STAMINA IN MEN

AND HOW TO POSSESS IT.

(From "Man's Maladies.")

A prominent physician being asked the question: "What are the things in life a man needs most?" answered, "Physical health, strong nerves, mental efficiency, money and social success." Any man possessing these five attributes is a success. Any man possessing the first three can be a success and have the other two. Possession of a sound body with strong nerves is really the requirement which men need most. Men need stamina, courage, staying qualities, endurance and perseverance but in order to have these qualities the nerves must be strong and keenly sensitive to every emotion. When a man has forebodings, sensations of fear, timidity, accompanied with such symptoms as trembling hands and limbs, weak voice, nervousness, sleeplessness, numbness, dizziness, heart palpitation, restlessness, forgetfulness, melancholia, weariness without cause, and many others of a similar nature, it cannot be expected that he will be a success financially, socially or otherwise.

Strong virile magnetism comes only to those whose nerves are properly nourished in a sound body. Nature in her wisdom has supplied certain extracts, essences, etc., which, if properly blended, will restore a normal keenness to the nerves so that any man can feel the rich red blood surging through his body supplying all the elements necessary to derive the most out of life in all its various phrases.

For the benefit of those temporarily deficient in nerve strength the following ingredients can be obtained of any good druggist and prepared in the privacy of home. Purchase three ounces of syrup sarsaparilla compound in a six ounce bottle. Add one ounce of compound fluid balmwort, shake and let stand two hours. Then add one ounce tincture cadomene compound (not cardamom) and one ounce compound essence cardiol. Mix. Shake well and take a teaspoonful after each meal and one when retiring. All distressing symptoms will soon vanish and a complete restoration to normal follows.

OUR ROOSTER BRAND

Of Smoking and Chewing Tobacco at forty-five cents a pound is a good Tobacco. Why pay eighty-five?

ANDREW MACLEAN, Ontario Street.

Dr. de Van's Female Pills

A reliable French regulator; never fails. These pills are exceedingly powerful in regulating the generative portion of the female system. Refuse all cheap imitations. Dr. de Van's are sold at $5 a box, or three for $10. Mailed to any address. The Scobell Drug Co., St. Catharines, Ont.

Or at Best's Drug Store.

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Opp. GRAND CENTRAL STATION NEW YORK CITY

ROOMS $1.00 a day and upward

Passage to and from Station Free. Send 2c stamp for N. Y. City Guide Book and Map

FREE

Send us your name and we will send you Free, all charges paid, this handsome LUCKY HEART PICTURE BROOCH - which is the latest, daintiest and prettiest jewelry novelty, all the rage everywhere. We are giving it ABSOLUTELY FREE to introduce our goods. Just send name and address and we will send it to you at once. Address

ALDEN Mfg. Co., 80 Roy St., PROVIDENCE, R. I., U.S.A.

They're All Gone!

Since I tried

COMMON SENSE

Vermin Paste for the bugs and roaches, there is not one in the house. It's so much better than powder. The creatures lick it. They are dying to eat it, and when they eat it they die. 25c., 50c., and $1. at all dealers.

Remember! Two kinds: Common Sense Rat Killer, Exterminator and Roach Paste.

All dealers and COMMON SENSE MFG. CO. 10 SOUTH QUEEN ST. WEST TORONTO, ONT.

Your Liver is Clogged up

That's Why You're Tired—Out of Sorts—Have No Appetite.

CARTER'S LITTLE LIVER PILLS will get you right in a few days. They do their duty. Gentle, Mild, but Sure. Purgative, Independent, and Mild Laxative.

SMALL PILL, SMALL DOSE, SMALL PRICE

Genuine must bear Brent Good signature

BLACK KNIGHT

Stove Polish

is a handy paste in a large can. With a gentle rub, it produces a brilliant, lasting shine. Splendid for stoves, pipes, grates and ironwork. It is cleanly to use, and gives lasting results which do credit to your housekeeping.

If your dealer does not carry "Black Knight" Stove Polish in stock, send us his name and 10c, and we will send a full size tin by return mail.

