

Your Choice From 10,000,000 Orange Trees

We pack 60 per cent of California's orange crop—three-fourths of its lemons. From this great quantity we choose the solid, tree-ripened, deliciously flavored fruit for our special brand, "SUNKIST."

"Sunkist" Navel Oranges Are Seedless

They are always packed in wrappers bearing the name "Sunkist." Be sure the oranges you get have these wrappers, for they not only insure you the finest oranges that can be grown, but for every twelve you send us we will give you a

Handsome Orange Spoon FREE

These spoons are Rogers' Best Quality Standard AA—a beautiful pattern designed especially for us. You couldn't buy anything more handsome, no matter what price you paid. Think how quickly you can get an entire set—a most attractive addition to your table service.

Buy a dozen "Sunkist" Oranges or Lemons today, and send us the wrappers, with six 2c stamps to pay for postage, packing, etc. You will get your first spoon by return mail.

Address California Fruit Growers' Exchange, 32 Church St., Toronto, Ont.

Buy "Sunkist" Lemons as well as "Sunkist" Oranges. The fruit is equally fine, and we accept lemon wrappers for spoons.

A COMMISSION HEARS MATTERS.



New York, Feb. 16.—James R. Keene appeared before United States Commissioner Alexander in proceedings growing out of the bankruptcy of J. M. Fiske & Co., one of the three Stock Exchange houses which failed after the collapse of a pool in Hock-

BLOOD WILL TELL!

The Complexion Faithfully Mirrors Its Purity or Impurity

Massage, cosmetics and the like sometimes improve a good complexion, and occasionally mitigate the badness of a bad one. But there is only one way to get that clear, satin skin, with the rosy tint of health glowing through, and that is by keeping the blood pure.

Impure blood will show itself. It makes the skin "muddy" or sallow, with pimples, blackheads or boils breaking out. It takes away the clearness from the eye, coats the tongue, makes the breath bad. It saps the energies and brings on headaches. It is fatal to good health or to the highest happiness or usefulness.

Purifying the blood is simply a question of keeping the four great eliminating organs—bowels, kidneys, the pores of the skin and the lungs—in good working order. These organs should throw off all the worn-out tissue and other impurities which the blood is continually gathering up throughout the body, and all the waste matter from the food.

The failure of any or all of them to perform these functions should be remedied at once, and it can be, quickly and certainly, by the use of **Dr. Morse's Indian Root Pills.** One of the ingredients of these splendid Pills open up the pores of the skin, another regulates the bowels, a third gives ease and strength to the kidneys and a fourth clears the mucus membrane of the lungs so that the gaseous impurities in the blood can pass freely through into the air.

Thus whatever may be the cause of the impure blood, **Dr. Morse's Indian Root Pills** remove it, and soon the veins are filled with pure, red, life-giving fluid. Then, and only then, will you have a clear eye, a clean tongue, a sweet breath and a perfect complexion.

Mr. Richard Wilson, of Middlesex Co., Ont., writes:

"For some time I have been in a low and depressed condition. My appetite left me and I soon began to suffer from indigestion. Quite a number of small sores and blotches formed all over my skin. I tried medicine for the blood and used many kinds of ointment, but without satisfactory results. What was wanted was a thorough cleansing of the blood. At last Dr. Morse's Indian Root Pills were brought to my notice, and they are one of the most wonderful medicines I have ever known. My blood was purified in a very short time, sores healed up, my indigestion vanished. They always have a place in my home and are looked upon as the family remedy."

DR. MORSE'S INDIAN ROOT PILLS

Purify the Blood For Sale Everywhere at 25c. per Box. 23

PURITY FLOUR

The baking is almost ready for the oven and, thanks to the Reliable "Purity" Flour, light, snowy-white bread is assured. Packed in 7, 14, 24, 49, 98 pound sacks, and in barrels and half-barrels.



"More Bread and Better Bread."

Western Canada Flour Mills Co., Limited
Mills at Winnipeg, Goderich, Brandon.

CALIFORNIA NAVAL ORANGES "SUNKIST"

AND OTHER KINDS AT 12 1/2c, 15c, 20c, 25c, 30c, 40c, and 50c per dozen.

"SUNKIST" wrappers can be exchanged for SPOONS at our Store, saving the trouble of sending to Toronto.

