

SLEEPLESSNESS.

Do you know what it is to be awake nights, fidgety, restless, tossing about, counting the blankets, or sheep jumping over a fence, all in a vain endeavor to love yourself in slumber, and get the rest which you so much need.

No one, unless they have been troubled with insomnia, can begin to realize its horrors and how wearing it is. In nine cases out of ten it is simply a case of overworked nerves or derangement of the digestive system.

Thousands of such cases are being cured by Vinol. As proof we quote from a letter recently received from Marion, Ind.

"I could not sleep nights, was run-down, nervous, had no appetite and was all discouraged. Vinol made me well after all other remedies had failed. I sleep splendidly, and have gained in strength." Mrs. E. Healden.

(We guarantee this testimonial to be genuine.)

We ask every person who suffers from sleeplessness or who is nervous or run-down to try a bottle of Vinol with the understanding that their money will be returned if it does not help them. Vinol contains no drugs or oil, and agrees with everyone. G. W. Mahood, Druggist, Kingston.

PUBLIC NOTICE IS HEREBY GIVEN that under the first part of Chapter 78 of the Revised Statutes of Canada, 1906, known as "The Companies Act," letters patent have been issued under the Seal of the Secretary of State of Canada, bearing date the 28th day of December, 1910, incorporating George Hayden, Accountant, Henry Egerton Richardson, Banker, William Aubin, and Thomas M. Whittington, all of the City of Kingston, in the Province of Ontario; and William Morris, of the County of Wolfe Island, in the County of Frontenac and Province of Ontario, Farmer, for the following purposes, viz: To carry on the business of forwarding mails, express goods, passengers and freight between the City of Kingston, in the Province of Ontario, in the Dominion of Canada, and the Town of Cape Vincent, and intermediate places and between the said Town of Cape Vincent and the said City of Kingston. The operations of the company to be carried on throughout the Dominion of Canada and elsewhere by the name of "Kingston and Cape Vincent Stage Company Limited," divided into capital stock of three thousand dollars, divided into 150 shares of twenty dollars each, and the business of the company of the said company to be at the City of Kingston, in the Province of Ontario.

Dated at the office of the Secretary of State of Canada this 29th day of December, 1910.

THOMAS MULVEY, Under Secretary of State.

A WOMAN'S GRATITUDE.

A Mountain Woman Writes in Praise of Newbro's Herpicide.

"For several years I have been troubled with dandruff, causing me much annoyance, and my hair became very thin. I have used Newbro's Herpicide for a month and the dandruff has entirely disappeared and my hair is becoming much heavier than formerly. New hair is growing, and I am very thankful to you for the benefit I have received from Newbro's Herpicide. Very truly yours, 'MRS. C. B. FOSTER, No. 955 Utah Ave., Butte, Mont.' Sold by leading druggists. Send 10c in stamps for sample to The Herpicide Co., Detroit, Mich. One dollar bottles guaranteed. J. B. McLeod, special agent, Kingston, Ont."

SYNOPSIS OF CANADIAN NORTH-WEST LAND REGULATIONS.

ANY PERSON WHO IS THE SOLE head of a family, or any male over 18 years of age, may obtain a quarter section of available Dominion land in Manitoba, Saskatchewan or Alberta. The applicant must appear in person at the Dominion Lands Agency or Sub-Agency for the district. Entry by proxy may be made at certain places, on certain conditions, by father, mother, son, daughter, brother or sister of intending homestead.

Duties—Six months' residence upon cultivation of the land in each of three years. Duties—Six months' residence upon cultivation of the land in each of three years. Duties—Six months' residence upon cultivation of the land in each of three years.

W. W. CORY, Deputy of the Minister of the Interior.

WEDDING RINGS.

WHEN YOU SEE A WEDDING RING STAMPED 18K R. & W. YOU HAVE THE ASSURANCE THAT THE QUALITY AND STYLE IS THE VERY BEST.

Rodger & Wright, Jewellers.

Formerly Spangenberg's, 847 KING ST. KINGSTON, Marriage License.

R. W. Douglas, of Toronto, has accepted the appointment of librarian recently tendered him by the board of the Carnegie library, at Vancouver, B.C.

THE SPORT REVIEW

CITY HOCKEY LEAGUE GAMES THIS EVENING.

Regiopolis and Y.I.C.B.A. are to Clash in Senior Series, and Barfield and Irishmen in the Junior.

Two city hockey league games are to be played at the Palace rink this evening. The first game will start at 7.30 between Barfield and Young Irishmen in the junior series. The teams will line up:

Barfield—Goal, Ross; point, Morrison; cover, Stanton; rover, Campbell; centre, Murray; wings, Eford and Tidale.

Irishmen—Goal, Dunn; point, McCarty; cover, Purcell; rover, Duncan; centre, R. Millan; wings, Campbell and Garrigan.

