Good Health Week! Special Sale of "Sunkist" Oranges

Begins Next Monday

"GOOD HEALTH" Week begins next Monday and, in honor of the event, the people of this city will be given the greatest opportunity ever known to buy *fresh, luscious fruit at reasonable prices.*

Millions of "Sunkists" Arrive

Five millions of the famous "Sunkist" oranges have just arrived from California by special fast freight. On Monday morning, when the great orange sale begins, every fruit dealer in the city will be supplied with "Sunkists."

Most Luscious Fruit Grown

Unless you have eaten a "Sunkist" orange, you do not know the delicious taste of a California orange right off the tree. "Sunkist" oranges are the *fancy crop* of TEN MILLION orange trees. Only the most select part of this total crop are "Sunkists"—only the *perfect* oranges—those which are hand-picked, tree-ripened, sound and solid. No fallen, bruised or otherwise damaged orange wears the "Sunkist" wrapper.

"Sunkist" oranges are thin-skinned, seedless and fibreless. Never pithy, sour or tasteless. There is so little waste that they are the most economical oranges one can buy.

"Sunkist" means the *highest quality* of oranges. Big "Sunkists" cost more than *small* ones, but *all* are sold at fair, modest prices, as you will see at your fruit dealer's.

Oranges Build Health

Physicians everywhere are pointing out the health-giving properties of oranges and the demand for fresh, ripe, luscious oranges is simply *astounding.* During Good Health Week fruit dealers are always on the jump from morning till night. For this is the season of the year when "spring fever" is epidemic; when nerves and blood need toning up; when the system demands a change from heavy foods to the kind that increase bodily vigor and vitality.

Save Your "Sunkist" Wrappers!

Most people know the "Sunkist" orange at once by its ruddy, deep tint which shows that it was tree-ripened. Yet the *sure* mark of identification is the tissue paper wrapper labeled "Sunkist," in which each individual "Sunkist" orange is packed. ***An orange not packed in the "Sunkist" wrapper is not a "Sunkist" orange, but an inferior fruit.*** The wrapper identifies the orange and is *valuable,* too. ***Save all your "Sunkist" wrappers*** and get, free, as many of the beautiful Rogers Table Silver Premiums as you want. See list and description at right. (86)

Remember the Date, Week Beginning
Monday Morning, May 8th,

The California Fruit Growers' Exchange, 105 King St., East, Toronto, Ont.

FREE! Genuine Rogers Table Silver

No Advertising On It

"SUNKIST" Premiums

Rogers Orange Spoon Free

The picture shows our new 1911 design, "Sunkist" Orange Spoon, actual size; being a genuine Rogers product and of the latest style. This spoon will be sent you, charges, packing, etc., prepaid, on receipt of 12 "Sunkist" wrappers and 12c. For each additional spoon send 12 "Sunkist" wrappers and 12 cents.

Valuable Dessert Spoon Free

The picture shows our new 1911 design, Dessert Spoon, actual size. It is of the same excellent quality and beautiful design as the orange spoon, but being larger and heavier is more valuable. Sent to you on receipt of 24 "Sunkist" wrappers and 20c additional. For each additional dessert spoon send 24 "Sunkist" wrappers and 20 cents.

This Fruit Knife Free

Our 1911 "Sunkist" Fruit Knife is shown here, actual size. It is made of special tempered steel heavily silver-plated. Fully guaranteed by manufacturers, Wm. Rogers & Son. Sent to you on receipt of 24 "Sunkist" wrappers and 20c. For each additional knife send 24 "Sunkist" wrappers and 20 cents.

Notice!

On all remittances up to 20c please send cash, on amounts above 20c, we prefer postal note, money order, express order or bank draft. Make your money order or draft payable to The California Fruit Growers' Exchange, and address your letters to The California Fruit Growers' Exchange, 105 King St. East, Toronto, Ont.

You can secure these premiums with "Sunkist" orange wrappers or "Red Ball" orange wrappers.

If you will make it a point to buy only "Sunkist" and "Red Ball" oranges, you will not only get the finest fruits that grow, economically priced, but you will soon have enough wrappers to secure a complete set of the beautiful spoons and knives here shown.

FOR SALE BY ALL DEALERS

Tips For Farmers

BY UNCLE JOSH.

My Uncle William feels right bad—
Life has for him no bliss,
For he can't think of when he had
A wusser year than this.

The little girl from the city glanced at the cattle in the stable yard.

"I suppose I should ask you now, uncle Richard," she said with a bored look, "which of these cows gives the cream. We are slaves to conventionality, and it is not for me to fly in the face of time-honored custom."—Chicago Tribune.

