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I have in my possession a prescription for nervous debility, lack of vigor, weakened memory, falling memory and "brain back," brought on by excessive, unbalanced diet, or the illness of youth, that has cured so many worn and nervous men right in their own homes—without any additional help or medicine—that I think every man who wishes to regain his manly power and virility, quickly and quietly, should have a copy. So I have determined to send a copy of this prescription free of charge, in a plain, ordinary sealed envelope to any man who will write me for it. This prescription comes from a physician who has made a special study of men and I am convinced it is the surest-acting combination for the cure of debility, nervousness and vigor failure ever put together. I think I owe it to my fellow men to send them a copy in confidence so that any man anywhere who is weak and discouraged with repeated failures may enjoy dragging himself with harmful patent medicines, secure what I believe is the only sure-acting restorative, replenishing, STRENGTHENING, promptly prepared, and so cure himself of home quality and quickly. Just drop me the line that I have enclosed, and I will send you a copy of this special recipe in a plain ordinary sealed envelope free of charge. A great many doctors would charge \$20 to \$50 for merely writing out a prescription like this—but I send it entirely free.

Health Demands that the bowels be kept regular. Neglect means sickness. Sluggish bowels are quickly regulated by Beecham's Pills

Beecham's Pills

Sold Everywhere. In Boxes 25 cents

Every Woman

WATERBURY SUPPLY CO., Kingston, Ont.

Tips For Farmers

BY UNCLE JOSIE

Water Supply in Pasture.

Cows need a constant supply of water. In the summer time when the days are warm and the amount of moisture perspired by the animals is large, there is a more urgent demand that water be convenient to the animals and abundant. The common practice of shutting the animals in the back pasture lot from early morning till milking time in the evening without a chance to get to water, is wrong. Father arrangements should be made so the cows may come to the barn for water, or, better yet, a supply should be had in the pasture lot. A windmill can be easily and cheaply installed over a well in the field. The absence of buildings near will make a low derrick sufficient to get good results. With an overflow pipe properly arranged to carry away excess water, the mill may be kept in gear constantly and will usually keep the animals well supplied with fresh water. The only care required is to keep the pump packed and the mill oiled. Nothing, of course, surpasses springs for this purpose, but these are only to the few.

Limestone and Alfalfa.

Farmers, says Hoard's Dairyman, will do well to look over their pastures and meadows and note where sorrel and moss are showing. If either of these indications exist it is, says the Dairyman, a good sign. Alfalfa and limestone is the safest and best form. Lack of lime is, the Dairyman thinks, one of the chief reasons for the failure of alfalfa. It recommends crossing from one to three tons per acre where this is needed.

Poultry Notes.

A beginner in the poultry business will find it more profitable to begin with a few good birds. He can then increase his fowls as he learns more about the care and management of fowls.

Constitutional vigor in fowls or even in strains of fowls has much to do with the profits. Some fowls are subject to disease while others ward off disease in a remarkable degree. We should select and breed for vigor as well as utility.

Too much onions, fish scrap, and stale meat often causes eggs to have bad odor. It is unsafe to feed stale food to fowls.

If your little chicks become drowsy and refuse their food it would pay you to examine them for lice. An effective lice killer can be made by dissolving in kerosene oil all of the moth balls it will dissolve. Add a little carbolic acid. This may be applied with a brush and will disinfect.

Cultivating Hoe Crops.

Two mistakes are frequently made in the cultivation of hoe crops. Weeds are sometimes allowed to get such a start during the moist weather of June that it is difficult to get them again in check. A still greater mistake is made in quitting cultivation too early. Mangels or corn apparently clean around the first of August, are frequently left without further cultivation, the result being that enough weeds will mature their seeds to largely offset the value of the work done in the early part of the season. Moreover, lack of cultivation at that time of year will prevent the crops from attaining their fullest possible development. When Simpson Reine was farming he was in the habit of keeping up the cultivation of his corn until the stalks were so high that neither man or horse could be seen from the roadside. With mangels he also kept cultivation up to the latest possible date, the result being that the crop was largely increased in bulk and the ground left in better condition for subsequent crops.

University Men as Farm Laborers.

