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REDUCED RATES—PACIFIC COAST. In effect until April 19th inclusive. SECOND CLASS COLONIST FARE TO Nelson, Vancouver, Victoria, Westminster, B.C., Seattle, Spokane, Tacoma, Wash.

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One way second class colonist tickets on sale daily March 19 to April 19th, at the following rates from Kingston:

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LOS ANGELES, CAL. SAN FRANCISCO, CAL. SAN DIEGO, CAL. MEXICO CITY, MEX. \$47.05

Full particulars at K. & P. and C.P.R. Ticket Office, Ontario Street. F. CONWAY, Gen. Pass. Agent.

RAY OF QUINCE RAILWAY.

Train leaves Union Station, Ontario Street, 4 p.m. daily (Sunday excepted) for Tweed, Hydenham, Napawa, Deseronto, Bancroftburn and all points north. To secure quick despatch to Bancroftburn, Maynooth, and points on Central Ontario route, apply to the Ray of Quince Railway. For further particulars apply R. W. DICKSON, Agent, Quince, No. 2.

ALLAN LINE Steamship Co., Ltd.

OPERATING THE FINEST FLEET OF PASSENGER STEAMERS ON THE ST. LAWRENCE ROUTE.

SUMMER SAILINGS.

Montreal to Liverpool ROYAL MAIL SERVICE. "Coriscan," May 5th, June 2nd "Grampian," May 12th, June 8th. "Tunisian," May 19th, June 15th. "Victorian," May 26th, June 23rd.

Montreal to Glasgow "Ionian," May 6th, June 3rd. "Grampian," May 13th, June 10th. "Scythian," May 20th, June 17th. "Hesperian," May 27th, June 24th.

Montreal to London One class (moderate rate). Steamers calling at Havre, France. For full particulars of Rates and Sailings, apply. J. P. HANLEY, C. S. KIRKPATRICK, G.T. Ry. Clarence St.

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Round Trip \$20 and Up Fast Twin Screw S.S. "Bermudian," 5,530 tons, sails from New York, 10 a.m. every Wednesday. Big Ketch; electric fans; wireless telegraphy. Fastest, newest and only steamer landing passengers at the dock in Bermuda.

WEST INDIES

NEW S.S. "GULIANA" and other steamers every alternate Saturday, from New York for St. Thomas, St. Croix, St. Kitts, Antigua, Guadalupe, Dominica, Martinique, St. Lucia, Barbados, and Demerara. For full information, apply to J. P. HANLEY and C. S. KIRKPATRICK, Ticket Agents, Kingston; A. E. Outerbridge & Co., 29 Broadway, New York; Quebec Steamship Co., Quebec.

THOMAS COPLEY, PHONE 987.

Drop a card to 13 Plan Street when wanting anything done in the Carpenter line. Estimates given on all kinds of repairs and new work also. Hardwood Floors of all kinds. All orders will receive prompt attention. Shop, 49 Queen Street.

W.M. MURRAY, Auctioneer.

Furniture Sales given special attention. Country Sales of Farms, Stock, etc., have been my specialty for long years. If farmers want the highest price for their property, call on me. MARKET SQUARE.

CEDAR POSTS AT A BARGAIN.

W. Drury, COAL AND WOOD YARD, 235 Wellington Street.

New Buckwheat Flour

Maple Syrup Maple Sugar Coast Sealed Oysters D. Couper, Phone 76. 341-3 Princess Street. Prompt Delivery.

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Fortunately for most of us, common sense isn't fashionable.

SICK HEADACHES AND NERVOUSNESS

"Fruit-a-lives" Completely Cured Me.

