SUNLIGHT SOAP

With half the labor, and at half the cost of other soap, Sunlight does the whole washing in half the time, yet without injuring the most delicate fabric.
Use it the Sunlight way. Follow the directions.

Wah Long's Laundry
First-class work guaranteed. Drop me a card and I will call promptly for your laundry. 155 WELLINGTON ST., between Brock and Clarence Sts.

Electric Restorer for Men
Phosphonol restores every nerve in the body to its proper tension; restores vim and vitality. Premature decay and all sexual weakness averted at once. **Phosphonol** will make you a new man. Price $3 a box, or two for $5. Mailed to any address. The Scobell Drug Co., St. Catharines, Ont.
For sale at Mahood's drug store.

OUR BEAVER BRAND
Of Flour is unexcelled for bread or pastry. Price is moderate.
A. MACLEAN,
Ontario Street.

PICTURE SALE.
Special Sale of Unframed Pictures. Large variety of sizes and styles greatly reduced prices.
WEESE & Co.,
Wallpaper, Photos., Framing.

Wood's Phosphodine,
The Great English Remedy. Tones and invigorates the whole nervous system, makes new Blood in old Veins. *Cures Nervous Debility, Mental and Brain Worry, Despondency, Sexual Weakness, Emissions, Spermatorrhœa, and Effects of Abuse or Excesses.* Price $1 per box, six for $5. One will please, six will cure. Sold by all druggists or mailed in plain pkg. on receipt of price. *New pamphlet mailed free.* The Wood Medicine Co. Toronto, Ont. (Windsor)

The Woman Alive
to her own best interests,—as soon as there is need, will help her whole system with the tonic action of
BEECHAM'S PILLS
All women should read the special directions with every box.
Sold Everywhere. In boxes 25c.

"A Tree is Known by Its Fruit"
AND
OUR COAL
is known by its good burning qualities.
P. WALSH,
55-57 Barrack St.

Life Isn't Worth Living
When This Statement is Made it May be Generally Attributed to the Lack of Good Health.

We want to talk to people who are nervous, who suffer frequent headaches, who don't enjoy their food, who are irritable, quickly lose their temper, who are so exhausted that they feel they must give up, and have become so despondent that life doesn't seem worth living.

Most of the above described conditions are chiefly caused by what is commonly called catarrh, a "below par" condition of mucous membranes. The delicate lining of certain of the nasal cavities becomes weakened, inflamed and congested until the whole system is weakened, mental depression follows as one of the results. The best way to overcome this condition is through a treatment of the general system. We have the treatment, and we are so positive it will produce the results we claim for it that we will present it to any one with the understanding that we will return to them the money paid us in every instance where the treatment is not in every way satisfactory and beneficial to the user.

We want you to try Rexall Mucu-Tone which is a scientifically devised nerve tonic and body builder, its mission being to aid the body in its efforts to re-establish the natural and healthy functions of the mucous membranes.

Rexall Mucu-Tone thus acts to expel "catarrhal poison," restore the vital fluids to good health, tone up the whole body, allay inflammation, improve digestion and stimulate the glands to healthy activity. It is splendid in the building up of the blood, muscle tissue and removing catarrhal troubles.

Call at our store and get a bottle of this medicine, and after giving it a fair trial, if you are not satisfied with the results, tell us so, and we will return your money without question. Surely nothing could be more fair than this. Rexall Mucu-Tone in two sizes, 50c. and $1. Remember you can obtain Rexall Remedies in Kingston only at our store, The Rexall Store, G. W. Mahood.

DESIGN OF A LADY

COACHMAN GETS MORE THAN ANY RELATIVES.

Will of Catherine Augusta de Peyster Gives Bulk of Fortune to Historical Society.

New York, Feb. 1.—Leaving a larger bequest to her coachman than to any of her relatives, the will of Catherine Augusta de Peyster, filed for probate, to-day, makes the New York Historical Society her principal beneficiary.

Miss de Peyster, a wealthy member of one of the oldest families in New York, died January 25th, leaving no near relatives, her only next of kin being four grand nephews and nieces.

The Histocial Society gets all her real estate and the residue of her personal estate after specific bequests are paid.

Miss de Peyster left Thomas Kernan, her coachman, $5,000 and all Miss de Peyster's horses, carriages and stable fixtures. No definite value was placed upon the estate in the application for probate.

MONTREAL GETS TRADE

At Expense of New York, Which is Aroused.