The Toronto Sun says: A number of English University men are coming to Canada in parties of ten; the first party has indeed, already arrived. These visitors, it is said, intend to visit all the larger cities as far West as Winnipeg, and to devote four days to actual farm work in the vicinity of each of the cities visited. This is to be done, it is said, "as a practical way of obtaining insight into conditions of Canadian agriculture and development." The visitors will have to possess more than the vision of a student if they can learn anything of real value about Canadian farm life in the manner proposed and in the time allotted.

Time for Cutting Alfalfa.

When deciding if alfalfa is ready to cut says Rural New Yorker, do not be governed altogether by the blossoms, although when part of the blossoms have come out, it is usually ready for cutting—but look at the plant as a whole and the roots and if new sprouts or shoots have started to grow, it is time to cut.

When alfalfa is well established on a farm it is profitable as a bank account, for instead of paying out money for grain to feed when pastures become short, as do most Eastern farmers (and there are few pastures that fully feed the cows during the best of the season) they have a crop on the farm that will give better results because of its green or succulent condition. As it has been often stated, the same weight of alfalfa hay has about the same feeding value as one ton of bran.

Notes of Interest.

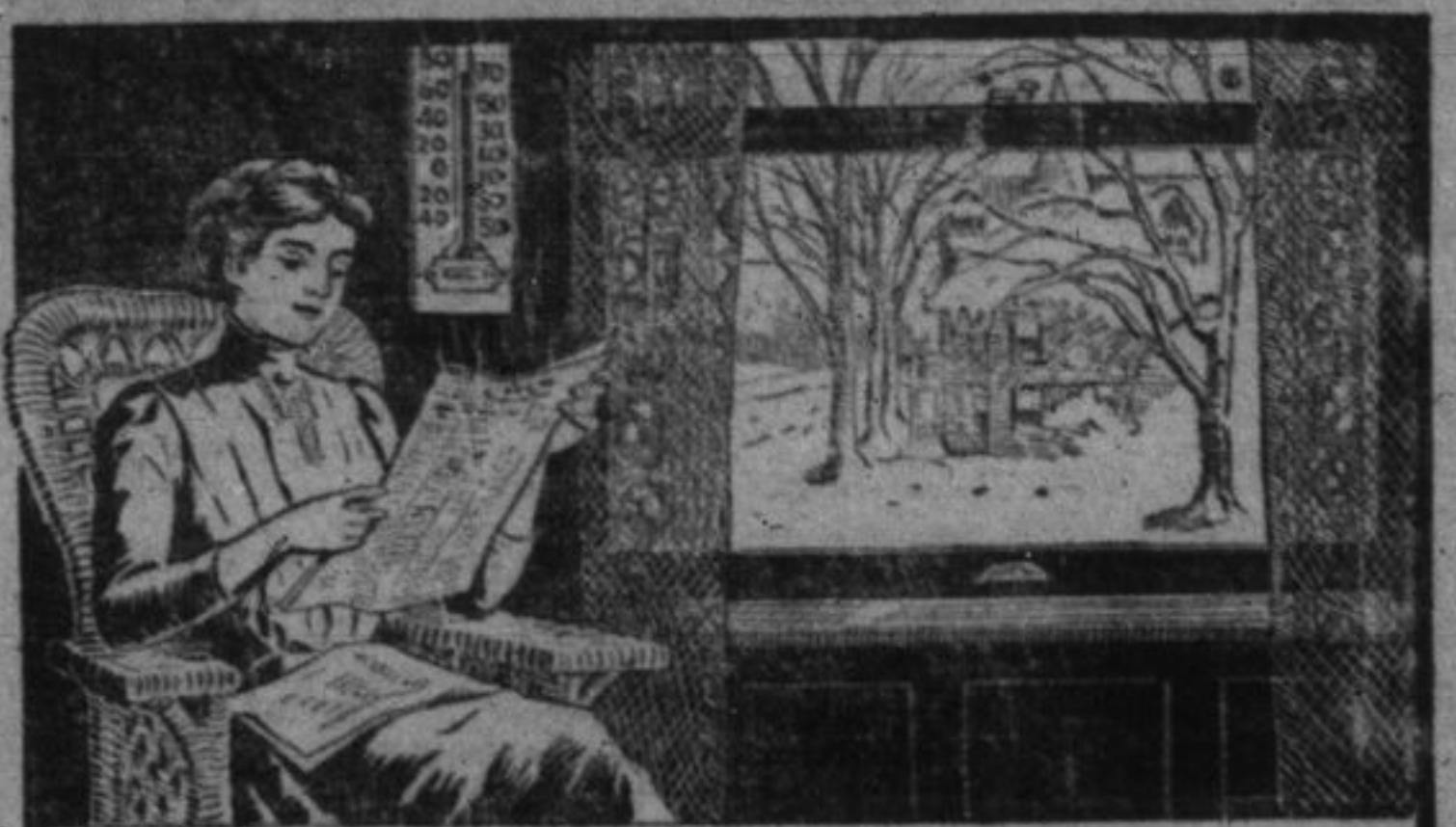
Prof. C. A. Zavitz, says that Ontario received four different parts of reports as to the crop in a very promising condition. In parts of Ontario the clover crop is said to be record-breaking. Winter crops, such as fall wheat, are a little patchy, but on the whole there is little reason for complaint. Jack, as soon as a grain harvest is taken off, unless the land is sowed to clover, shallow cultivation should take place. This will cause weed seeds to germinate and subsequent cultivation will destroy the plants. Deep cultivation after harvest will leave the seed in a better condition for next year's crop, and, as a weed killer, will be little less effective than summer fallow. Merchants in the South have awakened to the value of rural telephone lines, and are seeking to develop them, with a view to increasing their trade among the rural population. In certain sections they have made large contributions to aid the farmers in building their lines. The increasing scarcity and value of coal in the United States has, says the official organ of the National Grange, driven the farmer and others to the use of concrete for fuel stoves. It appears from a report upon the subject recently issued by the Department of Agriculture, that the initial cost of these stoves is not much greater than wood, and that their durability counterbalances this initial cost. Produce and Prices. Kingston, July 9.