LAKELY, ONT., May 12th, 1910. "It is my firm belief that every woman should take 'Fruit-a-lives' if she wants to keep herself in good health. Before taking 'Fruit-a-lives', I was constantly troubled with what is commonly known as 'Nerves' or severe Nervousness. This extreme Nervousness brought on the most violent attacks of Sick Headache, for which I was constantly taking Doctor's medicine. Constipation was also a source of great trouble for which the Doctors said 'I would have to take medicine all my life' but 'Fruit-a-lives' has banished these troubles and I am a well woman. When I started taking 'Fruit-a-lives' I took four at a time, but have reduced the dose so that it is only necessary for me to take one in a week, and that one 'Fruit-a-lives' tablet every week keeps me well." Mrs. FRED GADKE.



It is wonderful how quickly women get better when taking 'Fruit-a-lives'. These famous fruit tablets relieve headache and tone up the whole nervous system. They regulate the bowels, strengthen the stomach, stimulate the appetite, and take away that pain in the back. Pale, weak, nervous women should always use 'Fruit-a-lives'. 50c. a box, 6 for \$2.50, trial size, 25c. At dealers or sent on receipt of price by Fruit-a-lives Limited, Ottawa.

WHAT CAUSES DANDRUFF?

Greatest European Authority on Skin Diseases Says It's a Germ.

The old idea that dandruff is scales of skin thrown off, through a feverish condition of the scalp, is exploded. Prof. Unna, Hamburg, Germany, European authority on skin diseases, says dandruff is a germ disease. The germ burrows under the scalp, throwing up little scales of cuticle, and sapping the vitality of the hair at the root. The only hair preparation that kills dandruff germ is Newbro's Herpicide. "Destroy the cause, you remove the effect." Not only cures dandruff, but stops falling hair and prevents a luxuriant growth. Delightful hair dressing. Sold by leading druggists. Send 10c. in stamps for sample to the Herpicide Co., Detroit, Mich. One-dollar bottles guaranteed. J. B. McLeod, special agent, Kingston, Ont.

You Ought To Know

that impure blood with its weakening results, unpleasant breath, headaches, restless nights, poor appetite, sallow skin, pimples and depression, comes from constipation

BEECHAM'S PILLS

have been doing good to men and women for many, many years and their value has been tested and proved. They remove the cause of physical troubles. A few small doses will show their safe tonic action on you. Beecham's Pills will surely help you to an active liver, a good stomach, a sweet breath, clear head and refreshing sleep. In young or old they will

Relieve Constipation

Sold Everywhere. In boxes 25c.

For Health

Drink McCarthy's Ale and Porter. It's the best. Agent, R. J. LAWLER

Silverwear

Let us have it to replate. Now is the time; also

Skates

Nickel Plating and Electro Plating; of all kinds. Nickel, Copper, Brass, etc. We guarantee a good job. PARTRIDGE & SONS, KING STREET WEST. Phone 330.

KINGSTON BUSINESS COLLEGE

"Highest Education at Lowest Cost" Twenty-sixth year. Fall Term begins August 29th. Courses in Bookkeeping, Shorthand, Telegraphy, Civil Service and English. Our graduates get the best positions. Within a short time over sixty secured positions with one of the largest railway corporations in Canada. Enter any time. Call or write for information. H. F. Metcalfe, Principal, Kingston, Canada.

The Toronto Board of Trade has decided to give \$2,000 towards the establishment of a publicity bureau.

In Ancestral Halls

By FRANCIS A. COREY.

Pausing just outside the massive gateway, Leslie Graham gazed wistfully at the picturesque old mansion and the lovely, tangled garden.

This charming place should have been her home. It had been in the Graham family for 200 years. But her present abode was the hall bedroom of a cheap lodging-house, and her crochety old grandmother dwelt alone in the ancestral halls with a small retinue of servants.

"Thrice had Leslie written within six months making overtures toward reconciliation. But her letters had been promptly returned with the two words, 'Not wanted,' indorsed upon the back.

Leslie herself was not to blame for this unfortunate state of affairs. The trouble dated twenty years back—before her day—when Madame Graham's only son married a pretty actress, and the proud old woman had disowned him. He was dead now; so was the pink doll for whose love he had sacrificed himself; but not even his daughter's poverty and friendliness had softened Madame's obdurate heart.

