

HER KIDNEYS WERE KILLING HER

"FRUIT-A-TIVES" SAVED MRS. WEBBER'S LIFE

After Three Doctors Had Given Her Up

Clanbrassie, Ont. Two years ago, the doctor made forty-four calls on me and then said he had done all he could for me. I was suffering with intense kidney trouble and severe inflammation had set in. Two other doctors were consulted and agreed that nothing could be done to help me.

On the recommendation of a neighbor, I took "Fruit-a-tives" and they cured me. Today, I take "Fruit-a-tives" as my only medicine. I am in excellent health and "Fruit-a-tives" is the medicine that cured me after I had been at death's door for months.

I am glad to be able to give you this testimonial. It may benefit some other woman suffering as I suffered, as I believe that I would not be alive to-day had I not used "Fruit-a-tives."

Mrs. P. E. WEBBER. "Fruit-a-tives"—the famous fruit medicine—is acknowledged the greatest kidney cure in the world. 50c a box, 6 for \$2.50, trial size, 25c. As dealers or from Fruit-a-tives Limited, Ottawa.

Wah Long's Laundry First-class work guaranteed. Drop me a card and I will call promptly for your laundry. 155 WELLINGTON ST. between Brock and Clarence Sts.

Now is the time to have your Christmas Photos taken. Weather is favorable. We have the swiftest line of mounts in the city. Week & Co. Picture Framing & Specialty.

THOMAS COPLEY, PHONE 987. Drop a card to 19 Pine Street when wanting anything done in the Garment line. Estimates given on all kinds of repairs. Furniture, which we have Hardwood Floors of all kinds. All orders will receive prompt attention. Shop, 10 Queen Street.

J. E. Hutchison AUTOMOBILES AND APPRAISER. A card sent to 117 Albert Street or an order left at B. Waddington's or J. Henderson's Store will receive prompt attention. Best reference given.

Be Good to Yourself

and the world will be good to you. The way is to keep your stomach, liver, kidneys and bowels right. And you'll find great help in BEECHAM'S PILLS

Sold Everywhere. In boxes 25c. FOR THE XMAS TRADE We are going to wind up this year's business with a rush by offering

A Special Xmas Discount On every article in our stock. We were very fortunate this fall in securing a fine lot of Antique Furniture, which we are offering for the holidays at very low prices.

Call and see our big lot of Stoves and Stove fittings, Ranges and Heaters of all sorts and sizes very cheap. Household Goods and Bric-a-brac of all kinds bought and sold.

L. LESSES, Cor Princess and Chatham Sts., Kingston.

PLEASING TO THE EYE, THE FOOT AND THE POCKET-BOOK!



One of the latest models from the factory of UTZ & DUNN, at Rochester, N.Y.

A Shoe for Style, Wear and Perfect Fit. Prices—\$3.50, \$3.75, \$4.00 and \$4.50.

The Sawyer Shoe Store Sole Agent.

HAS SOUL WEIGHT?

STUDENT OF PSYCHIC PHENOMENA ARGUES QUESTION.

He Quotes Authorities to Show That Genuine Tests Have Been Made—Body Loses Weight When Death Occurs. Kingston, Nov. 28.—(To the Editor): I noticed a paragraph in the "Lampman" recently on the question, "Has the Soul Weight?" Some one asked him his opinion, and he answered in the negative. Were you really asked such a question, Mr. Lampman, or did you propound it yourself so as to get a whack at some of our "small-souled citizens," or to try to draw some one out on the subject? If some one asked the question it shows that there is some interest taken in psychological subjects, even in old Kingston; and with your permission, Mr. Editor, I would like to "butt in" and have my say.

Two or three years ago some doctors, in Massachusetts, had patients, whom they knew were about to die, placed on nicely balanced scales, and they noticed that immediately the patient ceased to live the scales showed a loss of weight of a fraction of an ounce. This experiment was repeated several times with practically the same results. It is needless to say, that your statement about loss of weight after the lapse of some hours is not to be compared with these tests.

