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For further information, apply to J. P. HANLEY, Agent, Corner Johnston and Ontario Sts.

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Full particulars at K. and P. and C.P.R. Ticket Office, Ontario Street.

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is made from the best cocoa beans, carefully selected, cleaned, roasted, freed from shells and the excess of fat, and then, by a perfect mechanical process, is reduced to a very fine red-brown powder. *It is absolutely pure, healthful, and makes a most delicious drink.* Get the genuine with our trade-mark on the package.

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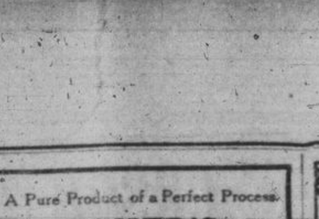

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Who cannot supply the MARVEL accept no other, but send 10 cents for illustrated book—sealed. It gives full particulars and directions invaluable to ladies.

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This Electric Belt is the best electric belt on the market. It is fully guaranteed to cure all organic weakness and to supply vitality.

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Don't Buy a Bicycle That is Too Cheap To be Fitted With Dunlop Tires

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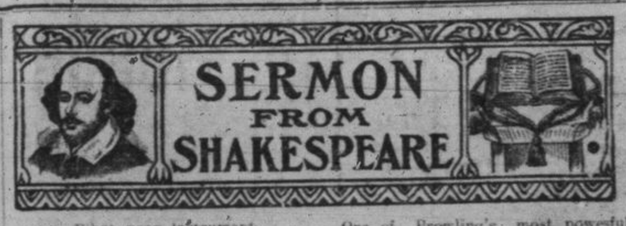


What poor instrument
May do a noble deed.
—Antony and Cleopatra, Act V, Sc. 2.

Cleopatra was Caesar's prisoner. She was about to be led to Rome to grace the conqueror's triumph. Her calamity weighed upon her mind. She had visions of Caesar's triumphal procession. To her attendant Iras she said:

"Mechanic slaves,
With greasy aprons, rules, and hammers, shall
Uplift us to the view."

From such a fate she determines to escape by self-destruction. A "rural fellow," a stupid, half-witted clown, brought her a basket of fruit in which were concealed some asps—poisonous Egyptian reptiles. The deed of the clown was in no way noble. His part in the death of Cleopatra was a mere accident, but to Cleopatra's way of thinking his deed was to be noble in its results. She was in bondage; she, the great queen who had had the homage and love of the greatest emperors and generals, was to be dragged, a detested and despised captive, through the streets of Rome. This clown brought her liberty. From Cleopatra's point of view she was about to do a noble, an heroic deed, in ending her life, and the "rural fellow" was an unconscious instrument in aiding her to defeat Caesar's designs.

"What poor an instrument
May do a noble deed!"

May do a noble deed!" taken entirely apart from its setting is profoundly true. There is nothing that may not be turned to good use. That piece of driftwood in the stream may yet be worked into the structure of some noble building; that despised branch may give support to feeble limbs; that rude, rough block of granite by the wayside may play its part in nobly basing a lordly monument that tells of heroic deeds.

Shakespeare frequently gives instances of the poor, as man judges, consciously and unconsciously doing noble deeds. Poor old mad King Lear was driven forth a wanderer from a stormy moral world into a tempestuous physical world. Insults, indignities, abuses were heaped upon him by his children and courtiers. The court fool followed him in his wanderings, comforted and protected him with odd wisdom and uncouth tenderness. Touchstone, the fool of "As You Like It," was the comforter chosen by Rosalind and Celia in their wanderings in the Forest of Arden. Both the nameless fool of Lear and Touchstone were mere laughing-stocks for idle courtiers but Shakespeare places them in positions which prove that the poorest of instruments may do noble deeds.

