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Dr. McTaggart's tobacco remedy removes all desire for the weed in a few days. A vegetable medicine, and only requires touching the tongue with it occasionally. Price \$2.

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Marvelous results from taking his remedy for the liquor habit. Safe and inexpensive home treatment; no hypodermic injections, no publicity, no loss of time from business, and a cure guaranteed.

Cook's Cotton Root Compound.

The great Uterine Tonic, and helps regulate the Monthly Menstruation in all cases. Sold in three degrees of strength—No. 1, \$1; No. 2, 50¢; No. 3, 30¢. For special cases, \$5 per box. Sold by all druggists, or sent prepaid on receipt of price. Free pamphlet. Address: THE COOK MEDICINE CO., TORONTO, Ont. (Corner Bay and Water Streets)

TRY BEAVER FLOUR

Good for Pastry or Bread. No complaints. For the last fourteen years we have been handling it. Price is moderate.

A. MACLEAN,
Ontario Street.

COSSACKS IN SQUARE AT VIBORG.



COSSACKS IN THE SQUARE AT VIBORG
St. Petersburg, Dec. 16.—The Grand Duke Nicholas Nikolaevich has been chosen by the czar to go to Finland and take full charge of affairs there and to quell possible resistance to Italian plans. Grand Duke Nicholas Nikolaevich, as commander of the military district of St. Petersburg, and later as president of the council of national defence, exhibited ability to deal firmly with disturbing elements. A half dozen attempts upon his life have been made by the revolutionists, and one such conspiracy resulted in the shooting of seven conspirators. The grand duke was retired from the Presidency of the council of national defence by the emperor a year ago last summer, and forthwith took command of the summer army manoeuvres at St. Petersburg.

IT IS NOT HARMFUL

Water Drinking Does Not Tax System Like Food.

Sometimes a person writes to us that is harmful to drink two or three quarts of water daily; sometimes a friend argues that we ought to drink only when thirsty, etc. Drinking, like breathing, is a matter of habit. Few persons breathe deeply or take in all the air that is necessary for health; few drink enough pure water.

It is a mistake to think that water drinking is harmful. Water does not tax the system like food; it undergoes no chemical change; no vital force is used in eliminating water, as evaporation, gravity, capillary attraction, osmosis, etc., perform the greater portion of the work without any drain on the vital powers. Pure water in the body dissolves and carries out waste material, mineral matter, poisons, impurities, and this absorption of the debris of the body is performed without any appreciable effort on the part of the system.

However, an ounce of fact is worth a ton of theory; the Japanese drink a gallon or more of water daily, and they are not suffering from physical exhaustion, although eight or ten glasses are thought to be sufficient for the average person.

Note this clipping:
One of the most valuable features of the spore regimen is simply water. For the plague of the intestinal sluggishness some of our best specialists recommend a glass of hot or cold water immediately before rising. There are thousands of people at this moment poisoning themselves with drugs whose whole outlook on life might be completely changed by this commonplace remedy. In Japan, the Japanese scheme of physical training is said to include in its more rigorous forms the daily consumption of two or three gallons of water. The fact is that water exercises a cleansing effect on the inside as well as the outside of the body and enables the secretory organs the better to fulfill their part in the great work of nutrition.

A Selfish Sport.

Utica Globe.
"Apropos of the jumping contests at the New York horse show, James R. Kieve talked about fox hunting."

"Hunting, he said, 'develops a race of very savage, selfish men. There was, for instance, Jones. On a bitter cold day as he was riding hard at a brook, he perceived the head of his nearest rival sticking dismally out of the icy water. Did Jones go to his friend's assistance? Not a bit of it."

"'Duck, you fool!' he shouted, and jumped over him."
"We will' draw ten times as much as 'You shall.'"

"Nerviline" Cures Rheumatism

And Here is the Proof—A Solemn Statement From a Four-year's Cripple, Who Says: "Nerviline" Did It.

"If I had lived through my sufferings another year it would have been a miracle. This is the opening sentence of the declaration made by J. Eccles Squires, member of one of the best known families for twenty miles round Sydney. 'My hands were drawn out of shape, even my fingers were gnarled and crooked—my lameness, stiffness and inability to get about all showed'—the have Rheumatism made with my health. The blessing of it all is that I have heard of Nerviline, and now I am able to tell and advise others how they may get well, too."

CURED 1-2 YEARS

"My system was so weakened that I had to build up with a good tonic, so I took Ferrozone at meals. But I never stopped rubbing on Nerviline—it had a magic influence on my stiff, painful joints, and after bottle was rubbed on the painful parts, Nerviline cured me. I am well to-day—have been well for four and one-half years."
You also can cure rheumatism, lameness, sciatica, neuralgia or any pain or stiffness in the muscles or joints—do so, use Nerviline. Don't let your druggist substitute. Get "Nerviline" only, large bottles, 25¢ or five for \$1, sold everywhere.

WANTED VALUE KNOWN

Having the Girl Know "What Gilt Cost."

A young man brought a package into the main office of an express company on lower Broadway, New York, the other day, and asked the receiving clerk to send it to a town up state.

The clerk weighed the package and then asked the young man if he desired to declare the value of it. The young man said he would put the figure at \$15. Then the clerk marked in a corner of the package in a very small letter "V 75."

"That is the abbreviation of value \$75," said the clerk.

"But why do you print it in such small letters in an out of the way place?"

"Because most folks do not care to have the value marked in letters that will attract attention," replied the clerk.

"Well, I tell you, if this was just an ordinary package I would not care," said the young man, "but the truth is that this is a present I am sending to my intended up state, so if it is agreeable will you kindly mark that 'V75' in big letters up near her name, where she'll be sure to see it?"

