

BROKEN-DOWN NERVES

HOPELESS CONDITION CURED BY "FRUIT-A-TIVES"

MILFORD HAVEN, ONT., Aug. 20th, 1910
"I was a complete invalid, three years ago, with Stomach Trouble, Constipation and Broken-down Nerves. I could not sleep at night and my Doctor did me very little good. I was almost helpless until I began to take 'Fruit-a-tives' in small doses. I have taken about three dozen boxes in all and, thank God, to-day I am well and strong—able to do my own work—and have a baby fifteen months old, and six children in all.

"I would not be without 'Fruit-a-tives' in the house, and I can highly recommend them to anyone suffering as I did."
MRS. D. GUINEY.
Nervousness is not a disease in itself, but is the result of some of the vital organs becoming diseased. In Mrs. Guiney's case, her nervous condition was caused by a very weak stomach and torpid liver. 'Fruit-a-tives' strengthened her stomach—helped digestion—made the liver active—and cured Constipation. Then her nerves became well.

If your nerves are "all unstrung," take 'Fruit-a-tives', six a box, 6 for \$2.50, or trial size 25c. At all dealers, or from Fruit-a-tives Limited, Ottawa.

BICYCLES

BICYCLE SUNDRIES
BICYCLE MUNSON
At Cut Prices 249 Yonge St. TORONTO
Send for Cut Price Catalogue.

Strength Counts

In all life's affairs. Strength comes of pure blood—good blood comes when stomach, liver, kidneys and bowels are kept in proper condition by a little care and

BEECHAM'S PILLS

Sold Everywhere. In boxes 25c.

If You Require

Gasoline Launches, Steam Pleasure Yachts, Passenger Boats, Gasoline Engines, Steam Engines, Water Tube Boilers, try the DAVIS DRY DOCK CO.
All repairs done promptly. Catalogue on request.

Davis Dry Dock

Phone 420.

FOR BALD HEADS

A Treatment That Costs Nothing if it Fails.

We want you to try three large bottles of Revell's "93" Hair Tonic on our personal guarantee that the trial will not cost you a penny if it does not give you absolute satisfaction. That's proof of our faith in this remedy, and it should indisputably demonstrate that we know what we are talking about when we say that Revell's "93" Hair Tonic will grow hair on bald heads, except where baldness has been of such long duration that the roots of the hair are entirely dead, and the follicles closed and grown over, and the scalp is glazed.

Remember, we are basing our statements upon what has already been accomplished by the use of Revell's "93" Hair Tonic, and we have the right to assume that what it has done for thousands of others it will do for you. In any event you cannot lose anything by giving it a trial on our liberal guarantee. Two sizes, 50c. and \$1. Remember, you can obtain Revell's Remedies in this community only at our store—The Revell store, G. W. Mahood.

COWAN'S PERFECTION COCOA

Is good for Growing Girls and Boys—and they like it. It nourishes their little bodies and makes them healthy and strong.

Cowan's Cocoa, as you get it from your grocer, is absolutely pure. Its delicious flavor is obtained by the use of the highest grade of Cocoa beans, skillfully blended. Nothing is added to impair the health-building properties of the Cocoa.

Do You Use Cowan's Cocoa?



Get your comfort and happiness we owe much to the men and women of liberal ideas.

FOR CONFESSIONAL

REV. CHARLES M. SHELDON WOULD USE IT.

To Advise People as a Friend—It is a Place Where People Can Carry All Their Troubles.

Topeka, Kan., May 9.—The Rev. C. M. Sheldon, pastor of the Central Congregational church, and author of "In His Steps," believes even a pastor of a Protestant church should have a confessional, where the members of his flock could go and pour their troubles into a willing ear and receive wholesome advice. He does not intend that this confessional should be in the nature of that followed by the Catholic church, however.

"The confessional is not entirely a spiritual matter," said the Rev. Mr. Sheldon. "It is a place where people can carry their troubles—business, spiritual and religious, family affairs or purely personal matters. If one is able to tell his troubles to another in whom he has confidence and who may be able to give advice and aid the troubled one feels better and stronger after the telling. That is human nature."

"It is the duty of the minister to be the close friend of every member of his flock. He should be a real friend and be a real help at all times. This is the idea I have in the confessional for Protestant churches. Every church should have one. Every minister should have certain hours when the members of his congregation could go to his study, tell their worries and get good spiritual, business and social advice, as any minister should be able to give—advice that no lawyer and few mere friends could give."

