A woman who is sick and suffering, and won't at least try a medicine which has the record of Lydia E. Pinkham's Vegetable Compound, is to blame for her own wretched condition.

There are literally hundreds of thousands of women in Canada and the United States who have been benefited by this famous old remedy, which was produced from roots and herbs over thirty years ago by a woman to relieve woman's suffering.

Read what these women say:

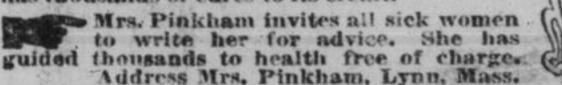
Belleriver, Que. - "Without Lydia E. Pinkham's Vegetable Compound I would not be alive. For five months I had painful irregular periods and inflammation of the uterus. I suffered like a martyr and thought often of death. I consulted two doctors who could do nothing for me. I went to a hospital, and the best doctors said I must submit to an operation, because I had a tumor. I went back home much discouraged. One of my cousins advised me to take your Compound, as it had cured her. I did so and soon commenced to feet better, and my appetite came back with the first bottle. Now I feel no pain and am cured. Your remedy is deserving of praise."-Mrs. Emma Chatel, Valleyfield, Belleriver, Quebec.

Eric, Pa. "I suffered for five years from female troubles, and at last was almost helpless. I tried three doctors but they did me no good. My sister advised me to try Lydia E. Pinkham's Vegetable Compound, and it has made me well and strong. I hope all suffering women will just give Lydia E. Pinkham's Vegetable Compound a trial, for it is worth its weight in gold."

— Mrs. J. P. Endlich, R. F. D. 7, Eric Pa.

Since we guarantee that all testimonials which we publish are genuine, is it not fair to suppose that if Lydia E. Pinkham's Vegetable Compound had the virtue to help these women it will help any other woman who is suffering from the same trouble.

For 30 years Lydia E. Pinkbam's Vegetable Compound has been the standard remedy for female ills. No sick woman does justice to herself who will not try this famous medicine. Made exclusively from roots and herbs, and has thousands of cures to its credit.





WAKE UP! It's Time for

You wouldn't feel happy if you missed your Kellogg's-even one meal. Kellogg's Toasted Corn Flakes, with Milk

or Cream, is a tempting, wholesome dish at any meal-every hour is "Kellogg Served with Fruit, Kellogg's

affords a "give me some more" taste you'll never want to

forget. Try it to-day --- no cooking-it's ready to serve-just add milk.

LONDON. CANADA.

TOASTED CORN FLAKES

UNDERWEAR The most important part of your dress Your underclothing is the most important part of your apparel. No matter how good or well made the rest of your clothing may be-if your underclothing does not fit or is uncomfortable, you cannot look or feel properly dressed. Just try "Ceetee" Underciothing-it will delight you. All sizes for men, women and children. Ask your patter UNS Porte healer to show you "Cectee."

THE C. TURNBULL CO. OF

GALT, Limited, GALT, ONT.

Manufacturers - Estab. 1859

BELLA COOLA A PARADISE FOR FERTILITY.

Man Can Live There Amidst Scenic Beauty in Veritable Land of of the Place.

Bella Coola, B.C., is a paradise of fertility where man may live amidst sceme beauty in a veritable land of milk and honey at a minimum expenditure of the sweat of his brow. There the waters teem with fish and there venison, bear-meat and wildfowl of all descriptions are easy spoil to the hunter and trapper.

It lies four hundred miles north of Vancouver by steamship, then sixty miles, infand through Burke's Channel, from where the Channel touches tidewater. It is a valley. stretching far into the great ranch ands of the interior-a gateway into the latter, over "The Slide," one of the disiest passes through the heights. A new and easier grade in "The Slide," for pack-trains, has lately superseded the old one, made under the supervision of Mr. J. R. Morrison, to whose practical knowledge of and faith in the Ootza Lake district and surrounding country is largely due the revealing of its wonderful possibilities to the settlers that are nouring its

Bella Cools is an old Hudson Bay trading post, and it has been for years a rendezvous for fur-traders of all nationalities; also the base of supply for the country within a redius of several hundred miles. Andas the company, by its rectitude and inir-dealing, won and kept the confidence of the redman, who is ever the quickest to appreciate a "square" deal," so-has its late employed and present owner of the site; and selfsame store, and withal chart magistrate of the place, kept that contidence and gained an abiding stiffuence over the morals of the Bella Coola and allied tribes by his strict integrity and uprightness during his forty-five years of residence amongst them.

The old wharf road extends for everal miles to the cannery and it s joined by the bridge across the ravine to the Government trail, that ents through the Indian Reserve at the foot of the valley. Fifteen years go the road up the valley was built by the Norwegians, a colony of whom had received a Government grant of and and along with it enormous grants of money for road-making. Indeed, eighty six thousand dollars have been so expended, of which only hirteen thousand, have as yet been offected in taxes.