THE F. F. DALLEY CO., LIMITED, HAMILTON, ONT. 29

Makers of the famous "3 in 1" Shoe Polish.

THE NEW REPUBLIC

SWITZERLAND RECOGNIZES IT—GREAT BRITAIN WILL DO SO.

General Amnesty Granted—Obligatory Secular Education to be Imposed.

Lisbon, Oct. 13.—The provisional government has received a telegram from President Comtesse, of Switzerland, announcing that government's recognition of the Portuguese republic. The British minister, Sir Francis H. Villiers, handed the premier a note, stating that Great Britain would recognize the republic as soon as it was convinced that the revolution was absolutely ended, and affairs in Portugal were in a normal state.

The government has issued a decree granting general amnesty to all military and naval offenders.

Jose Retvas, the new minister of finance, in an interview to-day, said that one of the first acts of the government would be to impose obligatory secular education. At the same time the republicans would fully recognize liberty of conscience. They did not desire to destroy religious sentiment, but would obligate the priests to confine themselves to spiritual matters.

The minister said the government intended to readjust taxation and make the colonies bear their own administrative charges. This, he added, would meet a third of the existing deficit, without injuring the colonies, the preservation and development of which would be of supreme interest in Portugal's policy.

Republic Gains in Favor.

London, Oct. 13.—The Lisbon correspondent of the Daily Chronicle telegraphs that the republic seems to be gaining favor with the people. Undoubtedly the provisional government is doing its best to redeem the republican party pledges made to the people. Ministers are wisely practising as well as preaching liberalism, and are refraining from persecuting their political opponents whose property is regarded as sacred.

This, however, is not altogether to the liking of certain extremists of the republican party. This action may, in a sense, be likened to the committee of union and progress of the Young Turks. They form a powerful but misguided body which, if they had their way would push the new government down the steep road which ends in destruction.

Members of the cabinet may be trusted to resist to the last rather than yield to the arrogant counsels of those outside who are seeking to mould the cabinet to their way of thought and action. Notwithstanding this, rumors are current that extremists may seize the government.

Will Reside at Wood Norton.

Eversham, Eng., Oct. 14.—King Manuel of Portugal and Queen Mother Amelie have accepted the invitation of the Duke of Orleans to become his guests at Wood Norton. The house in which Amelie spent her childhood stands on the duke's estate a short distance from Wood Norton, in Worcestershire. It is believed that this eventually will become the home of the royal exiles.

CAN'T MAKE IT PAY.

Tax Collector and Assessor Out of Pocket.

Chatham, Ont., Oct. 14.—Richard Knight, recently appointed tax collector and assessor for the city of Chatham, until the balance of the year, has resigned the position. It is claimed that, after paying for the bonds which the council insists upon, and after hiring help to collect the unpaid taxes, of which there are a lot still outstanding, the $1,000 a year salary would not be sufficient to reimburse him for his work.

When they appointed Mr. Knight, the council combined the offices of tax collector and assessor. There were over twenty applicants for the position when Mr. Knight was chosen.

All Stopped.

New York Sporting Times.

Jack Johnson was talking to a New York sporting editor about game fighters.

"But they're all game," he said, with a good-humored smile. "They're all as game as Tommy Burns was at Sydney.

"In one of the later rounds at Sydney, when I was punishing Burns pretty badly, a backer yelled:

"'Brace up, Tommy, old boy, and stop some o' them blows!'

"'Stop 'em?' said Burns. 'Do you see any of 'em gettin by?'"

A Trifle Roundabout.

Boston Herald.

The late Judge Craig Biddle, of Philadelphia, had in court a dislike of indirect and roundabout witnesses.

"Speak up, speak, sir!" he once said to the defendant in a libel suit. "Answer with a plain yes or no. Why, sir, you remind me of that circumlocutory fellow who, on being asked by a lady if he were not a widower, replied with a bow:

"'I'm as much a widower, madam, as it is possible for a man to be who has never married.'"