—The market clerk reports as follows: Apples, 40c. to 50c. bag; pears, 30c. to 40c. bag; cab-bag (new), 8c. to 10c. head; onions, 81 bag; potatoes, 35c. to 40c. Meat—beef (local), carcass, 7c. to 9c.; prime western beef, 811 per cwt.; by carcass; veal, 10c. to 15c.; live hogs, 9c. to 10c.; dressed hogs, 13c. to 15c.; pork, 13c. by cans; mutton, 12c. to 15c.; lamb, by carcass, 85 to 86; veal, 10c. to 12c.; ducks, \$1.25 to \$1.50 each; turkeys, 15c. to 20c.; fowl, \$1 to \$1.50 per pair; spring chickens, 90c. to \$1 pair; butter, rolls, 30c.; prints, 25c. and 26c.; fresh eggs, 20c. J. A. McFarlan, Brock street, reports flour, feed and grain selling as follows: Oats, 40c.; corn, 35c.; buckwheat, 65c.; barley, 55c.; rye, 65c.; peas, 81; yellow corn, 75c.; flour, \$3.85; Hungarian patent, \$2.90; oatmeal and rolled oats, 35.50 per barrel; corn meal, \$1.90 to \$2.; bran, \$20 to \$22 ton; shorts, \$25; straw (baled), \$9; straw: loose, \$9; hay, loose, \$15; pressed, \$14 to \$15. Dominion Fish Co. reports prices as follows: Salmon trout, 12c. to 15c. lb.; skinned digby herring, 20c. lb.; white fish, 12c. to 15c. lb.; pike, 10c. lb.; Chinook salmon, 20c. lb.; kippered herring, Yarmouth blotkers, 40c. doz.; perch, 30c. doz.; Atlantic salmon, 30c. lb.; salt codfish, 7c. to 15c. lb.; halibut, 12c. to 20c.; fresh haddock, 10c. lb.; bullheads, 12c. lb.; red herrings, 20c. box; mackerel, 15c. lb.; lake herring, 8c. lb.; sardines, 12c. lb.; sea bass, 12c. lb.; pickled, 12c. lb.; mackerel, 15c. lb.; John's stock, Black stock, reports as follows: Wool, washed, 25c. to 26c. per lb.; lambs and shearings, 15c. to 25c. per lb.; tail-wool, rendered, 5c.; dissons, 75c. to 80c.; veal skins, 12c. per lb.; hides, No. 1, 8c. per lb.; hides, No. 2, 7c. per lb.; hides, No. 3, 6c. per lb.; horse-hides, hair on, 8c.; horse-hides, hair off, 8c., 10c. and 12c. per box. NERVOUS SYSTEMS Always Follows a Run Down Condition of the Blood. It is an old story now that nervous people tell of how the blood becomes poor and thin, and then the nervous system falls. How many really know that the thin blood was responsible for the nervous disorder? The nerves get all their nourishment from the blood, and as thin blood is deficient in nerve-building material, the nerves become starved and the result, Dr. Williams' Pink Pills, is a tonic for the blood that supply it with the necessary