Fort William to Wabigoon.

In describing a trip over the National Transcontinental Railway Mr. St. Pierre writes in The Manitob eached there are marked signs of an influx of population. Three hotels south, is also showing signs of beuta grade.

by no stretch of the imagination can the country extending northwest of Fort William to the Wabigoon river be classed as sterile. For long ofs ances it is fairly level, well watered and bears every evidence of fertility. Only the forbidding appearance of the north shore of Lake Superior ould have so long kept population away from these hundreds of thouto clay loam. In other see ions sandy loam and black loam are the prevail | He pencilled an appointment on his ing characteristics. The substil it shirt-cuff for the following Tuesday, as a rule of a porous miture, which afternoon, and Mrs. Armstrong duly the surface in most localities precludes the necessity of graining cept low-lying land. Much of the country has been overrup with tire making clearing comparatively easy The success which has attended farm ing along the C.N.R. and C.P.R. where it has been attempted, bespeaks the future of the Hinterland where the climate is better owing to the absence of the fierce blasts from | but do not feel obliged to accept all For all my choicest friends live

An Ancient Debt.

Mr. Francis Beale, 300 King street vast. Toronto, has a considerable amount of money coming to him. Some time ago he appeared before the Board of Control and claimed that in 1864 he paid \$39.40 more on the sewer rates than was necessary. The matter went to the city treasurer's office, and it was discovered that the claim was sound, and that Mr. Reale (was chutled to the rebate. The Board control promptly ordered the ambunt paid.

Then Controller Geary introduced the subject of interest. That money has been idle, se far as Mr. Beale is concerned, and I think he should get

The board concurred in this, and it was ordered that the treasurer's despartment should compute the interest. legally compounded and pay the amount to the old gentleman. As this will bring the sum into the hundreds, Mr. Beale was lucky to have overpaid his account before Confederation.

Green Flag Barred

Ireland was landed a fourative oke on the solar plexus recently at Toronto by Station Superintendent Beck at the Union depot, who refused to allow the green bunting with barp and all to decorate the train which carried the field battery from the exflibition back to Kingston. A member of the corps on the train Imd hoisted the Irish colors in the place where the company's dag is usually flown, and Mr. Beek insisted on its removal, much to the chagrin of a number of Irishmen. The train was !! believed with other flags,

Beer Barrels For Bridge.

The empty barrels-165 in number-1 whose contents of 7 per cent, beer and porter were emptied into the Montreal River a few days ago by the inspectors, are being used as I bridges to support the floating bridge only disappoint you, 60c, a box at all deal-which joins the two towns of Smyth Write for a free copy of Dr. Chase's Recipes.

AUTHORS' RECORDS,

Facts About the Speed of Famous" Story Tellers.

Few things are more remarkable than the widely different rates at which authors produce their work. One will dash off a long novel in a month of feverish writing; another will count three or four years not a Milk and Honey-Discription day too long for a similar task. will reel off 15,000 words a day; while his rival, B, thinks he has done quite a satisfactory day's work when he has committed 700 or 800 words to paper. And, again, a lifetime may rield in one case books which you can count on the fingers of one hand; in another, the product is a hundred

or more substantial volumes, "John Oliver Hobbes." for instance, although she wrote at least fourteen novels and a large number of plays. once confessed that she rarely produced more than 150 words in a day. Mr. Max Pemberton considers 800 to 1,000 words a good day's work, and leclares that he has never written as many as 2,000 words in a day in his life; and Mr. W. W. Jacobs has often been quite pleased to pen 500 words of one of his funny stories in the same time. Mr. Hall Caine thinks he has done a capital week's work when he has produced 6,000 words; although that he has the pen of a ready writer is proved by the fact that he once wrote 9,000 words while traveling from Scotland to

Mr. Rider Haggard has written a long story in six weeks, but his average rate of production is barely 1.500 words a day; and this is also the average of that most prolific writer, Mr. Le Queux, whost supreme effort was a novel of 83,000 words in

But even this speed is a snail's pace to such a speedy penman as Mr. Frankfort Moore, who turns out a long novel at the rate of 4,000 words to record, has a nen with which he has written over 4,000,000 words; his early days of authorship Mt. H. ing 7,000 words daily; "John Strange record of over 11,000 words, and rarew falls below 4.000 words; while Mr. George Griffith once reached a day's figure, which represents Mr. Croc-

short-distance feats of well-known in long-distance competition. Mr. Watts Dunton spent fifteen years or Ward worked industriously for three vears before she wrote "Finis" to "Robert Elsmere"; Olice Schreiner has produced her books at the rate of one in five years; and Mr. George Free Press: "As Superior Junction is Meredith's books average two years

These are among the slow-goers, if are open at the Junction itself, by long-stayers in the literary race, who sides a couple of stores and a private are content to give to the world in a geon Lake where gold mines are saw! who has at least 107 novels beneath | to be plentiful. These mines are also her name in the library catalogues. within ten miles of the Transcontin. and who can produce long stories at the rate of four a year.