One of Browning's most powerful poems is Herve Riel. The hero was a rude, illiterate sailor, a poor coasting pilot pressed into the service. Admirals, captains and lieutenants were in despair at the thought that they must either destroy their magnificent fleet or allow it to fall into the hands of the English. This poor pressed seaman, an object for scorn, curses and blows, put his hand to the wheel and steered the stately warships to safety. The ifo and peasant lad who sat all night long by the dyke, pressing his little hand against the break to keep the trickling water from enlarging the hole and flooding the country, was no doubt a lad seemingly incapable of anything great, but as his deed proved he was an instrument fitted for noble action. The possibilities in material objects and human beings are incalculable. All that is needed is the artist to turn the stick or stone to noble uses, or the opportunity to call forth the hero in the individual.

History gives abundant examples of seemingly poor instruments doing the noblest of deeds. There was a man born of the humblest of parents. Until he reached mature years he was an odd, indolent, grotesque figure. No one who saw Lincoln in the Black Hawk war or Lincoln the rail-splitter or Lincoln the keeper of the general store would ever have supposed him capable of governing a nation in the most critical period of its history, of giving a new impetus to the life of that nation. In Canada a stone mason toiled at his trade. In early manhood, to the ordinary observer, he seemed a mere hewer of limestone and granite, but he was an instrument capable of noble needs. In time Alexander Mackenzie was to become the first citizen of his country, the premier of the dominion. A newsboy became the greatest inventor of his age—Edison. But it is not necessary to multiply examples. No instrument, however humble, should be despised. The bootblack, the newsboy and the stonemason, have in them potential powers which may enable them to do noble deeds.

To the Pharisees and Sadducees in the learned and cultured world of Jerusalem, what poor instruments Jesus and his disciples must have seemed,—Jesus, the son of a carpenter, His immediate followers illiterate fishermen. The history of Christianity proves that the seemingly weakest of vessels are not to be despised.

Despise neither stock nor stone, the poor nor the feeble. The most grossly material object, the weakest and most insignificant human being, may be an instrument that may do a noble deed.

## SUNG IN ALL TUNES

TRACES THE HISTORY OF THE GLORIOUS APPLE.

**Orchardist of Washington Tells How it Has Figured in Human Annals.**

Spokane, Wash., Dec. 17.—Whether the mystical tree of knowledge bore apples or figs or pomegranates is still an open question and one that will probably never be settled satisfactorily to the majority of participants at a schoolhouse debate in the Spokane Valley. Although the three judges were unable to reach a decision, no one questioned the antiquity of the apple tree, whose praises, one speaker said, have been sung by writers of prose and poetry from Biblical times until the present day.

Peter F. Brill, a practical orchardist and student of apple bibliography, spoke at length upon apple culture as a national industry and a commercial asset of the Pacific and North-western states and provinces, saying that it added thousands of dollars annually to the wealth of the country and the nations. He said among other things:

"We have the story of the apple of discord that figured in the annals of ancient Greece, and modern growers in America tell of the apple of prosperity. The Grecian story is that while the guests were seated at the banquet following the nuptials of Peleus and Thetis, Discord, angered because she had not been bidden to the feast, threw a golden apple inscribed 'For the fairest' in the midst of the merry-makers. Juno, Minerva and Venus each claimed it, and Jupiter, probably afraid of Juno and to avoid embarrassing himself, appointed Paris to act as judge. Paris decided in favor of Venus, making Juno and Minerva his lasting enemies, and by their machinations they brought about the Trojan war.

"Another story, also from ancient sources, is that the most difficult of the twelve labors imposed upon Hercules by the decree of Juno was the gathering of the golden apples from the garden of Hesperides, guarded by the sleepless dragon with a hundred heads.

"We are told that Atlanta lost her race because of an apple. She had many suitors, but to all she replied she would wed only the youth who could outstrip her in a foot race. Death was the penalty if he failed. In one of these races Hippomenes was the judge. He thought the youths were foolish to take such odds, but when he saw Atlanta he changed his mind and entered the race himself. Before starting he besought Venus to assist him; and the goddess gave him three golden apples from her garden and instructed him how to use them.