The farmer's boy, ambitious to be great—
How manfully strives he!
And leaves no stone unturned, except
The grindstone, hap, it be.
—Detroit Journal.

Mrs. Isolate (of Lonelyville)—I wonder if the family just moved in, next door, have ever lived in the country before?

Mr. Isolata (confidently—Certainly they have. Haven't you noticed that they have been here a week and yet are not starting a garden?—Puck.

"Come home to dinner!" cried a housewife to her husband, who was at work in a field.

"All right!" he shouted; "as soon as I have hidden my hoe."

At the dinner, his wife, remonstrated with him for proclaiming so loudly.

"I am certain," said she, "that the neighbors have heard you, and some one has already stolen it."

Struck with the remark, the man returned to the field to find that the hoe was surely gone. On going back to the house, impressed by the wisdom of her previous caution, he whispered in his wife's ear:

"The hoe is stolen."

The Poultry Yard.

Good, clean runs are a delight to the hens.

Sometimes litter gets so filthy that it is worse than none.

Turkey eggs set this month should give good saleable carcasses for Christmas feasts.

Leave it to the old hen to pick out the best nest to lay in. She can do it better than you can.

Two sprinklings a week with kerosene oil should keep the house free from insect pests. But be thorough.

Get the screens over the windows now, so that intruders will not disturb your favorites while they are asleep at night.

Are you troubled with crows about your chicken yards? Cover the pens with wire netting. That will fool the thieves.

Overfeeding must be avoided, as must also underfeeding. Either extreme wil stunt the growth of the young stock.

Can't expect to succeed with broody hens, incubators and little chicks these days, unless we stay close at home to meet all emergencies.

Feed very little soft feed and you will raise more chicks. If you must feed soft stuff don't throw it upon the ground. Feed it in a small trough or on a clean board.

In heavy-soil localities, gapes are apt to attack young chicks, especially when quartered on damp, heavy ground. In light, sandy soils this disease is practically unknown.

Look suspiciously at eggs that have been laid in a stolen nest. They may be all right, but test them carefully, lest you lend some one who buys the to say things that will make your ears burn.—Farm Journal.

Pointers for Alfalfa Growers.

Sow it on a soil that has been thoroughly pulverized the previous year and sub-soil plowed in the autumn.

Don't sow too early in the spring-time.

Sow plenty of seed; don't make a mistake for the sake of five pounds extra. See that the seed is of the very best quality.

Don't sow on poorly drained soil; alfalfa roots cannot grow in water.

Do not pasture alfalfa. You can get better results by cutting and feeding from the field.

Don't leave alfalfa down too long. Let some other part of the farm have the benefit of the fertilizing elements of the alfalfa plants.—J. F.

Another Farmer's Cow.

The Allison Stock Farm of Chesterville has added another famous cow to their Holstein herd, having purchased at Belleville last week for $1,450 the champion in Canada for a year's record. This cow as test, gave 21,000 lbs. of milk in the year. They last week subjected a valuable cow, purchased from Mr. Sidney Carlyle, to a test which resulted as follows; Number of lbs. milk for the seven days, 748.8, or 106.8 lbs. per day. The butter fat was 22.8, and number of lbs. of butter 28.5. By giving 1 lb. more milk per day she would be the champion milker of Canada. The Allison Stock Farm is in its initial stage, and with careful management will be a leader on this continent. By means of their imported stock they are doing a splendid work to improve horses and cattle in eastern Ontario.

Valuable Cow Sold.

Charles Mangeot of Fulton has sold one of his blooded cows to F. Lathrop Ames of Boston, Mass. The cow in question is called "Miss Horn of Plenty" and is a registered Guernsey. She has a record of 65 pounds of milk per day. The price paid for her was $1,000. The cow was shipped on the Wabash flyer this noon to the American Grangers' Cattle Club at North Easton, Mass., and she will be delivered to Long Waters Farm, owned by Mr. Ames.

Mr. Mangeot has large dairy interests near Fulton and makes a specialty of pure bred cows.

Sore Shoulders on the Horse.

In many cases with spring work begins sore shoulders for the horses. Is this necessary? In many cases, emphatically, no. It is just as easy to do a big day's work without necessitating any sores on shoulders, necks or sides. When they gall, remove all dirt from the collar, also shoulder, then wash the shoulder thoroughly with fresh, clean water. By doing this three times a day there need be no fear of sores. Sores on neck and sides can invariably be avoided with care and judgment and the application of cold water every evening, thus removing irritation, dust, loose hairs, etc. We should also remember that we do not feel good in some other fellow's shoes; neither will a horse feel comfortable or work at his best by wearing a collar that may be worn by two or three other horses. A collar for early work, or when in good condition, and one when work has greatly reduced them in flesh.—J. E. Raiser.

