

The most tempting breakfast is spoiled if the Coffee be of poor quality. But—every meal is a Banquet when you use

Seal Brand Coffee

Packed in 1 and 2 pound cans only. 12¢

CHASE & SANBORN - MONTREAL.

BEAVER

"BEAVER FLOUR" is the unfailing friend of the housewife. It saves her the trouble of keeping two kinds of flour—one for bread and another for pastry. Being a perfect blend of Manitoba Spring wheat and Ontario Fall wheat, it gives to bread the rich, nutritious properties of the former and the lighter qualities of the latter, making a large white loaf of delicate texture and exquisite flavor. Pastry, biscuits and cakes, made with BEAVER FLOUR cannot be excelled. Ask your Grocer for it today.

DEALERS—Write for prices on Feed, Cattle Crains and Cereals.

The T. H. TAYLOR CO. Limited, Chatham, Ont.

FLOUR

Eat Luscious

"Sunkist" Oranges

Seedless—Fibreless—Juicy and Sweet—A Perfect Fruit

Five thousand California orange farmers, raising 60 per cent of the state's entire crop, select, each season, their perfect oranges and pack them under the name "Sunkist." This enables you to recognize and buy California's choicest, tree-ripened oranges. Until you have tasted a luscious "Sunkist" orange, you cannot begin to appreciate the excellence of oranges that are properly grown, rightly inspected, carefully packed and swiftly transported. Serve "Sunkist" on your table tomorrow morning and learn the superiority of tree-ripened, fibreless, seedless, solid and sound oranges over the commonplace kind. "Sunkist" oranges are so nearly all food that they are much the cheapest kind to buy.

"Sunkist" oranges are *thinskin* and are hand-picked. The "Sunkist" orange is a firm, solid fruit. Ask your dealer for the "Sunkist" kind and make sure that each orange you get is packed in a tissue paper wrapper labeled "Sunkist." For these wrappers are valuable. You can buy "Sunkist" oranges by the box and half box.

FREE—This Handsome Rogers Orange Spoon

Save 12 "Sunkist" orange wrappers and send them to us, with 12¢ to pay charges, packing, etc., and we will present you with a genuine Rogers Orange Spoon, of beautiful design and highest quality. Begin saving wrappers today. For each additional spoon desired send 12 "Sunkist" wrappers and 12¢. In remitting please send cash when the amount is less than 25¢. (On amounts above 25¢, we prefer postal note, money order, express order or bank draft. We will be glad to send you complete list of valuable premiums. We honor both "Sunkist" and "Red Ball" wrappers for premiums.)

California Fruit Growers' Exchange, 105 King Street, East, Toronto, Ont.

CONTROLS COMMERCE

OF ARGENTINE, AND MAKES \$250,000,000.

Where Great Britain Leads—Nearly Every Railroad There Was Built and Financed by Englishmen.

"It is not so much that we do not understand Latin America; it is that we do not attempt to understand," says a writer in the Bulletin of the Pan-American Union.

"These republics have developed enormously in the last two or three decades. The city of Buenos Ayres has increased its population in the last eleven years 100 per cent, while New York has in ten years increased only 48 per cent.

"That is to say, Buenos Ayres has grown twice as fast as New York in the same period. It is now a city larger than any other in the United States with the sole exception of New York, Chicago and Philadelphia. Its traffic problems are far greater than those of London or New York.

"It has grown so fast that improvements cannot possibly keep up with it. Children are without schools each year, though the nation, until recently a minister of education, has spent the best years of his life in finding housing for them and raising money for maintenance. The treatment of immigrants is more systematic and complete than anywhere else in the world. The hotels equal those of New York, London, and Paris.

"Every railroad, with one exception in the Argentine Republic was financed and built by Englishmen, and is now operated by them. The public waterworks of Buenos Ayres, the tenth or eleventh city in the whole world, were built and are run by Englishmen.

"In the year 1909 Englishmen took \$250,000,000 in dividends out of the Argentine alone. The railroad at Santos in Brazil, the docks of Rio de Janeiro, the wonderful trans-Andine railroad which runs across the continent from Buenos Ayres to Valparaiso, more than 800 miles and over, and through the Andes were all financed in England.

"One famous and perhaps the most remarkable enterprise of all—the Oroya Railroad from Lima to Cerro de Pasco, which climbs nearly 16,000 feet above the sea and crawls about among the cliffs and crags of the Andes—was conceived and built by an extraordinary American named Meigs. But he could not raise the money to finance it in the United States, so that now it is practically owned and is actually run by Englishmen.