A Cargo of Cats.

Halifax, Oct. 14.—The Canadian government steamer Lady Laurier will make a trip to Sable Island shortly, and will take as part of her cargo twenty cats.

Last year a consignment of cats was also required for the island and twenty-five cents each was offered for them at the wharf. The news spread and as a result the wharf was literally flooded with cats of every conceivable age, variety and color. This year negotiations were conducted secretly.

Accidentally Discharged Pistol.

Brantford, Oct. 13.—Mrs. William Noyes, a Cathcart woman, is lying at the hospital here in a serious condition. While cleaning out a drawer at home she ran across an old pistol of her husband's, which accidentally discharged. The bullet, which entered her shoulder, has not yet been located.

AT THE GRAND.

"Romona," in "The Vulture," on Saturday.

"Romona," the girl with the unknown power within the depths of her eyes, is a new and peculiar character to the modern stage. The power is unknown to herself and in modern times is called hypnotism. This was discovered by the philosopher and scientist (The Vulture), in William F. Mann's newest and interesting production, "The Vulture," by W. M. Fletcher. Romona, whose education has been limited to the teaching of one man, shocks and startles Herbert Hackett by her innocent overture of love upon first meeting him. This supplies a very pretty comedy vein which runs all through the four acts of the play. It comes to the Grand on Saturday, October 15th, matinee and night.

Henry E. Dixey Coming.

William A. Brady, one of the leading spirits in the independent theatrical movement, will send Henry E. Dixey

MISS ALLIE ELLSMORE,
As Romona, in "The Vulture," at the Grand, on Saturday, Oct. 15th, bargain matinee and night.

to the Grand on Tuesday, October 18th. Mr. Dixey's appearance here, after an absence of several years, will be in the nature of an event theatrically. For the past few years, Mr. Dixey has confined his appearances to the New York stage. The popular American fun-maker will be seen here in George Paston's and W. B. Maxwell's three-act farcical comedy, "The Naked Truth."

"A Winning Miss."

There isn't a question of the supremacy of the Woolfolk musical show in its particular field of popular entertainment, that plays the Grand on Wednesday, October 19th, with Max Bloom, and some sixty people in "A Winning Miss." This is the same production that ran all one season at the Garden Theatre, in Chicago. "A Winning Miss" is an unusually novel entertainment of the happy sort, a unique comedy with decidedly refreshing features.

BROCKVILLE YOUNG LIBERALS.

Officers Elected—Prosperous Season in Prospect.

Brockville, Oct. 14.—At the annual meeting of the Brockville Young Liberal Club, the following officers were elected: Hon. D. Derbyshire, honorary president; Hon. George P. Graham, president; George E. Smart, first vice-president; R. H. Lindsay, second vice-president; M. J. Burns, secretary; H. B. White, treasurer; L. C. Dargavel, librarian; executive, J. J. Venney, R. J. Gall, D. M. Downey, W. C. MacLaren, J. H. Botsford and J. A. Young. The outlook is encouraging for a prosperous year.

Used Body as Bullet Shield.

New York, Oct. 14.—Adolph Borg, twenty-one years, was arrested, on a charge of homicide, accused of being the man known as "Pickles," who held twelve-year-old Charles Fischer in front of him as a shield from a fusilade of shots from the revolver of Henry Greenwald, alias "Biff" Clark, Tuesday afternoon. The boy was killed, and when Greenwald was cornered, he shot and killed himself.

$25 for Manslaughter.

Montreal, Oct. 14.—Garceau and Picotte, who killed Carter as a result of a practical joke, and were found guilty of manslaughter, were fined $25 or three months.

KIDNEYS CAUSE BACKACHE.

A Few Doses Make the Kidneys Act Fine, Ending Backache and all Bladder Misery.

In all the world there is no man or woman who can afford to neglect the slightest kidney disorder for one single day.

Kidney diseases are the most dangerous, because the first signs are seen in other parts of the body before anything wrong is noticed with the kidneys themselves.