A. J. REES, 166 Princess St. Phone 58

ABOUT EQUINOXES

A PROCESSION OF THEM CAUSES AN ASTONISHING THING.

Every Part of the Earth's Surface is Subject to Slow But Continuous Alteration of Position.

As we read the records imprinted on the earth's crust of the so-called Lo-don Basin we find some 25,000 years ago, in the age of the sand, gravel and clay deposits, a climate about the same as Egypt, inhabited by all kinds of tropical plants (palms, coconut trees), and animals, including some ten different kinds of turtles, long-nosed and short-nosed ones.

Then, as the ages rolled on, the climate changed from that of sub-tropical heat to semi-arctic cold, from that of Egypt to that of Iceland. And that was 5,000 years before Adam's time.

Gradually then the climate began to get warmer. We find, in the Pleistocene period, together with flint knives, hatchets, and implements (signs of the existence of man), bones of elephants, rhinoceroses, and hippopotami, and also glacial drifts and Norfolk boulders.

At the present day the average mean temperature of London is 50 degrees Fahrenheit, whereas the geology of the Thames Valley shows us that it has fluctuated in times gone by from 70 degrees to 40 degrees Fahrenheit, or 30 degrees from one to the other.

The reason for this astonishing state of things is to be found in what is called the procession of the equinoxes. This is that peculiarity in the movement of our globe whereby every part of the earth's surface is subject to slow but continuous alteration of position in relation to the heat of the sun, owing to the attraction of the sun and the moon upon the earth's protuberance at the Equator.

Theoretically speaking, the line of the Equator is supposed to mark the line of the greatest heat, the effect of the solar rays being greatest where they fall on the earth perpendicularly. But, as a matter of fact, the lines of heat are slowly, but steadily, changing (entirely outside of all such consideration as altitude, geographical position, sea proximity, winds, etc.) because the earth's pole does not move perpendicularly to its path around the sun, but tilted at an angle which decreases and increases during certain fixed periods.

In other words, climate, or differences between hot and cold weather, depends primarily on the slope of the sun's rays to the earth, which it will follow at an angle to the line of its path around the sun.

This steady revolution of certain parts of the earth from hot to cold and from cold to hot used to be considered accomplished once every 26,000 years, but recent researches show that the complete change takes 21,000 years to accomplish, so that we may estimate that it will take London another 4,000 to 5,000 years to reach the climate of Egypt, to which it is slowly approaching.

I have no doubt that similar climatic changes have taken place in America and in other countries. I understand that New England winters, for example, are in no wise as severe as they were a couple of decades ago. There is less snow and a marked higher temperature in the winter.

In support of this theory, it is curious to note the mean average temperature of London has been slowly rising the past century, so that London of the present day is over one and a quarter degrees Fahrenheit warmer than it was an hundred years ago.

Severe cold is becoming a thing of the past. Snow is now a comparatively rare winter with snowed-up stage coaches, the Thames frozen over, an ox roasted whole, and skaters on all the ponds, are only to be seen on the Christmas cards.

Allowing, of course, for a certain amount of increased heat through a larger population, with its concomitant increase in fires and heating appliances, such as electricity, we may safely say that the London temperature is increasing at the rate of not much less than one degree Fahrenheit every century, which will bring us to the Egyptian temperature perhaps a little sooner than stated—in, say, about 3,000 years.

Recent research has shown that the effect of the Gulf stream in bringing warmth to this country is very much

COLEBROOK ICE RACES.

The Horses That Won—The Course Was a Good One.

Colebrook, Feb. 16.—Despite the fact of the temperature being nearly zero and a strong wind blowing a large crowd of both sexes gathered from far and near to watch the races on the 15th. Local sports had a fine race course on the ice and painstakingly practised their fast horses in anticipation of the event. The horses entered in the 2:30 class were "Kirk," owned by D. Lake, Napanee; "The Jap," owned by Stewart, Deseronto; "Trustwell," owned by Lyons, Harrowsmith; "Lady Thorne," owned by Merriman, Deseronto, and "Bella V.," owned by A. Bradshaw, Harrowsmith. Bradshaw's horse was withdrawn after the second heat.

First heat—1, The Jap, 2, Kirk, 3, Lady Thorne, 4, Bella V., 5, Trustwell.

