Stamina In Men And How to Possess It.

prominent physician being the question: "What are the things in life a man needs most 72 answered "Physical health, strong nerves, mental efficiency, money and social sucfive attributes is a success. Any man possessing the first three can be a success and have the Possession of a sound body with strong nerves is really the requirement which men need most. Men need stamina courage, staying quali-ties, endurance and perseverance but in order to have these qualities the nerves must be strong and keenly sensitive to every emotion. When a man has forebodings, sensations of fear, timidity, accompanied with such symptoms as trembling hands and limbs, weak voice, nervousness, sleeplessness, numbness, dizziness, heart palpitation, restlessness, forgetfulness, melancholls, weariness without cause, and many others of a similar nature, it cannot be expected that he will be a success financially.

socially or otherwise. Strong virile magnetism comes only to those whose nerves are properly nourished in a sound body. Nature in her wisdom has supplied certain extracts, essences, etc., which, if properly blended, will restore a normal keenness to the nerves so that any man can feel the rich red blood surging through his body supplying all the elements neceslife in all its various phrases. For the benefit of those temporanly deficient in nerve strength the following ing our ients can be obtained of any good uruggist and prepared in the privacy of home. Purchase three ounces of syrup sarsaparilla compound in a six ounce bottle. Add one ounce of compound fluid balmwort, shake and let stand two hours. Then add one onnec (not cardamom) and one ounce compound essence cardiol. Mix. Shake well and take a teaspoontoms will soon vanish and a complete restoration to normal fol-

suits to choose from, were \$3.50 other. and \$4..... Now \$2.48

28 to 33, were \$5 and \$6..... Sheepskin-Lined Pea Jackets, sizes 42 to 48, were \$6.... Now \$3.90 GREAT BARGAINS IN BOOTS AND

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REFORMS COME SLOWLY.

Canadians who remember the days, when elections were continued for two or three weeks, those presum ed to be favourable to the govern. time being. ment being called first for the moral effect they would have upon the rest realize the advantage of getting away from this conditions of things.

In Britain the wordy campaign over, but the polling will be going for eight or ten days yet, according to the plans of the local returning offi cers. The law under which the elec tions are being conducted will amended some day, and all the elec-

old and. The experience in the elections has been unusual, for never be fore have the people been so rapidly and so completely aroused. But circumstances have been peculiar, and

Conservatism holds in matters Boys' College Coats, up-to-date, sizes this kind. It will take time to con vince the people that simultaneous elections are the thing, just as it taking time to convince the lords that plural voting is not good, especiall for the working classes, but the men who are committed to these reforms have only to continue the agitations

> SEEMS TO HAVE THE TIME. should not scare the workingmen.

spring a surprise. The N.P. was to had its day. be the panacea for industrial depression and it was launched at a time revived. The national deficits fol- hind him. lowed each other with painful regular-ity. Mr. Drummond does not men- In a recent speech Mr. Asquith com- supper he told his host of his desire

The plea of the tariff reformer Tre great Uterine Tonic, and the British election was that his party meant to protect the people and give them more employment at better wages. The plea of Lloyd-George was that his party meant to drive ness and poverty from the earth, the people seem to think he is doctor who has the correct diagnosis

> TUPPER AS A PROPHET. So it is Sir Charles Hibbert Tup per who, in the old land, has bee anding out the opinion that if

campaign against the lords is cessful there will be an end of monarchy in twenty-five years! At

In 1896, when he led the conserva- "house of lords." tive forces to defeat in Canada, he had an awful fit of the blues, and predicted an eventual smash-up of the federal system. It was such a vision as some men have when their diges tion is bad. The spirit of the father is the spirit of the son, it appears, hence these occasional spasms and fears of impending fate will continue

while the Tuppers remain. The last withering blast from Sir Charles Hibbert was heard from Britupon him. He saw danger dorsement of the government's agree-

per disappeared. old London, and, having surveyed the family," you know. political field, and the work of the British incompetents who rule, he pre-been barred from the Ottawa free-for- the mayor of the wanted How much better a thing tastes several years past friends have re-tiets disaster. His forbodings may est all contest and will not race on the and gentlemen, that Signor Balylas when the doctor says you mustn't eat cognized that they had practically se-Another pause, which was very British incompetents who ture, he proposed the mayor of the mayor cape the attention of the radical ele- ice circuit as a result.

