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A lifetime of disfigurement and suffering often results from the neglect, in infancy or childhood, of simple skin affections. In the prevention and treatment of minor eruptions and in the promotion of permanent skin and hair health, Cuticura Soap and Cuticura Ointment are absolutely unrivaled.

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# ROBINHOOD FLOUR IS DIFFERENT

Our Money-Back Guarantee  
Olive Robin Hood Flour two fair trials. If you are not satisfied with it then, your grocer will give you back your money. What could be fairer? Will you try it?



## You Will Be Surprised

To see the Prices at which we are Selling our Boots, Shoes, Trunks and Valises

During Our Midwinter Sale. H. Jennings, King St

## Men's Working Boots

All Solid Leather, 20 per cent. off all Lines to Clear.

"Jack" Johnston, 70 BROCK ST. (Adams' Old Stand).

## T. J. LOCKHART

Real Estate and Insurance Loans to Loan. Office, 159 Wellington St., Kingston.

# SERMON FROM SHAKESPEARE

Self-love is not so vile a sin as Henry V., Act II, Sc. 4.

Self-love is used in this passage synonymously with pride. The Dauphin of France urges the French king to let the English know of what a monarchy he is the head-to boast the strength of his vast kingdom. This selfishness has made the British people what they are. It was national self-love that prompted old Gaunt to speak of his country as "this other Eden, demi-Paradise," to boast, with his dying breath, the renown of his countrymen, "learned by their bread and famous by their birth," renowned to the uttermost parts of the earth. Self-love has played an important part in the development of the United States. "We are the people" is a favorite expression, and having uttered it, strenuous effort is put forth to prove it correct. Jealousy, the excess of loyalty, is a defect in a nation, but it is not so vile a defect as sloth, indifference, self-contentment. The nations that have achieved most—France, England, Germany and the United States—have been largely controlled by self-love. In the days of her pride and self-love Spain held half the known world in the hollow of her hand. It was pride, self-love, that carried little Japan victoriously through her conflict with Russia, and it was the lack of self-love and national self-neglecting that made the Russian giant so weak and ineffective.

But there is another side to self-love. It may be vain pride mixed with gross selfishness. In their selfishness and egotism the so-called Christian powers of Europe have forgotten all about the brotherhood of man. They are squandering their substance or fleets and armies that flatter their self-love. Each is striving to outclass the others, not in the interests of humanity as they profess, but in the pride of place and power. They are insolent. Overcome with pride, ambitious past all thinking.

There is a self-love that makes for national greatness, but there is also a "pride that pulls the country down." What is true of the nation is true of the individual. If it has to be a choice between self-love and self-neglecting better far self-love. A conceited man is often a bore, but an indifferent one frequently becomes a burden. Conceit in self is an excellent thing, if it will but awaken the latent energy of the soul. A man of any

## Tips For The Farmers

BY UNCLE JOSE.

Out of 1,349 Clydesdales exported by the Clydesdale Horse Society of Scotland, last year, 1,119 came to Canada. The society has decided to invest one thousand pounds of its funds in some Canadian security as a small acknowledgment of the patronage accorded.

Potatoes are selling in Carleton county, N.B., at 60c. per bbl. Twelve thousand barrels have been shipped to Cuba.

In Holland the cows are arranged in the stalls so that the largest ones are in the centre, thus giving the herd a more uniform appearance and causing them to make a more pleasing impression upon a prospective buyer. Since so many of the cows are sold for dairy purposes, this is a rather important item in the dairy management.

Opportunities to make money in poultry raising during 1910 have never been equalled, says the American Agriculturist. Commission men and poultry specialists all over the country agree that the high prices of grain have tended to reduce the number of fowls kept, more especially of the poorer ones; that the high prices of meat in the cities have produced an

## CHEST INFLAMMATION

Suffered From a Heavy Cold, Pleuritic Pains in Side—Constant Coughing.