New York, Feb. 1.—Many great ocean steamships leaving New York now go out ballasted with water, where once they carried grain. So the Interstate Commerce Commission heard here when it resumed the adjourned hearing relative to the alleged discrimination of railroad grain rates against New York and in favor of Montreal. The witness who so testified was James T. Parker, of the firm of Parker & Graf, members of the New York Produce Exchange. Mr. Parker contended that a continuation of the 5½c. per bushel rate would result in New York losing all of its export grain business. As a matter of fact, he asserted, it has already been lost, and he maintained that a rate of four cents per bushel in effect between May 15th and November 15th is needed in order to encourage the movement by way of this port.

A. C. Fatherhoff, manager of the freight department of the International Mercantile Marine grain steamers, testified of the decline in grain shipments from New York, and said that recently two steamers had been withdrawn from the New York service, because of the decrease in shipments of both cattle and grain.

W. A. Wadhams, representing the New York Chamber of Commerce, announced that the chamber proposed to submit a new basis of rates, which would not disturb the existing rate structure, but which would put New York on an equal footing with Montreal.

PUT UP THE SHOT.

I.C.R. Must Pay to Nurse $5,163 Damages.

Ottawa, Feb. 1.—L. A. Audette, registrar of the exchequer court, has filed his report in the petition of right of Delia Hamilton vs. the dominion government.

A few years ago Miss Hamilton, who had just graduated as a nurse at the Montreal Maternity hospital, while alighting from an Intercolonial railway train at Ste. Flavie, in the county of Rimouski, met with a terrible accident. The sudden starting of the train without any signal from the conductor caused Miss Hamilton to fall under the wheels, with the result that both of her legs were crushed and had to be amputated immediately afterwards.

Miss Hamilton has been given judgment for $5,163 and costs.

MARRIED HER PUPIL.

Contests Will of Disappointed Sunday School Teacher.

New York, Feb. 1.—Having trained Charles Hough from boyhood until she considered him a model young man, his Sunday school teacher became a widow and married him. Her opinion of the experiment after several years was conveyed in her will, which devised $1,000 to Charles and the remainder of her $50,000 estate to charities. She was twenty-five years his senior, but having provided him with a good home, she considered that he should not have been attentive to other women. Hough is contesting the will.

Pine Grove Items.

Pine Grove (East Inverary), Jan. 30.—The farmers are taking advantage of the excellent roads to get out their yearly supply of wood. Mr. and Mrs. C. Gibson spent Saturday in town. Miss Alta Johnston left for Ottawa, on Monday, where she intends taking a course in the business college. Jackie, son of G. W. Bishop, very ill with pneumonia, is rapidly recovering. A little girl has come to brighten the home of Charles Barr. R. K. Johnston, Queen's, spent Sunday with his parents, Mr. and Mrs. W. Johnston. Miss Hughes, Toronto, guest of her sister, Mrs. G. W. Bishop, has returned home. Mrs. E. Lake and children have returned home, after spending a few days with her parents, Mr. and Mrs. Darling, Inverary.

Coming Next Year.

Hamilton, Ont., Feb. 1.—Maj. MacKay, of the Argyll and Sutherland Highlanders, known as the 91st, was entertained, yesterday, by the officers of the 91st Highlanders, of Hamilton, the latter regiment being allied with the Argylls. Maj. MacKay brought greetings from the Scotch regiment and announced that the Duke of Argyll, who was governor-general of Canada, as Lord Lorne, would visit the Hamilton Highlanders next year.

British Preference Safe.

London, Feb. 1.—The Yorkshire Post thinks Great Britain will be able to maintain its position if sure of an equality of treatment. British preference "is dead" is a depairing cry for which the Post sees no justification.

P. J. Smith, former manager of the Belleville rolling mills, who is removing to Winnipeg, was banqueted and presented with a silver service by the mill staff.

Why I Lost My Job

Reasons Why Thousands Like Me Cannot Satisfy Their Employers.

"I believe my fate is not unlike that of thousands of other workers who daily lose their places for reasons they do not know, and probably would not believe. When their last pay envelope comes along, it is usually, "Your services no longer required." If the truth were known, the reason for their unceremonious removal would probably be that their usefulness was destroyed because of some mental worry, bodily ailment or general indisposition. These things, as we all know, are the most fruitful causes of failure in all walks of life. The battle of Waterloo was lost because of a headache. In this quick age our minds must be clear, rapid, active and free from outside influence or worry, or else we go down to failure with the throng of "floaters" who go from one place of employment to another, giving no satisfaction to others or to themselves, constantly growing older and less useful, with no ambition, no will power, and no hope.

