

THE FINEST QUALITY

Baker's Breakfast Cocoa



The half pound contains eight ounces of pure cocoa, of the finest quality, most delicious flavor, and possessing all the strength of the best cocoa beans, most carefully blended.

WALTER BAKER & CO. Ltd.
Established 1780
DORCHESTER MASS.
Branch House: 86 St. Peter St., Montreal

Could Not Sleep.

DOCTOR SAID HEART AND NERVES WERE RESPONSIBLE.

There is many a man and woman tossing restlessly after night upon a sleepless bed.

Their eyes do not close in the sweet and refreshing repose that comes to those whose heart and nerves are right. Some constitutional disturbance, worry or disease has so debilitated and irritated the nervous system, that it cannot be quieted and cause nightmare, bad dreams, starting in the sleep, twitching of the muscles, restlessness, etc.

Milburn's Heart and Nerve Pills are a specific for all people troubled in this way. They have a soothing and calming effect on the nervous system.
Mrs. Calvin Stark, Rosemore, Ont., writes: "About two years ago I began to be troubled with a smothering sensation at night when I would lie down. I got so bad I could not sleep in the dark, and would have to sit up and rub my limbs, they would become so numb. My doctor said my heart and nerves were responsible. I saw Milburn's Heart and Nerve Pills advertised and got a box to try them. I took three boxes and can now lie down and sleep without the light burning and can rest well. I can recommend them highly to all nervous and run down women."

Price, 50 cents per box or 3 boxes for \$1.25, at all dealers or mailed direct on receipt of price by The P. Millivan Co., Limited, Toronto, Ont.

KILL THE DANDRUFF GERM

Or Your Hair Will Fall Out Till You Become Bald.

Modern science has discovered that dandruff is caused by a germ that digs up the scalp in scabs, as it burrows down to the roots of the hair, where it destroys the hair's vitality, causing falling hair, and ultimately baldness. After Prof. Unna, of Hamburg, Germany, discovered the dandruff germ, all efforts to find a remedy failed until the great laboratory discovery was made which resulted in the Herpicide. It alone of all other hair preparations, kills the dandruff germ. Without dandruff, hair grows luxuriantly. "Destroys the cause you remove the effect."

Sold by leading druggists. Send 10c in stamps for sample to The Herpicide Co., Detroit, Mich. \$1 bottles guaranteed. G. W. Mahood, special agent.

TOBACCO HABIT

Dr. McTaggart's tobacco remedy removes all desire for the weed in a few days. A vegetable medicine, and only requires touching the tongue with it occasionally. Price 25c.

LIQUOR HABIT.

Marvellous results from taking his remedy for the liquor habit. Safe and inexpensive home treatment; no hypodermic injections, no publicity, no loss of time from business, and a cure guaranteed.

Address or consult Dr. McTaggart, 75 Yonge street, Toronto, Canada.

Good Time?

Last night—eating big dinner is often the maker of a BAD TODAY. Why not? Over-eating means extra work for the stomach and bowels. You've got to suffer if you don't help nature unload with CASCARETS. "They work while you sleep"—you're O. K. in the A. M. Tonight's the night to take care of tomorrow.

CASCARETS—no boom—week's treatment. All druggists. Biggest seller in the world. Million buyers monthly.

GRAND UNION HOTEL
2000
STATION
NEW YORK CITY
Reserve to and from Station Free
Single rooms for \$1. City Club and the