THE PURDY FAMILY.

Some More Interesting Information is Given.

Brighton, Ont., May 6.—(To the Editor): I received a copy of the Kingston Whig dated May 31st, 1910, in which reference was made to the late John Wesley Purdy. I was pleased that you gave such a lengthy account. I could give you the details of a branch of the Purdy family which was left out. David was born Oct. 20th, 1757, settled in Ernestown, a short eight or nine miles west of Kingston, on the Bath Road. He did not stay at Belleville. David, of the Bath Road, had eleven children, seven boys, M. E., Cahag, who sailed the first steamer ever put on Lake Ontario. Afterwards he sailed on Lakes Erie and Huron and settled at Port Huron. Gilbert Purdy, of the township of Beach, Port Perry, Ruliff Purdy, of the township of Sydney, third concession; Samuel and Joseph Purdy, of Ernestown, opposite the Three Brothers Islands; Jacob Purdy, clerk of the township near Ortona, and John Purdy, of the fourth concession. I am a son of John Purdy. In my seventeenth year, I opened store here in 1860, on November 1st. I was married in 1860 to November, to Mrs. Purdy. Daniel Purdy had four sons, Joseph Purdy, his eldest son, lived in Portland, and was a preacher. Samuel married Miss Braiden, of Kingston. Ralph married Miss Haines, of Kingston. Mr. Yarker, hardware merchant, of Kingston, forty or forty-five years ago, married the other Miss Haines. Charles, a doctor, went to Chicago. One daughter married Dr. Day, of Trenton. The other married Rev. Jacob German, a M. E. preacher. One of Joseph Purdy's sons lived on the farm with his father, David, near Port Perry. Jacob is at Port Perry. Mrs. Hugh Rankin, of Collin's Bay, is a daughter of my uncle, Joseph Purdy. She has two sons, doctors, in Brooklyn, N.Y., and one daughter, Mrs. Ruliff Grass, Toronto.—S. A. PURDY.

A Glimpse at England's Sea Power.

The exhaustive review in the Solent on the evening 24th of June will furnish a mighty object lesson of the progress in naval construction during the last ten years and of the development in types since Edward VII greeted on a similar occasion a fleet assembled in the same waters. It is expected that at least three hundred effective war ships will be anchored, next month, in six lines between Spithead and Ryde, and of these one will consist of visiting foreign vessels—our Delaware among them.

The amazing British muster will probably be made up of the armored ships and cruisers, squadrons of the home and the Atlantic fleets, with the flotillas of destroyers and submarines attached to them or those based on various home ports. As may be expected, that keen sailor, George, has an especial interest in this peaceful concentration, and among other things has already indicated his desire that no obsolete ships be assigned places in the lines.

With the exception of William IV, his majesty is the only trained seaman that has reigned since the accession of the Hanoverians. His love for the service has never wavered, and to-day the king is as eager for all that concerns the navy's well-being as when with exemplary subordination, aptitude and skill he took up his earliest duties at sea.

Takes an Independent View.

Woodstock Review.
The Presbyterian does not go so far as some of the organizations of the Protestant churches in denouncing the Ne Tenere of the Roman Catholic church for the regulation of marriages. It acknowledges the right of the Roman Catholic church to make rules regarding marriage and to impose ecclesiastical penalties on its members for the violation of these rules; it declares it to be just as important for the Protestant churches as for the Roman Catholic church that the right of the church to formulate such rules and enforce them should be maintained. It is conceivable, it says, that in a Canadian province a law some day might be passed legalizing marriage under conditions which no Christian church could recognize. The church must, therefore, reserve its right of protest and of discipline upon its members in such a case.

Tired in Body and in Mind

Worn Out by the Monotonous Indoor Life of Winter.

Spring Finds the Blood Weak and the System Run Down—Vigor is Restored by

Dr. Chase's Nerve Food.

Just at the time when the buds are bursting and the birds are chirping merrily in the tree-tops, many people feel most keenly the debilitating and enervating effects of indoor winter life.

The blood is so thin and watery that it fails to supply nutrition to the nervous system and to the vital organs. You feel tired, weak and discouraged, appetite falls, digestion is impaired, energy and ambition are lacking, and strange depressing feelings come over you.

But nature has provided certain restoratives to be used at this time of year to form new, rich blood and create new nerve force. These elements are found in condensed and easily assimilated form in Dr. Chase's Nerve Food.