The doctor making the tests came to the conclusion that there were no physical or physiological reasons for these very sudden changes in weight, and going on the belief, I presume, that the soul leaves the body when a person dies, this must be the cause of the difference in weight. You say it is "absurd" to suppose that the soul has weight. If by soul is meant the spirit or life principle in man, then it would seem absurd to suppose it had weight. But let us look at this question a little bit critically, and in the light of modern psychological research.

The ordinary man thinks of himself as consisting of a body certainly, and possibly a soul, though he usually speaks of himself as possessing a soul and being responsible for saving it. Now, if the soul is the spirit or ego, then we should say that he is entirely wrong in supposing that he has a soul, but he would be quite right if he said that he was a soul. The ordinary statement is a comical inversion of the fact; for the truth is that man is a soul and has a body which is simply one of the vestments he puts on. I am aware of the theory that nothing exists but matter, and that all being responsible for saving it. Now, if the soul is the spirit or ego, then we should say that he is entirely wrong in supposing that he has a soul, but he would be quite right if he said that he was a soul.

There are hundreds of cases on record in which a man has gone away from his physical body in trance, or under the influence of anaesthetics, or even in ordinary sleep and it is found that under such circumstances, when he is far away from his physical body, his mind is still active and his brain, with its electrical matter and its chemical action he can still think and observe and remember just as when he has his physical vehicle in use. It is therefore very evident that man is not the physical body since he can exist apart from it. (Read the proceedings of the Society Psychical Research.) The ordinary materialistic theory does not explain these occurrences at all, and because it cannot explain them, it usually denies them, and declares that they do not happen, which is distinguished, for very little examination proves conclusively that they happen constantly.

Since man can exist apart from the physical body it does not follow that he exists without any body or that the physical is the only one he has. Man has not only one body, but several. St. Paul speaks of two of them in I. Cor. XV.—A natural body and a spiritual body. Now what does he mean by that? I am afraid, many teach no particular meaning to them. They read, for example, of a soul and a spirit in St. Paul's writings, and because we in these days are so ignorant of psychology as to confuse these terms, they imagine that St. Paul was equally ignorant and was employing them as synonyms. He uses two entirely distinct Greek words, pneuma, spirit, and psyche, soul.

So when St. Paul speaks of a natural body and a spiritual body, he means two entirely different things. Most people would probably admit that, but they think vaguely that this spiritual body is something of which we know nothing—some vehicle assumed by man after his death. Truly man has another body besides the physical, but he has it now and all the time. Every one of us possesses a spiritual body as well as a natural body; or, to put it more accurately, each man is a spirit encased in a soul and being this individualized, he possesses various vehicles the natural, or physical body, and two others, which St. Paul puts together under the name of a spiritual body. Students of psychology now separate them and call them respectively, the astral body and the mental body. These bodies are composed of etherialized matter of different rates of vibration. The theory of man and his origin is that he is essentially a spirit, a spark of the Divine. That spark when it is marked off from the great ocean of the Godhead, when it is individualized, we call it a soul. The soul then is the spirit together with its various bodies. After so-called death, the physical is left behind, and the question is, have the remaining ones which it still possesses any weight? The matter, of course, of which these bodies are composed is very fine, but still we can conceive of it having some weight. Although we would not like to say it was a fraction of an ounce averted, the natural body of some men would be coarser than that of others, and would weigh more than others. The more refined, or the better the soul the lighter it would be, which is analogous to many other facts in nature. The question of the weight of the soul is not so important as the question of its existence after death.

Sir Oliver Lodge says: "The death

MAKES STOMACH FEEL FINE.

Indigestion, Gas, Heartburn and Dyspepsia Leave in Five Minutes.

There would not be a case of indigestion here if readers who are subject to stomach trouble knew the tremendous anti-ferment and digestive virtues contained in Diapiesin. This harmless preparation will digest a heavy meal without the slightest gas or discomfort, and relieve the sour, acid stomach in five minutes, besides overcoming all foul, nauseous odors from the breath.