Timely Pointers.

You can't overwork the lawnmower.

Be sure your wife will find you out.

That weed right in the hill is your worst enemy.

Don't let the weeds get a start—kill 'em while they are a-borning. Easiest way.

Too often the extravagant who start out in the parlor-car come back in the freight.

When you hoe corn, thin it out not more than three good stalks to the hill. Nature doesn't like to be crowded.

It isn't the mark of a good teamster to get in off the road late at night, nor to leave the horses uncurried for two or three days.

A cheerful spirit gets on quick.

A grumbler in the mud will stick.

It is less work to hoe twice soon after the crops come up than it is to hoe once after the weeds get high, and it does much more good.

Borrowing tools, and sending them home dull or rusty, doesn't make the other fellow grin. Better save up and buy your own.

Again we say: Test the seed-corn before planting, for there's much poor seed in the country this year. And, also, treat the seed potatoes to prevent scab.

If you put stones under the posts of your corn house, have them thick enough and large enough so that the frost will not get below them and break them to pieces.

Don't cultivate the potatoes when out in bloom, or coming out, unless you want a lot of stunted little tubers. Cultivate them before they get that big, and hoe them clean of weeds.

Nature's Cure for a Cough

Dr. Chase's Syrup of Linseed and Turpentine is the Most Largely Imitated Medicine in the Country.

What to give the children for croup, and colds is the problem mothers now have to solve. Most of them finally decide on Dr. Chase's Syrup of Linseed and Turpentine, and make it a rule to always have some in the house.

In this medicine are linseed, turpentine, and other well-known ingredients of unmistakable value in the cure of colds. It is pleasant to take, so much so that children delight to use it.

So generally is this great medicine used that several imitations have been put on the market. All alike in name only. They are not made from the same formula, nor do they bear the name of Dr. Chase.

You know what you can expect from the use of Dr. Chase's Syrup of Linseed and Turpentine, but you cannot put much faith in an imitation which sells on the reputation of the article it imitates.

On every bottle of the genuine will be found the portrait and signature of A. W. Chase, M.D., the famous Receipt Book author. This is for your protection and for the protection of your children. Be sure to get the genuine, even if it costs a few cents more. 25 cents a bottle, family size, 60 cents; all dealers, or Edmanson, Bates & Co., Toronto.

Produce and Prices.

Kingston, May 6.—Market clerk reports the prices prevailing as follows: Carrots, 50c. to 60c. per bag; turnips, 50c. to 60c. per bag; cabbage, 5c. each; onions, $1.50 per bag; potatoes, $1 to $1.20 per bag; celery, 5c. to 7c. per head; green onions, 5c. bunch; radishes, 5c. bunch; lettuce, 5c. bunch.

John McKay, Brock street, reports as follows: Hides, trimmed, 8c. per lb.; horsehides, $3 to $3.25; calfskins, veals, 12c. per lb.; deacons, 75c. to 90c.; wool, sheepskins, from 90c. to $1; tallow, in cakes, 6c. per lb.; beeswax, 25c. per lb.; ginseng, $5 per lb.; wool, washed, 20c. per lb.; unwashed, 13c. per lb. Raw furs: Red fox, No. 1, large, $6; No. 1, medium, $4; raccoon, No. 1, large, $2 to $3; No. 1, medium, $1 to $2; mink, No. 1, large, $6 to $7; No. 1, medium, $3 to $6; spring rats, No. 1, large, 35c.; No. 2, medium, 25c.; kits and culls, at value; springy rubbed skins at value.

G. A. MacFarlane, Brock street, reports flour, feed and grain selling as follows: Oats, 38c. to 40c.; local wheat $1; buckwheat, 60c.; barley, 60c. to 65c.; rye, 70c.; peas, 90c. to $1; yellow corn, 65c.; flour, bakers, $2.75 to $2.85; farmers', $2.80 to $2.90; Hungarian patent, $2.90; oatmeal and rolled oats, $4.50 per bbl.; cornmeal, $1.80 to $2; bran, $23 per ton; shorts, $25; baled straw, $7; loose, $8; hay, loose, $8 to $9; pressed, $9 to $10.

