



You are only eye-wise when you buy a metal bed. You see but the external; and you cannot know if the real quality is there.

Forty inspections—to make certain an Ideal-trademarked bed will not rattle, will not wobble, will not fail to stand hard, long service.

Yes, they may cost a little more—a very little more. But you would not weigh that little against the satisfying knowledge that your "Ideal" Metal Bed is the best bed value you could have bought.

That is true whether you pay three dollars or much more than that. For you buy the same quality in every "Ideal" Metal Bed, whatever its price. Read "The Philosophy of Sleep"—an interesting little book we'd like to send you—free. Ask for Booklet No. 120.

IDEAL BEDDING CO. LIMITED MONTREAL—TORONTO—WINNIPEG

Elliott Bros.

Telephone 35. 77 Princess Street.

Give us a call when you require Garden Hose, Lawn Mowers, Lawn Rakes, Refrigerators, Gas Stoves, Coal Oil Stoves, etc.

We carry a full line of the above goods at the lowest prices.

Tile Sewer Pipe and Fittings Constantly On Hand.

A TIME TO BUY

FURNITURE AT A BIG DISCOUNT at OUR BIG MID-SUMMER SALE. COUCHES, Fancy Velour and genuine leather, with full spring seat and head.

EDDY'S SILENT COMET MATCHES. Vest Packer Size of EDDY'S Famous "SILENTS". Every stick a match, every match a light, and every light a steady even flame.

S. J. Kilpatrick & Co.

Monument and Cemetery Work

Noted for keeping the best stock—doing the best work—prices the lowest.

Princess St. - Cor. Clergy St

DOMINION LIFE ASSURANCE CO. FOR the man who wants a square deal and a policy contract that is simplicity itself, then THE DOMINION is the company you are looking for.

J. K. CARROLL, 14 Market St.

AN HINDU LEGEND

THE LOSS OF THE GARDEN OF EDEN RELATED.

How the First Man and the First Woman Were Deprived of That Paradise—What Brahma Did.

Brahma made up his mind to make the world and a man and woman. He made the world, and he made the man and then the woman and put them on the island of Ceylon.

Then they had their courtship, with the nightingale singing and the stars shining and the flowers blooming, and they fell in love.

They were married by the supreme Brahma, and he said to them: "Remain here. You must never leave this island."

He went to the northern extremity of the island, where there was a little narrow neck of land connecting it with the mainland.

One year Mr. Archibald followed up the prisoners paroled, of whom there were 300, and found that they were earning a total of about \$120,000.

But he said, "No; let us go." So she followed him, and when they came to this narrow neck of land he took her on his back like a gentleman and carried her over.

Then it was that the man spoke. "Curse me, but curse not her. It was not her fault. It was mine."

The supreme Brahma said, "I will save her, but not thee."

Ready to Talk. A very brilliant Irish lady some years ago arranged that Mr. Lecky should meet an able and famous Irishman of very advanced opinions in politics.

First English Book on Sport. The first book on sport ever printed in the English language was a rhymed treatise called the "Boke of St. Albans."

A Titled Kleptomaniac. A titled kleptomaniac almost a century ago was the Countess of Cork. She had a reputation for stealing any thing she could lay her hands on.

Before Marriages. Fuddy—There would be fewer unhappy marriages in the world if men and women would try to find out each other's disposition during courtship instead of doing their best to deceive one another.

Lord Mount-Stephen, one of the foremost among empire-builders, has recently celebrated the eighty-first anniversary of his birth.

While leaving the La Presse building, Montreal, on Saturday, Recorder Dupuis slipped on one of the steps and broke his left leg.

Glass eyes are now made with such perfection that even the wisest are unable to see through the deception.

PAROLED MEN DO WELL

Only 65 Out of 3,100 Men Forfeit Their Liberty.

Dominion Parole Officer Archibald has just made an official visit to the penitentiary at Kingston.

Until a month ago, few people had ever heard of a "writ of extente." It was one of those puzzling legal terms, the origin of which seems lost in the mists of antiquity.

A Marine Monster. A remarkable fish story comes from County Caven, Ireland.

Schools and Their Rules. Quaint practices exist at all the great public schools.

Head of Burns Federation. Well-known Ayrshire man, Capt. David Sneddon, has died in Nyassaland, South Africa.

Japanese Courtesy. A striking instance of Oriental courtesy is reported from Shepherd's Bush, London.

Hunting Wasps. The boys in Marden, Kent, Eng., can combine profit with sport.