Some of the symptoms, though, cannot be mistaken; for instance, a constant aching or misery in the back, sides or loins, or headaches and dizzy spells, nervous twitchings, disturbed sleep, inflamed or puffy eyelids, heart palpitations, rheumatic pains, weakness, bilious stomach or a feeling of languor and fatigue. Sick, unhealthy kidneys also cause thick, cloudy, offensive urine or it is full of sediment, irregular of passage and often uncontrollable or attended by a sensation of scalding.

The time to cure kidney trouble is before it settles into Diabetes, Dropsy, Gravel, or Bright's Disease. The moment you suspect the slightest kidney, bladder or urinary disorder begin taking Pape's Diuretic as directed, with the knowledge that there is no other medicine, at any price, made anywhere in the world, which will effect so prompt a cure. In just a few days you feel and know that the kidneys, bladder and urinary organs are healthy, clean and normal and all danger passed.

Your physician, pharmacist, banker or any mercantile agency will vouch for the responsibility of Pape, Thompson & Pape, of Cincinnati, Ohio, who prepare Pape's Diuretic—50c. treatment—sold by every druggist in the world.

NEWS OF NEIGHBORS

WHAT WHIG CORRESPONDENTS TELL US.

The Tidings From Various Points in Eastern Ontario—What People Are Doing And What They Are Saying.

Hartington Notes.

Hartington, Oct. 12.—A fair potato crop is being realized. The roof of the Methodist church is being reshingled. The county stone-crusher with accompanying engine, caboose and gang of workmen, arrived, on Monday and is now at work on the streets. William Watts is seriously ill.

Budget From Bath.

Bath, Oct. 13.—Mrs. Gourlay, of Toronto, is visiting her son, W. W. Gourlay, manager of the Northern Crown bank. Mrs. Edward Wemp and Mrs. W. E. Topliff, while driving on Wednesday, near Links' Mills, picked a nice bunch of raspberries, which were a second crop. Some of Kingston postmen came here on Sunday with a motor boat and had difficulty in returning home.

Notes From Oso.

Oso, Oct. 13.—The most of the farmers have their potatoes dug and report a fair crop. Quite a number from here attended the funeral at Zealand on Tuesday of Thomas Garrett's little girl. H. England has completed work on the Sharbot Lake road, which is of great convenience to the people of Oso and Sharbot Lake. Two local young men met with a mishap on Sunday, while out driving, by the upsetting of their buggy. No serious damage was done. Mrs. H. Wilson, of Lanark, is visiting her daughter, Mrs. S. C. Bourk. G. Butler is home from the north. Mr. and Mrs. Henry Chambers called at E. Bourk's.

Remains Interred at Wilton.

Wilton, Oct. 12.—The body of the late Mrs. Ruttan, Conway, was buried here, on Saturday. Deceased was a sister of Curtis Walker, of this village. J. E. Storms is suffering from a carbuncle on the neck. School reopened Monday with Miss Costley, Campbellford, as teacher. Mrs. N. B. Switzer, Kingston, is spending a few days at her father's, James Lewis. Mr. and Mrs. Clow, Parham, and Miss Bessie Clow, Sydenham high school, visited at J. B. Sanderson's on Saturday. Miss Mary Smith, Kingston, is the guest of Mrs. N. A. Asselstine. W. Gallagher, Portland, is visiting at Wesley Parrott's. The remains of the late Mrs. Calvin Montgomery, Odessa, were brought here for interment to-day.

Cole Lake Briefs.

Cole Lake, Oct. 12.—Digging potatoes is the order of the day. Threshing is completed. The young men around here are glad to hear that Captain G. H. S. Campbell has organized the rifle association, the first meeting being held on Saturday last. Henry Campbell made the best score at 100 yards. The baseball game between Cole Lake and Verona boys was a decided success, the Cole Lake boys winning. Turkey buyers are travelling through this part. A miscellaneous shower was held at J. E. Campbell's for Miss A. E. Kennedy. Miss Leishman, Miss Anna Hill, Edmund McKnight and Athol Hill were the guests of Miss Ella Kennedy, on Sunday last. Mrs. J. E. Campbell has been spending a few days with Mrs. Geouje Butterill and Mrs. Geo. Killins. Patrick Trusdale, of Sydenham, at Geo. Killins', on Sunday last; Chester Kennedy at Joseph Wilkins'; Roy Martin at William Hamilton's.