Every man requires from every other man the best that is in him. But no man can use or get the best that is in himself until he is first free from all fretful indispositions and worries.

That was my trouble. I was full of troubles. That's why I lost my job. My stomach in the first place was always out of order, and I was worrying about it and my mind grew cloudy, and slow. I made mistakes, and grew grouchy. That was the end.

There are thousands like me, going about with "quick lunch" faces, dyspeptic manners, and repulsive atmospheres. No employer wants such men's services.

Take my advice. A healthy stomach is half the battle, for it keeps your mind clear, and your face rosy. I have a healthy stomach now and hold a good position, and my employer is satisfied and so am I.

I started to take Stuart's Dyspepsia Tablets which I was told were good for the worst cases of indigestion and dyspepsia. The first two tablets made a wonderful difference in my condition.

One ingredient of Stuart's Dyspepsia Tablets digests 3,000 grains of food. The stomach doesn't have to work at all. The Tablets do all the work, no matter how heavy your meal.

Stuart's Dyspepsia Tablets cure brash, eructations, burning sensations, bloat, irritations, loss of appetite, nausea, heartburn, lack of energy, loss of memory and dyspepsia and indigestion in their very worst forms.

No other little tablets in the world can do so much. You should carry them around with you wherever you go and take them regularly after meals. Then you will realize what it is to be freed from stomach torment, and have a clear mind, a quick memory, a happy disposition, comfort and rest. Get Stuart's Dyspepsia Tablets at any drug store for 50c. a package.

Send us your name and address today and we will at once send you by mail a sample package, free. Address F. A. Stuart Co., 150 Stuart Bldg., Marshall, Mich.

Toronto Street Market.

Toronto, Jan. 31.—Wheat, white, per bush., 87c. to 88c.; wheat, red, per bush., 87c. to 88c.; wheat, goose, per bush., 78c. to 80c.; oats, per bush., 39c. to 40c.; peas, per bush., 80c. to 82c.; barley, per bush., 64c. to 65c.; rye, per bush., 65c. to 66c.; buckwheat per bush., 48c. to 50c.; hay, timothy, per ton, $18 to $20; hay, mixed, per ton, $14 to $15; straw, per ton, $16 Alsike clover—No. 1, per bush., $7 to $7.50; No. 2, per bush., $6.50 to $6.75; No. 3, per bush., $5.50 to $6; red clover, No. 1, per bush., $6.75 to $7; red clover, No. 2, per bush., $6 to $6.25; red clover, No. 3, per bush., $5 to $5.50; timothy, No. 1, recleaned, $6.25 timothy, No. 2, recleaned, $5.15; Alfalfa, recleaned, $12.25 to $13.25; dressed hogs, $9.75 to $10.25; butter, dairy, per lb., 25c. to 28c.; butter, inferior, per lb., 20c. to 23c.; eggs, new-laid, per dozen, 35c. to 40c.; ducks, spring, per lb., 15c. to 20c.; chickens, per lb., 15c. to 17c.; turkeys, per lb., 21c. to 24c.; geese, per lb., 14c. to 15c.; fowl, per lb., 12c. to 14c.; apples per bbl., $3 to $5; cabbage, per dozen, 35c. to 45c.; cauliflower, per dozen, 75c. to $1; onions, per bag., 90c. to $1; potatoes, per bag, 90c. to $1; beef, hindquarters, $9.50 to $11; beef, forequarters, $8 to $9; beef, choice, carcase, $9 to $10; beef, medium, carcase, $8 to $8.50; mutton, per cwt., $8 to $9.50; veal, prime, per cwt., $11 to $13; lamb, per cwt., $10 to $11.50.

Has the Marriage Registers.

London, Feb. 1.—The crown advocate of Malta has arrived in London with four boxes of marriage registers during the period of the king's service with the Mediterranean fleet, and other documents bearing on the Mylius case.

The crown advocate will probably, says the Chronicle, have a leading part in the evidence for the king in this case. It is understood that Mylius is at present without a legal adviser, and presumably, therefore, will conduct his own defence.

Great Damage by Floods.