Ask your pharmacist to show you the formula, plainly printed on each 50-cent case of Diapiesin, then you will readily understand why this promptly cures indigestion and removes such symptoms as Heartburn, a feeling like a lump of lead in the stomach, Belching of Gas and Eructations of undigested food, water brash, Nausea, Headache, Bloatingness and many other bad symptoms; and, besides, you will not need laxatives to keep your stomach, liver and intestines clean and fresh.

If your Stomach is sour and full of gas, or your food doesn't digest, your meals don't seem to fit, why not get a fifty-cent case from your druggist and make life worth living? Absolute relief from Stomach misery and perfect digestion of anything you eat is sure to follow five minutes after, and, besides, one case will cure a whole family of such trouble. Surely a harmless, inexpensive preparation like Diapiesin, which will, always, either at daytime or during night, relieve your stomach misery and digest your meals, is about as handy and valuable a thing as you could have in the house.

of the body does not convey any assurance of the soul's death. Every physical analogy is against such a superficial notion in nature. We never see things beginning or coming to an end, change in what we see, not origin or termination. "Death is a change, indeed, but it is not annihilation." And speaking of pre-existence he says: "Persons living now might not have been individuals before, but they were chips or fragments of a great master mind of spirit and light. He did not mean to say only that they were parts of the deity, he meant something more detailed than that. This is not an obvious truth and one easily formulated, but a truth, difficult of expression. That great man Tolstoloff, who has just made the change called death, was said not to have believed in the survival of the soul after death, but note these significant words of his reported by a correspondent during one of his late illnesses. He said: "One is so weak when ill, you feel detached from all bodily things, you see the only life of the spirit soul. There is nothing terrible about death. It is an abyss, they say. The comparison is false. When ill, you seem to be ascending an easy hill-slope, which at certain points, is a great matter of spirit and light. On the other side of the curtain there is more life, but behind you death." Thanks to spiritualistic phenomena, psychic subjects are being studied as never before by the Christian world, and we will know more of these things by and by. To quote Lodge again: "We are still barely emerging from the ruthless of savage competition. The earth was still full of darkness and cruel habits, but it was our fault and not the fault of nature. Civilized people should be above mere animal distress. Humanity was good enough if it obtained a chance. There was hope in the air, and the time would come when they would realize that Christ was walking not on the waters of Gennesaret, but on the Thames." And I would add, Lord George is doing something to bring that time about.

A STUDENT OF PSYCHIC PHENOMENA.

It is expected that the dominion immigration returns, this year, will total 325,000, the influx continuing at a most gratifying rate. Toronto is the trend over the spring months chiefly. Trimmings and chimneys for every kind and make of lamps, at Robertson Bros'. Christmas presents stare a man in the face weeks ahead just as bad as a note that's coming due.

More Deadly Than The Plague

The common cold is held responsible for a multitude of human ills. Colds kill more people than plagues. When not avoided they can often be hurried from the system by keeping the filtering and excretory organs active.

Many write us that nothing helps them so quickly get rid of a cold as Dr. Chase's Kidney and Liver Pills. This is because these pills act directly on the liver, kidneys and bowels, and promptly arouse their activity. The poisonous matter which collects with every cold is quickly removed from the system before it has time to cause trouble or give rise to other derangements. If misfortune in the form of a cold should overtake you do not give it a chance to attack the lungs or to settle on the kidneys. Get rid of it quickly by using Dr. Chase's Kidney and Liver Pills.

Mr. J. H. Gishard, Mission City, B. C., writes:—"We have used Dr. Chase's Kidney and Liver Pills for the last year, and think they are just the thing as a family medicine. My wife had been sick for nearly two years with torpid liver and kidney complaint. Sometimes she was so bad she had to go to bed for two or three weeks at a time, and she suffered dreadfully.

"Reading of Dr. Chase's Kidney and Liver Pills, she decided to use them, and has been improving ever since. She is never sick a day now, so we believe in the cure permanently. I have been greatly benefited myself by this treatment for kidney trouble."

Dr. A. W. Chase's Kidney and Liver Pills, one pill a dose, 25c a box, at all dealers, or Edmanson, Bates & Co., Toronto. To protect you against imitations the portrait and signature of A. W. Chase, M.D., the famous Receipt Book author, are on every box.