Train Killed Verona Cow.

Verona, Oct. 12.—The noon train killed a valuable young cow owned by Lawrence Segriff, to-day, near the water tower, Lower Verona. W. A. Grant, Temagami, is here on a visit to his sisters, Mrs. A. Trousdale and Mrs. Eugene Percy. James McMahon has moved to Lake street. Clayton Card and Miss Georgie Snider were united in marriage at the bride's residence, to-day. Rev. B. Pierce was the officiating clergyman. Mrs. Legarry has moved to the house opposite the Temperance house, lately vacated by E. H. Snook. Oswald Leadlay, quite ill, for some time, is improving. Mrs. James McKeever entertained the Ladies' Aid Society, at her home last week. Mrs. McKeever is an active worker for the society's welfare. W. Myers, Kingston, has opened a harness shop on Main street. Frank Percy, left here, this morning, for his home in Buffalo, N.Y., after a lengthy visit.

Keelerville Improvements.

Keelerville, Oct. 13.—Potatoes are a very good crop. Rev. Mr. Curtis, of Seeley's Bay, preached here on Sunday morning to a large congregation. Fifteen years ago Mr. Curtis was the pastor on this circuit. He saw a great change in the place for the better, and he congratulated the people on their fine improvements to their property and roads. Erwin Caird is putting a stone wall under the church shed. Edward Sleeth has Thomas Carney engaged doing ditching on his farm. J. E. Anglin is building a kitchen to his tenement house. Earl Williams is home after spending the summer in the brick and tile yard at Washburn. William Yateman and Daniel Moore took the cheese shipment on Monday. Visitors: Mr. and Mrs. C. Lake, and Miss Amey Sutherland, of Battersea, at Edward Sleeth's; Mr. and Mrs. Charles Sleeth and Mr. and Mrs. William Lucy, of Round Lake, at R. J. Boal's; Mr. and Mrs. William McIlroy, of Seeley's Bay, at John Patterson's; Rev. Mr. Curtis, of Seeley's Bay, at J. E. Anglin's.

Fashionable Burglars.

Chicago, Oct. 14.—Mrs. Mattie Jennings, sixty years old, and her two daughters, Mrs. R. E. Hayden and Miss Laura Jennings, were arrested in their home in fashionable Prairie avenue, accused of being women automobile burglars who robbed a score of farm houses near Crown Point, Ind., and escaped with the loot.

After a favor some men at once forget it has been granted.

ARE YOUR KIDNEYS WEAK?

THOUSANDS OF MEN AND WOMEN UNWELL THROUGH KIDNEYS FAILING TO PROPERLY FILTER THEIR BLOOD.

Backache, Rheumatism, Sciatica, Nervous Disorders, Dropsy, and Bright's Disease are Caused by Kidneys Not Acting Right.

Weak kidneys are the common heritage of thousands of Americans. They are the cause of the housewife's backache pains and the husband's Rheumatic agony when he bends down to his work.

They are also the cause, when those early symptoms are neglected, which leads to permanent Kidney Disablement, Dropsy, and Bright's Disease.

Yet few people take the trouble to look after their kidneys. They busy themselves in relieving the Rheumatism and allaying the backache pains, when all the while the kidneys are struggling at their task, getting weaker and weaker and becoming hopelessly incapable of purifying the blood as they should.

Reader, see that you do not make the same mistake. If you are using drugs or liniments for Rheumatism, Lumbago, Blood Disorders, or Nervous Ailments, STOP at once! It is your kidneys that need help.

