

HELPLESS CRIPPLE FROM RHEUMATISM

Five Boxes Of "Fruit-a-tives" Cured Her

4 HOME PLACE, TORONTO, DEC. 15th, 1909.

"I was a terrible sufferer from Rheumatism for nearly a year, and my right arm was swollen and the pain was fearful. All down the right side, the pain was dreadful, and I could hardly move for the agony. I was treated by two physicians but their medicine did me no good, and I tried numerous other remedies but received no benefit. I was simply a helpless cripple and suffered from Rheumatism all during last winter.

I saw "Fruit-a-tives" advertised in "The Telegram" and decided to try this remedy. After I had taken one box, I was much better and the pain less, and I continued the treatment with good hopes. When I had taken three boxes, I was so well that I could use my arm again and the pain was practically gone. After I had taken five boxes, I was entirely well again—no pain—no suffering—and now I am as WELL as I ever was.

The cure of my case by "Fruit-a-tives" was indeed splendid because all the doctors failed to even relieve me of my sufferings.

For the sake of others who may suffer from this terrible disease, Rheumatism, I give you permission to publish this statement."

Mrs. LIZZIE BAXTER.

"Fruit-a-tives" is the only remedy that actually cures Rheumatism, and sciatica because "Fruit-a-tives" is the only medicine that actually prevents Uric acid being formed in any quantity in the body. If there is no excess of uric acid in the blood, there can be no Rheumatism.

"Fruit-a-tives" keeps the stomach clean—the liver active—the bowels regular—the kidney strong and the skin healthy. These are the organs that rid the body of all waste. When "Fruit-a-tives" so regulates the system that all waste is eliminated, then there can be no waste or "ura" to be changed into uric acid. Thus, there can be no uric acid in the blood, to inflame nerves and cause the pain which we know by the names of Rheumatism, Sciatica, Lumbago, Neuralgia. "Fruit-a-tives" will cure every trace of Rheumatism, Pain In The Back, Swollen Glands and Feet, and other troubles due to the blood being poisoned by uric acid.

If you are subject to Rheumatism, cure yourself now with "Fruit-a-tives" and be free of pain this winter.

50c. a box, 6 for \$2.50, trial size 25c. At all dealers, or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa, Ont.

HAVE STATE PAY ALL PHYSICIANS

Professor Moore, of Liverpool, Proposes to Establish a National Medical Service

To have the State pay all doctors' bills in the United Kingdom is the startling idea of Professor Benjamin Moore, of the Liverpool University. He proposes to substitute a national medical service for the present system "whereby a mob of 32,000 sweated and underpaid British doctors in private practice earn on an average less than \$1,200 a year. An interesting point is that Professor Moore regards the foreshadowed legislation for invalidity insurance and Poor Law reform as a step towards his ideal of a national medical service. He estimates that for an expenditure of less than \$50,000,000 a year for ten years the eradication of consumption, and during an annual saving of \$105,000,000 to the nation, could be guaranteed.

From the point of view of the medical profession, as well as the nation, Professor Moore makes out an attractive case for his scheme. The State would employ the 32,000 doctors at an annual average pay of \$1,500 a year, total cost about \$50,000,000 per year. They would no longer be sweated (as he says they are) by the friendly societies, tonics, etc., and their quarterly cheque from the State would relieve them of the annoyance and waste of time in sending out bills and hunting up debts, and allow them more leisure to keep in touch with the rapid progress of medical science. From the public point of view, he suggests that the gain would be immense.



Yokel: "Gonna be gone across yonder, mister." Boxing-Day Sportsman: "Oh, hang the bounds. Where's the hotel?" Punch.

SENSATIONAL RUNS OF LUCK

One of the Latest "Wins" at Monte Carlo is Darnbrough, who Made \$320,000

Now and again one hears authentic instances of large sums having been won at the gaming-tables at Monte Carlo. One of the most fortunate players at Monte Carlo for a considerable time past has been Mr. W. Darnbrough, whose exploits figured in the newspapers a few days ago.

A Fortune in a Month
According to one of the London dailies he left with \$320,000 in his pockets, as the result of a month's stay and play. But this did not represent all Mr. Darnbrough's winnings.

To go a little into details, on the opening day of his play he staked \$6,000, and won all along the line. Emboldened by this success, he continued playing, winning again and again with marvellous luck.

At one period his credit balance amounted to no less than \$465,000, but from this point Dame Fortune ceased to smile upon him. He steadily lost from \$60,000 to \$80,000 per day, until, recognizing that luck had turned against him, he had sufficient strength of mind to turn his back on the tables and strike for home with the very substantial winnings that still remained.

On another occasion a certain well-known member of the London Stock Exchange was said to have walked off from Monte Carlo with little short of \$200,000. This remarkable performance occasioned no small amount of excitement in the rooms, as such an unusual incident invariably does.

of a "plunge," he went from one table to another, placing the maximum on the same number. Marvellous to relate, at each table this number came up.

The Man Who Broke the Bank
Recognizing that perhaps this might be his lucky day, the fortunate player wended his way to the gaming room, and put the maximum on three of the tables there. To his amazement he found that at each he had selected the right color.