"I've half a mind to go and tell grandma I've come to stay," she said aloud, to herself. The aristocratic old place drew her like a magnet. It would be like heaven to live there.

She turned her back on the alluring picture, and slowly wended her way to the dreary boarding-house. As she gained the upper landing Amy Burton opened the door of her own room, showing a litter of half-packed trunks and empty boxes.

"Come in, Leslie," she said eagerly. "I'm in trouble, and you can help me out. I heard you say yesterday that you were out of a place. I applied to Madame Graham, of Overlook, for the position of companion. Word has just come that I am to report for duty immediately, and here's a telegram from home saying mother is very ill and I'm wanted there."

Amy crushed the yellow envelope nervously in her hand, pale with emotion. "What do you want me to do?" Leslie articulated faintly.

"Go to Overlook and keep the place until I return to claim it." Leslie clutched a chair to steady herself. She did not believe in chance, but she did believe in Providence. For all she was a Graham, it was certain that Amy had never thought of this fact in connection with the aristocratic mistress of Overlook. She did not take her friend into her confidence now. What she did say, after a moment's thinking, was this:

"Very well, Amy, I'll go." An hour later she stood again at the Overlook gate, looking into the lovely green tangle. This time the gate was closed. As she tugged at the ponderous latch a perfectly groomed young man in white flannels rose from a bench beside the drive and hurried forward.

"Allow me," he said politely, and swung wide the gate. A warm color leaped into the girl's face. She went up the shaded walk wondering who the stranger could be and what he was doing at Overlook.

She was shown into an old-fashioned room where Madame Graham sat in a high-backed chair. Never had Leslie seen her grandmother at such short range before. She looked curiously at the little, wrinkled old woman, thinking what a picturesque figure she was in her lusterless black silk and priceless lace.

"What's your name?" Madame shot the question at her like a bullet. "I have forgotten it—if I was ever told, Simpkins engaged you." There was a moment's pause. Here was a difficulty at the outset. She could not give Amy Burton's name neither would she take one to which she had no right.

"Leslie," she answered recklessly. Madame started. Her keen blue eyes became suddenly two points of light.

"That's my own name, Leslie Graham." She gave a short laugh. "My mother was a Leslie. There were no boys in the family, so I was given a name that should belong to a boy, just to keep it in daily use. But I guess it suits me. I hate feminine names. You're not a Westmoreland Leslie, of course?"

The sharp eyes were focused on the girl's face. But she was spared the necessity of replying by the entrance of the man who had opened the gate for her.

"Hugh Wentworth," said Madame, presenting him, "the grandson of my dearest friend. I've asked him here for two weeks that I may make up my mind whether he is to be my heir or not. Miss Leslie, Hugh."

There was a look of genuine admiration in the young man's eyes as he acknowledged the introduction. "I've got money enough of my own, I don't covet Madame's thousands," he declared with a boyish laugh.

MAKE LIFE WORTH LIVING

Says Elder Cunningham. When pure healthy blood courses through every vein and artery of the body the organs are in a healthy condition, and a strenuous active life is a pleasure to man and woman.

But if the blood is impure and sluggish, the appetite poor, digestion weak and vitality not up to the standard, life is a burden; then you need Vinol, our delicious cod liver and iron tonic, without oil. Such evidence as comes from Henry Cunningham, elder of the Baptist church, Kingston, N.C., should be convincing. He says: "I was run-down and weak from general debility, and suffered from vertigo. I took Vinol with the most gratifying results. I gained in health and strength and now feel unusually well."

Elder Cunningham's recovery was due to the combined action of the medicinal elements of cod's livers, aided by the blood making and strength creating properties of tonic iron contained in Vinol. Try a bottle of Vinol with the understanding that your money will be returned if it does not help you. Mother's drug store, Kingston.