POOR OLD FATHER

NOBODY EVER PRAISES HIM FOR HIS FIDELITY.

Mothers Have Plenty of Hymns extolling Them, Says Pastor, Who Gives Prize for One for Men. Chicago, Nov. 29.—When Rev. W. E. Barton, of the First Congregational church, last week, offered a prize for the words of a hymn that would extol the virtues of "father," he voiced his ideas thus: "Our religious hymnals are filled with songs to mothers, and there are a few military hymns, such as 'Onward Christian Soldiers,' and a few for those 'In Peril on the Sea,' but none for the fathers who have a living; to earn and a family to support.

"It is the father—the 'old-man' you might say—who are doing their duty faithfully and making a living for the family. "To my mind, the beauties of fatherhood are second only to those of motherhood. A man resists twice as much temptation as a woman, and when he is a Christian he is one all through. "I want this song of fatherhood to be full of dramatic vigor and Christian sentiment. The music must not be too lady-like, either, but must be full of vigor and fire."

His call for such a hymn of praise has been quickly answered. Sunday to the music of the Lucia Sertette, his congregation sang the following stanza: We have thanked Thee for our mothers, And we thank Thee still again; Now for fathers and for brothers— Lord, we thank Thee for good men.

For our fathers who begot us, And who path of patience trod, And whose righteous manhood taught us Of the fatherhood of God. Bless our brothers and our neighbors In their tasks of hand and brain; Strengthen them for their labors, Help them bear the load and strain.

Bless the men who face the dangers Of the battle and the sea; Guide the men who roam as strangers, Making paths where roads shall be. Save the manhood of our nation; Guide us with Thy staff and rod; Make each coming generation Know the fatherhood of God.

For our sisters and our mothers As we've prayed, and pray again; Not for fathers and for brothers, Father, hear our prayer for men.

Shop Early. "For several years an effort has been made to lessen the extra pressure of work which during the holiday season falls on the salespeople in shops," says Margaret E. Sangster, in the Woman's Home Companion for December, "on those who deliver goods, on the post office employees and in the express offices the country through. Never have I seen a young woman so tired, haggard and dragged out as are those who serve the public in the weeks preceding Christmas. The hours at that time are much longer than usual, and the endeavor is to meet the demands of anxious and hurried customers who do not know what they want, and are bewildered amid the variety of tempting articles displayed.

"Physically and mentally, the clerks, messengers, cashiers and every one concerned in mercantile pursuits in the holiday shopping season are worn to shreds. Much of their fatigue might be prevented were buyers considerate, and if the caution come too late for this year, will not those who need it make a note for another season? Books and packages sent by mail and gifts transmitted by express as well as the vast bulk of Christmas correspondence should stretch over December instead of being congested in the two or three days before Christmas."

Toronto Street Market. Toronto, Nov. 29.—Wheat, white, per bush, 85c to 87c; wheat, red, per bush, 85c to 87c; wheat, golden, per bush, 85c to 87c; oats, per bush, 35c to 36c; barley, per bush, 60c to 62c; rye, per bush, 67c to 69c; buckwheat, per bush, 45c to 47c; clover, per ton, \$11 to \$12; straw, per ton, \$7 to \$8; Alaska clover—Fancy, per bush, \$7 to \$8; No. 1, per bush, \$6.50 to \$7; red clover, No. 1, per bush, \$7 to \$7.25; red clover, No. 2, per bush, \$6 to \$6.25; red clover, No. 3, per bush, \$5 to \$5.50; dressed hogs, \$9.50 to \$9.75; butter, dairy, per lb., 25c to 30c; butter, inferior, per lb., 21c to 23c; eggs, new-laid, per dozen, 50c to 55c; ducks, spring, per lb., 14c to 16c; chickens, per lb., 13c to 14c; turkeys, per lb., 15c to 21c; geese, per lb., 15c to 14c; fish, per lb., 11c to 12c; apples, per bush, \$2.50 to \$3.00; cabbage, per dozen, 25c to 40c; cauliflower, per dozen, 75c to \$1; onions, per bag \$1 to \$1.20; potatoes, per bag, 80c to 90c; beef, hindquarter, \$9.50 to \$10.50; beef, forequarter, \$6.50 to \$8; beef, choice, carcass, \$8.50 to \$9.25; beef, medium, carcass, \$7.50 to \$8.25; mutton, prime, per cwt., \$8 to \$10; lamb, prime, per cwt., \$9.50 to \$11.50.