According to one of the head cruppers, this was the worst day that the rooms had had for some time. He gave it as his opinion, too, that what the London stockbroker had felt by his spirited play was little less than the amount above mentioned.

One of the most successful players at the Monte Carlo tables was Wells, who, according to the once popular music-hall song, "broke the bank" there. He was at the zenith of his fame about twenty years ago, when his doings—and winnings—were widely talked about and envied.

In ten days he was said to have made upwards of \$200,000 at the tables after starting with so modest a capital as \$2,000. It must not be forgotten, however, that Wells denied this at his trial, stating that all he made was \$35,000 at three or four consecutive sittings. Even then he claimed to have in the end run out a loser.

The reader can take his choice of the two statements; but amongst frequenters of the rooms at Monte Carlo it is generally considered impossible to amass large winnings without risking large stakes. Even then the chances are a thousand to one in favor of the bank.

Yet there undoubtedly are occasionally wins running into four or five figures.

PREPARING FOR HOME RULE

Early Duty of Cabinet Will Be Appointment of Committee

A London correspondent writes: "One of the Cabinet's earliest duties after their reassembly will be to appoint committees for drafting an Electoral Reform Bill and a Home Rule Bill, and it is recognized that the preparation of the latter Bill will prove by far the more difficult task. The Prime Minister and Lord Morley of Blackburn are the only two members of the Cabinet who fully realize this from personal experience, and they have a lively recollection of all the troubles involved in a succession of Cabinet Councils in the late autumn of 1892 in crystallizing into acceptable clauses the platform pledges that had been given on Gladstone's Home Rule. The plans of Mr. Gladstone embodied in the Bills of 1886 and 1893 are acknowledged now on all hands to be dead; but what is not so generally perceived is that the present Government have never laid any Home Rule plan of their own before the country. It may be believed, indeed, that they have never thoroughly considered one among themselves; and the projected committees of the Cabinet on the subject, therefore, will have to take up the work de novo, and their labors will be far from light.

STRONG MAN'S ACHIEVEMENT

Breathes for Nearly Ten Minutes Though Buried Under Ton of Sand

Nordini, an Austrian Pole with an extraordinary muscular development, has shown that it is possible to live for nine minutes while buried under a ton of sand. Nordini, who lives in London, England, has always lived the simple life, and has never touched alcohol or smoked. He has devoted his life to the study of physical culture until he is a model of well-knit strength. He can relax and tighten his muscles at will. He even claims that by muscular action he can stop his heart from beating for a period of twenty seconds.

Nardini lay down in a wooden chest, wearing a leathern dress and hood. His ears, nose and mouth were stopped with cotton-wool. Then he was covered with dry sand to the depth of over a foot, the amount used weighing over a ton, and so he remained for nine minutes twenty seconds, which were counted off by Dr. Ewart.

When he got up he showed no signs of suffocation, and his pulse and breathing were quite normal. He claims to be able to do this feat by means of his ability to expand his chest in spite of the weight resting upon it; and it is said that he has remained buried in this way for nearly twenty minutes.

Guarded.
London Punch: (having emptied both barrels at a rabbit)—There, Jacob, I'm sure I hit that one!
Jacob:—Well, "e certainly did seem to go faster after you shot at 'im, sur!

Careful Man.
Washington Herald: "Pretty careful, is he?"
"Pretty careful. He left a partly smoked cigar in my office the other day, and a little later sent his clerk around after it."

Sometimes church acquaintance is not expected to extend outside of the vestibule of the church.

GIRL AT THE WHEEL

Fast Ride in Motor Boat to Bring Young Man to the City Hospital

Frederick W. Fues became seriously ill of appendicitis at St. Lawrence Park, Ogdensburg, and the doctors stated that an operation must be performed within a few hours if the life of the young man were to be saved. Miss Ruth Remington volunteered the services of her fast yacht, and she had the boat in readiness at the dock. Miss Remington guided the boat to Ogdensburg, and the run of 33 miles was made in the fast time of one hour and twenty minutes. Mr. Fues was then removed to the city hospital, where Dr. Madill was in readiness, and the operation was performed at once and a life saved.

LOGGERS' NARROW ESCAPE

They Had to Make a Quick Dash From the Flames

One hundred loggers employed in the camp of Hastings Mills on Wales Island, British Columbia, one hundred miles up the coast, last Saturday, had to board a logging train and through blinding smoke and angry flames seek refuge on the beach at Granite Bay, five miles away. A bush fire, fanned by a west wind, travelled five miles in less than an hour and a half, destroying the valuable standing timber. It cleared a pathway a mile wide. The loggers abandoned their camp after loading their supplies and donkey engine on flat cars. The run to the beach was made down grade at a record speed. They had a close call.

Some people give away things that are in their way and an annoyance and then call it charity.

Sinking Spells Every Few Days

"At the time I began taking Dr. Miles' Heart Remedy I was having sinking spells every few days. My hands and feet would get cold; I could scarcely breathe, and could feel myself gradually sinking away until I would be unconscious. Those about me could not tell there was life in me. After these spells I would be very weak and nervous, sleepless and without appetite; had neuralgia in my head and heart. After taking the remedy a short time all this disappeared and in a few weeks all the heart trouble was gone."

