IS THINNESS EMBARRASSING?

Undoubtedly It Is to Many a Maiden and Youth—While Even Those Well Along in Years Prefer Well Rounded Figures.

Prescription Increases Weight.

A scrawny, gangling youth or maiden is almost invariably slighted, overlooked or ridiculed in any social gathering. There is something about a plump or well proportioned figure which attracts not only friendship, but love and adulation as well.

People with a proper amount of flesh are favored in all walks of life, while the thin are unblessed, unwelcome and frequently miserable for life. The difference lies in the power of the digestive functions and the ability of the blood and nerves to absorb and distribute over the body the nutrition extracted from the food eaten.

The thin person is abnormal and lacks the power to absorb and retain the flesh and fat elements which the gastric juices in the stomach and intestines should extract or separate from all kinds of food and drink.

A recent accidental discovery has proven that tincture cadomene when blended with certain other drugs, will add from one to three pounds of flesh per week during treatment, while the general health and strength also improves wonderfully.

Get in a half pint bott! three ounces of essence of pepsin and three ounces of syrup of rhubarb; then add one ounce compound essence cardiol; shake and let stand two hours; then add one ounce tincture cadomene compound (not cardamom). Shake well and take a teaspoonful before and after meals, drinking plenty of water between meals and when retiring.

WITH the Underwood insurance policy system the policy and book record are made at one operation. For writing policies, the Underwood No. 3 is the perfect machine.

UNITED TYPEWRITER CO., LTD.
J. R. C. DOBBS,
KINGSTON.

Causes Debility

Here Are Facts Backed Up By a Strong Guarantee

Catarrh causes debility. In our opinion, most people suffering from general debility have catarrh. Such cases of debility cannot be completely cured by medicine not designed to eradicate catarrh. In every case where our remedy fails to give entire satisfaction we will not charge a cent for the medicine employed during the trial. Now, surely no one should hesitate to believe us or to put our claim to a practical test under such conditions. We will take all the risk; no one else can lose anything by the transaction.

We make these statements and this offer because we know and have time and again proved that Rexall Mu-co-Tone rarely fails to do as we claim. It is not a cure-all prescribed to cure every disease that flesh is heir to. It is intended for one purpose, i. e., to cure catarrh by assailing the diseased condition in a reasonable, scientific way, which is to employ agents that have been found to have the tonic and alterative power to correct faulty metabolism (tissue change) and to stimulate and help nature overcome the cause or causes of catarrh. This being done, appetite increases, nutrition improves, weight is gained, comfort of body is attained and life's work taken up with the zest natural to the perfectly healthy individual.

We want you to try Rexall Muco-Tone. Follow directions and take it regularly and constantly for a reasonable length of time. Then, if you are not satisfied, come back and tell us and the money you paid for the treatment will be returned without any argument whatever.

Rexall Muco-Tone comes in two sizes, 50c. and $1.00 a bottle. Sold only at our store.—The Rexall Store.

A rich, yet mild, brew, like REGAL Lager, is good for the nerves, heart and stomach. Your physician knows this, and will tell you that REGAL is a stimulant that cannot harm you. Try it.

HIGHEST GRADES

GASOLINE,
COAL OIL,
LUBRICATING OIL,
FLOOR OIL,
GREASE, ETC.
PROMPT DELIVERY.

W. F. KELLY
Clarence and Ontario Streets.
Toye's Building.

The steamer Normandy bound for Toronto with pig-iron, was wrecked off the coast of Newfoundandd. Her passengers and crew were saved.

CITY'S GREAT LOSS

THROUGH THE DEATH OF EDWARD J. B. PENSE.

The Passing Away of the Whig's Owner and Pilot Was Very Sudden—A Sketch of Mr. Pense's Active Career.

Death came with great suddenness to Edward John Barker Pense, managing director of the British Whig Publishing company, on Saturday afternoon. Mr. Pense, apparently in good health, attended to his office duties as usual on Saturday morning and went home to lunch after one o'clock. Shortly after half-past two o'clock, while working in his garden, he was suddenly stricken with apoplexy, and became unconscious after being taken into the house. Doctors Garrett and Third were summoned and were soon in attendance, but found the veteran journalist beyond human aid. The Dean of Ontario was hurried in an auto car to the home of his faithful parishioner and friend, and reached his bedside shortly before he breathed his last, at 4:45 o'clock. The members of the family at home were all present at the end. E. B. Pense, the only son, arrived Sunday morning from Toronto, and Miss Emma, the second daughter, at present of Newburg, N.Y., Sunday afternoon.

