Wah Long's Laundry
First-class' work guaranteed Drop
me a card and I will call promptly for
your laundry. 165 WELLINGTON WT
between Brock and Clarence Sts



#### The Doctor's Question calling to him, and he wanted to go. Much Sickness Due to Bowel Dis- Pacific coast and who has been for-

orders.

health can be restored. sant and safe remedy for constipation little white sailboats, like a flock of and bowel disorders in general. We large birds, unfurl their wings and are so certain of their great curative skim out over the water. At first valuethat we promise to return the they appear to be going together, but purchaser's money in every case when soon they are spread far and wide they fail to produce entire satisfac- over the rolling waves, dancing gaily

candy, they act quietly, and have a careless little craft on a deadly pursoothing, strengthening, healing in | pose bent fluence on the entire intestinal tract. They do not purge, gripe, cause nau- one of the leading industries of Britsea, flatulence, excessive losseness, ish Columbia, and there are some diarrhoen, or other annoying effect. twelve thousand men engaged in fish-They are especially good for children, ing and in the canneries, the fringe weak persons or old folks. Two sizes, of the industry has not yet been cut. 25c. and 10c. Sold only at our store | Some idea of where British Columbia -The Rexall store.-G. W. Mahood.

HOTEL DIRECTORI. Go to the STEWART HOUSE. Leading Commercial Hotel. Rates, \$1.50 per JAS. STEWART, Prop. TRAVELLING.

### NKRAILWAY

REDUCED RATES-PACIFIC COAST. belong to any fish in the Pacific. In effect from March 10th to April However, they have become the com-SECOND CLASS COLONIST FARE TO so-called salmon is similar in form Nelson, Vancouver, Victoria 0 AC 10 Seattle, Spolane, Tacoma, San Francisco, Los Angeles, \$47.05 which as yet is but slightly. But San Diego, Cal. that slightly reveals what man would San Diego, Cal. Mexico City, Mex.

Low rates to many other points. TOURIST SLEEPING CARS. Leave Kingston for Chicago on Tuesdays. Thursdays and Saturdays is commercially the most important at 2.48 n.m. Berths available for ac- fish in British Columbia, and, like the commodation of passengers holding first or second class tickets on payment of nominal charge. Connection made with trains carrying cars of seeding streams, the first of the run similar style at Chicago.

For full information, apply to

## RAILWAY

to constitue with CANADIAN PACIFIC RAILWAY

REDUCED FARES TO

tickets on sale daily March 10 to April 10th, at the following rates from Kingston: --SPOKANE, WASH.

VANCOUVER, B.C. VICTORIA, B.C. SEATTLE, WASH. TACOMA, WASH. PORTLAND, OREGON LOS ANGELES, CAL BAN FRANCISCO, CAL BAN DIEGO, CAL MEXICO CITY, MEX.

F. CONWAY,

Gen. Pass. Agent. BAY OF QUINTE RAILWAY. Train leaves Union Station, Ontaric Street, 4 p.m. daily (Sunday excepted) for Tweed, Sydenham, Napanee, Deseronto, Bannockburn and all points north To secure quick despatch to Bannock burn, Maynooth, and points on Central Ontario route your shipments via Barnock of Quinte Railway. For further perficulty of they are never found in the bays and inlets, which are so numerous along the coast, nor is anything seen of them again until the fourth year, when there is another mad rush for the head waters and after that dead of Quinte Railway. For further perficulty of them again until the fourth year, when there is another mad rush for the head waters and after that dead fish line the shore or float, belly up.

## ALLAN LINE Steamship Co'y, Ltd.

SUMMER SAILINGS.

Montreal to Liverpool ROYAL MAIL SERVICE.

"Virginian." May 5th. June 2nd "Virginian." May 12th, June 3th. "Tunisian." May 19th, June 16th. "Victorian." May 26th, June 23rd. Montreal to Glasgow

"Ionlan," May 6th, June 2rd.
"Gramplan," May 13th, June 10th,
"Scotia," May 20th, June 17th,
"Hesperian," May 27th, June 24th.

Montreal to London

One class (moderate rate). Steamers calling at Havre, France. For full particulars of Rates and Sailings, apply,

> G.T. Ry. THE ALLAN LINE, 17 Younge Street, Toronto.

Clarence St.

