

At your meals, and at bedtime, drink this sparkling agreeable brew. Your digestion will improve. Your slumber will better refresh you. Every drop gratifies.

Ask For **Labatt's ALE & STOUT**

Better for invalids than ordinary tonics or patent medicines. It is wholesome as well as pure.

Made of selected **JOHN LABATT** Order from any dealer in beverages or direct from the **LONDON, CANADA** brewery in London.

Agent, James McParland, 339-341 King St. E., Kingston.

Good Health is the Target

of your aim—or should be—and first in importance. Get and keep good health and you can work with hope—find life worth living—rise after nights of restful sleep—have energy and ambition—know content. If you are out of health, or in poor condition, see what

BEECHAM'S PILLS

can do for you. Your food will taste right and nourish you better—your bowels will be regular and your nervous system corrected. Your blood will be purer and you will feel more cheerful. Your whole system will be benefited and you will know why so many thousands have found that Beecham's Pills hit the target and

Hit Right Every Time

Prepared only by Thomas Beecham, St. Helens, Lancashire, England. Sold everywhere in Canada and U. S. America. In boxes 25 cents.

50 YEARS EXPERIENCE

Redpath

EXTRA GRANULATED SUGAR IS ABSOLUTELY PURE

The first and great essential of a food product, is Purity; the Purity and Quality of our Extra Granulated have never been questioned.

Once make a comparison with other Sugars and you will not be satisfied with any but Redpath.

Dainty Tea Tables are always served with PARIS LUMPS to be had in RED SEAL dust proof cartons, and by the pound.

The Canada Sugar Refining Co., Limited MONTREAL, CANADA.

Established in 1834 by John Redpath

SERMON FROM SHAKESPEARE

Much is the force of heaven-bred poetry. Two Gentlemen of Verona, Act III, Sc. 2.

The present is a materialistic age. The age of realism it has been called, and not unjustly. What does it mean? what is its use? what does it profit? are the questions that are most frequently on the lips of mankind. A critical, utilitarian, commercial time is impatient of poetry. The coal of Pennsylvania and Nova Scotia, the silver of Colorado and the Cobalt, the lumber of Oregon and Quebec, the corn of Illinois and Minnesota, and the wheat of Dakota and Manitoba, interest more than the strongest and sweetest songs of the occasional bard who dares to sound his pipe. All the heap of wealth of all the world will not open the gates of heaven, but the poet's song, inspiring to action, to love to truth and to charity, gives man, even on this earth, an earnest of things to come.

The daily press has its full page and more of market reports, occasionally it grudgingly allows a scant corner to "heaven-bred poetry." The ordinary man feels a little diffident in expressing affection for verse, yet poetry is at once the root and flower of all knowledge. In all races before writing or printing or books were known, the thoughts that glowed in the minds and hearts of the seeing ones—the prophets, the seers—burst forth in a flame of poetry; and at the height of the nations' civilization the minds that have soared and guided their fellows have been the fashioners of verse. Shakespeare and Burns, Wordsworth and Tennyson, Whittier and Emerson are the true givers of spiritual life to the nations.

TAKE TWO—SHAKESPEARE.

Try as a man may he cannot get away from the influence of poetry. He is rocked into being by the soothing cradle-song of his mother. When he leads his bride to the altar the marriage hymn gives a celestial glamour to the event, and when he is borne forth to rest beside his fathers the requiem solemnly sanctifies the occasion. From the cradle to the grave "heaven-bred poetry," whether he will or no, follows a man through his earthly journey.

Poetry, heaven-bred or born! That is a high claim. Certain it is that the art of poetry cannot be learned. The art of verse-making may be, but that is another matter. It is possible to manufacture flowers so natural in appearance that they may even deceive the eyes of birds and bees, but the honey and the perfume are lacking. In true poetry there is an aroma, a prevailing perfume that no art can supply. Shakespeare, Burns, Whittier and Poe were born poets.

Tips For Farmers

BY UNCLE JOSE.

F. W. Musselwhite, 254 Victoria street Kingston, writes "Uncle Josh" as follows:

"I am always interested in 'The Tips to Farmers,' by Uncle Josh, and would like to contribute the following account of what the boys can do when given the opportunity to use their brains on the farm.