Shortly after Mr. Pense had passed away, the sad news was bulletined by the newspapers, and caused great sorrow throughout the city. The people were shocked and at first refused to credit the announcement, for so many had seen the Whig proprietor in the morning, and again saw him driving home in the early afternoon. At his office in the morning, Mr. Pense had discussed the death of his majesty the king, with his editorial staff, and by request had written the racy account on the eighth page of Saturday's issue, of his recollections of the visit of King Edward, when prince, to Kingston, in 1860. The bright sketch was penned with rapidity, showing how clear the writer felt as he recalled that great event of half a century ago.

THE LATE EDWARD J. B. PENSE.

Mr. Pense was born in Kingston on June 3rd, 1848, and was educated at the Kingston Academy. He succeeded in 1872 to the proprietorship of the journal, which his grandfather, Edward John Barker, had founded in 1834, and conducted for thirty-eight years. Dr. Barker was a man of marked individuality. He had his own opinions of passing events, and in the early political history of the country, especially during the period when the seat of government was located in Kingston and when governments were made and re-made with startling rapidity, he made his mark. He was a prolific writer, but he was a particularly pointed one and discussed the issues of the day in terse and caustic language. His vigor of style was only equalled by his vigor of intellect, and while yet an old man, over eighty years, wrote for the Whig, the child of his journalistic genius, reminiscences of a most remarkable character. It was one of the happiest thoughts to the venerable gentleman in his declining years that he had been one of those who saw in John A. Macdonald, the young lawyer, in the forties, the evidences of that statesmanship which later made him as premier a conspicuous figure in the national life of Canada.

It was under the guidance of such a man, closely identified with the political incidents of his time, and under his inspiration that Mr. Pense began his newspaper training. A love for the work was hereditary. His father, Michael Lorenzo Pense, was for some time the publisher of the Argus, of Kingston, and an attache of the Whig.

A Born Journalist.

Mr. Pense began as city reporter at the age of fifteen. He was a hard worker, and if he could get a dozen exchanges to pore over his joy was complete. At the age of twenty-three after managing the paper for several years, he purchased it for $7,500 entirely upon credit, without a dollar of capital or financial backing. His success was steady and substantial. He saw the necessity of new departures and the paper underwent a complete change. Its identity in journalism became more marked, its opinions more aggressive, its political influence more direct. As the exponent of liberal principles it has always been credited with being largely instrumental in educating the people so that parties became more evenly balanced. Mr. Pense, in short, was a born journalist and he, in the exercise of a reasonable ambition and by a persistency of purpose, made the Whig one of the best papers in Canada. Its circulation and its usefulness were increased tenfold; with every department of the business he was familiar. In editorial as well as practical work, he was expert, and as a writer clear, terse and vigorous. Every advantage he gained was the legitimate result of application. In some sense, therefore, he was a representative Canadian in the fourth estate.

Withal none had led a more active public life. For five years, 1876-1880 inclusive, he served as an alderman representing Frontenac ward and when elected mayor in 1881 was the youngest man who had filled the position. He sat for six years on the public school board and was given the chairmanship twice. He served for twenty years on the collegiate institute board, for two years as chairman. He was president of the young men's liberal club for seven years, president of the Kingston Reform association for five years and of St. George's society, for many years; was president of the Kingston lacrosse club for many active seasons, as well as of several other clubs; was the active spirit of the Kingston athletic association, was master of Minden Masonic lodge in 1878 and 1879; was warden of St. James' church for fifteen years, and lay delegate to the synod of Ontario for over thirty years and was treasurer of synod a long time and prominent in church building and in creating parochial improvements; conducted negotiations which led to the settlement of the medical co-education difficulties, and was president of the Kingston Women's Medical college, the first of the order in Canada; was life governor of the Kingston general hospital and while chairman in 1892 and 1893 promoted several new buildings and general improvements; was president of the Canadian Press association in 1881-2, when the enjoyable excursion into Manitoba occurred and Pense Station was named in memory of the visit. He was trustee of Ontario sees house, which he negotiated and renovated after several other attempts at a scheme of purchase had failed. He had a leading part in establishing the dairy and veterinary schools, of Kingston, as chairman of committee; was part proprietor and president of Carnovsky Wood Working company; was long president of the Kingston Infants' Home.

He organized the home committee of the Kingston Old Boys' association, and for the past eight years was active in welcoming home the sons of the Limestone City living abroad. Last summer he had the pleasure of entertaining the homecomers to the number of a thousand at his beautiful residence on King street west.

