

COUGHING BURST

BLOOD VESSEL. Says Danger Avoided and Cures Coughs in 5 Hours. A writer for the medical press states...

RAILWAY TRANSFER

AT GANANOQUE TO THE G. T. R. REMAINS ASSURED. Death of William Hogan—Russell Britton to Referee the Seely's Bay—Westport Final Game in Brockville.

RHEUMATISM CURED.

Zam-Buk Rubbed Well in is a Sure Remedy. As soon as you feel any deep-seated pain in the joints, back, wrists, or elsewhere, place a liberal supply of Zam-Buk on the fingers or on the palm of the hand, and rub it well in.

PITH OF THE NEWS.

The Very Latest Culled From All Over The World. More than 6,000 steerage passengers have left Southampton for the United States within a fortnight, breaking all records.

HIGHEST GRADES

GASOLINE, COAL OIL, LUBRICATING OIL, FLOOR OIL, GREASE, ETC. PROMPT DELIVERY.

W. F. KELLY

Clarence and Ontario Streets. Toye's Building.

KINGSTON BUSINESS COLLEGE

HEAD OF QUEEN STREET. Highest Education at Lowest Cost. Twenty-Six year. Fall Term begins August 30th. Courses in Bookkeeping, Short-hand, Telegraphy, Civil Service and English.

WALLACE & PARKS.

Florists. Night Phone 235. Day Phone 235. All kinds of Flowers and Plants in season. Weddings and Funeral Coiffure a specialty. Shipped to all parts.

First Showing Of New Spring Shoes

Our buyer has just returned from Boston and New York, having visited the best American Shoe Manufacturers. The liberal orders placed have arrived and we are now showing the newest up-to-date effects in Eastern Footwear, including

The New Queen Quality Shoes For Ladies.

We will be pleased to have you call and inspect the new lines.

J. H. SUTHERLAND & BRO. THE HOME OF GOOD SHOES

NOT a useless intoxicant, but a liquid food of a palatable and enjoyable kind.

Labatt's India Pale Ale

A comparatively light beverage, made from barley malt, selected hops and pure spring water.

NOT charged artificially with gas, but allowed to mature naturally.

NOT pasteurized, but retaining the delicate flavor and aroma of hops and malt.

BE NOT MISLED by New Brands, New Ways of Brewing, Cheap Methods of Corking or Sealing.

LABATT'S is to-day the Most Palatable of Ales and at the same time the Most Wholesome of Beverages.

James McParlan 339-341 King St. E., Kingston.

THIRD OPERATION PREVENTED

By Lydia E. Pinkham's Vegetable Compound

Chicago, Ill. — "I want to tell you what Lydia E. Pinkham's Vegetable Compound did for me. I was so sick that two of the best doctors in Chicago said I would die if I did not have an operation. I had already had two operations, and they wanted me to go through a third one. I suffered day and night from inflammation and a small tumor, and never thought of seeing a well day again. A friend told me how Lydia E. Pinkham's Vegetable Compound had helped her, and I tried it, and after the third bottle was cured." — Mrs. ALYSSA SPRELLING, 11 Langdon Street, Chicago, Ill.

If you are ill do not drag along at home or in your place of employment until an operation is necessary, but build up the feminine system, and remove the cause of those distressing aches and pains by taking Lydia E. Pinkham's Vegetable Compound, made from roots and herbs.

For thirty years it has been the standard remedy for female ills, and has positively restored the health of thousands of women who have been troubled with displacements, inflammation, ulceration, fibroid tumors, irregularities, periodic pains, backache, bearing-down feeling, flatulency, indigestion, dizziness, or nervous prostration. Why don't you try it?

SPRING IS NEAR

Time to Buy that Piano you have been Planning for.

Drop in at 232 PRINCESS ST

And see the Large Stock of WORMWITH AND WEBER PIANOS

Sweet Toned. Artistic Designs. Durable Construction. Popular Prices.

Wormwith & Weber Piano Co., Limited 232 PRINCESS STREET, KINGSTON.