Shredded Wheat. Shredded Wheat is the natural summer food. Cooling, yet full of rich nourishment.

WHEAT. A meat diet is too heating.

QUALITY CAKES. Maple Square, Varigated Square, Iced Ginger, Pan-American, German Buns, Lemo's Slices, Pattie Pounds, Lily White, Cup Cakes and Corn Dodgers.

R. H. TOYE, 502 King St. Phone 141.

Vigorous Health. The power to enjoy to the full life's work and pleasure—comes only with a good digestion.

NA-DRU-CO DYSPEPSIA TABLETS. Tonic up weak stomachs—supply the digestive juices which are lacking—ensure your food being properly converted into brain and stews, red blood and active brain.

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"HEE-HAW" LAW

When It Costs \$7,500 to Get \$1,000—Writ of Extente.

Until a month ago, few people had ever heard of a "writ of extente." It was one of those puzzling legal terms, the origin of which seems lost in the mists of antiquity.

Therefore, a jury was solemnly sworn—not to try the merits of the case, bear in mind, but simply to decide if Mrs. Pridgen's goods were worth \$750. And it was not until several questions were asked in Parliament, and a legal protest raised against the injustice of any Englishwoman being denied the right of trial by jury, that the Treasury man suspended annexing \$150 a day.

On April 17th last, a road-sweeper named Francis, employed by the Wandsworth Borough Council, died.

A remarkable fish story comes from County Caven, Ireland. Here it is. Two anglers, resting leisurely in a small boat near the mouth of the River Finn, saw an enormous fish approaching them from Lough Erne.

Quaint practices exist at all the great public schools. At Rugby, custom forbids a boy of less than three years' standing to turn up his trousers, and every new arrival at Marlborough requires a "kiss," which is really a cushion, and his inseparable companion in school-days.

Well-known Ayrshire man, Capt. David Sneddon, has died in Nyassaland, South Africa, where he had gone big game shooting.

A striking instance of Oriental courtesy is reported from Shepherd's Bush, London. A number of Japanese connected with the exhibition presently being held in the city, who had had to do a lot of hammering in the back garden of the house at which they were staying, called on all the neighbors, and apologizing for the noise, presented the lady of the house with an exquisite bouquet of artificial flowers.

The boys in Marden, Kent, Eng., can combine profit with sport. The Fruit Growers' Association having offered a penny each for quince wasps. Already the scholars of Marden National School have brought upwards of 600 to their headmaster, who is deputed to receive them and give the reward.

According to a special Mexican cable from Valparaiso, the body of President Montt, borne to his late home at a Kosmos liner, will be met on Punta Arenas by a squadron of warships, to one of which the body will be reserved.

Shredded Wheat is the natural summer food. Cooling, yet full of rich nourishment. All the strength-giving elements of the whole wheat. A biscuit covered with fresh fruit is enjoyable. Serve with cream and sugar.

WHEAT. A meat diet is too heating.

QUALITY CAKES. Maple Square, Varigated Square, Iced Ginger, Pan-American, German Buns, Lemo's Slices, Pattie Pounds, Lily White, Cup Cakes and Corn Dodgers.

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Saturday Men's Oxfords

Balance of our \$1.00 Men's Oxfords in Tan Pat. Colt and Valour Calif. Saturday \$2.49.

About 40 Pairs of Men's \$5.00 Oxfords, choice of Tan, Pat. Colt or Valour Calif. Saturday \$3.49.

At all of these Oxfords are the best standard price American goods, and we guarantee them to be the best in the city.

J. H. SUTHERLAND & BRO. THE HOME OF GOOD SHOES.



St. Lawrence Sugar "Crystal Diamonds"

St. Lawrence "Crystal Diamonds" are the perfection of sugar refining and a distinct addition to the tea table.

Crystal Diamond Dominos are larger tablets, specially for coffee. In 5 lb. cartons only.

D'FOWLER'S EXT-OF WILD STRAWBERRY. Price 35 cts. CURES. DIARRHŒA, CRAMPS, DYSENTERY, COLIC, CHOLERA MORBUS, CHOLERA INFANTUM and all Summer and Bowel Complaints.

SHREDDED WHEAT. A meat diet is too heating. Shredded Wheat is the natural summer food. Cooling, yet full of rich nourishment.

QUALITY CAKES. Maple Square, Varigated Square, Iced Ginger, Pan-American, German Buns, Lemo's Slices, Pattie Pounds, Lily White, Cup Cakes and Corn Dodgers. ALL AT 10c PER DOZEN. R. H. TOYE, 502 King St. Phone 141.

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