

**Bright Brains Coun** 

Headaches, Biliousness, Bad Stomach, Weak Kidneys, dull the brain. Brighten up with

ase and foe a bottle.



An Unprecedented Offer limited period, our \$40.00 Electric Belt.

This offer is made to any man or women who rishes to regain their energy, strength and vitality.

This Electric Belt is the best electric belt on the market. It is fully guaranteed. A week trial with it will convince you, and if after this you do not want the belt, your \$5. will be returned. This Electric Belt is sold complete.

This Belt cures nervousness, organic weak-ness, rheumatism, kidney troubles, backache, indigestion. No drugs required. The Belt will be forwarded you securely packed on receipt of five dollars and a full receipt for forty dollars will be sent at the same ime. Order at once, or if you have any doub as to your disease, write us and ask for our question sheet and free booklet. Our doctors give all Medical advice absolutely Free. We do not sell belts to anyone who have incurable diseases. This wonderful belt pours electrovital force into your weakened System and works while you are sleeping and supplies vitality upon which health and courage depends. This is a chance of a lifetime. We have thousands of testimonials. Let us strictly confidential.

ADDRESS:

DOCTOR McDONALD ELECTRIC BELTS NO. "J"

Offices, Consultations Rooms and Laboratories NO. 12 BLEURY ST., MOSTREAL.

Prices reduced on

### TOASTERS

By the way have you every tried toast made on an Electric Toaster, if not you have never eaten toast.

Let us send you one.

### 345 KING STREET.

Longest Established Electric Firm in the City.

-Asaya-Neurall Nervous Exhaustion

Whipping an exhausted herve

ystem with alcoholic stimulants only shortens the road to physical collapse. The only remedy Food, Rest and nerve repair. "ASAYA-NEURALL" is and makes possible this cure. It feeds the nerves, induces sleep, improves the appetite and digestion; and soon full nerve vigor is regained. \$1.50 per bottle. Obtain from the local agent.

L. T. BEST T. J. HOAG.



Flower Bed Border from To ft.
Fences and Gates of all kinds manuin ured. CHESCENT WIRE AND
1. UN WORKS (Partridge & Sons).
1 bone 389.

### Dr. Martel's Female Pill

SEVENTEEN YEARS THE STANDARD Prescribed and recommended for women's all-

A man may be penniless and still a disposition to undervalue the ne-ply.—Chicago News.

cessity of preponderant naval force;

A good excuse never turned failure even in European waters.

Praying for ease is presented for the property of the preponderant naval force. be worth while. into a victory.

permanent. For sale at all drug stores.

By Admiral Mahan, a Famous Ameri- communications between the can Officer, Who Enjoins British

Admiral A. T. Mahan, of the United selves. States navy, who is regarded as the nost sagacious writer upon sea power

be, and is, more consecutive in pur- degree abandoned the Mediterranean they could see was a faint trace of by the organization. With the plant oters also who will suffer.

Three Wars Without Blows.

The prolonged formal peace which Europe has enjoyed for thirty years affords a precise illustration of the ineffectiveness of populaces to realize pire. external dangers. Continuance of peace induces a practical disbelief on, or non-action. Yet observant men know that there have been at least lows were exchanged, for force dephrase for such transactions is "the isk of war has been averted." expression is dangerously misleading been the adroitness of statesmen, whereas the existence and calculation of force have been really determinaive. Force, too, not merely in the aw material, but the organized force of armies and navies ready-or un-

Such misconception is peculiarly Minsular democracies are lax and in- only, is likewise correct, especially as "It must a been all smoke and no natural consequence their wars have been long and expensive. But wars in the future cannot be long though they conditions require; but the clear re-kep his head pretty cool to put that ance and faculty for recovery which chartery will symbolise, if it the wonder continued to be made probably may exceed that of less free sing of the Empire; for a hostile for segrowing larger and less distinct in the not be conceded to them any more than it is by a capable general to a ca time for recovery open to modern conlitions is the time of preparation.

Britain's Vast National Wealth. of things that the British democracy should not remain an army propor-tionately as great as that of Germany? None, except that the British de-

nocracy will not. The national wealth is vastly greater; but notwith-standing this, which indicates not only a certain greater power but a much least is the present act; while among greater stake, the national will so to the dramatis personae are Egypt, Inprepare does not exist. Many distinguished Englishmen advocate measures tending to this result-to the nain arms; but I doubt if anyone outside of Great Britain expects to are constantly changing keepers, be-