"A young English lad, in the employ of F. R. Mallory, Holstein breeder, Sidney township, writes to his parents in Kingston:

"I suppose it will please you to know the great 'May Echo' cow has got the championship. I will give you a rough statement of her work. May Echo came in on March 21st, 1910. Her seven-day record was 668 lbs. of milk and 2 1/2 lbs. of butter. After milking eight months her seven-day record was 356 lbs. of milk and 15 lbs. of butter. Month of March, 1,385 lbs. of milk; April, 2,629; May, 2,616; June, 2,637; July, 2,529; August, 2,316.5; September, 2,123.5; October, 1,986.5; November, 1,661.5; December, 1,583; January (1911), 1,500; making a total of 22,220.5, with an average percentage of butter fat of 3.6. She has to the 20th of March to milk, and is due to come in on May 15th, and is fat and in good health. On February 2nd she broke the semi-official record of the world. We are looking for 24,000 lbs. of milk for the year. Last year she gave 12,000 lbs."

"Four years ago the lad was a fifteen-year-old 'green-born' from the city of London, Eng. He has spent three years with Mr. Mallory, learning to farm. A year ago he was given the entire charge of Mr. Mallory's herd of Holsteins (he himself being a public man and not able to be home very much to do the work himself, and the results are entirely from his own efforts. The secret of success is this: Mr. Mallory keeps what he grows on the farm, and feeds it. He also has two well-filled silos, believes in winter dairying, and uses the scales every day for every cow. Then he encouraged the lad by offering a prize of a gold watch and chain if he could produce 20,000 lbs. of milk from one cow. The result is the prize is won. Now, give your boys a chance!"

"Uncle Josh" appreciates such a letter, and would like to hear from Mr. Musselwhite again.

Demonstration Train.

Some years ago the plan of using a demonstration train for the purpose of agricultural education was introduced in the United States and proved a decided hit. The same idea is to be worked out in southwestern Ontario by Sup. Putnam in co-operation with the Michigan Central Railway. The railway is furnishing a train free of charge and Sup. Putnam is to arrange for the equipment of the same for instruction purposes. The train will consist of seven cars, containing material for demon-

stration purposes. One car will be devoted to the fruit interest in charge of P. W. Hodgetts, secretary of Ontario Fruit Growers' Association. In this car will be shown apples suited to the districts covered and there will be demonstrations in packing, spraying, etc.

Another car will be devoted to dairying with special reference to home dairy work. The feeding and live stock interests will be emphasized in this car, both for beef and dairy cattle with the value of alfalfa as one of the chief features.

A third car will be devoted to seed improvement and drainage. Supt. Putnam will be the chief in charge of the train, and he will be assisted by members of the O. A. C. staff, some institute workers and Messrs. McKenney, Todd and Angle, district representatives of the Department of Agriculture.

The first trip will begin on the 28th of February and continue for four days. Another trip will commence on the 7th of March and will continue for a further period of four days.

The whole territory from Windsor to Niagara Falls is to be covered with stops of one and a half to one and three-quarter hours at each point touched. The branch line running up

to Courtwright will also be covered. In all thirty-two places will be visited.

To Increase Price of Milk. The Milk Producers' Association met at Hamilton last week to consider the question of increasing the price of milk from 16c. to 18c. per gallon. A deputation of Retail Milk Dealers' Association urged that no increase be made until October 1st next, but the producers would not accept this proposition. They offered to take 15c. at once and 18c. on September 1st, but the retailers held out against this. They will meet again in a few days to decide what is to be done.

Notes of Interest. A prize cow owned near Stronghurst, Ill., had three calves at one time. Hordes of mice have consumed much unthreshed corn on English farms. Fire at Corstorphine, Scotland, consumed a byre and 25 cows valued at \$115 each.

At a plowing match near Aberdeen, Scotland, two women, aged twenty-nine and sixty years, competed. George Shima, the American potato king, prophesies that potatoes will sell for \$3 or more per sack. A farm laborer's strike in St. Faith's, Norfolk, Eng., has collapsed after lasting about eight months.

To save his life Charles Deaton, an Ohio farmer, cut off his arm with a pocket knife to release himself from the grip of a corn shearer. Farmers in Herefordshire, Eng., grew sugar beet crops that ran as high as twenty-seven and a half tons to the acre, with a sugar content of nineteen per cent.

An unprecedented laying of eggs by hens in the southern states recently sent the price of eggs from as high as forty cents to as low as seventeen cents. Mrs. P. McGee delivered to W. J. Carling, Exeter, Ont., six geese which weighed over 100 pounds, one of them weighing nineteen pounds.

Farmers near Ash Grove, Kansas, are reported to be installing coal oil stoves in their hog pens because the warmth makes the young pigs grow faster. By the order of King George ever-morning at Windsor eighty quart of milk from the royal dairy at Frogmore are distributed among the poor people.

A grocer of Frestwick, Scotland, was fined 25 or fourteen days for selling a pound of margarine as a pound of butter and wrapped in a paper not marked "margarine." The New Brunswick government has appointed Seth Jones, Sussex, poultry inspector for the province, to give instruction to farmers and encourage poultry raising.