FOR SCRANTON COAL

All kinds of Wood & Lumber, Try S. BENNETT & CO., Cor. Bagot and Barrack Sts. Phone 241.

Has Been Doing Well.

In speaking of a change from augmentation to self-supporting church at Harwood and Rosebath Presbyterian churches, the Peterboro presbytery, in expressing thanks, said: "The pastor, Rev. J. H. Black, has proved that a man of ripe experience and years of service in the ministry can be as active, forceful in preaching and faithful in pastoral work as the most active politician, or physician in their spheres of activity."

Will Return to Odessa.

Mrs. Lewis, Odessa, who has been under medical treatment in Toronto the past two months, is much improved, and is now spending a pleasant time with her daughter, Mrs. T. G. Henderson, 83 Terrace Hill avenue, Brantford. Mrs. Lewis will return to Odessa, about April 1st, accompanied by her sister, Miss J. Rees, of Toronto, who intends to open a millinery parlor. Mrs. Lewis will again conduct her ice cream parlor at Odessa.

To Serve Three Years.

Deputy Sheriff Benjamin Waterworth, London, arrived in the city, on Thursday, with Thomas Currie, who was found guilty of theft, and given three years in the penitentiary.

"Now I Sleep Well"

Horrors of Sleeplessness Recited. "Nothing in life can be quite bad if one sleeps well," says B. Bissley, in his interesting letter.

"I was a heavy smoker and an active business man. In the lumber business one is in the air a great deal and seldom without a cigar. My doctor said that incessant smoking was destroying my nerves and mind.

"Finally I got indigestion and this was the climax. It kept up such fermentation that very marked sleeplessness set in, and if there is any worse horror than chronic sleeplessness, happily I haven't experienced it.

"When I began Ferrozone to fatten and tone my nerves, I had fallen into a state of depression and melancholia that alarmed my family. I don't wonder it did, for one gets in the way of thinking of very unpleasant things when their nerves give out, and sleep is denied.

"It is all like a nightmare now, yet I shall always be careful and take an occasional course of Ferrozone, which will prevent a return. It effectually restored me to health.

"You can refer anyone to me that wants to know more about Ferrozone, but a trial is the best recommendation."

For the nervous, those who are run-down, pale, sleepless and in poor health, there is no tonic that will rebuild so quickly as Ferrozone. It's good for men, women and children. 50c. per box, six for \$2.50, all dealers.

GRAND OPERA HOUSE.

"Eddie" Foy Made First Appearance in Kingston. The famed comedian, "Eddie" Foy, in "Mr. Hamlet of Broadway," made his first appearance in Kingston last evening, and delighted his audience.

Foy is one of America's best comedians, and those who had not seen him before were reminded of Francis Wilson. In some respects these two comedians are somewhat alike in their ways.

With Foy is a fine group of principals, the most popular of whom was Miss Gold, "Molly Brown." Foy and Miss Gold took the audience by storm. The chorus work and the staging were exceptionally good.

There is one chorus in the first act, however, that requires the attention of everybody. The bathing girls are altogether too scantily clothed and put the "gods" in hysterics. If the number is allowed by the morality inspectors of Toronto and Brantford it will be a wonder.

It is entirely too strong for a Canadian audience, and mars the production.

During the performance Mr. Foy announced the scores of the Frontenac-Preston game in a clever manner. At half-time the 2 to 0 tally was given in an impressive manner during the closing ensemble of the first act. When the score was four to one in Frontenac's favor Mr. Foy brought it in at the close of one of his songs and fairly brought down the house.

To-night "Three Twins," the musical comedy production that all last year was a potent attraction at the Herald Square theatre, New York, comes to the Grand.

A period of extreme hilarity is promised and the advance demand for seats indicates that the engagement will bring patronage of record-breaking proportions. The play is to be presented by the original company.