"The natural result is that when the Governments of Latin America or some group of businessmen conceive a large commercial enterprise they never think of turning to any one but the English for the money, the engineers and the operators.

"It is difficult to believe that the nation which 50 years ago began the commerce of the world with South America now has not one steamship line beyond the equator which regularly flies the American flag, that 91 per cent of the trade between the United States and the world is carried in foreign ships, that something over \$200,000,000 a year is paid by the American people to foreign nations to carry that trade.

"It is our custom in the United States, roughly speaking, to sell goods on what is called 30 days' time—that is, unless other terms are agreed upon the purchaser is supposed to pay 30 days after shipment of the order or at most 30 days after the receipt of the goods. The corresponding period in most Latin American countries is six months. A six-months' credit with us would be twelve months credit in most Latin American countries.

"Yet this appears to be so little known that when a South American stipulates that his payment is to be made in six months the North American merchant in most cases thinks that his customer must be bad pay, and the sale is lost. As a matter of fact the business integrity of the Spanish-American is so high that he very seldom fails to pay.

"So long as the banking laws of the United States forbid any form of surcular or branch just so long will most of the banking business of London, this one matter of exchange has a most vital influence on our trade with South America.

"Each republic to-day has within its borders branch offices of European banks, and the lines of trade necessary follow these. There is no question but that certain of our banks would open branches in many South American cities were it not that our laws, or at all events, the present interpretations of our laws, forbid it."

NO PLACE LIKE HOME.

Dog Walks 140 Miles to Reach Familiar Spot Behind Stove.

St. Paul Dispatch.

If you've ever felt the pangs of homesickness and have longed for the quiet of a small town in contrast to the hustle and bustle of a big city, your sympathy will go out to Dewey, a white bulldog, who, pinning for his personal soft spot behind a meat market stove in La Crosse, Wis., walked the entire distance from St. Paul to that city.

A letter from La Crosse to this city tells of the arrival there of the dog, which is the property of Oscar Baum, a St. Paul meat cutter, who formerly lived in the Wisconsin city.

Dewey is now sleeping behind the stove in the meat market in La Crosse, which his master formerly owned. Although Mr. Baum brought the dog to St. Paul in the express car of a fast limited train and offered him all kinds of inducements and delicacies not to be had in a small town Dewey was not happy.

He ran away and appeared unexpectedly at his old home Monday, wagging his short tail furiously, he scratched and whined for admittance. The 140 miles he had tramped had made him footsore and weary. His tongue was hanging far out of his mouth and he was panting. Dewey's eyes were bright, however, and he was not too tired to yawn in a friendly manner at his old and trusted friend, the market cat.

When his master telephoned from St. Paul to get him, the gaunt little fighting pet was sleeping the peaceful sleep of the weary. Between his paws was a discarded bone, and the satisfied grin on his battle-scarred face told more plainly than words that he preferred a meagre bone in La Crosse to a porterhouse steak in St. Paul.

LOUIS XV. AND ENCYCLOPEDIA.

Voltaire tells a pleasing story of Louis XV's conversion to the merits of the "Encyclopaedia." The talk one night at a Trianon supper turned on sport, and thence to gunpowder, as to the composition of which the party could not agree. Mme. de Pompadour lamented their all-round ignorance; for instance, she herself did not know what her rouge was made of or how her silk hose was manufactured.

"This is a pity," said the Duc de la Valliere, "that his Majesty has confiscated our encyclopaedias, which cost us 100 pistoles."

The king recalled that he had a copy, and three valets were sent for the 21 volumes and staggered back with seven each. Gunpowder, rouge, silk stockings were all found there; some found answers to legal problems that troubled them; the king discovered the rights of his crown set forth, and in his satisfaction he allowed the confiscated copies to be returned.

A Sidelight on the Plague.

A letter on the plague in China written from Chang-Chau, says of the precautions against further infection:—"At Chang-Chau the Russo-Asiatic Bank and the Yokohama Specie Bank and the Yokohama foreign establishments remain open. Both the buildings are disinfected every hour, and every customer as he enters is drenched with fluid, whether he likes it or not. Every employee of the bank from the manager downward, wears a disinfectant white smock and a nose and mouth-plug. But notwithstanding the plague, the ordinary Chinese coolie goes about as if nothing were happening, and the streets still remain crowded."

One Way of Choosing a Wife.