J. P. HANLEY, C. S. KIRKPATRICK,

## THE FISHER'S PARADISE

BRITISH COLUMBIA SUPPLIES SPORT OR MONEY

The Great Fretted Coast of the Pacific Province Has Everything From the Sardine to the Whale, and the Wealth That Swims Beneath the Waves Is Almost Incalculable-Fringe of Industry Not Touched.

"If it's sport you want, good fishin' and huntin', you'd best come back with me."

The speaker was a fisherman from British Columbia, a man who had his sport and earned his bread in a little fishing smack on the Fraser River and along the Pacific coast. He had come back east to see "the folks," and they had expected him to stay, but he would not, no, not yet. Maybe in a few years, when he was too old to fish, or do much of anything, he might come back, but he did not know. There was a something in the swish of the tide and the smell of the ocean and the rock of his little fishing smack out there that was a-

Many a tourist who has visited the tunate enough to see the fishing boats leave Steveston on a Sunday evening A doctor's first question when con- will understand the desire of the fishsulted by a patient is, "Are your bow- srmen to return to the life that would els regular?" He knows that ninety- always be a-calling him. Hundreds eight per cent. of illness is attended of boats gather in for the close time, with inactive bowels and torpid liver, which is from six o'clock Saturday and that this condition must be re- morning until six o'clock Sunday moved gently and thoroughly before evening, to allow the fish to get up the rivers to the spawning ground. Rexall Orderlies are a positive, plea- Promptly at the hour of release the along north, south, east and west, une Rexall Orderlies are eaten like til one by one they disappear, each

> Although fishing is spoken of as will stand in this industry in the future may be gleaned from the fact that, although the average annual output for several years has been over six million dollars, 80 per cent. of this is credited to salmon alone which, except halibut, is the only fish that has been taken in large quanti-

ties for commercial purposes. The reason that the salmon has fallen such an easy victim to man is due to its habits, and, by the way the name salmon does not properly mercial salmon of the world. The and habits to those found in the At-140. I lantic, but their life history is different, that is, so far as it is known, which as yet is but slightly. But cail a tragedy. Maybe in fish life

The Sock-eye or Blueback salmon other kinds of salmon, it generally deposits the spawn in lake fed or lake pushing up to the extreme head waters. This run is where the tra-Corner Johnston and Ontario Sts. gedy begins. Every fourth year is called "the big year," the following year "the lean year." Why this is so no one can tell, although many KINGSTON & PEMBROKE so no one can tell, although many theories have been offered. On this fourth year the run in the Fraser River has been known to be so great that the fish have crowded and shoved in their eagerness to get up until some have been left on the banks to die, and others have been bruised and battered in the crowd. But many fish reach the desired spawning grounds, and here is the fish tragedy. As soon as the spawn is de-One way second class colonist posited the fish die, both male and female. Some mad impulse urges them on until they fulfil their mission in life, and then maybe they hear the call to the "fishes' paradise" where men do not fish. Anyway, whatever happens, they die without a struggle. A peculiar feature of this large run every fourth year in the Fraser is that it has no marked counterpart in any other river in the province or on the coast.

No one has yet been able to tell the Full particulars at K. & P. and known how long they live in the fresh C.P.R. Ticket Office, Ontario Street. water before going out to sea, nor is anything known of their feeding grounds in the salt water. It is believed they must live in the open sea, for they are never found in the bays

> Fishermen claim that fish have been marked in the big year when on their way back to the ocean and that the same fish have been caught the fourth year after. This, however, has not been authenticated.

A peculiar thing about the salmon is the distortion the heads of the OPERATING THE FINEST FLEET males undergo when going up the OF PASSENGER STEAMERS ON THE rivers. The Dog salmon and the ST. LAWRENCE ROUTE. Humpback get their names because of this distortion. These, and also the Spring salmon and the Coho, are valuable commercially in British

> ing a large fishing industry for it has a coast line, including Vancouver Is- watery. Don't let the nerves get ex- panion. They were particularly imlands and the Queen Charlotte Islands, of 15,000 miles, protected from the ocean storms by thousands of to the formation of a certain amount from the bow, coming to a point just islands and all the coast waters are of pure, righ blood. For this reason at the water line teeming with life, life from the tiny sardine to the mighty whale. And the great advance made in salmon canning is but an instance of what may be expected in the future.

