FRATERNAL PRESCRIPTION FOR NERVOUS WRECKS.

(From "Medical Reports."). Thousands of men, nervous wrecks, have found the following traternal prescription" a blessaggressiveness, they are timio, nervous, easily discouraged, lacking in self esteem and confidence. They suffer from cold extremities, thin watery blood, nervous-, ness, sieeplessness, frightful dreams, trembling hands and limbs, unsteady gait and an absolute inability to perform the ordinary natural and rational acts or duties such as any healthy normal man can. A vigorous man works, plays, eats and sleeps always with the keenest enjoyment. The greater his exertions are, the stronger becomes his appetitite and sium-

The nervous man seems always tired and worn out. Retiring brings no relief. Sleep brings no refreshment, all because of an abnormal condition of the nervous system, brought about byweil, no matter what-the desire is for relief and freedom with rich, red blood surging through the body supplying the sensitive nerves with all the power of sensation, so that sleep is refreshing, food is delicious, work is play and play is pleas-

This treatment is thorough, simple and correct. The ingredients are used in filling various prescriptions and can be obtained of any well stocked druggist and mixed at home without embar-

rassment or questions. Obtain three ounces of syrup sarsaparilla compound in a six ounce bottle. To this, add one ounce of compound fluid balmwort and let stand two hours. Then add one ounce of tincture cadomene compound (not cardamom), and one ounce of compound essence cardiol. Mix. ing new-health takes hold of the few weeks treatment will astonsh, and rejuvenate, because the treatment is the right thing at the right time, and contains no deceptive oplates.

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to accommodate the Stock. Before Dr. Hodgetts' advice is endorsed by the carpenters get busy we will clear City Engineer Rust, of Toronto, who out our best lines of

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Crawford

DAILY BRITISH WHIG, published at dissipations. at \$6 per year. Editions at 2.30 and 4

WEEKLY BRITISH WHIG, 16 pages ublished in parts on Monday Thursday morning at \$1 a year. United States, charge for postage had to be added, making price of Daily \$2 and of Weekly \$1.50 per year.
Attached is one of the best Job Printing Offices in Canada; rapid, stylish and cheap work; nine improved presses

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Managing Director. TORONTO OFFICE. Suite 19 and 20 Queen City Chan bers, 32 Church St., Toronto, H. Smallpeice, J.P., representative.

Daily Winig.

WHAT'S IN A NAME? grand old man declined to be given a had in mind what should be done to city engineer proposes constructing permanent payement was put on the title and a seat in the second cham- evangelize the cities. The tide of popu- about nineteen blocks. Fifty thou- down town streets. Princess street, he ber. It may be that South Africa, lation was away from rural life. So the four years, or about \$12,500 each dam than it had been done in the whither the new peer goes as gover- he said. nor-general, will appreciate the new In Europe there was an attempted | The engineer in outlining his scheme enough grates on that roadway to dignity that has been conferred on the revival of agriculture, and to some ex- to the board of works, stated that the carry off the water. About a dozen former home secretary, but it will not tent it was succeeding. If it failed the by-law to the people for the raising of concrete gutters, if macadam was to cal minds endorsed and the meaning crease, and the larger number would local improvement plan, or by in road on Princess street where there the late election. The hardest thing the United States was feeling the in- and one-third mills, so as to provide 700 feet. Another thing he would re-I George, was that the making of a majority of the people lived in the most satisfactory and equitable. curbing; then the telegraph poles shake well and take a teaspoon- towns and cities. In Canada the con- towns and cities. In Canada the con- four cents a foot a year for ten years. This was done, satisfactory gutters of the man into a tory, and ditions were changing rapidly. some will think of this now in con- C. C. James, the deputy minister of nection with the Gladstone elevation. agriculture in Ontario, addressing a What's in a name! Some times not meeting of persons who were interest very much. But the name of Glad- ed in fairs and exhibitions in Toronit will be missed in the commons, and farms had lost over 61,000 persons, with it may go some of the affection while the urban municipalities had which for years clustered about and gained nearly 300,000. The result was had its roots in the heart of a vener- startling. People talked of higher able and very distinguished man.