THE WHIG. 77th YEAR ment which he despises, but if Lloyd-DAILY BRITISH WHIG, published at George or Winston Churchill run at \$6 per year. Editions at 2.30 and 4 across him, on their return from a published in parts on Monday and Thurs-day morning at \$1 a year. To United hood, but a testimonial, in the warm added, making price of Daily \$3 and of colouring which the chancellor of the language, may be worth treasuring with the family beirlooms.

WANTED-TONE FOR CANADA: A New York reader of the Whig sends it a clipping from the New York ber of the royal family in Ottawa

the strain of present conditions.

servatives are depressed by what they Public opinion moves slowly in the nadians does not trouble them. They an ox, a nose like the bill of a snipe, The circus was crowded as belong to the British empire. They in its triumphs and its troubles."

> And are not the liberals? Who was it, when the National Policy was launched and it was feared it might affect British connection, said : "So quail and partridge, "Pay thy debts! my poor Martinot, that you do not much the worse for British connection?" Who was it that objected to hay perfumed the air and filled the his ears quickly, but how to find the British preference and said that soul, inviting one to dream in the friend in a crowd like that! After such a thing should not be, unless Britain gave a quid pro quo?

Was not this one the blue-blooded aristocratic conservative who, a few years ago, regarded the average lib- ist stopped to see the wheat fall eral as too low in his tastes and too vulgar to hold office and to rule?

as correct in his judgment of Canadian men and parties as the Canadian A. T. Drummond has been writing current events. The electors of the old to a friend in England on the Na- land must have been impressed with be sure to make your fortune." tional Policy which Canada adopted the bounce and buncomb of some of his way, and after a time threw himthat protection is the ideal thing, and amused over the advice of the New ernment of England should appoint a new without any of the fatigue. local situation by the letter of A. T. Canada for the tone it would give to

was bad and all classes of the peo- Times refers, by the way, is a fiction slept. It was almost dark when ple suffered. It was a good time to of the conservative press which has

EDITORIAL NOTES.

continue, right, if some one is appointed to here," replied the man. "But if you py clown. however. The N. P. could not pre- see that it is enforced. The present vent the recurrence of depressions, law can be made effective if the crown short and one can sleep as well on with all their dismal and discourag prosecutor in a place like Toronto heap of straw as on a good bed. They ing effects. The soup kitchens were feels that the attorney-general is be- say in my house, enough for three. So tome along

mented upon the impropriety of outusion which his letter was destined siders butting into the British electmy boy. I have the very thing. tions, and seeking to influence them pretty little ass, for which I have no in by their views. He must have had need, very gentle, a rare heart, who some of the Canadians in his eye.

Hon. Clifford Sifton had a nice word to say of the Hydro-Electric Commission, and the tory press is in ecstaabout the power scheme, however, without endorsing the commission and Evreux by the imperial avenue all its works.

would create a stir.

in Ontario is credited by the Ottawa giving away to a new emotion, for it Citizen to the sympathetic co-opera- had a sudden inspiration of genius tion of the Whitney government. A Quickly he elbowed his way through to establish the innocence of his clerk very despondent with each liberal vic- significant expression and one which the crowd to the strange traveller. Balylas was eager to return to hi may have its influence on the local said some words in his ears,

In the Ottawa city council a by-law appeared again on the platform :
"Ladies and gentlemen," said he, "in that no opposition was shown is tak- ary, unique, most brilliant, most

somehow McBride triumphed and Tup- Greenwood for instance. They called ing in in the hope of finding room. him a "foreigner," which is not the The manager came out again and Now Sir Charles Hibbert turns up in way to talk of one who was "in the "Ladies and gentlemen," said he, tea, sugar and cream sets,

> The Eel, 2.021, gray wonder, has place left. I could not find room for itt. But, I am happy to say, ladies it !

By CECILE MARION.

One day Maitre Luitime, solicitor of Livarot, called his third telerk to him memoirs

and you are a man, I have never let He was greeted with enthusiastic plauyou take a vacation, nevertheless I am dits. Ceremoniously they helped him well pay your expenses to Paris. Only gallop. Encouraged by the snaps of Canada, and for two reasons. The I counsel you to make the journey or the ringmaster's whip, who held him that is that the residence of a mem-foot. For a young man it is much by a leash, the little ass went like the

ime being.