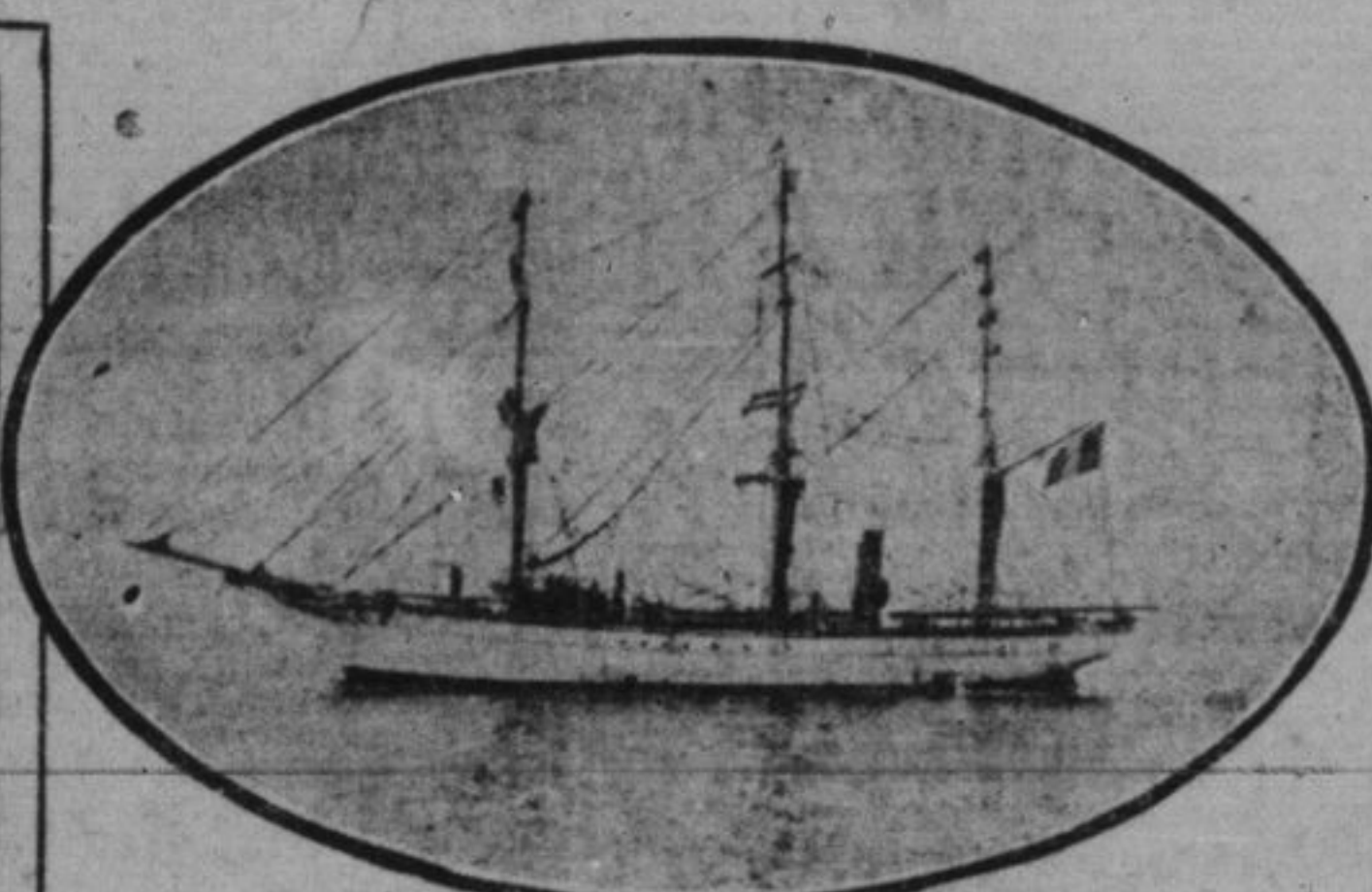
A FRENCHMAN SEEKING THE POLE. TO STAMP OUT CRIME



J.P. CHARNOT.

Palma, Island of Majorca, Feb. 16.—Swept helplessly from her course in one of the wildest storms that have swept the Mediterranean sea in forty years the staunch French Transatlantic Steamship company's liner, General Grassy, crashed at full speed in the dead of night on the treacherous reefs near the Island of Minorca and all but one of the 157 persons on board perished.

The sole survivor is an Algerian customs official, Mons. Marcel Rodet, who was rescued by a fisherman and lies in the hospital at Gindola, raving, as a result of the tortures through which he passed and unable to give an account of the disaster.



MAP SHOWING LOCATION OF PORT GALLANT.

Of the ship's company there were thirty-seven passengers, of whom thirty were in the first cabin. The

NEW PLAN HAS BEEN PROPOSED IN SPOKANE.

Residents Will Assist Sheriff in the Capture of Lawbreakers—Reports of Crime to be Made Known Over the Telephone.

Spokane, Wash., Feb. 19.—Farmers, ranchers, orchardists and residents in every settlement in Spokane county, have been enlisted in the service of Sheriff Frederick McK. Pugh, to capture lawbreakers. The bailiwick has been so thoroughly organized, that it is almost impossible for a criminal to escape, the purpose being to reduce crime to a minimum and thus save life and property.

The plan, perfected by Thomas E. Heddle, office deputy, consists of a map of all the suburban and farmers' private telephone lines in the county, with more than 1,200 instruments, exclusive of 18,000 instruments in Spokane, and an independent system with 10,000 phones to be completed in June. If a crime is committed in the city, or in an outlying district, the sheriff will be able to communicate with persons near the scene, advising them to be on the lookout in the event the lawbreaker escapes.

