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MAKES WEAK MEN STRONG

PHOSPHONOL restores every nerve in the body to its normal tension. Nerves that have been dormant for years will vibrate once more with vigor. Two boxes of PHOSPHONOL have been known to make weak men feel as they did at eighteen. Weakness is converted into strength where PHOSPHONOL is used; premature decay is impossible; sexual weakness is converted into strong manhood, both physically and mentally. PHOSPHONOL is your medicine, regardless of your condition or age. PHOSPHONOL is a new remedy, prepared upon purely scientific principles, by expert chemists. It produces results. PHOSPHONOL promptly dispels all forms of nerve weakness, such as lack of control, twitching of nerves and muscles, despondency, mental worry, dizziness, indigestion, weak heart and impoverished blood. PHOSPHONOL is your medicine, regardless of your condition or age. PHOSPHONOL is a new remedy, prepared upon purely scientific principles, by expert chemists. It produces results. PHOSPHONOL promptly dispels all forms of nerve weakness, such as lack of control, twitching of nerves and muscles, despondency, mental worry, dizziness, indigestion, weak heart and impoverished blood. Price: \$3 a box, or two boxes for \$5. We will mail this to any address under separate cover on receipt of price. THE PHOSPHONOL DRUG CO., 81 Catharine St., Toronto. For sale at Mahood's Drug Store.

CANADA'S FUTURE

BRITISH OFFICIAL'S TOUR AND HIS OPINION.

The Statement of H. W. Just, Who Recently Travelled Over Canada in Company With J. M. Movat.

Of late years the Colonial Office has adopted the excellent policy of making their officials familiar with the various Dominions at first hand. Mr. H. W. Just, of the Dominions branch of the Colonial Office, and the permanent secretary of the Imperial Conference, has just returned to his official duties after a tour of eight weeks in Canada. "It was not my first experience of the Dominions," said Mr. Just, "for Mr. Chamberlain took me out with him on his tour in South Africa. My recent journey in Canada arose from the Conference of 1907, when several members gave expression to the view that it would be an advantage if members of the Colonial Office, especially those in the Dominions Department, had personal acquaintance of the countries with which they had business dealings. It was with this idea in view that I went to Canada, and I do not wish to pose in any way as an expert on Canadian business affairs. I have been simply a traveler, taking a traveler's hasty view. I landed at Quebec from the Empress of Britain, saw Montreal, stayed for a few days at the Government House at Ottawa, and then went straight across to Vancouver and British Columbia. On my way back East I dropped off at various places, such as the Okanagan Valley, for the fruit farming, and the Arrow Lake. Two days I spent at Banff, a place of great resort for Canadians in the summer. One great attraction there is the National Park, where herds of moose and a few of the remaining buffaloes are kept. Sir Wilfrid Laurier was there at the time, and I had a long conversation with him, but the matter was entirely confidential. Canada made a great impression on me. It is a land of immense possibilities which few of us in this country are able to realize without actually visiting there. On every hand I saw evidence that the Canadians were taking full advantage of the enormous possibilities of their country in wheat growing, mining, or fruit farming. But the land as compared with the people is out of all proportion. The country is crying aloud for a larger population, and a larger population it must have if its development is to proceed on the fullest lines. This applies more particularly in Western Canada and British Columbia. In those parts of the country the skilled agricultural laborer and the farmer are wanted, men who have an expert knowledge of land and are able to put it to good use. Much of the land in favorable situations, that is, in near proximity to the railway line, is taken up, but as the railway system extends this difficulty will be met."

Mr. Just's attention was called to the recent importation of Canadian peaches into England. "This is almost what I expected. They came from Ontario, I believe, but districts further west, British Columbia, for instance, are growing fine fruit. The question is: How can you get fruit from those far-away places into the English market? To the original cost has to be added the cost of freight over many thousands of miles of land and sea. At the present time British Columbia is supplying the country as far east as Winnipeg with fruit, but the British Columbians want to do greater things and extend the sphere of their operations. In respect of the peaches of Winnipeg are fortunately situated. A great deal of the early fruit from California is sent to that city, and later in the year they reap the advantage of the British Columbian harvests." Mr. Just said that his knowledge of the fisheries of British Columbia would not allow him to pass judgment on the suggestion of Sir George Doughty, M.P., for introducing a race of white fishermen on the coast. But he pointed out that the fishing industry of that province is largely in the hands of the colored races. Railway development had interested him greatly, especially the construction of the Hudson Bay Railway, the first sod of which has already been cut.