Second heat—1, Kirk, 2, The Jap, 3, Lady Thorne, 4, Trustwell, 5, Bella V.

Third heat—1, Kirk, 2, Trustwell, 3, The Jap, 4, Lady Thorne.

Fourth heat—1, Kirk, 2, The Jap, 3, Trustwell, 4, Lady Thorne.

First money won by D. Lake, second by Stewart, third by Mr. Lyons, fourth by Mr. Merriman.

Planned race the horses entered were "Rex W.," owned by C. W. Woodruff, Colebrook; "Colebrook Maid," owned by Ira Salisbury, "Freedom," owned by A. Benn, Moscow, and "Livery Boy," owned by P. Crouter, Yarker.

First heat of named race—1, Rex W., 2, Colebrook Maid, 3, Freedom, 4, Livery Boy.

Second heat—1, Rex W., 2, Colebrook Maid, 3, Freedom, 4, Livery Boy.

Third heat—1, Rex W., 2, Freedom, 3, Colebrook Maid, 4, Livery Boy.

First money won by C. W. Woodruff, second by Ira Salisbury, third by A. Benn, fourth by P. Crouter.

Mr. and Mrs. Irvine Wagar left for the North-West last Monday morning. J. Grey is able to be out after being ill for several weeks. Mr. and Mrs. John Couly, Harrowsmith Road, gave the members of the Ladies' Aid the freedom of their house last Friday evening for their annual Oyster

VILLAGE OF NEWBORO.

How the Leeds County Hockey League Teams Now Stand.

Newboro, Feb. 15.—Miss Ada Crozier, teacher in the College school, about a mile from the village, was taken seriously ill on Monday and has gone to her home in Westport. Miss Gladys Kennedy, Westport, is teaching during her absence. George Nicholson, of Brownville, N.Y., is spending a few days, the guest of his mother, Mrs. Susan Nicholson.

An enjoyable valentine party was held in the court house on Monday evening. Miss Ella Lyons has been engaged to teach at the Independent school near Clear Lake. Miss Nellie McGonigle returned on Monday from a week-end visit with friends in Brockville.

An executive meeting of the Leeds County Hockey League was held at Elgin on Friday evening. The local delegates were: J. J. Gallagher and J. A. Moriarty. Four protests were heard, Newboro vs. Portland, Westport vs. Portland, Newboro vs. Westport, and Phillipsville vs. Sealey's Bay. Every protest was lost and the standing of the league remains the same. Westport and Athens play off in Athens on Wednesday. If Athens wins Portland will be the winners of division No. 1, but if Westport wins, Westport and Portland will be tied and will play home-and-home games. Sealey's Bay win in division No. 2, and will play off for the Taylor cup as soon as the winners in No. 1 division are known. The locals will then play the winners of the league for the Beatty cup.

The Gibbs family, entertainers, who have been giving a week's entertainment in the hall, here, left for Westport on Monday. The handsome silver set for the most popular child was won by Retta Knapp, the life daughter of Mr. and Mrs. Elmer Knapp, Brandon, Man., is the guest of relatives in this locality. Mrs. William Bass is the guest of relatives in Athens.

T. P. Kelley, of this place, for some years proprietor of the Shamrock Concert company, has recently purchased a company of colored actors and will go on the road about August 1st, showing in all the principal towns in Canada and Northern United States. A. H. Tett attended the Renfrew-Ottawa hockey match in Ottawa on Saturday evening. Benjamin Tett, Sr., was a visitor in Brockville on Wednesday. R. G. Leggett was in Brockville on Wednesday, attending the funeral of his life-long friend, J. J. Dickey, a prominent chess buyer on the Brockville chess board, who died last week in Montreal.

ANALYSIS OF St. Lawrence Sugar

THE STANDARD OF PURITY

Laboratory of Provincial Government Analyst.

MONTREAL, 22nd February, 1909.

I HEREBY CERTIFY that I have drawn by my own hand ten samples of the St. Lawrence Sugar Refining Co's EXTRA STANDARD GRANULATED SUGAR, indiscriminately taken from four lots of about 150 barrels each and six lots of about 450 bags each. I have analyzed same and find them uniformly to contain 99.9/100 to 100 per cent of pure cane sugar, with no impurities whatever.