Thousands of men and women have learned to escape this spring depression and weakness and discouragement by using this great restorative. Vitality is increased, strength and confidence return, buoyancy is felt in every movement of the body, pallor and weakness and disease give place to the glow of health and vigor of mind and body.

Cook's Cotton Root Compound.

The great Uterine Tonic, and only safe effective Monthly Regulation which women can depend on. Sold in three degrees of strength—No. 1, \$1; No. 2, 50c; No. 3, 25c. For special cases, \$5 per box. Sold by all druggists, or sent prepaid on receipt of price. Free pamphlet. Address: THE COOK MEDICINE CO., TORONTO, ONT. (Formerly W. Underhill)

CURIOSITY

Leads to Investigation and Truth. What shall we do to be saved? was the title of one of Robert Ingersoll's lectures. People of faith and people of no faith flocked to hear it. Thousands are asking, "What shall I do to get rid of dandruff?" The answer is, "Kill the germ that causes dandruff, falling hair and finally baldness, and the only thing that will do it is Newbro's Herpicide. That is the very latest discovery of the laboratory, and it is the only preparation that claims to or that will kill the pestiferous dandruff germ. It also is a delightful hair dressing, free from oil or grease or sticky substances. Try it and be convinced of its actual merit.

Sold by leading druggists. Send 10c in stamps for sample to The Herpicide Co., Detroit, Mich. \$1 bottle guaranteed. Jas. H. McLeod, druggist, special agent, Kingston, Ont.

TORONTO, ONT.

PRINCE GEORGE HOTEL

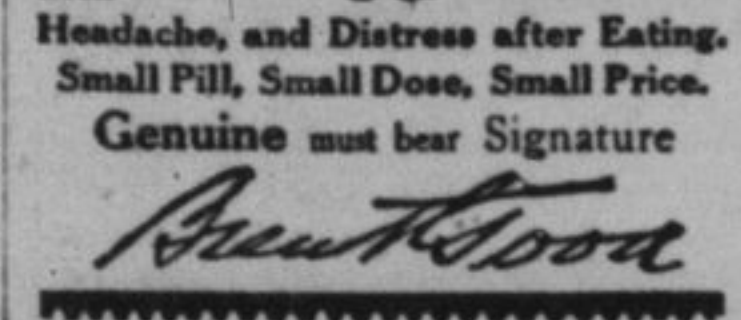
Three Blocks from Union Station
In the centre of Theatre, Shopping and Business District.
250 Rooms
100 with Private Baths
EUROPEAN and AMERICAN PLAN
A la Carte Restaurant
At Reasonable Prices.
SAM. H. THOMPSON, PROP.

Make the Liver Do its Duty

Nine times in ten when the liver is right the stomach and bowels are right.

CARTER'S LITTLE LIVER PILLS

gently but firmly compel a lazy liver to do its duty
Cures Constipation, Indigestion, Sick Headache, and Distress after Eating.
Small Pill, Small Dose, Small Price.
Genuine must bear Signature
Carter's Little Liver Pills



"Best for Baby—best for you."

Baby's Own Soap

Made of specially purified and refined vegetable oils. It will not hurt the most delicate skin. Refuse all substitutes.

Albert Seign Limited
Mfrs.
Montreal, D.S.I.



LIVE STOCK MARKETS.

The Prices Paid at the Various Centres.

Montreal, May 8.—About 750 head of butchers' cattle, 100 calves, 50 sheep and lambs, and 100 hogs were offered for sale at the Point St. Charles stockyards this forenoon.

The offerings of live stock at this market during the week were: 2,423 cattle, 1,900 calves, 1,075 sheep and lambs and 3,800 hogs.

Higher prices were being demanded for good cattle, which caused a lower trade. Prime heaves sold at 6c. to 6 1/2c. per lb.; pretty good animals, 5c. to near 6c. and the common stock, 3 1/2c. to 4 1/2c. per lb. Calves sold at 3c. to 6c. per lb. Sheep sold at about 6 1/2c. do.; spring lambs at \$2 to \$6.50 each.

Good lots of hogs sold at from 6 1/2c. to 6 1/2c. per lb.

Buffalo, May 8.—Cattle—Receipts, 4,125. Market active, 25c. higher. Prime steers, \$6 to \$6.25; butchers, \$5.25 to \$6.25; cows, \$3.50 to \$5.25.

Calves—Receipts, 2,200. Market active and steady. Cull to choice, \$4.50 to \$7.