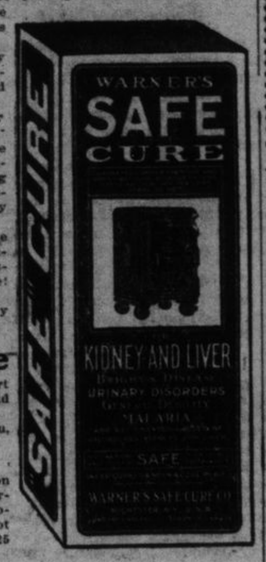
Make your kidneys healthy and strong by taking

Warner's Safe Cure

and you will have nothing to fear. But start to-day—to-morrow may be too late. Sold by druggists everywhere at 50c and $1.00 a bottle. If your dealer cannot supply you, write direct.

Constipation and Biliousness.

WARNER'S SAFE PILLS for Constipation and Biliousness, purely vegetable, sugar-coated, absolutely free from injurious substances; are a perfect laxative. They do not gripe or leave any bad after effects. 25 cents a box.



Sample Bottle and Box of Pills Free

To convince every sufferer from diseases of the kidneys and liver, that WARNER'S SAFE CURE will absolutely cure, a sample bottle and also a sample box of the pills will be sent FREE OF CHARGE, postpaid, to anyone who will write WARNER'S SAFE CURE CO., Toronto, Ont., and mention having seen this liberal offer in the Kingston British Whig. The genuineness of this offer is fully guaranteed by the publisher.

Come in and inspect our assortment of TAFFIES

which has just arrived—Butter Scotch, Maple Walnut Cream, Cocoanut Cream, Peanut Crisp and Lady Caramels, all at 20c. per lb.

Other lines at 15c. per lb.

R. H. TOYE, 302 King St. Phone 141.

Ganong's Chocolates

Caramel, Chewing, Nut, Fruit, Cream and Ginger Centres, only

50 CENTS PER LB.

EVANGELINE PETITS

Something extra. 75 CENTS 1 LB. BOX

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—MANY FAMILIES CALL THIS THEIR SHOE STORE—COMING HERE WITH EVERY SHOE WANT.

—THE FEET, THAT WE DRESS WITH SHOES WEAR THE BEST LOOKING, MOST DURABLE AND COMFORTABLE SHOES THAT IT IS POSSIBLE TO BUY.

—HOW ABOUT MAKING THIS YOUR SHOE STORE?—YOU'LL DO YOUR FEET AND PURSE A GOOD TURN BY DOING SO.

J. H. SUTHERLAND & BRO.

THE HOME OF GOOD SHOES.

Try Our Line

Of Chocolate Assorted Creams, Hard Fruit and Nut Centres, made with a selected coating. Just the right kind to make them delicious.

Grimm's

102 PRINCESS STREET.

THAT TIRED WHEEL

In all ages the only natural and mechanical and scientific way of working iron is by heating it and sticking it while it is hot. That also stands good in the matter of setting tires, as everyone must admit that the most natural and mechanical and scientific way of setting tires is by heating and getting them on while hot. Then you have a perfect job. More on this subject next change.

Repairs of all kinds get our best and prompt attention.

Rubber Tires on your Carriage or Buggy, also your Baby Carriage Tires get prompt attention.

And selling balance of our Stock off cheap.

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The Carriage Maker, 390 PRINCESS STREET.

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COAL!

The kind you are looking for is the kind we sell.

Scranton Coal

is good coal and we guarantee prompt delivery.

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FOOT WEST STREET.

BE WISE

And have your heating and cooking arrangements in good shape before the cold wintry days set in.

We have a splendid lot of Ranges and Heaters in stock, as good as new, at extremely low prices.

It will pay you to see them before buying elsewhere.

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The Servant in the House

This has no reference to the celebrated play by that name.

But deals with the ever obliging, always ready, never failing, general servant of the general family.

The greatest convenience in the household.

Once tried always used.

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CHEAP—CLEAN—CONVENIENT.

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Best by Test

This is proven in a Wormwith Piano.

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They are sweet toned, artistically designed, and reasonably priced.

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