The second game is in the senior series, and is expected to be one of the fastest played this season in the city hockey league. The teams will be:

Regiopolis—Goal, O'Mara; point, Casterson; cover, Yellowley; rover, Little; centre, Walsh; wings, Moran and Ryan.

Y.I.C.B.A.—Goal, Marchand; point, Coyne; cover, Dunphy; rover, Dunphy; centre, Hunt; wings, Boyer and Millan.

No Date Fixed.

No date has been fixed for the return game between the Deseronto hockey club and the Dipper hockey club. It looks very doubtful whether the Dippers will be able to overcome the boys from the Indian Reservation town at their return game here on account of the fact that at the game to Deseronto the Dippers played Frontenac men which they will be unable to do at the return game here owing to the edict which was issued by the Frontenac hockey club. Still the game in Deseronto was played on an open air rink and the game here will be played on the covered, so that may make a difference.

Ice is Again Good.

Owing to the drizzling rain which was falling last evening several practices, scheduled for the open-air rink, had to be called off. This morning the ice was in excellent condition, smooth as glass and very hard.

Portsmouth vs. Wolfe Island.

Hockey fans will have the opportunity next Thursday of seeing what kind of a hockey team Wolfe Island is able to put up when it will face a city team for the first time. Portsmouth and Wolfe Island are scheduled to battle and no doubt this will be an exciting game. Portsmouth has the credit of having a husky team.

Battersea vs. Glenburnie.

As the Glenburnie juniors have no regular game until the 21st Manager R. J. Vair has arranged for a game with the Battersea hockey club next Saturday. The Battersea bunch are a big husky seven and a game between this kind of a team should be a "bummer." Mike Fowler, the sturdy little cover point of last year's Glenburnie team, is out again this season. He and McConville make a good steady defence. The match will be played at Glenburnie.

Junior Frontenac Practice.

The Junior Frontenacs had a practice in the covered rink, last night. Owing to the condition of the weather the ice was very soft, and the boys were not able to show much speed. This kind of practice, however, will make them familiar with soft ice, which they will have to run up against in the final series.

Met "Sudden" Deaths.

Rio Janeiro, Jan. 12.—According to The Journal de Commercio Jean Canido, leader of the recent revolt in the navy, and forty-four other mutineers have met sudden deaths. Canido succumbed to "gangrene" while a prisoner; twenty-six of his associates died from "sunstroke" while engaged in repairing the fortress on Condraz Island, and eighteen others were "suffocated" in their cells in the prison on Villegaignon Island.

Mining Laws to be Modified.

Ottawa, Jan. 11.—A federal codification of the mining laws of Canada has been decided on, the work to be begun at once and to be done by J. M. Clark, K.C., of Toronto. The statute is to be drawn up on the basis that the disposition of mining lands shall be vested in the department of mines. This is the result of the agitation of the Canadian mining institute.

No Trade Arrangement.

Perth, Jan. 12.—Perth board of trade has gone on record as being in favor of the maintenance of the present tariff, and expresses its opinion that any negotiations tending towards reciprocal arrangements with the states on manufactured goods are not conducive to the best interests of the country as a whole.

Operator Died on Duty.

Rosario, Va., Jan. 12.—While sitting at his telegraph instrument in the office of the Roanoke Times early today C. C. Boyd was stricken with neuralgia of the heart and died in a few seconds.

Was Badly Frozen.

Mr. Perrin, Wellington street, in walking from Toronto to Kingston, had his hands and feet badly frozen. He arrived here this afternoon. Dr. Ross is attending him.

Limestone Lodge, No. 91, A.O.U.W.

meets at eight o'clock. "Buy Lydia Pinkham's Compound." Gibson.

Keep a good hold of your gun for solutions.

Amusements.

GRAND OPERA HOUSE

TO-NIGHT

England's Foremost Emotional Actress.

LENA ASHWELL

Assisted by Charles Waldron. Presenting C. M. S. McMillan's Powerful Play.

"JUDITH ZARAINE"

LIEBLER & CO. MANAGERS.

SEATS NOW ON SALE. 25, 50, 75, 81, 81.50.

Griffin's THEATRE

Get the Griffin Habit

Thursday, Friday & Saturday JANUARY 12, 13, 14.

Positively the Last Three Days of "ENOCH"

Know the world over as THE MANFISH

To see his feats, aquatic skill, is to remember him the rest of your life. Instructive as well as amusing and entertaining.

He will teach the youngest how to save themselves from drowning, even although they cannot swim. See him while you have the opportunity, for after this week your opportunity will be gone, and you will regret it.

Clifford & Hall

Comedy Sketch Artists.

ARTHUR LYNN SINGS. "The Song That Finds an Echo in My Heart."