Wheeling, W.Va., Feb. 1.—Damage estimated at close to $5,000,000 has already been caused by the flood in the Ohio valley, and the water is still rising to-day. The crest is expected to reach thirty-seven feet. Part of the local business section is under water, and merchants are moving their goods to the upper floors.

Railroad traffic is badly hampered, trestles have been swept away and destroyed, and have destroyed large sections of tracks.

Mrs. Kelly, Carleton Place, widow of the late William Kelly, who died a few months ago, and at one time a prominent citizen, passed away on Saturday, at the ripe old age of seventy-nine years.

The net revenue of Canada increased ten millions during the twelve months.

"65 new Tabard Inn Library Books," Gibson's.

NEWS OF THE WORLD

OCCURRENCES RECOUNTED IN BRIEF FORM.

Matters That Interest Everybody—Notes From All Over—Little of Everything Easily Read and Remembered.

The Northern Navigation company will not sell out to the Inland line.

King George's libel action against Mylius will begin to-day, in London.

In congress, San Francisco won the first vote for the Panama exposition of 1915.

Jurors disagree in the case against the Toronto Street railway, and were discharged.

King Frederich August of Saxony left, yesterday, for a hunt of several weeks in the Sudan.

The Ontario government will provide twenty thousand dollars to promote technical trade.

Miss Mary Laura Ferguson, prominent in social and educational work in Montreal, is dead.

By a vote of 118 to 63, the Commons defeated Boyce's motion, to censure the Fielding testimonial.

The owner of a consignment of frozen eggs at Montreal, declined to destroy them, and force may be used.

Waterloo county temperance workers will inaugurate a local option campaign in every elegible municipality.

William Chisholm was fined $15 and costs, $25.45 in all, by T. Smith, J.P., Maxville, for breaking quarantine, and appearing in a store.

The Mountain Lumber Manufacturing Association, Nelson, B.C., adopted strong resolutions condemning the reciprocity agreement.

U.S. Secretary Knox will appear before the ways and means committee to take up the Canadian reciprocity bill and explain its features.

Sir James Whitney, in the legislature, announced that the sessional indemnity of the members would be increased from $1,000 to $1,400.

Three men killed and ten others missing as the result of a snow slide at the Utah Coaltion mine in Big Cottonwood canyon, near Alberta.

Lee Quon Jung, familiarly known as Boston Charlie, arrested in New York for smuggling in opium.

Andrew Carnegie has donated an additional $1,250,000 in furtherance of philanthropy at his birthplace, Dumfermline, Scotland.

It is anticipated that imperial preference will form the subject of a conservative amendment to the address at the opening of the British parliament.

Jackson & Co., contractors, London, will dam the Euphrates for the Turkish government, being part of the scheme for the irrigation of Mesopotamia.

Mrs. Henry Burgoyne, St. Catharines, Ont., a bride of seven months, died, Tuesday morning. A week ago the groomsman at her wedding was buried in Buffalo.

F. H. Cunningham, for several years superintendent of fish culture, marine department, Ottawa, becomes chief dominion inspector of fisheries for British Columbia.

The county council of Stormont, Dundas and Glengarry will build a House of Refuge on W. A. Craig's 140 acre farm near Cornwall at a total cost of $20,000.

An epidemic of diphtheria is raging in the officers' quarters at Madison Barracks, Watertown, N.Y., and a large portion of this section is under the strictest quarantine.

Miss Adele Rafter, the noted contralto singer and one of the leading light opera singers on the American stage, died in Hahnemann hospital New York, after a brief illness.

The Mexican federal forces of Gen. Luque are divided and cooped up in the towns of Ojinago and Cuchillo Parrado. The insurrectors occupy every road leading into both towns.

Monsignor Edward S. Fitzgerald, pastor of the Church of the Holy Rosary, died at the House of Mercy hospital, Holyoke, Mass., of pneumonia.

A. Cecil Gibson, barrister, died at his home, 64 St. Alban's street, Toronto, Tuesday afternoon, as the result of injuries sustained by a fall while alighting from a street car, Monday night.

Mrs. George Maxwell, aged fifty, living at Lancaster, N.B., was instantly killed while hanging out clothes. The line broke and she fell eighteen feet, breaking her neck. She leaves a husband and six children.

