent.

BAY OF QUINTE RAILWAY.

Train leaves Union Station, Ontario Street, 4 p.m. daily (Sunday excepted), for Alexandria Bay, Rockport and Ganouque. Returning leaves at 5 p.m. for Charlton Place, (Port of Rochester), calling at Bay of Quinte ports. Daily service after June 24th.

Steamer Aethia leaves Kingston daily, except Sunday, at 3 p.m. for Bay of Quinte ports. Freight handled with despatch and care.
For full information, apply,
J. P. HANLEY, Ticket Agent,
JAS. SWIFT & CO., Freight Agent.

LAKE ONTARIO AND BAY OF QUINTE STEAMBOAT CO., LTD.

Str. Caspian

1000 ISLANDS AND ROCHESTER, N.Y.

Steamer leaves Kingston on Sundays at 10:15 a.m. for 1000 Islands, calling at Alexandria Bay, Rockport and Ganouque. Returning leaves at 5 p.m. for Charlton Place, (Port of Rochester), calling at Bay of Quinte ports. Daily service after June 24th.

Steamer Aethia leaves Kingston daily, except Sunday, at 3 p.m. for Bay of Quinte ports. Freight handled with despatch and care.
For full information, apply,
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ALLAN LINE

Steamship Co'y., Ltd.

OPERATING THE FINEST FLEET OF PASSENGER STEAMERS ON THE ST. LAWRENCE ROUTE.

SUMMER SAILINGS.

Montreal to Liverpool
ROYAL MAIL SERVICE.
"Corinthian," May 31, June 2nd, "Virginia," May 12th, June 10th, "Tunisian," May 19th, June 16th, "Victorian," May 26th, June 23rd.

Montreal to Glasgow
"Tonlan," May 6th, June 3rd, "Gramplan," May 17th, June 10th, "Scotia," May 24th, June 17th, "Hesperian," May 27th, June 24th.

Montreal to London
One class (moderate rate). Steamers sailing at Havre, France.
For full particulars of Rates and Sailing, apply,
J. P. HANLEY, C. S. KIRKPATRICK, G.T. Ry., Clarence St. or THE ALLAN LINE, 77 Yonge Street, Toronto.

Quebec Steamship Company LIMITED.

River and Gulf of St. Lawrence

Summer Cruises in Cool Latitudes.
S.S. "Cascapedia," 1,200 tons, recently fitted out on the Clyde, specially for this service, with all modern comforts.

SAILS FROM MONTREAL ON THURSDAY at 4 p.m., 8th and 22nd June, 6th and 19th July, 3rd, 17th and 31st August, 14th and 28th September, and from Quebec the following day at noon. For Pictou, N.S., calling at Gaspe, Mal Bay, Percé, Grand River, Summerside, P.E.I., and Charlottetown, P.E.I.

New York From Quebec
Via the far-famed River Saguenay, calling at Gaspe, Charlottetown and Halifax, N.S., Trinidad, 2,000 tons, sails from Quebec, at 5 p.m., 14th and 25th July, 11th and 22nd August, and 5th September.

BERMUDA

Summer Excursions, \$25 and up, by the Twin screw S.S. "Hermes," 600 tons, sailing from New York at 11 a.m., 19th and 24th June and 4th July, and every 10 days thereafter. Temperature cooled by sea breezes seldom rises above 74 degrees.

The finest trip of the season for health and comfort.
For tickets and steamships apply to J. P. HANLEY or C. S. KIRKPATRICK, Ticket Agents, Kingston, Ont. QUEBEC STEAMSHIP COMPANY, QUEBEC.

Dr. F. W. Merchant has been appointed director of industrial and technical training for Ontario.