(Signed) MILTON L. HERSEY, M.Sc. L.L.D. Provincial Government Analyst.

The St. Lawrence Sugar Refining Company Limited, Montreal. 20

Our Big Clearing Sale Still On

Carts and Carriages included in Sale.

The latest in Collapsible Go-Carts, with Leather Hoods, in green and brown.

Baby Carriages, with Rattan or Leather Hoods.

Baby Carriages, with Polish Wood Bodies, with latest strap gear, all on sale now.

James Reid, THE LEADING UNDERTAKER. Phone 147.

After Stock-Taking

We find we have a number of Odds and Ends which we are selling at Greatly Reduced Prices.

THE SAWYER SHOE STORE

HIGHEST GRADES

HAIR NATURALLY ABUNDANT

When it is Free of Dandruff, it Grows Luxuriantly.

Hair preparations, and dandruff cures, as a rule, are sticky or irritating affairs that do no earthly good. Hair, when not diseased, grows naturally, luxuriantly. Dandruff is the cause of nine-tenths of all hair trouble, and dandruff is caused by a germ. The only way to cure dandruff is to kill the germ, and so far, the only hair preparation that will positively destroy the germ is Newbro's Herpicide—absolutely harmless, free from grease, sediment, dye matter or dangerous drugs. It always itching instantly; makes hair glossy and soft as silk. Destroy the cause, you remove the effect.

Sold by leading druggists. Send 10c in stamps for sample to The Herpicide Co., Detroit, Mich. \$1 bottles guaranteed. G. W. Mahood, special agent.

W. F. KELLY
Toys' Building,
Clarence and Ontario Streets.

SIGNALS OF DISTRESS

Kingston People Should Know How to Read and Heed Them.

Sick kidneys give many signals of distress.

The secretions are dark, contain a sediment.

Passages are frequent, scanty, painful.

Backache is constant day and night, headaches and dizzy spells are frequent.

The weakened kidneys need quick help.

Don't delay! Use a special kidney remedy.

Booth's Kidney Pills cure sick kidneys, backache, and urinary disorders. Kingston evidence proves this statement. Mrs. M. O'Sell, of 283 Sydenham street, Kingston, Ont., says: "A constant, bearing down pain had settled across the small of my back. I was weak and languid and could not stoop over to lace my shoes without much suffering. Headaches were frequent and usually accompanied by spells of dizziness. I would take cold with the least change of weather and it would settle in the kidneys. The kidney secretions would become irregular and frequent and caused me to leave my bed several times during the night. Although I had tried several remedies I could find no relief. I tried Booth's Kidney Pills, purchased at Mahood's pharmacy on recommendation of a friend. They cured me as if I have had no trouble since and as an excellent remedy." Sold by druggists. Price 5c. The R. T. Booth Co., Ltd., Fort Erie, Ont., sole Canadian agent.

WON'T DAM NIAGARA.

Decision of Waterways Commission Against Proposal.

Buffalo, Feb. 15.—The proposal to dam Niagara River to raise the water level of the great lakes is disapproved by the international waterways commission in its report submitted to the secretary of war at Washington, and the minister of public works at Ottawa. The project has been under consideration for about ten years.

Given an Invitation.

Peterboro, Ont., Feb. 15.—At a meeting of the official board of the George street Methodist church a unanimous invitation was extended to Rev. I. G. Couch, Hamilton, to become pastor of that church. It is thought that Rev. Mr. Couch will accept the offer. He was pastor of Woodgreen Methodist church, Toronto, before going to Hamilton.

BLACK KNIGHT STOVE POLISH

It used to be that the dirtiest and hardest work a woman had to do about the house was polishing the stoves.

"Black Knight" Stove Polish has made it no work and no more at all.

"Black Knight" is a smooth paste, that is spread easily with a cloth or brush and shines like a broad diamond after a few gentle rubs.

It cleans as it polishes—keeps the stoves fresh and bright, with almost as little trouble as polishing one's shoes.

See boys a big can of "Black Knight" at your dealer's, or sent postpaid on receipt of price.

THE F. S. DALRYMPLE CO. LIMITED, HAMILTON, Ont. Makers of the famous "3 in 1" Shoe Polish.