"The signal was given, and as they were running he threw the apples one by one along the path ahead. Atalanta did not stop for the first or the second, but the third was in her path and she stooped to pick it up. That instant cost her the race and won her a husband.

"In Norse mythology there is a story of a beautiful woman of the name of Idun, who represented immortal youth, and who had in her keeping a box of apples, which she guarded with great care. These wonderful apples had the power of restoring to youth and loveliness whoever tasted of them. The Scandinavian gods were not all immortal, and when they felt old age approaching, they went to Idun for some of her magic apples and in this way kept young and beautiful forever. Idun could be generous with her fruit, for no matter how many she gave out, the same number always remained in the box, and as they were an instant cure for wrinkles, weariness and all infirmities of age, they were in great demand.

"Prince Ahmed's enchanted apples, mentioned in 'Arabian Nights,' cured all ailments. Then we have the singing apples of the French fairy tail, the golden apples and the golden bird of the German stories, the apple poisoned on one side, with which the death of Snow-white and Red-rose is attempted, by the wicked stepmother, which are familiar in all nurseries. The story of William Tell shooting the apple from his son's head used to be a classic, but modern iconoclats have torn that idol from its pedestal and tossed it on the top shelf, and were it not for Schiller's wonderful dreams it would pass into oblivion.

"The apple has also taken a prominent part in science. Voltaire is one of the several authorities for the statement that seeing an apple fall from the tree to the ground started a train of thought in the mind of Sir Isaac Newton that resulted in giving to the world the law of gravitation. The tree was shown in the garden at Woolsthorp for many years, before it was cut down in 1820. There are those who endeavor to discredit the story, but in spite of their arguments it gives promise to continue in favor. In the museum at Oxford is a statue of the philosopher represented with the disputed apple at his feet.

"Many rites and ceremonies were associated with the apple tree in the olden days. One of these, the blessing of the tree, was observed in England as late as 1882. Between Christmas and Twelfth Day the farmer and his laborers, preceded by a trumpeter, marched to the orchard and, forming in a circle around a tree, sang and chanted in praise of the fruit. This ceremony was repeated until every tree had been visited, after which the party enjoyed a feast and made merry at the farmer's house.

"The culture of apples in America began at an early date. There was in New England an old man who, in his desire to do something to benefit his fellowmen, collected apple cores and, when the pioneers were beginning to settle the Central Western Territories, crossed the Alleghenies on foot, carrying a bag of apple seed on his shoulder, and all he asked was permission to plant, without charge. 'Johnny Appleseed,' the only name by which he was known, tramped thousands of miles, and he has left behind him a monument which many a rich man might envy. If that glorious old vagrant could know that in 1910 more than 10,000 carloads of commercial apples would be harvested in Montana, Oregon, Idaho and Washington, and that more than 1,500,000 barrels of apples would be exported from the United States and Canada, his heart would sing with gladness.

"Dr. Samuel Bailey, of Mount Ayer, Ia., has discovered that the craving for liquor can be eradicated from the human system by eating apples. He says there is a peculiar combination in the acid of an apple that allays the irritation, or so-called appetite, produced by the use of liquor, adding: 'I am also of the opinion that the keen appetite for tobacco is reduced by the use of apples. As a rule the lover of apples is rarely an habitual user of alcoholic stimulants. I believe that the use of apples as an article of diet will very much decrease and ultimately abate the appetite for intoxicating liquor."

## AFTER GRIP

**Look Out for Trouble.**

The after-effects of the Grip are apt to be serious, but a normal healthy condition may be restored in a surprisingly short time by Vinol.

Watertown, Wis.—"After a severe attack of the Grippe my system was in a very weakened, nervous and run-down condition. I began taking Vinol with the very best results and in a short time I began to feel like an entirely different person and I am better and stronger than I have been for years." A deladie Gamm. (We guarantee this testimonial to be genuine.)

We have never sold in our store such a valuable strength creator and health restorer for the convalescent, the weak and run-down as Vinol, and we ask people in this vicinity to try a bottle of Vinol with the understanding that their money will be returned if it does not do all we claim for it. Geo. W. Malcom.