She Mistook Him.
W. C. Wilkinson, who for thirty-six years has been secretary of Toronto's Board of Education, prides himself on his youthful spirit and on his activities in getting about, in spite of the fact that it was not yesterday that his hair turned grey. So, it's with an appreciation of the incident being at his expense that he tells of what happened to him in Ireland a couple of years ago. "Mr. Wilkinson was one of a party of about sixty on a trip through the Old Land. In a hotel at which they stayed in Kilmarnock, the maid said to him one morning, "And how did your good wife sleep last night?" "I don't know," was the answer. "You don't know?" said the maid. "My wife is about three thousand miles away," said Mr. Wilkinson. The maid looked at him from head to foot and then said, "Oh, I beg your pardon. I took you for another little old man."

Homesteader at 102.
That it is never too late to work has been proved by Mr. Louis Carpenter, aged 102 years, who has applied to the Saskatchewan land office for a homestead. Mr. Carpenter is strong, vigorous and active, and he is anxious to procure a pre-emption in addition. — London Standard.

Parental Assistance.
Barnes—When I was young my mother always used to sing me to sleep at night. Shedd—Yes; women are good at that sort of thing, but it takes the father's voice to wake a fellow up in the morning.

Star Fixing.
"Do the stars have to be repaired, pa?"
"I never heard that they did. Where did you get that idea?"
"I have been reading about fixed stars, an' I supposed that somebody had to fix 'em."

PLAGIARIZING AN EPITAPH.

Was Turned an Old Rhyme Into a Joke on Late R. Walker.

In an article which recently appeared in an English periodical on the subject of the "joke" on the late R. Walker, one of the great merchants who helped to build up the commercial prosperity of Toronto at the time it started to grow in real earnest was the late Robert Walker. The large emporium of R. Walker & Son stood on King street on the site now covered by the King Edward Hotel and the Victoria street extension. Those were the days of trade marks, and the title of the Walker establishment was "The Golden Lion." An immense gilded lion was prominent on the front elevation of the store. Robert Walker was a prominent Methodist and foremost in all religious works. In conversation he was valued by his father, and shortly after his funeral someone inscribed on the fence of the cemetery as close to his tomb that the allusion was apparent, the following verse:

Beneath this stone, in hope of Zion,
Doth lie the landlord of the Lion,
His son keeps on the business still,
Resigned unto the heavenly will.

Some anonymous joker who lived in Toronto in the eighties was evidently familiar with this epitaph as the following facts show. One of the great merchants who helped to build up the commercial prosperity of Toronto at the time it started to grow in real earnest was the late Robert Walker. The large emporium of R. Walker & Son stood on King street on the site now covered by the King Edward Hotel and the Victoria street extension. Those were the days of trade marks, and the title of the Walker establishment was "The Golden Lion." An immense gilded lion was prominent on the front elevation of the store. Robert Walker was a prominent Methodist and foremost in all religious works. In conversation he was valued by his father, and shortly after his funeral someone inscribed on the fence of the cemetery as close to his tomb that the allusion was apparent, the following verse:

I am on my way to Zion,
My son's are still at "The Golden Lion,"
Measuring goods and filling the till,
Thus fulfilling their father's will.

Oratorical Bulls.
The Ottawa Free Press thinks that no bulls made nowadays compare to those of Sir Boyle Roche, but they had once in Ottawa an orator who closed an oration by quoting "the historic language of Lord Byron in Paradise Lost, 'A man's a man for a' that.' Up at the Canadian Soo they have a close second name John Collins. He attended a political reception given to W. R. Smyth, now M.P. for Algoma, then just elected M.P.P. Collins, among other things, said: "There is an old Greek proverb, 'Vox populi, vox Dei,' which being interpreted means that the Lord is well pleased with the way you voted around here." At another meeting which he addressed, he is alleged to have said: "I see many of you absent to-night that were not present either the last time I was here." W. B. Northrup, M.P., tells one that is good enough for Mrs. Farrington. This lady had just returned from a trip through France and was describing the beauties and glories of that magical country. "It was simply delightful," she said, "to hear the pheasants singing the mayonnaise." A Conservative member was once being introduced to Sir Wilfrid Laurier by a Liberal member. "Our friend here," said the Liberal member, "was once a Grit, but he fell from the error of his way." Apparently he had in mind two things, "fell from grace" and "saw the error of his way," and he got them mixed.