Owing to the expected failure of the maize crop through prolonged drought many laborers have left Buenos Ayres, 3,800 having taken ship for Europe in two weeks. During a run with the hounds of South Oxfordshire, Eng., a mare threw her rider, ran away and jumped into a motor car, travelling in the opposite direction. The car was badly damaged but the chauffeur was unhurt, and the mare, though badly cut and bruised, had no bones broken and was not made lame.

Too Particular. General Frederick D. Grant, at Pine Camp, New York, said of Camp Cookery: "Soldiers in camp have a right to expect nourishing and palatable food. They must not expect, however, French 'plats,' they mustn't be over-particular like at man at the lunch counter."

"Give me," said the man, "two new laid brown shelled eggs, fried on one side and mounted on a grilled slice of Virginia peach fed ham. Be sure it is peach fed, mind you."

"The waiter roared down the speaking tube: "Two new laid, brown shelled eggs, fried on—fried on—"

"Then he turned to the man again: "Excuse me, sir," he said, "but which side will you have them fried on, please?"—New York Tribune.

Be Warned by Headache

It Tells of Serious Derangements of the Liver and Kidneys.

DR. CHASE'S KIDNEY-LIVER PILLS.

You can stop a headache with powerful drugs. But it is not generally wise to do so. A headache almost always warns you of derangements of the digestive system, the liver, kidneys, or bowels.

"Awaken the liver to healthful action by the use of Dr. Chase's Kidney-Liver Pills and you not only free yourself of headache, but remove the cause which will soon lead to more dangerous results than headache."

Investigate the action of the kidneys by this treatment and you take away the dangers of Bright's disease as well as free yourself of headache.

Pains are the result of poison in the system and whether you have headache, backache or aching limbs, you can be almost sure of relief and cure when you cleanse and regulate the vital organs by the use of Dr. Chase's Kidney-Liver Pills.

They are wonderfully prompt, as well as definite and thorough in action. You can depend upon them, no matter how long-standing or complicated your case, so long as the cause is the sluggish, torpid condition of the liver and kidneys.



GILLETT'S PERFUMED LYE

Is the Standard Article
READY FOR USE IN ANY QUANTITY

For making soap, softening water, removing grease, disinfecting, etc. It is safe and for many other purposes. A can costs 20 cents to 30 cents.

MADE IN CANADA

E.W. GILLETT CO. LTD. TORONTO, ONT.

WORK WITHOUT FATIGUE

You won't feel exhausted when you take **EPPS'S COCOA** FOR BREAKFAST!

It will sustain you as nothing else will—there is strength in every particle of it. As a supper beverage it is perfect.

WHO PAYS THE DUTY?

You or our foreign competitor?

You pay. About that there is no room for doubt. And it's more than likely you believe in the necessity of the tariff. But—of what earthly good is it if you pay the duty?

The foreigner laughs at duties imposed by our government as long as you are willing to cash up. Take beer, for instance.

"Salvador"

The Famous National Drink

is the purest and best beer brewed on this continent. The formula and entire process of brewing "Salvador" is a secret and absolutely controlled, on this side of the Atlantic, by Reinhardt's of Toronto.

Beer, almost as good as "Salvador," is brewed by the big American brewers and sold in the States at exactly the same price as "Salvador" in Canada.

But—when you order an American beer in Canada there's 34% extra to pay—the duty—plus extra freight charges.

Is it rational to pay that duty—when you can get a better beer at the normal price? "Salvador" beer is rich in flavor, sparkling and charged with invigorating properties.

Bottled and Malted in Wood—**REINHARDT'S OF TORONTO**
every pint of it—by
LOCAL AGENT, E. BEAUPRE, KINGSTON. TELEPHONE, 313.

MODERN MARTYRS!

The age of martyrs is not passed. There are thousands of women all over the country enduring physical torture and mental anguish almost beyond description. They are not victims of persecution, like the martyrs of old; they are not called on to face the scaffold or the stake, but their sufferings—borne in silence and hidden from the world at large—are scarcely less intense.

These ladies, as a rule, are women and girls of refined and sensitive temperaments. Knowing that their sufferings are due to a disordered condition of the female functions, their native modesty deters them from seeking relief in the earlier stages; and when they do consult a physician, they usually get some drug mixture to take internally, which is not more effective for troubles of this kind than if it would be for a toothache, a bruise, or any other strictly local ailment.

The seat of the trouble being in some one of the female organs, the remedy, to be effective, must act on this portion of the anatomy.