COST OF FILTRATION.

nounced that the water department, as an assurance of pure water, proposed to lay an extra pipe out into the harbour, the Whig suggested that the council might consider the advantages of filtration. The subject has been revived by the action of the Ottawa people with regard to their water for domestic purposes. tawa's water has not been pure. the interest of health it has been boiled. For some time the bacteria en- to Toronto, he said : tering into the consumption of the people have been taken in a cooked

The recommendation is that Ottawa procure a filtering plant, and the provincial health officer, Dr. Hodgetts, recommends that the capital consult Allan Hazen, because "he is the most ompetent authority on the subject.'

writes to the city engineer of Ottawa: BOOTS, SHOES AND RUBBERS Toronto in which he is to provide all the necessary plans, specifications and cost of the construction, except en- try in place of from it. gineering, but in no event is the charge to exceed \$18,750. The city is to pay a resident engineer to be approved by the engineer. The engineer ronto at least twice a month and ad- expensive form of persecution ! Vise the city engineer on the work."

The cost of the filtration plant is imagined. It has been estimated all on March 15th. It should be heartily that an experiment with tarvia be the way from \$25,000 to \$50,000, and endorsed. ler's, Golden Lion Block. Agent for Me. yet, if Toronto can get along with an outfit worth less than \$20,000, Kingston's necessities should be met for a much smaller sum. An extra of water, but it will not ensure

and advise the water committee.

THE CHURCH ON TRIAL. enunciated the idea that if the church They are not made of the same ma must be a social centre. In other body else is like them. words it must be open all the time. At once the preacher runs counter with those who regard the church with a sort of religious awe. The building has been solemnly dedicated for a certain purpose. Within it the thought and conduct of the people should be dignified. Anything appealing to hilarity and levity is not to be toler- Trade between Canada and the Unit ated, not even when it is accompan- ed States made its highest record in jed by an air of entire innocence. The the calendar year just ended, and has church, according to the mind of this more than doubled in the last ten class, must be as exclusive in its uses years. In no earlier year have either as the heathen temples. They may be imports from, or exports to that counapproached and entered gravely, de- try equaled the record of 1909, corously, religiously, but once the devotions are over they are to be

vacated and securely locked. Again and again there has been kind of trespass when the younger people have essayed to entertain themselves, to a limited extent, but there is a long way between this and the condition that must prevail before the

anada, made an heroic effort to Rev. Ira J. Chase was governor of Intemper the secular affairs of the diana and often preached from church Carter, in a sermon this week, says Rev. Henry A. Buchtel, D.D., a Meth-

THE WHIG, 77th YEAR the people and lure them from their

The church can do a great deal to invite the co-operation of the people, and and enlist them in wholesome occupacreasingly getting the possession and almost entire control of them

> A VERY TIMELY WARNING The movement of the last ten years

that is to be lamented, that is to be is of the people from the country to the towns and cities. It is Herbert Gladstone a peer! He is the City," dealt with some very im-

prices for the commodities of life. the streets that would be rebuilt each How could it be otherwise when there year, for the next four years. foods. There is no philosophy which tions explains the high prices but this : | Ald. Harty thought that the local

Against two things Mr. James ut- streets were used by all. tered a warning: (1) The people in Ald. Chown pointed out that the

"There is probably enough food | wasted in the city to feed any good- asked Ald. Hoag.

Mr. James added that it was a good structed details, the charge being at the rate of the soil, and the movement in time cent two and one-half per cent. upon the might be of people towards the coun-

> EDITORIAL NOTES. An evangelist, near Smith's Falls, was

less, much less, than any one here has be voted on by the property owners

How soft and fleecy the snow, beauiful snow, looked in the sunshine today! A typical winter's day was enjoyed here on February 18th.

Mayor MeLaren, of Hamilton, says purity which can be secured by a that city is not ready for local option. Rather the mayor and alder-It might be to the advantage of this men, or rather the majority of them, city to invite Mr. Hazen to visit it are not ready for either local option or license reduction.