Not Puffed Up.
What's in a name. Allen Bristol Aylesworth suddenly becomes Sir "Alan." Dan Mann becomes Sir "Donald." What magic is there in the touch on the right shoulder of the royal sword, which changes the commonplace nomenclature into things of oral beauty? There is no doubt that Dan will still be Dan to the average man, no matter what his official name may be in the table of precedence. And as for Sir Alan, he will continue to be familiarly known about the Parliament Buildings as "old A.B.," the man who spends hour after hour each week in his little private office studying the reports of judges concerning convicted prisoners, weighing every title of evidence to see if by chance justice can be tempered with mercy. He has a great contempt of the little, petty things of politics. And that new bowler hat he bought for his Washington trip is not a whit larger in size for "Sir Alan" than it was for Hon. Allen B. Aylesworth.—Saturday Night.

Emma Came Back.
Captain Jones of the steamship Canada relates the following story illustrating the remarkable sagacity of dumb animals. Besides the crew of this ship of the White Star-Dominion Line there is a little supernumerary named Emma, when the boat landed in Montreal, near the close of the past season, Emma, deserting for the time her newly-born family, set out, according to custom, for a walk up Commissioners' street. But Emma became so interested in the improvements to the harbor that she lost track of the time and returned to the dock to find that the Canada, her floating home, had sailed. Was Emma perplexed? Well, perhaps; but she was not nonplussed. Strutting along the wharves she took passage by the Allan Line, there until she found her ship, ran up the gangplank and a week later landed in Liverpool, trotted up the quay and joined her family.

His Proper Place.
Mr. George Reginald Geary has received a voter vote that has been for the Toronto mayoralty. Some years ago, Toronto, in a fit of carelessness, allowed a "joke" to be elected and Toronto has profited by the blunder. On a certain occasion a deputation of ladies waited on the "Joke" Mayor, and promptly appeared at noon—the hour of appointment. "Ah," said His Worship, gruffly, "I think I'll have to postpone this interview. It's my time to feed." A bright and disgusted woman who was secretary of the deputation said sweetly, "Certainly, Mr. Mayor. We'll hate to detain you from your trough."

SUN LIFE

Assurance Company of Canada

HEAD OFFICE MONTREAL

A GRAND RECORD IN 1910

The increases in Assurances in force, in Cash Income, and in Assets, were never equalled by any Canadian Life Assurance Company in any year.

The expense ratio was again further reduced notwithstanding the large increases in all items of business.

The great confidence of the public is shown by the fact that over \$1,400,000 was paid to the Company for annuities last year.

The protection for the policyholders is completely secured by the enormous assets and surplus of the Company.

The high standard of profits to policyholders has been maintained and its continuance is assured by the soundness and exceedingly profitable character of the investments.

The great success of the Company is not confined to Canada alone, but its vast business and important connections in other lands are doing yeoman service in greatly enhancing the prestige of this country abroad, and in bringing home large sums for investment.

THE RESULTS FOR 1910.

Assurances issued during 1910 and paid for in cash.....	\$23,512,377.81
Increase over 1909.....	2,003,104.65
Life Assurances in Force, 31st December, 1910.....	143,549,276.00
Increase over 1909.....	13,635,606.48
Cash Income from Premiums, Interest, Rents, Etc., (exclusive of \$75,000 received for increased capital and \$60,000 premium thereon).....	9,575,453.94
Increase over 1909.....	1,797,321.89
Assets as at 31st December, 1910.....	38,164,790.37
Increase over 1909.....	5,359,793.60
Surplus distributed to policyholders entitled to participate in 1910.....	377,792.34
Applied to place Annuity Reserves on basis of British Offices Select Annuity Tables.....	210,850.26
Added to Surplus during 1910.....	643,963.01
Surplus earned in 1910.....	\$1,232,545.63
Total Surplus, 31st December, 1910, over all liabilities and capital, according to the Company's Standard, viz., for assurances, the H.M. Table, with 3 1/2 and 3 per cent. interest and for annuities the B.O. Select Annuity Tables, with 3 1/2 per cent. interest.....	\$ 3,952,437.54
Surplus, Dominion Government Standard.....	5,319,921.18
Payments to Policyholders, Death Claims, Matured Endowments, Profits, etc., during 1910.....	3,023,462.56
Payments to Policyholders since organization.....	26,266,630.01

These figures do not include the business of the Royal Victoria Life Insurance Co., an agreement to absorb which was concluded towards the end of the year.