Mr. Pense had a faculty of uniting those about him in public bodies in working harmony, which accounted for his retention for long periods in public positions.

His Political Life.

Mr. Pense entered the political arena in 1902, when he was elected by acclamation, at a bye-election, to succeed Hon. William Harty as local member of the Ontario legislature. A general election followed in May and Mr. Pense was elected over Mayor J. Morgan Shaw by 136 votes. In January, 1905, he was again the Liberal candidate for the Ontario house, at the time the Ross government was tottering, and by his strong personality he was elected by the small majority of twenty votes, when nearly all his political friends and liberal stalwarts in other constituencies went under. He was unseated the following October, on account of a couple of bribery charges being sustained, before Justices Street and Teetzel, but in the following January he defeated D. M. McIntyre in a bye-election by thirty-five votes in a remarkable contest, both parties signing an agreement that a clean election would be conducted, and not even cabs hired. This election was regarded as the greatest tribute that Kingston could pay to one of its sons, for Mr. Pense was running in opposition to a strong government and in a constituency that was equally divided politically.

When the next general election was called Mr. Pense wanted to retire from political life, as he had announced more than a year before that he would do so, but when the time of his election came there was no one to take his place, and, loyal to his party as he had been for the previous thirty-six years, he stepped into the breach, although he recognized that the chances of his winning again were very uncertain. "I couldn't desert my party," he said after he had finally accepted the nomination. At the June election he was defeated by W. F. Nickle.

His loyalty to liberalism was deep. He was one of the old guard of the time when the liberals in Kingston were small in number. That was the time when William Robinson was elected as member of the legislature as an independent liberal, and when the liberals gained power at Toronto. No one in the city will mourn his death more than Mr. Robinson, for whom he fought valiantly. By his death the liberal party has lost one of its strongest men.

Leader and Worker.

Mr. Pense was always a leader in benevolent and patriotic movements. Whatever was good for the community had his support. He was public spirited and broad-minded. Almost alone he raised a large amount of money to erect the fountain in front of the court house to the memory of of his old political foe but his personal friend, the late Sir George A. Kirkpatrick, ex-lieutenant-governor of Ontario. Everybody recognized his loyalty to Kingston. No man did more by pen and voice to give his native place a standing and a reputation. It is very doubtful if Kingston to-day would have had its Grand Opera House but for him. After the old house was built, and when things looked much against a re-erection, Mr. Pense came forward, organized a company, and built the city a playhouse that is a credit to it. It was his optimism that enabled him to do what he did.

Only those intimately associated with him know what a tremendous worker he was. He was ever busy, and yet found time to enter new fields of labor. Because of his strenuous work, he lies dead at the early age of scarcely sixty-two, for he was cut off at a time when he was as active and vigorous as he was twenty years ago. During the past few years he became editor and publisher of the Ontario Churchman, a monthly church journal, and last year he began the publication of a weekly church paper, called Church Life. Both these papers have been a success through his energies.

Mr. Pense was a leading churchman, and Ontario diocese and St. George's cathedral have lost a man who was an energetic Christian worker and a devout worshipper. He was a man of kindly sympathy, and beloved by all who worked under him beneath the Whig roof.

Two years ago, Mr. Pense purchased "Mortonwood," the fine residence and grounds on King street west, from Lieut.-Col. H. R. Smith, A.D.C., and changed its name to "On-gwa-na-da," the Indian word for "Home Sweet Home." This was the residence in which King Edward was to have lodged when he visited Kingston in 1860 as Prince of Wales.

Mr. Pense was twice married. In 1877 he wedded Miss Cornelia Vaughn, daughter of the late Ray G. Vaughn, and who died in February, 1897. He is survived by his second wife, formerly Miss Hamilton, daughter of Mr. and Mrs. Clark Hamilton, of Kingston; one son, E. B., of Toronto, and four daughters, Miss Emma, professional nurse, of Newburg, N.Y., and Misses Edith, Elsie and Marjorie, at home. James P. Pense, of Kingston, is a brother, and Mrs. W. D. Gordon, Montreal, a sister. In their great bereavement, they have the sincerest sympathy of the whole city.

The funeral will take place from St. George's cathedral on Tuesday afternoon.

At St. George's Cathedral.