"They must go to those of her own blood." "Not a dollar to the daughter of a play-acting woman, if that is what you mean," snapped Madame. Leslie bit her lip. She let the slur pass, this once. But never again should her grandmother disparage her beautiful mother unrebuked!

For a few days all went well. Leslie wrote Madame's letters, read to her, performed the duties of Lady's maid. She would have welcomed any task that gave her the joy of being in the charming house. And then she began dimly to realize what a vivid part of the beautiful life for which she sighed Hugh Wentworth had already become.

She faintly haunted the dear old garden. She knew just where her father had loved to play when a boy, where he had walked and dreamed as a man. The sweet tangle with its hallowed associations had a charm of which she never tired.

One late twilight she wandered under the trees until the gold was quite gone from the sky. She had hung about her a wrap of oriental silk, long and voluminous. It had been her mother's. She still had it on when she entered the quaint old library where her grandmother and Hugh sat in the lamplight.

One look and the old lady started violently to her feet. "That cloak, how did you come by it?" she almost shrieked.

Without waiting for a reply she crossed to her desk, fumbled in a secret drawer with trembling hands, and held a card photograph up to the light. Leslie gasped with dismay. Her mother's picture taken in this self-same wrap. Madame glanced at it, then at the girl, white as the lace at her throat.

"Now I know why you look like an actress! That dancing puppet of the footlights was your mother!" Leslie drew herself up. "Yes, and I am proud of the fact," she said. "Who would not be proud of such a mother—the best woman in the world—and the most beautiful?"

Madame sat down heavily, pounding the arm of her chair with her fist. "You dare say that—to me?" she cried, her voice rising louder and sharper with each word. "Leave my house—this instant!"

Leslie turned, with a wonderful gesture that was a legacy from the stage. On the threshold she paused an instant. "Grandmother," she said, "I want you to forgive me for coming here like this. My poor father had told me so much about Overlook and the happy days of his boyhood I wanted to know more of the dear old place. And he always spoke tenderly, forgivingly of you. He loved you in spite of your harshness; or he never would have named me Leslie, after you."

Madame said nothing; she turned away her face. Hugh came close up to the half-sobbing girl and took her hands in his. "I am your friend," he whispered. "Now—and always. Don't forget that." Unspeakable things were in his eyes.

A new, sweet joy thrilled Leslie's heart as she climbed to her room. Nevertheless a few scalding drops fell among the belongings she gathered hurriedly together. Still enveloped in that picturesque old wrap she descended the stairs. Hugh Wentworth was waiting in the lower hall. Without a word he led her back to the carved mahogany chair where sat Madame Graham like a queen upon her throne.

Slowly the old woman lifted her bowed head. There was a wonderful new softness in her wrinkled face. "Nobody—ever called me grandmother—before," she said brokenly.

Late Inventions. Small tongs resembling ice tongs have been invented by a New York man for carrying bowling balls. Runners equipped with clamps to engage the wheels have been invented to convert a child's waggion into a sled when desired. A simple tool that twists one or more wires together as it is drawn along them is a Texan's invention. To make an automobile lift itself a jack has been invented to which power is applied by one of the wheels resting on rollers. A flexible rubber mouthpiece for telephones has been invented, the idea being to prevent breakage should a desk transmitter fall. A flat rubber tube, capped at each end as is a water bottle, has been devised for surgeons to use as a hot water bandage. To prevent a cook being scalded by steam as she lifts the lid of a roasting pan, an Ohio inventor has patented a pan with a hinged lid that may be opened with any long handled utensil. To enable a merchant to display his goods to the best advantage there has been invented an octagonal refrigerator revolving on its base to make every side equally accessible.

Crime to Look Healthy. Harper's, New York. In the days of the Puritans the stocks were not unknown as a penalty for looking too healthy. Ruddiness of complexion was a crime when a gaunt visage was regarded as an outward sign of sanctity, says a London paper.