Shortage in Teachers. Perth, Nov. 30.—Lanark and Carleton are petitioning the legislature to amend the educational act, in order to provide a greater supply of rural school teachers. The main features are that only three grades of certificates be granted, first, second and third grades. The third class limit would be abolished, and in its place a third class valid for three years, but not renewable.

Conserving the Waters. Perth, Nov. 30.—The work of constructing dams for the purpose of conserving the waters of the Mississippi river at Gull and Long Lakes is nearly completed. Everything will be in readiness for the spring freshets and the gates will be kept closed until the water will be needed in the dry season for manufacturers in Carleton Place. Almonro, who authorized the dams to be built.

Scepticism is the weapon of the pessimist.

THE SPORT REVIEW.

Notes on Football and Other Field Events.

The Hamilton authorities exonerate the Varsity students from blame for damage done on Saturday. Ottawa Cliffides have all of last season's players and are after the Allan cup held by St. Michael's College. Hackenschmidt won from Dr. Roller in two straight falls at Montreal. The "Russian Lion" is now at the top of his form.

The National Hockey Association arranges have the upper hand of the numerous players who want the salary limit abolished. Toronto baseball team will train in the south again next spring, but the scene of the camp has not been decided on. It will probably be Charlottesville, Va., again. The senior rugby championship of the dominion will be contested, in 1911, on the grounds of the winners of the Interprovincial and Intercollegiate Unions.

John J. McGrath, of New York, has gathered a team of American and National Baseball League celebrities, including Mathewson, Gilbert, Zimmerman, Doyle, and others, for an indoor baseball tour during the winter. Toronto Globe: University of Toronto won eight games this season without losing one. Their line was not crossed in either semi-final or final against the champion teams of other unions, and they scored thirty-eight points in the Canadian championship games to ten scored against them. That ought to be an argument in support of the contention that Intercollegiate football is "it."

Toronto News: By his appointment of James F. Sutherland, of Kingston, to the executive of the Ontario Hockey Association, President Louis Blake Duff has paid a very worthy tribute to one of the most enthusiastic amateur sportsmen in the east. Although Mr. Sutherland has been identified with hockey since before the O.H.A. came into existence, he has never sought office of any kind in the big association. In his career he has managed and coached many championship hockey teams in the old Limestone city, and has been noted for his fair-minded attitude on all occasions. Last

surely pure

Century Salt comes fresh from the finest Sarnia wells—is made by improved Vacuum Process—ensuring perfect purity—not sometimes only—but always! Remember that DOMINION SALT CO., LIMITED, Montreal & Shipshaw, Sarnia, Ont.

WOMEN WITH NO CONSCIENCE.

Those Sympathetic Souls Who Reveal All Your Secrets. "Some women seem to be absolutely without conscience in the matter of betraying confidence," said the social observer. "Usually they are of the sweetly sympathetic kind who urge you to lighten your burden by sharing it with them, assuring you that the 'secret will go no further.' Sometimes they will because, having made so many promises of this kind they cannot remember them all, and again they do so merely because the possession of exclusive information makes them more important; at any rate, they usually tell, and in this way rumors of engagements, domestic difficulties, business troubles and many other vital events get around, and sometimes, in fact, frequently, cause disaster. It is natural that a person more or less lonely in a moment of joy or of grief should feel the need of human sympathy, but it is equally natural that the news should go further. The prattling dames in sending the secret along the line always exact a promise not to tell from the person they tell. Also they divulge the fact that they are breaking the promise they made themselves, but even this reference to the promise does not seem to impress them with the enormity of their act."