How Carl Rosa Lost Mme. Melba. Not the least interesting of the reminiscences of Mr. William Ganz, the ed his golden wedding, is that concerning the debut of Mme. Melba. The famous prima donna was then Mrs. Nellie Armstrong, and she made her debut here at one of Mr. Ganz's concerts at Prince's Hall, twentyconsiderable variety in the character | three years ago. "I was so charmed of the soil. Portions of the area ar with her," says Mr. Ganz, "that I' of red or light colored clay, charging spoke to Carl Rosa about her, feeling sure he would like to hear her sing. together with the rolling formation of f called at my house at the time fixed. he had forgotten about the arrangement, and thus he lost an areste who would have been invaluable to him for his opera company. As it was, Mrs. Armstrong went to Paris to study with Mme. Marchesi, and later came

> Grant a favor as often as possible, that are offered you. - Pride, as a usual thing, eats up the

out is grand opera."



As a Beautifier of the Skin Dr. A. W. Chase's Ointment holds a unique position. It does not clog the pores as do unsanitary powders but positively promotes a healthful action of the skin and thereby makes it clear, soft, smooth and velvety.

It soothes irritation and inflammation, cures chafing, pimples and blackheads, and all kinds of skin eruptions, including the worst cases of eczema

and salt rheum. Ointment

Stops itching promptly and heals the skin quickly. It is antiseptic and therefore of utmost value in preventing blood poisoning when applied to scalds, sores and wounds.

Dr. A. W. Chase's Ointment has a world wide reputation as a cure for itching akin diseases. Imitations and substitutes will

FROZE HER KNEE.

When "Our Own Correspondent" Has Been at Fault.

Lord Lansdowne made use of the present participle "wincing" in a recent speech; but, owing to an outburst of applause, the reporters took it down as "mincing." All, that is, save one, who, not catching the word at all, bravely wrote down "without hesitation" at a venture. Hence a good deal of what the street hawkers call "great fun and amusement.

But Lord Lansdowne is not the only sufferer by misreporting, nor is he likely to be the last. Semetimes the mistake is due to defective acousties, sometimes to the inaudibility of len eye-lids, lack of energy and all strengthening influence directly upon the speaker. And sometimes, but very symptoms of out-of-order kidneys sin. the organs and glands affected and rarely, the reporter is at fault ply vanish.; rarely, the reporter is at fault.

Such a reporter is the hero of a ! Murray was fond of telling. The re- discolored water and other bladder that)Pape, Thompson & Pape, of Cinleagues on a provincial paper, and the former was sent to "take down" -in the technical term-a well-known the well-known Tennysonian tag: Kind hearts are more than coronets. And simple faith than Norman

And this is how it appeared in the

"The speaker concluded by remarking that, in his opinion, kind hearts were superior to coronets, and there could be no doubt as to the advantage over Norman blood possessed by

A few weeks ago Mr. Lewis Harcourt referred in a speech to what he termed "the fiscal juggle." By some means or other the phrase reached the newspapers as "the fiscal gaggle." and for a whole week a controversy raged as to the meaning of the remark. Learned philologists attempted to elucidate the puzzle, which was a day, and has more than once writ- finally solved by a letter of explanaten 10,000 words chetween breakfast tion sent to an evening paper-The and bed. Mr Moors it is interesting Globe-by one of the reporters who was present at the time the speech

was delivered. In the very same week as witnessed, G. Wells thought nothing of produc- the bungle over Lord Lansdowne's speech, no less a person than his Winter" boasts a marvellous day's great opponent, Mr. Asquith, fell a victim. At the Eighty Club dinner the Premier spoke of "democracycentred Conservatism," but the livetotal of 12,500 words, and claims an ly imagination of one reporter transaverage of between 5,000 and 6,000-a formed it into "democracy-scented ·Conservatism.

"Drunkenness is folly!" earnestly kett's maximum and is three times as much as Mr. Cutcliffe Hyne's exclaimed Bishop Magee in the House of Lords on a celebrated occasion. Such are some of the wonderful | How horrified was the prelate to read | in the papers next morning that he uthors. Let us see how they figure | had given utterance to the very Bacchanalian sentiment, "Drunkenness is jolly!" Lord Salisbury was a masmore over "Aylwin"; Mrs. Humphry | ter phrase-maker; but one of his best points was spoiled when a careless reporter turned his reference to "manacles and Manitoba" into the meaningless "manacles and men at