Dr. Ehard, writing in the early 18th century, remarks: "Then it was they would scarcely let a round-faced man go to heaven. If he had but a little blood in his cheeks his condition was accounted dangerous, and I will assure you a very honest man of sanguine complexion, if he chanced to come nigh an official zealot's house, might be set in the stocks only for looking fresh on a frosty morning."

On March 7th, in Ottawa, Miss Emily Logan Elliott, graduate nurse of the Brockville general hospital, and daughter of the late James H. Elliott, of Chantry, Ont., and sister of James S. Elliott, of Prescott, was united in marriage to Arthur J. Holmes, postmaster, Kenora.

The wedding took place in St. Thomas' church, Walkerton, on March 15th, of Miss Ida Isabel Arscott, the daughter of Mrs. Samuel Arscott, of Walkerton, to Willis Louis Versey, son of George Versey, Pictou.

Harvey McIntyre, of Clarton, on Sunday, while on the way to the hospital to be operated on for appendicitis, suddenly collapsed and died.

LIST YOUR PROPERTIES NOW FOR SALE OR TO RENT

SALES NEGOTIATED. FIRE INSURANCE. RENTS COLLECTED. CONVEYANCING AND REAL ESTATE.

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50 YEARS EXPERIENCE

Redpath EXTRA GRANULATED SUGAR IS ABSOLUTELY PURE

The first and great essential of a food product, is Purity; the Purity and Quality of our Extra Granulated have never been questioned.

Once make a comparison with other Sugars and you will not be satisfied with any but Redpath. Dainty Tea Tables are always served with PARIS LEMPS to be had in Red Seal, dust proof cartons, and by the pound.

The Canada Sugar Refining Co., Limited MONTREAL, CANADA. Established in 1854 by John Redpath

Kellogg's

You'll soon reverse your opinion about "all these cereal foods being just about alike"—once you've tasted the crisp, wholesome savor of that different cereal called Kellogg's

TOASTED CORN FLAKES

(Look for the name on the package) It's the delicate white hearts of the sweetest sugar-corn, rolled paper-thin and crisped a golden-brown. Nothing like it for a pure nourishment.

10 Cents

That Wondrous Flavor!

Puddings, Sauces, Ices are welcomed with eagerness when flavored with this unequalled essence.

Shirriff's TRUE VANILLA

ONLY the finest Mexican Vanilla Beans are used to make it. Thus it has the TRUE vanilla savor—richly delicate and delightful. Try it to-day: Your groceryman.

CAUTION:—A smaller quantity required than of any other extract.

Other delicious Shirriff Flavorings are—1. Lemon, Almond, Rose, Pineapple, Strawberry, Raspberry, etc. 4c. a tin.

Suchard's COCOA

Your children need a hot drink of some kind. Don't give them tea or coffee. These are bad enough for "grown-ups", but far worse for children.

Suchard's Cocoa is good for them—better than any other drink you can give them. Made with half water and half milk it is a perfect food, more nourishing and more digestible than clear milk, as well as less expensive.

Give them Suchard's Cocoa for breakfast and supper—see how they like it—and watch them grow healthy on it.

Frank L. Benedict & Co., Montreal.

OUR CONSIGNMENT

Of Green and Black Tea from Ceylon have arrived. Though prices are much higher, we are still selling at 30c per lb. ANDREW MACLEAN, Ontario Street.

THE AMERICAN CAFE

185 Wellington St. The Up-to-date Restaurant and Eating House. Separate apartments. Well furnished and lighted. Try our full course dinner, 25c. THOS GUY, Prop.

Afternoon Teas...

Will be complete with some of GRIMM'S Delicious Ice Cream

Phone 797.

For Our Big Furniture Sale

Elegant Designs of Drawing-room Furniture. Special Line of Polished Mahogany Three-Piece Sets, with loose cushions.



Buy a Russell Carpet Sweeper, a labor saver at little cost.

James Reid.

Phone 147. Wain Company, Ltd., boot and shoe manufacturers, have moved their plant from Melton to Perth. People to the number of sixty, dependent on the company for employment moved also.



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