## CATARAQUI NEWS BUDGET.

**Death of Mrs. John McKim—The School Concert.**

Cataraqui, Dec. 23.—Christ church is being decorated for the Christmas services. The Methodists will hold their annual Christmas tree entertainment in the village hall, on Friday evening. Miss May Ely has arrived home to spend the holidays. Two little ones, Helen Cassidy and Bessie Edwards, who have been very ill, are on the road to recovery. Mrs. Ball and daughter, Lethbridge, Alta., are visiting Mrs. Cassidy at the parsonage. Mr. and Mrs. Wiman Rowe have left for Rochester to visit their son. Mr. and Mrs. E. Caverly have been spending a few days in Jones' Falls. Drs. William Melrose and Frederick Wright have been the guests of their cousin, Mrs. E. Cooke. Rev. J. A. Waddell, Harrowsmith, and Rev. T. C. Cassidy, Cataraqui, exchanged pulpits on December 4th. Mrs. George Bennington has not been very well for a week past. F. Valleau has returned from Ottawa.

A hockey team has been organized in the village, and quite an interest is manifested in it by the lovers of the game. A building has been purchased from J. Boyd, and moved to the rink. This, when heated and lighted, makes a cosy room, much appreciated by skaters. The local team is open for friendly games.

Miss A. Brebner has left for Hull, Que., to be the guest of her uncle, Rev. J. MacFarland. She will sing at a concert there on Thursday evening. Some of the farmers here, viz., Messrs. Gardiner, Kish and Brebner, are having their hay pressed and are taking it to Kingston. The young ladies of the Star Guild are preparing for a concert in Christmas week. Miss Edna Edwards is home from Whitby College.

Word has been received here of the death of Mrs. John McKimm, a former resident. She suffered a stroke of paralysis about a week ago. Mr. and Mrs. O'Shea entertained the choir of the Methodist church last evening. The Women's Missionary Society held a social and sale here on the evening of the 8th. Local talent rendered a good programme and the proceeds were about $26. The many friends of Mrs. James Powley were very sorry to hear of her falling down stairs and injuring herself so severely. For some time she was very ill, but is now improving slowly.

Quite a number attended the school concert given, this afternoon, by the public school pupils here. G. Nicol was chairman and as the scholars were called on to contribute their part, they responded in a most pleasing manner. Both young and old were sorry to say good-bye to the efficient teacher, Miss F. Bennington, who leaves on Tuesday for the west. Miss Fox will be her successor for 1911.

**Less Expensive.**

M. A. P. London.

A North Carolina young man resident in London married an English lady, and shortly after went to visit a bachelor uncle in Scotland. When uncle and nephew were over their walnuts and wine the old gentleman remarked:

"Well, Bobby, ye hae gotten a wife!"

"Yes, uncle."

"What can she do?"

"Do! What do you mean?"

"Oh, can she sew a button on yer sark, or mak' yer parritch, or do any housework?"

"Not at all, uncle. The servants do all that; but I tell you what it is; She has the loveliest voice you ever heard. She's a grand singer."

"Man, could ye no' hae gotten a canary?"

**Meaning of Appointment.**

Montreal Witness.

In view of the pronounced French sectionalism of Archbishop Langevin and of the mission of Mr. Bourassa to Rome with the object, it is believed, of countering there the raid of Bishop Fallon, of London, on the French schools in his diocese, it is interesting to note the appointment by the pope of an English-speaking clergyman, the very Rev. Dr. A. E. Burke, of Toronto, as president of the Catholic Church Extension Society for Canada. The pope, under the advice of Cardinal Martinelli, the protector of the society, seems to hold with Father Vaughan that the Catholic church can be best promoted in English, or else that it needs promotion most in that language.

Your name nicely printed on your purse in gold or on any kind of leather goods at the Whig Office book bindery.

Sometimes a girl gets even with a man for not asking her to marry him by telling her friends she turned him down.