Sheep and Lambs—Receipts, 21,000. Market fairly active, 10c. lower. Choice lambs, \$5.75 to \$5.90; cull to fair \$4.50 to \$5.90; yearlings, \$4.25 to \$4.75; sheep, \$2 to \$4.40.

Hogs—Receipts, 12,750. Market active and 25c. higher. Yorkers, \$6.50 to \$6.60; stags, \$6.60; pigs, \$5.10 to \$6.50; mixed, \$6.20 to \$6.30; heavy, \$5.25 to \$5.50; roughs, \$4.50 to \$5.

Toronto, May 8.—Receipts 95 loads, with 1,900 head of cattle, 110 calves, 241 hogs and 519 sheep and lambs. Included in the receipts were 13 loads of Michigan export cattle, shipped through in bond through the firm of McDonald and Hallagan. It was understood these cattle were the property of the Swifts company, and were not on sale. Trade was active, with prices about steady at last week's best.

Choice export probably being a little firmer, one sale being reported at \$6.15, but this could not be confirmed, as the parties were mum. There were plenty of sales for export at \$5.90 to \$6, and one or two at \$6 to \$6.10. Choice butcher cattle were steady to firm at \$5.60 to \$5.85; medium, choice, \$5.25 to \$5.40; butcher cows firm at \$4.40 up to \$5.30; bulls steady, \$4.60 to \$4.85; mixed common butchers, \$4.25 to \$4.50. Calves at \$3.50 to \$6.50. Sheep and lambs steady; ewes, \$4.75 to \$5.25; bucks, \$3.50 to \$4.25; yearling lambs, \$5 to \$6.50; spring lambs, \$3 to \$6.50. Hogs 25c. off; select, \$5.75 f.o.b., and \$6 to \$6.05, fed and watered.

Wolfe Island Council.

Council met at 11 a.m., members all present. Minutes of last meeting confirmed. Township officers appointed: Pathmasters—Thos. Greenwood, Jr., S. Taggart, Frank Yott, Wm. Grimshaw, Robt. Grimshaw, D. Keil, F. Connelly, John Tarrant, E. Seville, R. Moore, R. Mosier, Phil. Cummings, Edward Horne, James Russell, W. Allum, Geo. Friend, Jas. Daley, E. White, Thos. Greenwood, William Wattle, M. O'Brien, H. Joslin, A. Laughlin, R. Walker, R. Yott, Jas. Moran, John Hogan, Rich. Laughlin, D. H. Hinkley, F. Walker, R. Bolton, D. J. McDonald, T. Brown, Leo. Ryan, Thos. Fawcett, D. Mahoney, A. R. McDonald, Thos. F. Hogan, Duncan McDonald, Geo. McDonald, Rich. Halliday, Arch. Berry, B. Irvine, Johp Flynn, Jas. O'Brien, H. Joslin, A. Joslin, John Quigley, Stirling Orr, T. Hutchinson, Jerry Murphy, W. B. Card, W. L. Allison, W. Taylor, A. Davis.

Poundkeepers—T. Dee, R. Moore, Geo. Eves, D. Bamford, F. Baker, Robt. Horne, B. Irvine, S. Charles, W. B. Card, Duncan J. McDonald.

Penitentiaries—W. Grimshaw, John Spoor, R. O'Reilly, David Watts, R. Mosier, P. Marlow, F. Baker, W. Mosier, Jas. McGlynn, Geo. Keys, M. Doyle, John McLeady, W. Fawcett, W. G. Woodman, Jas. O'Brien, C. A. Barry, John Miles, A. Joslin, W. McFadden, Geo. Eves, Jr., T. Bush, V. Suddie, A. Docteur, E. Payne.

Steamboat accounts paid: James Crawford, one month, captain, \$50; R. Mullin, one month, engineer, \$66.66; Jas. Davis, twenty-two days, mate, \$33; E. Walker, forty-two days, fireman, \$57.17; Geo. Tattray, eighteen days, purser (March and April), \$18; H. May, twenty-two days, deckhand, \$14; W. Armstrong, twenty-two days, deckhand, \$14; Mrs. Davis, cook, \$14; Geo. Rattray, 487 meals, \$58.44; Geo. Rattray, cartage, etc., \$1.20; W. B. Card and son, cartage, \$9.25; McKelvey & Birch, amount of account, \$80.23; P. J. Ryan, work on boat, \$3; Mark W. Wright, insurance on boat, \$30.