This is the secret of the success which always follows the use of **ORANGE LILY** in derangements of this kind. It is a strictly local treatment, is absorbed directly into the parts that are inflamed and congested, and its beneficial influence is noticeable from the start. The irritation of the delicate membrane is relieved, the congestion is overcome by the discharge of the watery matter which served to oppress the nerves and cause mental depression; the system is toned and invigorated, and the sunshine and joy of life again become a part of her being. Read the following letters:

Archives, Feb. 1, '09.
Dear Mrs. Currah—I received your kind letter some time ago, but was feeling so well, and not needing medicine, that I never thought of replying sooner. I must say I have more confidence in **ORANGE LILY** than in any other thing I have ever used. Before I knew or found out anything about this medicine, I doctored away hundreds of dollars, and when I thought I was dying with inflammation of the womb, a box of **ORANGE LILY** was sent me through the mail from a friend. The first suppository I used I was greatly relieved, and in a few months completely cured. That was nine years ago this winter, so you can imagine with what esteem I hold the **ORANGE LILY**. I am thankful there is such a relief for poor, suffering women, for I have been one of them and can sympathize with others.

Your sincere friend,
Trenton, Ont., Dec. 4th, 1909.
MRS. F. E. CURRAH, Windsor, Ont.—

Dear Friend—I feel it my duty to write you a testimonial as to what **ORANGE LILY** has done for me. Last winter I was feeling very miserable indeed. I could scarcely do my household work during my menstrual period, and for two months or more I was never free from pain in the womb and ovaries. The pain would run down the legs, so I would frequently nearly double up. Then the pain began going up the back of my neck to my brain until I hardly knew what I was doing at times. Life was a burden indeed, the steady course, but I felt like a woman who is waiting for a town doctor and had an examination. He pronounced it if I forget the word, a rigid condition of the generative organs, produced by repeated attacks of inflammation. He said I would have to take a course of treatment, and if that failed he would operate. I objected to that, so I filled out Dr. Cooney's symptom blank and forwarded it to him, and he diagnosed the disease the same as my local doctor, so I decided to take Dr. Cooney's Treatment. I have used two jars of Cerat Massage, two packages of Herbal Womb Tonic and six boxes of **ORANGE LILY**. It is eight months since I began the treatment, but I feel like a new woman. I work as hard as ever, and I would not take 100 and be in the state that I was last March. I feel that Dr. Cooney's Home Treatment is Godsend to suffering womanhood, and I shall continue to sound its praises whenever I have an opportunity.

Yours gratefully,
Trenton, N. J., Dec. 1st, 1909.
MRS. T. H. HATTON.

ORANGE LILY as a remedy for these ills, as well as for hemorrhoids, painful periods, irregularities, cancers in their earlier stages, tumors, displacements, lacerations, and all ovarian troubles, has long since passed the experimental stage. So confident am I of this that I will send ten days' treatment to any woman who writes to any sufferer **ABSOLUTELY FREE**. The treatment is inexpensive, used at home, and no physician is necessary. Send at once for the

FREE TRIAL TREATMENT

which will demonstrate that **ORANGE LILY** will cure you. Enclose stamps, and address **MRS. FRANCES E. COONEY, WINDSOR, ONT., Can. Rep., County Med. Inst.** Delays are dangerous.

SPECIAL SALE During February of GOLD FISH

SEND SAFELY DURING THE WINTER ANY DISTANCE BY EXPRESS. If you wish an Aquarium for your home, or for a gift, this is your opportunity. These two bargains are to introduce Gold Fish into your home.

A Complete Aquarium for \$1.00

On receipt of \$1.00 we will send you by express the following

POPULAR OUTFIT

1 4-in. Crystal Fish Globe.
1 Fancy Gold Fish.
1 Oriole Gold Fish.
1 American Gold Fish.
1 Gold Fish (Silver).
1 Box Fancy Stones.
1 Package Fry's Water Fish Food.
1 Box of Fancy Shells and Stones.
1 Booklet—Price List and Instructions how to feed and care for Gold Fish in the Home.

Regular Catalogue Price of the above collection is \$1.50. Order at once and we will supply for \$1.00. Catalogue and Price List sent free on request.

THE HAY FLORAL & SEED CO.,
FLORESTA AND SEEDSMEN, BROCKVILLE, ONT.

Ordinary "vanilla" extracts are but blends of cheap substitutes. They have not the rich, full savor of

Shirriff's True Vanilla

Made from finest Mexican vanilla beans and aged till the whole strength is in every drop. Good because it is real. Ask the grocerman.

Caution: A smaller quantity required than of any other extract.

Other distillations Shirriff's favorings are Lemon, Almond, Kaffir, Rose, Peppermint, Strawberry and nearly infinite.