Sir William Harcourt was badly misreported once in an English paper. "Great Diana of the Ephesians!" he xclaimed upon the platform; but a country paper had it. "Great Dinah! bank. The floating population is large part of a lifetime what others | What a farce this is!" Lack of knowlaround 200. Wake, two miles to the produce in twelve months. Their edge of familiar quotations is a prorecords in point of number are quite lifte source of misreporting. For incoming a prosperous village, it bins pathetically poor compared with that, stance, a speaker once made use of now the head of navigation to Ster | for instance, of Mrs. L. T. Meade, | the well-known lines from Milton's "L'Allegro" 'But come, thou goddess, fair and

> In heaven yclept Euphrosyne." The country reporter deputed to 'take him down' was in despair. He could not make head or tail of this mysterious utterance. But, following veteran planist, who recently celebrat- | the sound as far as possible, he seized his pen, and produced the follow-

> > But come, thou goddess, fair and In heaven she crept, and froze her

The speaker was "taken down" in more senses than one!

Manxland as Sanctuary.

The Isle of Man, which is now a happy resort of tourists, was long a sanctuary of British and foreign debtors, who fled thither in myriads. Of "Carl Rosa, however, did not come, for this degenerate period a whimsical versifier relates

> When Satan tried his arts in vain The worship of our Lord to gain. 'The word," said he, "and all be

Except one spot, which must be mine That little place-'tis but a span, By mortals called ye Isle of Man; This is a place I cannot spare,

With the passing of an act in 1814, which made it possible to prosecute a debtor on the island for debts contracted outside it, his Satanic Mahese aspersions.—From "The Isle of Man," by Agnes Herbert.

London's Subways.

London is underrun by a network of subways, or tubes to use the British name for an underground line. These roads have been constructed and are still owned and operated by wholly or partly independent companies. The lines cross and intersect at various points, making it possible by transfers to go almost anywhere underground. The total mileage—constructed, authorized and projected—is 145 1-2 miles. and the total authorized capital of the nine existing companies is \$307,-

Kept Him to the Rules. Sir Frederick Thesiger, while engaged in the conduct of a case, objected to the irregularity of the counsel on the opposite side, who, in examinng his witnesses, put leading ques-

"I have a right," answered the counsel, "to deal with my witnesses as I please." "To that I offer no objection," retorted Sir Frederick; "you may deal

Did His Best.

as you like, but you shan't lead."

-A-certain English mayor, whose period of office had come to an end. was surveying the work of the year. "I have endeavored," he said with an air of conscious rectitude, "to administer justice without swerving to partiality, on the one hand, or impartiality, on the other."

A good many are inclined to interfere purposely, and then want to be excused for doing so.

Make your conversation brief with the individual who listens for the purpose of repeating.

Few doses regulate out-of-order made anywhere else in the world, Kidneys.

ferer from kidney or bladder trouble druggist can supply.

urinary disorder, or feel any rheuma- of your confidence

which will effect so thorough and prompt a cure as a fifty-cent treat-A real surprise awaits every suf- ment of Pape's Diuretic, which any who takes several doses of Pape's It is needless to feel miserable and Diuretic. Misery in the back, sides or worried because this unusual prepara-

lions, sick headache, nervousness, rheu- tion goes at once to the out-of-order matism pains, heart palpitations, diz- kidneys and urinary system, distribuziness, sleeplessnesse inflamed or swol- ting its cleansing, healing and

Uncontrollable urination (especially Your physician, pharmacist, banker story which the late David Christie at night), smarting, offensive and or any mercantile agency will tell you cinnati, is a * large and responsible The moment you suspect kidney or medicine concern, thoroughly worthy

local speaker at a political meeting. tism, beein taking this harmless me | Accept only Pape's Diuretic-lifty-The orator wound up his speech with dicine, with the knowledge that there cont treatment-any drug store anyis no other remedy, at any pricee, where in the world.



Styles of the Masters

IF you want to know what the artist tailors of Europe and America have decided on as the correct styles in Fall Suits and Overcoats, there is an easy and certain way to find out.

This is, to visit the Fit-Reform Wardrobe.

Being the recognized head of the creators of exclusive fashions, the Fit-Reform designers have strengthened their claim to leadership by the masterly models they have made for this season. Fit-Reform stands supreme in highclass, hand tailored garments for gentlemen.

Another of Fit-Reform's exclusive models for fall is the "Yale", shown above-rich effects in fine Tweeds-\$15 to \$25. 83



CRAWFORD & WALSH

Sole Agents for Kingston



"The Nickle lifts off-Clean it with the silver" Is'nt that a great convenience? When preserving or on

wash days, just "Lift" off the Nickle Parts T'will always be like new-Just a light rub keeps it brilliant. That's but one of the many Splendid Features you'll find in the-Imperial Oxford Range. Call on the nearest Gurney-Oxford Dealer, he can certainly give you convincing evidence about a practical range, the kind you want and must have.

Phone 494. 211-213 Princess St. "The Yellow Store."