Township accounts paid: Mrs. Cadotte, charity, \$10; Mrs. Matier, charity to Norris, \$6; S. Anglin & Co., plank for runway, \$10.57; S. Anglin & Co., lumber for canal bridge, \$28.31; W. B. Card, repairing runway, \$4; R. Carr, building book case, \$7; T. Taggart, repairing Simcoe scow, \$6.89.

Resolved that this council, acting under the advice of their solicitor, Mr. Nickle, employ Mr. Kirkpatrick, engineer, to suggest plans for necessary improvement of ditch across road opposite Mrs. Armstrong's property. Council adjourned to the first Monday in June at 10 a.m.

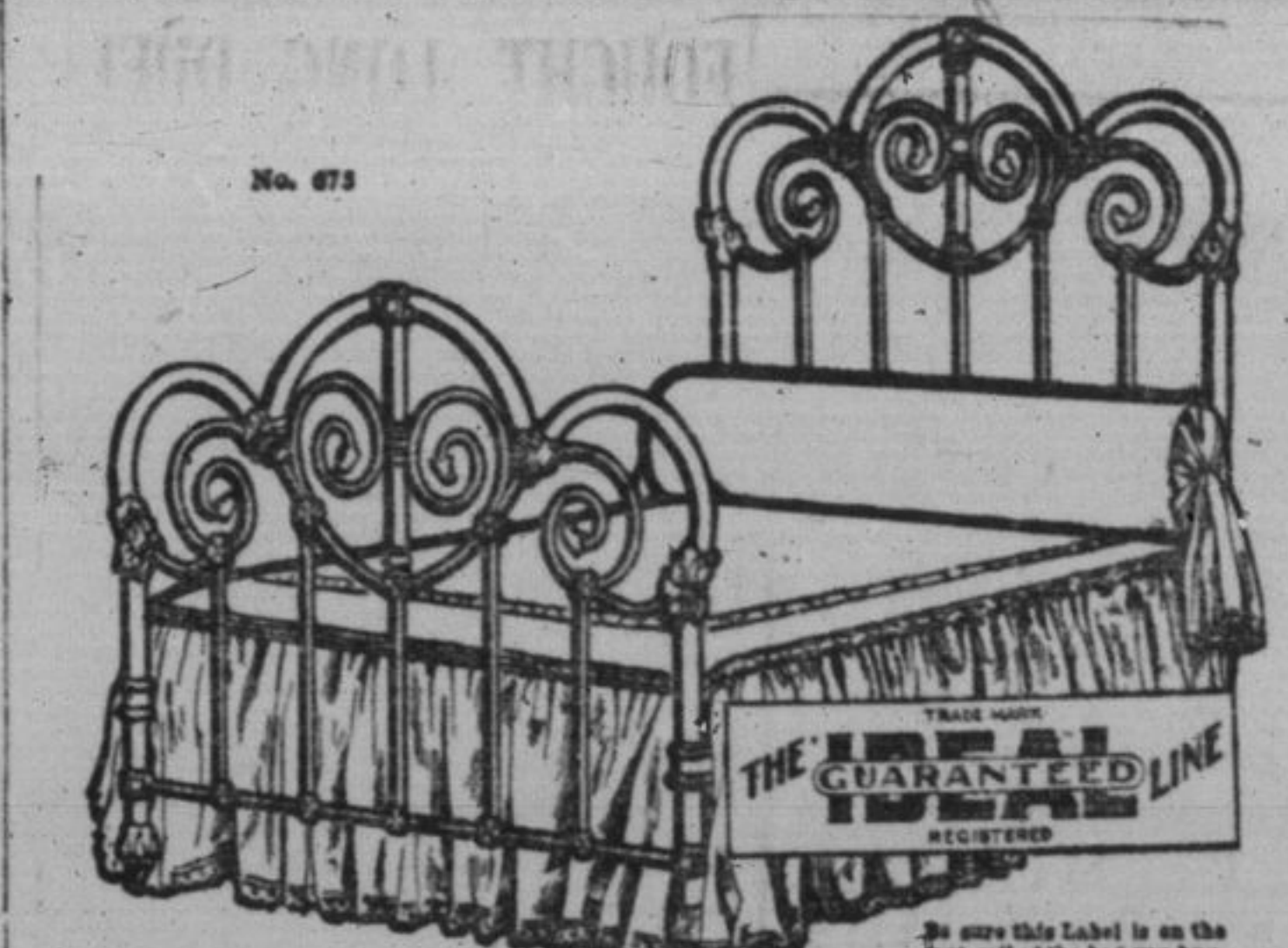
Kaladar Notes.