Meat—Beef, (local) carcase 7½c. to 8½c.; prime western beef, $10 per cwt.; by carcase, cuts, 10c. to 15c.; live hogs, 6¾c. lb.; dressed hogs, 9c. pork, 10c. to 11c.; by quarter, mutton, 10c.; lamb, 12c. to 13c., qtr.; veal, 5c. to 8c. lb.; ducks, $1. to $1.25 pair; turkeys, 20c. to 22c. lb.; fowl $1 to $1.50 pair; chickens, $1 to $1.25 pr. butter, creamery, 24c.; rolls, 17c. to 18c.; prints, 17c. to 19c.; eggs, fresh, 15c. to 18c.

Gananoque Fish Co. reports prices 12c. lb.; white fish, 13½c. to 15c.; pike, 15c. a lb.; skinned digby herring, 20c. lb.; white fish, 12½c. to 15c. lb.; pike 10c. lb.; Chinook salmon, 30c. lb.; kippered herring, Yarmouth bloaters, 40c. doz.; perch, 30c. doz.; Atlantic salmon, 30c. lb.; salt codfish, 7c. to 15c. lb.; halibut, 12½c. to 20c.; fresh haddock, 10c. lb.; bullheads, 15c. lb.; red herrings, 20c. box; mackerel, 25c. a lb.; lake herring, 8c. lb. sea bass, 12½c. lb.

It is now open season for muskrats, in the province of Quebec and Ontario, and will remain open until May 1st.

Prices will range on this article as follows: Square handled rats, large, 25c.; small, 25c.; shot and cut, 15c. to 25c.; bow handled are 5c. a skin less in each grade.

Maple syrup is selling at $1 per gallon.

George Mills & Co., quote the following prices for raw furs: Spring Muskrats large, 30c. to 40c.; medium, 20c. to 35c. Mink, large, $4 to $6; medium, $3 to $4.50; small, $2 to $4. Raccoon, large, $2.50; medium, $1.50; small, 75c. Red Fox as to size, $3 to $6. Skunk as to size and length of stripe, 50c. to $2. Weasel, 20 cents to 60 cents.

A young man never cultivates a platonic affection for a girl if she has money.

Our idea of a martyr is a man who lies up to his wife's expectations.

TEN THOUSAND DRUGGISTS

Unite in Their Opinion Regarding a Certain Medicine.

Druggists should know better than any one else the value of every medicine.

Therefore, when over ten thousand recommend Vinol, the cod liver and iron tonic, without oil, over their own signatures, as the greatest tonic reconstructor and strength creator—and offer to return the purchase money in every case where it fails to give satisfaction, it must indicate that Vinol is a pretty reliable medicine.

We could publish columns of such testimony as the following:

C. A. Potterfield, the leading druggist at Charleston, W.Va., says he used Vinol for every member of his family and has never been disappointed with the results.

Mr. J. F. Bradley, druggist, of New Brunswick, N.J., says: "Vinol is certainly a wonderful medicine. It has proved it from personal experience."

The many years that Vinol has been on the market has served to strengthen its popularity, and proved by continued tests that it will do all that is claimed for it.

Try a bottle of Vinol with the understanding that your money will be returned if it does not build up your strength and give you an added interest in life. Mahood's drug store, Kingston.

Cured His Rheumatism In Three Weeks.

Rev. Father Morrisey

James LeB. Johnstone, a prominent member of the Citizen's Band, of Chatham, writes:

"I contracted Rheumatism by exposure. Five years ago, and was ailing for two months and in great pain all the time. I got Father Morrisey's No. 7 Tablets and took them for about three weeks, when the Rheumatism all left me and I have had no return of the pains since."

Father Morrisey's "No. 7" Tablets

have cured thousands of this terribly painful disease.

Rheumatism is generally brought on by exposure, but is really caused by Uric Acid in the blood. This Uric Acid is an irritating poison, formed from the waste matter of the body. The kidneys should remove it, but when they fail it poisons the blood, and, settling in the joints, causes Rheumatism.

"No. 7" Tablets clear out the clogged-up Kidneys and stimulate them to perform their task of filtering the Uric Acid out of the blood. When this is done the Rheumatism simply and naturally vanishes.

"No 7" Tablets cost 50c. At your dealer's. 28

Father Morrisey Medicine Co. Ltd.

Montreal, Quebec.

Sold and guaranteed in Kingston by Jas. B. McLeod.

2 in 1 SHOE POLISH

Sold in all parts of the World.
Canada's Most Brilliant Representative.
It has proved its superiority over scores of other makes, and has won popularity solely on its merits.
It's good for your shoes. 9

THE F. F. DALLEY CO., Limited,
HAMILTON, Ont., BUFFALO, N. Y. and LONDON, Eng.