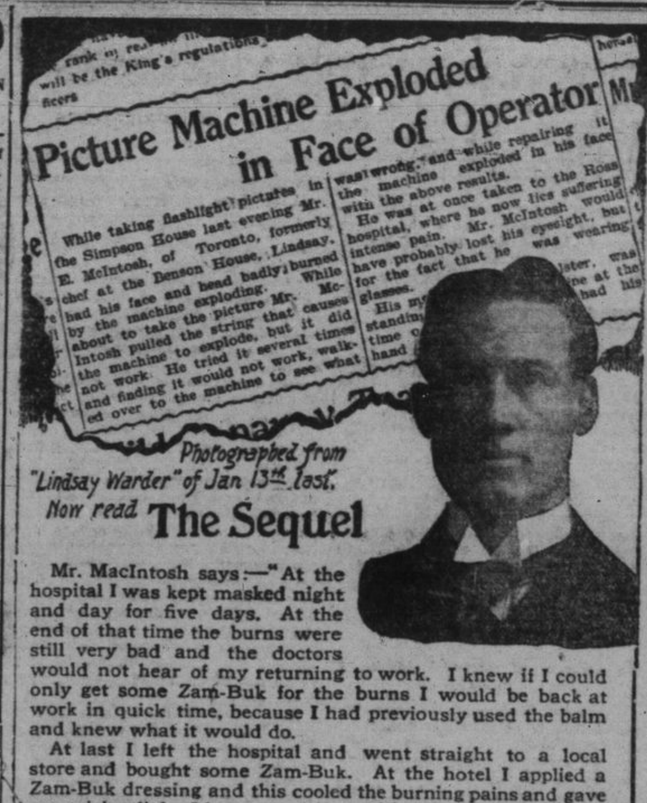
Fire destroyed the main building of the Maryland College for Women at Lutherville, Md., entailing a loss of 850,000. The students fled to the campus, half clad, where they huddled in shivering groups in the cold air.

Hon. Mackenzie King will leave for New York to make an appeal to the Diamond Match Co. to relinquish their rights in Canada to the use of the sequi sulphide patent. The company has done so in the United States at the request of President Taft.

"5 bags Nut Milk Chocolate," Gibson's.

James Major, a resident of Brockville for the past twelve years, died Saturday at the residence of his daughter, Mrs. John McMahon, after an illness of two months, of cancer.

"Chamois Vests," Gibson's.



Mr. MacIntosh says:—"At the hospital I was kept masked night and day for five days. At the end of that time the burns were still very bad and the doctors would not hear of my returning to work. I knew if I could only get some Zam-Buk for the burns I would be back at work in quick time, because I had previously used the balm and knew what it would do.

At last I left the hospital and went straight to a local store and bought some Zam-Buk. At the hotel I applied a Zam-Buk dressing and this cooled the burning pains and gave me quick relief. I kept on with the Zam-Buk treatment and returned to work. Within just one week after first commencing with the Zam-Buk treatment I might have defied anybody to detect where the burns had been, so splendidly did Zam-Buk heal the injury."

Mr. MacIntosh resides at 48 Humbert St., Toronto.

FREE TRIAL BOX.

Zam-Buk is also a sure cure for eczema, ringworm, salt rheum, skin eruptions, ulcers, piles, abscesses, blood-poisoning, bad leg, varicose veins, face blemishes, cuts, bruises, and all other injuries and diseases. Best balm for babies, because absolutely pure. 50 cents a box, at all druggists and stores, or Zam-Buk Co., Toronto, for price. Send this coupon, 1c stamp, and name of this paper and we will send you free trial box.

Zam-Buk

Florida Grape Fruit
Sunkist Oranges
2 dozen for 25c.
15, 20, 30 and 40 cents per dozen.
12 Wrappers and 12 cents gets Rogers' Sunkist Orange Spoon at
166 Princess St. **A. J. REES,** Phone 58

BIBBY'S CAB STAND
DAY OR NIGHT
Phone 201

FOR Health Drink McCarthey's Ale and Porter. It's the best.
Agent, R. J. LAWLER

J. E. Hutcheson
AUCTIONEER and APPRAISER.
A card sent to 317 Albert Street or an order left at H. Waddington's or J. A. Henderson's Stores will receive prompt attention.
Best references given.

KINGSTON BUSINESS COLLEGE
"Highest Education at Lowest Cost"
Twenty-sixth year. Fall Term begins August 30th. Courses in Bookkeeping, Shorthand, Telegraphy, Civil Service and English. Our graduates get the best positions. Within a short time over sixty secured positions with one of the largest railway corporations in Canada. Enter any time. Call or write for information. H. F. Metcalfe, Principal, (Limited).
Kingston, Canada.