5 REELS MOTION PICTURES. TWO HOURS ENTERTAINMENT. MATINEE DAILY, 2 p.m. All Seats, 5 cents.

Evenings, 7 p.m. Adults, 10c. Children under 15, 5c.

5c. TO-NIGHT 5c. AT

Wonderland

Cowboy and Indian Frontier Celebration

Held at CHEYENNE, WYOMING.

Reviewed and participated in by Colonel Theodore Roosevelt.

Exclusive MOTION PICTURES 3 Big Reels 5

Song by Mr. W. Donaldson.

NOTICE.—We change our Pictures Friday.

5c.—ADMISSION—5c. N. PAPPAS.

Covered Rink

HOCKEY MATCH. SENIOR INTERCOLLEGIATE.

Varsity vs. Queen's FRIDAY, Jan. 13th

Game called at 8 p.m.

General admission—Gent's, 50c; Ladies, 25c. Reserved Seats 50c extra.

Plan open on January 12th at 10 a.m.

Wood, Lumber, Shingles

Honest Measurement. Low Prices.

N. JACKSON, PLACE D'ARMES, Residence, 2502 Bagot Street. Phone No. 1018.

NEW METHODIST COLLEGE.

Fine Theological Institution Opened at Strathcona, Alta.

Strathcona, Alta., Jan. 12.—The fine new theological college, built by Alberta Methodists, in affiliation with the provincial University, has just been opened with fifty resident students. The building is a handsome five-story structure, conforming in its general scheme with the university plans. This is the first denominational college in affiliation with the university, but this year will see a large institution erected by the Presbyterians, and a Roman Catholic college is also assured. The Methodist college cost \$120,000.

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The People's Forum

CONDENSED ADVERTISING RATES

First insertion in a word. Each consecutive insertion thereafter half cost a word. Minimum charge for one insertion, 25c; three insertions, 60c; six, \$1 one month, \$2.

HELP-WANTED.

GIRL FOR GENERAL HOUSEWORK. Apply 191 Brock Street.

YOUNG GIRL TO WORK IN kitchen, about 12 or 13; one who can sleep at home. Apply to 61 Union Street West.

SALESMAN WANTED FOR WINTER for our Choice Nursery Stock and newest varieties seed potatoes; liberal terms. Covers Bros., Galt.

AN INTELLIGENT PERSON MAY earn \$100 monthly corresponding to newspapers. No canvassing. Send for particulars Press Syndicate, 4569 Lockport, N.Y.

WANTS TO SELL ARTICLES MUCH needed in every home, especially by working men; good salary; permanent position. If you are working for small salary behind the counter, write to-day, you can double your wages and be your own boss. Apply, Box "E. R. C.", Whig office.

BUSINESS OPPORTUNITIES.

The Daily British Whig. The Weekly British Whig. Of Kingston, Ont.

Price and circulation considered. There is no better advertising medium in Canada.

WANTED—GENERAL.

ONTARIO AND S.A. VETERAN SCRIP to buy for cash. J. R. McCann, 81 Brock Street.

STATIONARY ENGINEERING—FULL course of instruction by mail, to qualify you for examination. Canadian Correspondence College Limited, Dept. P., Toronto, Canada.

GENTLEMEN TO BRING THEIR Cloth and have it made up into up-to-date suits. Price and workmanship guaranteed to please. Pressing and repairing done in the shortest time. Thomas Galloway, 130 Brock St., next Bibby's Livery.

ANY PERSON HAVING GOOD second-hand Furniture and Stove before disposing drop me a card. I will pay good prices. I have for sale Brass and Iron Beds and all kinds of Furniture in Oak. Happy Thought Bedsteads. Will sell seasonable. J. Thompson, 353 Princess Street.

PERSONALS.

HAIR, MOLES, BIRTHMARKS, warts, etc., removed permanently without scar. Twenty years' experience. Dr. Elmer J. Lake, Eye, Ear, Nose, Throat and Skin Specialist, 255 Bagot Street.

DENTAL.

SPARKS AND SPARKS, DENTISTS, 252 1/2 Princess Street, Kingston. Phone 316.

S. H. SIMPSON, D.D.S., D.D.S. Dentist, 254 Princess Street. Telephone 625.

DR. C. C. NASH, DENTIST, DR. C. B. Welcher, assistant, 185 Prince St. Phone 745.

DR. A. E. KNAPP, DENTIST, 18 MONTREAL STREET, near Princess Street. Phone 611.

Long Point Budget.