# PROMINENT MEN AND WELL KNOWN WOMEN

## Gladly Testify for "Fruit-a-tives"

One reason why "Fruit-a-tives" is winning a welcome in the hearts and homes of thousands from coast to coast, is because so many of the leading citizens of Canada have spoken so strongly in favor of this wonderful fruit medicine. In every province—in every city—in every hamlet—throughout the three million, seven hundred square miles of the Dominion, there are many who owe their health and some who owe their lives, to the marvellous virtues of "Fruit-a-tives".

NELSON BANISTER, ESQ., (Capt. "A" Squadron, 12th Manitoba Dragoons) of Oak Lake, Manitoba, says—"I was stricken with Sciatica and Neuralgia of the Heart—was in bed for six weeks—I tried "Fruit-a-tives" and it completely cured me. Today, my whole family use "Fruit-a-tives."

PAUL J. JONES, ESQ., retired merchant of Sarnia, Ont., testified "I suffered for 25 years with Constipation, Indigestion and Catarrh of the Stomach. I gave "Fruit-a-tives" a trial and find it the only remedy that does me good and I cannot praise it too highly".

MRS. LIZZIE BAXTER, 5 Home Place, Toronto.—"I was a terrible sufferer from Rheumatism for nearly a year. Two doctors treated me but I became a helpless cripple. I saw "Fruit-a-tives" advertised and decide to take it. After taking five boxes, I was well".

HENRY SPEERS, ESQ., the well known Justice of The Peace of Moorefield, Ont., "I suffered from severe indigestion for almost two years and became almost a skeleton. Two experienced doctors pronounced my case hopeless. My son asked me to try "Fruit-a-tives" and from the outset of taking these wonderful tablets, I was better and "Fruit-a-tives" completely cured me."

N. JOUBERT, ESQ., a well known and highly esteemed citizen of Grande Ligne, P. Q., says "I heartly recommend "Fruit-a-tives" to all who suffer with Constipation."

H. MARCHESSAULT (High Constable of Province of Quebec), St. Hyacinthe, says "Fruit-a-tives" cured me of Chronic Pain in the Back."

EDWIN ORAM, SR., of Sydney Mines, N. S., writes "For many years, I suffered from Indigestion and Dyspepsia—lost 25 pounds—and thought the disease was Cancer. After taking three boxes of "Fruit-a-tives", I was much better and now I can say that "Fruit-a-tives" has entirely cured me."

Be guided by these letters of Canada's well known men and women. Try "Fruit-a-tives" and see for yourself that it will do for you what it has done for thousands of other sufferers.

50c. a box, 6 for $2.50, trial size 25c. At all dealers, or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa, Ont.

50 YEARS EXPERIENCE

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Once make a comparison with other Sugars and you will not be satisfied with any but **Redpath.**

Dainty Tea Tables are always served with PARIS LUMPS to be had in RED SEAL dust proof cartons, and by the pound.

The Canada Sugar Refining Co., Limited

MONTREAL, CANADA.

Established in 1854 by John Redpath

Use it for Dish-washing

GO to your grocer, buy a package of Asepto—it will cost you five cents—take it home and dissolve a single teaspoonful in a pan of dishwater.

That's what you do—then see the result. Note how it cuts the grease—how it leaves your china and glassware bright and shining—how clean and wholesome it leaves your pots—your pans—your cooking utensils.

It does all that—and more. It destroys every trace of the germ life that exists wherever there is sustenance for these microscopic trouble breeders to feed upon—it sterilizes and renders everything antiseptically—surgically, if you will—clean. That's why you should always wash glass, chinaware, cutlery—any article used for eating or drinking with Asepto. It makes contagion impossible.

Perhaps the very quickest way for you to realize how it cleanses is for you to note the way it sweetens your dish-cloths.

Tell your grocer to send you a package of Asepto—all good grocers sell it at five cents.

THE ASEPTO MFG. CO. ST. JOHN, N.B.

ASEPTO SOAP POWDER sweetens the home

5¢