privilege of insular democracies that they can pursue the 'gaiet tenor of their way behind the bulwark of a fleet efficient in numbers—that is, in intrinsic worth. But note that a State thus favored is militarily in the same position essentially as one that hires an army of mercenaries. The only difference is that the seamen are fellow citizens; an immense distinction, it will be granted, but it does not invalidate the fact that the mass of citizens are paying a body of men to do their fighting for them. It follows that the wheels, catches the offender of the Seminole were so bewildered that they magnified every appearance on or about what they believed to be a ghost ship. But one cause of terror was allayed. The smoking hulk's prow was turned so that if she kept her course she would not run them down. Indeed, by the time she came latutudinally on the same plane with them and they saw her broadside she was several hundred yards to the starboard of them. Something like wheels was propelling her. do their fighting for them. It follows that the least the mass can do in self-that the least the mass can do in self-twenty feet away, following swiftly to respect as for security is to pay amount of the life from his body with his mouth of hell opened a swarthy figure respect as for security is to pay amply and timely for the efficiency of the body they taus employ. If they do not "with their persons," as the French say, they should with their cash. But

irent Britain's Unparalleled Problem thrown upon them at various times, but never perhaps one equal in diffi-culty to that which confronts the democracy of Great Britain. As it now stands the British Empire territorially is an inheritance from times not deto see whether the heir will prove e- and pretty, too. It's odd they don't gue; one of the most so that has "Isn't it?" said Mr. Vanderbill net my eye has been the decision of "They use enough powder. hat in time of war the Australian

the fabric; and, atond, the security WARNING SOUNDED TO GREAT of each of the outlying parts. This means substantially British control, relation is essentially the same that af a milirary base of operations

that the present generation has pro- In the present condition of Europe duced, has attracted immense attentihe creation of the German fleet, with arnest warning that, through the British waters of more than fourmen, British naval supremacy is no force. These facts constitute Germany onger adequately maintained. The the immediate antagonist of Great Britain. I do not say for a moment This is the fundmental condition that this manifests Germany's purwhich the British democracy of to-day pose; I simply state the military and has to recognize as regards their na- international fact without inference as tional security, upon which their eco-nomic future—their food, clothing, and tion of the two states reproduces preousing-depends; that they stand cisely that of England and Holland

lar majority. Fortunately for Great in the "Home" and "Atlantic" divi- captain after making an examination Britain the popular tradition of the sion. The Mediterranean has fal- with a glass. "That's smoke drifting some extent and for the six in 1910, and these six are of dis- "It'll help burn her," said the noment a steadying hand, but to one tinctly inferior power. What is the cond mate, "but it's an ill wind that following from a distance the course contemporary significance of this fact blows nobody any good. We'll get it of British action in late years it cerainly has seemed that this conviction conturies ago? Constitutive, too, of a Presently a dark speck marking the tion is less operative, that its claims situation now novel; for during more to allegiance are less felt and more than two centuries British prepondisputed. Yet, in case of national rederance in the Mediterranean has been guished. The vessel seemed to be verse following upon national failure a notable international factor. The coming toward the Seminole to prepare, it is the democracy, the significance, as read by an outsider, is southerly direction, but the smoke in voters, who will be responsible; the that in the opinion of the government, stead of moving with her was drifting under present conditions of prepara-tion, the security of the British "That beats anything I ever see," Islands requires the weakening, al-most to abandonment, of the most sailor twenty years, and I never see a delicate, yet very essential, link in the burnin' ship movin' without sails and

Peace Only a Dream.

disbeliefs soon result in practical act ment the naval concentration at home, down to keep the fire below decks, coupled with the tremendous posit- said a third. "Nothin' but smoke can ional advantage of Great Britain over git out." pose between Germany and the British light. As she drew near she against the resolute spirit and tremen- them down. dous faculty for organizing strength "Great guns!" cried the captain

ed confidential friend of the Emperor, the doldrums?" has said, "The weak man cannot trust | "That I do, sir," replied the his judge, and the dream of the peace mate, "and I don't understand her." advocate is nothing but a dream." The concentration of the battle fleet in sailor with blanched cheeks. y position like Great Britain, or re- home waters is correct; the relative "Been burned at sea and haunts the note from the great nations of the abandonment of the Mediterranean place where she went up in smoke efficient in preparation for war, and in the "Atlantic" Fleet may be consider- flame !" cried a third. luctance to acquiesce in present naval out with the ship afire."
requirements is ominous of a day "How does she manage to keep a nities exacted. Democracies can no when the Mediterranean may pass out straight a course without any wind the sphere of British influence. steer by ?'longer afford to neglect preparation, cent ed round the British Islands ex-

from which it is operative against The erra ran to the boats, but ver the Atlantic as well as in the east. | so mad with terror that they turb's It is difficult to overstate the effect over one another lowerin; one end of this upon the solidity of the em-What reason is there in the nature the great central positions of the mar- ally the noats were all swung out and neither as principal nor as ally may ship. Every man stood stock still.