The first salmon cannery was established on the Fraser River in 1876.

Henry Floyd, remanded at Willesden,

Eng., on a charge of embezzlement. had not been to bed for twelve .. No one has quite sinned away the day of grace who remembers that \$2.50; at all dealers or Edmanson, the crop will call for more or less there is such a day.

DRIVING OUT DISEASE DEVIL Ceremony of Mangs, One of Lowest

Indian Castes. One of the lowest castes in India is the Mang, concerning whom a writer says: "Of all the practices in which the Mangs have a part perhaps the most significant is that which has reference to ceremonies of 'riddance' in connection with epidemics. Such ceremonies would seem to have been universal at one time or another among all primitive peoples, and are apparently of two different kinds. Either the 'disease devil' is driven forth by force with much uproar or he is persuaded by methods of kindness and propitiation to remove his unwelcome presence. The latter method is employed in certain parts of the Deccan and on such occasions

the Mangs play an important part.
"A male buffalo, purchased by the contributions of the village, is led to the temple of Mar Ai, the goddess specially associated with epidemic diseases. A Mang woman is then dressed to represent the goddess, red paint is applied to her forehead and the horns and flanks of the buffalo and a procession is formed, headed by the woman and by the buffalo, which is usually led by Mangs. In front of the buffalo walk seven Mangs, each bearing an earthenware pot containing a mixture of four intoxicating drugs and seven kinds of

"The buffalo is cut with a sword and a hole is pierced in one after another of the jars, so that as the procession circumambulates the village its passage is marked by a trail of blood and of the liquid dropping from the jars. On reaching once more the temple of the goddess the buffalo is killed and the woman, who all the time is forbidden to look behind her, drinks of its blood. The head of the buffalo is then buried before the goddess."

#### Friend of Kings.

Lord Farquhar, who, as chairman of the League of Mercy, has received a letter from King George expressing his interest in the good work which the League is doing, was for many years King Edward's adviser on all matters relating to His Majesty's private, financial, and business affairs. It was Lord Farguhar who, when King Edward ascended the throne, discovered that many abuses had crept into the working of the royal household, and these he promptly brought to an end. Lord Farquhar is, in every way, a man of the world, and, say his friends, has been so from boyhood. At least, they tell a story of his walking into a village school near Cromer on his tenth birthday and in a lordly way demanding to inspect the children's writing. The copybooks were laid out and inspected, and then the youthful critic said, "Well, boys, I can't say much for your work, but as it's my birthday you may all take a holiday from now." In one minute the school had

Long-Service Members of Parliament. The fact that just before the end of the session. Hon. Mr. Haldane celebrated the twenty-fifth anniversary of his Parliamentary connection with East Lothian is a reminder of the few member of the British House of Commons whose career at Westminster dates back to the 'eighties. The present "Father" of the House, Mr. Burt, has represented Morpoth since the general election in 1874, when Mr. Balfour likewise entered the assembly, but the defeat of the leader of the Opposition at Manchester in 1906 deprived him of the position "Father." though a very few weeks later he was elected for the City of Loudon. Both Sir Charles Dilke and came from. far back as 1868, but they have not ext continuously; so that Mr. Chamberlain, who first appeared at St. Stephen's in the summer of 1876 for the then undivided constituency of Birmingham, is the "Father-elect."

#### Notes From Flower.

Flower, March 4.-Wilfred Jackson has returned from the west, where he done was working since fall. Mrs. Armstrong, Arnprior, was the guest of Mrs. James Love for a few days this week. Miss Durick spent a few days with friends in Pembroke recently. Mrs. Austin Shields is visiting

Well to do is he who does well.

## PARALYSIS

A Germ Disease Which is Baffling the Doctors and Alarming the People Generally.

be fought with pure, rich blood. Prevention is always the better way and that is why we are always talking about the wisdom of keeping the blood pure and rich and the nerves healthy and strong by using Chase's Nerve Food.

disease germs whether they are germs of infantile paralysis, of colds, of con-British Columbia cannot help hav- sumption or any other disease. Don't let the blood get thin and budding civil engineers with a comhausted. The risk is too great. Every pressed by the massive and wicked

Rich, red blood is a deadly foe to

headaches, sleeplessness, irritability, failing memory and power of concentrating the mind. Restore the system while still you have something to

Get new energy and vigor into the have been acquired fraudulently by system by using Dr. Chase's Nerve | means of dummy entrymen. Food. 50 cents a box, 6 boxes for Even if you sow good seed morally is on each box, 25c. Bates & Co., Toronto.