"NERVILINE" CURED QUICKLY. "Anyone that goes through all that I suffered last winter will appreciate the value of a remedy that cures like Nerviline cured me." These are the opening words of the solemn declaration of E. P. Von Hayden, the well-known violinist of Middleton. "My work kept me out late at night, and cold draughts, places brought on, severe cold that settled on my chest. I had a harsh racking cough and severe pains darted through my sides and settled in my shoulders. I used different liniments, but none broke up my chest till I used Nerviline. I rubbed it on my neck, chest and shoulders, morning and night, and all the pain disappeared. Realizing that such a heavy cold had run down my system I took Ferruzone at meals, and was completely built up and strengthened. Since using Nerviline I have no more colds or pleurisy and enjoy perfect health." It's because Nerviline contains the purest and most healing essence and medicinal principles, because it has the power of sinking through the pores to the kernel of the pain—these are the reasons why it breaks up colds, cures lambo, stiffness, neuralgia, sciatica and rheumatism. Refuse any substitute your dealer may suggest—insist on Nerviline only. Large bottles, \$1.00; trial size, 50c. at all dealers.

force of character endeavors to live up to his professions. If he takes pride in his physical powers, he strives to train his body so that others may admire his prowess; if he poses as an intellectual force, he studies that he may not be an object of ridicule. But the world is full of charlatans, quacks, fops. However, they do but little harm and their conduct in time brings its own punishment. For the most part they themselves are the only sufferers.

Shakespeare did not consider self-love a grave sin. It was otherwise with self-neglecting. On that he is most emphatic. It is a "vile" sin. Each nation and each individual has a duty to perform. To neglect that duty is to transgress the law of God. Every man is born with certain potentialities. What he actually becomes depends largely on himself. Sin may seem a strong word for self-neglect, but it is the right one. Man is the "paragon of animals." That is to say he is potentially the noblest of created things. The body has been called a temple for the Infinite. How successful it is to cultivate the body, to train it so that it may be the sound home of a sound mind. To neglect it is to sin against the Infinite and against the race. Visit the factory districts of England or the slums of New York. What is seen? Bent, dwarfed, neglected bodies. The children are weaklings. The sin of the self-neglect of the parents is stamped upon them.

On his mental side man is equally vulnerable. He has within him a voice urging him onward and upward. He may smother that voice. Through sloth he may neglect to develop the faculties that raise him above the brute. He cannot rest by the wayside. There is not in the advancing host he is in the retreating crowd that fears life's battle.

The ignorance and superstition which through the centuries have retarded the progress of the race have seen due largely to self-neglecting. We speak of degeneracy. What is degeneracy but self-neglect? The parent has been careless, neglected of body and mind, and the child is born a tainted thing. If men could but strike the Aristotelian golden mean between the excess and defect of self-love it were well. But, if they cannot, far better for them to have pronounced self-love than sinful self-neglect. The former may be salutary in its influence; the latter is always baneful in its effects. Self-neglecting destroys character; it prevents the development of character. It is, in a word, "vile" sin.

unprecedented demand for poultry and eggs; that this has also tended to reduce the size of flocks, and that because of these shortages, the outlook for all branches of poultry raising the coming season is exceptional.

The New York Central railway has determined to run at least three demonstration farms along its road for the purpose of illustrating the best methods in crop production, fruit growing, etc. These farms will be under the control of experts, supplied by the State College of Agriculture.

"There is nothing philanthropic about this work," says the president of the railway. "It is simply a matter of business. If the line can show how to increase the production of farms along its route by the means adopted it will thereby increase its own business and add to its own profits."

The dairy cow in a sense forces the dairyman to deal justly and kindly. Unless so managed the cow takes her revenge by silently, but surely withholding the full quantity of milk. Like the law of moral retribution, she was always thus able to punish the man for his misdeeds. He soon came to know that surly relations with his cow made smaller cream checks. And this came in time to exercise an influence which could not have been brought about by reading many little trilogies on the duty of kindness.

Mr. Emery claimed, whether the knowledge came from personal experience he does not say, that the leavening influence thus gotten from the cow worked outward. It made the man more kindly in his relations with his wife and family and neighbors.—Prof. Thomas Shaw.