Great Britain be able to play the part thinking that the magazine or some dia, Australia and New Zealand.

Wise Elephants.

Elephants, those animal sages that come so wise and know so much about of shricking people privilege of insular democracies that ture in general that they finally will of the Society of the true of the true of the true of the society of the societ

Free Use of Cosmetics.

Apropos of the extravagant use smetics in New York, a witticism credited to Reginald Vanderbilt. A lady said to Mr. Vanderbilt at ne of the "comet suppers," at the

ied ?" Mr. Vanderbilt asked. "Yes," said the lady. "They're rich

navy should be at the absolute dis- The Sunday school teacher had that requirement, for presidents are posal of the British admiralty. Such just explained to the juvenile class made-self-made-not born. It is the timent, realized in commensurate that the first parents were made from business of a king to learn several

at home; rather, it has seemed to me, "Henry Clay," was the prompt redents and ministers are not nursed into multilingualism. Can we put up cessity of preponderant naval force Praying for ease is praying for many in three languages?—Westminster Ga-

The security of the British empire, temptations.

making a trip around the world, turn-summated by W. J. Mooney, of Strated the Cape of Good Hope and point- ford, Ont., in the outright purchase of ed north-westward on the Atlantic Foley Brothers, Larson & Co's entire ocean. The Seminole had left New lorganization, the largest in Western York four years before, trading along Canada, for the purpose of merging it the South American coast, Japan and with the Mooney Biscuit and Candy London Daily Mail, in which he gives has necessitated the concentration in She was a slow-going brigantine and and candy industry under a single or-The captain was playing cards with

"Vessel afire on port bow." face to face with a nation (Germany) the early days of Cromwell. It was not interest the crew of another ship, one-fourth more numerous than them not till the nations had fought and especially as the latter is breasting the fresh goods for the trade. Under conselves, and one more highly organized the Dutch were reduced, less by battle same storm, but a burning craft is or the sustainment by force of a na- than by trade destruction, that the a very different matter. The game from two to three weeks time was neional policy. It is so because it has relief of pressure in the North Sea ceased, and all hands from captain to dering of national life, in that it can The British navy to-day has in great direction indicated by the lookout. All cle over which control was exercised

system of communications of the Em- the smoke blowin' behind her without

"Wot knocks me out," said another, Kemp does not measure up to the po-It is entirely true that for the mo- "They've got the hatches battened

peace; wars none the less because no great measure of security; and further, that the British waters, occupied Seminole she appeared larger, but was as they now are, do effectually inter- growing faint in the diminishing twioverses dominion. The meanacing pointed directly toward them. A terfeature in the future is the apparent fror spread through not only the ndisposition and slackness of the new Seminole's crew, but the officers. Here voters of the last half-century, over was a burning ship coming to run

> "Am I dream? Say, you Martin ! In a recent American magazine a addressing her first mate. "Do you se German writer, reported to be a trust- a smokin' vessel comin' while we're is

pire, for the Mediterranean is one of the davits were left unfastened. Fin itime world. A weakened Mediter- some of them in the water when there half of whom are young ladies. Highranean force is the symptom that was a fiath of light on the coming est advantages in all departments. drama of which the awakening of the that when the sound had time to cross the distance between them and the doomed ship they would hear a roar, followed by the shrieks of those who had been blown skyward. "Stand by to save life!" cried the

But the seconds passed, and therewas no sound either of an explosion or

stripped to the waist appeared in the zlare shaveling in fuel.
"The devil!" exclaimed the men on

the Seminole, crossing themselves, while others dropped on their knees. Several weeks later, when the Seminole reached her home port and he crew told the marvelous tale of the ghost ship, they were laughed at. "Since you sailed," they were in-"There are the three Van Twiller formed, "steam has been applied to

Tongues of the Mighty. Future candidates for the president of the French republic will be thinned out if the demand of a French newspaper be accepted—that president English and German. There is not a sident on record who has reached action, is effective imperial democracy. dust.

Rut my reading has not found the "Now, Edgar," she said to a bright made to talk with many tongues. The responding reflection of this de little fellow, "can you tell me, who Austrian kaiser is perhaps the most splendid living instance. But presi-

MILLION DOLLAR DEAL To Give West Canada Fresh Daint-

igh grade have brought about a bi adustrial deal, involving an outlay of \$1,000,000, which has just been con-Mooney, who formerly superintended the operations of the Stratford plant.

It has been pointed out by officials that the demand for Mooney products from Western Canada had been growing at such a rapid rate that greater facilities were needed to take care of the business in a satisfactory manner to comply with the Mooney policy of

pon the shoulders of a shifting population for the battleship force is "There's wind there," remarked the now possible for the organization to that the demands of Western and North-Western Canada for fresh dainties from the famous Mooney plants will be complied with in a gratifying

No Use for Mr. Kemp .