The Kingston soldiers by the trek to A young preacher in Toronto has the north have shown their mettle is to be a centre of light and life, if it terial as some of their detractors, who is to attract and hold its people, it are spineless, and who think every-

With the expenditure exceeding the revenue by over a million a year it is ime the Whitney government retrenched. Mr. Matheson will never consent, of course, to sell the crown lands and squander the capital of the

Surely there is a man in the Ontario legislature to second the motion Allan Studholme, to give the franchise to women. The question is worth disussion, even if it cannot carry just yet. A seconder might be gallant enough to let the subject get an airing, even though he cannot vote for if.

the church and make it a common to prevent preachers from bolding political offices. Some of them have sat therey," because they cannot head off elected governor of the state.

TO BE BUILD OF MACADAM DUR. ING NEXT FOUR YEARS

Soard of Works Adopts Report of System-Nearing a Decision as to Payed Roads For Business Section.

engineer's scheme for constructing a fnance. contemplated indeed with some alarm, system of macadam roads in the resinext four years, beginning in the com-ing spring. It also decided to recom- Ald. Carson's view was that limemovement that is confined to Canada, mend to the city council that the stone macadam was the best thing for but is continental in its effects, work be done under the local improve. Kingston to use on all its streets. If Josiah Strong, in his "Challenge of ment system, charging property own- it was properly laid, with concrete ers directly interested sixty per cent. water tables, it would last well. not better than his father, and the portant facts, though in passing he forty per cent. During this year the people would never be satisfied until

four cents a foot a year for ten years, a very small amount.

The engineer recommended that three or four blocks of limestone macadam be treated with tarvia, which had given great satisfaction in cities of north ern states. Macadam would cost about stone counted for a great deal, and to, said that in the last decade the thirty-two cents a square yard. Tarvia treatment would cost about eight cents a yard extra. A further treat ment a year afterwards would cost about three cents a yard.

A schedule was submitted showing is a steady decrease in the producers, blocks were divided fairly among the Some days ago when it was an in the men who are providing the various wards, and constituted the

> That the tillers of the soil are leav- improvement plan seemed to be the ing it, and it is the source of all best to adopt. Ald. Carson was rather in favor of paying the cost out of the general revenue of the city, as the

towns and cities will wake up as to board of works couldn't get a large enough appropriation for even keeping home," on the 10th was most enjoythe importance of farming, and (2) the streets in repair. The taxation able. A short programme was In they will realize that they have been would have to be raised if the local sented, games were indulged in wasteful and extravagant. Referring improvement scheme was not adopted. refreshments were served at the close. Then let us raise the taxes," said The first carnival of the

sized city in many different countries | "It would mean that all would pry game of bockey on Monday for the roads, instead of a part of the Mrs. William Johnston, Mrs. A.

people," replied Ald. Carson. "We don't know how to buy, keep, Ald. Hoag held that the immediate A. Read, and Mrs. Tribute entertain- bit of land behind his house should prepare or use food. This means mil- locality in which new streets were ed recently. Mrs. W. G. Towiss as lions of dollars of waste, and all built received the benefit. People in sisted in the programme at the valen these things should be given atten- the outlying sections wouldn't receive time box social in Plum Hollow M as much benefit as property holders day evening. The May Amusement Co on streets where new roads were con- gave "The Passion Play," in moving

thing the people were feeling the pinch! Ald, Chown favored the local im- recently. of high prices. The more they were provement system, as being the fair- Some entertainers struck town sud-"Mr. Hazen has an agreement with pinched the more they would realize est to all. The whole city paid forty denly last week, gave a free prothe need there was of a cultivation of directly interested paid sixty per suddenly as they arrived. Several vic-

Ald, McCartney was inclined to fa- turn,

was pretty sure the by-law wouldn't Frederick Booth, of Morton will move land for a croquet lawn. When of his partners is to visit To- pelted with eggs. What a dreadfully carry. The people had turned down a to the residence formerly owned by man plants an apple tree and watches \$17,000 by-law a year ago. Ald. Hoag moved that the city en Edna Steacev has gone to Toronto. sign of a blossom, or when his one The dry dock exemption scheme will gineer's scheme, regarding macadam Alexander Green, Lett Kelly and peach tree arrays itself in blossoms

mprovement plan be followed; also the west. Charles Arnold after several fruit that a dog couldn't bite, it made. This motion was carried. The blocks to be rebuilt this year will be the following Wellington street, from West to Wil-

William street, from Sydenham Barrie, from Johnson to Brock. Clergy, from William to Brock.