Pausing for some moments as he ended his loyal tribute to King Edward, in St. George's cathedral, on Sunday morning, the Dean of Ontario said:

Before I leave this place I cannot but take this opportunity of expressing our sense of loss, both as a city and as a congregation, caused by the sudden removal from our midst by the hand of death, of our dear friend, Edward John Barker Pense. His summons came with a swiftness that makes it almost impossible to realize that he is indeed taken from us. When I heard his familiar voice, on Friday night, informing me of the calamity that had befallen the empire by the death of the monarch who had no more loyal subject than he, I little thought that in less than twenty-four hours I should be summoned to his bedside but a few minutes before he drew his last breath. Indeed I was just in the act of writing him a summons to a committee on behalf of that mission cause in which he has been so active, when I was called to his bedside. Others can speak of him as a citizen, whose public spirit was ever at the service of every cause likely to benefit the community of which he was so honored a member, better than I, or of his love for his country which all who heard his enthusiastic speech the other night could never doubt. In this place I will content myself with thanking God that in the midst of the numerous distractions of an exceptionally busy life he never forgot the claims of the Master or His service, a service which he gave most ungrudgingly and zealously, the extent of which we shall only realize now that he is gone. Brethren, it is lives lived in the spirit in which he lived that are most valuable possessions for this or any other country, for it was the life of a good man, lived with a deep sense of his responsibility to God. Our deepest sympathy goes out to those near and dear to him who have been so suddenly stricken, but we know that even in their sorrow they will rejoice to feel that he was ready to obey the summons of his Master, and as a good and faithful servant, to enter into the joy of his Lord.

A cross of flowers hung between the pillars of the altar at celebration and matins, placed there in grateful and affectionate remembrance by a few of the members of the congregation.

Tribute at St. Paul's.

In St. Paul's church on Sunday morning, just before the sermon, Rev. W. F. Fitzgerald, vicar, paid a graceful tribute to the memory of Mr. Pense. He stated that the deceased journalist was an honor to his political party, and that he always rejoiced to see men like Mr. Pense returned to parliament. Mr. Pense, the vicar said, was a man of strict integrity, concerning whom, as he lies in death to-day, even the voice of scandal cannot sully his character.

Dr. Mackie's Appreciation.

At the Sunday evening service in St. Andrew's church, Rev. Dr. Mackie, at the close of his discourse on "Christian Mourning," made the following reference to Mr. Pense:

"Here would I pause, but my heart would go further on. I think I am not going out of my way when I speak of the very sudden and sad death of Mr. Pense, for we always thought of him as one belonging to us all. We always regarded him as one of our most prominent and enthusiastic citizens, eagerly looking out for every chance of advancing the true interests of the city. He belonged to a party, no doubt; we must all do that if we think, and for a time he represented his powerful party in the provincial parliament, but I do not think that anyone ever felt or said that in political warfare he was ever dishonorable in his tactics, self-seeking in his ambitions or blind to the claims and excellencies of the opposite party. When in power he strove as far as he could to forget party, and be a representative of the city, watchful of her interests, and intent on securing beneficial legislation, the welfare of the city and the province, and this only, and in the disinterestedness of his motives, and the righteousness of his efforts, and in the esteem of the community he had his reward.

"Moreover, if we think of him as the proprietor and editor of the British Whig all these years, we cannot but feel ourselves under lasting obligations to him when we think what might have been—clean paper, high moral and religious tone not common in newspaper columns and the constant consistent advocacy of all thought and purpose that had an uplifting, elevating influence on human life and progress to perfection. The full value of such an influence working through the press of the country no human mind can estimate.

"From a life of manifold labor he was gradually releasing himself, hoping to enjoy the sweet fellowship of his home and beautiful surroundings but recently acquired, a well-earned, restful evening. But while he was busy here and there with the embellishments of his grounds he was gone, and Kingston lost one of her most useful and honorable sons, a loss of which the whole city, irrespective of political and ecclesiastical complexion, is deeply conscious, and so turns, its heart full of sympathy, towards that darkened home where those who knew him best and loved him for what he was, mourn and will miss him most."

Tribute From the Standard.