R. K. TO MEDICINE HAT.

Author Is Against City Changing Its | R. Mackenzie of Grain Growers Went Fine Old Indian Name.

Rudyard Kipling has written a characteristic letter to the citizens of Medicine Hat on being informed that the city contemplated changing its' name. He assumes that the reasons actuating the citizens are that the name Medicine Hat has become a stock joke Mr. Mackenzie, like many more of among the newspapers as "the place the most prosperous men of the rewhere the weather comes from."

ing him of the proposed change and gaging in agriculture, the industry setting forth that the name was a which has brought him comfort and translation of the old Cree name of the distinction. As a matter of fact, Mr. piace and rich in Indian tradition. citizens to hold joyously and proudly try proved stronger than that of the

to the present name of the town, town, and won his undivided attenwhich, he declares, "has all hell for a' tion, and conferred upon him his inbasement," and go forth as the only dependence. His life history is comcity officially recognized as capable of monplace enough regarded from our freezing out the United States. He modern point of view in Canada. thinks Medicine Hat can well afford Born in Ashfield, a back woods setto bear such a name when be remem- tlement in Huron County, Ontario. bers a few places in the United States, he obtained his schooling at an old such as Schenectady, Tonawanda, Co- log school house. After helping some hoes. Poughkeepsie, Podunk, Scho- time on the home farm, he was apharie, Potomac and Oneonta.

Mr. Kipling also wrote: But it is people and not prospectuses ceutical studies in a larger town, that make cities, and time has sancti- passed the necessary examination, fied the queer syllables with memories and opened up a store at Lucknow. and association for millions of our In 1877 the far West was beginning fellow creatures. Once on a time these to appeal to the more adventurous places were young and new and in among the youth of Canada, and thatprocess of making themselves.

with a duty to postericy, which duty might open up a store there, if the they fulfilled in handing on their opportunity offered, but ready to names intact, and Medicine Hat is to- seize any chance he might see to day an ancestor, not a derivative nor make money. At the same time Mr. a collateral, but the founder of a Charles Whitehead was engaged on

Hat has an advantage over all the Mr. Mackenzie obtained employment names I have quoted. It echoes, as with him, eventually changing his you so justly put it, the old Cree and status from that of employe to sub-Blackfoot tradition of red mystery and | contractor. For years he was engaged romance that once filled the prairies; in various contracting jobs. In 1892 also it hints. I venture to think, at he was living at Brandon, and, seeing the magic that underlies the city in the handsome returns yielded by the the shape of your natural gas.

set and as years go on will become tractore But very soon he got commore and more of an asset. It has no duplicate in the world. It makes men ask questions and, as I knew more than twenty years ago, draws the feet of the young men toward it.

It has the qualities of uniqueness, individuality, association and power. Above all, it is the lawful, original sweat and dust won name of the city, and to change it would be to risk the luck of the city, to disgust and dishearten old-timers not in the city alone, but the world over, and to advertise abroad the city's lack of faith n itself.

Many western towns are getting tired of the old names given them by the frontiersmen, and many outsiders are afraid they will adopt new names. Rat Portage now sounds like a sleeping car or an apartment house. Kenora is its name, to the disgust of those who would have the last great west retain the picturesque.

Moose Jaw thus far holds true to the old. So do Drinkwater, Saskatchewan, and Pinchers Creek, Alberta, and White Fish, Ontario.

#### Slandering Kingston.

The residents of Kingston always resent the title "Kingston Penitentiary, which the Dominion Government has bestowed upon one of its famous institutions. The Penitentiary is not now, nor has ever been, in Kingston. It is in Portsmouth, an adjoining village. Yet Kingston gets a notoriety from the "Pen" which the R.M.C. and

Queen's cannot overcome An incident occurred the other day at Copper Cliff which illustrates Kingston's sad fate. The time-keeper at a mine there is a former Kingston boy. A foreigner, a laborer in the mine, asked the time-keeper where he

Mr. Chaplin entered Parliament as "Kingston," answered the young man, with pardonable pride. The laborer brightened up and said "My fadder live dere. Did you know my fadder?"