Montreal, from Brock to Princess. Barrack, from Wellington to Rideau. Montreal, from Ordnance to North. Wellington, from Princess to Queen. Wellington, from Queen to Bay. Clergy, from Princess to Queen. Montreal, from Ordnance to North. Queen, from Barrie west 528 feet. Division, from Princess to Ellice. Queen, from Division east 75 feet. Princess, from Division to Alfred.

King, from Collingwood to Albert.

Union, from Barrie to Alfred.

The Road Paving Question. The board at its next meeting will 69c., Saturday morning. come to a decision regarding what kind of roads will be built business section of the city. All the details as to cost and materials have been mastered, and all that remains for the board to do is to record its decision. The members yesterday afcarefully decided that they would like another fortnight to think over th matter and discuss it with prominent citizens. The question has simply resolved itself into this :- Will the line of the street railway from the corner of Princess and Barrie streets to the corner of Johnston and Ontario streets be rebuilt with limestone macadam treated with tarvia or some other like substance, or will it be re-

built with permanent pavement? The question has been reduced entirely to one of cost. To put down pavement will cost \$75,000, to put down limestone macadam of a satisfactory nature and build concrete gutters and extend the present granolipeople who idle deswhere will visit In the United States there is no law thic walks out to meet the ourb and gutter will cost \$30,000. Members of Rev. Dr. Rainsford, well-known in in congress and the state legislatures. \$75,000 for pavement. Only about owners signed the petitions for the savement after a most careful canvass people with religion, in New York, pulpits in that state during his gov- so if payement is to be laid it will and lost his health in the service. Dr. ernorship. Another Indiana preacher, have to be done on the order of the omeil, and by a three jourths vote. Four men were killed in an explo- Carter, in a sermon this week, says kev. Henry A. Buchter, D.D., a Meth- Ald. Chown expressed himself in sion in a gunpowder plant in Cali- ow York is the "grave of the odist, removed to Colorado, and was favor of maradam. It was to be either vitrified brick or macadam, and he

dich't think the citizens would be sat sfied to pay \$75,000 for a brick pavement. He didn't think much of the

The city engineer said that sixty per cent. of the pavements constructed in the greater part of the United States was vitrified brick. This showed what ngineers thought of that material for City Engineer-\$50,000 to be Ex- paving purposes. Toronto had between pended Under Local Improvement ten and fifteen miles of brick pavement and was still using it.

Ald. Harty said that all seemed agreed that Kingston should have The board of works, at its meeting, permanent pavement if possible. The vesterday afternoon, adopted the city question at issue seemed to be one of

Ald. McCartney said that he was ntial sections of the city during the satisfied that brick was the proper

of the cost, the city paying the other | The city engineer 'said that the past, however, because there were not add zest to the movement which radi- immigration to America would in \$50,000 by debentures; by adopting the be used. There was one stretch of of which was so much emphasized in settle in the towns and cities. Already creasing the rate of taxation by one was no grate for a distance of over for the yearly expenditure of \$12,500, commend, if macadam was used on said against the liberals in the cam- fluence of the displaced power in agri- The engineer recommended the adoppaign, and as a taunt to Lloyd- cultural life. In eighteen states the tion of the local improvement plan as the granolithic walks out to meet the could not be constructed.

The committee then decided to postsone final action on the paving chestion until its next meeting. It felt that it had grasped the essential points and that all that was required

The Board of Education communi-

cation asking if the by-law respecting sanitary improvements can be enforced against public schools, and if it sufficient was referred to the city solicitor and the City Engineer. It was decided to shovel two diagonal walks through Victoria park. In attendance were Alds, Chown (chairman), Carson, Harty, Hoag and

ATHENS PEOPLE MOURN The Departure of Entertainers Who Didn't Pay Up.