London Globe.

The chief town of the arrondissement of St. Jean d'Angely, a day or two ago the serenity of the place was disturbed by the wailing of his trumpet, which, by the way, has replaced the drum, making the following announcement:—"Two young men desirous of an early marriage place themselves at the disposition of the girls of the town of an age to marry. The young men are now at the Cafe —, and will be pleased to meet girls desirous of marriage, and will give all particulars concerning themselves."

Her Choice.

Boston Transcript.

Lawyer (cross-examining)—Isn't your husband a burglar?

Witness—Yes.

Lawyer—And didn't you know he was a burglar when you married him?

Witness—I did; but I was getting a little old and I had to choose between a burglar and a lawyer, so what could I do?

Setting the Scene.

An old doctor, seeing a young one who was going along the street with half a dozen shabby-looking men and women, called him aside and asked: "Who are all those people, and where are you going with them?"

"I will tell you in confidence," was the reply, "that I've hired them to come and sit in my reception room. I expect a rich patient this morning, and I want to make an impression on him."—Judge.

A Nurse for Fire Calls.

Los Angeles Examiner.

A nurse from the Receiving Hospital will accompany the police patrol to all large fires. That the service of a nurse is needed will be shown by a special fire alarm to be sounded at central police headquarters.

The request for a nurse was made by the fire commission, which pointed out that numbers of firemen are injured.

Fleeting Glimpses.

"It is a great honor for a statesman to have his portrait circulated before the gaze of posterity on our national currency," remarked the treasury official. "Yes," replied Senator Sorghum; "and yet did you ever know anybody to hold on to a dollar long enough to know whose picture is on it?"—Washington Star.

Temptation.

"Satan is mighty hard to keep ahead of," said Uncle Eben. "After sayin' 'Git behind me, Satan,' dar's always a terrible temptation to turn around an' see whether he come as you axed him."—Washington Star.

POWER OF SUGGESTION.

Consequences of a Mix-up of the Doctor's Letters.

Health Culture.

A physician is fond of relating a personal experience showing the power of suggestion. He says that a young clerk, fagged from overwork and the heat of a trying summer, consulted him as to his condition.

He put the usual questions to him, examined his heart and lungs, gave him certain instructions and told him that he would receive more detailed directions by telephone or letter on the morrow.

Next day a patient received a letter from the physician telling him that one of his lungs was seriously affected and that his heart was not quite as it should be. He was told to put his affairs in order; that, though he might live for weeks, or even months, it was important that he should leave nothing of importance unsettled.

Naturally such news, practically a death warrant, quite unnerved the patient. He stayed home that day from the office and in a short time was in a most serious state. His people alarmed, sent for the doctor.

On his arrival the physician was astounded. "Why, my friend, what have you been doing to yourself? You certainly were all right yesterday."

"It's my lungs, doctor," said the patient.

"Lungs, fiddlesticks! There is nothing at all the matter with your lungs," replied the doctor.

"Why," said the patient, "you told me in your letter that my lungs were so seriously affected that I had but a few days more to live." And he produced the fateful letter.

"Well," said the doctor, "here is a pretty mess. I wrote you to take a few weeks' vacation at the seashore or in the mountains, and you would be as good as new in a short time. The letter you received was intended for another man. My secretary must have mixed up the envelopes."

As may be imagined, the patient was overjoyed. It is needless to say his recovery was rapid.

And the other, he with the weak lungs and a not too strong heart, on receiving the letter intended for the other man, went at once to the mountains, with the result that, though years have passed away, he is in reasonably good condition.

A Wonderful Windmill.

The London Daily Telegraph makes a splendid protest against the sale of Lord Lansdowne's Rembrandt picture, "The Mill," to an American millionaire for £100,000. It describes the picture thus:

"No landscape," says the Telegraph, "from his brush has anything like these dimensions, or this poetic glamour, this intensity of pathos. The windmill that in the rich and luminous twilight rises so solemnly from its ruined bastion, above the quiet moat, transfigured by the magic beauty of the sunset sky, by the green and gold of the tender, mysterious evening illumination, is not only the poet-painter's dream, half-immortalizing a beautiful reality. It is something more than this; it stands in some indefinite way for the mystery of all human life, and the borderland that divides it from the greater, the more awful mystery of eternity. It is the mood of earth's most moving painter, and not primarily the scene itself that is here recorded; it is his wonder, his deep-seated melancholy, and yet his acceptance that are here in sublime fashion evoked." The mill is the building in which Rembrandt was born.