elements to nourish and tone up the nerves and, the cause being removed, nature does the rest and health is fully restored. Mrs. Harry Patterson, Dawson, Minn., tells how she was cured of nervousness and general debility through the use of Dr. Williams' Pink Pills. She says: "A few years ago I was all run down and my system apparently all broken up. I was weak, nervous and all the time. When I got up in the morning I seemed to be more tired than when I went to bed. I could not walk up an ordinary flight of stairs without sitting down panting for breath, and my nerves trembled like a leaf. I got so that it was almost impossible to do my ordinary work, and so nervous that I wanted to cry about everything I did. I took several different medicines without the least benefit, then I read of Dr. Williams' Pink Pills and decided to try them. After taking two boxes I felt a little better and I got a further supply which I continued taking for about a month when I was as well as ever, could do all my household work without difficulty, and could walk for a long distance without being all tired out. In view of the wonders Dr. Williams' Pink Pills have done for me, I thought I would tell them to all weak, nervous, run-down people." Sold by all medicine dealers or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont. Queen's Curious Perquisite. The Welsh captain who caught a sturgeon in Peilthi harbor and offered it to King George was doing no more than his duty. His majesty is entitled to sturgeon, landed in the United Kingdom, and one of them, caught in the Thames, graced the festive board at Queen Victoria's wedding banquet. The king also has the right by statute to the head of every whale caught on the coasts of his kingdom. The tail of the whale is the Queen's property, the object of this curious provision being that her majesty shall always be well supplied with whalebone, although singularly enough the whalebone is the king's. Among other things which the king is entitled to receive are a pair of white doves, a pound of squabbees, a pair of scarlet hens, and a silver needle from his tailor. How's This? We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure. F. J. CHENEY & CO., Proprietors. We the undersigned have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all his business transactions and financially able to carry out any obligations made by him. WALTER KENNAN & MARVIN, Wholesale Druggists, Toledo, O. Hall's Catarrh Cure is taken internally and acts directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price, 75 cents per bottle. Sold by all Druggists. Take Hall's Family Pills for constipation.