Ten thousand residents in various parts of the county have entered into an alliance with Sheriff Pugh, and the telephone companies will cooperate with the officials in placing "clear lines" at their disposal by day and by night. The sheriff has also received offers from scores of farmers and stock raisers in adjoining counties, to cooperate with him in his work of apprehending wanted persons, and it is believed this will have the effect of reducing crime to the lowest point.

"The people of Spokane county are law-abiding and they are in favor of enforcing the laws," said Sheriff Pugh. "They have promised to assist out of office in every way in riding the county of stock thieves and other criminals and making it so hot that lawbreakers will fear to come into this county."

"HEADACHE, WEAKNESS, HEART TROUBLE"

"I Suffered With for Years—Pe-ru-na Cured Me Entirely."

Miss Albina Chauvin, No. 60 Rue Agassiz, St. Henri, Montreal, Can., writes: "I consider Peruna better than any other remedy, as it cured me when nothing else could. I suffered for years and years with heart trouble, headache and weakness. I never expected to find anything to cure me. I saw one day, in 'La Presse,' that Peruna was excellent and I tried it. One bottle produced a change in me and if the price had been \$100 a bottle I would have paid it gladly. I have taken six bottles and am entirely cured. Please accept my thanks and best wishes for your Peruna."



"Please Accept My Thanks and Best Wishes For Your PE-RU-NA."

Many cases of heart trouble are caused by reflex disturbances. Derangements of the stomach and liver produce symptoms of heart trouble. Catarrh of the stomach is a very frequent cause of sympathetic heart disease. Palpitation, shortness of breath and bloating after meals are the most prominent symptoms.

Just Drop In One OXO cube That's all.

It is now as easy to make the finest beef beverage in the world as to sugar a cup of tea.

One OXO cube is just enough to make one generous cup of OXO. With the cube there's no bother lading out or measuring with a teaspoon, and you always get just the right quantity.

Enjoy a cup of OXO when you first get up—as a "smack" between meals—at bedtime. Give the children plenty. They love OXO and it is one of the best things in the world for them. You can afford to use OXO freely, for it costs 2½¢ a cube—or less.

OXO is now sold in tins of 4, 10 and 50 Cubes, as well as in bottles.

Prices of OXO cubes:
Tin of 4 cubes, 10¢; tin of 10 cubes, 25¢; tin of 50 cubes \$1.15.

All Grocers, Druggists and General Stores.

Canadian Agencies: 21-27 Lombard Street, Toronto; 41 Common Street, Montreal; and at Vancouver & Winnipeg.

CAUSED DOWNFALL OUTBIDDING MANY

THE PREACHER SAID HE'D MARRY HER.

Grand Rapids, Mich., Feb. 19.—Inquiry among the friends and relatives of Miss Etta Trendt, whose testimony caused the downfall of Rev. Benjamin E. Parkinson from his seat in the Methodist conference at Muscatine, Iowa, disclosed some interesting facts bearing on the near-romance of Miss Trendt with the former Grand Rapids preacher. Miss Trendt was doubly deceived by him, as she knew him as Conrad Reardon, and he told her that he was unmarried, while he had a wife in Iowa.

According to the stories told by the girl's friends, Parkinson had promised to take her west and marry her. The girl's brother, J. Lewis Trendt, of this city, said she had spoken of going out west, and it was generally understood that she was to become a bride, although her friends did not know who her fiancé was.

Diligent inquiry concerning "Rev." Benjamin E. Parkinson disclosed several facts of interest in view of the nature of the case which resulted in his expulsion from the church at Nicholas. He lived with his wife here for several months last year, leaving in October, at which time he removed to the Iowa town. He is described as a tall, slim man, with dark hair and moustache, and is said not to have exhibited any particular degree of taste in his dress.

Mrs. A. H. Shank, who is in charge of the house where he boarded, Monday night declared that Parkinson had accumulated numerous obligations while he resided there, and that several collectors and merchants had called since his departure, in the effort to collect the amounts alleged to be due them.

Mrs. Shank said: "He once told me that in case any one sought to leave a message for 'Reardon,' that I was to receive it and give it to him. His wife told me that they had once had some domestic difficulty because of his attentions to a young woman, but while they were here he seemed quite attentive to her. It was evident to me that he thought himself fully capable of getting his living with his tongue, as he certainly was a smart talker."