This is a story of the production obtained from five pullets in twelve months. The year began with the 12th of February last, and at that time there were six pullets in the lot, but one began ailing shortly afterwards and died on the 10th of the following month. It is not likely she produced any eggs at all between the 12th of February and the time when she died, and most certainly not more than half a dozen. The production for the year must, therefore, practically all be credited to the five hens. The total number of eggs produced was 301, 160 per hen. In addition to this eight chicks were hatched out, but only four of them came to maturity, the others falling prey to cats. The hens are laying now ten eggs having been produced in January, and seven in the first twelve days of February. The consumption of feed during the year was seven bushels of grain, mostly barley, and one bushel of corn, together with table scraps. Putting the grain even at the extreme price, it was not worth over \$6, while the eggs at two cents a piece, a moderate estimate, would be worth \$16, and the chicks were worth \$1.50 more. This leaves a return of \$9.50 (almost \$2 a piece) for the five hens over and above cost of feed. The flock was not kept under the best conditions; far from it, indeed, as the birds were inclosed in a city lot, the run for the greater part of the time being limited to a yard 27x12 ft. The yard is, however, all sand and was thus easily kept clean.

Vaccinating the Soil. Sir William Crookes once made the dismal prophecy that lately early in

this twentieth century the farms of the world would be unable to grow enough wheat for the population which would then swarm over the face of the earth, says Saturday Evening Post. He based his forecast on the circumstances that land still uncultivated would hardly yield crops enough to keep pace with the increase in population, and that there would be insufficient fertilizer to rejuvenate the soils that had been bringing forth grain in the past. Fortunately, Sir William gazed at the future through smoked spectacles. We are now growing more wheat than he predicted the world would require when the lean years would be at hand. Nevertheless, his statistical analysis of the world's food supply served the useful purpose of directing attention to the fact that we are dependent in large measure upon the vanishing nitrate deposits of Chili for our best fertilizer, and that the scientist ought to devise a means of creating that fertilizer, or its equivalent, cheaply by artificial means.

The nitrate deposits of Chili are a form of nitrogen, and nitrogen gas composes four-fifths of the air we breathe. If we could reduce atmospheric nitrogen to the form of a nitrate the problem would be solved. Unfortunately, nitrogen is what the chemist calls "inert"; in other words, it does not combine readily with other elements. Electrical methods have been devised, however, for reducing the nitrogen from the air, and we seem to be in a fair way of producing a fertilizer from the air fully equal to Chilean nitrate. It has been discovered that certain bacteria perform the same function as these electrical methods, and perform them, moreover, with considerably more efficiency; for they actually convert the nitrogen of the atmosphere into a form that can be assimilated by the soil. The modern scientific farmer, therefore, inoculates his land with these bacteria, and thus breeds a kind of beneficent disease in such leguminous or pod-bearing plants as peas, beans, and the like. The bacteria cluster on the roots of these plants in knobs, and enrich the soil with nitrogen which they extract from the air. So successful is this method of fertilizing that the United States department of agriculture for a time gave away bacteria cultures to familiarize farmers with their utility; and many seed houses now sell bacteria in as well as seeds.

Produce And Prices. Kingston, Feb. 19.—The market clerk reports as follows: Carrots, 50c. to 60c. bag, apples, 75c. to \$1 bush; turnips, 45c. bag; cabbage, 30c. to 50c. doz.; onions, \$1 bag; potatoes, 30c. to 35c. Meat, by carcass, 5c. to 7c.; cuts, 6c. to 15c.; pork, 11c. by carcass; lamb, 12c. to 14c.; ducks, \$1.25 to \$1.50 pair; geese, \$1.15 each; turkeys, 17c. to 18c.; chickens, 90c. to \$1 a pair; butter, 23c. to 25c.; fresh eggs, 30c. to 35c. a dozen.

J. A. McFarlane, Brock street, reports flour, feed and grain selling as follows: Oats, local, 35c.; buckwheat, 65c.; barley, 55c.; rye, 55c.; peas, \$1; yellow corn, 85c.; flour, bakers, \$2.90 to \$3.10; farmers', \$2.50 to \$3; Hungarian patent, \$3; oatmeal and rolled oats, \$5.50 per barrel; corn meal, \$1.90 to \$2; bran, \$23 to \$24 ton; shorts, \$25; straw (baled), \$10; straw loose, \$9; hay, loose, \$15; pressed, \$15 to \$16.

John McKay, Brock street, reports as follows: Wool, washed, 20c.; sheep skins, \$1 to \$1.20; tallow, re-lard 1.6c.; deacons, 80c.; veal skins, 15c. per lb.; hides, No. 1, 9c.; No. 2, 8c.; No. 3, 7c.; horse hides, 8c.

