

Our Crystal Brand
 Of Standard Granulated Sugar is excellent for preserving or table use.
 ANDREW MACLEAN'S,
 Ontario Street.

W.M. MURRAY, Auctioneer.
 Furniture Sales given special attention. Country Sales of Farm Stock, etc., have been my specialty for long years. If farmers want the high dollar, get my services.
 MARKET SQUARE

CANADA'S BEST
 Invalid Port is the Ontario Grape Growers and Wine Manufacturing Company's of St. Catharines. It is guaranteed 19 years old, and is a pure, dry and perfect wine, equal to the best imported at one-half the price.
 Sold only by R. J. LAWLER, Golden Lion Block. Phone 747.

FOR SALE.
 The Albion Hotel property, corner Montreal and Queen streets, Kingston. Will sell at a sacrifice. For particulars
 T. J. LOCKHART,
 Real Estate Agent,
 150 Wellington St., Kingston.

THE CLUB HOTEL
 WELLINGTON ST., near PRINCESS.

There are other hotels, but none approach the Club for homelike surroundings. Located in centre of city and close to principal stores and theatres. Charges are moderate. Special rates by the week.
 P. M. THOMPSON, Proprietor.

COAL!
 The kind you are looking for is the kind we sell.
Scranton Coal
 is good coal and we guarantee prompt delivery.
BOOTH & CO.,
 FOOT WEST STREET.

Building?
 I can Supply
 Ready Roofing,
 Wall Plaster, Lime
 and Portland Cement
P. WALSH,
 55-57 Barrack St.

Highest Grades
 GASOLINE,
 COAL OIL,
 LUBRICATING OIL,
 FLOOR OIL,
 GREASE, ETC.
 PROMPT DELIVERY.
W. F. KELLY,
 Clarence and Ontario Streets,
 Toye's Building.

Ye Olde Irish Mill
 of our forefathers, with its slow work, doesn't suffice for our rapidly increasing population. Now our mills turn out 5,000 to 7,000 barrels of flour a day, and such flour. See and test the famous
QUALITY BRAND,
 and wonder at the present day improvements in milling. **QUALITY FLOUR** has the approval of thousands. Has it yours?
 If not, why not?
Maple Leaf Milling Co.,
 ONTARIO ST.,
 Phone 336.

Prices reduced on
ELECTRIC IRONS
 and
TOASTERS
 By the way have you every tried toast made on an Electric Toaster, if not you have never eaten toast.
 Let us send you one.
Halliday Electric Company
 215 KING STREET,
 Longest Established Electric Firm in the City.

CENTURY

Best and purest of all Salts for Table and Dairy use—made by Vacuum Process—ensuring absolute freedom from adulterants of any kind. Remember the name—At your Grocer's
DOMINION SALT CO. LIMITED
 Manufacturers and Shippers
 Sarnia, Ont. 4

SALT

Poor Appetite
 indicates weakness of the stomach nerves which control the desire for food. It is a sure sign that the digestive organs need the help of

BEECHAM'S PILLS

Hay's Hair Health
 Never Fails to Restore Gray Hair to its Natural Color and Beauty.

COAL!
 The kind you are looking for is the kind we sell.
Scranton Coal
 is good coal and we guarantee prompt delivery.
BOOTH & CO.,
 FOOT WEST STREET.

Building?
 I can Supply
 Ready Roofing,
 Wall Plaster, Lime
 and Portland Cement
P. WALSH,
 55-57 Barrack St.

Highest Grades
 GASOLINE,
 COAL OIL,
 LUBRICATING OIL,
 FLOOR OIL,
 GREASE, ETC.
 PROMPT DELIVERY.
W. F. KELLY,
 Clarence and Ontario Streets,
 Toye's Building.