A Political April Fool Joke.

Ottawa Free Press.

The Toronto World tells us that "the conservatives have completed a thorough canvass of Nova Scotia on the reciprocity issue, and the result of it is that they feel absolutely certain of eleven seats out of the eighteen, with a possibility of capturing four more."

"This is very interesting indeed; but it is also peculiar that it should have been published on April fool's day. Did the World intend it as a practical joke upon the conservatives from the other provinces who know not Nova Scotia?"

What other explanation could be offered when it is added that the despatch goes on to state that both Hon. W. S. Fielding and E. M. Macdonald are "positively certain of defeat?"

"The romancist of the World ought to be sure of the dates on his calendar before he gets off another story such as this."

More Fortitude Inside.

The mouth and throat, and even the stomach, can stand hotter water without pain than can the outer skin. Water 20 degrees above blood heat makes a man writhe in severe pain if the hands are put into it, yet soup and tea and coffee may be taken into the mouth so hot that a silver spoon in the teacup seems to blister the fingers. Many old ladies drink tea 40 to 50 degrees above blood heat, but such tea, while it may not hurt the mouth or tongue, is bound to be injurious to the insides. Thirty degrees or so above blood heat is hot enough for anybody.

Cleaning Toilet Articles.

Washington Star.

The comb must be cleaned with hot water; use a stiff brush to remove particles of dirt which collect in every comb, no matter how clean you may think your hair.

A buffer should be renovated, the discolored chamois replaced by a clean one on the cushion. The whole surface is then to be surrounded by the adjustable rim of metal.

It is very important that the bath sponge should be given a thorough cleansing every now and then. Hot water and a good soap suds will answer the purpose.

Heaven's Aphorism.

Lippincott's.

Presbyterian Elder—Nan, my mon, the'll be 'nt no' of your new-fangled methods in heaven.

Listen—I don't know how you can be sure.

Elder—Sure? Why, mon, gin they tried it, the whole Presbyterian kirk wad rise up an' gang out in a body.

Persistence is one of the greatest of difficulty removers.

SUNLIGHT SOAP

With half the labour, and at half the cost of other soap, Sunlight does the whole washing in half the time, yet without injuring the most delicate fabric.

Shorten the day's work and lengthen the life of your clothes by using Sunlight Soap only.

Use it the Sunlight way. Follow the directions.



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HEALTH IN PURE SUGAR

Sugar is one of the best, and most widely used foods. Would you risk your health for the sake of a few cents on a hundred pounds of sugar? Buy only

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EXTRA GRANULATED SUGAR

Its Purity and Quality cannot be questioned. Compare it with any other and note the difference in color.

PARIS LUMPS

When buying Loaf Sugar ask for Redpath Paris Lumps sold in RED SEAL dust proof cartons, and by the pound.

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Established in 1854 by John Redpath

Dr. J. Collis Browne's Chlorodyne

THE ORIGINAL AND ONLY GENUINE.

Acts like a Charm in

DIARRHOEA

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Specific in

Checks and arrests those too often fatal diseases—

FEVER, CROUP, AGUE.

The best Remedy known for COUGHS, COLDS, ASTHMA, BRONCHITIS.

Effectually gets short all attacks of SPASMS.

Is the only palliative in NEURALGIA, RHEUMATISM, TOOTHACHE.

Chlorodyne is a liquid taken in drops, graduated according to the vitality. It insensitively relieves pain of whatever kind; creates a calm refreshing sleep; allays irritation of the nervous system when all other remedies fail. It never has bad effects; and can be taken when no other medicine can be tolerated.

INSIST ON HAVING

Dr. J. COLLIS BROWNE'S

CHLORODYNE.

The immense success of this Remedy has given rise to many imitations.

CONVINCING MEDICAL TESTIMONY WITH EACH BOTTLE.

Sold by all Chemists.

Prices in England: 1/6, 2/6, 4/6.

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Wholesale Agents, Lynam Bros. & Co., Limited, Toronto.

CASTORIA

For Infants and Children.

The Kind You Have Always Bought

Bears the Signature of

Use For Over Thirty Years

CASTORIA

900 DROPS

Vegetable Preparation for Assuaging the Food and Regulating the Stomachs and Bowels of INFANTS, CHILDREN

Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.

Perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and LOSS OF SLEEP.

Fac-Simile Signature of

NEW YORK.

35 DROPS - 35 CENTS.

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