MARRIAGE RITES

BRIDE TAUGHT AT START WHO IS MASTER.

Some Married Forty Times—Bridegrooms After Throwing an Orange at Bride, Goes Home and She Must Crawl Between His Feet.

When a Persian wishes to marry, says a writer in the Asmsonian, his mother, sister, or a middle woman takes it upon herself to choose a suitable wife for him. The majority of marriages take place before the bride and bridegroom have ever seen each other. But sometimes the girl may be invited to the house of one of her nearest relatives, where the suitor, hidden behind a screen or an arras, having a good look at the prospective bride, the ceremony is performed without the slightest knowledge of the girl. After these preliminary steps the parents of the girl are asked to favor the man with the hand of their daughter. If their consent is obtained, the bride among them, and families are invited to the bride's house, where a mollah (priest) is waiting to perform the ceremony. The room where the wedding ceremony is performed is partitioned off with a heavy curtain, behind which the women are seated, leaving the bride among them. After mulling a short prayer the mollah repeats three times the question whether the girl consents with her free will to become the wife of the proposed young man—a question to which she most naturally hesitates to answer. Perceiving the hesitation of the bride, the women try in every way to induce her to say yes, but in case of failure one of the old women cries out that she heard the bride say yes, and all the other women join in the assertion. The consent of the bride obtained in this dubious manner is approved and registered by the mollah. The same question is put to the bridegroom, and when his consent also is obtained the chief mollah draws up the marriage contract. Then the bridegroom is invited to kiss publicly the hand of his father-in-law and give him a round sum of money, called shir beha (milk value), for the milk with which his bride during her childhood has been nourished by her mother. This quaint ceremony and transaction over, the bridegroom departs immediately and a procession is formed to escort the bride to her future home. Surrounded by his relatives, friends and a band of musicians and dancers, he returns at a certain hour to meet his bride in the middle of the way. At sight of the procession he suddenly drives toward the bride, and throwing an orange at her goes home. The throwing of the orange is a relic of an old custom, according to which before a marriage was legally accomplished the bridegroom had to capture his bride by force. When the procession arrives the bridegroom is found standing in the doorway spreading his limbs like an inverted V, through which the bride must crawl to enter the house. This humiliating and rather ludicrous act is performed for the sake of impressing the young woman with the fact that her husband is master, while she is a slave. At the nuptials the bride and bridegroom meet most probably for the first time, but it is the woman who suffers most, particularly when she enters a house where her husband has already several wives and concubines. There are many instances which prove that such marriages bring more misfortune than happiness, as is illustrated by the events which followed the marriage in 1890 of the son of the late Premier, Minister, Emin-Dovleth, then minister of finance in Teheran, and the daughter of H. E. Mirza Mohsin Khan, then Persian ambassador at Constantinople. They disliked each other, but had to conceal it for the sake of their parents' political interests. When times changed and the young husband became minister of finance, finding some political power in his own person, he sent his wife back to her father's house. This act created strong animosity between the two families, resulting in political intrigues and plots, and finally in the unexpected death of the minister for foreign affairs and the banishment of the prime minister and his son from Persia. With these changes the fate of Iran was changed as well. Emin-Dovleth, having a European education and liberal views, outlined a scheme to reform his country and reorganize the government. But with his banishment ended all prospects of reform; his successor did all in his power to suppress progressive ideas in Persia. In Persia a woman's life is generally bitter both in and out of the harem. As a result of jealousy between the wives there are frequent fights which sometimes end in the death or mysterious poisoning of one or the other. The husband divides his time between his numerous wives, and if one happens to receive two visits a week she considers herself fortunate. During this time she must wait upon him constantly; she must address him as "agah," my lord, my master; and when speaking of herself she must say "kinn-e shoona," your waiting or your slave. Princesses and the members of the royal harem, however, do not follow this custom. If the wife enjoys the affection of her husband she is called after the name of her children, as "Malar-Hossein," mother of Hossein. Each member of the harem receives from her husband an fixed daily wage for her living. Outside of that she has no claim whatever on her master's property. She is liable to be discharged by her lord at any time, consequently she tries to steal from him in order to prepare a future for herself. Among the rich the meals are served separately, but among the poor the wife has often to wait until her husband has finished his meals before she eats. In spite of the luxury which surrounds the rich woman her lot is often more bitter than that of her poor sister, since she must serve two masters, her husband and the eunuch. Although the eunuch is but a slave in his master's house he rules over the women of the harem with a tyrannical authority, even fixing the hours when they shall eat and sleep. He may even administer punishments. A woman says it's easy to fatter a man, but hard to keep him balanced.



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NO matter how cold and blustery the weather may be outside, you will enjoy the warm, balmy air of June in your home this coming winter if you have the Sunshine furnace in your cellar. The Sunshine furnace is so perfectly constructed it simply must heat your home to your entire satisfaction. If it fails to do so it is because of some error in installation. In such a case we will send one of our expert furnace men who will discover the error and have it corrected. You are absolutely certain of a comfortable home when you buy the Sunshine. It is guaranteed by us to you. We have a competent agent in your locality. Consult him about size of furnace and arrangement of registers.