Kaladar, May 8.—E. Lowerman, who has been attending business college in Belleville, is spending a few days with his parents before leaving for the west. Miss Fleming was the guest of Miss Presley, Northbrook, on Sunday last. Miss Muriel Banker, who has been spending a few days with Tweed friends, returned to her home here on Monday. E. Beatty, of Northbrook, is spending a few days here on business. Carman Thompson, who has been employed in Marlbank, is the guest of his family here. Messrs G. and E. Hughes, who are employed at Maberly, spent Sunday at their home here.

A Special Display.

Of Na-Dru-Co. goods all this week, in McLeod's drug stores. Samples given away.

Nobody can have such a clear conscience that he does not look scared when his wife begins to tell him he talked in his sleep. Royal Vencer. "Gibson's."



METAL Beds differ in more than design and price. Even metal can have faults if quality is sacrificed to make a low price. So it is worth while being sure the "IDEAL" Guarantee Label is on the foot-rail.

"IDEAL" Metal Beds retain their beautiful snowy, glossy finish. The parts fit with a precision that prevents them ever rattling or becoming wobbly. Quality is not sacrificed to make "IDEAL" Metal Beds cheap even in styles that cost only \$3.00.

Write Office nearest you for Free Book No. 120
THE IDEAL BEDDING CO. LIMITED
MONTREAL - TORONTO - WINNIPEG

..New Cocoanuts..

Pineapples, Tomatoes, Bananas, Florida Grape Fruit, Sweet Navel and Mexican Oranges.

166 Princess St. A. J. REES, Phone 58

Labatt's ALE & STOUT

At your meals, and at bedtime, drink this sparkling agreeable brew. Your digestion will improve. Your slumber will better refresh you. Every drop gratifies.

Better for invalids than ordinary tonics or patent medicines. It is wholesome as well as pure.

Made of selected JOHN LABATT Order from any dealer in beverages established hops and or direct from the 1850 spring water. LONDON, CANADA brewery in London.

Agent, James McParland, 339-341 King St. E., Kingston

TOASTED CORN FLAKES

From the Heart of the Corn Comes This Perfect Food

Of all the kinds of cereals to be had to-day Kellogg's Toasted Corn Flakes alone combines deliciousness, healthfulness and digestibility.

It is just a good, common-sense food that contains as much nutritive value as meat or eggs, at much less cost.

It gives strength and vitality to children—ideal for invalids.

10c per pkg.

MCCORMICK'S FANCY JERSEY CREAM SODAS

10c Pkg. FANCY JERSEY CREAM SODAS

A Small dainty soda Pkd. only in 5 & 10c Pkgs.

Carriage Painting

If you want your Carriages to look and wear well, leave them with us. Children's carriages and go-carts enameled in all latest lines.

E. J. DUNPHY,
Cor. Montreal and Ordnance Streets.
WILLIAM MURRAY,
Auctioneer,
City and Country Sales Carefully Conducted.
Market Square, Kingston.

OUR CONSIGNMENT

Of Green and Black Teas from Ceylon have arrived. Though prices are much higher, we are still selling at 30c per lb.
ANDREW MACLEAN,
Ontario Street.

THE CLUBHOTEL

WELLINGTON STREET, (Near Princess).
There are other hotels, but none approach this Club for homelike surroundings. Located in centre of city and close to principal stores and theatre.
Charges are moderate. Special rates by the week.
P. M. THOMPSON, Proprietor.

KINGSTON BUSINESS COLLEGE

(Limited).
"Highest Education at Lowest Cost"
Twenty-sixth year. Fall Term begins August 30th. Courses in Bookkeeping, Shorthand, Telegraphy, Civil Service and English. Our graduates get the best positions. Within a short time over sixty secured positions with one of the largest railway corporations in Canada. Enter any time. Call or write for information. H. F. McKeefe, Principal, Kingston, Canada.

The American Cafe

183 Wellington St.
The Up-to-date Restaurant and Eating House. Separate apartments. Well furnished and lighted.
Try our Full Course Dinner, 25c.
THOMAS GUY, Prop.

Highest Grades

GASOLINE, COAL OIL, LUBRICATING OIL, FLOOR OIL, GREASE, ETC.
PROMPT DELIVERY.
W. F. KELLY,
Clarence and Ontario Streets, Foy's Building.