Ye Olde Irish Mill
 of our forefathers, with its slow work, doesn't suffice for our rapidly increasing population. Now our mills turn out 5,000 to 7,000 barrels of flour a day, and such flour. See and test the famous
QUALITY BRAND,
 and wonder at the present day improvements in milling. **QUALITY FLOUR** has the approval of thousands. Has it yours?
 If not, why not?
Maple Leaf Milling Co.,
 ONTARIO ST.,
 Phone 336.

Prices reduced on
ELECTRIC IRONS
 and
TOASTERS
 By the way have you every tried toast made on an Electric Toaster, if not you have never eaten toast.
 Let us send you one.
Halliday Electric Company
 215 KING STREET,
 Longest Established Electric Firm in the City.

Health And Hygiene

By STACY E. BAKER.

As Damon approached, suitcase in hand, the driver of the great car clung restlessly to the curb, bounding down eagerly from his seat and received that youth of his luggage. "For a small town, this Blissville has them all beat," ruminated the young cigar salesman, leaning back on the rear cushions. Blissville for mine, hereafter, at every opportunity. Must be a peachero of an hotel when it sends an automobile after its guests.

THE CLUB HOTEL
 WELLINGTON ST., near PRINCESS.

COAL!
 The kind you are looking for is the kind we sell.
Scranton Coal
 is good coal and we guarantee prompt delivery.
BOOTH & CO.,
 FOOT WEST STREET.

Building?
 I can Supply
 Ready Roofing,
 Wall Plaster, Lime
 and Portland Cement
P. WALSH,
 55-57 Barrack St.

Highest Grades
 GASOLINE,
 COAL OIL,
 LUBRICATING OIL,
 FLOOR OIL,
 GREASE, ETC.
 PROMPT DELIVERY.
W. F. KELLY,
 Clarence and Ontario Streets,
 Toye's Building.

Ye Olde Irish Mill
 of our forefathers, with its slow work, doesn't suffice for our rapidly increasing population. Now our mills turn out 5,000 to 7,000 barrels of flour a day, and such flour. See and test the famous
QUALITY BRAND,
 and wonder at the present day improvements in milling. **QUALITY FLOUR** has the approval of thousands. Has it yours?
 If not, why not?
Maple Leaf Milling Co.,
 ONTARIO ST.,
 Phone 336.

Prices reduced on
ELECTRIC IRONS
 and
TOASTERS
 By the way have you every tried toast made on an Electric Toaster, if not you have never eaten toast.
 Let us send you one.
Halliday Electric Company
 215 KING STREET,
 Longest Established Electric Firm in the City.

Health And Hygiene

By STACY E. BAKER.

As Damon approached, suitcase in hand, the driver of the great car clung restlessly to the curb, bounding down eagerly from his seat and received that youth of his luggage. "For a small town, this Blissville has them all beat," ruminated the young cigar salesman, leaning back on the rear cushions. Blissville for mine, hereafter, at every opportunity. Must be a peachero of an hotel when it sends an automobile after its guests.

THE CLUB HOTEL
 WELLINGTON ST., near PRINCESS.

COAL!
 The kind you are looking for is the kind we sell.
Scranton Coal
 is good coal and we guarantee prompt delivery.
BOOTH & CO.,
 FOOT WEST STREET.

Building?
 I can Supply
 Ready Roofing,
 Wall Plaster, Lime
 and Portland Cement
P. WALSH,
 55-57 Barrack St.

Highest Grades
 GASOLINE,
 COAL OIL,
 LUBRICATING OIL,
 FLOOR OIL,
 GREASE, ETC.
 PROMPT DELIVERY.
W. F. KELLY,
 Clarence and Ontario Streets,
 Toye's Building.

Ye Olde Irish Mill
 of our forefathers, with its slow work, doesn't suffice for our rapidly increasing population. Now our mills turn out 5,000 to 7,000 barrels of flour a day, and such flour. See and test the famous
QUALITY BRAND,
 and wonder at the present day improvements in milling. **QUALITY FLOUR** has the approval of thousands. Has it yours?
 If not, why not?
Maple Leaf Milling Co.,
 ONTARIO ST.,
 Phone 336.