THE AMERICAN CAFE
183 Wellington St.
The Up-to-date Restaurant and Eating House. Separate appartments. Well furnished and lighted.
Try our full course dinner, 25c.
THOS GUY Prop

FEATHERS.

NEW SANITARY MATTRESS.
Your old feather bed made into modern and sanitary mattress.
Feathers cleaned by sanitary process.
HIGHEST PRICE PAID FOR FEATHERS.
Dominion Feather Co.,
KING STREET
(Opposite St. George's Church).
Drop a card and our agent will call.

FREE PSYCHINE FOR THE SICK

Let us buy a 50c. bottle from your Druggist and give it to you to try. Here are our reasons:

For nearly a third of a century we have known what Psychine will do. We have known it to cure hundreds of thousands in that time, of some of the most desperate cases of disease known to medical science.

We have received thousands of unsolicited testimonials, which we will gladly let you look over should you desire.

Think of it, a third of a century's experience with one preparation,—a third of a century's intimate knowledge of what extraordinary cures it has made—almost a lifetime!

Do you wonder then with that perfect knowledge of Psychine, that we are anxious to bring it to the notice of everyone in Canada suffering from disease?

Do you wonder that we want those to know who are using wrong methods of cure, who are not getting well, and who we know will be benefited by Psychine.

Do you wonder that we can buy hundreds of thousands of 50-cent bottles of Psychine from the druggists of Canada to give to those who wish to try it?

* * *

Psychine builds vitality.

It strengthens and increases the white corpuscles of the blood—the phagocytes, the policemen or scavengers of the blood.

These white corpuscles of the blood, when strong enough, destroy every disease germ that gets into the body, keeps the body healthy.

If these white corpuscles are not in sufficient numbers or are not sufficiently strong, then these disease germs destroy them and disease holds the body. That's the cause of nearly every disease that afflicts the human race. For years, centuries, in fact, it has been recognized that herbs are the most effective treatment for disease.

It is only within recent times that we have been able to tell just why they were so effective.

Because certain of them increased and strengthened the white corpuscles or phagocytes.

These herbs are employed in compounding Psychine.

We go all over this world to obtain these herbs. Arabia, South America, China and Japan all contribute.

And the result is a preparation that will restore health and build vitality as no other preparation will.

That has proven itself in nearly the third of a century's use as no other preparation has proven itself.

That is a most effective treatment for:

La Grippe	Bronchial Coughs
Bronchitis	Weak Lungs
Hemorrhages	Weak Voice
Sore Throat	Spring Weakness
Anæmia	Early Decline
Female Weakness	Catarrhal Affections
Indigestion	Catarrh of Stomach
Poor Appetite	Night Sweats
Chills and Fevers	Obstinate Coughs
Sleeplessness and	Laryngitis and
Nervous Troubles	Dyspepsia
After-effects of Pleurisy, Pneumonia and La Grippe.	

Now we don't ask you to take our word for the tremendously beneficial effect of Psychine. Fill out the coupon below, mail it to us and we'll give your druggist an order (for which we pay him the regular retail price) for a 50-cent bottle of Psychine to be given you free of cost.

We will undoubtedly buy and distribute in this manner hundreds of thousands of these 50-cent bottles of Psychine.

And we do that to show our entire confidence in this wonderful preparation.

A confidence that has been based on our 30 years' experience with this splendid preparation, with a full knowledge of the hundreds of thousands of cures it has made.

COUPON No. 19
To the Dr. T. A. SLOCUM Ltd.
193-195 Spadina Ave., Toronto

I accept your offer to try a 50c. bottle of Psychine (pronounced Si-keen) at your expense. I have not had a 50c. bottle of Psychine under this plan. Kindly advise my druggist to deliver this bottle to me.

My Name.....
Town.....
Street and Number.....
My Druggist's Name.....
Street and Number.....

This coupon is not good for a 50c. bottle of Psychine if presented to the druggist—it must be sent us—we will then buy the 50c. bottle of Psychine from your druggist and direct him to deliver it to you. This offer may be withdrawn at any time without notice. Send coupon to-day.

PERHAPS NOT YET—
BUT EVENTUALLY

McCORMICK'S JERSEY CREAM SODAS

Will have a permanent place on your daily menu. Quality will win. Serve at breakfast with bowl of hot milk and sugar—lunch with glass of milk and cheese—dinner with soup or in place of bread.