Dominion Fish Co. reports prices as follows: Salmon trout, 12c. to 15c.; a lb.; skinned digby herring, 20c. lb.; white fish, 12c. to 15c.; lake herring, 12c. lb.; Chinook salmon, 3c. lb.; kippered herring, Yarmouth blotters 6c. doz.; perch, 30c. doz.; Atlantic salmon, 30c. lb.; salt codfish, 7c. to 15c. lb.; halibut, 12c. to 20c.; fresh haddock, 10c. lb.; bullheads, 12c. lb.; red herrings, 20c. box; mackerel, 15c. lb.; lake herring, 8c. lb.; finnan haddock, 10c. to 12c. lb.; fresh lobsters, 25c. lb.; sea bass, 12c. lb.; plaice, 12c. lb.; mackerel, 15c. lb. smelts, 10c. to 20c.

People who mean well are usually people of limited means.

Sores Inside the Nose. The lining of the nose will crack, grow very sore and irritating. Nothing soothes away the trouble like anointing with Dr. Hamilton's Ointment. Rub it on thoroughly, and new skin forms at once. For any sore, cut the ointment best of all. Try a 50c. box.

Hidden between two crisp, beautifully browned biscuits of unique design, is a fairy-like cream, with a flavor of pure lemon juice. This is our Lemon Cream Biscuit—our New Creation. About 60 biscuits to the pound.

# REMINDER

THOSE WHO READ last week's notice about "ASAYA-NEURALL," the new medicinal preparation for the relief of conditions of nervous exhaustion, and who meant to ask for the free sample offered, may still obtain same upon request to the undersigned.

The sample contains sufficient to definitely establish the value of this preparation in your case.

## ASAYA-NEURALL

(TRADE MARK)

IS RECOMMENDED

when a person, young or old, through overwork, worry, intense excitement, grief, alcoholic or other excesses, or from other recent or known causes, has overstrained and exhausted the nervous system, and as the result, does not sleep well, wakes up tired, is depressed, tearful, inclined to perspire at the least irritation, has indigestion, lack of appetite, and is, to sum up in a phrase, *entirely unstrung*. Such conditions are evident to everyone, and are common in every family, and can by early treatment of brief duration by this preparation, with its threefold effect of feeding the nerve tissue, enabling sleep to be obtained and food to be desired and digested, be quickly overcome.

LARGE BOTTLES, \$1.50

One bottle, taken three times a day according to directions, affords treatment for about 40 days; all that is usually required for ordinary derangements of the nervous system.

Samples and regular size bottles may be obtained from the following:

L. T. BEST.  
T. J. HOAG.

Prepared by DAVIS & LAWRENCE CO., Manufacturing Chemists, New York, Montreal and Shanghai.

# LABATT'S ALE

Has the pleasant flavor of barley malt and the pungent bitter and aroma of the hop, softened by natural age. Is made of light quality, suited to the climate, in fact, might almost be called a barley wine. An agreeable and valuable stimulant and a support to those who have to undergo much mental or bodily fatigue.

ONLY BREWER OF CANADA AWARDED GOLD MEDALS AT THE WORLD'S GREAT EXHIBITIONS

J. McParland, Agent, 339-341 King St. E., Kingston

Kindness That Told. A lady residing in the suburbs crossed the lawn sloping to the foot of the hill in front of her home. As she passed along the walk, a heavy team turned the corner of the road. The driver, a man with a weather-beaten face, reined his horses.

"Wait a minute, boys," he said kindly, "and get your wind. It's a hard road. Now you've got it. Go ahead."

The lady glanced with sympathetic interest at the work-worn figure. Even the sunshine seemed brighter as she walked on down the hill. A little kindly thought from a gentle heart, and the entire face of things assumed a radiant glow.

Such thoughts multiplied, requiring a gold brick every time the opportunity presents itself.

And the present remarkable demand will be still more greatly increased once you and other discriminating women have discovered its delicious quality. The daintiest biscuit! Perfectly correct to serve at any social function.

## LEMON CREAM-BISCUITS

The Dainty, Delicious New Treat

# MCCORMICK'S

LEMON CREAM BISCUITS

Factory at London. Warehouses at Montreal, Ottawa, Hamilton, Kingston, Winnipeg, Calgary.