Mrs. Frederick J. Blymeir, of 29 North Jefferson street, is a cousin of Parkinson, but "denied that she had heard from him since he moved away. She said that Parkinson ran away to get married when he was nineteen years old, and that his wife was several years his senior, and had been divorced. Parkinson's father is John Parkinson, of Toronto.

IRISH HORSES IN DEMAND FOR WAR.

Buyers of Foreign Governments Picking up all the Animals Available in the British Isles.

London, Feb. 19.—The question of the shortage of horses in England, and the serious problem with which the army remount department would be confronted as a consequence in the event of war, has during the last few days been given special prominence.

Expert evidence has been published showing that there is no room for doubt that the shortage exists, and also that two great sources of supply—the omnibus horse and the cab horse—are no longer to be relied on. At the same time it has been shown that the agents of various foreign war departments are outbidding us all over the country for best stock.

Inquiries in Ireland show that a similar shortage is threatened there. Thousands of horses raised in the country are bought up by foreigners, in most cases government agents. The principal buyers are Germany, Belgium, Austria and Italy, but France, Holland and Switzerland also look to Ireland for some of their best army horses.

"There is no doubt that both at the Dublin horse show and at the numerous horse fairs and sales up and down the country a very large number of the best animals go to foreigners," said the manager of Messrs. Sewell's, the famous Irish repository.

"Not only agents but also a large number of German and other officers come over here to buy horses. One German officer to my knowledge, has given as much as 150 guineas for a horse. The average price paid by the foreigners for a good animal is nearer \$250 than \$200, and frequently as much as \$300 and \$400 is given. The Germans think a great deal of the horses from Ireland, and buyers are continually coming back to get more."

News From Picton.

Picton, Feb. 17.—The Picton orchestra rendered music for the dance at the Lake Shore House, Miss N. Tait of Wellington, had an exciting time while skating on West Lake, as she lunged into a muskrat hole and was in the icy waters up to her shoulders, but managed to scramble out and was driven to her home, R. Hughes, of the Bridge Road, found a pearl worth \$10 in some oysters purchased at Smith & Ball's. It is now on exhibition at their store. Rev. J. G. Lewis, of Main street church, has been asked to remain a fourth year.

The "No-Sect" are holding revival services in S.S. No. 3, Hollowell. The party at George Collier's was well attended. Mr. Weigh, Toronto, is a visitor at his uncle's, Walter Collier's. Mrs. Edwin McCaw, who has been on the sick list, is better. Walter Fox has left for a visit to his brother's, Rev. C. A. Fox, Watertown, N.Y. On his return trip he will visit his sister, Miss Cassie Fox, R. A., and other friends in Kingston.

Notes From Kenler.

Kepler, Feb. 16.—Mrs. Stannard Guess, Ross Kavenor and A. Kavenor are on the sick list. Ryan and Rayson are sewing wood at T. Garrett's. Heppner Kavenor and family have returned to their home at Collins Bay. Miss Vera Lawson is visiting at Sydham. Walter Switzer had the misfortune to

A GREEN PERMO VISITING GOWN



POSED BY MISS WELLINGTON OF KENLY W SAVAGE, MANAGER OF THE TRUSSARDI.

Paris has sent to New York this spring more than the usual number of visiting costumes, but none more chic than this one in a medium shade green permo.

The skirt, in the new puff style, fits smoothly about the hips and just below the knee is gathered into a scanty circular flounce. The jacket has a draped front which does not disguise the outline of the waist, a low opening finished with a Persian silk trim med rolling collar and long sleeves wrinkling from wrist to elbow. A white horse-hair trimmed with green velvet and shaded green pompons and a striped green silk sunshade complete the costume.

We Are Manufacturers of Traps and Bends, Lead Pipe, Sheet Lead
Write for Lists and Prices. Long Distance
The Canada Metal Co., Phone M 1729.

In The "Wish" Column.
Boston Herald.
At a window in the business department of a Boston daily there recently presented herself a trim looking servant, who, offering a small advertisement, said:
"To-morrow's paper, please, and for three days thereafter."
"In the 'want' or 'personal' column?" asked the employee.
"Have you no 'wish' column?" asked the young woman.
"No, what?" queried the clerk, puzzled.
"I simply wish a situation as lady's maid," haughtily explained the girl.
"That's all. It's not a case of want. Is there no newspaper in this highly-cultured city printed in the English language?"

Red Rose Tea "Is Good Tea"

It is always worth the price.