The Whig, by request, publishes in advance the following appreciation from the Kingston Standard:

The sad news of the sudden death on Saturday of E. J. B. Pense, proprietor of the British Whig, will come as a distinct blow to Kingston and the people of Kingston. Few men were better known in Kingston than he, and no one was more respected. Beginning his business life in this city at an early age, here he has ever since remained, here given of the best that was in him for the city, its people and its interests. Mr. Pense was more than a good citizen; he was an all-round citizen, by which we mean a man who took an active, an energetic and an enthusiastic interest in everything that directly or even remotely promised to make for the good of Kingston, of which he was so dearly fond and to which he was so generously and heartily loyal. It mattered not what shape the project took nor in what direction it moved—so only that it was for Kingston's good Mr. Pense was for it. Being human, like the rest of mankind, he made his mistakes, but greater by far than any small mistake was the superb good which he accomplished, and the persistent work and the untiring energy which he at all times directed to the advancement of the city—and this whether as alderman, as mayor or as the honored representative of the city for many years in the legislature; whether in journalism in which profession he was distinguished, not alone in the city but throughout the country, having at one time been president of the Canadian Press Association; whether as the moving spirit in many lines of clean sport in which he always took a keen and lively interest; whether as a director in various industrial enterprises; whether as a leader in charitable organizations, or in church work; or whether as a plain, every-day citizen and newspaper man in the quiet of his home or his office.

There is something tragic in it all, that, preparing as he was to retire from the more active participation in the field of journalism, a fearfully strenuous field at any time, to the end that he might enjoy a well-earned rest in the beautiful new home into which he had just moved amid the shelter of the great trees which he loved so well and to the music of the waters of Lake Ontario as they rolled along past his very doors—there is something tragic in it all that it was given to him to live to enjoy it for only a few brief months. The mysterious workings of Providence are indeed past finding out.

And yet he died as we believe perhaps he should have liked to die, and as many good men die—in harness. Only a few hours before his death he had worked upon the very fine paper which the Whig put out on Saturday on the occasion of the death of King Edward, and from his pen had come one of those splendid inspirational articles of which, when the spirit was on him, he was so capable, and which have so largely helped to make the paper what it is to-day. It was a good work, well and truly done.

It is a matter of pride and of pleasure to the publisher of the Standard that it was given to him in the past year or more to come to know Mr. Pense intimately and well, both in a personal and in a business way. The result of this the readers of both papers must not have been slow to recognize—that early misunderstandings were swept aside, early unkind words forgotten and a splendid and cordial feeling of good will established between the two newspapers and their staffs, so that now the Whig and the Standard have to say of each other nothing but kind words. And to the everlasting credit of him who now lies dead let it here be said that largely to him was this due, for he it was who by his large-mindedness, his tact, his ready willingness to help a fellow journalist, his wish to be at peace with his neighbors and to do unto others as he would be done by—he it was who, like the Christian gentleman he was, led the way to this happy understanding—led the way that we should appreciate and honor him the more. Whether as citizen or friend, as husband or father, or journalist or public servant, his death is a distinct loss. Kingston and the people of Kingston will miss him—but they will not forget him. His work and his deeds live after him.

To the bereaved family the Standard extends its heartfelt sympathy and shares in their sorrow. They have lost husband and father; the Standard has lost a friend.

Canadian Freeman's Tribute.

The Canadian Freeman, in its issue to-day, contains this editorial:

"Mr. Pense was active to the last, and fell in the midst of those activities that had known him so long, and the blow will fall heavily on family, city, province and nation, for out of the life of each has passed forever the soul and heart of a loving husband, a kind father, a clean public-spirited citizen and a Canadian of the highest and noblest type. Personally, the blow strikes hard. We knew him so long and well, and had grown up in the sunshine of his great big generous nature. From a boy apprentice in his office to that advanced stage of manhood, where the silver streaks of age are now beginning to crown the years, we have gone in and out of the office of E. J. B. Pense, and have had almost daily contact with him in a hundred ways, and now that his chair is vacant in his lonely office, and the place that knew him so long will know him no more, none will miss him more than the proprietor of the Freeman, and in the name of the paper and its readers we extend to the grief-stricken family our sincerest sympathy in their sad bereavement and commend them for consolation to that source of comfort that never fails in such conditions.

"Mr. Pense was one of the best and ablest journalists in Canada—a man of great and varied abilities, of keen sympathies—broad and generous in all his views, and a true friend whose friendship was worth cultivating. Narrowness and bigotry found no place in his manly nature, and malice was foreign to his whole being. He was large enough for stupendous things, and humble and child-like enough to be touched by the needs of a babe or the demands of the weakest dumb creature."

Expressions of Sympathy.

R. Marshall, secretary of the Kingston Old Boys' association, of Toronto, writes the Whig, expressing the sincerest sympathy of that association, of which Mr. Pense was a warm supporter, and by the members of which he was highly esteemed. The association has appointed George B. McKay, manager of the local branch of the Bank of Toronto, to place a wreath on the casket of Mr. Pense, and also for him to represent the association at the funeral.