"I don't know," replied the time heeper. "What did he do?" "Oh, he kill a man. He go dere for five years-been dere two now." The time-keeper believes that the man was too polite to ask what he had

#### A New Impresario.

B. K. Sandwell, of Montreal, is the publicity agent of the Montreal Musical Society, the only thing of its kind in Canada and the pioneer opera company north of the boundary. Sandwell is not more to be congratulated than the backers of the companyin their choice of so persuasively alert a man to represent their project to manager of the company; a task for which he has abundant gifts by nature and experience. He is an Eng- | choose what they thought they outer ish-Canadian, who learned the art of to be. The green and white sold well smooth writing in England before he | while the man who had taken paincame to Canada. A few years ago he to be right found that he was in was editorial writer in The Toronto | wrong. News, from which he went to The Herald in Montreal. He is fortunate in having so agreeable a job as that of the man between the New Montreal Opera Co. and the Canadian public. It may be said that doctors are only This is a job requiring a more than agreed on two points regarding this usual combination of qualities. In much-dreaded disease.

First, that it is a germ disease, and, one must not himself have too much second, like all germ diseases can only temperament. Sandwell has thatsuavely under control.

A New Naval Menace. During the summer of 1907 the German armored cruiser Bremen visited Montreal, remaining a week or two. and many citizens took advantage of the opportunity to see what this sample of Germany's sea-going fighting machinery looked like. Among them was one of Canada's

dose of Dr. Chase's Nerve Food goes looking solid steel ram that projected you are certain to benefit by this They stood staring for some mo-

ments at this terrible beak, one of away " You need not wait until you have them pacing off on the wharf the some form of paralysis before testing length of the ram. Then as they saunthis great medicine. Be warned by tered away the young engineer voiced his pent-up feelings, "My, that would tear a fellow's pants, wouldn't it?"

> cover Colorado coal lands, alleged to of your attention.

The United States is sumg to te-

A WESTERN FARMER.

One of the last of the big farmers'

West Originally as Druggist.

MONDAY, MARCH 6, 1911.

ieputation from the West to leave Otlaws and the East for home was Mr. R. Mackenzie, secretary-treasurer of the Manitoba Grain Growers' Association. It is a singular fact that sent big deputation; did not go West A resident wrote Mr. Kipling tell- originally with any intention of en-Mackenzie merely started farming as Mr. - Kipling in his reply told the a side line, but the jure of the counprenticed to a druggist in a neighboring village, completed his pharmayear, selling out his drug store, he That is to say, they were ancestors | moved to Winnipeg, thinking that he the construction of the railway line To my mind the name of Medicine from Emmerson to St. Boniface, and grain fields, he took up farming in Believe me, the very name is an as- addition to his operations as a conpletely weaned away from his con--tracting work, and he is to-day a farmer, purely and simply, with a full section and a half of land under cultivation.-Chesterfield, in Family Herald and Weekly Star.

#### Shipping In New Brunswick.

People should not forget that New Brunswick has more than one port. St. John is so well boomed that the other ports are often overlooked. Last year twenty-seven vessels took thirty million feet of deals and lumber from Campbellton. Dalhousie shipped forty. three cargoes, Bathurst eleven, Chatham twenty-nine, Buctouche one, Sackville five, Shediac eleven, and Riverside six. The total shipments of deals, spruce and other forest profucts was over three hundred million superficial feet, contained in 334 vessels. These shipments went to South America, to Australia, to Man-

chester, London and Liverpool. This gives inlanders some idea of the value of the ocean ports of New Brunswick, and also an inkling of what the lumbering industry means to that province. It is interests such as these which Canada must protect by a direct contribution to the British navy or by the establishment of Canadian navy. Until international policemen are appointed with fulpower to render justice and ensure lib erty. Canada must do her share u protecting the trade routes. The farmer who sells his wheat at an inland. railway station must not forget that the value of his product depends large. ly on the ability of a shipper to send it abroad without fear of loss en route. To-day there is no danger; to-morrow it might be decidedly and vitally different .- Canadian Courier.

It Paid to Be Wrong.