Clifton Crawford is the prime factor in the development of the plot and the spinning of the entertaining confusions of the underlying fable. Mayme Gehrig, who is particularly well-known here, both through her appearance in musical comedy and vaudeville, has the important feminine role and does the "Yama Yama" number. The music runs in smooth and tuneful current and the manipulation of the seventy choristers and augmented orchestra is accompanied by spectacular mechanical and electrical effects. Of the musical numbers "Yama Yama," "Goddie Me," "The Girl Up There," and "The Good Night Serenade," and "Oo, La-La" have attained the greatest vogue.

Charley Grapewin in a New Play.

In tragedy there are tears, but in comedy there is fun. Let us laugh and be merry for if we laugh the world laughs with us, but if we weep, we weep alone. There is many a laugh to be had and not a tear to be shed by a visit to Charley Grapewin's new play, "Above The Limit."

at the Grand on Saturday, March 12th, matinee and night. For a sweet, clean and clever play "Above The Limit" is all that its name implies. There is no limit to fun, to laughter, to happiness, in this new offering of Mr. Grapewin, whose cast includes Miss Anna Chance and a strong support.

R.A. Hotel Arrivals.

H. C. Cockburn, Toronto; F. L. Hall, Perth; J. W. Parish, George O'Brien, Toronto; W. G. Davidson, Montreal; H. G. Brown, Peterboro; L. D. McKellar, V. Brest, E. Johnston, Toronto; M. Gillard, F. H. Stacey, Montreal; E. B. Flurey, Hamilton; H. H. Williams, G. W. Evans, B. Misner, W. A. Hewitt, J. F. Wilson, W. R. Bosworth, Miss Lock, A. L. Lock, R. Stephenson, Gordon Finch, J. D. Mills, Toronto; Lewis Paton, Miss V. A. Lott, Hartford; N. P. Smith, Toronto; V. R. McGiffin, Trenton; J. E. Leggett and wife, Sharbot Lake; J. W. Allison, Pictou; W. H. Chadwick, Toronto; George A. Barragar, Belleville; F. A. York, Montreal; George Peacock, Frederick Curry, W. G. Wood, H. Holland, Toronto; Miss Amis, Quebec; Samuel Harris, Montreal; W. H. Boddy, E. R. Doward, Toronto; W. Wilcott, Belleville; F. E. Sweet, Rochester, N.Y.; E. Fortis, Moose Creek, Frank A. Nye, Montreal; Thomas Jones, Hamilton.

A Yankee at the point of death whittled the point off and got well. The loan shark should get the book. Many men have to burn money to be the light of some woman's lives.



One Barrel of Flour Instead of Two

YES, in the old way there was one kind of flour for bread and another for pastry.

Now, OGILVIE'S ROYAL HOUSEHOLD FLOUR is an all around flour. It makes not only the very best bread but also the very best cakes, pies, biscuits, rolls, muffins, pop-overs, pancakes, dumplings, anything that you want to make or bake from flour.

"ROYAL HOUSEHOLD" saves money and trouble. Instead of having two barrels of flour in the house you can get along much better with one. And you can be certain that it is always uniform—will always come out right whether for Bread or Pastry.

ROYAL HOUSEHOLD FLOUR makes better bread and better pastry than any other flour because it is better flour—made from the finest grade of wheat in the world, Manitoba Red Fye wheat, and milled by the very finest machinery, in mills that are a model of cleanliness.

"ROYAL HOUSEHOLD" costs a trifle more by the barrel than ordinary flour but this trifle extra proves real economy when the loaves are counted. For "ROYAL HOUSEHOLD" goes farther than ordinary flour—farther in actual quantity of baked product.

Even if "ROYAL HOUSEHOLD" cost a great deal more than ordinary flour it would be well worth it for it is more nourishing.

You can't afford to buy impoverished flour at any price. You can't afford to skimp on health when you buy flour just because it costs less than "ROYAL HOUSEHOLD."

"Ogilvie's Book for a Cook" sent free to any woman who will send in her name and address to The Ogilvie Flour Mills Co. Limited MONTREAL.