J. McDonald Mowat received a telegram from Hon. A. G. MacKay, leader of the liberal opposition in the Ontario legislature, which read: "Convey to the family my sincere sympathy in the death of Mr. Pense."

Adjutant Smith, of the local corps of the Salvation Army, writes as follows to the Whig:

The Salvationists of the city deeply regret the sudden death of the late E. J. B. Pense, who proved himself to be a sincere and practical friend of the army for many years, and extend to the members of the bereaved family their sincere sympathy and earnest prayers.

One second-hand parlor suit, 3-pieces Walnut frame. Regular $65, for $20, at R. J. Reid's.

Mrs. William Lake, Queen street, has returned from Madoc, where she spent five weeks with her daughter, Mrs. (Rev.) R. Bamforth.

Sponges, from 25c. to $5 at Gibson's Red Cross Drug Store, 'phone 230.

BAD STOMACH

Many in Kingston are Being Thoroughly Purified by Miona, the Guaranteed Cure for Indigestion.

People of Kingston who suffer from dyspepsia and other stomach troubles are getting tired of taking preparations containing pepsin, because pepsin simply digests the food artificially. Pepsin relieves, it never cures.

And remember, pepsin only digests animal food; it has no effect on starchy food, such as potatoes, rice, bread, etc.

Mi-o-na cleanses and purifies the stomach and bowels, and tones up and puts energy into the stomach walls, so that they properly mix the food with the natural digestive juices of the stomach.

Mi-o-na tablets quickly arouse the stomach from its inaction, and in a few days it is able to do its work easily and without exertion. There will be no more sour stomach, fermentation of food, dizziness, sick headache, belching of gas, or foul breath.

Mi-o-na only costs 50 cents a large box, and is guaranteed by G. W. Mahood to cure dyspepsia, sea or car sickness, vomiting of pregnancy, and stomach sickness resulting from over-indulgence of the night before, or money back.

HYOMEI
(PRONOUNCED HIGH-O-ME)
CURES CATARRH, ASTHMA, Bronchitis, Croup, Coughs and Colds, or money back. Sold and guaranteed by G. W. MAHOOD.

WAS BALD SIX YEARS.

Three Months of the New Scientific Treatment Restored His Hair.

Baldness is caused by dandruff, which is caused by a germ. Kill the germ and it is almost certain that hair will grow again, if the follicle has not been totally destroyed. Nels Peterson of Lime Spur, Mont., says "I had been bald six years, and had tried all kinds of 'cures,' but without any benefit whatever, until I tried Herpicide. November 16, 1899, I began using Herpicide, and in three months a fine growth of hair covered my head completely." Ask your druggist for Herpicide. Everybody can have luxuriant, glossy hair, if Herpicide is used thoroughly. Take no substitute.

Sold by leading druggists. Send 10c. in stamps for sample to The Herpicide Co., Detroit, Mich. One dollar bottles guaranteed. G. W. Mahood, special agent.

To Be DYSPEPTIC Is To Be MISERABLE.

Dyspepsia is the prevailing malady of civilized life. It is largely due to gross errors in diet, over-eating, too free indulgence in stimulants and over-taxing the stomach with indigestible food, eating too rapidly without chewing the food sufficiently, indulging in hot biscuits, pastry, pickles, confectionery, etc.

Burdock Blood Bitters has an established reputation, extending over thirty-four years, as a positive cure for dyspepsia in all its forms, and from all diseases arising from it.

Can Eat Anything Now.

Mrs. Herman Dickenson, Benton, N.B., writes: "I have used Burdock Blood Bitters and find that few medicines can give such relief in dyspepsia and stomach troubles. I was troubled for a number of years with dyspepsia and could get no relief until I tried Burdock Blood Bitters. I took three bottles and became cured and I can now eat anything without it hurting me. I will highly recommend it to all who are troubled with stomach trouble."

For sale by all dealers.

Manufactured only by The T. Milburn Co., Limited, Toronto, Ont.

The SS. Normandy sank twenty miles south of St. John's early on Saturday. All of the crew reached the shore safely in the steamer's boats.

Catspaw Rubber Heels

are the only Rubber and Canvas Heels on the market. The Canvas does the trick; they won't slip.—All Shoemen.

The Royal

For comfort combined with style and beauty, a shoe that has won the hearts of thousands of men and women all over the world.

Made in Blutcher, Button or Straight Lace. All the popular leathers If you want the most satisfactory shoe on earth try a

ROYAL

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Fresh Strawberries

Every Day This Week

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