It does not always pay to be right The champion St. Michael's hockey holiday season and played a couple of games there. As considerable in terest was taken in the victors, some enterprising youths thought they would prepare pennants to sell to the crowds. Most of them argued this way, "What are the natural colors | Lots in Weyburn, Saskatoon Regina, Moosejaw, and Farm Lands in Sasfor an Irish college? Why, who ever heard of feam with a name like that Ireland for ever?" On the day of the game, they were plenty of pennants

made up of these colors. When the sale was being energet: cally pushed in the rink, a youth came light and dark blue. He had gone to considerable trouble in order to be correct, and laughed at his careless the public. In effect Mr. Sandwell is business opposition. To his dismay the crowd apparently did not care what St. Michael's colors were, but

#### Building Activity. Tremendous building activity in

some cities of the west is shown in a comparative table covering 27 cities, which appears in the January number of Construction. It will be observed that Regina and Moose Jaw. however, are somewhat laggardly, while Port Arthur shows tremendous strides: Berlin, \$27,960; Brandon, \$4, 400; Brantford, \$98.400; Calgary, \$590, 604; Edmonton, \$52,606; Fort William, \$411,480; Halifax, \$24,350; Hamilton, \$329,225; Kingston, \$23,965; Leth bridge, \$69,755; London, \$31,074; Montreal, \$905,427; Moose Jaw, \$52, 000; Ostawa, \$230,100; Peterboro, \$8, 570; Port Arthur, \$182,016; Prince A. bert, \$240,500; Regina, \$50,240; Saskatoon, \$184,210; St. John, \$66,900; St Thomas, \$44,300; Sydney,\$15,737; To ronto, \$3,040,030; Vancouver, \$1,897, 885; Victoria, \$104,259; Windsor, \$84, 200; Winnipeg, \$371,200.

Gave Her Away. "Did the father give the bride

"I should say he did. He got rattled, and what do you think he said as he handed her over to the bridegroom? 'It is more blessed to give than to receive"."

To Cure a Cold in One Day.

Take Laxative Bromo Quining Tablets. Druggists relund money if, i fails to cure. E. W. Grove's signature

Sometimes we trouble trouble first.



## Make the Liver Do'its Duty

Nine times in ten when the liver is right the semach and bowels are right. CARTER'S LITTLE LIVER PILLS gently but firmly cota-pel a lazy liver to do its duty. Cures Con-

Headache, and Distress after Eating. Small Pill, Small Dose, Small Price. Genuine and bear Signature

THOMAS COPLEY, PHONE 987.

Drop a card to 19 Pine Street when wanting anything done in the Carpenter line. Estimates given on all kinds of repairs and new work also. liardwood Floors of all kinds. All orders will receive prompt attention. Shop, 40 Queen Street.

COLLEGE "Aighest Education at LowestCost" Twenty-sixth year. Fall Term begins August 30th. Courses in Bookkeeping, Shorthand, Tele-. graphy, Civil Service and English, Our graduates get the best positions. Within a short time. over sixty secured positions with one of the largest railway cor porations in Canada. Enter any Call or write for informa-H. F. Metcalfe, Principal, (Limited).

Kingston, Canada.

Harris Heavy Pressure Babbit Metal: is Perfection. For all machinery bearings. THE CANADA METAL CO., LTD., - TORONTO :

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Caramels Cream

Purest of their kind. Have you tried them? ICE CREAM PARLOR

Next to Opera House. Phone 640

## Great Investment Offering For Homeseekers

GRAND TRUNK PACIFIC .- Townsite Lots at Rivers, Watrous, Crystal

Springs, Toffeld, Edson and Scott. team paid a visit to Boston during the | CANADIAN PACIFIC Land, irrigated, at Bow River and within a radius

of from five to one hundred miles of Edmonton, Alberta. NATURAL RESOURCES .- Lots in Fort George and Fruit Lands at Bisque and Okanagan Valley. B.C., and farm land surrounding

which did not use green and white? Full particulars will be given on any of the above properties by

J. O. HUTTON, 18 Market Street, Kingston, Ont.

# New Spring Shoes

Arearriving daily. As usual you will find us with all the new Fads and Fancies of Fashional le Shoedom.

Our buyer was a iccessful in picking up many novelties in the Boston and New York markets.

By watching our window displays from now on you will notice smarter shoes than the ordinary dealer cau.

THE HOME OF GOOD SHOES