TANTALUM LAMP.

Efficiency is Greater Than Carbon Lamp.

Tantalum is a "rare metal" of slight importance, the only practical use to which it is now known to be put being in making filaments for incandescent electric lamps. The efficiency of the tantalum lamp is greater than that of the carbon lamp, but somewhat less than that of the lamp with tungsten filaments. As more than 20,000 filaments of twenty candle power can be made from a pound of tantalum, the market is not large. It is at present probably supplied by rich manganotantalates from Western Australia. No tantalum minerals are known to have been produced in the United States in 1908, according to F. L. Hess, whose report on various rare metals forms an advance chapter of "Mineral Resources of the United States, Calendar Year 1908," published by the Geological Survey. The tantalum used in the manufacture of lamps in this country is made in Germany and imported at a cost of \$300 a pound.

Piles Cured in 6 to 14 Days.
Pazo Ointment is guaranteed to cure any case of itching, blind, bleeding or protruding piles in 6 to 14 days or money refunded. 50c.

WHIST BRIDGE FROCK



POSED BY MISS BOWEN OF THE LEW FIELDS' OLD DUTCH CO. PHOTO BY JOEL YEBER.

These light weight wool mixtures with silk or mohair are much used for afternoon costumes, and this bridge frock amethyst permo—a weave of wool with mohair threads—is particularly smart and refined in style.
A narrow souchet braiding forms the only trimming, and in the shallow décolletage of the bodice is set silver lace over amethyst chiffon.

MAKES KIDNEYS ACT FINE ENDING LAME BACK AND BLADDER MISERY.

Few Doses regulate out-of-order Kidneys.

A real surprise awaits every sufferer from kidney or bladder trouble who takes several doses of Pape's Diuretic. Misery in the back, sides or loins, sick headache, nervousness, rheumatism pains, heart palpitations, dizziness, sleeplessness, inflamed or swollen eye, lack of energy and all symptoms of out-of-order kidneys simply vanish.

Uncontrollable urination (especially at night), smarting, offensive and discolored water and other bladder misery ends.

The moment you suspect kidney or urinary disorder, or feel any rheumatism, begin taking this harmless medicine, with the knowledge that there is no other remedy, at any price, made anywhere else in the world, which will effect so thorough and prompt a cure as a fifty-cent treatment of Pape's Diuretic, which any druggist can supply.

It is needless to feel miserable and worried because this unusual preparation goes at once to the out-of-order kidneys and urinary system, distributing its cleansing, healing and strengthening influence directly upon the organs and glands affected and completes the cure before you realize it.

Your physician, pharmacist, banker or any mercantile agency will tell you that Pape, Thompson & Pape, of Cincinnati, is a large and responsible medicine concern, thoroughly worthy of your confidence.

Accept only Pape's Diuretic—fifty-cent treatment—any drug store anywhere in the world.

A TRIP TO ALASKA.

A Tour That Can Be Made With Comfort.

Dublin, (Ireland) Express, Oct. 19, 1909.

A trip to Alaska is one seldom undertaken by people in the British Isles and of the many bookings undertaken by the Grand Trunk railway officials in London, few tickets show the destination to be that part north of Canada, where coal and gold, together with meteorological observations, are often supposed to be the chief reasons for the existence of that land. That such a trip can be made with little of the ordinary fatigue of travelling is well proved by a recent communication sent to Fred C. Salter, European traffic manager of the Grand Trunk railway, from Bromley Challenger, F.R.G.S., who has just returned from the north-western limit of the North American continent. The latter has an added interest by reason of the fact that, on the day of the official opening of the Grand Trunk railway's new offices at 17-19 Cockspur street, S.W., Mr. Challenger was the first person to book a passage with the company for Canada. On Dominion Day (July 1st) the trip was planned and provision made for the journey, and in the first week in October, back in England again, the well-known geographer has been pleased to write to the Grand Trunk officials expressing his entire satisfaction with

the easy way in which the journey was accomplished. After thanking the railway officials for making his means of transportation pleasant and comfortable, he says: "I was very pleased, indeed, with both the road and rolling stock of your company, and in my opinion it is second to none on the continent of America. The arrangements you made for me were very much added to my comfort and enabled me to reach my destination in the quickest possible time, and I must say I experienced the greatest civility from the company's staff during my passage on your road. The route you worked out for me was a most interesting one, and coming back as I did over the Rockies and the Great Lakes, I did not travel over a single mile a second time except the short run between Sarnia and Toronto. Will you be good enough to send me particulars of your 'Round the World Tours.' I am thinking that next spring I may have another run out to the west and if I do I shall like to return home via the east."

Thus the whole of Great Britain is quickly put in touch by this great railway system, with what frequently is said to be the uttermost parts of the earth.

Mattimony is sometimes like building a house. The extras always make it more expensive than the original figures.

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Which brings happiness to the Home for many years to come.

The Souvenir Range

If you give one to your wife, she will think of your gift every time she prepares a meal. It will be so much easier for her than standing over that old stove for hours.

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S. J. HORSEY, Sole Agent, 189 Princess St.

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000 Foster, 500 Cobalt Central.
A Phosphate Property in Front-
enac.

WILL SELL:
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That will bestow pleasure to the recipient as well as the giver: A big solid Oak Imitation Leather Rocker, only \$6.50; Fancy Rattan Reception Chair or Rocker, only \$3.50; Fancy Silk Parlor Chair or Rocker, \$5.00; Music Cabinets, \$4.50; Medicine Cabinets, \$2.50; Kitchen Cabinets, \$7.50 up to \$30.00. Also line Screens, Easels, Children's Toy Sets.

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