Imperial Brand underwear is made in Kingston, by Kingston citizens, who distribute \$70,000 in wages through our city.

WED' all rather be right than president till we get the chance.

UNITED TYPEWRITER Co. J. R. C. DOBBS, KINGSTON.



Imperial Brand Men's Underwear

PURE WOOL ASK YOUR DEALER FOR IT.

Comfort, Durability, Correct Size, Latest Styles Patent Felled Seams which will not tear. Every Garment Guaranteed.

MADE ONLY BY Kingston Hosiery Co., Ltd., Kingston, Ont.

If your dealer cannot supply you write us.

Could we afford to buy and give away hundreds of thousands of 50-cent bottles of Psychine (pronounced Si-keen) if we did not know from a third of a century's experience that it was the greatest vitality-builder of the age?

You know what it would mean to us were Psychine a preparation without a definite, beneficial action. After the first bottle which we would buy, no more would be purchased. And we would go out of business. But we're not going out of business, and our confidence that we're not is based upon our third of a century's experience with Psychine.

Ten years after Confederation we commenced compounding Psychine. Since that time, we have sold many millions of bottles. We have cured many hundreds of thousands of virulent and oftentimes fatal cases of disease. We have in our files many hundreds of thousands of unsolicited testimonials. And we have grown from a small beginning to be one of the largest proprietary manufacturers in this country.

Here then is proof that we have in Psychine a preparation with abundant and deconstrated effectiveness, more so than any other preparation we, or any one else, ever heard of. Here then is the reason of our unshakable confidence in Psychine, that it is in fact the greatest preparation of its kind in the world. Here then is why we have inaugurated a policy of actually buying hundreds of thousands of bottles of Psychine to give to those who should use. To those who are blindly groping in the dark for relief from their misery, who may perhaps be using wrong methods to recover their health and their strength.

These white corpuscles eat any germ of disease that gains an entrance to the body, when they're in large enough numbers and sufficiently strong. When they're not sufficiently strong, the disease germs devour them and disease holds the body. For centuries almost, herbs, nature's own remedies, have been the most efficient foe to disease. We have not known very definitely just how. But now science tells us that certain of these herbs increase the number of the white corpuscles and their strength. These certain herbs are incorporated in Psychine. We go to the ends of the earth for these herbs—to Arabia, to South America, to China, and to Japan. They are compounded in the most costly chemical appliances in this country. And, the result is Psychine—for a third of a century the most effective vitality-builder the world has known.

The one preparation that has cured many thousands of the following diseases: La Grippe, Bronchitis, Croup, Whooping Cough, Hoarseness, Weak Voice, Sore Throat, Spring Weakness, Anemia, Female Weakness, Catarrhal Affections, Catarrh of Stomach, Indigestion, Night Sweats, Chills and Fevers, Obstinate Coughs, Sleeplessness and Nervous Troubles, Dyspepsia, After-effects of Fluency, Pneumonia and La Grippe.

Now we don't ask you to take our word for the tremendously beneficial effect of Psychine. Fill out the coupon below, mail it to us and we'll give your druggist an order (for which we pay him the regular retail price) for a 50-cent bottle of Psychine to be given you free of cost. We will undoubtedly buy and distribute in this manner hundreds of thousands of these 50-cent bottles of Psychine. And we do that to show our entire confidence in this wonderful preparation. A confidence that has been based on our 30 years' experience with this splendid preparation, with a full knowledge of the hundreds of thousands of cures it has made.

Coupon No. 134 To the Dr. T. A. SLOCUM, Ltd. 193-195 Spadina Ave., Toronto. I accept your offer to try a 50c. bottle of Psychine (pronounced Si-keen) at your expense. I have not had a 50c. bottle of Psychine under this plan. Kindly advise my druggist to deliver this bottle to me. My Name..... My Address..... My Druggist's Name..... Street and Number..... This coupon is not good for a 50c. bottle of Psychine if presented to the druggist—it must be sent us—we will then pay the 50c. bottle of Psychine from your druggist and direct him to deliver it to you. This offer may be withdrawn at any time without notice. Send coupon to-day.