"The influence would doubtless ex- poles, and his pantaloons came but be fell and ran after his ass. taking tend to American society," says the three-quarters of the way down. His gigantic strides, they went wild. But Times patronizingly, "and Ottawa arms were so long that his sleeves and when he attempted to seize Alcibaides" is fashionable centre." Which would be that they were always covered with stupefaction, there were shouts, cries, positively delightful for those who mud in winter and with dust in sum- stamping, yells enough to make crazy could stand the pace, but be a heart baker's shovel. When he walked quick rious scene lasted ten minutes, but the strain of present conditions and one expected to see him fall to cess. The second reason is that "the con- pieces. To crown this "chef d'oeuvre" The next presentation contained of nature a little head like a loaf of surprise that gave the spectators. all tions that can, as in Canada, will be call the government's separatist pol- that seemed to go all around his head, the same time spoiled the triumph of icy. The cry of Canada for the Ca- two large, green eyes like the eyes of the great artist Balylas.

> borrowed from a stork. Paris, with his bag on his back and a old woman immediately, stick in his hand. The fields glowed "Silence, you old hen !" shouted under the warm rays of the dazzling pay thy debts !" An exquisite and cap- know me tivating odor of ripe wheat and mowed | Called thus, Alcibiades pricked shade of the great woods, there gaze at the landscape which stretched on his way. But when the away into the picturesque and myster- woman saw Balylas fall with Alci-

From time to time the young tour- up and shouted with all her strength fore the reapers and to talk to curiosity and could not resist The New York Times' critic is about wicked pleasure of laughing at singular fellow.

"You are going to Paris?" said the village wit. "One can see that from politicians who went to England and looking at you. You are certa nly that the commissaire of police went presumed to instruct the people upon bright to go so far. There is nothing to her and inquired the cause of her in the market there like you. You will frantis screechings. She explained that A little vexed Balylas continued

the stinglish papers as an evidence ilarly the people of Canada must be great oak. Little accustomed to walking, and already much fatigued, thought, "If I had bought an ass that the bogey of a tax on bread York Times man that the liberal gov- would have all the pleasure of the jour One would scarcely recognize the duke to the governor-generalship of I would get to Paris I could sell it. perhaps at a gain, and then I could to the fair at Newbourg. She had eturn to Livarot by coach." ada in 1876, 1877 and 1878. Business The separatist policy, to which the an ass in the next village. Then was awakened by an old peasant, who came from the fields followed by

Have I far to go to find an inn?"

The anti-combine law will be all "A little more than an hour from exculpated himself; not so the unhap-

"You want to buy an ass? Good, can trot like a mouse. There is not an ass like him within twenty leagues You could not but like Alcibiades. A roll name we have given him-but

The bargain was made, and in the tion, sies. Mr. Sifton can say a great deal afternoon of the next day, Balylas, mounted on Alcibiades, made his trimphant entry into the town Cambolle. It was the day of The first thing the aldermen who are of people. When they saw this grotes- good woman, you may lead away your denying the existence of an active que cavalier, the crowd gathered about and aggressive temperance spirit, him, making it impossible for Alci- "Ah, thanks, my good sir! Martiknow, there will be a petition and a biacles to go on. There was a circus not, Martinot, let me embrace you demand for option law. A referendum was the clown come out to make an- My poor Martinot Ah, the beggar, if in connection with the next elections nouncements and to ask them. There I could catch him! But we will re monarchy in twenty-five years! At from all at this queer figure, with his not leave me again. I will not loss first it was thought that Sir Charles The growth of temperance sentiment scared face and rolling eyes full of sight of you, 'my poor Martinot fright. The manager of the circus, Come quickly, let us go from here! into the circus with his cavalier. He again, not even to make the journey to ing which provided for the abolition ten minutes we shall have the honor of fourteen liquor licenses. The fact of offering you the most extraordin-