Long Point, Jan. 11.—Daniel Slack, of Brockport, N.Y., spent the holidays with his parents here. Misses Helena Singleton and Lena Bryan have returned to Athens high school. Mr. and Misses William Griffin spent Sunday last with Mr. and Mrs. Harry Bevin. John Sykes, who was very sick last week, is much better. Mrs. William Bryan has returned from a visit to her daughter, Mrs. L. Murphy, of Potsdam, N.Y. Sympathy is extended to Mrs. Charles O'Connor in the loss of her sister, Mrs. Catharine Donnelly, whose death occurred Jan. 1st, at her home, near Seely's Bay. She was the widow of the late James Donnelly. To mourn her loss she leaves three sons, Terence, of Rochester, N.Y., Allan and James E., on the homestead, also three sisters, and one brother, Mrs. O'Connor, of this neighborhood, Maria McArdle and Mrs. W. Stevens, of Grand Island, Newaraska, John McArdle, of Ganouano, Her funeral was largely attended and took place to St. Barnaby's church, Brewer's Mills.

School has reopened under the management of James Cobey. Mrs. David Townsend has returned after spending a week at Mallorytown, with her mother, Mrs. James Leader, who is very ill. A number from her attendance at the meetings of the Holiness Movement at Athens on Sunday last. Miss Ellen O'Connor is visiting her sister, Mrs. John McDonald, at Sand Bay. Thomas Slack and James Cobey, spent the week-end at Lansdowne. Mr. and Mrs. John Sykes visited at Morton and Brer Hill. Miss Madeline O'Connor spent a few days at Seely's Bay last week. Mr. and Mrs. George Beid visited Brimley at Outlook last week. Recent visitors to this neighborhood: Miss Anna Moorhead, at John Moorhead's, and Jacob Pry-

LOST.

BOX, CONTAINING LADY'S HAT, addressed to Miss Davidson, off Sydneyham stage, on Friday last. Finder return to Whig office and receive reward.

CATERER.

WE CATER TO PARTIES, BILLS, Weddings, Breakfasts, Banquets, etc.; also Rent Dishes, Table Linens and Silverware. Reid & Hambrooke, corner Union and Division Streets. Phone 442.

UPHOLSTERER.

W. J. GAVINE UPHOLSTERING, Repairing and carpet work, hair matting, renovating. Drop a card or call 216 Bagot Street.

FINANCE AND INSURANCE.

FOR INSURANCE THAT INSURES YOU to Godwin's Insurance Emporium, over Northern Crown Bank, Brock Street, or phone 424.

GENERAL INSURANCE—FIRE, LIFE, Accident and Health Policies issued. First-class companies; standard rates. T. Boon, Agent, 158 Wellington Street.

GEO. A. BATEMAN, CUSTOMS BROKER. Put your invoices in an envelope with a one cent stamp on it and drop in the nearest letter box. We do the rest. All kinds of Fire Insurance placed on short notice. Phone 324. 47 Clarence St., Kingston.

LIVERPOOL LONDON AND GLOBE Fire Insurance Company. Available assets \$11,871,111. In addition to which the policyholders have for security the unlimited liability of all the stockholders. Farm and city property insured at lowest possible rates. Before renewing old or giving new business get rates from Strange & Strange, Agents. Phone 325.

MEDICAL.

J. F. SPARKS, B.A., M.D., PHYSICIAN and Surgeon, 106 Wellington St. Office hours, 10 to 12 a.m., 2 to 4 and 7 to 9 p.m. Phone 356.

CARPENTERS AND BUILDERS.

DROP A CARD TO CHAR. W. KELLAR Carpenter and Builder, 255 Division St. For reasonable prices on all kinds of jobbing. All work done promptly.

DROP A CARD TO JOHN R. MAYELL Carpenter and Joiner, 363 Sydneyham Street. Estimates and quotations given for all kinds of work done promptly and neatly.

ERNEST R. BECKWITH, CONTRACTING Engineer and Architect, Agent for Builders' Specialties, 119 Sydneyham Street and 192 Earl Street. Plans prepared and estimates given for all classes of work.

ARTHUR ELLIS, ARCHITECT, 181 University Avenue. Telephone 1013.

WM. NEWLANDS & SON, ARCHITECTS, etc. Office, 255 Bagot Street. Phone 508.

POWER & SON, ARCHITECTS, Merchants' Bank Building, corner Brock and Wellington Streets. Phone 211.

OSTEOPATHY.

"HEALTH WITHOUT DRUGS"—R. G. Ashcroft, D.O., Edna E. Ashcroft, D.O., Graduates under Dr. Still, the Founder of Osteopathy, 428 Princess Street, corner Division Street. Phone 447. No charge for consultation and literature. Office hours, 10 to 12, 2 to 5, 8 to 9.

MARRIAGE LICENSES.

C. S. KIRKPATRICK, GOVERNMENT Issuer, 42 Clarence Street. Residence, Ont. Telephone 568. Residence, 35 Frontenac Street.

ESTABLISHED 1866.

Next Morning

After a cold, blasty night you will find the fire all right if you burn our Coal. It lasts.

J. SWIFT & CO.

SWIFT & CO. COAL. PHONE 335.

"We Guarantee Every Load."

NOTICE