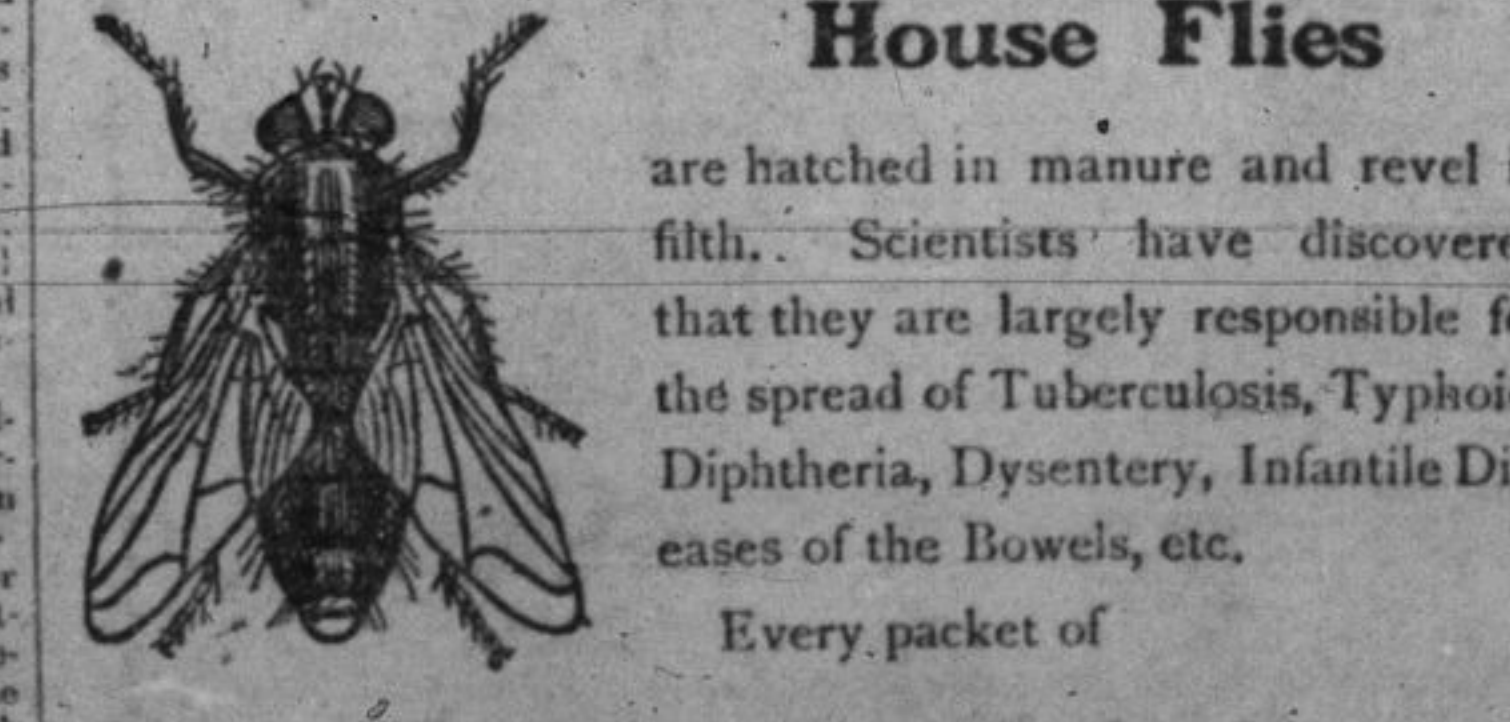
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Arrested, and Consumption Cured. Mr. G. D. Colwell, of Walkerville, Ontario, was stricken down with La Grippe in 1906 and it left him in very bad condition. He says: "I was all run down and bordering on Consumption. I could not sleep at nights, had awful sweats, and coughed nearly the whole time. This is how I was when I began to take Psychine, in a low nervous state; but from the first bottle I began to improve. I did marvels for me and brought me back to health in no time, making a new man of me." It fortifies the body against the attacks of La Grippe and is a sure preventative. I always take Psychine if I feel a cold coming on and it puts me right in no time.

NO HOME SHOULD BE WITHOUT PSYCHINE. PSYCHINE is the Greatest Strength Restorer and System Builder known to medical science, and should be used for COUGHS, COLDS, WEAK LUNGS, LOSS OF APETITE, WEARINESS. For Sale by all Druggists and Dealers, 50 cents and \$1 per bottle. Dr. T. A. SLOCUM, Limited TORONTO

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House Flies are hatched in manure and revel in filth. Scientists have discovered that they are largely responsible for the spread of Tuberculosis, Typhoid, Diphtheria, Dysentery, Infantile Diseases of the Bowels, etc. Every packet of WILSON'S FLY PADS will kill more flies than 300 sheets of sticky paper.

The Crimp in the Zinc Is the effective part of a Washboard. EDDY'S 3 IN 1 AND 2 IN 1 WASHBOARDS Are so named because the Good Features of the Crimping of all others are Combined, consequently are the MOST IMPROVED AND UP-TO-DATE. Ask for them. Give them a trial, Also EDDY'S FIBREWARE Tubs, Pails, Handy Dishes, Etc. THE E. B. EDDY CO., Limited, Hull, Canada.