Event At Folger. en to be an evidence of a strong to prising exhibition that was ever seen \$23 was cleared above expenses. Mrs. in Evreux, by the incomparable art- Edward Crawford and the young peo-Mr. Blackstock is not a mascot. | who arrived but yesterday from St. | the excellent programme. Miss Grace That is certain. He ran in three elections in Canada and lost. He undertook to help the unionist candidate in

of Madrid, Vienna, Naples and Lonford, of Clyde Mills, are at V. ish Columbia, where he metaphorical Grimsby, and the unionist went down don. We intended not to have this Prasky's. Mr. and Mrs. ly put Hon. Richard McBride under to defeat. Politics is not the forte of performance until the evening but see- Stewart are at A. T. Stewart's. Miss the microscope and disdainfully looked Mr. Blackstock. It is time he realized ing the crowd that is here, and not Clara Mareau, of Clyde, Mills, and ining to disappoint those who have Miss Florence Garrett, of Sharbot ome from a distance, Signor Balylas Lake, are visiting at C. M. Rey ment with the C.N.R., and in his and even affectionate manner in which There goes the music!"

An English critic refers to the kind only, ladies and gentlemen, not more to the siding for the Lawrence brothers. There goes the music!" it. Ordinarily that should have setthe Canadians were treated who partled the fate of the government, but ticipated in the British elections. There goes the music!

There goes the music!

In a few minutes the circus was few days with her sister, Mrs. A. In the complaint statutory grounds are alleged, the co-respondent living pure), 65c per Pail.

Don't Forget Every Night We are having an auction sale with a beaming face, 'I am grieved, bon dishes, salad sets, nut bowls, jar- in Oswego about fixteen years a disconsolate, but I have not a single dimeres. J. Hiscock.

Mrs. Spencer was the vounceut day.

Mrs. Spencer was the youngest daugh-ter of Former Mayor N. P. Neal. For

has, at my earnest solicitation, consented to give his usual performance a second time immediately after this. Therefore, a little patience, ladies and gentlemen, and in an hour we

will be ready for you." After the ordinary equestrian acts, Alcibiades made his entrance, led by two men in splendid thress. Solemnly he walked around the ring twice. All eyes were turned on him. What interesting things at ass, that made twice the tour of the crowd, would have to say of the kings of creation if he were to take the pains to write his

Times, in which the Canadians are Balylas, you are eighteen years old very gorgeously dressed, as a clown; well pleased with you. So this year I to mount and Alcibiades went off in a

will create a stirgin the social life balylas was so shocked that his eyes saddle in the most grotesque attitude, of Canada, and make the capital the rolled as if he were going to have con-social Mecca of this country for the vulsions. I ought to say that he was Balylas was truly comical, and benot come within several inches of his tail, and fell backward with that aphands, which hung so near the ground pendage in his hands, to his own great

sugar, with cars like scallops, a mouth the amusement they wanted, but at

and a long neck which he must have Alcibiades made his entrance, conductare heart and soul with old England There you have Balylas en route for "Ab, there is Martinot !" cried an

> un. On all sides the mowers were i "I tell you it is my Martinole it is taunted by the mocking calls of the my ass, Martinot ! Ah, is it possible

> > biades' tail in his hands, she jumped in the midst of the applause and laugh

with "I tell you it is he! Martinot! poor Martinot ! You will come to me. Ah, the beggars! the rascals! the rogues ! the bandits ! They have stol-

she was from Gaetinville-les-Chardon I er of the place had so adroitly arranged the part cut off that no one would know it. Martinot was as pretty stopped to talk to some of her friends and to her great chagrin she lost he the merest chance. She had always thought that a mountebank had taken a him, and she was not mistaken. Ah,

the brigands! The commissaire called the manager and then Balylas. The former quickly

"I bought him."

"I don't know." "From a farmer at whose house I

"I don't know." "Where do you come from ?" From Livarot." "What do you do at Livaror?"
"I am a clerk for Maitre Luitime." "Where are you going?"

"To Paris. I am taking my vaca-"All this is not clear. Or, rather, i of and you have stolen this ass. You of may continue to take your vacation, the but in prison. Gendarme ! bring this great fair, and the streets were full fellow to prison-go. As to you, my

nearby, and they thought that Balylas The rascal, has he made you suffer were shouts and jeers and laughter turn together, you and I, and you will had no desire to see.

Folger, Jan. 20.-The box social

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