DIRECTORS AND OFFICERS

ROBERTSON MACAULAY, President.
S. H. EWING, Vice-President.
T. B. MACAULAY, Managing-Director and Secretary.

W. M. BIRKS, J. R. DOUGALL, H. S. HOLT
J. P. CLEGHORN, H. WARREN K. HALE, ABNER KINGMAN
HON. RAUL DANDURAND, CHARLES R. HOSMER, J. MCKERGOW

GEORGE A. BATEMAN, KINGSTON, District Agent Ontario

\$3.50 Recipe Free, for weak Men

Send Name and Address Today— You Can Have It Free and Be Strong and Vigorous.

I have in my possession a prescription for nervous debility, lack of vigor, weakened manhood, falling memory and lame back, brought on by excesses, unnatural drains, or neglect of youth, that has cured so many worn and nervous men right in their own homes—without any additional help or medicine—that I think every man who wishes to regain his manly power and virility, quickly and quietly, should have a copy. So I have determined to send a copy of the prescription free of charge, in a plain, ordinary sealed envelope to any man who will write me for it. This prescription comes from a physician who has made a special study of men and I am convinced it is the surest, most effective, and most economical remedy for the cure of debilitated manhood and "nerve failure" ever put together. I think I owe it to my fellow man to send them a copy in confidence so that any man anywhere who is weak and discouraged with repeated failures may stop dragging himself with harmful patent medicines, secure what I believe is the quickest-acting, restorative, uplifting, SPOT-TOUCHING remedy ever devised, and so cure himself at home quietly and quickly. Just drop me a line like this: Dr. A. E. Robinson, 215 1/2 Oak Building, Detroit, Mich., and I will send you a copy of this splendid recipe in a plain ordinary envelope free of charge. A great many doctors would charge \$25.00 for mere "writing out a prescription like this—but I send entire free.

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ASBESTIC PLASTER FOR SALE.
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Maple Syrup
Maple Sugar
Coast Sealed Oysters
D. Couper
Phone 76, 341-3 Princes Street, Prompt Delivery.

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185 Wellington St.
The Up-to-date Restaurant and Eating House. Separate apartments. Well furnished and lighted.
Try our full course dinner, 25c.
THOS GUY, Prop.

Have You a Feather Bed?
Why not have it made into a modern Sanitary Mattress. Feathers Cleaned by best and newest method. We will Buy your old Bed.
Dominion Feather Co., KING STREET
(Opposite St. George's Church). Drop a card and our agent will call.
Occasionally a man kills two birds with one stone by marrying a widow with a ready-made family.

THOMAS COPLEY, PHONE 987.
Drop a card to 19 Pine Street when wanting anything done in the Carpenter line. Estimates given on all kinds of repairs and new work also. Hardwood Floors of all kinds. All orders will receive prompt attention. Shop, 40 Queen Street.

BIBBY'S CAR STAND
DAY OR NIGHT
Phone 204

Carriage Painting
If you want your Carriages to look and wear well, leave them with us. Children's carriages and go-carts included in all latest tints.
E. J. DUNPHY,
Cor. Montreal and Ordnance Streets.

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AT A BARGAIN.
W. Drury,
COAL AND WOOD YARD,
235 Wellington Street.

THE CLUB HOTEL
WILLINGTON ST., near PRINCE ST.
There are other hotels, but none approach the Club for hospitable surroundings. Located in centre of city and close to principal stores and theatres. Charges are moderate. Special rates by the week.
P. M. THOMPSON, Proprietor.

Wah Long's Laundry
First-class work guaranteed. Drop me a card and I will call promptly for your laundry. 116 Wellington St., between Brock and Clarence Sts.

Wm. Buhmeyer, Auctioneer.
Furniture Sales given special attention. Country Sales of Farms, Stock, etc. have been my specialty for long years. If farmers want the high dollar, get my services. MARKET SQUARE.

MARCH FURNITURE SALE
You cannot afford to ignore these extraordinary Bargains. Even though you do not need Furniture until spring time.



\$75 Dresser, solid Mag., February Price..... \$62.50
\$70 Dresser, solid Mag., February Price..... \$59
\$150, 3-piece Circassian Walnut, February..... \$120
\$65, Brass Bed, Feb. Price \$32.50
\$26, Brass Bed, Feb. Price..... \$20
\$20, Brass Bed, 2 in. posts, \$15
R. J. REID
Phone 577