Athens, Feb. 17.-The I.O.O.F. "at billed for to-night. The Lansdowne "Well, what benefit would that be ?" band is to be in attendance. Athens defeated Plum Hollow 8 to 5

Brown, Mrs. T. S. Kendrick, Mrs. pictures at Hard Island school house

per cent, of the cost and those more gramme, sold some goods and left as tims are awaiting their promised re-

vor submitting a by-law for \$50,000 | Elmer Smith, blacksmith, of Frankville, has leased the shop occupied by horticulture and vineyarding, but year Ald. Chown said that it was not O. L. Monroe, and will move his after year these makeshifts have failworth while losing time on this, as he family here the first of next month. ed. Nature intended that plot the late Thomas Henderson. Miss it in vain for twelve years for the DAVIS DRY roads, be adopted, and that the local Norman Hagerman left last week for and in the fall bears adamantine Rev. Westell, pastor of the Baptist But as for financial results, he church, conducted services in the In- find at the end of the year that dustrial Home last Sunday. Wellington, from William to John

69c., Saturday morning Lady Dudley will shortly visit Can- the money he has invested in garden real ada to obtain information regarding ing utensils which, no matter where he nursing organization in connection hides them, his family will produce in degree of Mus. Bac. can be obtained

Bibby's sale shirts, 69c., Saturday. ors left on the wrecked British steam- how to get rich with a hoe on er Lima, in the Straits of Magellan, croquet lawn what we really need A company has been formed at ciety. Montreal to construct a boulevard ten miles long to Bout De L'Ile.

What we need in Toronto a Married Man's Anti-Gardening So

Bibby's 30 doz. more new shirts, Straits, Alaska. The sixty-five past on the budget in the Ontario legislasengers were saved.

BIBBY'S STORE CLOSES SATURDAY EVENINGS AT 10 O'CLOCK.

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ANOTHER SHIRT SALE!



To-day we received, from a leading Shirt Manufacturer, 30 Dozen Shirts, soft bosom styles. All this season's models. They are Travellers' Samples that have been well taken care of. Everyone a beauty. All sizes. 14, 141, 15 to 18. Neat Black and Whites, dainty patterns in new shades of Blue, Mauve, Green, etc.

On Sale Saturday

69c.

Sale of 50c Neckwear for 25c.

The H.D. Bibby Co.

FARMING THE BACK LAWN.

It is Really Not What it is Cracked

Living will not be cheaper until the people put more muscle into gardening and less into rowing and golfing and automobiling. The man with a Gasoline cultivate it.-Kingston Whig.

This is all very well, or it will sound very well to those who have not tried it. Perhaps householders in Kingston have larger plots of ground behind their houses than are usually found behind Toronto homes. After making several efforts to 'farm the bit land' behind his house in Toronto the farming editor of the Star is prepared to admit that he has been unable to cost of Mying by his agricultural crops, fruit raising, market gardening, months absence in the west and in useless for the Kingston Whig to tell Montreal, returned home last Thurs him that he can reduce the cost of day. Mr. and Mrs. Arza Sherman have living by cultivating his back yard. returned from an extended trip He can increase the disappointments Music for all grades will be held on through the southern states. There of life He tan make himself disliked April 13th, 1919. through the southern states. There of life. He can make himself disliked was no service in Christ church last by his neighbors, who are reproached Sunday evening, owing to the illness by their wives into showing a gar of the rector, Rev. R. B. Patterson, dening industry equal to his own. thas thirty-five cents' worth of tomatoes and a bed of mint that he can-

with a suggested scheme for Austral- the following spring and leave leaning from the General Secretary. inteously against the lence. The eighty-eight passengers and sail- misleading advice from Kingston

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> Dr. Workman's action against Principal Shaw and the corporation of

Information about the yearly examin-ations for Diploma of Licentiate and

Wesleyan College, Montreal, opened on Bibby's 30 Moz. more new shirts,

De. Saturday morning. A warm-exchange between the lead-The steamer Yucatan, sunk in Icy ers marked the closing of the debate

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\$2.49 Men's Real Box Calf Bluchers, leather lined, real good Sale Price \$2.49

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Rubbers A few Men's at 75c A few Women's at 50c A few Girls' at 43c A few Childs' at 39c A few Boys' at 59c Little Boys', 11 to 13, at .. 49c

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Special Bargain in Ladies \$2.59 and some \$3.00 values. Cirls' Kid Laced Boots, sizes 11 to 2, regular \$1.35:

All Baby 50c Boots.