MRS. LIZZIE PAINTER
803 1/2 3d Ave. Evansville, Ind.

For twenty years we have been constantly receiving just such letters as these. There is scarcely a locality in the United States where there is not some one who can testify to the merits of this remarkably successful Heart Remedy.

Price \$1.00 at your druggist. He should supply you, if he does not, send price to us, we forward prepaid.

DR. MILES MEDICAL CO., Toronto

Afternoon Teas...
Will be complete with some of GRIMM'S Delicious Ice Cream
Phone 797.

NEWMAN ELECTRIC CO.
ELECTRIC LIGHT FOR CHURCH, STORES AND HOME
OUR SPECIALTY
79 PRINCE ST. KINGSTON, ONT.

What a mistake it is to let a woman think you don't think she is what she wants you to think she is. There are plenty of times when great charity is exercised by withholding for the time being judgment.

Order Some! Labatt's

When you are jaded—your appetite poor—your whole system weary—just try a glass of Labatt's

Ale and Stout

Pleases the palate, refreshes the body, agrees with the weakest stomach. A truly wholesome beverage that really nourishes. For a milder drink try Labatt's

London Lager

Equal to the finest German brews. Has the true smack of choice hops. Very light, palatable, satisfying. Look for the lavender label.

Comet Beer

(LAGER STYLE)
A temperance brew—tastes and looks like choice lager, but has less than 2 1/2% of proof spirit. Quenches thirst; refreshes; gives appetite. Order some today.

Premier Beer

(ALE STYLE)
The newest non-intoxicant, mild and delicious, with the real flavor and quality of good ale. Complies with local option requirements and may be openly sold anywhere. Order any Labatt product from your dealer, or direct from JOHN LABATT, LONDON, CANADA

Ask For Labatt's
Agent, James McFarlane, 339-341 King St. E., Kingston

NERVOUS, LIFELESS DEBILITATED MEN

YOUNG MEN AND MIDDLE-AGED MEN, the victims of early indiscretions and later excesses, who are failures in life—who are the cases we can restore to manhood and revive the spark of energy and vitality. Don't give up in despair because you have treated with other doctors, used electric belts and tried various drug store nostrums.

Our New Method Treatment has snatched hundreds from the brink of despair, has restored happiness to hundreds of homes and has made successful men of those who were down and out. We prescribe specific remedies for each individual case according to the symptoms and complications—we have no patent medicines. This is one of the secrets of our wonderful success as our treatment cannot fail, for we prescribe remedies adapted to each individual case. Only curable cases accepted. We have done business throughout Canada for over 20 years.

CURABLE CASES GUARANTEED OR NO PAY

READER: Are you a victim? Have you lost hope? Are you intending to marry, but feel from disease? Have you any weakness? Our New Method Treatment will cure you. What it has done for others it will do for you. Consultation Free. No matter who has treated you, write for an honest opinion. Free of Charge. Book, Free—(By mail, \$1.00). (Illustrated) (Illustrated) on Diseases of Men.

NO NAMES USED WITHOUT WRITTEN CONSENT. No names on boxes or envelopes. Everything Confidential. Question List and Cost of Treatment FREE FOR HOME TREATMENT.

DRS. KENNEDY & KENNEDY

Cor. Michigan Ave. and Griswold St., Detroit, Mich.

NOTICE All letters from Canada must be addressed to our Canadian Correspondence Department in Windsor, Ont. If you desire to see us personally call at our Medical Institute in Detroit as we see and treat no patients in our Windsor office which are for Correspondence and Laboratory for Canadian business only. Address all letters as follows: DRs. KENNEDY & KENNEDY, Windsor, Ont. Write for our private address.

Taste Real Vanilla Once

Just flavor a pudding with Shirriff's—and you will have no more use for extracts that are "vanilla" in name only. You get the rich, full, fragrant savor of the real vanilla bean of Mexico in

Shirriff's True Vanilla

It goes so much further! It lasts so much longer! It flavors dainties so much more temptingly! And the difference in cookery results is simply wondrous! Shirriff's is aged long enough to get ALL the bouquet of the vanilla bean into this matchless extract.

Caution: A smaller quantity required than of any other extract.

Other delicious Shirriff flavorings are Lemon, Almond, Ratatia, Rose, Pineapple, Strawberry and ninety more.

Ask the Groceryman

The Mexican vanilla bean gatherer.

Has the strength, the flavor, the quality— for baking good things!

PURITY FLOUR

"More bread and better bread"

WESTERN CANADA FLOUR MILLS COMPANY
PURITY FLOUR
MANITOWA HARD WHEAT

Salmon, 20c. lb.; salt codfish, 7c. to 15c. lb.; halibut, 12c. to 20c.; fresh haddock, 10c. lb.; haddock, 12c. lb.; cod herrings, 20c. box; mackerel, 15c. a lb.; lake herring, 6c. lb.; sea bass, 12c. lb.; pickers, 15c. lb.

J. A. McFarlane, Kingston Distrib.