A. E. Kemp, ex-member for East Toronto, finds himself in somewhat of a dilemma. Entering the L. O. L. as a sort of eleventh-hour convert, he was down on the programme for a Twelfth of July speech, and did his best to conv,nce the brethern that he meant everything he said. This week two scribblers, in the columns of the Orange Sentinel, impuga his motives in joining the organization. Brother Hocken also informs the brethren that litical requirements, and that the Sentinel will not support him in the future. From which it will appear that even in the Orange political wheel a og will sometimes slip. In the mean-German trade routes, constitutes a The ship, moving without sails, came time, we are sorry for Kemp, who

You cannot save strength by refusing



St. Margaret's College

-TORONTO-[Founded,by the late George Dickson. M.A., formerly Principal of Upper Canada College, and Mrs. George Dickson.] A High-Class Residential and Day School

Large Staff of Yeachers, Graduates of Canadian and English Universities.

Full Academic Course for University Matriculation with highest honors: Music. Art Domestic Science and Physical Education. MRS. GEORGE DICKSON, President MISS J. E. MACDONALD, B.A. Principal

## ALBERT COLLEGE

BELLEVILLE, ONT. Over 300 Students enrolled annually,

Buildings heafed by steam and lighted by electricity. Will re-open Tuesday, September 6th, 1910. For Calendar or room address

PRINCIPAL DYER, D.D.

Learn Watchmaking BY THE BEST-KNOWN METHOD IN THE QUICKEST TIME FOR THE LEAST MONEY enty years established under one manage-ent. Each graduate can build a cutch out-fut and hold best positions in Canada, prov-ing trade-school training best.

25 CALLS FOR EVERY GRADUATE Own our building, highest award Toronto Exhibition, even prizes in U.S., only watch-maker's school in Canada, best in America. SEND FOR CIRCULAR WATCHMAKER'S-SCHOOL

Wellesley and Church Sts., Toronto

# Ottawa

A First Class Residential School For Girls and Young Ladies.

Students should enrol now for session 1910 - 1911. WRITE FOR CALENDAR AND PARTICULARS.

Hev. W. D. ARMSTRONG, M.A., D.D., President ONTARIO (Trafalgar Castle)

WHITBY, ONT. CANADA. PERFECT SURROUNDINGS

Household Science, etc. Splendid organization, Rates moderate.

WHITE THE PRINCIPAL FOR CALENDAR REV. J. J. HARE, Ph.D.

# ORANGE MEAT

No other cereal contains and furnishes more nutriment to the human system.

Orange Meat and Milk is a Perfect Food.

### CE CREAM....

THE BEST IN THE CITY

Nothing better than our Ice Cream Sodas with Fruit Syrups

PINEAPPLE, STRAWBERRY, CHERRY, ORANGE, LEMON and CHOCOLATE.

"FROM MILKMAID TO HOUSEMAID."

Ice Cream Bricks

Phone 845

Maple and Vanilla, Strawberry and Vanilla. Imperial Pints

Take one home and try it.

25 Cents PRICE'S

288 Princess St.

### ORANGES, ORANGES

Just received a car load of late Valencia Oranges, second to none that grows. Large and juicy. Prices from 30c to 75c per dozen.

R. H. TOYE, 302 King St. Phone 141.

## Ice Cream

If you once try our Ice Cream you

will be convinced that it is the Purest and Best.

SAKELL'S, 220 Princess St., next:



S. A. Kilpatrick & C Monument and Cemetery Work

Noted for keeping the best stock-doing the best werk-prices the lowest.

- Cor. Clergy St. Princess St. 

COAL!

Scranton Coal BOOTH & CO., FOOT WEST STREET.

Building? I can Supply

Wall Plaster, Lime and Portland Cemen

P. WALSH, 55-57 Barrack St.

BUILDERS LOW PRICES. ASBESTIC PLASTER FOR SALE. ALSO COAL AND ALL KINDS

OF WOOD. S. Bennett & Co. Cor. Bagot and Barrack Sts. Phone 941.

nore than what we don't.

HAVE YOU SEEN OUR Pianos

THEY ARE Durably constructed, Artistic Designed, Sweet Tone, and

We Please our Customers TRY US. Ail Popular Music direct from publishers.

REASONABLE PRICES

Fray Bentos

232 Princess Street, Kingston

or Sliced, 20c per lb.

.... Get it at .... D. COUPER'S. 341-3 Princess Street.

Wah Long's Laundry Fire ciase work guaranteed. Drop

Phone 76. Prompt Delivery.

me a card and I will call prompt your laundry. 155 WELZ-INGTON primeen Brook and Clarence Sty.