Prices reduced on
ELECTRIC IRONS
 and
TOASTERS
 By the way have you every tried toast made on an Electric Toaster, if not you have never eaten toast.
 Let us send you one.
Halliday Electric Company
 215 KING STREET,
 Longest Established Electric Firm in the City.

WHITE LABEL ALE

Bottled by
The Dominion Brewery Co., Limited
 Toronto

"The Ale of Quality," the very life of the malt, caught and held in absolute PURITY.
INDIA PALE ALE

First in Progress—first in Perfection—first in Popularity, the finest example of what a PALE ALE should be.
INVALID STOUT

You want strength—You get it and keep it by taking DOMINION BREWERY
XXX PORTER,

Will make you work better, play better rest better and sleep sounder when you take it. Its blood making properties are unexcelled.
DOMINION BREWERY CO., Limited
 TORONTO
RIGNEY & HICKEY, Agents
 130 PRINCESS STREET, KINGSTON.

Don't try To make the old Range do

The OXFORD ECONOMIZER
 which easily saves 20% of your fuel. No other device of the kind ever invented is worth so much to you in cold cash. You lose money every day you try to get along without it. Come in and let us show you the Imperial Oxford with "Economizer" attachment. It means dollars and cents to you. Other Gurney-Oxford stoves and ranges for every purpose and any kind of fuel. Get acquainted with the best known, best liked stoves in all Canada. It will be your gain.

Simmons Bros
 THE YELLOW HARDWARE STORE

EDDY'S SILENT COMET MATCHES
 The Latest Match Creation of the Greatest Match Manufactory

S. J. Kilpatrick & Co.
 Monument and Cemetery Work
 Noted for keeping the best stock—doing the best work—prices the lowest.
 Princess St. - Cor. Clergy St

If You Are Looking for the Best in
Chocolates and Pure Ice Cream
 GO TO
SAKELL'S
 Next Door to Opera House.
 Phone 611. 220 Princess Street

PREMIER'S VISIT TO PRINCE RUPERT.

The people of Prince Arthur, busy building up a terminal city for the National Transcontinental Railway, laid off for a few days to do honor to Sir Wilfrid.

SOME OLD-TIME PUNS.
 Are Referred to by Washington Post.

THE SOUR MILK FAD.
 In Some Cases Done More Harm Than Good.

Abbey's
 It's often a little thing that puts a deranged digestive system right—if taken in time.
 25c and 60c.
 Sold everywhere.

WIRELESS TELEGRAPHY
 Is the Result of Prolonged Study and Deep Research.

Asaya-Neurall
 THE NEW REMEDY FOR Nervous Exhaustion
 When convalescing from LaGrippe, Pneumonia or Wasting Diseases, nothing hastens the return to health like a short period of treatment with "ASAYA-NEURALL." It feeds the nerves, induces restful sleep, quickens the appetite, aids digestion, and soon buoyancy of spirits and the sense of restored vitality are attained. A few doses convince. \$1.50 a bottle. Obtain from the local agent.

Asaya-Neurall
 THE NEW REMEDY FOR Nervous Exhaustion
 When convalescing from LaGrippe, Pneumonia or Wasting Diseases, nothing hastens the return to health like a short period of treatment with "ASAYA-NEURALL." It feeds the nerves, induces restful sleep, quickens the appetite, aids digestion, and soon buoyancy of spirits and the sense of restored vitality are attained. A few doses convince. \$1.50 a bottle. Obtain from the local agent.

Asaya-Neurall
 THE NEW REMEDY FOR Nervous Exhaustion
 When convalescing from LaGrippe, Pneumonia or Wasting Diseases, nothing hastens the return to health like a short period of treatment with "ASAYA-NEURALL." It feeds the nerves, induces restful sleep, quickens the appetite, aids digestion, and soon buoyancy of spirits and the sense of restored vitality are attained. A few doses convince. \$1.50 a bottle. Obtain from the local agent.